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**The title: Effect of glycosylation on biodistribution of radiolabeled glucagon-like peptide 1**

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## **Abstract**

*Objective* Glycosylation is generally applicable as a strategy for increasing the activity of bioactive proteins. In this study, we examined the effect of glycosylation on biodistribution of radiolabeled glucagon-like peptide 1 (GLP-1) as a bioactive peptide for type 2 diabetes.

*Methods* Noninvasive imaging studies were performed using a gamma camera after the intravenous administration of  $^{123}\text{I}$ -GLP-1 or  $^{123}\text{I}$ - $\alpha$ 2, 6-sialyl *N*-acetylactosamine (glycosylated) GLP-1 in rats. In *ex vivo* biodistribution studies using  $^{125}\text{I}$ -GLP-1 or  $^{125}\text{I}$ -glycosylated GLP-1, organ samples were measured for radioactivity. Plasma samples were added to 15% trichloroacetic acid (TCA) to obtain TCA-insoluble and TCA-soluble fractions. The radioactivity in the TCA-insoluble and TCA-soluble fractions was measured.

*Results* In the noninvasive imaging studies, a relatively high accumulation level of  $^{123}\text{I}$ -GLP-1 was found in the liver, which is the major organ to eliminate exogenous GLP-1. The area under the time-activity curve (AUC) of  $^{123}\text{I}$ -glycosylated GLP-1 in the liver was significantly lower (89%) than that of  $^{123}\text{I}$ -GLP-1. These results were consistent with those of *ex vivo* biodistribution studies using  $^{125}\text{I}$ -labelled peptides. The AUC of  $^{125}\text{I}$ -glycosylated GLP-1 in the TCA-insoluble fraction was significantly higher (1.7-fold) than that of GLP-1.

*Conclusions* This study demonstrated that glycosylation significantly decreased the distribution of radiolabeled GLP-1 into the liver and increased the concentration of

radiolabeled GLP-1 in plasma. These results suggested that glycosylation is a useful strategy for decreasing the distribution into the liver of bioactive peptides as desirable pharmaceuticals.

Keywords: noninvasive imaging, biodistribution, glycosylation, glucagon-like peptide 1

## 1. Introduction

Glucagon-like peptide 1 (GLP-1) is an incretin peptide hormone secreted from intestinal L-cells in response to orally taken nutrients<sup>1</sup>. It stimulates insulin secretion from  $\beta$ -cells in a glucose-dependent manner. GLP-1 also suppresses glucagon secretion, gastric emptying, and appetite and improves pancreatic  $\beta$ -cell functions. It is now attracting considerable attention owing to the therapeutic benefits for type 2 diabetes<sup>1-7</sup>. However, the use of GLP-1 as a therapeutic agent is limited by its low *in vivo* activity. Under physiological conditions, GLP-1 is rapidly eliminated by glomerular filtration<sup>8</sup> and hepatic extraction<sup>5,9</sup>. In addition, GLP-1 is rapidly inactivated by proteolytic enzymes such as dipeptidyl peptidase IV (DPP-IV)<sup>10-12</sup> and neutral endopeptidase (NEP) 24.11<sup>13-15</sup> in plasma.

To improve the pharmacokinetic property of GLP-1, a number of studies have been conducted. GLP-1 analogues were designed by attaching chemical groups<sup>16</sup> or by substituting amino acids of the peptide<sup>17</sup>. Moreover, conjugation with polyethylene glycol (PEG) was shown to improve the proteolytic stability of GLP-1, as well as other therapeutic peptides and proteins<sup>18,19</sup>. Exendin-4, which is a GLP-1 analogue isolated from the saliva of the Gila monster *Heloderma suspectum*, has a 53% amino acid sequence identity with GLP-1<sup>20</sup>. Exendin-4, which is resistant to degradation by DPP-IV<sup>21</sup> and NEP 24.11<sup>13</sup>, has a longer extended half-life and higher *in vivo* activity than GLP-1<sup>8,22</sup>. These approaches have shown

varying degrees of success. However, loss of structure or *in vitro* activity, poor efficacy, manufacturing difficulties and immunogenicity have limited their usefulness.

As another approach to developing novel analogues, glycoengineering is generally applicable as a strategy for increasing *in vivo* activity or improving the pharmacokinetic properties of proteins<sup>23,24</sup>. A notable example is a glycosylated analogue of a mutated human erythropoietin with a higher plasma concentration-profile, an increased *in vivo* activity and a decreased immunogenicity<sup>24-26</sup>. Different from protein, no actual study using glycoengineering for increasing *in vivo* activity or improving the pharmacokinetic property of peptides has been reported, because of difficulty in synthesis of glycopeptides having homogeneous glycoforms.

Ueda *et al.* applied a glycoengineering strategy to GLP-1<sup>27</sup>. They synthesized many different types of glycosylated GLP-1 using chemoenzymatic approaches and for the first time, attempted to examine the effect of glycosylation on proteolytic resistance using synthetic glycopeptides having homogeneous glycoforms. In particular, GLP-1 with  $\alpha$ 2, 6-sialyl *N*-acetylactosamine (glycosylated GLP-1, Figure 1) showed greatly improved stability against DPP-IV and NEP 24.11 as compared with GLP-1, although both peptides showed the same affinity to the GLP-1 receptor. Moreover, glycosylated GLP-1 showed the marked blood glucose-lowering activity in diabetic *db/db* mice compared with GLP-1.

However, no actual study on the pharmacokinetics of glycosylated GLP-1 in comparison with GLP-1 has been reported. In this study, to evaluate the effects of glycosylation on the biodistribution of GLP-1, we noninvasively investigated the tissue accumulation levels of radiolabeled glycosylated GLP-1 in comparison with radiolabeled GLP-1 using a gamma camera. In addition, we measured the radioactivity in the plasma after intravenous administration of radiolabeled GLP-1 and glycosylated GLP-1.

## **2. Materials and methods**

### **2.1. Radioiodination of GLP-1 and glycosylated GLP-1**

GLP-1 was purchased from the Peptide Institute, Inc. Glycosylated GLP-1 was synthesized by Shionogi & Co., Ltd. as described previously<sup>27</sup>. GLP-1 and glycosylated GLP-1 were iodinated by the chloramine-T method, in accordance with a previously reported procedure<sup>28</sup> with slight modifications. In brief,  $\text{NH}_4^{123}\text{I}$  (Nihon Medi-Physics Co., Ltd.) was added to 10  $\mu\text{L}$  of 0.01 mol/L NaOH and 5.15  $\mu\text{g/mL}$  NaI, evaporated to dryness and reconstituted in 20  $\mu\text{L}$  of 0.4 mol/L phosphate buffer (PB), pH 7.4. The reconstituted solution was added to 200 pmol of GLP-1 or glycosylated GLP-1 in 90  $\mu\text{L}$  of PB, then 11  $\mu\text{L}$  of 3.8 mmol/L chloramine-T (Nacalai Tesque Inc.) in PB was added, the mixture was incubated at room temperature for 30 sec, and the reaction was stopped by adding 55  $\mu\text{L}$  of 2.5 mmol/L

sodium metabisulfite (Nacalai Tesque Inc.) in PB.  $^{123}\text{I}$ -GLP-1 or  $^{123}\text{I}$ -glycosylated GLP-1 was purified by size-exclusion chromatography (PD-10 column, GE Healthcare UK Ltd.) using 0.2% BSA- PBS (-). The radiochemical yield was 24.5%, and the radiochemical purity was generally >90% (specific activity,  $^{123}\text{I}$ -GLP-1: 0.200 MBq/ $\mu\text{g}$  of peptide,  $^{123}\text{I}$ -glycosylated GLP-1: 0.170 MBq/ $\mu\text{g}$  of peptide).

Iodine labeling of GLP-1 and glycosylated GLP-1 using  $\text{Na}^{125}\text{I}$  (PerkinElmer Japan Co., Ltd.) were performed as described above. The radiochemical yield was 69.0%, and the radiochemical purity was generally >90% (specific activity,  $^{125}\text{I}$ -GLP-1: 0.038 MBq/ $\mu\text{g}$  of peptide,  $^{125}\text{I}$ -glycosylated GLP-1: 0.017 MBq/ $\mu\text{g}$  of peptide).

## 2.2. Animals

Animal care and all experimental procedures were performed with the approval of the Animal Care Committee at Hokkaido University. Male rats (Jcl:Wistar) were obtained from CLEA Japan Inc. The rats were fed a standard diet and allowed free access to water. Studies were performed using three rats per group (12 weeks of age on administration day).

## 2.3. Noninvasive imaging using gamma camera

Rats were anesthetized with pentobarbital (50 mg/kg of body weight,

intraperitoneally) and placed on the scanner bed in the supine position to include the entire body in the field of view.  $^{123}\text{I}$ -GLP-1 (53.4 MBq/100 nmol (329.76  $\mu\text{g}$ ) of peptide/kg of body weight) or  $^{123}\text{I}$ -glycosylated GLP-1 (75.7 MBq/100 nmol (394.02  $\mu\text{g}$ ) of peptide/kg of body weight) was injected into a tail vein of the rats. A dose of 100 nmol/kg was selected on the basis of the pharmacological doses of GLP-1 and glycosylated GLP-1<sup>27</sup>. Dynamic scans (1 min x 60 frames) were performed using a gamma camera (M.CAM, Siemens Medical Solutions USA), equipped with a low-energy high-resolution parallel-hole collimator (maximum imaging field of view, 53.3 cm x 38.7 cm; spatial resolution, 3.7 mm in full-width at half-maximum). Regions of interest were set on the images to cover each organ. The results were calculated as a percent injected dose per area of organ (%ID/ $\text{mm}^2$  of organ).

#### 2.4. *Ex vivo* biodistribution studies

Rats anesthetized with pentobarbital were injected with  $^{125}\text{I}$ -GLP-1 (12.7 MBq/100 nmol (329.76  $\mu\text{g}$ ) of peptide/kg of body weight) or  $^{125}\text{I}$ -glycosylated GLP-1 (6.8 MBq/100 nmol (394.02  $\mu\text{g}$ ) of peptide/kg of body weight) into a tail vein and sacrificed 2, 15, 30 and 60 min after intravenous administration. Organs were collected, weighed and counted for radioactivity using a gamma counter (WizardTM3", PerkinElmer Japan Co., Ltd.). The results were calculated as a percent injected dose per gram of organ wet weight (%ID/g of organ).

## 2.5. Radioactivity in the TCA-insoluble fraction of plasma

Rats anesthetized with pentobarbital were injected with  $^{125}\text{I}$ -GLP-1 (12.7 MBq/100 nmol of peptide/kg of body weight) or  $^{125}\text{I}$ -glycosylated GLP-1 (6.8 MBq/100 nmol of peptide/kg of body weight) into a tail vein. Blood samples were collected 2, 5, 10, 15, 30, and 60 min after intravenous administration and centrifuged at 3000 *g* for 10 min to obtain the plasma. Fifty microliters of plasma mixed with 250  $\mu\text{L}$  of 15% trichloroacetic acid (TCA) was centrifuged at 3000 *g* for 10 min. The precipitate was separated from the supernatant, and the radioactivities of the TCA-insoluble fraction ( $^{125}\text{I}$ -peptide-associated radioactivity) and the TCA-soluble fraction (free radioiodine and short fragments) were counted using a gamma counter.

## 2.6. Pharmacokinetic data analysis and statistical analysis

Data were represented as mean  $\pm$  SD. Peak concentration ( $C_{\text{max}}$ ), time to reach  $C_{\text{max}}$  ( $T_{\text{max}}$ ), terminal half-life ( $t_{1/2}$ ), area under the time-activity curve (AUC), and concentration extrapolated to time 0 ( $C_0$ ) in the plasma were also calculated using WinNonlin (Professional Ver. 5.0.1, Pharsight Inc.) based on a non-compartment model with uniform weighting. Student's *t*-test was used to evaluate  $C_{\text{max}}$ , AUC and  $C_0$ . *p* values  $<0.05$  were considered

significantly different.

### 3. Results

#### 3.1. Noninvasive imaging using gamma camera

Figure 2 shows representative noninvasively obtained images of organs following intravenous administration of  $^{123}\text{I}$ -GLP-1 or  $^{123}\text{I}$ -glycosylated GLP-1 to rats. Time-activity curves for organs following intravenous administration of  $^{123}\text{I}$ -GLP-1 or  $^{123}\text{I}$ -glycosylated GLP-1 to rats are shown in Figure 3. In the liver, the  $^{123}\text{I}$ -GLP-1 and  $^{123}\text{I}$ -glycosylated GLP-1 concentration increased rapidly and then declined. The AUC of  $^{123}\text{I}$ -glycosylated GLP-1 in the liver was significantly lower (89%) than that of  $^{123}\text{I}$ -GLP-1, and  $C_{\max}$  of  $^{123}\text{I}$ -glycosylated GLP-1 in the liver was significantly lower (73%) than that of  $^{123}\text{I}$ -GLP-1 (Table 1). In the kidney, the  $^{123}\text{I}$ -GLP-1 and  $^{123}\text{I}$ -glycosylated GLP-1 concentration continued to increase for approximately 10-20 min before declining gradually. The AUC of  $^{123}\text{I}$ -glycosylated GLP-1 in the kidney was significantly higher (1.4-fold) than that of  $^{123}\text{I}$ -GLP-1, and the  $C_{\max}$  of  $^{123}\text{I}$ -glycosylated GLP-1 in the kidney was significantly higher (1.4-fold) than that of  $^{123}\text{I}$ -GLP-1. In the muscle,  $^{123}\text{I}$ -glycosylated GLP-1 accumulated similarly to  $^{123}\text{I}$ -GLP-1.

#### 3.2. *Ex vivo* biodistribution studies

Time-activity curves for organs following intravenous administration of  $^{125}\text{I}$ -GLP-1 or  $^{125}\text{I}$ -glycosylated GLP-1 to rats are shown in Figure 4. Consistent with the results of noninvasive imaging,  $C_{\max}$  of  $^{125}\text{I}$ -glycosylated GLP-1 in the liver was significantly lower (58%) than that of  $^{125}\text{I}$ -GLP-1, and  $C_{\max}$  of  $^{125}\text{I}$ -glycosylated GLP-1 in the kidney was significantly higher (2.2-fold) than that of  $^{125}\text{I}$ -GLP-1 (Table 2). In the muscle and pancreas,  $^{125}\text{I}$ -glycosylated GLP-1 accumulated similarly to  $^{125}\text{I}$ -GLP-1.

### 3.3. Radioactivity in the TCA-insoluble fraction of plasma

Figure 5 shows the radioactivity in the TCA-insoluble fraction of plasma after intravenous administration of  $^{125}\text{I}$ -GLP-1 or  $^{125}\text{I}$ -glycosylated GLP-1 to rats. The radioactivity in the TCA-insoluble fraction showed more rapid elimination in rats given  $^{125}\text{I}$ -GLP-1, as compared with that in rats given  $^{125}\text{I}$ -glycosylated GLP-1. The AUC was significantly higher for  $^{125}\text{I}$ -glycosylated GLP-1 (1.7-fold) than that for  $^{125}\text{I}$ -GLP-1, and the  $C_0$  was significantly higher (1.4-fold) for  $^{125}\text{I}$ -glycosylated GLP-1 than that for  $^{125}\text{I}$ -GLP-1 (Table 3). On the other hand, there was no significant difference in the  $t_{1/2}$  between the both  $^{125}\text{I}$ -peptides. The ratios of radioactivity in the TCA-insoluble fraction to the total radioactivity in plasma were comparable between  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1 up to 10-15 min; thereafter, the ratios were lower for  $^{125}\text{I}$ -GLP-1 than for  $^{125}\text{I}$ -glycosylated GLP-1 (Table 4).

#### 4. Discussion

In this study, to evaluate the effects of glycosylation on the biodistribution of GLP-1, we investigated the tissue accumulation levels of radiolabeled glycosylated GLP-1 in comparison with radiolabeled GLP-1 using a gamma camera. In our noninvasive imaging studies, a relatively high accumulation level of  $^{123}\text{I}$ -GLP-1 was found in the liver. The AUC of  $^{123}\text{I}$ -glycosylated GLP-1 in the liver was significantly lower (89%) than that of  $^{123}\text{I}$ -GLP-1. These results were consistent with those of *ex vivo* biodistribution studies using  $^{125}\text{I}$ -labelled peptides. The AUC of the radioactivity in the TCA-insoluble fraction of plasma was significantly higher in rats given  $^{125}\text{I}$ -glycosylated GLP-1 (1.7-fold) than in rats given  $^{125}\text{I}$ -GLP-1. This study demonstrates that glycosylation significantly decreased the distribution of radiolabeled GLP-1 into the liver and increased the concentration of radiolabeled GLP-1 in plasma.

We applied the noninvasive imaging approach to investigate the biodistribution of radiolabeled GLP-1 and glycosylated GLP-1. The AUC of  $^{123}\text{I}$ -glycosylated GLP-1 in the liver was significantly lower than that of  $^{123}\text{I}$ -GLP-1. It should be noted, however, that the level of the early-phase distribution (before 15 min) of  $^{123}\text{I}$ -glycosylated GLP-1 was lower than that of  $^{123}\text{I}$ -GLP-1, whereas the levels of late-phase distribution (after 30 min) were

similar for both peptides. As shown in Table 4, the ratios of radioactivity in the TCA-insoluble fraction to the total radioactivity in plasma for the  $^{125}\text{I}$ -labelled peptides were comparable between  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1 up to 10-15 min, although the ratios were lower for  $^{125}\text{I}$ -GLP-1 than for  $^{125}\text{I}$ -glycosylated GLP-1 after 30 min (Table 4). Accordingly, it appears that glycosylation significantly inhibited the distribution of GLP-1 into the liver. As for the late-phase distribution of  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1 into the liver, however, we should take other factors, including radioactive metabolites, into consideration. Consequently, glycosylation improved the pharmaceutical properties of GLP-1, because the liver is one of the major organs to metabolize and excrete exogenous GLP-1<sup>5,9</sup>, and DPP-IV is abundant in hepatocytes<sup>31</sup>. Our results were consistent with previous reports<sup>29,30</sup>. In the case of recombinant neutrophil inhibitory factor (NIF), which is a glycoprotein with a mean molecular weight of 41 kDa, an increase in the number of sialylation reduces hepatic extraction of NIF<sup>29</sup>. In addition, the sialic acid moiety contributes to an optimal inhibition of hepatic extraction of liposome<sup>30</sup>. The GLP-1 receptor is also expressed in the liver, and it was reported that GLP-1 induces glycogenesis. We confirmed the same accumulation level of both peptides in the pancreas, which is main target organ, and that the expression level of the GLP-1 receptor was higher in the pancreas than in the liver, suggesting that glycosylation does not affect the specific binding to the GLP-1 receptor. Accordingly, we do not consider

that the decrease in radioactivity in the liver is caused by the impairment of the specific binding to the GLP-1 receptor owing to glycosylation.

In contrast to the liver, the distribution of  $^{123}\text{I}$ -glycosylated GLP-1 in the kidney was significantly higher than that of  $^{123}\text{I}$ -GLP-1. Similarly to GLP-1, glycosylated GLP-1 seems to be filtered in the glomeruli because of the small molecular size (GLP-1, 3297.6 Da; glycosylated GLP-1, 3940.2 Da). Glycosylated GLP-1 may be more rapidly excreted by glomerular filtration compared with GLP-1, due to its higher hydrophilicity as compared with GLP-1. Although exendin-4, which is a GLP-1 analogue isolated from the saliva of the Gila monster *Heloderma suspectum*, is exclusively filtered in the glomeruli <sup>8</sup>, its use for treatment of type 2 diabetes with once-weekly dosing is available using a long-acting release formulation, microspheres which consists of a poly (lactide-coglycolide) polymeric matrix <sup>32</sup>. Thus, to minimize the rapid renal loss of glycosylated GLP-1, further studies for preparing a long acting release formulation are necessary.

We counted the radioactivity of the TCA-insoluble fraction, which included  $^{125}\text{I}$ -peptide-associated radioactivity, and that of the TCA-soluble fraction, which included free radioiodine and short fragments, using a gamma counter, and we showed the radioactivity of the TCA-insoluble fraction of the plasma as plasma radioactivity. In the TCA-insoluble fraction of the plasma, the AUC of radioactivity of  $^{125}\text{I}$ -glycosylated GLP-1 was higher

(1.7-fold) than that of  $^{125}\text{I}$ -GLP-1. Our results showed that glycosylation decreased the distribution of GLP-1 into the liver which has a relatively large volume of distribution in the body<sup>33</sup>. Therefore, the suppression of distribution into the liver by glycosylation might increase the radioactivity of TCA-insoluble fraction of the radiolabeled GLP-1 in plasma. A relatively high plasma level provides an advantage for *in vivo* activity of GLP-1, which might partly lead to the blood glucose-lowering activity of glycosylated GLP-1 in diabetic *db/db* mice<sup>27</sup>. However, there was no significant difference in  $t_{1/2}$  between the radioactivity in the TCA-insoluble fraction of  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1 in this study. The renal clearance of glycosylated GLP-1 may also be more rapid compared with GLP-1, although the reason for this is not clear at present. Further study is necessary to clarify the mechanism. As shown by *in vivo* imaging, a radioiodinated peptide, probably that of free radioiodine, accumulated in the thyroid gland 60 min after administration of  $^{123}\text{I}$ -GLP-1 but not  $^{123}\text{I}$ -glycosylated GLP-1, suggesting that glycosylation could improve the stability of GLP-1 in the plasma. Actually, the ratios of radioactivity in the TCA-insoluble fraction to the total radioactivity in plasma were lower for  $^{125}\text{I}$ -GLP-1 than that of  $^{125}\text{I}$ -glycosylated GLP-1 particularly after 30 min. In the present study, however, we were unable to perform a detailed analysis of radioactive metabolites in the blood. Additional studies are required to evaluate the radioactive metabolites, in order to further understand the pharmacokinetic properties,

including metabolic profiles, of GLP-1 and glycosylated GLP-1.

In contrast to ex vivo experiments, in vivo imaging enables pharmacokinetic analysis, noninvasive quantitative evaluation of radiopharmaceuticals in individual animals, and the use of a reduced number of animals<sup>34</sup>. By in vivo imaging, we performed pharmacokinetic analysis and quantitative evaluation of the biodistribution of radiolabeled GLP-1 and glycosylated GLP-1 in individual animals (n=3/group) at many time points. On the other hand, ex vivo experiments (n=12/group) were supplementarily carried out at a few time points to confirm the results of in vivo imaging.

In conclusion, this study demonstrates that glycosylation significantly decreased the distribution of radiolabeled GLP-1 into the liver and increased the concentration of radiolabeled GLP-1 in plasma. Our results might partly explain the mechanism underlying the blood glucose-lowering activity of glycosylated GLP-1 in diabetic *db/db* mice. This study is the first attempt to examine the effect of glycosylation on the biodistribution of synthetic glycopeptides by noninvasive imaging. These results suggested that glycosylation is a useful strategy for decreasing the distribution into the liver of bioactive peptides as desirable pharmaceuticals.

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## Figure legends

Figure 1. Structure of glycosylated GLP-1.

Figure 2. Noninvasive imaging of rats after intravenous administration of  $^{123}\text{I}$ -GLP-1 and  $^{123}\text{I}$ -glycosylated GLP-1.

Red arrows indicate the liver, blue arrows indicate the kidney and brown arrows indicate the muscle.

Figure 3. Time-activity curves for liver (a), kidney (b) and muscle (c) obtained by noninvasive imaging following intravenous administration of  $^{123}\text{I}$ -GLP-1 and  $^{123}\text{I}$ -glycosylated GLP-1.

Open and closed circles indicate the data for  $^{123}\text{I}$ -GLP-1 and  $^{123}\text{I}$ -glycosylated GLP-1. Data represent mean  $\pm$  SD (n=3).

Figure 4. Radioactivity in liver (a), kidney (b), muscle (c), and pancreas (d) obtained by *ex vivo* counting following intravenous administration of  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1.

Open and closed circles indicate the data for  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1. Data represent mean  $\pm$  SD (n=3).

Figure 5. The radioactivity in the TCA-insoluble fraction of the plasma after intravenous administration of  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1.

Open and closed circles indicate the data for  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1. Data represent mean  $\pm$  SD (n=3).

Table 1. Pharmacokinetic parameters of radioactivity in organs obtained by noninvasive imaging

following intravenous administration of  $^{123}\text{I}$ -GLP-1 or  $^{123}\text{I}$ -glycosylated GLP-1

Parameter	$^{123}\text{I}$ -GLP-1	$^{123}\text{I}$ -glycosylated GLP-1
<b>Liver</b>		
AUC <sub>last</sub> (%ID/mm <sup>2</sup> of organ • min/L)	0.860 ± 0.032	0.763 ± 0.016*
C <sub>max</sub> (%ID/mm <sup>2</sup> of organ)	0.0270 ± 0.0017	0.0197 ± 0.0006*
T <sub>max</sub> (min)	2.00 ± 0.00	2.00 ± 0.00
<b>Kidney</b>		
AUC <sub>last</sub> (%ID/mm <sup>2</sup> of organ • min/L)	1.01 ± 0.11	1.46 ± 0.05*
C <sub>max</sub> (%ID/mm <sup>2</sup> of organ)	0.0213 ± 0.0021	0.0297 ± 0.0021*
T <sub>max</sub> (min)	11.7 ± 1.2	17.0 ± 3.5

Data represent mean ± SD (n=3).

C<sub>max</sub>: peak concentration.

AUC<sub>last</sub>: area under the time-activity curve.

T<sub>max</sub>: time to reach C<sub>max</sub>.

\*  $p < 0.05$  by Student's  $t$ -test, indicates a significant difference between  $^{123}\text{I}$ -GLP-1 and

$^{123}\text{I}$ -glycosylated GLP-1.

Table 2. Pharmacokinetic parameters of radioactivity in organs obtained by *ex vivo* counting

following intravenous administration of  $^{125}\text{I}$ -GLP-1 or  $^{125}\text{I}$ -glycosylated GLP-1

Parameter	$^{125}\text{I}$ -GLP-1	$^{125}\text{I}$ -glycosylated GLP-1
<b>Liver</b>		
$C_{\max}$ (%ID/g of organ)	1.95 $\pm$ 0.27	1.14 $\pm$ 0.06*
<b>Kidney</b>		
$C_{\max}$ (%ID/g of organ)	5.22 $\pm$ 0.08	11.7 $\pm$ 0.5**

Data represent mean  $\pm$  SD (n=3).

$C_{\max}$ : peak concentration.

\*  $p < 0.05$  by Student's *t*-test, indicates a significant difference between  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1.

\*\*  $p < 0.001$  by Student's *t*-test, indicates a significant between  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1.

Table 3. Pharmacokinetic parameters of the radioactivity in the TCA-insoluble fraction of plasma following intravenous administration of  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1

Parameter	$^{125}\text{I}$ -GLP-1	$^{125}\text{I}$ -Glycosylated GLP-1
AUC <sub>last</sub> (nmol eq. • min/L)	42337 ± 1418	71158 ± 4668*
C <sub>0</sub> (nmol eq./L)	2321 ± 132	3353 ± 67*
t <sub>1/2</sub> (min)	37.1 ± 4.5	37.8 ± 2.0

Data represent mean ± SD (n=3).

C<sub>0</sub>: concentration extrapolated to time 0.

AUC<sub>last</sub>: area under the time-activity curve.

t<sub>1/2</sub>: terminal half-life.

\*  $p < 0.001$  by Student's  $t$ -test, indicates a significant difference between  $^{125}\text{I}$ -GLP-1 and  $^{125}\text{I}$ -glycosylated GLP-1.

Table 4. Ratios of radioactivity ratios in TCA-insoluble fraction to total radioactivity in plasma following intravenous administration of <sup>125</sup>I-GLP-1 and <sup>125</sup>I-glycosylated GLP-1

Time (min)	<sup>125</sup> I-GLP-1	<sup>125</sup> I-Glycosylated GLP-1
2	96 ± 1	97 ± 1
5	92 ± 1	95 ± 2
10	85 ± 3	93 ± 2
15	73 ± 5	90 ± 1
30	37 ± 5	78 ± 3
60	22 ± 3	59 ± 4

Data represent mean ± SD (n=3).

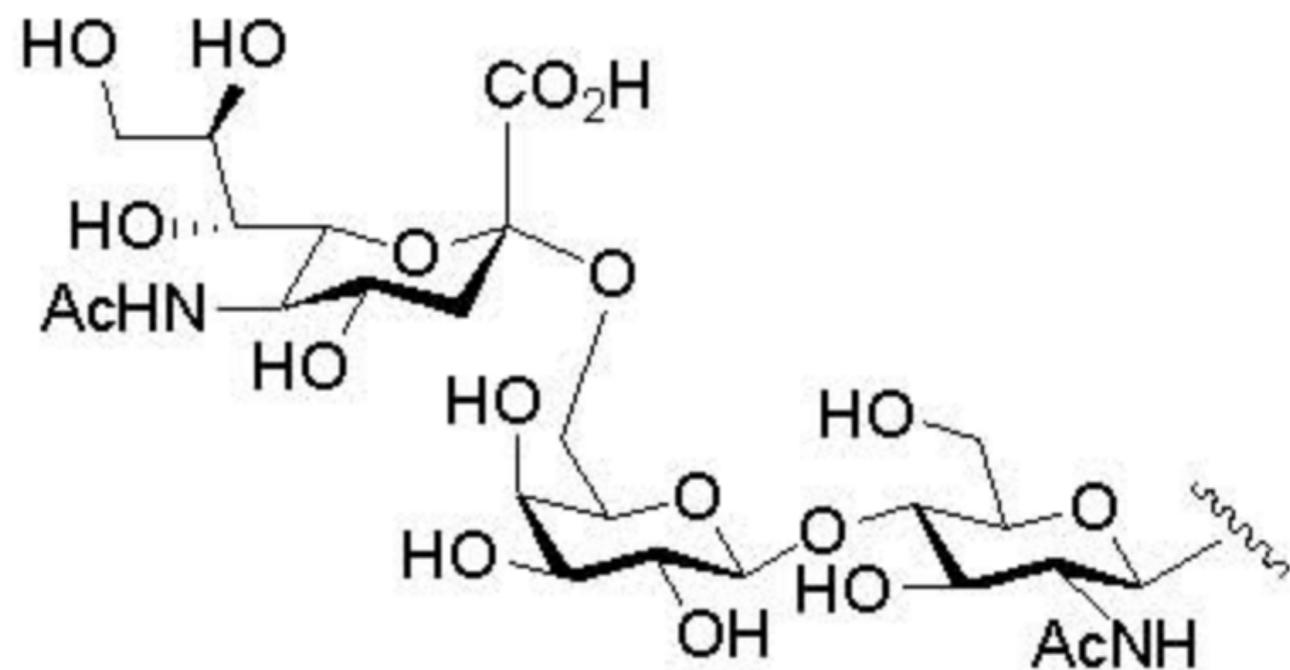
**GLP-1**

HAEGT FTSDV SSYLE GQAAK EFWAW LVKG R -NH<sub>2</sub>  
7 34 36

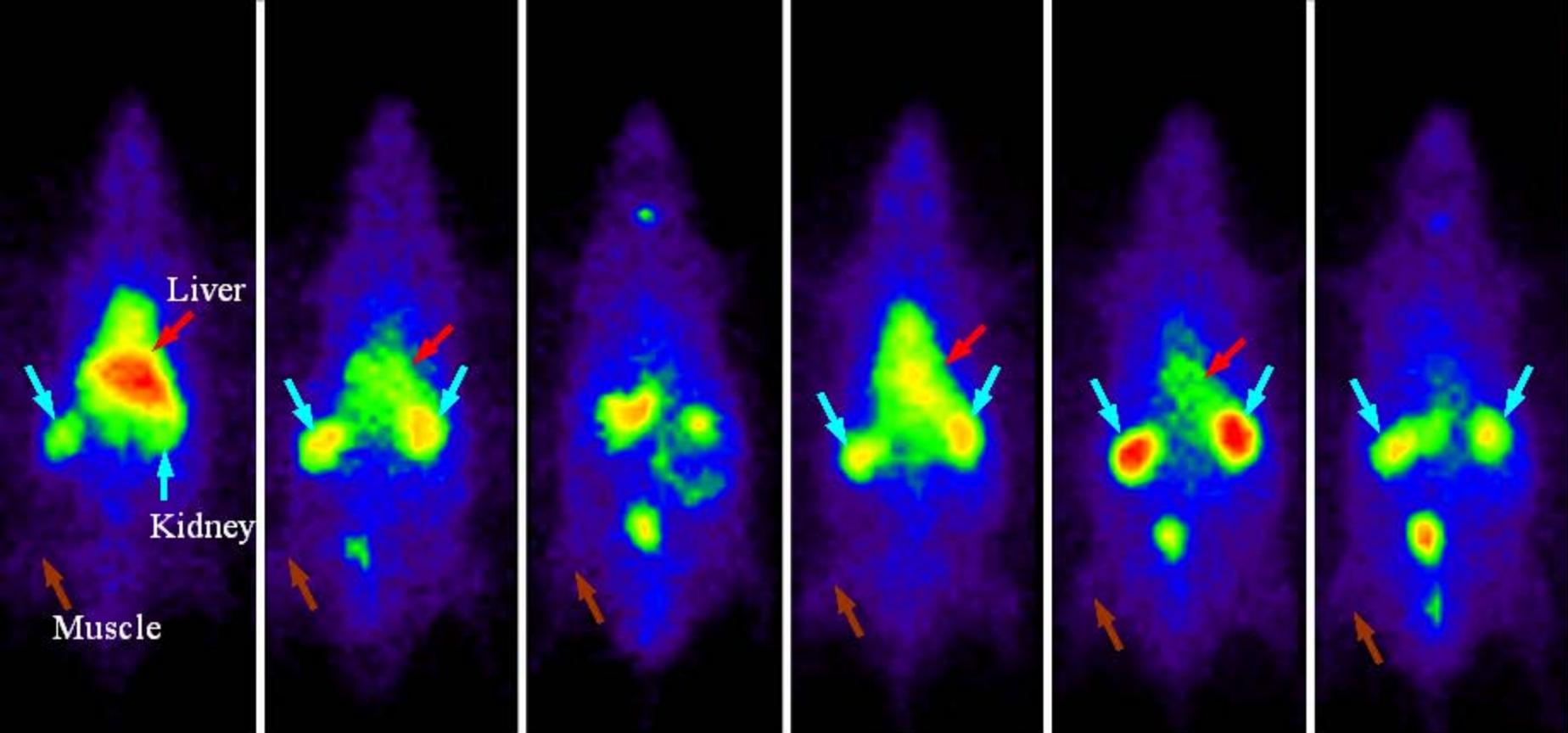
**Glycosylated GLP-1**

HAEGT FTSDV SSYLE GQAAK EFWAW LVNG R -NH<sub>2</sub>  
7 34 36

R<sub>1</sub>  
|  
NH  
|



R<sub>1</sub>:  $\alpha$ 2, 6-sialyl *N*-acetylactosamine



**2 min**

**15 min**

**60 min**

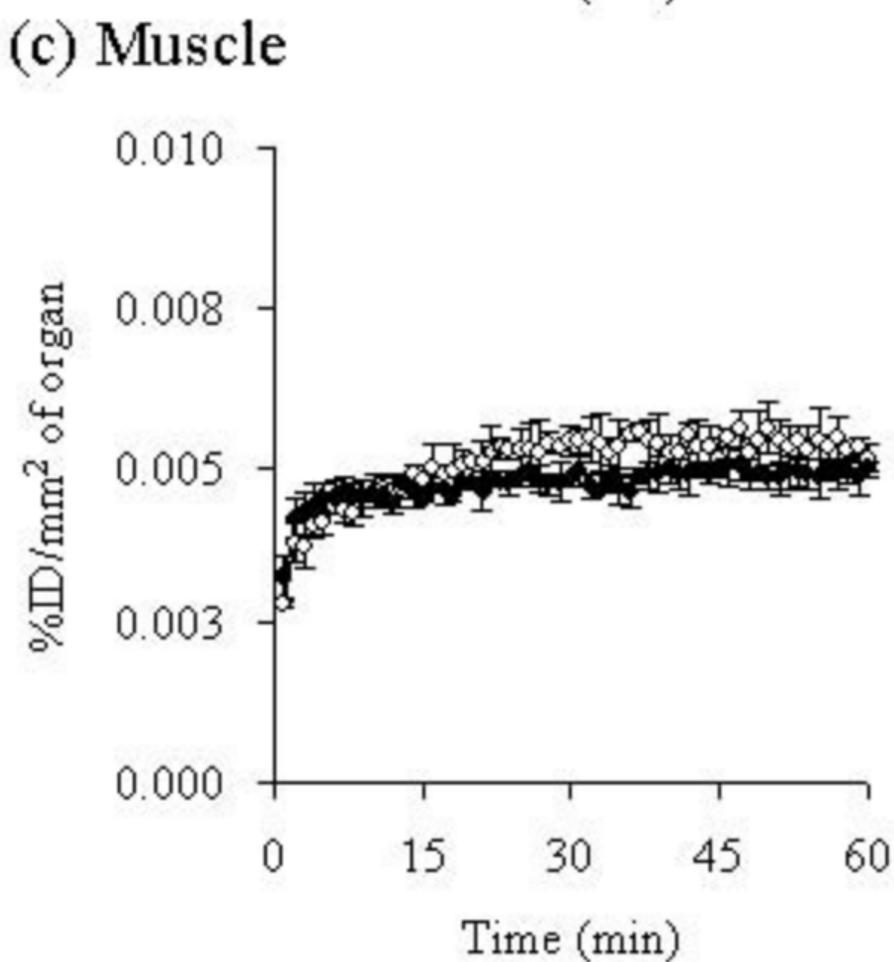
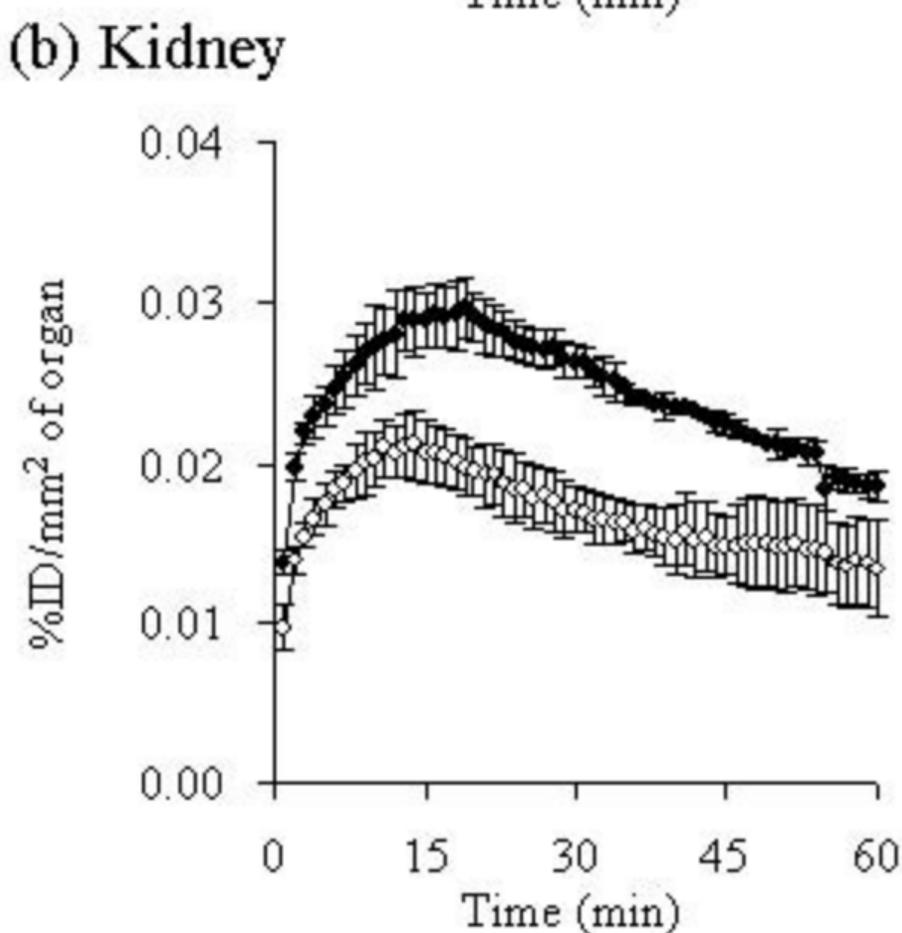
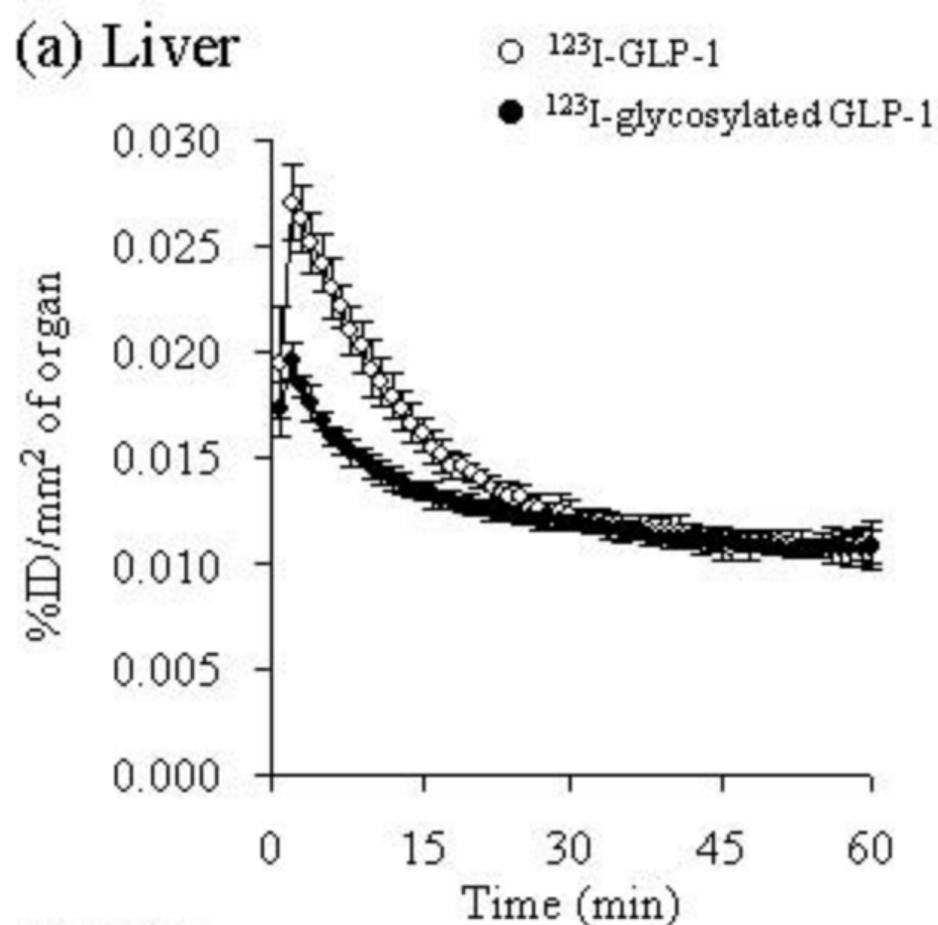
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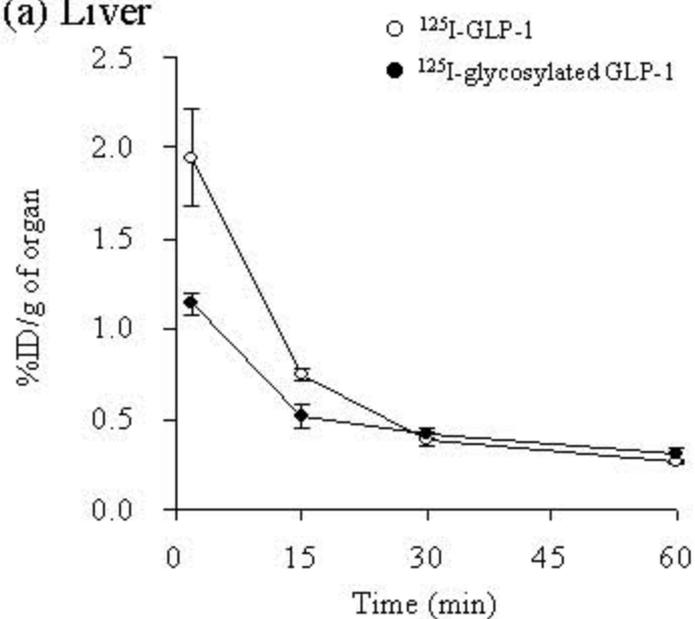
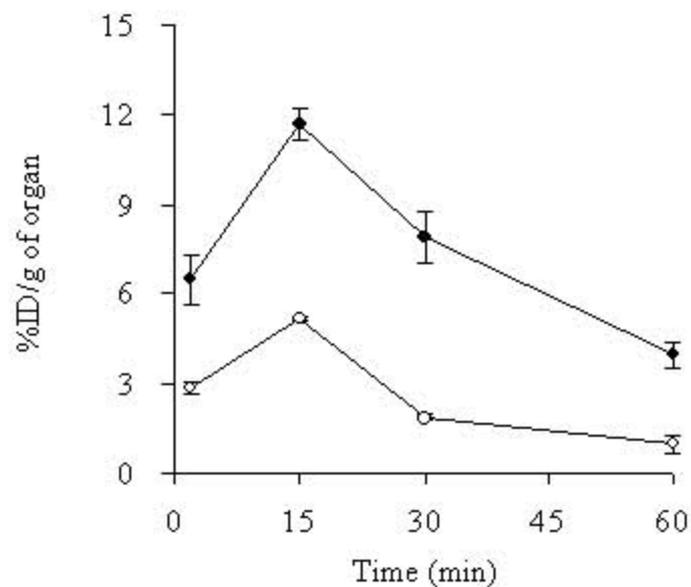
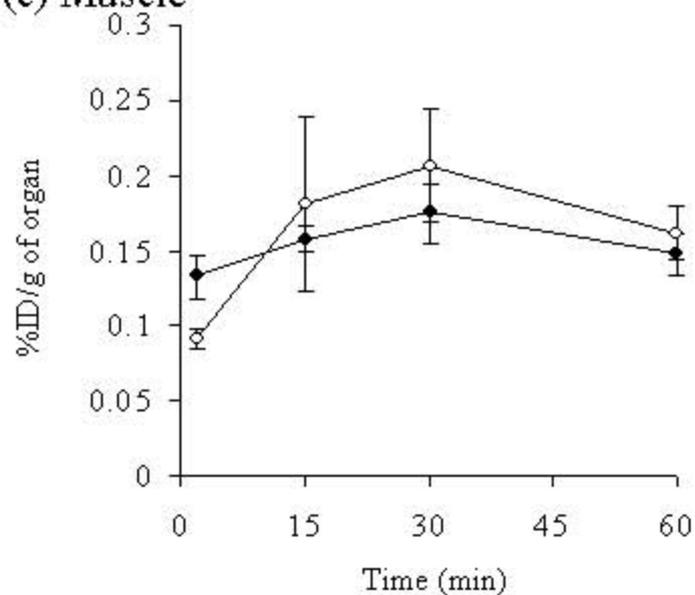
**15 min**

**60 min**

**GLP-1**

**Glycosylated GLP-1**



**(a) Liver****(b) Kidney****(c) Muscle****(d) Pancreas**