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Resting spore formation in the marine diatom *Thalassiosira nordenskioeldii* under iron- and nitrogen-limited conditions

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Key Index Words
Diatom; iron limitation; resting spore; sinking rate; spring bloom; survival strategy; *Thalassiosira nordenskioeldii*

Running Head
Iron limited resting spores
ABSTRACT

Resting spore formation was investigated in the neritic and oceanic strains of *Thalassiosira nordenskioeldii* under iron- and nitrate-depleted conditions at 5°C and 10°C. Both strains immediately formed resting spores under nitrate-depleted conditions with almost 100% composition after 4–8 day (d) and 3–6 d cultivation periods at 5°C and at 10°C, respectively. However, resting spore formation in both strains under iron-depleted conditions increased with incubation time more gradually, and 15 d of cultivation, spore composition ranged from 60% in the neritic strain at 5°C to 1% in the oceanic strain at 10°C. In addition, chlorotic cells with smaller cell volume compared with vegetative cells were observed under iron-depleted conditions. Sinking rates of vegetative cells, iron-limited cells and spores, and nitrate-limited resting spores cultivated at 5°C were $1.24 \pm 0.14 \text{ m d}^{-1}$, $3.41 \pm 0.43 \text{ m d}^{-1}$ and $9.22 \pm 1.04 \text{ m d}^{-1}$, respectively, slightly faster than those at 10°C. The faster sinking rates in iron-limited resting cells and resting spores than in vegetative cells may prevent their habitat from expanding to high-nitrate low-chlorophyll oceanic regions with low iron concentrations.

INTRODUCTION

Diatoms, a major group of siliceous organisms, play a predominant role in spring phytoplankton bloom formation, annual primary and export production and controlling marine biogeochemical cycling of biological elements (Smetacek, 1999; Ragueneau et al., 2000). In oceanic and coastal waters of temperate to polar regions, the annual spring bloom in the phytoplankton community is a common phenomenon in which large chain-forming centric diatoms plays a predominant role (Smetacek, 1999; Sarthou et al., 2005). Spring bloom diatoms often form resting spores and resting cells (hereafter referred as “resting stages” for both types) in response to macronutrients limitation, decline in light intensity and fluctuations in salinity and/or temperature. In particular, nitrogen limitation is an important factor controlling diatom resting spore formation (McQuoid and Hobson, 1996). The centric diatom *Thalassiosira nordenskioeldii* Cleve is a major
component of temperate and boreal spring blooms and produces fast sinking resting spores following a bloom (Inoue and Taniguchi, 1999).

Resting stages have been considered as part of a long-term survival strategy since they may constitute the next growth season’s seed population in seasonally blooming species and are more resistant to grazing than vegetative cells (Hargraves and French, 1983; McQuoid and Hobson, 1996; Lewis et al., 1999; McQuoid and Godhe, 2004; Kuwata and Tsuda, 2005). Diatom resting cells are morphologically similar to vegetative cells, but resting spores with heavily silicified valves are morphologically, biologically, ecologically and physiologically different from vegetative cells (Kuwata et al., 1993; Kuwata and Takahashi, 1999). Three main types of resting spores, designated endogenous, semi-endogenous and exogenous are based on whether the spores are completely, partly or not at all enclosed within the parent cell frustule, respectively (Syvertsen, 1979). The intracellular structures of resting cells differ from vegetative cells but are not as heavily silicified as resting spores (Sicko-Goad et al., 1989; Kuwata et al., 1993). Heavily silicified diatom resting spores have a faster sinking rate than vegetative cells, despite their smaller cell volume (CV) (Kuwata et al., 1993; McQuoid and Hobson, 1996), and sedimentation of resting spores has been used as a proxy for paleoproductivity (Abelmann et al., 2006).

Iron is an essential micronutrient for phytoplankton growth and an important component of several biochemical processes such as photosynthetic and respiratory electron transport, and nitrate assimilation (Weinberg, 1989; Geider and La Roche, 1994), all of which are inhibited by iron limitation (Milligan and Harrison, 2000). Bloom-forming diatoms are often dominated by neritic species that have higher iron requirements than oceanic species (Sunda and Huntsman, 1995). The thermodynamically stable oxidation state of iron in oxic surface seawater Fe(III) has extremely low solubility (Stumm and Morgan, 1996). In general, the phytoplankton iron uptake rate is related to the computed equilibrium concentration of Fe$^{3+}$ in seawater and is dependent on the concentration of bioavailable dissolved inorganic Fe(III) species ([Fe(III)$^{3+}$]) (Anderson and Morel, 1982). In addition,
the presence of natural organic ligands complexes associated with Fe(III) in seawater reduces the
bioavailable [Fe(III)] (Rue and Bruland, 1995). Therefore, marine phytoplankton in offshore regions
situated away from iron sources are in iron limited (Martin, 1990). Until date, there are no reports on
resting spore formation by marine diatoms under iron-limited conditions.

In the present study, we hypothesized that iron-limited marine diatoms would form resting
spores as a result of decreased nitrate assimilation caused by iron limitation. We investigated the
formation ability of resting stages. Resting status was defined by the chlorotic, shrunken, less
abundant and asymmetrically distributed chloroplasts without stored products, within a cell. This
status was investigated in neritic and oceanic isolates of *T. nordenskioeldii* under iron- and
nitrate-depleted conditions at 5°C and 10°C. In addition, we assessed the abundance and size of
exogenous, semi-endogenous and endogenous resting spores and resting cells to investigate
morphological divergences affecting the sinking rate, and commented on their biological significance.

**METHODS**

**Algal strains**

Two strains of *T. nordenskioeldii* were examined. A neritic strain (*T. n A*) was isolated by
Pasteur-pipette from the residue of a sieved (20-µm nylon mesh) sediment sample, which was
collected from the bottom (20 m) in Onagawa Bay (38°46′N, 141°46′E) northern Honshu, Japan. The
Oyashio Current (OC, subarctic water) flows along the northwestern Pacific Ocean side of northern
Honshu, Japan, and constitutes the southern range limit of *T. nordenskioeldii* (Hasle, 1976; Inoue and
Taniguchi, 1999). An oceanic strain (*T. n B*) was isolated by capillary pipette from the surface
seawater of the OC region (42°00′N, 145°15′E; depth 3800 m) on the northwestern Pacific Ocean side
of southern Hokkaido, Japan. Frustules in the two strains of *T. nordenskioeldii* were cleaned using the
method of Nagumo (Nagumo, 1995) and the cleaned samples were identified by scanning electron
microscopy followed by isolation under light microscopy, according to Hasle and Syvertsen (Hasle
and Syvertsen, 1997). The unialgal strains were maintained by silicic acid-enriched f/2 medium (Guillard and Ryther, 1962) under 150 µmol photons m$^{-2}$ s$^{-1}$ fluorescent light (QSL-100; Biospherical Instrument Inc. San Diego, CA, USA) (12h light:12 h dark) at 10°C. The maintenance cultures were not completely axenic, but bacterial contamination was minimized by sterile techniques and serials transfer during exponential growth.

**Culture experiment**

Culture medium seawater was collected from a coastal region near Hokkaido, in the northern Japan Sea (43°23′N, 141°02′E) and was filtered through an acid cleaned 0.22-µm GS membrane filter (Millipore). The filtered seawater was autoclaved for 20 min at 121°C (108 kPa). The concentrations of Fe, NO$_3$+NO$_2$, PO$_4$ and Si(OH)$_4$ in the filtered autoclaved seawater were <2 nmol L$^{-1}$, <5 µmol L$^{-1}$, <0.5 µmol L$^{-1}$ and approximately 250 µmol L$^{-1}$, respectively. Fe concentrations in the filtered autoclaved seawater, which was used in the laboratory culture experiments, were determined by an automated Fe analyzer (Kimoto Electric) with using a combination of chelating resin concentration and luminol-hydrogen peroxide chemiluminescence detection in a closed flow-through system (Obata et al., 1993). Nutrient concentrations in the collected seawater were measured by a QuAAtro continuous flow analyzer (Bran+Luebbe).

All equipment used in culture experiments was acid cleaned and followed by rinsing with Milli-Q water (Millipore: >18.0 MΩ cm$^{-1}$). All preparations and samplings for experiments were performed in a Class 100 laminar flow cabinet to avoid inadvertent trace metal contamination. Prior to culture experiments, diatoms were grown in silicic acid-enriched [105 µmol L$^{-1}$, Si(OH)$_4$] f/2 medium (Si-enriched f/2 nutrients plus f/2 metals) (Guillard and Ryther, 1962) with at least 2 transfers and >18 doublings during the exponential growth phase. The silicic acid-enriched f/2 medium contained 880 µmol L$^{-1}$ NO$_3$, 38 µmol L$^{-1}$ PO$_4$ and 355 µmol L$^{-1}$ Si(OH)$_4$ as macronutrients and 11.7 µmol L$^{-1}$ Fe(III), 0.44 µmol L$^{-1}$ Co(II), 0.91 µmol L$^{-1}$ Mn(II), 73 nmol L$^{-1}$ Zn(II), 28 nmol L$^{-1}$ Cu(II) and 29 nmol L$^{-1}$ Mo(VI) with 15 µmol L$^{-1}$ EDTA for trace metals. Diatoms at the late exponential growth
phase were inoculated into modified f/2 medium, which was prepared without adding f/2 metals, EDTA and vitamins to the f/2 nutrients-added filtered autoclaved seawater (control medium). All f/2 nutrient stock solutions were passed through Chelex 100 ion-exchange resin (Bio-Rad) to remove trace metals (Morel et al., 1979). Diatoms were grown in modified f/2 media, to which ferric iron stock solution (25 µmol L$^{-1}$ Fe(III): FeNH$_4$(SO$_4$)$_2$·12H$_2$O in 5 mmol L$^{-1}$ HCl, pH 2.3) and manganese stock solution (25 µmol L$^{-1}$ Mn(II): MnCl$_2$ in 5 mmol L$^{-1}$ HCl, pH 2.3) were added to final Fe and Mn concentrations of 100 and 25 nmol L$^{-1}$, respectively. Diatoms were grown at 5°C or 10°C under 150 µmol photon m$^{-2}$ s$^{-1}$ fluorescent light (12 h light:12 h dark) to obtain adequate cell densities for the experiments. Addition of both Mn and Fe to filtered autoclaved seawater has been reported to induce the highest growth rates with full physiological recovery for a long time in Mn-sufficient media (Ushizaka et al., 2008); therefore, Mn was added to the culture media in the present study.

A small amount of pre-cultured diatoms (~1 mL) in the late exponential growth phase was inoculated into each control medium in polycarbonate Erlenmeyer flask. The effects of direct Fe and Mn inputs (direct Fe treatment) and f/2 metal (f/2 treatment) inputs were examined by adding a small amount of either Fe(III) and Mn(II) stock solutions and f/2 metal stock solution, respectively, directly and together with the inoculation of diatom culture into control media. The growth rates and maximal cell yields were not different between direct Fe and f/2 treatments at the same temperature. Fe-limited media (Fe-limited treatment) were examined by adding only acidic Mn(II) stock solution directly, and with the inoculation of culture into the control media. Nitrate-limited media (N-limited treatment) were prepared by adding f/2 metal stock solution into the modified control media without the addition of nitrate stock.

It has been reported that the addition of an excess concentration of the siderophore desferrioxamine B (DFB) eliminated iron uptake in phytoplankton by diminishing the concentration of bioavailable Fe(III)' (Wells et al., 1994). DFB is a small trihydroxamate molecule that complexes inorganic Fe(III) with an extremely high conditional stability constant ($K'_{FeL}$ Fe(III)' =
[Fe(III)L]/[Fe(III)] = 10^{16.5} \text{ M}^{-1} \) in seawater (Hudson et al., 1992). In other studies (Iwade et al., 2006; Yoshida et al., 2006), iron uptake by Chaetoceros socialis from external Fe was prevented by adding DFB during cultivation. DFB–Fe-limited media (DFB–Fe-limited treatment) experiments were performed by adding acidic Mn(II) stock solution into the control media and then adding DFB after 12–24 h of cultivation. DFB was added to a final concentration of 1 \mu\text{mol L}^{-1} \) in the Fe-limited media to prevent further iron uptake by T. nordenskioeldii from ambient external Fe.

Cell densities at the start of the culture experiments were approximately 1,000 cells mL\(^{-1}\). Light and temperature conditions were the same as those for the stock culture described above. During the experiments, numbers of vegetative cells and resting stages were monitored daily by triplicate cell counts in a haemocytometer with a light microscope. Culture experiments were conducted in triplicate.

In T. n A culture experiments, the cultivation flasks were covered with aluminium foil after 15 d of cultivation to monitor the percentage and composition of resting spores during 15–115 d dark cultivation. In culture experiments at 5°C for T. n B and 10°C for T. n A, cell size (diameter and height) measurements were taken of vegetative and/or resting stage cells in initial, exponential (6 d cultivation) and stationary (15 d cultivation) growth phases by a calibrated ocular micrometer-equipped light microscope to calculate CV and surface area (SA).

**Sinking rate**

The settling tube (Fisher borosilicate glass) was filled with control medium, tightly capped with foil and acclimated at least 30 min at room temperature before measurement. A cell suspension (200-\mu\text{L}) was diluted with a few drops of Milli-Q water, and a layer of a 100-\mu\text{L} aliquot was spread with a micropipette on top of the temperature acclimated settling tube. Sinking rates of the vegetative cells (6 d cultivation), Fe-limited resting stages (15 d cultivation) and N-limited resting spores (15 d cultivation) for T. n B strain cultivated at 5°C and 10°C were measured at room temperature in triplicate with a fluorometer (Turner Design AU-10) according to the method by Eppley et al. (Eppley et al., 1967).
RESULTS

There was no formation of resting spores and resting cells in either *T. nordenskioeldii* strains in the direct Fe and f/2 treatments. A gradual increase in resting spores during the 15 d cultivation period was observed in Fe- and DFB–Fe-limited treatments. In contrast, there was a rapid and almost complete transformation of vegetative cells into resting spores after 4–8 d (5°C) and 3–6 d (10°C) cultivation observed in N-limited treatment (Fig. 1). In five culture treatments at 5°C and 10°C, direct Fe or f/2 treatments induced the highest maximal vegetative cell yields for both strains, while the Fe-, DFB–Fe- and N-limited treatments showed lower maximal vegetative cell yields than direct Fe or f/2 treatments (Fig. 1a-1, b-1, c-1 and d-1, Table I). However, the initial growth rate of each strain was almost the same among various treatments at each temperature with the lower growth rate occurring at lower temperatures (µ: 0.70 d\(^{-1}\) and 0.46 d\(^{-1}\) for the *T. n* A strain and 0.76 d\(^{-1}\) and 0.53 d\(^{-1}\) for the *T. n* B strain at 10°C and 5°C, respectively) (Table I). Vegetative cell densities during the stationary growth phase in Fe-limited treatment were relatively constant for several days after the transition phase, while those in N-limited treatment decreased suddenly after the late exponential growth phase (after 3 and 4–6 d cultivations at 10°C and 5°C, respectively).

In both strains, resting spore densities in N-limited treatment increased rapidly after 3 and 4–6 d cultivations at 10°C and 5 °C, respectively (Fig. 1a-2, b-2, c-2 and d-2), coincident with the sudden decrease in vegetative cell densities (Fig. 1a-1, b-1, c-1 and d-1). In contrast, Fe- and DFB–Fe-limited treatments resulted in a gradual increase in resting spore densities with time (at 10°C Fig. 1a-3, at 5°C Fig. b-3 and d-3) or a small increase of *T. n* B in DFB–Fe-limited treatment at 10°C (Fig. 1c-3) during 15 d cultivation. The resting spore compositions of *T. n* A and *T. n* B strains in N-limited treatment reached almost 90–100% after 6–8 and 4–6 d cultivations at both temperatures, respectively, while those in Fe- and/or DFB–Fe-limited treatments gradually increased to 19% at 10°C and 60% at 5°C for *T. n* A, and 1% at 10°C and 22% at 5°C for *T. n* B (Fig. 1a-3, b-3, c-3 and d-3).
During the long cultivation period (30–115 d) under dark conditions following 15 d of cultivation, resting spore composition of *T. n* A increased to 35% at 60 d (10°C) in Fe-limited treatment (Fig. 2a) with nearly double the number of resting spores, while the number of resting cells were constant, and increased to ~90% at 115 d of cultivation (5°C) in Fe- and DFB–Fe-limited treatments (Fig. 2b). The decrements in the number of resting cells (88% and 94% for Fe- and DFB–Fe-limited treatments, respectively) were much greater than those of resting spores (16% and 50%) at 5°C experiment. However, N-limited treatment maintained ~100% resting spore composition for a long period (30–115 d), even after 15 d of cultivation at both temperatures without a decrement in spore number (Fig. 2).

During cultivation of *T. n* A in N-, Fe- and DFB–Fe-limited treatments, the relative composition of exogenous, semi-endogenous and endogenous resting spores gradually shifted from semi-endogenous to endogenous with a nearly constant contribution of the exogenous type (Fig. 3a and b). In *T. n* B, however, exogenous resting spores were dominant and few endogenous spores were observed in Fe- and DFB–Fe-limited treatments, while in N-limited treatment at 5°C, exogenous and semi-endogenous resting spores were approximately equal while the endogenous type was low in relative abundance at the end of the experiment (49%, 51% and 0.3%, respectively) (Fig. 3c and d).

During the long cultivation period (30–115 d) under dark conditions after 15 d of cultivation for *T. n* A (Fig. 4), endogenous resting spores decreased from 60% (15 d cultivation) to 50% (60 d cultivation) at 10°C (Fig. 4a), and from 35% (15 d cultivation) to 15% (115 d cultivation) at 5°C in Fe-limited treatment (Fig. 4b). However, N-limited treatment maintained the relative compositions of the three spore types for the duration of the experiment (15–115 d).

**Sinking rate and cell size**

Sinking rates of vegetative cells, Fe-limited resting cells and spores (78% and 22% at 5°C and 99% and 1% at 10°C for resting cells and spores, respectively), and N-limited resting spores for *T. n* B strain were $1.24 \pm 0.14$, $3.41 \pm 0.43$ and $9.22 \pm 1.04$ m d$^{-1}$ at 5°C and $1.02 \pm 0.30$, $1.75 \pm 0.08$ and $7.04 \pm 1.22$ m d$^{-1}$ at 10°C, respectively (Fig. 5).
In *T. n* B at 5°C (Fig. 1d-1, -2 and -3), no change in cell sizes was observed between initial and vegetative cells at the late exponential growth phase (6 d cultivation) in direct Fe treatment (Table II). However, sizes of both Fe-limited resting cells and N-limited resting spores decreased by about 8% and 40% in diameter and height, respectively (Table II). Consequently, CV of Fe-limited resting cells and N-limited resting spores were approximately half those of the vegetative cells in the direct Fe treatment, while resting cells and resting spores had about one-third higher SA:CV ratios than vegetative cells (Table II). In *T. n* A, almost the same trends were observed in *T. n* B for vegetative cells, Fe- and N-limited resting stages, respectively (data not shown).

**DISCUSSION**

**Formation of resting spores in Fe-limited treatment**

Several experiments with marine diatom culture have shown that changes in environmental triggers, such as nutrients, pH, light and temperature may induce resting stages (McQuoid and Hobson, 1996). Some researchers have found that nitrogen deficiency is an important factor to induce sporulation in marine diatoms (Durbin, 1978; Hargraves and French, 1983). In the present study, N-limited treatment induced rapid resting spore formation of *T. nordenskioeldii* and achieved almost 100% spore contribution within 3–4 d of the start of sporulation (Fig. 1), similar to the results previously reported (Durbin, 1978; Syvertsen, 1979). However, the current study is the first known report on resting spore formation in a marine diatom under iron-depleted conditions (Figs. 1 and 2). Both Fe- and DFB–Fe-limited treatments induced gradual spore formation in *T. nordenskioeldii* of 22%–60% at 5°C and 1%–19% at 10°C during 15 d cultivation periods (Figs. 1 and 2). It has been reported that iron limitation significantly decreases nitrate assimilation by limiting photosynthetic electron transport energy (Milligan and Harrison, 2000). In addition, Maldonado and Price (Maldonado and Price, 1996) reported that severe iron limitation in marine diatoms induced iron and nitrate co-limitation. Therefore, the slower resting spore formation in the iron-deficient treatments as
compared to N-limited treatment may have resulted from a gradual decrease in intracellular nitrate assimilation under iron-deficient conditions, which has been reported gradually reduced ambient bioavailable iron and/or intracellularly stored iron in iron-deficient media (Iwade et al., 2006). However, whether the sporulation trigger under iron-deficient conditions is affected directly by iron deficiency or indirectly by iron and nitrogen co-limitation is uncertain. This trigger needs to be investigated in future physiological and molecular assays.

The increase in the proportion of resting spores during the 15 d cultivation period in Fe-limited treatment was also higher at lower temperature (60% at 5°C and 19% at 10°C for T. n A strain; Fig. 1a-3 and b-3), similar to the higher resting spore contribution at lower temperatures under N-depleted conditions reported in a previous study [76%–96% at 5°C and 40%–52% at 10°C, (Durbin, 1978)] (Table III). Temperature, therefore, seems to be one of an important factor in the formation of diatom resting spores. It has been reported that resting spores tend to survive longer at colder temperatures and that spores of boreal species do not appear to tolerate temperatures higher than the tolerant limits of their vegetative cells (Hargraves and French, 1983; McQuoid and Hobson, 1996). Furthermore, it has been further reported that resting cell and resting spore formation usually occurs within the lower portion of the range of temperatures at which a given species grows (Durbin, 1978).

Diatom resting spores in the sediments have been used as a proxy for paleoproductivity in the Southern Ocean (e.g. Abelmann et al., 2006). Resting spore formation was induced by iron-deficient low-productivity conditions in the present study, suggesting that resting spore formation might be induced in Fe-depleted oceanic environments, such as Southern Ocean, if the neritic diatoms were introduce to the region.

**Implications for biological oceanography of diatoms**

Remarkably different percentage contributions of resting spores and different compositions of endogenous, semi-endogenous and exogenous resting spores were observed between T. n A and T. n B strains in Fe- and N-limited treatments in the present study, and between them and other strains [T. n
Narragansett Bay (Durbin, 1978) and T. n Oslofjord (Syvertsen, 1979)] in N- or P-limited treatments (Table III). In T. n A (a neritic strain), approximately 60%–85% of the resting spores after a 15 d cultivation period were composed of semi-endogenous and endogenous resting spores with significantly lower SA:CV ratios than those of vegetative cells in N-, Fe- and DFB–Fe-limited treatments (p < 0.005, one-way ANOVA), while almost 100% of the cells formed in T. n B (an oceanic strain) were exogenous resting spores or resting cells with significantly higher SA:CV ratios than their vegetative cells under iron-deficient conditions (p < 0.001, one-way ANOVA) (Figs. 3, 4 and 6). The low SA:CV ratio of resting spores, formed by the neritic strain, suggest rapid sinking of spores to relatively shallow, coastal seafloors. However, the present study suggests that the rapidly sinking spores in a neritic strain would be at a competitive disadvantage to an oceanic strain in a pelagic environment, because the resting spores of an oceanic strain need only to sink to the pycnocline before resuspension and germination can take place (Hargraves and French, 1983). The temperature- and strain-specific morphological diversity in the T. nordensskioeldii strains in the present study (Table III), differed from the phylogenetic, species-specific morphology among the three spores types in T. nordensskioeldii, suggested by Syvertsen (Syvertsen, 1979) and Hasle and Syvertsen (Hasle and Syvertsen, 1997). These observations indicate that morphological adaptation in macro- and micronutrient-depleted environments, may suit each habitat even within the same species. Moreover, the relative higher temperature tolerance observed in autochthonous T. nordensskioeldii in Onagawa Bay may indicate genetic diversity among local populations, as suggested by Inoue and Taniguchi (Inoue and Taniguchi, 1999). This cryptic diversity in the biology of T. nordensskioeldii needs to be elucidated.

Iron-limited treatments of both strains induced a large number of chlorotic resting cells in addition to resting spores (Table I). Iron-limited cells decreased their cell height to a greater extent than their diameter after 15 d of cultivation (Table II). An increment in cellular silicon content has been reported (Takeda, 1998), which could interpret as increase the thickness of silicified cell walls in
response to iron limitation. This phenomenon may have contributed to the relatively quicker decrease in diameter with only 5.6 cell divisions during the 15 d cultivation period (Tables I and II). The decreased in cell height and diameter under iron-depleted conditions results in decreased CV and the increase in SA:CV ratios can both contribute to fast sinking rates of heavily silicified resting cells (Fig. 5). These morphological changes could result in an increase in the uptake of iron and macronutrients by allowing the diatom to sink to nutrient-rich deep water. In addition, the decrease in cell size may lower the cellular nutrient requirements and streamline the efficiency of intracellular material cycling as suggested previously (Pahlow et al., 1997; Raven, 1998; Raven and Waite, 2004). Therefore, silicification of resting stages, and of diatoms in general, could be a significant survival strategy acquired through evolution of Cretaceous ecosystems to the current iron and nutrient aquatic environments (Raven and Waite, 2004; Falkowski et al., 2004). The two main features of diatom resting spores are the heavily silicified spore frustules and compaction of cellular contents in the spores. A heavy spore frustule with an increased sinking rate not only would transfer the resting spores more quickly to new nutrient sources or remove them from dangerously high light intensity in the absence of such nutrients but also removes the cells at depth, sequester from potential pathogens (viruses) and/or predators (protozoa and crustaceans) (Raven and Waite, 2004). However, in the present study, resting cells did not survive as long as 115 days, even under lower temperature conditions (Table III), similar to the observations by Kuwata and Takahashi (Kuwata and Takahashi, 1999). Therefore, it appears to be difficult for the resting cells to survive in an oceanic environment and migrate from basin to basin directly by crossing the subarctic Pacific Front current system, a high-nutrient low-chlorophyll (HNLC) region. On the other hand, the almost cosmopolitan distribution of the T. nordenskioeldii metapopulation in the world could be achieved by expanding of the local populations in coastal regions. In addition, neritic diatoms that forms resting spores and cells under iron-deficient conditions with having faster sinking rates than vegetative cells may prevent their seeding populations from expanding to HNLC oceanic regions with low iron concentrations.
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Table and Figure legends

Table I: Maximal cell yield of vegetative cells, resting spores and resting cells of *Thalassiosira nordenskioeldii* (*T. n* A and *T. n* B strains) during the 15 d cultivation period at 5°C and 10°C. Specific growth rates ($\mu$) during the exponential phase and cultivation days with maximal growth yields are given in parentheses.

Table II: Cell diameter ($r$), height ($h$), $r:h$ ratio, cell volume (CV), surface area (SA) and SA:CV ratio of *T. n* B strain cultivated at 5°C. Cell sizes were measured at the exponential growth phase (6 d cultivation) in direct Fe treatment, and at the stationary growth phase (15 d cultivation) in the Fe- and N-limited treatments. Standard deviations ($\pm 1$ SD) are given in parentheses.

Table III: Comparison of predominance and composition of the three types of resting spores in *T. n* A and *T. n* B strains under Fe- and N-limited treatments, cultivated at 5°C and 10°C, and two strains [*T. n* Narragansett Bay (Durbin, 1978) and *T. n* Oslofjord (Syvertsen, 1979)] in the N- or P-limited treatments.

Fig. 1. Temporal changes in vegetative cell density (1), resting spore density (2) and resting spore percentage (3) of the *T. n* A strain at 10°C (a), and at 5°C (b) and the *T. n* B strain at 10°C (c) and at 5°C (d) in the f/2, direct Fe, Fe-limited, DFB–Fe-limited and N-limited treatments. Data represent means of triplicate experiments and the error bars indicate $\pm 1$ SD.

Fig. 2. Long-term changes in resting spore percentages in the *T. n* A strain at 10°C (a) and 5°C (b) during 15-115 d cultivation periods in N-, Fe- and DFB–Fe-limited treatments. Data represent means of triplicate experiments and the error bars indicate $\pm 1$ SD.
Fig. 3. Temporal changes in the composition of three resting spore types (exogenous, semi-endogenous and endogenous) of the T. n A strain at 10°C (a) and 5°C (b), and the T. n B strain at 10°C (c) and 5°C (d) in N- (1), Fe- (2) and DFB–Fe-limited (3) treatments. Data represent means of triplicate experiments and the error bars indicate ±1 SD.

Fig. 4. Long-term changes in the composition of the three resting spore types in the T. n A strain at 10°C (a) and 5°C (b) during 15–115 d cultivation periods in the N- and Fe-limited treatments. Data represent means of triplicate experiments and the error bars indicate ±1 SD.

Fig. 5. Sinking rates of vegetative cells (6 d cultivation), Fe-limited resting stages (resting cells and resting spores, 15 d cultivation) and N-limited resting spores (15 d cultivation) of the T. n B strain cultivated at 5°C and 10°C. Data represent means of triplicate measurements and the error bars indicate ±1 SD.

Fig. 6. Ratios of cell surface area to cell volume (SA:CV) in vegetative cells, the three resting spore types, and Fe-limited resting cells of T. n A and T. n B strains. (RS: resting spores). Data represent mean ±1 SD.
<table>
<thead>
<tr>
<th>Strain and Treatment</th>
<th>Maximal cell yield (cells mL(^{-1}))</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(Specific growth rate: (\mu)) Vegitative cells Resting spores Resting cells</td>
</tr>
<tr>
<td>(T. n) A at 10°C ((\mu: 0.70\ d^{-1}))</td>
<td></td>
</tr>
<tr>
<td>Direct Fe</td>
<td>58900 (8 d) - -</td>
</tr>
<tr>
<td>Fe-limited</td>
<td>4400 (6 d) 2700 (15 d) 12300 (15 d)</td>
</tr>
<tr>
<td>N-limited</td>
<td>5900 (3 d) 10900 (12 d) 1900 (4 d)</td>
</tr>
<tr>
<td>(T. n) A at 5°C ((\mu: 0.46\ d^{-1}))</td>
<td></td>
</tr>
<tr>
<td>(f/2)</td>
<td>62100 (11 d) - -</td>
</tr>
<tr>
<td>Fe-limited</td>
<td>6900 (5 d) 19900 (14 d) 12800 (14 d)</td>
</tr>
<tr>
<td>DFB–Fe-limited</td>
<td>3100 (3 d) 5700 (15 d) 3900 (15 d)</td>
</tr>
<tr>
<td>N-limited</td>
<td>11600 (6 d) 31000 (11 d) 2700 (9 d)</td>
</tr>
<tr>
<td>(T. n) B at 10°C ((\mu: 0.76\ d^{-1}))</td>
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</tr>
<tr>
<td>(f/2)</td>
<td>51200 (7 d) - -</td>
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<tr>
<td>DFB–Fe-limited</td>
<td>10500 (3 d) 800 (14 d) 62800 (14 d)</td>
</tr>
<tr>
<td>N-limited</td>
<td>10700 (3 d) 26400 (14 d) 600 (4 d)</td>
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<tr>
<td>(T. n) B at 5°C ((\mu: 0.53\ d^{-1}))</td>
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<tr>
<td>Direct Fe</td>
<td>25600 (10 d) - -</td>
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<tr>
<td>Fe-limited</td>
<td>11200 (5 d) 11000 (15 d) 38300 (15 d)</td>
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<tr>
<td>N-limited</td>
<td>6900 (4 d) 15800 (13 d) 1100 (5 d)</td>
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<tr>
<td></td>
<td>Initial</td>
</tr>
<tr>
<td>------------------------</td>
<td>---------</td>
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<tr>
<td>Diameter ($r$) ($\mu$m)</td>
<td>27.15</td>
</tr>
<tr>
<td></td>
<td>(1.08)</td>
</tr>
<tr>
<td>Height ($h$) ($\mu$m)</td>
<td>16.63</td>
</tr>
<tr>
<td></td>
<td>(2.23)</td>
</tr>
<tr>
<td>$r:h$</td>
<td>1.66</td>
</tr>
<tr>
<td></td>
<td>(0.24)</td>
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<tr>
<td>Cell Volume (CV) ($\mu$m$^3$)</td>
<td>9636</td>
</tr>
<tr>
<td></td>
<td>(1447)</td>
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<tr>
<td>Surface Area (SA) ($\mu$m$^2$)</td>
<td>2578</td>
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<td>(230)</td>
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<tr>
<td>SA:CV ($\mu$m$^{-1}$)</td>
<td>0.27</td>
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<td>(0.02)</td>
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Table III.

<table>
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<tr>
<th>Species and Treatment</th>
<th>Day</th>
<th>Resting spore composition (%)</th>
<th>Composition of three resting spore types (%)</th>
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<tr>
<td></td>
<td></td>
<td>Endogenous</td>
<td>Semi-endogenous</td>
</tr>
<tr>
<td>This study (5°C)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Fe- or DFB–Fe-limited</td>
<td>~115</td>
<td>22.2–91.2</td>
<td>0–36.9</td>
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<tr>
<td>N-limited</td>
<td>~115</td>
<td>100</td>
<td>0.3–18.7</td>
</tr>
<tr>
<td>This study (10°C)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fe- or DFB–Fe-limited</td>
<td>~60</td>
<td>1.3–32.5</td>
<td>0–62.0</td>
</tr>
<tr>
<td>N-limited</td>
<td>~30</td>
<td>99.6–100</td>
<td>0–57.2</td>
</tr>
<tr>
<td>T. n Narragansett Bay at 5°C (Durbin, 1978)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N-limited</td>
<td>-</td>
<td>76–96</td>
<td>-</td>
</tr>
<tr>
<td>T. n Narragansett Bay at 10°C (Durbin, 1978)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>N-limited</td>
<td>-</td>
<td>40–52</td>
<td>-</td>
</tr>
<tr>
<td>T. n Oslofjord (Syvertsen, 1979)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>N- or P-limited</td>
<td>-</td>
<td>-</td>
<td>&lt;1</td>
</tr>
</tbody>
</table>
Fig. 1

T. n A strain

(a-1) Vegetative cell density

(b-1) Vegetative cell density

T. n B strain

(c-1) Vegetative cell density

(d-1) Vegetative cell density

(a-2) Resting spore density

(b-2) Resting spore density

(c-2) Resting spore density

(d-2) Resting spore density

(a-3) Resting spore percentage

(b-3) Resting spore percentage

(c-3) Resting spore percentage

(d-3) Resting spore percentage
Fig. 2

T. n A at 10°C

(a) Fe-limited
N-limited
DFB-Fe-limited

T. n A at 5°C

(b)
Fig. 3

T. n A strain (a and b)

(-1) N-limited

(a-1) 10°C

(b-1) 5°C

(-2) Fe-limited

(a-2) 10°C

(b-2) 5°C

(-3) DFB–Fe-limited

(b-3) 5°C

Exogenous
Semi-endogenous
Endogenous

T. n B strain (c and d)

(c) 10°C

(c-1)

(d) 5°C

(c-3)

(d-1)

(d-2)
Fig. 4

**T. n A at 10°C**

- **Exogenous**
- **Semi-endogenous**
- **Endogenous**

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**T. n A at 5°C**

---
Fig. 5

Sinking rate (m d⁻¹)

- Vegetative cells
- Fe-limited cells
- N-limited resting spores

Temperature conditions: 5°C and 10°C