



Title	Profiles of circulating insulin-like growth factor-I during smoltification of masu salmon reared under different conditions
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2 Profiles of circulating insulin-like growth factor-I during smoltification of masu salmon reared under  
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4

5 **Authors**

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15

15 **Abstract**

16 We compared profiles of serum insulin-like growth factor (IGF)-I levels during smoltification of masu  
17 salmon reared under different environments, hatcheries and growth histories. Masu salmon from the  
18 Kenichi River in Hokkaido showed a sharp increase in serum IGF-I from April to May followed by a  
19 peak of gill  $\text{Na}^+, \text{K}^+$ -ATPase (NKA) activity. Fish at Kumaishi Hatchery had an IGF-I profile similar to  
20 that of the river fish while the increase in gill NKA was lower. At Shimamaki Hatchery, interval feeding  
21 during winter appeared to suppress the spring IGF-I peak. At Kumaishi Hatchery, a difference in size  
22 during smoltification affected IGF-I levels at release, but numbers of adult returned to the release site  
23 were not significantly different. In the following year, three release groups differing winter size and/or  
24 spring growth (Large-High, Large-Low and Small-High) were created. Large- and Small-High fish  
25 showed a higher IGF-I peak than Large-Low fish in April while smolt-to-adult return of Large-High fish  
26 was highest. These results suggest that in smolting masu salmon in freshwater, circulating IGF-I level  
27 alone is not a predictor of long-term survival in seawater. However, since growth history in freshwater  
28 affected the smolt-to-adult return, optimizing rearing conditions is a critical component of hatchery  
29 releases for masu salmon.

30

31 **Keywords:** masu salmon; smoltification; insulin-like growth factor-I;  $\text{Na}^+, \text{K}^+$ -ATPase; survival

32

32 **Introduction**

33 Masu salmon *Oncorhynchus masou* is an important target species of coastal fisheries off the northern  
34 Japan. However, its resource has been unstable and decreasing since 1970s [1, 2]. Hatchery program is  
35 commonly used to enhance resources of anadromous salmonid species and has been successful for  
36 Japanese chum salmon *O. keta* populations [3]. A large amount of effort has also been invested in  
37 hatchery releases for masu salmon, although it is far less successful [1, 2]. What makes hatchery releases  
38 for masu salmon difficult is its long residency in freshwater. In contrast to chum and pink salmon *O.*  
39 *gorbuscha* that migrate to the sea in their first spring, masu salmon reside in freshwater more than one  
40 year and need to go through the smoltification process before entering the ocean. Smoltification is a  
41 transition process by which the river-resident form of juvenile salmon (parr) transforms to the sea-run  
42 form (smolt) in freshwater. This process involves a suite of morphological, behavioral, ecological and  
43 physiological changes adaptive to ocean life [4-7].

44 In order for hatcheries to be successful in enhancing masu salmon resources, it is important to  
45 identify smolt traits that are advantageous to post-release migration and the ocean life, and such traits  
46 could be used to evaluate “smolt quality” of reared fish. Among several candidates proposed, seawater  
47 adaptability is the most widely used trait. Ability to maintain the internal osmotic pressure is essential for  
48 smolts to cope with the challenges of hypoosmotic environment and its failure results in immediate death  
49 or growth retardation in seawater [8]. Adaptation to seawater is achieved through coordination of the gills,  
50 kidney and intestine. The gills are important sites for extrusion of monovalent ions such as  $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{Cl}^-$   
51 [9]. Extruding ions from the gills relies primarily on the activity of an ion pump,  $\text{Na}^+, \text{K}^+$ -ATPase (NKA),  
52 that is located in the basolateral membrane of ionocytes [10-12]. NKA pumps out three  $\text{Na}^+$  from the cell  
53 and incorporates two  $\text{K}^+$  into the cell using the energy from hydrolyzing an ATP. This ion gradient is  
54 further utilized by other ion cotransporters, channels and exchangers to regulate ion concentrations inside  
55 the body [10-12]. However, seawater adaptability may not be enough to secure smolts to return as adults  
56 since other environmental factors such as presence of predators, food availability and water temperature  
57 also affect their survival.

58 Another important trait affecting survival of post-smolt salmon is ability to grow in seawater.  
59 Several lines of evidence suggest that a majority of smolts die during the first year in the ocean due to  
60 growth-dependent mortality such as predation and nutritional deficiency [30-32]. Maximizing potential  
61 for growth in the ocean should improve smolt survival. There is evidence that bigger fish have higher gill  
62 NKA activity [34, 35] and the size at release positively affected smolt-to-adult return (SAR) in Chinook  
63 salmon *O. tshawytscha* [37]. In masu salmon, large smolts (32.6 g) had better adult recovery than small  
64 smolts (14.8 g) [38]. Based on these findings, bigger smolts are generally preferred for hatchery release.

65 However, some studies proposed that growth in spring rather than absolute size is more important for  
66 producing high quality smolts that return as adults [37, 39]. A rationale of this proposal is that enhanced  
67 spring growth promotes smolt-related traits such as gill NKA activity and migratory behavior [26, 40].  
68 However, such rearing protocols have not been assessed for masu salmon. Moreover, the mechanism by  
69 which growth affects seawater adaptability is not fully understood.

70 The growth hormone (GH)-insulin-like growth factor (IGF)-I system plays a major role in  
71 promoting animal growth. In this endocrine system, IGF-I is mainly produced by the liver in response to  
72 GH stimulation, released into bloodstream as a hormone and mediates many of GH actions [21-23]. IGF-I  
73 is also produced by local tissues and acts through autocrine/paracrine pathways [22, 23]. In salmonids and  
74 other euryhaline fishes, the GH-IGF-I system also improves seawater adaptability by activating branchial  
75 NKA and inducing morphological development of the seawater-type ionocyte in concert with cortisol  
76 [13-17]. Circulating IGF-I often shows an increase during smoltification and is thought to activate NKA  
77 in the gills [26-29]. Thus, circulating IGF-I is suggested to be a critical molecule linking growth with  
78 seawater adaptation.

79 We previously reported a profile of circulating IGF-I during smoltification of hatchery-reared  
80 masu salmon and found a positive relationship between IGF-I and gill NKA activity [29]. However, it is  
81 not known to what extent the IGF-I profile varies or how much it correlates with adult return. The aims of  
82 the present study were to compare circulating IGF-I profiles during smoltification of masu salmon reared  
83 under different conditions and examine if the level or profile of IGF-I could be used as an index of “smolt  
84 quality” that predicts adult return of hatchery-reared masu salmon.

85

## 86 **Materials and methods**

### 87 *Fish*

88 Naturally-reared yearling masu salmon were caught monthly ( $n = 6-9$ ) from February to May 2008 at the  
89 Kenichi River (42°N, 140°E; Futami-gun, Hokkaido, Japan) by electric shocker (Model 12, Smith-Root  
90 Inc., Vancouver, WA, USA) and immediately transferred to the South Branch of Salmon and Freshwater  
91 Fisheries Institute, Hokkaido Research Organization (Kumaishi Hatchery) located by the river.  
92 Age-matched hatchery fish were also sampled ( $n = 7-10$ ) on the same day. Fish were anesthetized by  
93 3.3% 2-phenoxyethanol (Kanto Chemical, Tokyo, Japan) and measured for fork length and body weight.  
94 Condition factor was calculated as follows:  $(\text{body weight}) \times 1000 / (\text{fork length})^3$ . Gill arches were excised  
95 and a block of gill filaments was immediately frozen on dry ice and stored at -80°C until analyzed for  
96 NKA activity. Blood was withdrawn by a syringe from the caudal vein, allowed to clot overnight at 4°C  
97 and centrifuged at 8,050g for 10 min. Serum was collected and stored at -30°C until use. The samplings

98 were carried out in accordance with the guideline of Hokkaido University Animal Care and Use  
99 Committees.

100 In November 2010, underyearling masu salmon reared at Kumaishi Hatchery were sorted by  
101 size (>9.5 cm) and visual inspected to remove precociously maturing males and potential non-smolting  
102 fish in the following spring. They were further divided into large (>11.5 cm) or small (9.5 - 11.5 cm) size  
103 categories. Fish from each group were marked by removing part of adipose, dorsal or pelvic fin in order  
104 to identify the treatment of returning adults and reared separately in outdoor ponds (24.6 x 3.5 m) using  
105 the river water. They were fed twice (November-February) or four times (March-June) a day on a  
106 commercial diet (Nippon Formula Feed Mfg, Kanagawa, Japan) with rations at 0.3-2.3%/body  
107 weight/day. Fish were released to the Kenichi River on May 13, 2011 by opening the gates of the ponds.  
108 From January 2011 to May 2011, seven fish were sampled monthly.

109 In November 2011, underyearling masu salmon reared at Kumaishi Hatchery were sorted by  
110 size (>11.5 cm as large and 9.5 - 11.5 cm as small). They were further placed into one of three treatments:  
111 large size in winter and high feeding ration in spring (Large-High), large size in winter and low feeding  
112 ration in spring (Large-Low), and small size in winter and high feeding ration in spring (Small-High). We  
113 were unable to create the Small-Low group due to the limitation of space and labor since each group  
114 consisted of approximately 30,000 fish for release. Fish from each group were marked by removing part  
115 of adipose, dorsal or pelvic fin in order to identify the treatment of returning adults and reared separately  
116 in outdoor ponds (24.6 x 3.5 m) using the river water. The Large-High and Small-High groups were fed  
117 twice (November-February) or four times (March-May) a day on a commercial diet (Nippon Formula  
118 Feed Mfg) with rations at 0.3-2.3%/body weight/day. The Large-Low group received a restricted feeding  
119 ration at 0.2-1.9% depending on growth status. All fish were released to the Kenichi River on May 10,  
120 2012 by opening the gates of the ponds.

121 Yearling masu salmon were also reared at Shimamaki Hatchery (42°N, 140°E;  
122 Shimamaki-gun, Hokkaido, Japan) during the smoltification period. Fish were maintained in the river  
123 water from the Chihase River in outdoor ponds. In 2012, fish were fed every three or four days on a  
124 commercial diet (Nippon Formula Feed Mfg) with rations at 0.3-0.4% (%/body weight/day as average)  
125 during January-early March, 1.0% during mid March-April and 1.3% in early May. In 2013, fish were fed  
126 daily with rations at 0.3-0.4% during January-early March, 1.2% during mid March-April and 1.3% in  
127 early May. Fish were sampled as described above, the tail was cut and blood was withdrawn from the  
128 caudal vein using a plain glass tube. Blood was allowed to clot overnight at 4°C and centrifuged at 8,050g  
129 for 10 min. Serum was collected and stored at -30°C until use.

130

131 *Time-resolved fluoroimmunoassay (TR-FIA) for IGF-I*

132 Prior to the assay, serum IGF-I was extracted with an acid-ethanol as described in Shimizu et al. [41].  
133 IGF-I was quantified by TR-FIA based on the method described in Small and Peterson [42] using  
134 recombinant salmon/trout IGF-I (GroPep, Adelaide, SA, Australia) for standard and labeling with  
135 europium, and anti-barramundi IGF-I (GroPep) as a primary antiserum.

136

137 *NKA activity assay*

138 Gill NKA activity was measured according to Quabius et al. [43] with minor modifications. This method  
139 is based on the ability of NKA to hydrolyze ATP to give ADP and inorganic phosphorus with or without  
140 presence of ouabain at 37°C for 10 min. Liberated inorganic phosphorus reacted with ammonium  
141 molybdate was quantified by measuring absorbance at 630 nm using a spectrophotometer (Corona  
142 Electronic, Ibaraki, Japan). Protein concentration was measured by using BCA (bicinchoninic acid)  
143 Protein Assay Kit (Thermo Scientific, IL). The activity was expressed as Pi (μmol) per protein (mg) per  
144 period (h).

145

146 *Smolt-to-adult return (SAR)*

147 From September through October in 2012 and in 2013, spawning adult masu salmon returned to the  
148 Kenichi River near the hatchery drainage were caught daily using by net, identified for treatment and  
149 counted. SAR was calculated as follows: SAR = number of tagged-adults returned x 100/ number of  
150 tagged-smolts released.

151

152 *Statistical analysis*

153 Values from precociously maturing males were not included in the analysis since those disturb  
154 IGF-I-growth relationships [44]. Results of the experiments were first analyzed by two-way ANOVA by  
155 including month and treatment as factors. When significant effects were found, the data were further  
156 examined by one-way ANOVA (between treatments within a month or between months within a  
157 treatment) followed by the Fisher's protected least significant difference (PLSD) test using the JMP  
158 program (SAS Institute Inc., Cary, NC). Differences among groups were considered to be significant at  $P$   
159  $< 0.05$ . Simple regression analysis was also conducted using JMP program and the relations were  
160 considered to be significant at  $P < 0.05$ .

161 SARs of groups in the same year were compared by  $\chi^2$  test using Stat View (SAS Institute).

162 Differences among groups were considered to be significant at  $P < 0.05$ .

163

164 **Results**

165 *Water temperature*

166 Changes in water temperature at Kumaishi Hatchery using the Kenichi River water and Shimamaki  
167 Hatchery using the Chihase River water are shown in Figure 1. Overall, water temperature during January  
168 and February were similar in both hatcheries being < 4°C. It increased from March to May at Kumaishi  
169 Hatchery but stayed relatively low at Shimamaki Hatchery.

170

171 *River and hatchery in 2008*

172 FL, BW and condition factor of naturally- and hatchery-reared yearling masu salmon were similar in  
173 February and March (Fig. 2a,b,c). Condition factor was higher in naturally-reared fish from April and  
174 their FL and BW were also higher in May (Fig. 2c). Gill NKA activity was relatively low during  
175 February and April in naturally-reared fish but showed a sharp increase in May (Fig. 2d). In contrast, gill  
176 NKA activity in hatchery fish gradually, consistently increased from February to May. Serum IGF-I in  
177 wild fish was low in February and March and significantly increased in April through May, whereas  
178 hatchery fish showed a consistent increase in IGF-I from February to May (Fig. 2e). In both fish, serum  
179 IGF-I level positively correlated with body size ( $r^2 = 0.45-0.71$ ) and gill NKA activity ( $r^2 = 0.27-0.36$ ).

180

181 *Kumaishi Hatchery in 2011 and 2012*

182 In 2011, FL and BW were maintained low in Small-in-winter fish compared to Large-in-winter fish  
183 throughout the rearing period (January to May) except for BW in April (Fig. 3a,b,c). Condition factor was  
184 similar between treatments from January to May but became lower in Large-in-winter fish in May (Fig.  
185 3c). Gill NKA activity in both groups were low during January and March but Small-in-winter fish  
186 showed a sharp increase in April (Fig. 3d). In contrast, Large-in-winter fish showed a gradual increase in  
187 gill NKA from March to May. Serum IGF-I in Large-in-winter fish gradually increased from January to  
188 April but tended to decrease in May (Fig. 3e). In contrast, small-in-winter fish showed a consistent  
189 increase in serum IGF-I from January to May and IGF-I levels in May was higher than those in  
190 Large-in-winter fish. In both groups, serum IGF-I level positively correlated with body size ( $r^2 =$   
191  $0.39-0.73$ ) and gill NKA activity ( $r^2 = 0.26-0.47$ ).

192

193 In 2012, FL and BW were lower in the Small-High group from January to April but became  
194 insignificant in May (Fig. 4a,b,c). Condition factor was graded by the treatment throughout the  
195 experimental period being highest in Large-High fish and lowest in Large-Low fish (Fig. 4c). In all  
196 groups, gill NKA activity was gradually increased from February to April and showed a sharp increase in  
196 May (Fig. 4d). There were no significant differences in gill NKA among three groups during April and



197 May. Serum IGF-I in Large-High and Small-High fish consistently increased from February to April  
198 while that in Large-Low was significantly lower than two other groups during March and April (Fig. 4e).  
199 In May, IGF-I levels in all groups became as low as those seen in winter. Serum IGF-I level showed no  
200 significant relationships with body size or gill NKA activity.

201

#### 202 *Shimamaki Hatchery in 2012 and 2013*

203 In both years, FL and BW were kept constant from January to April and increased in May (Fig. 5a,b).  
204 Condition factor was high in 2013 fish from February to April (Fig. 5c). It decreased in 2013 fish in May  
205 whereas increased in 2012 fish. Serum IGF-I levels stayed low from February to April but sharply  
206 increased in May in 2012 (Fig. 5d). In 2013, serum IGF-I significantly increased from February to March  
207 and further increased from April to May.

208

#### 209 *Smolt-to-adult return (SAR) at Kumaishi*

210 Spawning adult masu salmon released from the hatchery in 2011 and 2012 were caught 16 months after  
211 release at the Kenichi River in 2012 and 2013, respectively. For the 2011-release fish caught in 2012,  
212 there was no significant difference in SAR between groups (Table 1). For the 2012-release fish caught in  
213 2013, on the other hand, a significantly higher SAR was seen for Large-High fish (Table 1).

214

#### 215 **Discussion**

216 The final goal of our study is to establish indices of “smolt quality” that enable us to evaluate survival of  
217 released fish in seawater and ultimately return as adults. Gill NKA activity is routinely used as an index  
218 of the smolt quality since the ability to adapt to hypoosmotic environment is essential for smolts to  
219 survive in the ocean. Indeed, gill NKA activity in spring had a positive relationship with SAR of Chinook  
220 salmon released to the Deschutes River, Oregon, USA [37]. However, seawater adaptability does not  
221 always guarantee long-term survival. Several studies suggest that high growth rate is the key to survive  
222 from predation pressure and nutritional deficiency during the first year in the ocean [30-32]. Thus,  
223 potential for growth after adapting to seawater is an important trait that affects and in turn predicts a  
224 long-term survival. Zydlewski and Zydlewski [45] compared growth rates of individually-tagged Atlantic  
225 salmon *Salmo salar* smolts with varying degree of gill NKA and suggested that gill NKA activity of  
226 smolt in freshwater did not predict long-term growth in seawater. Therefore, there is a need to establish  
227 indices that predict long-term growth potential in seawater. Circulating IGF-I is a candidate for this  
228 purpose since it is generally positively correlated with individual growth rate in fish including masu  
229 salmon [44, 46-49]. In addition, circulating IGF-I levels in Chinook salmon smolts just before release

230 have been shown to relate to SAR [37].

231           There are a good number of studies looking at profiles of circulating IGF-I during  
232 smoltification of salmonids including masu salmon [29, 50]. However, the present study is the first to  
233 report the IGF-I profile in naturally-reared smolting masu salmon. This data is relevant for the hatchery  
234 programs since one of the major goals of the programs is to create hatchery fish that are physiologically  
235 equivalent to wild fish. Mizuno et al. [51] compared metabolic capability between naturally- and  
236 hatchery-reared masu salmon during smoltification and pointed out differences in some enzymes involved  
237 in carbohydrate metabolism, the citric acid cycle and the respiratory chain. In the present study, profiles  
238 of serum IGF-I as well as gill NKA activity of hatchery fish were compared to those of naturally-reared  
239 fish. Fish from the Kenichi River showed a sharp increase in gill NKA activity that was preceded by a  
240 significant increase in circulating IGF-I. Gill NKA activity and circulating IGF-I in hatchery fish showed  
241 trends similar to those in naturally-reared fish, although the magnitude of the changes was not as sharp as  
242 those in naturally-reared fish. Given that both fish experienced the same water temperature profile, the  
243 difference should be attributed to other factors such as nutritional status, physical rearing structure and  
244 rearing density. There may be a concern that sampling by electrofishing might cause stress response and  
245 in turn affect measured IGF-I levels in naturally-reared fish. Although this possibility cannot be  
246 completely ruled out, we think the effect of electrofishing was minimum since this method has been  
247 proven to be less stressful compared to cast net in ayu *Plecoglossus altivelis* [52]. In the present study,  
248 food quality and availability are likely reasons for the difference because the size of naturally-reared fish  
249 was similar to that of hatchery fish during February and March but became significantly larger and fatter  
250 in April through May. An increase in condition factor in naturally-reared fish in April might not be a  
251 typical response during smoltification but reflected an improvement of feeding status in the river. In both  
252 fish, serum IGF-I was positively correlated with body size and gill NKA activity. These results suggest  
253 that size or/and growth in spring is important for achieving high gill NKA activity and circulating IGF-I.

254           We next examined effect of winter size on gill NKA and serum IGF-I by sorting fish by fork  
255 length in November at Kumaishi Hatchery. Difference in size was retained throughout the smoltification  
256 period. Gill NKA activity was significantly higher in Small-in-winter fish in April. In contrast, there was  
257 no difference in serum IGF-I levels between groups in April but it was high in Small-in-winter fish in  
258 May. These patterns of gill NKA and serum IGF-I in Small-in-winter fish are in contrast to those found in  
259 the naturally-reared fish where IGF-I increased prior to activation of gill NKA. Local IGF-I expressed by  
260 the gill may be involved in the activation of NKA [29]. However, our unpublished data on gill *igf-1*  
261 mRNA levels in these fish showed that the relationship between gill *igf-1* and NKA was weak albeit  
262 significant ( $r^2 = 0.18$ ; Shimomura et al., unpubl. data). We assume that the increase in gill NKA in the

263 small fish in April was secondary to the increase in fish size. Indeed, there was a positive relationship  
264 between fish size and gill NKA ( $r^2 = 0.38$ ). Given that gill NKA activity is generally higher in large fish  
265 [34, 40], it is possible that IGF-I promoted growth of organs including the gill, which in turn resulted in  
266 higher NKA activity.

267           We further examined effects of winter size and spring growth on gill NKA and serum IGF-I  
268 in 2012. Profiles of gill NKA activity were similar among three groups showing a sharp increase from  
269 April to May. In contrast, IGF-I levels in Large-Low fish were significantly low in early spring  
270 (March-April), which might reflect restricted feeding ration during that period. It is of note that although  
271 IGF-I in Large-High and Small-High fish consistently increased from February to April, it dropped to the  
272 basal levels in May. This IGF-I profile is similar to that of naturally-reared fish in terms of an increase  
273 prior to the activation of gill NKA but differ in term of low values in May. Water temperature is known to  
274 affect the degree and/or timing of the spring IGF-I increase [53] and might also affect the IGF-I profile in  
275 the present study. However, there was little difference in rearing water temperature between 2011 and  
276 2012 at Kumaishi Hatchery. Although a year-to-year variation of circulating IGF-I profile was also  
277 reported in Chinook salmon [37], the reason(s) for the variation is not known at present. It is also of note  
278 that despite the depressed IGF-I level, gill NKA activity was high in May in all groups and there was no  
279 relationship between them, which is in contrast to our previous study [29]. This finding doesn't discount  
280 the importance of IGF-I in regulating the development of seawater adaptability but suggests that  
281 circulating IGF-I does not correlate with gill NKA activity under certain conditions in masu salmon.  
282 Investigating this decoupling may be important to better understand the relative importance of circulating  
283 and local IGF-I in activating gill NKA.

284           Circulating IGF-I levels are affected by environmental factors such as feeding status, season,  
285 developmental stage, water temperature, photoperiod and stress. Larsen et al. [54, 55] examined effect of  
286 low temperature and fasting during winter on the physiological status of smolting coho salmon *O. kisutch*.  
287 Their study suggested that winter fasting did not impair the condition or smoltification of hatchery-reared  
288 fish [54, 55]. In the present study, a feeding protocol was tested at Shimamaki Hatchery in 2012 to give a  
289 compensatory increase of growth as well as IGF-I in spring by suppressing feeding frequency (fed every  
290 three or four days) during winter. As a result, growth and IGF-I were low during that period. From April  
291 to May when feeding frequency and ration were increased, FL, BW, condition factor and IGF-I were  
292 increased. However, IGF-I values were relatively low compared to those in Kumaishi fish. In 2013, on  
293 one hand, fish were fed daily at a slightly higher ration in early spring to test if an IGF-I profile  
294 resembling that in Kumaishi fish could be created by changing the feeding protocol. As a result, IGF-I  
295 levels started to increase in March and further elevated in May as seen in Kumaishi Hatchery. These

296 changes might reflect a combination of IGF-I response to increased feeding frequency and ration. In spite  
297 of the low rearing water temperature, which could suppress the IGF-I peak, at Shimamaki Hatchery, the  
298 current result suggests IGF-I profiles can be manipulated by changing feeding frequency or/and ration,  
299 although more work needs to be done to prove this hypothesis.

300           The most reliable way to evaluate the hatchery success is to look at SAR. In the present study,  
301 we estimated SAR of some rearing groups from Kumaishi Hatchery by catching spawning adults at the  
302 Kenichi River. In the 2011-release group, there were variations in growth history and profiles of serum  
303 IGF-I and gill NKA activity, but SARs were not significantly different between groups. In contrast,  
304 despite little variations in gill NKA and serum IGF-I at the time of release in 2012, growth history had a  
305 significant effect on SAR being highest in Large-High fish. Beckman et al. [37] reported SARs of  
306 Chinook salmon released from three hatcheries on the Deschutes River, Oregon, USA were different.  
307 Their study also revealed that gill NKA activity and plasma IGF-I level at the time of release showed  
308 significant relationships to SAR [37], which is in contrast to our finding. We have no good explanation  
309 for the lack of the relation between IGF-I and SAR in masu salmon but suspect that the ocean conditions  
310 and predation pressure had a stronger impact on survival than did the status of smolting at release. Ando  
311 et al. [56] reported that masu salmon released from Kumaishi Hatchery migrated to the Sea of Okhotsk  
312 through either along the Sea of Japan or Pacific Ocean side of Hokkaido Island. Although data is limited,  
313 conditions in the Sea of Okhotsk may be critical to their survival (Iijima et al. unpubl. data). As  
314 mentioned above, growth status in the early marine life is the key to survive for salmonids [30-32].  
315 Filling a gap of information on the growth status of masu salmon from early ocean life through winter is  
316 necessary. Monitoring growth of outmigrating postsmolts using IGF-I has been conducted for coho and  
317 Atlantic salmon to better estimate their survival and stock recruitment [46, 57, 58] and introducing such  
318 approach to masu salmon is important. The present study, however, provided evidence that growth  
319 history during freshwater residency affected long-term survival in the ocean in masu salmon.

320           In summary, the present study showed that profiles of circulating IGF-I during smoltification  
321 of masu salmon varied under different rearing conditions depending mainly on growth history. Although  
322 serum IGF-I may be important for both development of seawater adaptability and growth enhancement,  
323 serum IGF-I level alone was not a predictor of long-term survival after sea entry in masu salmon.  
324 However, differences in growth history had a significant effect on the adult returns. Thus, optimizing  
325 rearing conditions is a critical component for the success of hatchery release of masu salmon and  
326 development of physiological indices to evaluate the status of smolts is desired.

327

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487 **Figure legends**

488 Fig. 1. Changes in water temperature at Kumaishi Hatchery (a) and Shimamaki Hatchery (b). Kumaishi  
489 Hatchery and Shimamaki Hatchery used river waters from the Kenichi and Chihase Rivers, respectively.

490

491 Fig. 2. Changes in FL (a), BW (b), condition factor (c), gill NKA activity (d) and serum IGF-I levels (e)  
492 during smoltification of naturally- and hatchery-reared masu salmon in 2008. Fish were caught monthly  
493 from the Kenichi River or reared at Kumaishi Hatchery. Values are expressed as means  $\pm$  SE ( $n = 6-10$ ).  
494 Symbols sharing the same letters are not significantly different from each other.

495

496 Fig. 3. Changes in FL (a), BW (b), condition factor (c), gill NKA activity (d) and serum IGF-I levels (e)  
497 during smoltification of masu salmon reared at Kumaishi Hatchery in 2011. Fish were divided by size in  
498 winter (Large:  $>11.5$  cm, Small: 9.5-11.5 cm) and reared separately. Values are expressed as means  $\pm$   
499 SE ( $n = 6-7$ ). Symbols sharing the same letters are not significantly different from each other.

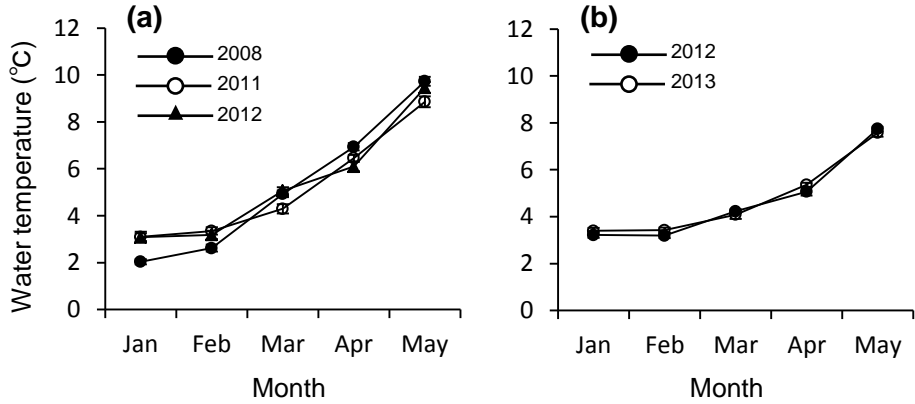
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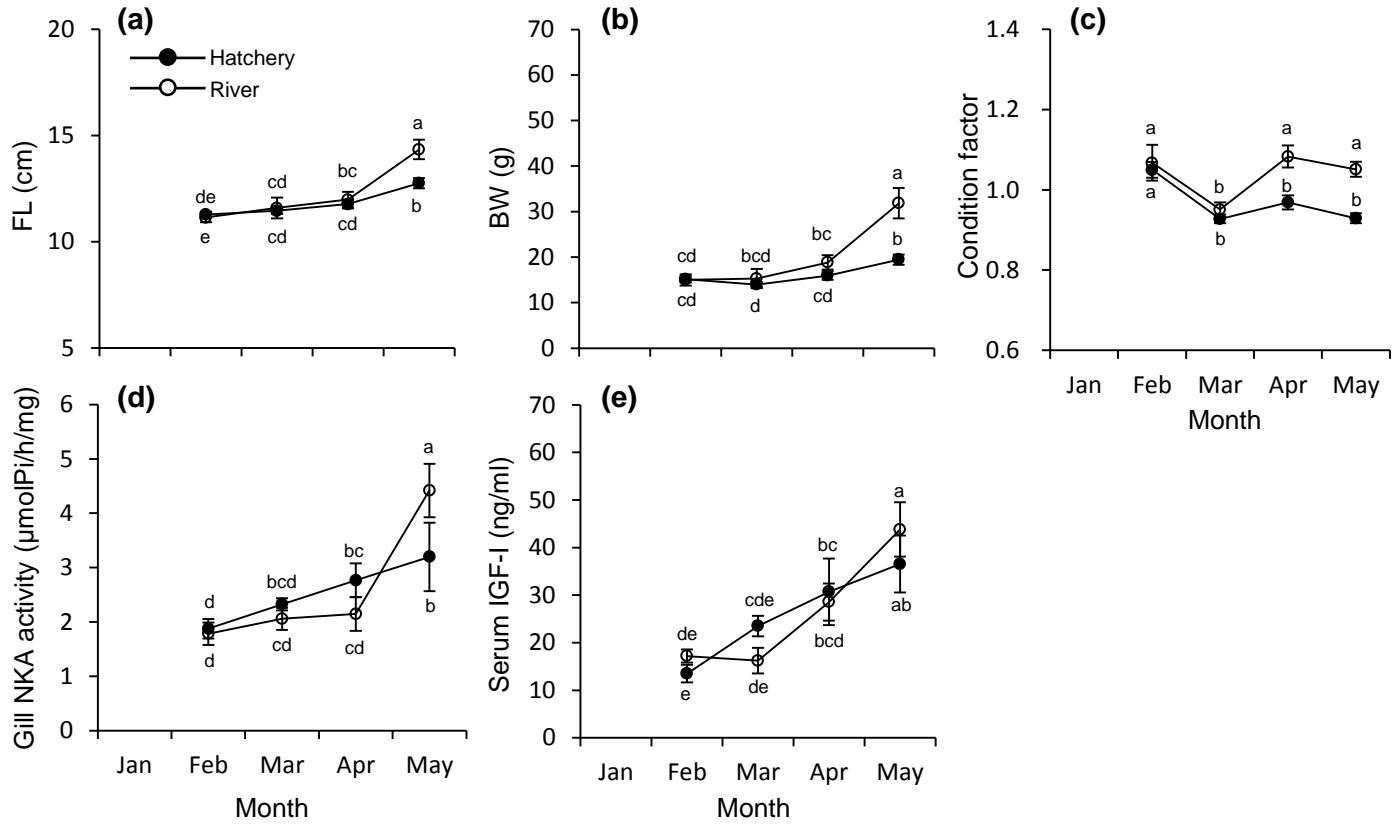
501 Fig. 4. Changes in FL (a), BW (b), condition factor (c), gill NKA activity (d) and serum IGF-I levels (e)  
502 during smoltification of masu salmon reared at Kumaishi Hatchery in 2012. Fish were divided by size in  
503 winter (Large:  $>11.5$  cm, Small: 9.5-11.5 cm) and fed at different rations to create high and low growth in  
504 spring (High and Low). Values are expressed as means  $\pm$  SE ( $n = 6-7$ ). Symbols sharing the same  
505 letters are not significantly different from each other.

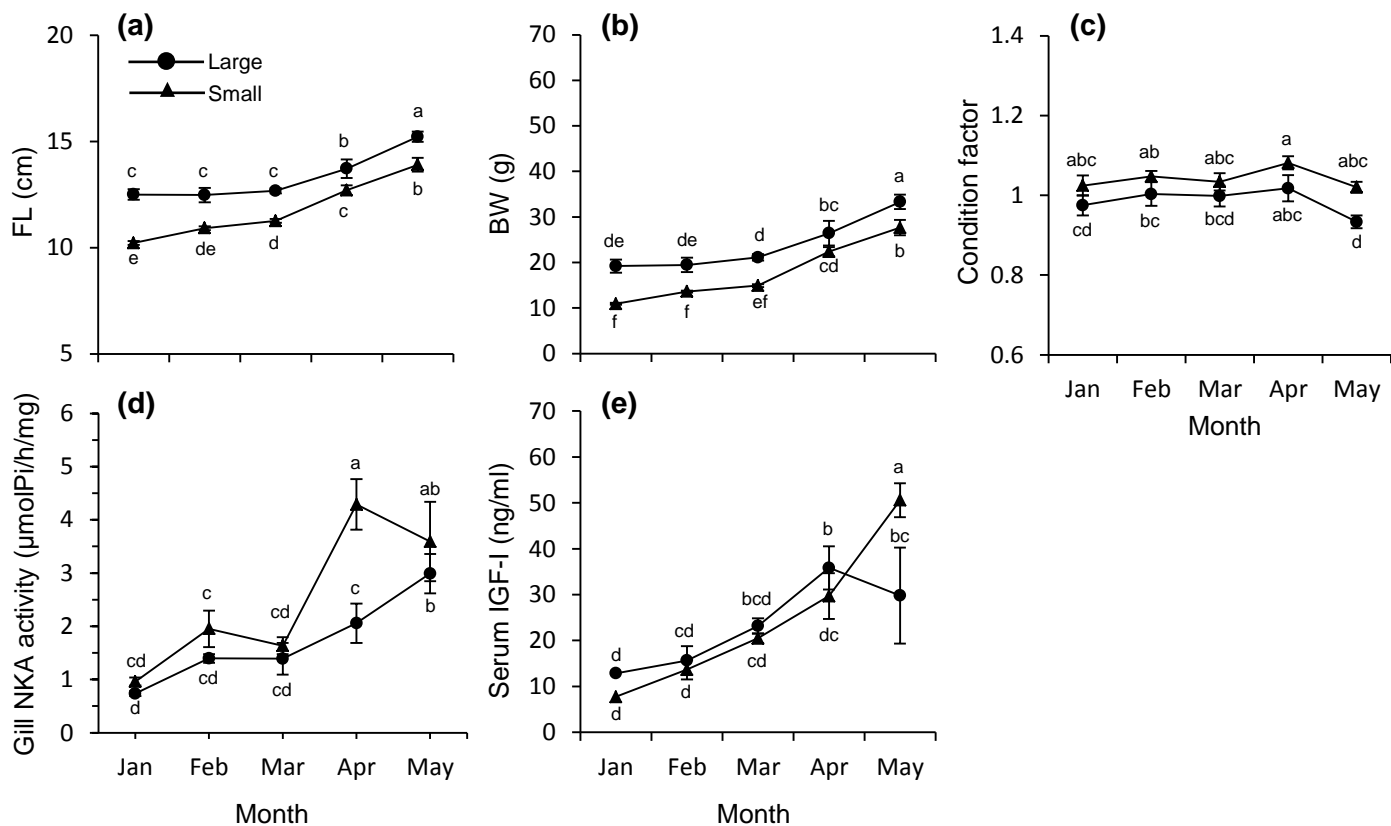
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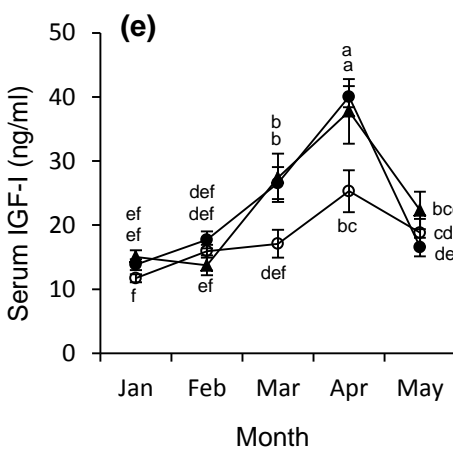
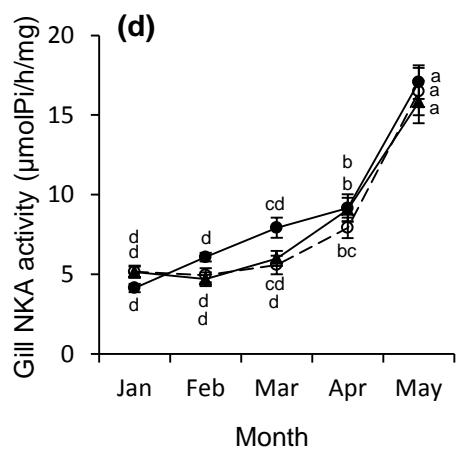
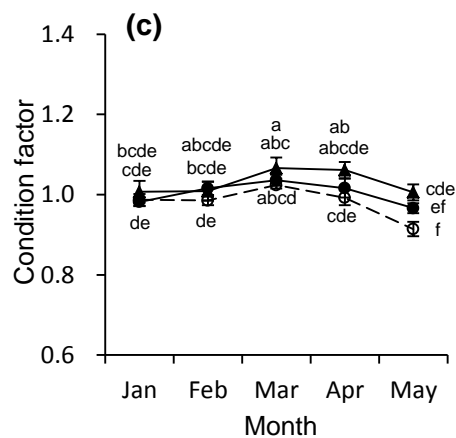
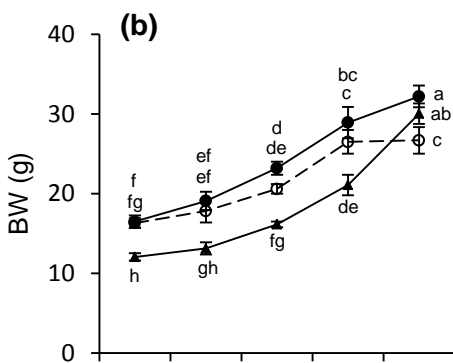
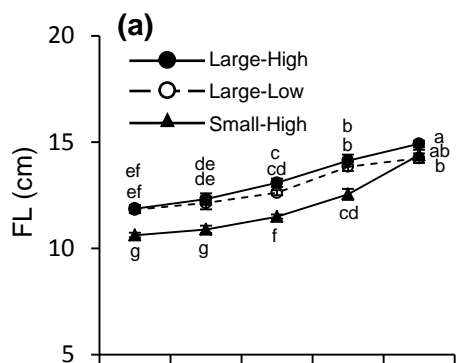
507 Fig. 5. Changes in FL (a), BW (b), condition factor (c) and serum IGF-I levels (d) during smoltification  
508 of masu salmon reared at Shimamaki Hatchery in 2012 and 2013. Fish were fed every three or four days  
509 during early spring in 2012 whereas fed daily in 2013. Values are expressed as means  $\pm$  SE ( $n = 6-7$ ).  
510 Symbols sharing the same letters are not significantly different from each other.

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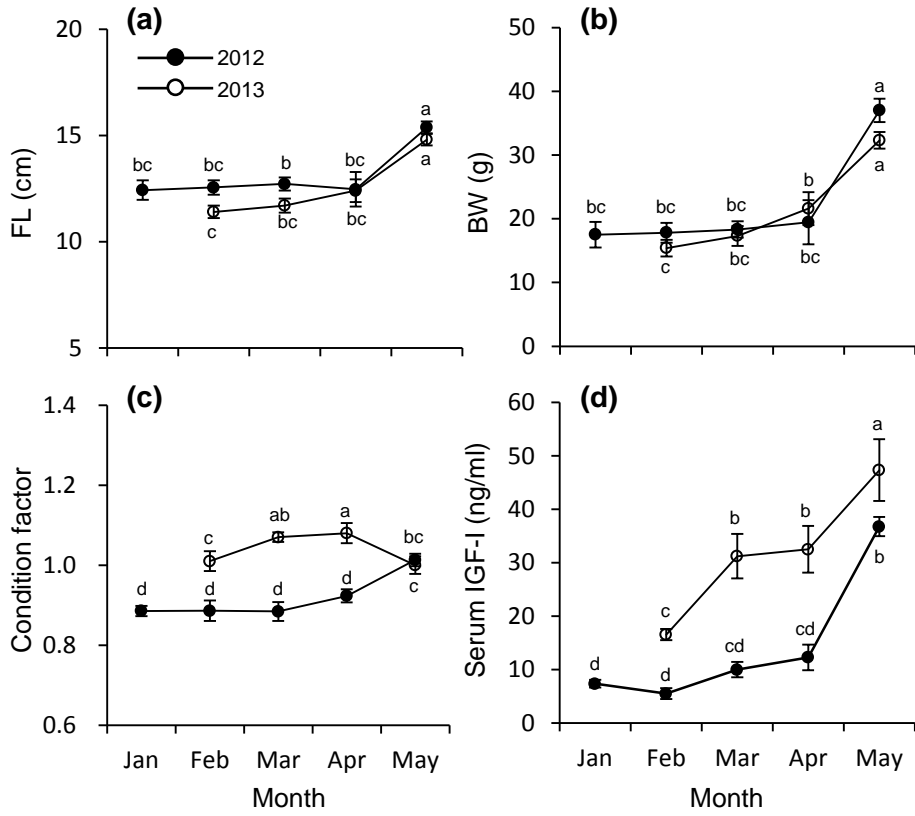


Table 1  
SAR of masu salmon released from Kumaishi Hatchery in 2011 and 2012

		Smolts released	Adults caught in river	Return rate (%)
2011	Large	30,060	45	0.150
	Small	25,459	47	0.185
	Large-High	28,964	209	0.722*
2012	Large-Low	27,912	107	0.383
	Small-High	28,641	111	0.388

Large: FL > 11.5 cm in November, Small: FL 9.5-11.5 cm in November; High: high growth in spring, Low: low growth in spring. An asterisk indicates significant difference among groups in the same year.