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2 **Vitamin K-Dependent Carboxylation of Osteocalcin Affects the Efficacy of Teriparatide**
3 **(PTH₁₋₃₄) for Skeletal Repair**

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20 **Running head:** Effect of Teriparatide on Fracture in Vitamin K insufficiency

21 3 Supplemental figures and 2 Supplemental tables are included with the submission

22 **Disclosure**

23 All authors state that they have no conflict of interest.

24

1 **Abstract (296/300 words):**

2 Teriparatide (PTH₁₋₃₄) promotes skeletal repair and increases bone mass. Vitamin K is implicated
3 in bone mineralization as a coenzyme of γ -carboxylase for the Gla proteins, and therefore vitamin
4 K insufficiency caused by malnutrition or therapeutic intake of the vitamin K antagonist warfarin
5 could affect the efficacy of PTH₁₋₃₄ therapy for bone repair. In the present study, we investigated
6 whether vitamin K influences the efficacy of PTH₁₋₃₄ therapy for bone repair in a rat osteotomy
7 model. Female 12-week-old Sprague-Dawley rats were subjected to a closed midshaft osteotomy
8 of the femur and randomized into four groups (n=10 per group): Vehicle, PTH₁₋₃₄ (daily 30
9 μ g/kg/day subcutaneous injection) + solvent (orally, three times a week), PTH₁₋₃₄ + warfarin (0.4
10 mg/kg/day orally, three times a week), and PTH₁₋₃₄ + vitamin K₂ (menatetrenone, 30 mg/kg/day
11 orally, three times a week). Serum γ -carboxylated and uncarboxylated osteocalcin (Gla-OC and
12 Glu-OC) levels and radiographic healing were monitored every 2 weeks. Skeletal repair was
13 assessed by micro-computed tomography, mechanical testing, and histology at 8 weeks after the
14 surgery. PTH₁₋₃₄ amplified the osteotomy-induced increase in Gla-OC and improved the
15 mechanical properties as well as the volumetric bone mineral tissue density of the fracture callus.
16 Concurrent use of warfarin decreased the response to PTH₁₋₃₄ therapy in terms of mechanical
17 recovery, probably by impairing mineralization due to the lack of Gla-OC. Although the effects of
18 combination therapy with PTH₁₋₃₄ and vitamin K₂ on bone repair did not significantly exceed those
19 of PTH₁₋₃₄ monotherapy in rats fed sufficient dietary vitamin K, postoperative Gla-OC levels were
20 correlated with the mechanical properties of the osteotomized femur in PTH₁₋₃₄ treated rats
21 regardless of the use of warfarin or vitamin K₂. These findings suggest the importance of vitamin
22 K dependent γ -carboxylation of OC for PTH₁₋₃₄ to fully exert its effect on skeletal repair.

23

1 **Keywords:** Vitamin K; Teriparatide; Fracture; Gla-osteocalcin; Mineralization; Parathyroid
2 hormone (1-34)
3
4

1 **Introduction**

2 Intermittent administration of teriparatide (PTH₁₋₃₄), an active recombinant human peptide
3 sequence of the parathyroid hormone, increases bone mass in patients with osteoporosis [1]. Based
4 on this anabolic property, a number of animal studies have demonstrated that PTH₁₋₃₄ also
5 enhances skeletal repair, regardless of the skeletal site and mode of bone healing [2-6] [7].
6 Although the effects of this drug on fracture healing are remarkable in normal, skeletally mature
7 animals, whether PTH₁₋₃₄ exerts beneficial skeletal repair effects in pathologic conditions is
8 unknown.

9 Vitamin K insufficiency might affect the efficacy of PTH₁₋₃₄ therapy for bone repair. Vitamin
10 K is well known to be important for the normal functioning of blood coagulation factors, but it is
11 also thought to be involved in bone metabolism by regulating the activation of bone matrix
12 proteins [8]. Vitamin K acts as a coenzyme of γ -carboxylase, which converts the glutamic acid
13 (Glu) residue in Gla protein to γ -carboxyglutamic acid (Gla) [9-13]. In bone, vitamin K acts on
14 osteocalcin (OC), a highly abundant noncollagenous protein in bone, and Gla-OC is thought to be
15 associated with bone mineralization due to its specific interaction with hydroxyapatite [14].

16 Mineralization of soft fracture calluses is a critical step for fractured bone to regain mechanical
17 strength and stiffness. Because the hallmarks of PTH₁₋₃₄ therapy during fracture healing are
18 enhanced mineralization and increased callus formation, impaired mineralization may attenuate
19 the efficacy of PTH₁₋₃₄ on bone healing [15]. Given that vitamin K insufficiency is frequently
20 caused by low dietary vitamin K intake and the use of the vitamin K antagonist warfarin as
21 anticoagulant therapy, it is of great interest whether vitamin K insufficiency affects the clinical
22 efficacy of PTH₁₋₃₄ on skeletal repair. In contrast, concomitant use of vitamin K might enhance the
23 efficacy of PTH₁₋₃₄ therapy on skeletal repair based on a recent study showing that vitamin K

1 promotes bone healing in a rat fracture model [16].

2 In the present study, we used a rat femoral osteotomy model to investigate whether vitamin K
3 insufficiency or administration of vitamin K affects the efficacy of PTH₁₋₃₄ therapy on bone repair.

4 This study provides important information that facilitates clinical translation of PTH₁₋₃₄ therapy
5 for bone repair.

6

1 **Materials and methods**

2 *Animals and osteotomy model*

3 All animal studies were performed in accordance with protocols approved by the Hokkaido
4 University's Committee on Animal Resources. Female Sprague–Dawley rats (n = 40; 10 weeks of
5 age; CLEA Japan, Inc., Tokyo, Japan) were maintained at 20°C on a 12-h light/12-h dark cycle
6 with free access to water and rat food containing 0.98% Ca, 0.80% Pi, and 15.4 mg/kg vitamin K₃
7 (Labo MR Stock; Nosan Corporation Life-Tech Department, Yokohama, Japan). Following a
8 2-week adaptation period to the new environment, all rats were stratified according to bodyweight
9 and underwent a unilateral osteotomy of the femur. Briefly, transverse osteotomy at the mid-shaft
10 femur was performed using a threaded wire saw (MDS36-30 T-saw, MANI, Tochigi, Japan),
11 which was inserted percutaneously, and then the osteotomized femur was stabilized with an
12 intramedullary titanium wire (Ø= 1.0 mm; Synthes, Tokyo, Japan). This closed osteotomy
13 procedure does not preserve periosteum but minimizes other soft tissue damage compared to
14 conventional open osteotomy. This model was modified for the femur from a previous report [17].

16 *Experimental design*

17 After osteotomy, all rats were randomized into four groups within each stratum according to
18 the following treatment schedule: vehicle control group (n = 10), PTH₁₋₃₄ group (n = 10), PTH₁₋₃₄
19 + warfarin group (n = 10), and PTH₁₋₃₄ + vitamin K₂ group (n = 10). Recombinant human PTH₁₋₃₄
20 (Forteo®; Eli Lilly, Ltd., Kobe, Japan) at a dosage of 30 µg/kg/day or phosphate-buffered saline
21 was administered to the animals by daily subcutaneous injections [15, 18]. Vitamin K₂
22 (menatetrenone; Eisai Co., Ltd., Tokyo, Japan) was suspended in fatty acid (Miglyol 812; Mitsuba

1 Trading, Co., Ltd, Tokyo, Japan) at a dose of 30 mg/ml/kg bodyweight and administered by gavage
2 three times a week [16, 19, 20]. To cancel the effect of dietary vitamin K, warfarin was suspended
3 in distilled water at a dose of 0.4 mg/ml/kg body weight and administered by gavage three times a
4 week [21]. Every two weeks after the surgery, bodyweight was monitored, tail vein blood was
5 collected, and micro-computed tomography (micro-CT) of the femur was performed under inhaled
6 sedation with isoflurane (Forene®). At 8 weeks after the osteotomy, the animals were killed and
7 the treated femora were collected. Micro-CT was performed for all femora. Half of the 10 femora
8 were subjected to biomechanical testing and the other half were subjected to histologic
9 examination.

10 *Serum Gla-OC and Glu-OC levels*

11 Sandwich enzyme-linked immunosorbent assays were performed using commercially
12 available kits to determine the serum Gla-OC and Glu-OC levels (Takara Bio Inc., Shiga, Japan).
13 All samples were assayed in duplicate. A standard curve was generated for each protein, and the
14 absolute concentrations were determined from the standard curve.

15 *Biomechanical testing*

16 A three-point bending breakdown test was performed at the fracture site of the femora using a
17 load mechanical universal testing machine (Model 3365, Instron Corp., Norwood, MA, USA). The
18 femur was placed with its anterior surface facing upward on the two lower support bars 15 mm
19 apart, and the loading bar was positioned at the fracture site (anteroposterior position). The load
20 was applied at a rate of 0.2 mm/min until breakage. The ultimate load (N) and stiffness (N/mm)
21 were calculated from the load–deformation curve. As previously described, the load-displacement
22 data were normalized to obtain intrinsic material properties such as ultimate stress and elastic

1 modulus, which are independent of cross-sectional size and shape [5].

2 *Micro-CT analysis.*

3 Femora were scanned individually by micro-CT (CT, R_mCT2; Rigaku, Tokyo, Japan) at a
4 20- μm isotropic resolution. Three-dimensional reconstruction of mineralized tissue and
5 quantitative analysis of fracture calluses were performed using TRI-BONE software (Ratoc
6 System Engineering, Tokyo, Japan) in accordance with the guidelines described in Bouxsein et al
7 [22]. The region of interest was set at the osteotomy site including the region 2.5 mm extending
8 proximally and distally to the center of the gap with a total of 250 CT axial scans. The total bone
9 volume (BV_{total}) was quantified first and then original bone volume (BV_{original}) was calculated by
10 manually segmenting the original bone from the surrounding mineralized callus. The difference
11 between BV_{total} and BV_{original} was computed to determine the mineralized callus volume (BV_{callus}).
12 The threshold for segmentation of the mineralized callus was 200 mg of hydroxyapatite/ cm^3 ,
13 based on a phantom comprising known hydroxyapatite concentrations [23]. Bone mineral content
14 of callus (BMC_{callus}) was measured and tissue mineral density of mineralized callus ($mBMD_{\text{callus}} =$
15 $BMC_{\text{callus}}/BV_{\text{callus}}$) was calculated [24].

16 *Histology and histomorphometry*

17 For dynamic bone formation analysis, calcein (10 mg/kg, Dojindo Laboratories, Kumamoto,
18 Japan) was injected subcutaneously at 7 days and 2 days, respectively, before the rat was killed.
19 The femora were fixed in 70% ethanol, and stained with Villanueva Bone Stain. These specimens
20 were then subjected to undecalcified tissue processing. The specimens were embedded in
21 methyl-methacrylate (Wako Chemicals, Kanagawa, Japan) and sectioned at 5 μm in the sagittal
22 plane. The osteotomy site of the femur was examined by fluorescence microscopy (BX53,

1 Olympus, Tokyo, Japan) to evaluate the dynamic parameters of bone formation.
2 Histomorphometric analysis was performed using an Image PRO-Plus (Media Cybernetics,
3 Rockville, MD, USA). The measured parameters for callus bone included total tissue volume (TV),
4 bone volume (BV), osteoid volume (OV), bone surface (BS), osteoblast number, osteoblast
5 surface, single and double labeling surfaces (sLS and dLS, respectively), and inter-label width.
6 These data were used to calculate percent bone volume (BV/TV), percent osteoid volume
7 (OV/BV), osteoblast number (N.Ob/BS), osteoblast surface (Ob/BS), mineralizing surface
8 (MS/BS), mineral apposition rate (MAR), and bone formation rate (BFR)/BS in accordance with
9 the standard nomenclature proposed by Dempster et al [25].

10 *Statistical Analysis*

11 All data are expressed as means and standard error of the mean (SEM). Comparisons of data
12 among the groups were performed using a one-way analysis of variance and Newman-Kuels tests.
13 A significance level of P less than 0.05 was used for all comparisons. Correlations between serum
14 Gla-OC level and mechanical properties were performed using Pearson product-moment
15 correlation coefficient, with level of significance set at $p < 0.05$. All statistical analyses were
16 performed using GraphPad Prism (GraphPad Software, Inc., San Diego, CA, USA) on a Windows
17 computer.

18

19

1 **Results**

2 *Gla- and Glu-OC levels during bone repair*

3 Serum levels of Gla-OC and Glu-OC were measured at the time of surgery, and 2, 4, 6, and 8
4 weeks after osteotomy, and the time course of change in Gla- and Glu-OC levels was assessed in
5 each individual (Fig. 1). The Gla- and Glu-OC data in the vehicle group showed a natural course
6 of changes in Gla- and Glu-OC after bone injury. In the vehicle group, Gla-OC increased by 18%
7 from the baseline at 2 weeks after osteotomy and then decreased from 2 to 8 weeks after osteotomy.
8 PTH₁₋₃₄ treatment amplified the postoperative increase in Gla-OC production. The rats in the
9 PTH₁₋₃₄ group showed 100% to 140% increase in Gla-OC from the baseline at 2, 4, and 6 weeks
10 after surgery. While supplementation of vitamin K₂ did not further change the postoperative
11 course of the Gla-OC levels of PTH₁₋₃₄-treated rats, warfarin blocked the increasing effect of
12 PTH₁₋₃₄ on Gla-OC and decreased Gla-OC levels to baseline (-50 ± 12 and $-88 \pm 14\%$ from
13 baseline at 2 and 6 weeks after osteotomy, respectively).

14 Glu-OC increased during first 4 weeks after the surgery and then decreased from 4 to 8 weeks
15 after the surgery in the vehicle treated rats. While PTH₁₋₃₄ and PTH₁₋₃₄ + vitamin K₂ groups
16 showed no significant effect on the time course of change in Glu-OC, administration of warfarin
17 remarkably upregulated Glu-OC at any time point after the surgery (mean change of Glu-OC at 2
18 weeks after osteotomy from the baseline; $2238 \pm 789\%$ in PTH₁₋₃₄ + warfarin group vs. $185 \pm 47\%$
19 in PTH₁₋₃₄ group).

20 *Effect of vitamin K insufficiency or supplementation on the efficacy of PTH₁₋₃₄ therapy in* 21 *biomechanical parameters of bone repair*

22 We assessed biomechanical properties of osteotomized femurs at 8 weeks after osteotomy to

1 allow for adequate healing for the three-point bending test. Consistent with previous reports,
2 PTH₁₋₃₄ administration increased the ultimate stress and stiffness of the osteotomized femur to 2.4
3 and 1.7 times those in the vehicle group [18, 26]. Concomitant use of warfarin attenuated the effect
4 of PTH₁₋₃₄ administration on the biomechanical properties (ultimate stress and stiffness to 0.5 and
5 0.6 times those in the PTH₁₋₃₄ group). Meanwhile, concurrent use of vitamin K₂ and PTH₁₋₃₄
6 showed some additive, albeit statistically insignificant, effects on the biomechanical properties
7 (ultimate stress and stiffness to 1.5 and 1.3 times those in the PTH₁₋₃₄ group). The effects of
8 warfarin and vitamin K₂ on intrinsic material properties of the osteotomized femur in
9 PTH₁₋₃₄-treated rats, including elastic modulus and bending strength, were similar to those on
10 ultimate stress and stiffness (Table 1). Although we failed to detect a statistically significant
11 difference among the PTH₁₋₃₄ administration groups, we found a statistically significant
12 correlation between Gla-OC levels at 2, 4, and 6 weeks after surgery and the mechanical properties
13 (Table 2).

14 *Effect of vitamin K insufficiency or supplementation on the efficacy of PTH₁₋₃₄ therapy in*
15 *radiographic parameters of bone repair*

16 To assess the bone repair process after osteotomy, longitudinal micro-CT analysis was
17 performed at 2, 4, 6, and 8 weeks after osteotomy. The effect of PTH₁₋₃₄ on bone repair was
18 apparent on micro-CT reconstruction images by the large and solid callus formation (Fig. 2A) [5,
19 15, 27]. The gap at the osteotomy site was filled with calcified bone within 6 weeks after
20 osteotomy in PTH₁₋₃₄ and PTH₁₋₃₄ + vitamin K₂ groups, whereas mineralization of the osteotomy
21 gap tended to be delayed in PTH₁₋₃₄ + warfarin group.

22 To more carefully assess the effect of PTH₁₋₃₄ and vitamin K level on radiographic healing,
23 quantitative analysis of the calcified callus was performed after removal of the intramedullary

1 metal pin 8 weeks after osteotomy. BV_{callus} and $mBMD_{\text{callus}}$ were higher in the PTH_{1-34}
2 administration groups than in the vehicle groups (Fig. 2B, C). Although PTH_{1-34} + warfarin group
3 tended to show lower BV_{callus} and $mBMD_{\text{callus}}$ than the other two PTH_{1-34} groups, we failed to
4 detect a significant difference in BV_{callus} and $mBMD_{\text{callus}}$ among the PTH_{1-34} administration
5 groups.

6 *Effect of vitamin K insufficiency or supplementation for the efficacy of PTH_{1-34} therapy on*
7 *histologic parameters of bone repair*

8 To better understand the mechanism responsible for the drug effects on biomechanical
9 properties, we analyzed the histology at 8 weeks after surgery. Similar to the findings of the
10 micro-CT study, the calluses were densely formed (Fig. 3A-D) and BV/TV was greater in the
11 PTH_{1-34} administered groups than in the vehicle group (Fig. 3M). The osteoid, which is
12 unmineralized bone matrix stained red-purple with Villanueva staining, was abundant in the
13 specimens of the PTH_{1-34} + warfarin group (Fig. 3G and K), and the OV/BV was higher in the
14 PTH_{1-34} + warfarin group compared to the vehicle and PTH_{1-34} + vitamin K groups (Fig. 3N).
15 $N.Ob/BS$, $Ob.S/BS$, and MS/BS were greater in the PTH_{1-34} administered groups than in the
16 vehicle group but these are similar among PTH_{1-34} , PTH_{1-34} + warfarin, and PTH_{1-34} + vitamin K_2
17 groups (Fig. 3O and P). Analysis of the BFR revealed that PTH_{1-34} enhanced the mineralization of
18 the fracture callus based on an increase in MAR and BFR/BS (Fig. 3I-L and Q-S) [6] While
19 concomitant use of vitamin K_2 did not further increase MAR and BFR/BS, concomitant use of
20 warfarin blunted the enhancing effects of PTH_{1-34} on MAR and BFR/BS.

21

22 **Discussion**

23 The present study addressed whether vitamin K levels affect the efficacy of PTH_{1-34} therapy for

1 bone repair. Although we could not provide direct evidence for the correlation between vitamin K
2 levels and the efficacy of PTH₁₋₃₄ therapy for bone repair, our data suggest that impaired
3 γ -carboxylation of OC, which is induced by vitamin K insufficiency, attenuates the enhancing
4 effect of PTH₁₋₃₄ therapy for biomechanical recovery of osteotomized bone. There are, however,
5 conflicting results with respect to the effect of impaired carboxylation of OC on bone repair.
6 Einhorn et al. demonstrated that despite a significant decrease in γ -carboxylated OC, vitamin K
7 deficiency due to a diet lacking vitamin K did not impair fracture-healing in a rat femoral fracture
8 model [28]. On the other hand, some studies have demonstrated that warfarin, a vitamin K
9 antagonist, retards fracture healing [29]. Given that PTH₁₋₃₄ therapy upregulated Gla-OC level
10 5-fold greater than vehicle control after the osteotomy, PTH₁₋₃₄-treated subjects may be more
11 susceptible to vitamin K insufficiency in terms of bone repair.

12 We also examined whether vitamin K₂ supplementation enhances the efficacy of PTH₁₋₃₄
13 therapy for bone repair. Although vitamin K₂ therapy promotes long bone repair in rats [16], we
14 demonstrated only a trend for additive effects of PTH₁₋₃₄ and vitamin K₂ on bone repair. A
15 possible reason for this discrepancy is that all of the animals used in this study were fed a normal
16 diet containing vitamin K₃ and were thus thought to have adequate vitamin K levels, suggesting
17 that this combination therapy is not effective in patients taking sufficient dietary vitamin K.
18 Vitamin K₂ may be worth administering in combination with PTH₁₋₃₄ in elderly patients, however,
19 because elderly people are likely to have lower vitamin K levels [30]. Given that vitamin K₂
20 promotes the differentiation of osteoblasts through SXR receptors, vitamin K₂ might enhance bone
21 healing through a mechanism other than γ -carboxylation of OC [31, 32].

22 An interesting finding of the present study is that warfarin remarkably decreased Gla-OC
23 levels, but did not significantly reduce the mineral content of fracture calluses in PTH₁₋₃₄-treated

1 rats. This indicates that Gla-OC is not critical for mineralization of the fracture callus. Because of
2 its specific interaction with hydroxyapatite, Gla-OC is thought to affect mineralization of the bone
3 matrix [33, 34]. Recent studies assessing the role of OC, however, indicate that OC is not related
4 to mineral deposition but does participate in the growth and maturation of hydroxyapatite.
5 Amizuka et al. demonstrated that warfarin administration did not change histochemical and
6 histomorphometrical appearance of bone but resulted in crystalline particles being dispersed
7 throughout the osteoid without forming mineralized nodules, which could be observed by electron
8 microscopy, in a rat model [35]. Genetic studies showed that OC depletion increases bone mass but
9 do not change the mineral content of bone matrix histologically [36]. In a more sensitive assay of
10 mineralization, Fourier transform infrared spectroscopy analysis revealed that hydroxyapatite
11 crystals in OC-deficient mice were smaller and less perfect compared to wild-type animals,
12 suggesting that OC plays an important role in bone mineral maturation. Our finding that Gla-OC
13 correlated with the mechanical properties of the operative femur indicates that Gla-OC contributes
14 to the biomechanical recovery of fractured bone by regulating the crystallization behavior of
15 hydroxyapatite, such as orientation and crystallinity, which are considered important bone
16 qualitative factors for the mechanical properties of bone.

17 It should be noted that the dosage of PTH₁₋₃₄ used in this study corresponds to tens or hundreds of
18 multiples of the FDA approved doses of 20 µg/day for treatment of osteoporosis. We selected the
19 dosage of 30 µg/kg body weight PTH₁₋₃₄ per day because a greater dose of PTH₁₋₃₄ is needed to
20 observe significant effects in rodent fracture models possibly due to the species difference.
21 Animal models typically employ doses of 5–200 (average 40, minimum effective dose is 5) µg/kg
22 body weight per day. Because we hypothesized that the impact of vitamin K insufficiency or
23 supplementation became more significant as production of osteocalcin increased by PTH₁₋₃₄

1 therapy, we selected a promising dose, 30 $\mu\text{g}/\text{kg}$, for anabolic effects on rat bone repair. However,
2 the effect of combination therapy of lower dose PTH_{1-34} and vitamin K on bone healing should be
3 examined in the future study. If vitamin K could minimize the required dosage of PTH_{1-34} to
4 enhance bone healing, the combination therapy would be helpful for clinical translation of PTH_{1-34}
5 therapy for bone repair by overcoming the problems associated with high dose PTH_{1-34} therapy
6 such as high cost, incidence of hypercalcemia and osteosarcoma.

7 There are several limitations to this study. First, we measured OC levels but did not measure
8 serum vitamin K levels because of technical difficulties in precisely measuring vitamin K levels
9 from the small amounts of serum collected. Because animals had free access to food containing
10 vitamin K_3 , the vitamin K levels might have differed among rats. This might be why we detected a
11 correlation between postoperative Gla-OC levels and mechanical properties, but failed to detect a
12 significant difference in the mechanical properties among the PTH_{1-34} , PTH_{1-34} + warfarin, and
13 PTH_{1-34} + vitamin K groups. Second, the number of rats studied ($n = 5$ per group for biomechanical
14 testing) may be insufficient to detect “small” effects of vitamin K_2 on the mechanical properties of
15 the osteotomized femur. However, the power analysis suggests that $n=34$ rats per groups would be
16 necessary to detect significant difference in bending strength and such larger studies would not
17 alter the major conclusions in this study. Third, we did not evaluate the effect of other Gla-proteins,
18 such as Matrix Gla protein (MGP) on bone repair. MGP is another major Gla-protein in bone and
19 cartilage. While the function of MGP is not yet fully understood, it is thought to regulate the
20 development of cartilage and to inhibit mineralization. Therefore, the involvement of MGP in
21 bone repair requires further investigation.

22 In summary, we demonstrated that PTH_{1-34} therapy cannot fully exert its effect on bone repair
23 under conditions of vitamin K insufficiency in rats. This finding suggests that PTH_{1-34} therapy is

1 less effective for enhancing bone repair in patients with a low dietary vitamin K intake or patients
2 using the vitamin K antagonist warfarin as an anticoagulant therapy. Conversely, concomitant use
3 of vitamin K₂ with PTH₁₋₃₄ should improve mechanical recovery of fractured bone by regulating
4 the growth and maturation of hydroxyapatite crystal especially in patients with a low dietary
5 vitamin K intake.

6

7 **Disclosure**

8 All authors state that they have no conflict of interest.

9

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12

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14

15

1 **Figure legends**

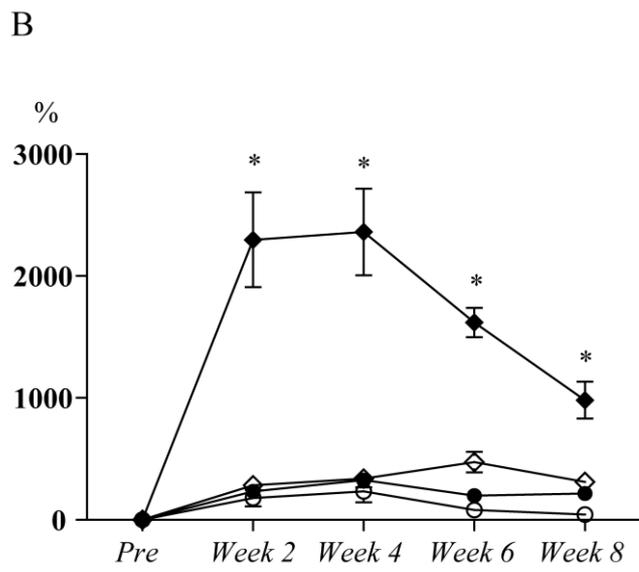
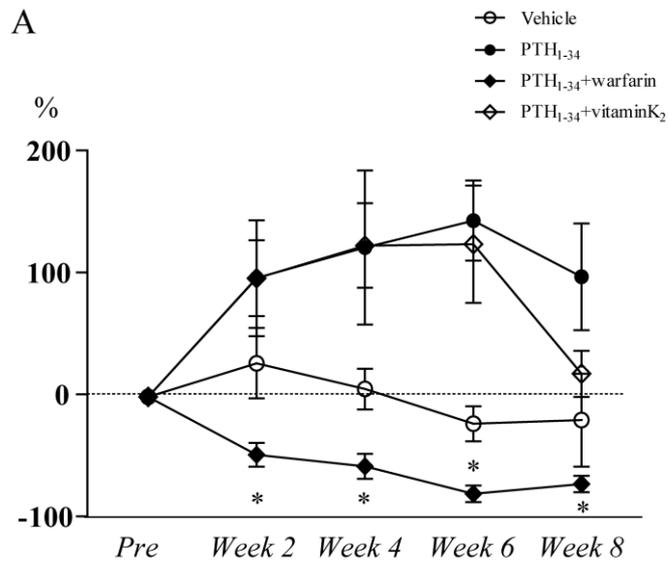
2 **Fig.1. Percent change in Gla-OC (A) and Glu-OC (B) after osteotomy.** (A) In the vehicle
3 group, Gla-OC increased 18% from the baseline at week 2 and decreased thereafter. PTH₁₋₃₄
4 increased 5-fold more in the Gla-OC group compared with the vehicle group at week 2 and the
5 high Gla-OC level was maintained at week 6. Warfarin cancelled the effect of PTH₁₋₃₄ and further
6 decreased Gla-OC to lower than baseline level throughout the observation period. Administration
7 of vitamin K₂ did not have additive effects with Gla-OC for PTH₁₋₃₄ therapy. (B) Glu-OC
8 increased by 100%-200% after osteotomy in all groups except in the PTH₁₋₃₄ + warfarin group.
9 Glu-OC markedly increased in PTH₁₋₃₄ + warfarin group. Values shown are mean ± SEM (n=6). *
10 P < 0.05 vs. PTH₁₋₃₄ group.

11
12 **Fig. 2. Effect of vitamin K insufficiency or supplementation on the efficacy of PTH₁₋₃₄**
13 **therapy for radiographic healing of osteotomized femurs.** (A) Longitudinal 2D-reconstructed
14 micro-CT images of representative specimens in each group are shown. (B) Mineralized bone
15 volume (BV_{callus}) and (C) volumetric bone mineral density (mBMD_{callus}) of the callus at 8 weeks
16 postsurgery were calculated from the micro-CT data. PTH₁₋₃₄ groups had higher BV_{callus} and
17 mBMD_{callus} than the vehicle group. Warfarin tended to blunt the efficacy of PTH₁₋₃₄ therapy in
18 terms of BV_{callus} and mBMD_{callus}. Values shown are mean ± SEM (n=10). * P < 0.05 vs. vehicle
19 group.

20
21 **Fig. 3. Histology and histomorphometry of the callus.** Longitudinal sections of the
22 osteotomized femurs at 8 weeks postsurgery with Villanueva bone staining were observed by light
23 microscopy (A-H) and under epifluorescent light (I-L). A-D and E-H are low and high

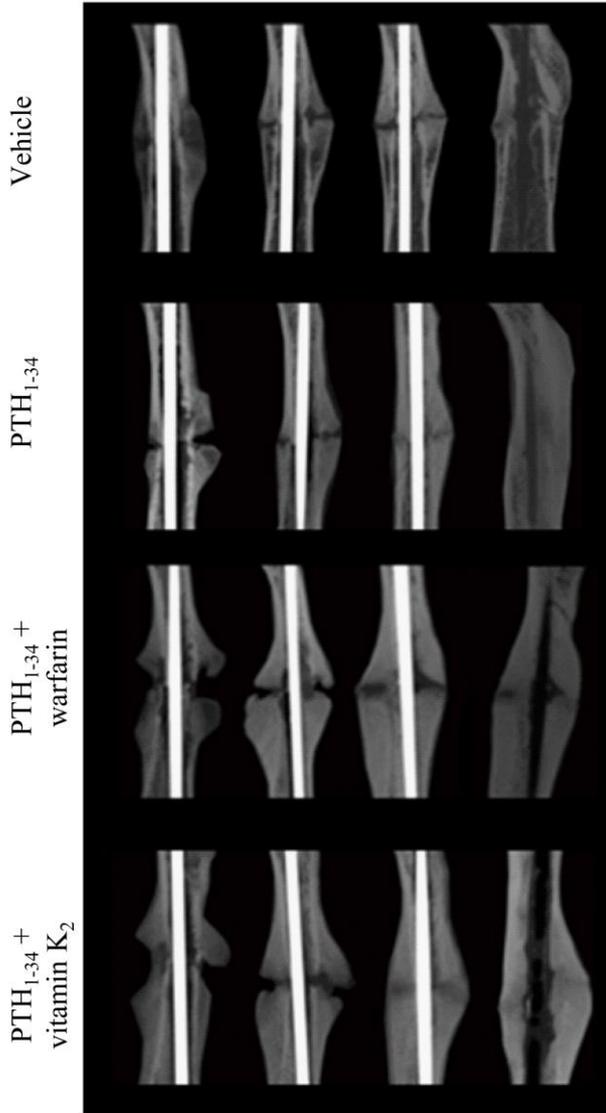
1 magnification micrographs of the callus, respectively. Osteoids, shown as red-purple in brightfield
2 images or red in epifluorescent light images, were abundant in the PTH₁₋₃₄ and vitamin K groups.
3 Bone histomorphometry data, including (M) bone volume of tissue volume (BV/TV), (N) osteoid
4 volume of bone volume (OV/BV), (O) osteoblast number (N.Ob/BS), (P) osteoblast surface
5 (Ob/BS), (Q) mineralizing surface (MS/BS), (R) mineral apposition rate (MAR), and (S) bone
6 formation rate of bone surface (BFR/BS), are shown. Bars = 100 μm. Values shown are mean ±
7 SEM (n=5). *: P < 0.05 vs. vehicle group. **: P < 0.05 vs. PTH₁₋₃₄ group.

8



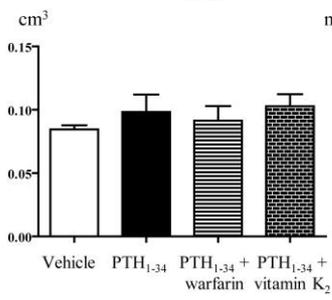
A

Week 2 Week 4 Week 6 Week 8



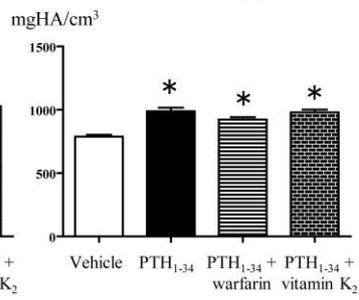
B

BV_{callus}



C

mBMD_{callus}



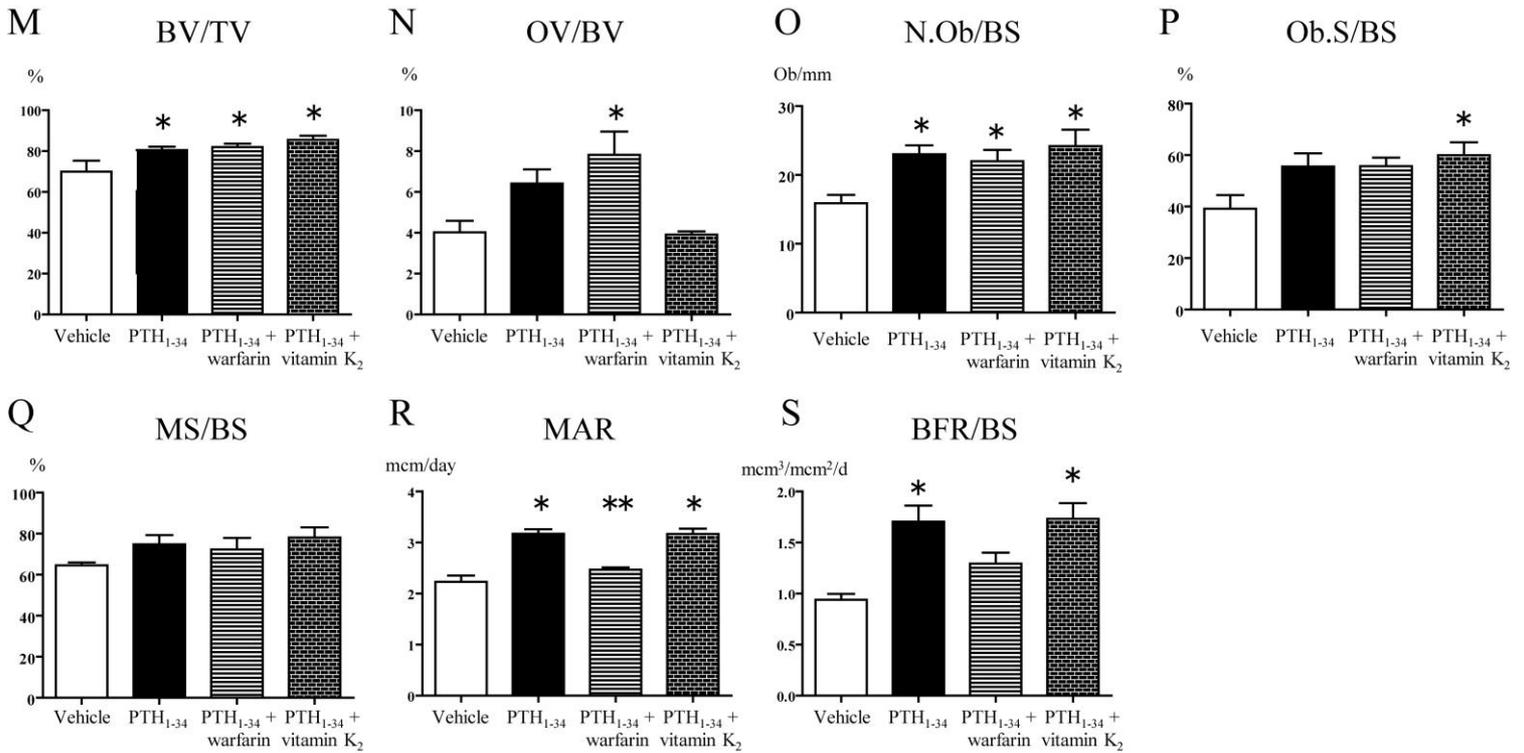
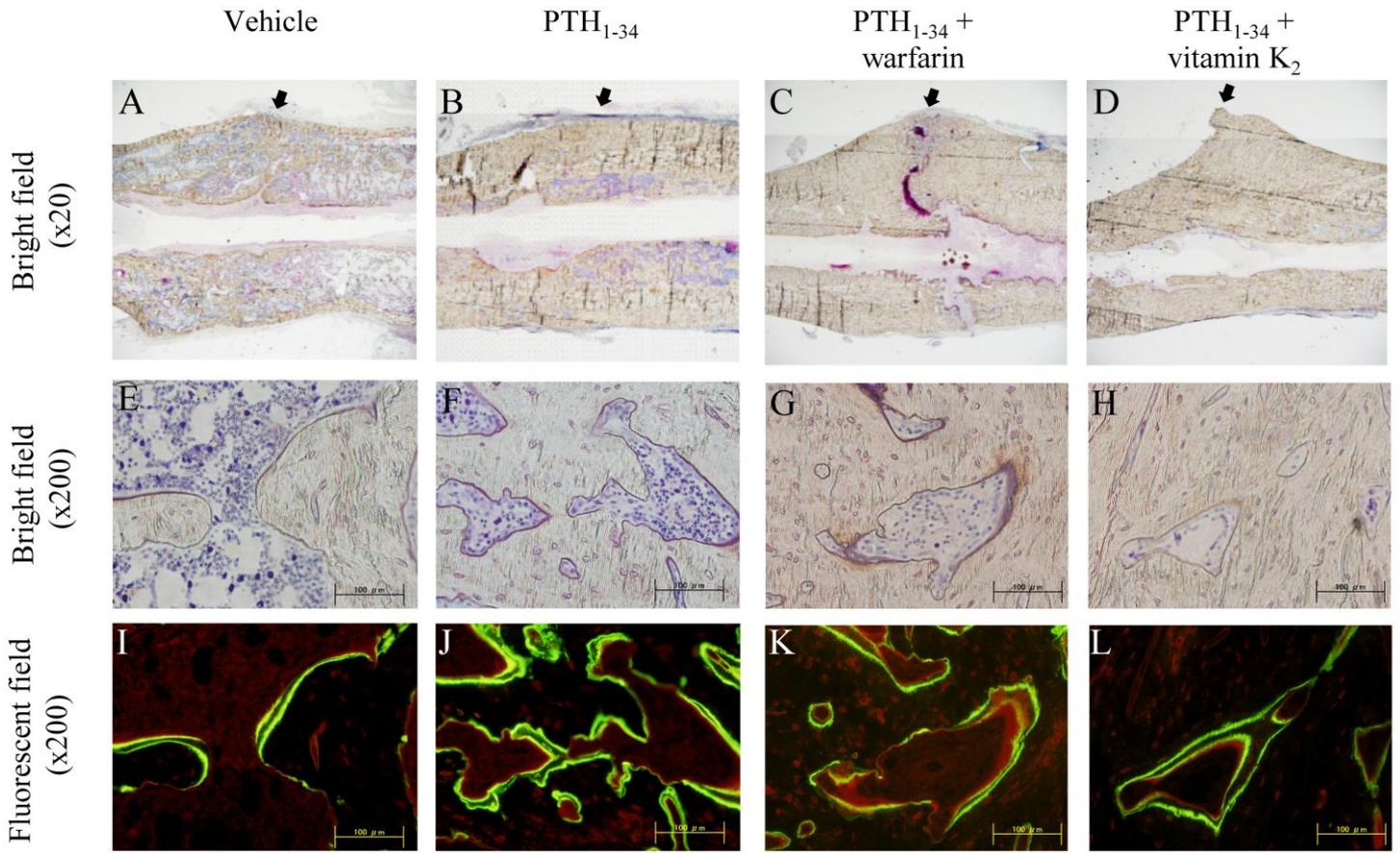


Table 1. Biomechanical properties of the osteotomized femurs at 8-week postsurgery.

	Vehicle	PTH ₁₋₃₄	PTH ₁₋₃₄ warfarin	PTH ₁₋₃₄ vitamin K ₂
Ultimate stress (N)	74.6 ± 8.8	180.7 ± 37.9	97.4 ± 33.4	265.9 ± 42.9*
Stiffness (N/mm)	20.0 ± 5.2	34.9 ± 6.0	21.4 ± 8.4	46.3 ± 4.4*
Elastic modulus (MPa)	139.9 ± 36.5	390.9 ± 126.1	188.5 ± 62.9	517.2 ± 89.0*
Bending strength (MPa)	10.0 ± 1.8	34.0 ± 10.0	15.3 ± 4.8	46.1 ± 5.6*

Values are mean ± SEM. n=5 for each group

*:p<0.05 vs. vehicle

Table 2: Correlations between 8-week mechanical properties of osteotomized femurs and postoperative serum Gla-OC levels

	Ultimate load	Stiffness	Elastic modulus	Bending strength
Gla-OC <i>Week 2</i>	0.6348 p=0.015*	0.4125 p=0.142	0.5050 p=0.061	0.7695 p=0.0013*
Gla-OC <i>Week 4</i>	0.7367 p=0.003*	0.6467 p=0.012*	0.6454 p=0.013*	0.6918 p=0.0061*
Gla-OC <i>Week 6</i>	0.7339 p=0.003*	0.6333 p=0.015*	0.6365 p=0.014*	0.7764 p=0.0011*
Gla-OC <i>Week 8</i>	0.2689 p=0.352	0.2668 p=0.357	0.5052 p=0.062	0.4603 p=0.098

Upper; Peason r, Lower; p value.

* indicates statistically significant correlation $p < 0.05$