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# **Nanostructure and Elastic Modulus of Single Trabecula in Bovine Cancellous Bone**

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## Abstract

We aimed to investigate the elastic modulus of trabeculae using tensile tests and assess the effects of nanostructure at the hydroxyapatite (HAp) crystal scale on the elastic modulus. In the experiments, 18 trabeculae that were at least 3 mm in length in the proximal epiphysis of three adult bovine femurs were used. Tensile tests were conducted using a small tensile testing device coupled with microscopy under air-dried condition. The *c*-axis orientation of HAp crystals and the degree of orientation were measured by X-ray diffraction. To observe the deformation behavior of HAp crystals under tensile loading, the same tensile tests were conducted in X-ray diffraction measurements. The mineral content of specimens was evaluated using energy dispersive X-ray spectrometry. The elastic modulus of a single trabecula varied from 4.5 to 23.6 GPa, and the average was  $11.5 \pm 5.0$  GPa. The *c*-axis of HAp crystals was aligned with the trabecular axis and the crystals were lineally deformed under tensile loading. The ratio of the HAp crystal strain to the tissue strain (strain ratio) had a significant correlation with the elastic modulus ( $r = 0.79$ ;  $P < 0.001$ ). However, the mineral content and the degree of orientation did not vary widely and did not correlate with the elastic modulus in this study. It suggests that the strain ratio may represent the nanostructure of

a single trabecula and would determine the elastic modulus as well as mineral content

and orientation. (236 words)

**Keywords:**

Biomechanics, Cancellous bone, Single trabecula, Elastic modulus, Hydroxyapatite,

X-ray diffraction

## 1. Introduction

Mechanical properties such as elastic modulus, yield strain, and strength of the cancellous bone are essential to understand the changes in bone fracture risk with aging and/or osteoporosis and to evaluate the effects of osteoporotic medicines as well as bone volume fraction and bone mineral density. It is well known that the apparent elastic modulus of the cancellous bone is measured within the range of several hundred MPa to several GPa, and it is much lower than that of the cortical bone. The apparent mechanical properties of the cancellous bone and their relation with structural properties such as bone volume fraction, mineralization, architecture of trabecular networks, and shape of trabeculae in the cancellous bone have been investigated using uniaxial mechanical tests and micro-computed tomography (CT) scans with cubic or cylindrical specimens of the cancellous bone (e.g., Halgrin et al., 2012; Topoliński et al., 2011; Lievers et al., 2010; Perilli et al., 2007; Mitra et al., 2005). The mechanical properties of a single trabecula that constitutes trabecular networks and their nanostructure composed of hydroxyapatite (HAp) crystals and collagen fibrils are important factors in determining the mechanical properties of the cancellous bone. However, only a few

studies have performed mechanical tests of a single trabecula because the mechanical tests of such small specimens are challenging, as reviewed by Carretta et al. (2013a) and Lucchinetti et al. (2000). Furthermore, the nanostructural effects on the mechanical properties of a single trabecula have not been investigated and elucidated, although various studies have been conducted on multiscale mechanical characterization in the cortical bone (e.g., Barkaoui et al., 2014; Yamada et al., 2013; Tadano and Giri, 2011; Feng and Jasiuk, 2011; Gibson et al., 2006; Hoc et al., 2006). Therefore, the present study focused on the mechanical properties of a single trabecula and on the nanostructural effects on its properties.

Tensile tests (Carretta et al., 2013b, 2013c; McNamara et al., 2006; Hernandez et al., 2005; Bini et al., 2002; Rho et al., 1993) and bending tests (Carretta et al., 2013b, 2013c; Hambli and Thurner, 2013; Lorenzetti et al., 2011; Szabó et al., 2011; Jungmann et al., 2011; Busse et al., 2009; Choi and Goldstein, 1992) of a single trabecula were conducted and some studies compared with finite element models (Carretta et al., 2013b, 2013c; McNamara et al., 2006; Hambli and Thurner, 2013; Lorenzetti et al., 2011; Jungmann et al., 2011) to investigate the elastic and post-yield

mechanical properties. Nanoindentation tests were also conducted to obtain the elastic modulus and hardness (Tjhia et al., 2011; Smith et al., 2010; Wolfram et al., 2010; Brennan et al., 2009; Rho et al., 1999); however, the measured values did not necessarily correspond to those obtained in the testing of the whole trabecula. Tensile tests have some advantages over bending tests; for instance, mechanical anisotropy and the inhomogeneous shape of specimens do not severely affect the elastic modulus in the loading direction. In this study, we conducted tensile tests of the whole trabecula to measure the elastic modulus of a single trabecula.

HAp crystals have a hexagonal crystal structure. X-ray diffraction (XRD) is a promising tool for characterizing bone nanocomposites (Tadano and Giri, 2011). Using XRD techniques, it has been reported that on diaphyseal cortical bone, the *c*-axis of HAp crystals aligns along the bone axis, and that the degree of orientation is correlated with the elastic modulus in the bone axis (Yamada et al., 2013). Furthermore, many studies (Yamada et al., 2014, 2013, 2011a, 2011b; Yamada and Tadano, 2013, 2010; Giri et al., 2012, 2009; Dong et al., 2011; Stock et al., 2011; Tadano et al., 2008; Almer and Stock, 2007, 2005; Fujisaki and Tadano, 2007; Gupta et al., 2006; Fujisaki et al., 2006)

have attempted to measure the deformation of HAp crystals in the cortical bone using XRD. For instance, Fujisaki and Tadano (2007) presented the relationship between bone tissue strain and HAp crystal strain under tensile loads *in vitro*. In addition, Almer and Stock (2007, 2005) investigated the strain and stress of the mineral phase under compressive loads *in vitro*. However, the orientation and deformation behavior of HAp crystals in a single trabecula have not been elucidated. As reported in a few studies, Rokita et al. (2005) noted the existence of preferential crystal orientation in the trabecular network of human vertebra using synchrotron X-rays. Akhtar et al. (2011, 2008) described the behavior of averaged HAp crystal strains in the cubic specimen of the cancellous bone under uniaxial compression using synchrotron X-rays. To better understand the nanostructure and its effects on the elastic modulus of a single trabecula, we investigated HAp crystal contents, orientation, and deformation behavior in a single trabecula and compared with the previous findings of the cortical bone.

Therefore, the present study aimed to investigate the nanostructural effects on the elastic modulus of a single trabecula, such as the mineral content and the HAp crystal orientation and deformation behavior in a single trabecula using XRD and

energy dispersive X-ray spectrometry (EDS).

## **2. Materials and methods**

### **2.1 Specimen preparation**

In the experiments, 18 trabeculae that were at least 3 mm in length in the proximal epiphysis of three adult bovine femurs (2-year old) were used (Fig. 1). To measure the orientation of the longitudinal direction of a single trabecula (trabecular axis) in the femoral epiphyses, the trabecular networks in the epiphyses were observed using a microfocus X-ray CT instrument (inspeXio SMX-225CT, Shimadzu, Japan) before specimen extraction. The diaphysis of the femurs was scanned using a tube voltage of 160 kV, a tube current of 40  $\mu$ A, and a voxel size of 0.398 mm/voxel. The centroid point of the perimeter line of the diaphysis in each cross-section was obtained from the CT images by using ImageJ software and the longitudinal direction of the diaphysis, which was defined as the bone axis, was calculated by approximating a straight line through those points, as shown in Fig. 1(c). Following this, the cancellous bone region was scanned at a voxel size of 0.146 mm/voxel. The trabecular orientation

$\alpha$  was calculated as the angle between the trabecular axis and the bone axis, as shown in Fig. 1(a). After the CT scans, the specimens were collected and fixed to thin metal jigs using superglue, as shown in Fig 1(b). Two small ink marks were placed on the surface of the ends of the specimens to serve as gauge points.

## 2.2 Trabecular morphology measured by $\mu$ -CT

To measure the cross-sectional area and the shape of a single trabecula, the specimens fixed to the jigs were scanned using a microfocus X-ray CT instrument (inspeXio SMX-90CT, Shimadzu, Japan) at a high resolution with a tube voltage of 90 kV, tube current of 110  $\mu$ A, and voxel size of 0.011 mm/voxel. The average cross-sectional area ( $A$ ), circularity ( $Cir$ ), and aspect ratio ( $AR$ ) in each specimen were calculated from the CT images using ImageJ software.

## 2.3 Elastic modulus measured using tensile test

The tensile tests were conducted using a small tensile testing device, which consisted of a linear stage (ALS-4011-G1M, Chuo Precision Industrial, Japan) with

high resolution (2  $\mu\text{m}$ ) and repeatability (0.3  $\mu\text{m}$ ) and a load cell (LTS-1KA, Kyowa, Japan) with high repeatability (0.5% or less) and small hysteresis (within 0.5%), and viewed under a microscope (VH-5000, Keyence, Japan), as shown in Fig. 2. The tissue strain was measured from the distance between the gauge points using the microscope at 1 N intervals from 1 to 8 N. The tissue stress was calculated as the applied load divided by the average cross-sectional area  $A$ , and the elastic modulus  $E$  of a single trabecula was calculated. The tensile tests were conducted three times under the air-dried condition, and the average  $E$  was used for each specimen.

#### 2.4 HAp crystal orientation measured by XRD

As shown in Fig. 3(a), the specimen was perpendicularly irradiated for 10 min with characteristic X-rays of Mo-K $\alpha$  ( $\lambda = 0.071$  nm) using an X-ray diffractometer (Ultima IV, Rigaku, Japan) with a collimator of 0.5 mm diameter, at a tube voltage of 40 kV and a tube current of 40 mA. The measurements were conducted three times, and the average value was used for each specimen.

The incident X-rays were diffracted in lattice planes of HAp crystals in

accordance with Bragg's equation. The traveling direction and the intensity of the diffracted X-rays depend on the direction and the number of the lattice planes, respectively. The XRD pattern of the specimen was detected using an X-ray imaging plate (IP) (BAS-SR 127 × 127 mm<sup>2</sup>, Fujifilm, Japan) and was read using a scanner (R-axis DS3C, Rigaku, Japan). When the *c*-axis of the HAp crystals aligned along a specific direction in the specimen, the XRD pattern of the (002) plane, which was perpendicular to the *c*-axis, appeared as arcs. In the present study, the *c*-axis orientation of HAp crystals was defined as the direction of the highest intensity of diffracted X-rays from the (002) plane and the degree of *c*-axis orientation of the crystals with respect to the trabecular axis was calculated from Eq. (1) using the XRD pattern of the (002) plane (Yamada et al., 2013; Tadano and Giri, 2011).

$$\langle \cos^2 \beta \rangle = \frac{\int_0^{2\pi} I(\beta) \cos^2 \beta |\sin \beta| d\beta}{\int_0^{2\pi} I(\beta) |\sin \beta| d\beta} \quad (1)$$

Here,  $I(\beta)$  is the intensity of the diffracted X-rays from the (002) plane at the azimuth angle  $\beta$  in the XRD pattern. If every crystal is completely oriented in the trabecular axis,

$\langle \cos^2 \beta \rangle$  is equal to 1.

## 2.5 HAp crystal deformation behavior measured by XRD

To measure the HAp crystal strains under the tensile test, the tensile tests were also conducted during the XRD measurements under the same air-dried condition.

The HAp crystal strain  $\epsilon^H$  in the trabecular axis was calculated from the changes of the interplanar spacing  $d$  of the (002) plane in the direction, as in Eq. (2), where  $\theta$  is the half of diffraction angle and the subscript 0 indicates the nonstrained condition.

$$\epsilon^H = \frac{d - d_0}{d_0} = \frac{\sin \theta_0 - \sin \theta}{\sin \theta} \quad (2)$$

XRD measurements were performed at 1 N intervals from 1 to 8 N using the same tensile testing device attached to the X-ray diffractometer, as shown in Fig. 3(b).

The specimens were irradiated with X-rays using a collimator of 1 mm diameter, at tube voltage of 40 kV and a tube current of 40 mA. The XRD profiles were measured using a

scintillation counter with  $2\theta$  value between  $11.0^\circ$  and  $12.5^\circ$ , which included the diffraction angle of the (002) plane of HAp crystals. The measurements were conducted three times at each loading condition, and the three XRD profiles were summed as a profile. The diffraction angle  $2\theta$  was defined as the angle at the peak position of the profile, and the peak position was determined by applying the full width at two-thirds maximum (FWTMM) method (Yamada et al., 2011a). The applied tissue strain was calculated from the tensile force obtained by the load cell,  $A$  measured by CT scan and  $E$  measured in the tensile test without XRD. The ratio of the HAp crystal strain to tissue strain (strain ratio),  $\varepsilon^H/\varepsilon$ , was calculated by linear approximation.

## 2.6 Mineral content evaluated by EDS

After the abovementioned measurements, the specimens were embedded in epoxy resin for 24 h and cut at the middle section using a low-speed diamond wheel saw (Model 650, South Bay Technology, USA). The transverse cross-section was ground using emery papers (up to #2000) and buffed using a buffing machine (Model 900, South Bay Technology, USA). The cross-section was observed using a

low-vacuum scanning electron microscope (SEM) (JSM-6360LA, JEOL, Japan) at an accelerating voltage of 15 kV in low vacuum (30 Pa) without evaporation coating. To determine the composition of the chemical elements in the specimens, EDS was performed on five points in the cross-section using the EDS detector attached to the SEM system. To evaluate the mineral content of the specimens, the weight content of calcium and phosphorus  $v_{Ca+P}$ , which are derived from HAp, in the detectable elements was calculated by averaging the five regions in each specimen.

## 2.7 Cortical bone specimens

Five cortical bone specimens ( $40 \times 2 \times 1 \text{ mm}^3$ ) examined in a previous study (Yamada et al., 2013), which were taken from the middiaphysis of a 2-year-old bovine femur, were used. The elastic modulus of the bone axis,  $\langle \cos^2 \beta \rangle$ , and  $\varepsilon^H/\varepsilon$  had been measured under air-dried condition. The transverse cross-section was observed and  $v_{Ca+P}$  was measured with the same procedure.

## 3. Results

Table 1 shows the number of samples examined for each experiment after excluding the unavailable data, mean values, and standard deviations of each parameter of the trabeculae.

The trabecular orientation  $\alpha$  ranged from  $5.3^\circ$  to  $85.1^\circ$ , and the average was  $53.6 \pm 24.7^\circ$ . The trabeculae used in this study were almost randomly oriented in the cancellous bone. The circularity  $Cir$  and aspect ratio  $AR$  were  $0.825 \pm 0.066$  and  $1.58 \pm 0.33$ , respectively. Therefore, the trabeculae examined in this study had a rod-like shape and not a plate-like shape. Furthermore, there was a statistically positive correlation between  $\alpha$  and  $A$  ( $r = 0.69$ ;  $P < 0.01$ ).

As shown in Fig. 4, the tensile tests showed a highly linear stress–strain relation. The elastic modulus  $E$  of the trabeculae varied from 4.5 to 23.6 GPa, and the average was  $11.5 \pm 5.0$  GPa.

Figure 5 shows a typical XRD pattern of a single trabecula. The angle between the  $c$ -axis orientation of HAp crystals and the trabecular axis was  $4.03 \pm 3.10^\circ$ . The  $c$ -axis of the HAp crystals aligned with the trabecular axis and did not depend on  $\alpha$ , although the axis in the diaphyseal cortical bone was aligned with the bone axis.

Furthermore, as shown in Fig. 6(a), there was no statistical correlation between  $E$  and  $\langle \cos^2\beta \rangle$ . Figure 6(b) shows a typical deformation behavior of HAp crystals in a single trabecula under tensile loading. HAp crystals were linearly deformed with respect to the applied tissue strain ( $R^2 = 0.75 \pm 0.20$ ), although the  $R^2$  value was too small in the specimens with low  $\varepsilon^H/\varepsilon$ . As shown in Fig. 6(c), there was a significantly positive correlation between  $E$  and  $\varepsilon^H/\varepsilon$  ( $r = 0.79$ ;  $P < 0.001$ ). Furthermore, including the data of cortical bone specimens (Yamada et al., 2013), there was a significant correlation ( $r = 0.86$ ;  $P < 0.001$ ). EDS analysis showed that  $v_{\text{Ca+P}}$  was  $55.8 \pm 1.5$  wt% in a single trabecula and  $62.0 \pm 1.2$  wt% in the cortical bone. The  $v_{\text{Ca+P}}$  had positive correlations with  $A$  ( $r = 0.75$ ;  $P < 0.001$ ) and  $\alpha$  ( $r = 0.49$ ;  $P < 0.05$ ) in the trabeculae. However, as shown in Fig. 6(d), there was no statistical correlation between  $E$  and  $v_{\text{Ca+P}}$ .

#### 4. Discussion

We measured the elastic modulus of trabeculae in the longitudinal direction taken from the cancellous bone of bovine proximal femurs and investigated the relationship with the nanostructural effects such as mineral content and HAp crystal

orientation and deformation behavior.

The possible sources of errors in this tensile test were sample fixation and alignment, loading pattern and speed, and resolution of CT images. The standard deviation of elastic modulus in the three measurements of each specimen was  $1.2 \pm 1.2$  GPa and  $R^2$  value of the stress–strain relations was  $0.98 \pm 0.02$ , suggesting sufficiently high repeatability and linearity of the stress–strain relations. Tensile tests have some advantages over bending tests; however, as Lucchinetti et al. (2000) pointed out, tensile tests of a single trabecula have two main sources of errors: effects of sample fixation and alignment. The deformation of the load cell and the superglue used to fix the specimens onto the jigs during the tests should be considered in the analysis and interpretation of the results. Hence, in the present study, two small ink marks were placed on the surface of the ends of the specimens to serve as gauge points, and the changes in gauge length were measured by microscopy as the specimen underwent displacement. In addition, the specimens were carefully fixed and set on the jigs in terms of sample alignment. Furthermore, we applied tensile loads to the specimens in the stages at a loading speed of 0.2 N/s. Szabó et al. (2011) reported that there was no

correlation between the elastic modulus and strain speed in the three-point-bending tests of trabeculae, suggesting that the loading conditions in the present study might not have had any effect on the elastic modulus. The resolution of CT images may also affect the average cross-sectional area of the specimens and the values of elastic modulus.

In the literature, the elastic modulus of a single trabecula varied in the range of 2–16 GPa under a dry condition (Carretta et al., 2013b, 2013c; Busse et al., 2009; Bini et al., 2002; Rho et al., 1993) and in the range of 1–17 GPa under a wet condition (Lorenzetti et al., 2011; Szabó et al., 2011; Jungmann et al., 2011; McNamara et al., 2006), including different species, ages, locations, size, and mechanical tests. In particular, Carretta et al., (2013c), using tensile tests, indicated that the elastic modulus of dried trabeculae of bovine femurs was 11.8 GPa, and Szabó et al. (2011), using bending tests, indicated that the elastic modulus of wet specimens of bovine femurs varied from 1.1 to 16.5 GPa. These results correspond to those of the present study. One of the limitations of this study was the use of air-dried specimens. The drying process was the same for all the specimens, and the strong correlations may not have been affected in the study. Furthermore, the results of the study were compared with those of

the cortical bone specimens examined in a previous study (Yamada et al., 2013) using almost the same procedure.

In this study, there was no statistical correlation between mineral content and elastic modulus of a single trabecula. However, mineral content was significantly smaller than that of the cortical bone specimens as well as the elastic modulus. Furthermore,  $\langle \cos^2\beta \rangle$  had no correlation with the elastic modulus of a single trabecula and was significantly smaller than that of the cortical bone specimens, although there was a significant correlation between them in the cortical bone specimens. This suggests that mineral content and orientation holistically decrease the elastic modulus of the trabecular tissue in comparison with that of the cortical bone; however, the variation of the elastic modulus in a single trabecula could not be sufficiently explained by these factors. The maturation of bone minerals such as chemical impurities and crystallinity will also affect the mechanical properties; however, the variation in the full width at half maximum (FWHM) of the (002) plane peak in XRD profiles was small (1.6%) in the used trabeculae. The effects of maturation of bone mineral are expected to be almost the same in this study.

This study indicated the linear deformation of HAp crystals in a single trabecula with respect to the applied tissue strain under tensile loading and the significant correlation between strain ratio and elastic modulus. Gupta et al. (2006) investigated the strains of HAp crystals and collagen fibrils using synchrotron X-rays and discussed the nanocomposite model of the cortical bone tissue. Hambli and Barkaoui (2012) developed a finite element model of a single mineralized collagen microfibril and discussed the effects of the nanostructure on the mechanical behavior. The strain ratio would represent the nanostructure formed by HAp crystals, collagen fibrils, extrafibrillar matrix, and intermolecular cross-links and would determine the elastic modulus of a single trabecula as well as mineral content and orientation. In the present study, the strain ratio was measured under tensile loading. The deformation behavior in the nanocomposites and the effects of crystal orientation might be affected by tensile/compressive loading. The effects of loading pattern on the properties should also be examined further. The investigation of the deformation behavior of collagen fibrils and extrafibrillar matrix in a single trabecula may be an essential topic to consider in future studies for further elucidating the nanocomposite model of a single

trabecula.

We examined 18 relatively long trabeculae taken from three bovine femurs of the same age and the cancellous bone from where the specimens were extracted had a lower bone volume fraction. In the present study, the mineral content and HAp crystal orientation did not vary widely and did not correlate with the elastic modulus in the trabeculae. The results may relate to the limitations, while the effects of strain ratio on elastic modulus could be observed. Furthermore, the mineral content had a positive correlation with cross-sectional area and trabecular orientation. This suggests that the mineralization may increase with the growth of a single trabecula by reflecting *in vivo* mechanical environments; however, these parameters had no correlation with the elastic modulus. This might also relate to the limitations. To investigate the effects of trabecular size, shape, and region of extraction in the cancellous bone on the nanostructure and the resulting mechanical properties of a single trabecula should be examined to better understand the contributions of the nanostructure to the mechanical properties of a single trabecula and the cancellous bone.

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## **Conflict of Interest Statement**

No actual or potential conflicts of interest exist.

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## Figure and table legends

### **Figure 1** Specimen preparation and determination of trabecular orientation

(a) Trabeculae that were at least 3 mm in length were collected from the proximal epiphysis of three adult bovine femurs. The trabecular orientation  $\alpha$  was defined as the angle between the trabecular axis and the bone axis. (b) The specimens were fixed onto thin metal jigs using superglue for tensile tests. Two small ink marks were placed on the surface of the ends of the specimens to serve as gauge points. (c) To determine the bone axis, which was defined as the longitudinal direction of the diaphysis, the part of diaphysis of the femurs was CT-scanned. The centroid point of the perimeter line of the diaphysis in each cross-section was obtained from the CT images, and the bone axis was calculated by approximating a straight line through those points.

### **Figure 2** The tensile testing device for a single trabecula

It consisted of a uniaxial stage and a load cell. The tissue strain was measured from the distance between the gauge points by microscopy.

**Figure 3** Measurement setup for XRD experiments to obtain (a) the HAp crystal orientation and (b) the HAp crystal strain

**Figure 4** Typical stress–strain relationships of a single trabecula under tensile loading

The tensile tests of each sample were conducted three times and the same color dots indicate the values in a test.

**Figure 5** Typical XRD pattern of a single trabecula detected with X-ray IP

The X-rays diffracted from the (002) plane appeared as arcs in the upper and bottom parts of the IP image. The  $c$ -axis of HAp crystals was aligned with the trabecular axis.

**Figure 6** (a) Relationship between  $E$  and  $\langle \cos^2\beta \rangle$ . (b) Typical relationship between

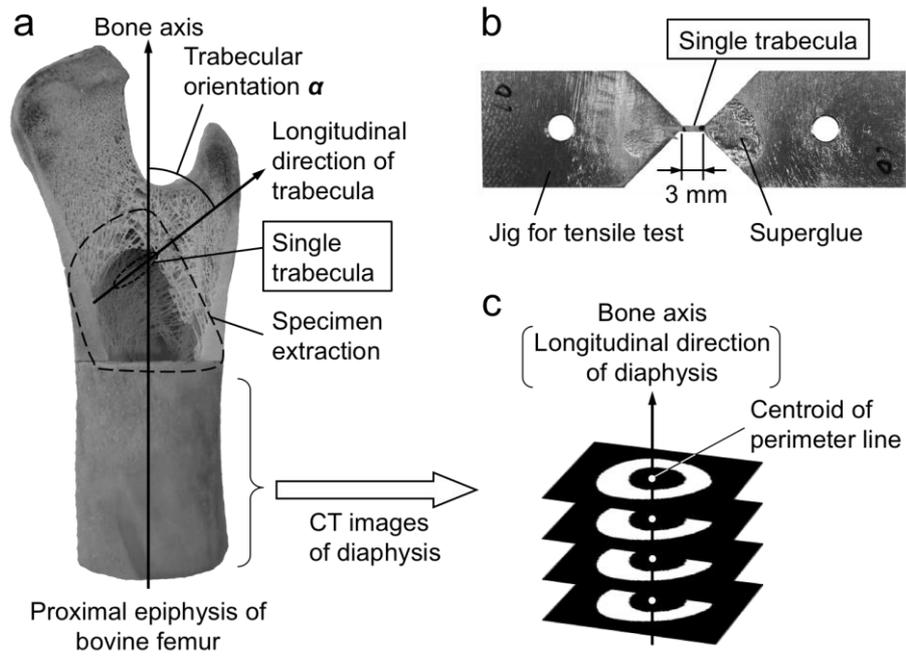
HAp crystal strain  $\varepsilon^H$  and applied tissue strain  $\varepsilon$  in a single trabecula under tensile loading. The HAp crystal strain linearly increased with the applied tissue strain. The trend of the relation was calculated as the strain ratio  $\varepsilon^H/\varepsilon$ . (c) Relationship between  $E$

and  $\varepsilon^H/\varepsilon$ . Strong positive correlations were observed in the trabeculae ( $r = 0.79$ ;  $P < 0.001$ ) and in all data, including the results of the cortical bone specimens ( $r = 0.86$ ;  $P < 0.001$ ). (d) Relationship between  $E$  and  $\nu_{Ca+P}$ . The values of  $E$ ,  $\varepsilon^H/\varepsilon$ , and  $\langle \cos^2\beta \rangle$  of the cortical bone in the bone axis were taken from the results of a previous study (Yamada et al., 2013).

**Table 1** The number of samples examined in each experiment after excluding the unavailable data:  $\mu$ -CT scan, tensile test, X-ray diffraction (XRD) measurements, and energy dispersive X-ray spectrometry (EDS). The mean values and standard deviations of each parameter are indicated: trabecular orientation ( $\alpha$ ), average cross-sectional area ( $A$ ), circularity ( $Cir$ ), aspect ratio ( $AR$ ), elastic modulus ( $E$ ), degree of  $c$ -axis orientation of the crystals with respect to the trabecular axis ( $\langle \cos^2\beta \rangle$ ), strain ratio ( $\varepsilon^H/\varepsilon$ ), and weight content of calcium and phosphorus ( $\nu_{Ca+P}$ ). \* In three specimens, the intensity of diffracted X-rays was too low for analysis. † A specimen was broken before the experiment. Furthermore, although the other two specimens were broken during the experiments,  $\varepsilon^H/\varepsilon$  was calculated from the available data before rupture.

## Figures and Tables

Figure 1



**Figure 2**

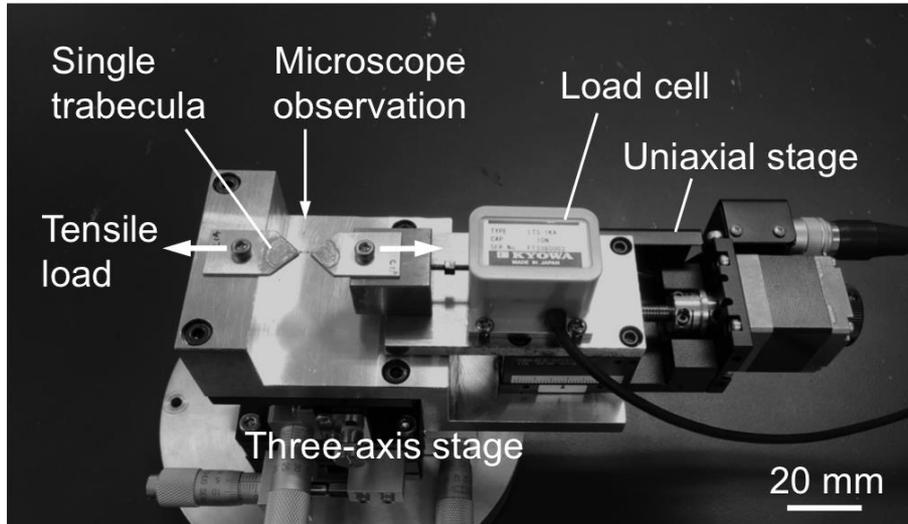


Figure 3

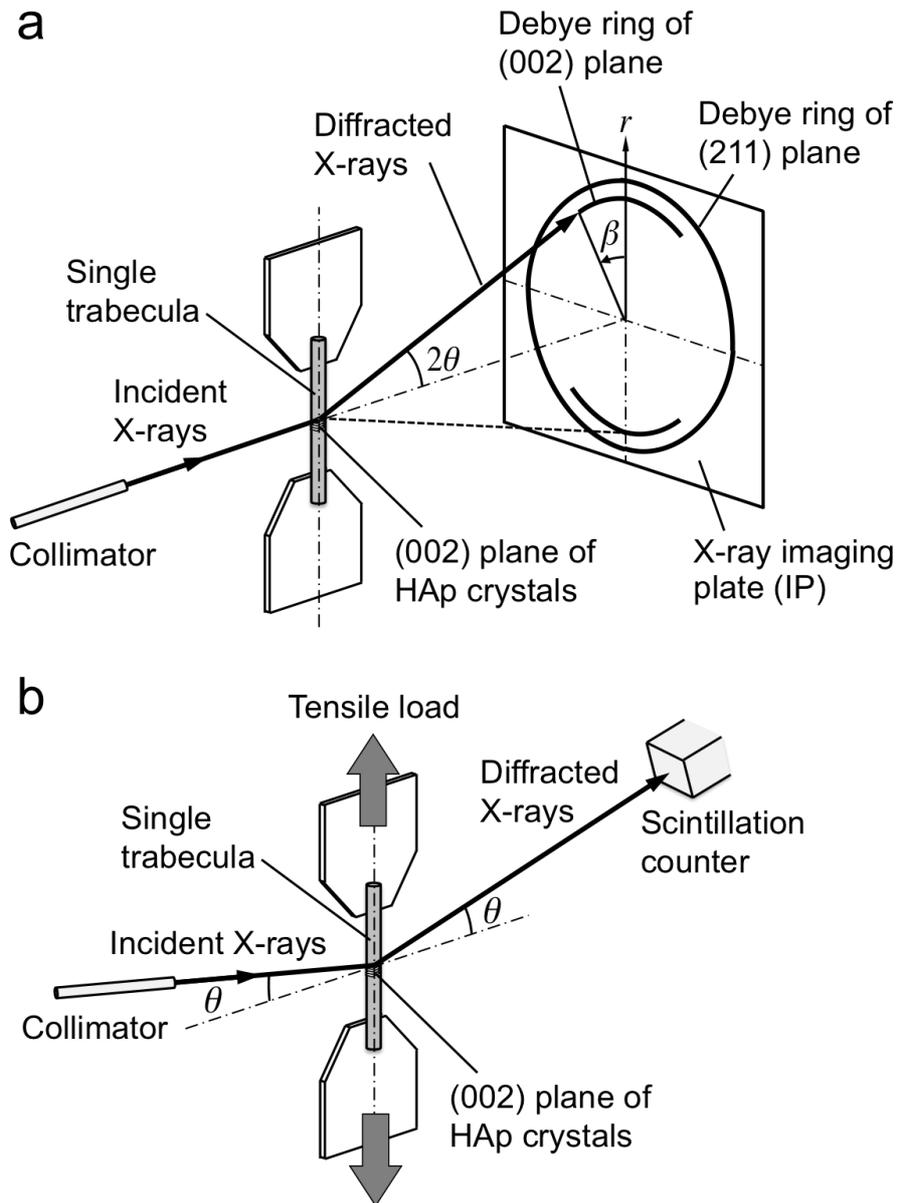
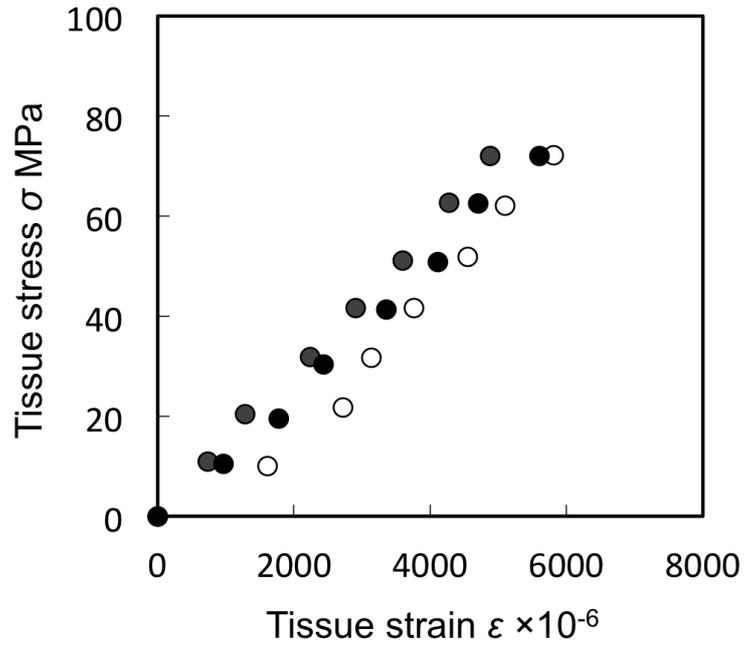


Figure 4



**Figure 5**

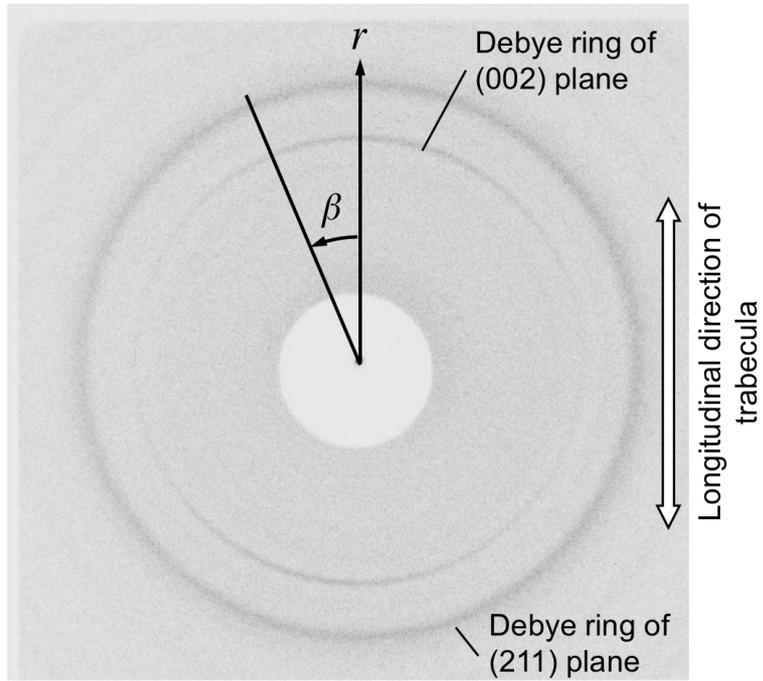
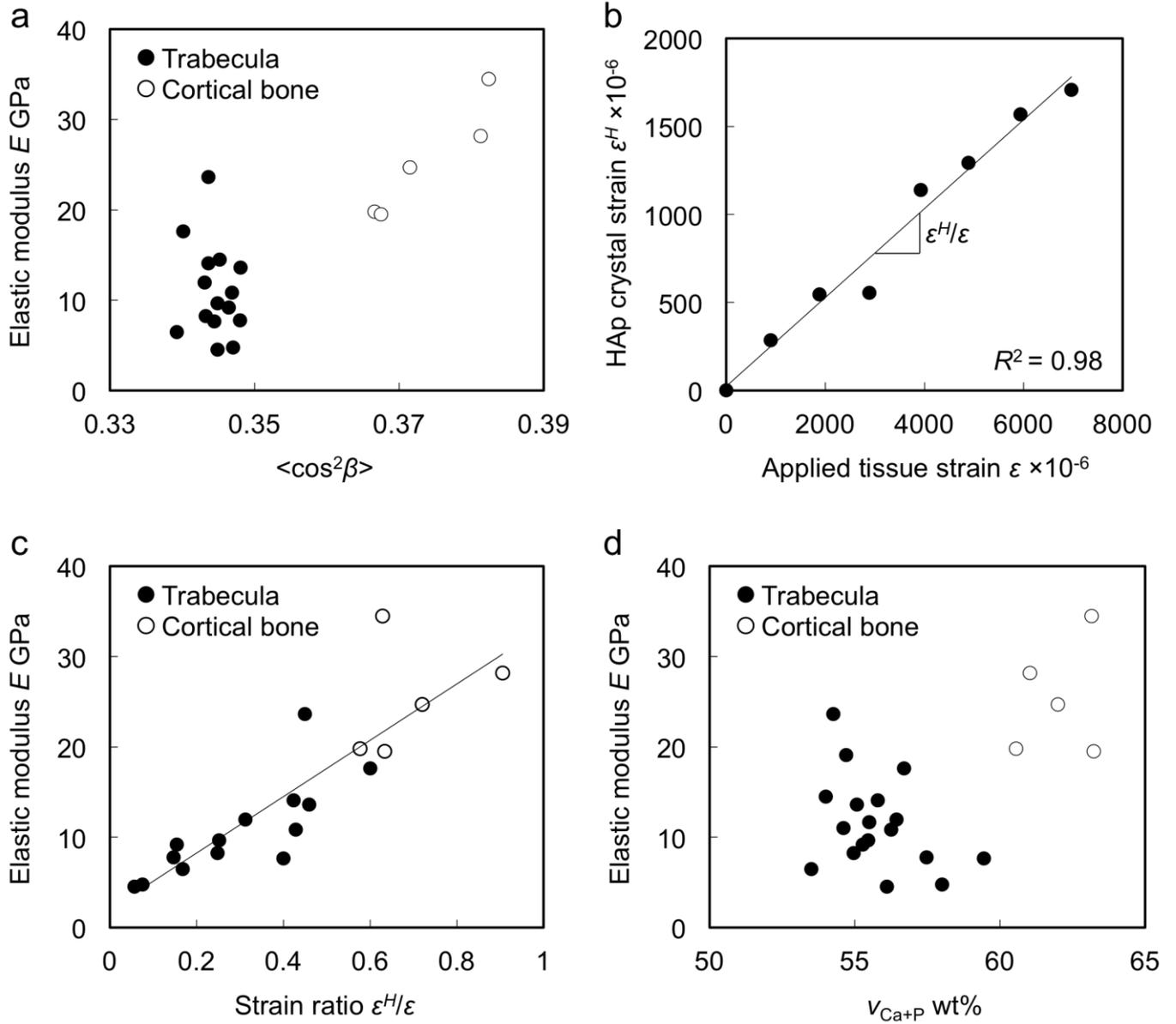


Figure 6



**Table 1**

Experiments	$\mu$ -CT				Tensile test	XRD		EDS
Parameters	$\alpha$ ( $^{\circ}$ )	$A$ ( $\text{mm}^2$ )	<i>Cir</i>	<i>AR</i>	$E$ (GPa)	$\langle \cos^2\beta \rangle$	$\varepsilon^H/\varepsilon$	$v_{\text{Ca+P}}$
No. specimens	18	18	18	18	18	15*	14*, <sup>†</sup>	18
Mean	53.6	0.152	0.825	1.58	11.5	0.345	0.298	55.8
s.d.	24.7	0.085	0.066	0.33	5.0	0.003	0.166	1.5