Increased intratumoral fluorothymidine uptake levels following multikinase inhibitor sorafenib treatment in a human renal cell carcinoma xenograft model

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Abstract. An early identification of the tumor response to sorafenib treatment is indispensable for selecting optimal personalized treatment strategies. However, at present, no reliable predictors are clinically available. 3H-fluorothymidine (3H-FLT) autoradiography (ARG) and Ki-67 immunohistochemistry (IHC) were performed using adjacent tumor sections. In the visual assessment, the intratumoral 3H-FLT uptake level diffusely increased following the treatment, while no significant changes were observed in Ki-67 IHC. The intratumoral 3H-FLT uptake levels significantly increased by 2.7- and 2.6-fold on days three and seven following the treatment, while the tumor volume and Ki-67 index did not significantly change. Thus, an increased FLT uptake level was demonstrated following the treatment, which may indicate the suppression of thymidylate synthase (TS) and the compensatory upregulation of TK-1 activity by sorafenib.

Introduction

The treatment options that are available for metastatic renal cell carcinoma (RCC) are limited due to an inherent tumor resistance to chemotherapy and radiotherapy (1). Therefore, as a new treatment strategy, molecular targeting therapies for metastatic RCC have been investigated (2). As a result of the hypervascularity in RCC, the majority of the Food and Drug Administration-approved molecular targeting therapies are anti-angiogenic therapies, which block the signals that are triggered by angiogenic growth factors, including vascular endothelial growth factor (VEGF) and platelet-derived growth factor (PDGF). Sorafenib is an anti-angiogenic agent that inhibits elements of the angiogenesis pathway, including the VEGF receptor (VEGFR) and the PDGF receptor (PDGFR). Sorafenib also inhibits certain processes of tumor proliferation, including the Raf/MEK/ERK pathway, as it is a multikinase inhibitor (3). Since the main mechanism of therapeutic action is anti-angiogenesis, which shows no direct cytotoxicity, the therapeutic effect is difficult to evaluate using tumor volume measurement methods, including the Response Evaluation Criteria In Solid Tumors (4). Furthermore, the early identification of the tumor response to sorafenib treatment is indispensable for selecting optimal personalized treatment strategies, but at present, no reliable predictors are clinically available. The mechanisms of action for sorafenib...
involve anti-angiogenesis and the inhibition of tumor proliferation. Tumor proliferation is a useful marker to evaluate the therapeutic effect and prognosis following therapy in clinical oncology (5,6). Therefore, the evaluation of tumor proliferation following sorafenib treatment may reflect the response of the tumor to the treatment. Histopathological analysis using the Ki-67 labeling index is a gold standard for the evaluation of tumor proliferation (7). However, the Ki-67 labeling index may only be used to evaluate tumor proliferation in biopsy samples or excised tumor tissues. Thus, a non-invasive method to evaluate tumor proliferation is required. 18F-fluorothymidine ([18F-FLT]) positron emission tomography (PET), which reflects thymidine kinase-1 (TK-1) activity, is a non-invasive method for detecting tumor proliferation (8,9). Certain studies have demonstrated the attenuation of tumor proliferation following radiotherapy or chemotherapy detected by FLT PET (10-15). However, the changes in intratumoral FLT distribution following sorafenib treatment are yet to be clarified. Thus, the present study assessed whether FLT may be used to evaluate the early tumor response to sorafenib treatment in an RCC xenograft, and compared the results with those from an assessment using the tumor proliferation marker, Ki-67.

**Materials and methods**

**Tumor xenograft model and sorafenib treatment.** Nine-week-old male BALB/c athymic nude mice (Japan SLC, Inc., Hamamatsu, Japan) were used in the present study. Approval for the study was obtained from the Laboratory Animal Care and Use Committee of Hokkaido University (Sapporo, Hokkaido, Japan). A human RCC xenograft model was established using the human clear cell RCC (A498) cell line (European Collection of Cell Cultures, Salisbury, UK), which is a von Hippel-Lindau (VHL) mutant. The A498 cells were maintained in RPMI-1640 medium (Invitrogen Life Technologies, Inc., Carlsbad, CA, USA), supplemented with 10% fetal bovine serum, penicillin-streptomycin and 0.03% glutamine, and incubated in an atmosphere of 5% CO2 and 95% air at 37°C. The A498 cells (1x106 cells/0.1 ml) were subcutaneously inoculated into the right flank of each mouse. When the tumors grew to 12 mm in diameter, the mice were randomly assigned to two groups, the day three and day seven groups (n=10 per group). The mice were then further assigned to the control and sorafenib-treated subgroups within each group (n=5 per subgroup; Fig. 1). In the sorafenib-treated groups, sorafenib (80 mg/kg; Nexavar, Bayer Pharmaceuticals Corporation, West Haven, CT, USA) in a Cremophor EL (Sigma, St. Louis, MO, USA) ethanol (Pharmaco Products, Brookfield, CT, USA) and water solution (12.5:12.5:75) was administered daily by oral gavage. The Cremophor EL/ethanol/water solution was administered as the vehicle in the control groups. A tumor growth curve was derived from the day seven group. The tumor size was measured using a caliper every day from the first day of treatment, and the tumor volume was calculated using the following formula: π/6 x larger diameter x (smaller diameter)3. The change in the tumor volume was calculated using the following formula: (tumor volume of each day) - (tumor volume of day 0).

Figure 1. Experimental procedures of the present study. RCC, renal cell carcinoma; Control, control group; Sorafenib, sorafenib-treated group; 3H-FLT, [methyl-3H(N)]-3'-fluoro-3'-deoxythymidine; ARG, autoradiography; IHC, immunohistochemistry; HE, hematoxylin and eosin.

**[Methyl-3H(N)]-3'-fluoro-3'-deoxythymidine (3H-FLT) autoradiography (ARG)**

Ki-67 immunohistochemistry (IHC) and hematoxylin and eosin (HE) staining. 3H-FLT (specific activity, 74-370 GBq/mmol) was purchased from Moravek Biochemicals Inc. (Brea, CA, USA). Mice were injected with 0.185 MBq 3H-FLT into the tail vein. At two hours post-3H-FLT injection, the mice were sacrificed and the tumors and muscles were immediately excised. Each excised tumor tissue was then sectioned into 2-3-mm thick slices to maximize the division surface, then embedded in Tissue-Tek medium (Sakura Finetechanical Co., Ltd., Tokyo, Japan) with the calf muscle and frozen in isopentane/dry ice. An adjacent 10-µm cryosection and two adjacent 5-µm cryosections were prepared with a CM3050-Cryostat (Leica Microsystems, Tokyo, Japan) and used for ARG, IHC and HE staining, respectively. The 10-µm sections were placed in a phosphor image plate cassette with a set of calibrated standards (16), and ARG exposure was performed for four weeks to detect the distribution of 3H-FLT. The ARG images were analyzed using a computerized imaging analysis system (FLA 7000 Bio-Imaging Analyzer; Fuji Photo Film Co., Ltd., Minato-ku, Tokyo, Japan). An adjacent 5-µm cryosection was immunohistochemically stained for Ki-67 to assess the tumor proliferation. Briefly, following rehydration and antigen retrieval, endogenous peroxidase activity was blocked using methanol containing 0.3% hydrogen peroxide. Thereafter, the sections were incubated with a monoclonal rabbit anti-human Ki-67 antibody (Clone SP6; Thermo Fisher Scientific, Waltham, MA, USA). The bound antibodies were visualized using the avidin/biotin conjugate immunoperoxidase procedure with a Histofine SAB-PO kit (Nichirei Biosciences Inc., Tokyo, Japan) and 3,3'-diaminobenzidine tetrahydrochloride. The slides were counterstained using Mayer's hematoxylin solution (Wako, Osaka, Japan). The IHC images of the tumor sections that were stained for Ki-67 were
Results

Tumor volume change. The changes in the tumor volume are shown in Fig. 2. No statistically significant differences were observed between the control and sorafenib-treated groups during the study period until day seven (P=0.59).

Image comparison between $^3$H-FLT ARG and Ki-67 IHC. Fig. 3 shows representative images of $^3$H-FLT ARG, Ki-67 IHC and HE staining. In the control groups, the $^3$H-FLT ARG images revealed low levels of intratumoral $^3$H-FLT distribution on days three and seven, which were similar to those observed in the muscle. The intratumoral $^3$H-FLT uptake level was diffuse and markedly increased in the sorafenib-treated groups compared with the control groups. There were no significant differences in the level of intratumoral $^3$H-FLT distribution between days three and seven, whereas a more heterogeneous intratumoral $^3$H-FLT distribution was observed on day seven compared with day three in the sorafenib-treated group. The distribution profiles of the Ki-67-positive nuclei on days three and seven in the sorafenib-treated groups were similarly similar to those in the control groups. There were no significant differences in the distribution level of Ki-67-positive nuclei between days three and seven in the control and sorafenib-treated groups.

Quantitative analysis of $^3$H-FLT ARG image and Ki-67 IHC. Fig. 4A shows the quantitative evaluation of the intratumoral $^3$H-FLT distribution on days three and seven following treatment with the vehicle or sorafenib. The levels of $^3$H-FLT uptake in the tumors were 0.74±0.15 and 1.96±0.54 [(%ID / g) x kg] on day three (P<0.01) and 0.80±0.21 and 2.04±0.42 [(%ID / g) x kg] on day seven (P<0.01) in the control and sorafenib-treated groups, respectively. The intratumoral $^3$H-FLT uptake levels significantly increased by 2.7- and 2.6-fold on days three and seven following the treatment with sorafenib, respectively, compared with the control groups.

Fig. 4B shows the quantitative evaluation of Ki-67 IHC on days three and seven following the treatment with the vehicle or sorafenib. The Ki-67 labeling indices in the tumors were 19.1±4.2 and 23.0±7.9% on day three and 23.1±9.0 and 17.1±3.8% on day seven in the control and sorafenib-treated groups, respectively. On days three and seven following the treatment with sorafenib, the Ki-67 labeling indices were not significantly different from those of the control groups.

Discussion

A major finding of the present study is that the level of $^3$H-FLT uptake diffusely and significantly increased following the treatment with sorafenib compared with the control groups (Figs. 3 and 4A), even though the Ki-67-positive cell distribution, Ki-67 labeling index and tumor volume did not display significant changes between the sorafenib-treated and control groups (Figs. 2, 3 and 4B). At first, the FLT uptake level was expected to decrease in concert with the suppression of tumor proliferation (Ki-67 labeling index decrease) by the sorafenib treatment. However, the present findings unexpectedly revealed that the FLT uptake level in the RCC xenograft significantly increased following the sorafenib treatment without significant
changes in the tumor proliferation marker level (Ki-67 labeling index) or the tumor volume.

Sorafenib is a multikinase inhibitor whose action mechanisms include the inhibition of the tumor proliferative signaling pathway (17). Therefore, the proliferation marker and 

Figure 5. Schematic pathways of the thymidine supply for DNA synthesis. dUMP, deoxyuridine monophosphate; TMP, thymidine monophosphate; TDP, thymidine diphosphate; TTP, thymidine triphosphate; TS, thymidylate synthase; FLT, fluorothymidine; TK-1, thymidine kinase-1.
FLT uptake level following the cessation of several days of treatment using the multikinase inhibitor sunitinib malate in a clinical setting (20).

In addition, the increase in FLT uptake level was inconsistent with the absence of significant changes in the Ki-67 labeling index in the present study. Recent studies have revealed the discordance between the level of FLT uptake and other tumor proliferation markers (21,22). One of the potential causes of the increase in FLT uptake level without an increase in the level of proliferation markers is the upregulation of TK-1 activity that arises from the inhibition of thymidylate synthase (TS). Several studies have shown that the FLT uptake level reflects TS inhibition by fluorouracil (5-FU) treatment independent of the tumor proliferation changes (23,24). A schematic diagram of the thymidine supply for DNA synthesis is shown in Fig. 5. There are two pathways of thymidine supply for DNA synthesis, the de novo pathway and the salvage pathway. TS and TK-1 are critical enzymes in the de novo and salvage pathways, respectively. When the de novo pathway is suppressed, the salvage pathway is compensatorily upregulated to maintain a certain level of thymidine supply (24,25). Thus, TS inhibition or suppression increases TK-1 activity and FLT uptake (24).

With regard to the effect of sorafenib on the thymidine supply pathways, only one study has suggested the suppression of TS in RCC cells following sorafenib treatment (26). The increase in the FLT uptake level following sorafenib treatment in the present study may have been caused by the TS suppressive effect of sorafenib, which upregulates the thymidine salvage pathway. The present study strongly indicated the importance of determining whether the treatment affects the activity of TS when evaluating the treatment response by FLT PET.

In addition to the fact that the FLT uptake level directly reflects TK1 activity but not tumor proliferation, the technical aspects, including the difference in the samples used for the evaluation of FLT uptake and Ki-67, should be considered as another reason for the inconsistency between the level of 3H-FLT uptake and the Ki-67 labeling index. However, in the present study, tumor-adjacent sections were used for 3H-FLT ARG and Ki-67 IHC image comparison, which enabled the comparison of the distributions of FLT and Ki-67-positive cells at a microscopic level. Additionally, in the present ARG experiments, 3H-FLT was used instead of 18F-FLT, even though 18F-FLT has been extensively used to determine FLT distribution. The use of 3H-FLT produced clearer images and provided more precise information on the FLT distribution than that of 18F-FLT, owing to the shorter radiation range of 3H.

In conclusion, the intratumoral 3H-FLT distribution was significantly increased following sorafenib treatment in a human RCC xenograft, even though the tumor proliferation marker Ki-67 labeling index and the tumor volume did not significantly change. Thus, an increased FLT uptake level following treatment may indicate the suppression of TS and a compensatory upregulation of TK-1 activity. Further studies are required to clarify the mechanisms underlying the increased FLT uptake following sorafenib treatment, which may lead to the application of FLT PET for monitoring the treatment effects.

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