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Beginning of Universe through large field hybrid inflation

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Abstract

Recent detection of $B$-mode polarization induced from tensor perturbations by the BICEP2 experiment implies so-called large field inflation, where an inflaton field takes super-Planckian expectation value during inflation, at a high energy scale. We show however, if another inflation follows hybrid inflation, the hybrid inflation can generate a large tensor perturbation with not super-Plankian but Planckian field value. This scenario would relax the tension between BICEP2 and Planck concerning the tensor-to-scalar ratio, because a negative large running can also be obtained for a certain number of e-fold of the hybrid inflation. A natural interpretation of a large gravitational wave mode with or without the scalar spectral running might be multiple inflation in the early Universe.
I. INTRODUCTION

The detection of $B$-mode polarization from gravitational wave mode perturbation has been reported by BICEP2 [1]. From the amplitude of the tensor perturbation, the tensor-to-scalar ratio is read as

$$r_T = 0.20^{+0.07}_{-0.05},$$

for a lensed-$\Lambda$CDM plus tensor mode cosmological model,

$$r_T = 0.16^{+0.06}_{-0.05},$$

after the foreground subtraction based on dust models. Those values appear to be under the tension with the upper bound $r_T < 0.11$ reported by the Planck [2, 3]. As a possible way to resolve this tension, in Ref. [1] the introduction of a large negative running of the scalar spectral index has been proposed. However, we note that after the BICEP2 paper [1], doubts about inappropriate treatments on dust emissions in their analysis have been raised [4–6]. The Planck collaboration have released the polarized dust emission data away from Galactic plane [7], the joint analysis of BICEP2 and the Planck dust polarization data found no evidence [8].

The large tensor mode has a remarkable implication to inflation. Such a large tensor mode can be generated in the so-called large field inflation models, where the field value of inflaton during inflation takes super-Plankian, while small field inflation models can not generate large $r_T$, but $r_T \lesssim O(10^{-2})$ [9]. Thus, since the BICEP2 results were announced, polynomial chaotic inflation models have been studied intensively in light of the BICEP2 data [10–19]. However, the construction of so-called large field model looks nontrivial from supergravity viewpoint as well as field theoretical viewpoint. For various attempts, see, e.g., Ref. [20, 21].

In this respect, hybrid inflation is appealing since the inflaton $\varphi$ takes a field value less than or of the order of Planck scale [22, 23]. However generally speaking, hybrid inflation models have been disfavored. Firstly, while simple (non-)supersymmetric hybrid inflation predicts the density perturbation with the scalar spectral index $n_s > (1) 0.98$ [22–25] 1, the WMAP [28] and Planck [2, 3] data indicate $n_s \simeq 0.96$. Secondly, topological defects, usually

1 In fact, in order to reduce $n_s$, non-minimal Kahler potentials have been examined [26, 27].
cosmic strings, are formed at the end of a hybrid inflation, when the water fall field develops the vacuum expectation value (vev). The expected mass per unit length of the formed cosmic string is not compatible with data of the temperature anisotropy $\delta T/T$ in the cosmic microwave background radiation (CMB) [29]. Thirdly, hybrid inflation cannot generate gravitational wave mode with a large amplitude [30–32] because the potential energy scale is too low, in other word the potential is too flat when we normalize the amplitude of the density (scalar) perturbation with $\delta T/T$.

We point out a possible way to overcome those problems of hybrid inflation. The second problem due to cosmic strings is avoided by considering somewhat complicated potential such as shifted hybrid inflation [33] or smooth hybrid inflation [34]. The other two can be simultaneously solved if we give up a large enough number of e-folds $N$ by a hybrid inflation to solve problems in the standard Big Bang cosmology. A smaller $N$ corresponds to a larger slow roll parameters, which leads to a smaller $n_s$ and a larger $r_T$. Of course, we need to solve the horizon and flatness problems and generate the density perturbation at super-horizon scales. This may be achieved by an inflation following after the hybrid inflation, so-called double inflation scenario, where the Universe has undergone an inflationary expansion in the early Universe more than once. Such double inflation scenarios [35] have been considered with various motivations, e.g., low multipole anomaly in the CMB sky [36–38], the generation of primordial black holes [39–42], and the dilution of unwanted relics [43–45].

In this paper, we show if the secondary inflation takes place with a sufficient number of e-folds, say $N \approx 40 - 50$, a kind of supersymmetric hybrid inflation is available and could generate not only an appropriate density perturbation and its spectrum as in Ref. [46] but also large $r_T = O(0.1)$, in contrast with the previous work [47] where the possibility of $r_T \approx 0.02$ has been pointed out.

II. DOUBLE INFLATION SCENARIO

Here, at first, we note several formulas used in the following analysis. The power spectrum of the density perturbation, the scalar spectral index, its running and the tensor-to-scalar ratio are expressed as

$$P_\zeta = \left( \frac{H^2}{2\pi |\dot{\varphi}|} \right)^2 = \frac{V}{24\pi^2\epsilon}, \quad (3)$$
\[ n_s = 1 + 2\eta - 6\epsilon, \quad (4) \]
\[ \alpha_s = 16\epsilon \eta - 24\epsilon^2 - 2\xi, \quad (5) \]
\[ r_T = 16\epsilon, \quad (6) \]

respectively by using the potential \( V \) and slow roll parameters

\[ \eta = \frac{V_{\varphi\varphi}}{V}, \quad (7) \]
\[ \epsilon = \frac{1}{2} \left( \frac{V_\varphi}{V} \right)^2, \quad (8) \]
\[ \xi = \frac{V_{\varphi}V_{\varphi\varphi\varphi}}{V^2}, \quad (9) \]

in the unit of \( 8\pi G = 1 \). Here, \( \varphi \) is the canonically normalized inflaton field, a subscript \( \varphi \) and dot denote derivatives with respect to \( \varphi \) and time respectively, and \( H \) is the Hubble parameter.

### A. Shifted hybrid inflation as the first inflation

The motivation of the supersymmetric (F-term) hybrid inflation is to realize the inflation model through gauge symmetry breaking in supersymmetric grand unified theories, e.g. with gauge groups \( G \) such as \( SU(5), SO(10) \) and \( SU(4) \times SU(2) \times SU(2) \), although here we do not concentrate on a specific gauge group \( G \). The superpotential for the simplest supersymmetric hybrid inflation \([24]\) is given by

\[ W = \kappa S(\bar{\Phi}\Phi - M^2), \quad (10) \]

with \( \kappa \) being a Yukawa coupling. Here, \( S \) is a gauge singlet superfield and \( \Phi \) and \( \bar{\Phi} \) are charged superfields, which have representations conjugate to each other under \( G \). When \( \Phi \) and \( \bar{\Phi} \) develop their vevs, the gauge symmetry is broken. Although the above superpotential is simple and inflation can be realized, this simple hybrid inflation suffers from the stringent constraint on the tension of cosmic strings generated at the end of inflation. Shifted hybrid inflation \([33]\) is an attractive alternative which is free from cosmic string problem, because the symmetry of the water fall field is already broken during inflation. Nevertheless the field dynamics is same as in the minimal hybrid inflation. Thus, in the following analysis, we accept shifted hybrid inflation model.
The superpotential for shifted inflation is given by

\[ W = \kappa S (\Phi^2 - \mu^2) - S \frac{(\Phi^2)^2}{M^2}. \]  

(11)

The scalar potential is written as

\[ V = \left| \kappa (\Phi^2 - \mu^2) - \frac{(\Phi^2)^2}{M^2} \right|^2 + \left| (|\Phi|^2 + |\Phi|^2)|S|^2 \right|^2 \left| \kappa - 2 \frac{\Phi^2}{M^2} \right|^2 + V_D, \]

(12)

where \( V_D \) denotes the \( D \)-term potential of \( G \). The scalar potential \( V \) is rewritten as

\[ V = \left( \kappa (\phi^2 - \mu^2) - \frac{\phi^4}{M^2} \right)^2 + 2\phi^2 |S|^2 \left( \kappa - 2 \frac{\phi^2}{M^2} \right)^2, \]

(13)

by imposing the \( D \)-flat condition \( \Phi = \Phi^* \equiv \phi \). The supersymmetric global minimum is located at

\[ (S, \phi^2) = \left( 0, \frac{\kappa M^2}{2} \left( 1 \pm \sqrt{1 - \frac{4\mu^2}{\kappa M^2}} \right) \right), \]

(14)

if the following condition

\[ \mu^2 < \frac{\kappa M^2}{4}, \]

(15)

is satisfied. In this vacuum, the masses of the inflaton \( S \) and the second field \( \phi \) are given by

\[ m_S^2 = m_\phi^2 = \kappa M^2 \left( 1 - \sqrt{\frac{\kappa M^2 - 4\mu^2}{\kappa M^2}} \right). \]

(16)
Stationary points of this potential with respect to \( \phi \) are given by

\[
\phi^2 = 0, \quad \frac{\kappa M^2}{2}, \quad \phi_{\pm},
\]

where \( \phi_{\pm}^2 \) is given by

\[
\phi_{\pm}^2 = \frac{\kappa M^2 - 6|S|^2 \pm \sqrt{(\kappa M^2 - 6|S|^2)^2 - 4\kappa(\mu^2 - |S|^2)M^2}}{2}.
\]

The squared root term in the right hand side of Eq. (18) can be real only for

\[
|S|^2 > \frac{1}{18} (2\kappa M^2 + \sqrt{36\kappa \mu^2 M^2 - 5\kappa^2 M^4}),
\]

or

\[
|S|^2 < \frac{1}{18} (2\kappa M^2 - \sqrt{36\kappa \mu^2 M^2 - 5\kappa^2 M^4}),
\]

if

\[
\frac{9}{5} \mu^2 > \frac{\kappa M^2}{4},
\]

is satisfied.

As can be seen in Fig. 1, for large \( |S| \) region, the potential has three local minima at \( \phi = -\sqrt{\frac{\kappa M^2}{2}}, 0, \sqrt{\frac{\kappa M^2}{2}} \) separated by two local maxima at \(-\phi_{+}\) and \(\phi_{+}\). We consider the case that the inflaton slow rolls in the inflation valley at \( \phi^2 = \kappa M^2/2 \) during inflation in order not to produce topological defects. As \( |S| \) decreases, the local maximum \( \phi_{+} \) approaches the valley and coincides with it at

\[
|S|^2 = |S_c|^2 = \frac{1}{2} \left( \frac{\kappa M^2}{4} - \mu^2 \right).
\]

Then, \( \phi \) starts to fall into the \( \phi_{-} \) minimum.

Due to supersymmetry breaking during inflation, radiative corrections to the scalar potential

\[
\delta V = \frac{\kappa^4 \sigma^4}{8\pi^2} \ln \frac{\sigma}{\Lambda},
\]

appears for \( S \gg S_c \) in terms of the canonical inflaton \( \sigma = \sqrt{2}|S| \). In addition, supergravity effects also lift the potential. In total, we consider the scalar potential

\[
V = \kappa^2 \sigma^4 \left[ 1 + \frac{\kappa^2}{8\pi^2} \ln \frac{\sigma}{\Lambda} + \frac{1}{2} m^2 \sigma^2 + \ldots \right],
\]

where the third term in the right-hand side is a dominant supergravity effect. The ellipsis represents higher order supergravity corrections, but in the following analysis we assume
those terms are not significant for inflationary dynamics. Note that this is the same form as that of the standard supersymmetric hybrid inflation. The slow roll parameters are expressed as

\[ \eta = -\frac{\kappa^2}{8\pi^2\sigma^2} + m^2, \]  
\[ \epsilon = \frac{1}{2} \left( \frac{\kappa^2}{8\pi^2\sigma} + m^2\sigma \right)^2, \]  
\[ \xi = \left( \frac{\kappa^2}{8\pi^2\sigma} + m^2\sigma \right) \left( \frac{2\kappa^2}{8\pi^2\sigma^3} \right). \]

We substitute Eqs. (25) - (27) and the solution of \( \sigma \) during inflation

\[ \int_{\sigma_e}^{\sigma} \frac{V}{V_\sigma} d\sigma = N, \]

with \( N \) being the number of e-folds and

\[ \sigma_e^2 \approx \frac{\kappa^2}{8\pi^2(1 + m^2)}, \]

being the final field value where the slow roll parameter \( \eta \) becomes \(-1\) and inflation terminates, for Eqs. (4) - (6). Then, we obtain values of slow roll parameters. The amplitude of the density perturbation provides the normalization of the potential height \( \kappa^2\sigma_e^4 \).

In Figs. 2 - 5, we show the resultant inflationary perturbation indices for various \( N_s \) in the \( m - \kappa \) plane. The blue, red and green lines are contours of \( r_T = 0.1, 0.15, 0.2 \), and \( n_s = 0.94, 0.96, 0.98 \) and \( \alpha_s = -0.025, -0.02, -0.01 \), respectively. A green line does not appear if the value of \( |\alpha_s| \) is very small. Dashed and dotted lines are used to indicate the supergravity correction contribution to the total scalar potential

\[ \frac{\frac{1}{2}m^2\sigma^2}{1 + \frac{1}{2}m^2\sigma^2}, \]

for 0.5 and 0.1, respectively. In the region above the dashed line, the false vacuum energy contribution to the total scalar potential is not dominant and the model reduces to the chaotic inflation-like. Gray lines are the contour of the field value of \( \sigma \) for each \( N \).

Figure 2 is for \( N = 50 \), which is large enough to solve the horizon and flatness problems only by this inflation. The region of the \( m \to 0 \) and a small \( \kappa \) is the most well studied part, which predicts the well known results \( n_s \simeq 0.98 \) and negligible \( r_T \). On the other hand, although the large \( m \) region appears to predict large \( r_T \) and \( n_s \simeq 0.96 \), this actually
corresponds to the usual quadratic chaotic inflation where the false vacuum potential energy is negligible and the field value is of $O(10)$. Next, we present the $N$ dependence by showing $N = 20$ case in Fig. 3. By comparing the previous $N = 50$ and the next $N = 10$ cases, one can see the prediction changes as $N$ is varied. Since $N$ is reduced, the slow roll parameters increase. As a result, for a given $\kappa$ and $m$, $n_s$ becomes smaller and $r_T$ becomes larger. However, for $m \gtrsim 0.3$, again the false vacuum energy is not dominant.

Now, we consider the case that the observed cosmological scale corresponds to $N = 10$ in the hybrid inflation, shown in Fig. 4. We see that $n_s \simeq 0.96$ and $r_T = (0.1 - 0.2)$ are realized for $(m, \kappa) \simeq (0.2, (3 - 4))$, the running is small though. Here it is clear to see such a large $r_T$ is obtained even if the false vacuum energy is dominated.

Finally, in Fig. 5, we present a case with $N = 6$, where $(n_s, r_T, \alpha_s) \sim (0.96, 0.15, -0.02)$ is obtained for $(m, \kappa) \simeq (0.25, 2.5)$. This offers a resolution of the tension between BICEP2
(\(r_T \simeq 0.2\)) and Planck (\(r_T < 0.11\)) due to the large enough running \(\alpha_s\)\(^2\).

**B. Following inflation**

As we have seen in the previous subsection, we can obtain \(n_s \simeq 0.96\) and \(r_T = \mathcal{O}(0.1)\), if the cosmological scale \(k_s\) corresponds to \(N \lesssim 10\) of the hybrid inflation. Since this short inflation cannot solve the cosmological problems in the standard Big Bang cosmology, we need additional inflationary expansion with the number of e-folds about 50. In principle, any inflation can play a role of this.

The double inflation scenario by employing the second low scale small field inflation model has been investigated many time in literature, for instance, referred in Introduction. This is one possible scenario. For superpotentials for small field inflation, see e.g. Refs. [52, 53]. During and after hybrid inflation, due to the supersymmetry breaking effects by the inflaton

\begin{figure}[h]
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\includegraphics[width=0.5\textwidth]{fig3.png}
\caption{Same as Fig. 2 but for \(N = 20\).}
\end{figure}

\(^2\) For \(\kappa \lesssim \mathcal{O}(0.1)\) with a supergravity correction of nonvanishing \(m\), a large running \(\alpha_s\) and wide range of \(n_s\) can be obtained. This is essentially same manner as in Ref. [48, 49] to reconcile the first indication of a large running by WMAP(2003) [50, 51].
of the hybrid inflation and supergravity effects, the initial condition for the second small
field inflation can be set [54]. After the energy densities of the oscillating $\sigma$ and $\phi$ decreased and the potential energy for the second inflation dominates, the second inflation can take place. Then, the desired additional number of e-fold and an acceptable amplitude of density perturbation can be obtained by tuning the potential curvature (see e.g., Refs. [40–42, 48, 49]).

As mentioned in the Introduction, thermal inflation driven by a flaton, which would be identified with a flat direction in a supersymmetric model, is also a candidate of sequel inflation [43–45]. In this case, $\sigma$ and $\phi$ reheat the Universe once and the thermal effect sets the initial condition for thermal inflation. After the cosmic temperature drops, the potential energy of the flaton induces the thermal inflation.

III. SUMMARY AND DISCUSSION

In this paper, we have examined the possibility of viable hybrid inflation generating a large tensor-to-scalar ratio as BICEP2 indicated. The result is that it is possible if an additional inflation follows the hybrid inflation whose number of e-fold is not large enough to solve the horizon and flatness problems, which is crucial and essential assumption. Provided the additional inflation successfully works, the observed cosmological scale would correspond to a few $\lesssim N \lesssim 10$ of the hybrid inflation. In this case, $n_s \simeq 0.96$ and $r_T = \mathcal{O}(0.1)$ can be realized at the cosmological scale. One observation here is that if we work on double inflation scenario, we do not need super-Planckian field value of the inflaton. As shown in Figs. 4 and 5, the order of Planck field value is sufficient. Another feature is that a large negative $\alpha_s$ can be obtained for $N \sim 6$. This would offer a possibility to resolve the tension between BICEP2 and Planck.

In double inflation scenario, the present large scale exits the Hubble horizon during the high scale hybrid inflation and the small scale does during the following low scale inflation. Hence, a cosmological implication of double inflation is strong scale dependence of amplitude of gravitational wave mode.
Acknowledgments

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6410 (1994).

[29] For a recent work, see, e.g., R. Battye and A. Moss, Phys. Rev. D 82, 023521 (2010).