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Author(s)	Fukuda, Miki; Kaneko, Nobuto; Kawaguchi, Kohei; Hevroy, Ernst M.; Hara, Akihiko; Shimizu, Munetaka
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2 Development of a time-resolved fluoroimmunoassay for salmon insulin-like growth factor
3 binding protein-1b

4

5 **Authors:**

6 Miki Fukuda¹, Nobuto Kaneko¹, Kohei Kawaguchi¹, Ernst M Hevrøy², Akihiko Hara¹, and
7 Munetaka Shimizu^{1*}

8

9 **Affiliations:**

10 ¹Faculty of Fisheries Sciences, Hokkaido University, 3-1-1 Minato, Hakodate, Hokkaido
11 041-8611, Japan

12 ²National Institute of Nutrition and Seafood Research, PO Box 2029, Nordnes, N-5817 Bergen,
13 Norway

14

15 *Corresponding author: e-mail: mune@fish.hokudai.ac.jp; Office/Fax: +81-138-40-8897

16

16 **Abstract**

17 In salmon plasma/serum, three major insulin-like growth factor binding proteins (IGFBPs) are
18 consistently detected at 22-, 28- and 41-kDa. The 22-kDa form has been identified as IGFBP-1b
19 and shown to increase under catabolic conditions. We developed a competitive time-resolved
20 fluoroimmunoassay (TR-FIA) for salmon IGFBP-1b. Purified salmon IGFBP-1b was used for
21 biotin-labeling, assay standard and antiserum production. The TR-FIA did not cross-react with
22 the 41-kDa form (IGFBP-2b) but showed 3% cross-reactivity with the 28-kDa form (IGFBP-1a).
23 It measured IGFBP-1b levels as low as 0.4 ng/ml, and ED₈₀ and ED₂₀ were 0.9 and 24.6 ng/ml,
24 respectively. There appears to be little interference by IGF-I. Using the TR-FIA, serum
25 IGFBP-1b levels were measured in individually-tagged underyearling masu salmon fed or
26 fasted for 5 weeks, or fasted for 3 weeks followed by refeeding for 2 weeks. Fasting for 3 weeks
27 significantly increased circulating IGFBP-1b levels, while it returned to the basal levels after
28 prolonged fasting for additional 2 weeks. Serum IGFBP-1b level negatively correlated with
29 condition factor, specific growth rate in weight and serum IGF-I level. During parr-smolt
30 transformation of masu salmon, average circulating IGFBP-1b levels were highest in May.
31 There was a positive correlation between serum IGFBP-1b and IGF-I, which is in contrast to
32 that in the fasting/feeding experiment. IGFBP-1b also showed a positive relationship with gill
33 Na⁺,K⁺-ATPase activity. These results suggest that the relationship between circulating
34 IGFBP-1b and IGF-I during smoltification differs from that during fasting and IGFBP-1b may
35 play a role in the development of hypoosmoregulatory ability.

36

37 **Keywords:** fasting, growth, immunoassay, insulin-like growth factor binding protein, salmon,
38 smoltification

39

39 Introduction

40 Insulin-like growth factor binding proteins (IGFBPs) are a family of cysteine-rich proteins that
41 are not structurally related to receptors for IGFs (Hwa et al., 1999). Despite the lack of sequence
42 homology with the receptor, IGFBPs have high affinity for IGFs and are capable of regulating
43 availability of IGF to target tissues (Hwa et al., 1999; Forbes et al., 2012). IGFBPs prolong the
44 half-life of IGFs in the circulation, target them to certain tissues and either potentiate or inhibit
45 action of IGFs depending on the type, physiological conditions and/or cellular environment
46 (Rajaram et al., 1997; Firth and Baxter, 2002). They can also influence cell growth independent
47 of IGFs through interacting on the cell surface receptors or translocating into the nucleus
48 (Forbes et al., 2012; Wheatcroft and Kearney, 2009).

49 There are six members of the IGFBP family (IGFBP-1 to -6). They arose from local
50 and whole genome duplications throughout the vertebrate evolution. A possible scenario is that
51 an ancestral IGFBP gene was first duplicated locally followed by two rounds of whole-genome
52 duplication (WGD) creating eight genes and two of them were lost (Daza et al., 2011).
53 Supporting this, pairs of IGFBP-1 and -3, and IGFBP-2 and -5 are located on the same
54 chromosomes, respectively, and IGFBP-4 and -6 are found on separate chromosomes (Daza et
55 al., 2011). In teleosts, because of the 3rd round of WGD, there are two paralogs of each member
56 of IGFBPs except IGFBP-4 (Daza et al., 2011). In addition, salmonids underwent an extra
57 round of WGD and thus have four paralogs (Macqueen et al., 2013). Fate of duplicated genes
58 depends on how selective pressure acts on them. One of duplicated gene is often lost
59 (nonfunctionalization) but in rare case, gains new function(s) (neofunctionalization)
60 (Postlethwait et al., 2004). Beside these fates, certain portion of duplicated genes undergo
61 partitioning of their original functions (subfunctionalization) (Postlethwait et al., 2004).
62 Subfunction partitioning can be spatial and temporal. Duan and colleagues conducted a series of
63 functional studies using developing zebrafish (*Danio rerio*) embryos and proved subfunctional
64 partitioning of duplicated IGFBPs (Kamei et al., 2008; Zhou et al., 2008; Wang et al., 2009; Dai
65 et al., 2010). Moreover, expression patterns of duplicated IGFBPs in response to changes in
66 feeding status have been investigated in Atlantic salmon (Bower et al., 2008), Arctic charr
67 (*Salvelinus alpinus*; Macqueen et al., 2011), adult zebrafish (Amaral and Johnston, 2011, 2012)
68 and Mozambique tilapia (*Oreochromis mossambicus*; Breves et al., 2014). These studies
69 suggest that responses of duplicated IGFBPs are generally similar but differ under certain
70 tissues and physiological conditions.

71 IGFBP-1 is the first member to be identified in humans and is one of major

72 circulating IGFBPs (Lee et al., 1988; Lee et al., 1993,1997). It shows diurnal fluctuation often
73 reflective of meal and insulin status (Lee et al., 1993,1997). Insulin is a potent inhibitor of
74 IGFBP-1. Fasting induces IGFBP-1 in the circulation probably due to relaxation of the
75 suppressive effect of insulin. An amino acid deficiency also leads to an induction of IGFBP-1 in
76 the hepatocytes through affecting mRNA stability (Jousse et al., 1998, Averous et al., 2005).
77 IGFBP-1 is unsaturated in circulation and usually inhibits IGF actions by sequestering free IGFs
78 from the circulation (Lee et al., 1997; Wheatcroft and Kearney, 2009). This response is believed
79 to be protective from energy expenditure by the actions of IGFs during shift from anabolism to
80 catabolism. Cortisol, on the other hand, induces IGFBP-1 while its effect is not as strong as
81 insulin (Unterman et al., 1991). IGFBP-1 is thus a fine tuner of energy partitioning and growth
82 velocity under fluctuating metabolic status (Kajimura and Duan, 2007).

83 Candidates of IGFBP-1 in fish circulation have been detected by ligand blotting
84 using labeled human IGF-I (Kelley et al., 1992, 2001). In fish blood, three major IGFBPs are
85 consistently detected at 20-25 kDa, 28-32 kDa and 40-50 kDa and the two
86 low-molecular-weight forms have been thought to be IGFBP-1, -2 or -4 (Kelley et al., 1992,
87 2001). Analyses of these fish IGFBPs using ligand blotting revealed that they are up-regulated
88 under catabolic conditions such as fasting, stress and cortisol treatment as seen in mammals
89 (Siharath et al., 1996; Park et al., 2000; Kelley et al., 2001, 2006; Kajimura et al., 2003;
90 Peterson and Small, 2004, 2005; Hevrøy et al., 2011). We have identified 22- and 28-kDa
91 IGFBPs in salmon plasma as co-orthologs of IGFBP-1 through protein purification and cDNA
92 cloning (Shimizu et al., 2011a). Our finding suggests that other fish IGFBPs with similar
93 molecular weights and physiological responses are also IGFBP-1s.

94 We previously developed a radioimmunoassay (RIA) for salmon IGFBP-1b (22-kDa
95 form) and reported that it was increased by fasting or restricted ration of feed and negatively
96 correlated with individual growth rate (Shimizu et al., 2006). Plasma IGFBP-1b also showed a
97 consistent negative relationship with condition factor and quick response to a single meal
98 (Shimizu et al., 2009). Availability of RIA has thus provided important information on
99 physiological regulation and possible roles of IGFBP-1b in salmon. However, there is a trend to
100 switch from RIA to non-radioisotopic (RI) immunoassay because of safety, stableness and ease
101 of use. Indeed, RIA for fish IGF-I is being replaced by time-resolved fluoroimmunoassay
102 (TR-FIA) (Ando 2005; Small and Peterson, 2005). In contrast, there is no non-RI immunoassay
103 available for fish IGFBP. The present study reports development of a competitive TR-FIA for
104 salmon IGFBP-1b.

105

106 **Materials and methods**

107 *Fish and blood collection*

108 Yearling masu salmon (*Oncorhynchus masou*, Shiribetsu River strain) were reared in freshwater
109 at Nanae Freshwater Laboratory, Field Science Center for Northern Biosphere, Hokkaido
110 University, Japan. Blood was withdrawn by a syringe from the caudal vein, allowed to clot
111 overnight at 4°C and centrifuged at 8,050g for 10 min. Serum was collected and stored at -30°C
112 until use.

113 Underyearling Atlantic salmon (*Salmo salar*, NLA strain) and rainbow trout (*O.*
114 *mykiss*, NLA strain) were reared in seawater at Matre Research Station, Institute of Marine
115 Research, Matredal., Norway. Blood was collected from the caudal vein with the use of a
116 heparinised syringe. Plasma was collected after centrifugation at 1,250g for 10 min. Plasma was
117 stored at -80°C until use.

118

119 *Assay components*

120 IGFBP-1b was purified from serum of spawning Chinook salmon (*O. tshawytscha*; Shimizu *et*
121 *al.*, 2005). Briefly, salmon serum was first fractionated by ammonium sulfate precipitation
122 and loaded onto an IGF-affinity column. IGFBP-1b was eluted from the column with 0.5M
123 acetic acid and further purified by reversed-phase high pressure liquid chromatography (HPLC)
124 on a Vydac C-4 column (Separation Group, Hesperia, CA). Purified IGFBP-1 was aliquoted
125 into prelubricated microcentrifuge tubes (PGC Scientifics, Frederick, MD) and stored at -80°C
126 until use. Chinook salmon IGFBP-1a and -2b were also purified as described in Shimizu *et al.*
127 (2011a) and Shimizu *et al.* (2003b), respectively. Polyclonal antiserum against purified
128 IGFBP-1b (anti-IGFBP-1b) was raised in a rabbit as described in Shimizu *et al.* (2006).

129

130 *Ligand blotting and western blotting*

131 Sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) with a 3% stacking
132 gel and 12.5% separating gel was carried. Purified salmon IGFBPs (50 ng) were treated with an
133 equal volume of a sample buffer containing 2% SDS, 10% glycerol at 85°C for 5 min. Gels
134 were run in a solution of 50 mM Tris, 400 mM glycine and 0.1% SDS at 50V in the stacking gel
135 and at 100V in the separating gel until the bromophenol blue dye front reached the bottom of
136 the gel. For western blotting, an electroblotted nitrocellulose membrane was incubated with
137 anti-IGFBP-1b serum at a dilution of 1:200 for 2 hr at room temperature. The membrane was

138 then incubated with goat anti-rabbit IgG-HRP conjugate (Bio-Rad, Hercules, CA) at a dilution
139 of 1:2,000 for 1 hr at room temperature. Immunoreactive bands were visualized on an X-ray
140 film by use of ECL western blotting reagents.

141 The result of western ligand blotting using digoxigenin-labeled human IGF-I
142 (DIG-hIGF-I) of purified salmon IGFbps was reproduced from Shimizu et al., (2003a) with
143 permission.

144

145 *Biotinylation of IGFBP-1b*

146 Purified IGFBP-1b was labeled with a biotin (EZ-link sulfo-NHS-LC-biotin, Thermo Scientific,
147 Rockford, IL). Two micrograms of purified protein were mixed with 15 μ l 0.5 M phosphate
148 buffer, pH7.4 and reacted with 2 μ l 1mM NHS-LC-biotin at a molar ratio of 1:25. A
149 low-adsorption 0.5 ml tube (PGC Scientifics) containing the mixture was incubated at room
150 temperature under dark with occasional flipping. Reaction was stopped by adding 32 μ l 0.1 M
151 Tris-HCl, pH8.0 for 15 min and 64 μ l 0.05 M Tris-HCl, 0.15 M NaCl, 0.2% BSA (Nacalai
152 tesque, Kyoto, Japan) were added to the tube. The biotinylated IGFBP-1b was dialyzed against
153 0.05 M Tris-HCl, 0.15 M NaCl, pH7.5 using Slyde-A-Lyzer 3.5K dialysis cassette (Thermo
154 Scientific). After dialysis, aliquots of the biotinylated IGFBP-1b were stored at -80°C until use.

155

156 *TR-FIA for IGFBP-1b*

157 A competitive method was employed in the assay. A 96-well assay plate coated with goat
158 anti-rabbit IgG (DELFI[®]A Yellow Plate; Perkin Elmer, Turku, Finland) was first washed with
159 200 μ l DELFI[®]A Wash Buffer (Perkin Elmer) and each well received 40 μ l DELFI[®]A Assay
160 Buffer (Perkin Elmer), 40 μ l anti-IGFBP-1b (1:1,250-5,000) and 40 μ l standard (purified
161 IGFBP-1b) or serum diluted with Assay Buffer. The plate was sealed by Thermal Seal RT[™]
162 (Excel Scientific, Victorville, CA) and incubated at 4°C overnight with shaking at 150 rpm on a
163 shaker. The plate was flash centrifuged, and each well received 40 μ l biotinylated IGFBP-1b
164 (1.3-10 ng/ml) and incubated at 4°C overnight at 150 rpm or at room temperature for 3 hr at 600
165 rpm. After plate was washed three times, each well received 100 μ l europium-avidin conjugated
166 with HRP (Perkin Elmer) and incubated at room temperature for 1 hr with shaking at 600 rpm.
167 The plate was washed six times and room-temperature acclimated 200 μ l DELFI[®]A
168 Enhancement Solution (Perkin Elmer) was added to each plate. The plate was shook without
169 sealing for 10 min at room temperature. Time-resolved fluorescence was measured by a
170 fluorometer (Victor3; Perkin Elmer) with emission and read wavelengths at 340 nm and 615 nm,

171 respectively.

172

173 *TR-FIA for IGF-I*

174 Prior to the assay, serum IGF-I was extracted with an acid-ethanol as described in Shimizu et al.
175 (2000). IGF-I was quantified by TR-FIA based on the method described in Small and Peterson
176 (2005) using recombinant salmon/trout IGF-I (GroPep, Adelaide, SA, Australia) for standard
177 and labeling with europium, and anti-barramundi IGF-I (GroPep) as a primary antiserum.

178

179 *Effect of fasting and refeeding*

180 A captive brood stock of masu salmon from the Shiribetsu River held at Nanae Freshwater
181 Laboratory, Field Science Center for Northern Biosphere, Hokkaido University, Japan was used
182 in the present study. In May 2010, underyearling masu salmon were lightly anesthetized in
183 water containing 2-phenoxy ethanol (Kanto Chemical, Tokyo, Japan) and individually marked
184 with PIT tags (Biomark, Boise, ID). They were randomly placed into one of three 300L outdoor
185 tanks, and allowed to recover and acclimate for 1 week with feeding. One week after tagging,
186 their initial fork length and body weight were measured. During the experiment, one group was
187 fed daily on a commercial diet (Marubeni Nisshin Feed Co. Ltd., Tokyo, Japan) to satiety for 5
188 weeks (Fed). Second group (Fasted) was fasted throughout the experimental period (5 weeks).
189 Third group (Re-fed) was fasted for first 3 weeks and re-fed for following 2 weeks. They were
190 reared using flow-through river water that ranged from 10.3°C to 18.0°C during the experiment.
191 The experiment was carried out in accordance with the guidelines of Hokkaido University Field
192 Science Center Animal Care and Use Committee.

193 Fork length (FL) and body weight (BW) of all fish were measured 3, 4 and 5 weeks
194 after the beginning of the experiment. Condition factor (K) was calculated as follows: (body
195 weight (g)) x 1000/(fork length (cm))³. Specific growth rate (SGR) was calculated as follows:
196 $SGR (\%/day) = \ln (s_2 - s_1) \times (d_2 - d_1)^{-1} \times 100$, where s_2 is length or weight on day₂, s_1 is length
197 or weight on day₁ and $d_2 - d_1$ is the number of days between measurements. At each time point,
198 seven fish per treatment were sampled for blood. Blood was withdrawn by a syringe from the
199 caudal vein, allowed to clot overnight at 4°C and centrifuged at 8,050g for 10 min. Serum was
200 collected and stored at -30°C until use.

201

202 *Changes during parr-smolt transformation*

203 Yearling masu salmon reared in freshwater at the South Branch of Salmon and Freshwater

204 Fisheries Institute, Hokkaido Research Organization (42°N, 140°E) (Nikai-gun, Hokkaido,
205 Japan) were sampled from February to June as described in Shimomura et al. (2012). These fish
206 were for stock enhancement and released to the river in May 2010. Some fish were kept in the
207 same pond and reared until June in freshwater. Seven fish were sampled monthly. Fish were
208 anesthetized by 3.3% 2-phenoxyethanol and measured for FL and BW. K was calculated as
209 described above. Blood was withdrawn by a syringe from the caudal vein, allowed to clot
210 overnight at 4°C and centrifuged at 8,050g for 10 min. Serum was collected and stored at -30°C
211 until use.

212

213 *Statistical analysis*

214 Results of the fasting/refeeding experiment were first analyzed by two-way ANOVA (time x
215 treatment) using the JMP program (SAS Institute Inc., Cary, NC, USA). When significant
216 effects were found, differences were further identified by one-way ANOVA followed by the
217 Fisher's protected least significant difference (PLSD) test. Differences among groups were
218 considered to be significant at $p < 0.05$. Simple linear regression analysis was used to assess
219 the relationships between endocrine parameters and morphological/growth parameters.

220 For the seasonal samples, data from the June samples were not included in the
221 analysis because fish held in freshwater in June were under quite different physiological state
222 and disturbed the IGF-I-gill NKA relationship (Shimomura et al., 2012). Data from February
223 through May were analyzed by one-way ANOVA with time as a factor followed by the PLSD
224 test as described above.

225

226 **Results**

227 In ligand blotting using digoxigenin-labeled human IGF-I, purified salmon IGFBP-2b, -1a and
228 -1b were detected at corresponding molecular weights of 41, 28 and 22 kDa, respectively (Fig.
229 1). Other minor bands were also visualized. Western blotting using anti-IGFBP-1b visualized
230 the 22-kDa band in the purified IGFBP-1b fraction as well as a band at 42 kDa (Fig. 1). The
231 42-kDa band was not immunostained by antiserum against IGFBP-2b (Shimizu et al., 2003a),
232 suggesting it is homodimer of IGFBP-1b. No band was detected in the purified IGFBP-2b
233 fraction whereas the 28-kDa IGFBP was also visualized but weakly in ligand blotting.

234 Specific binding of the biotinylated IGFBP-1 was displaced by increasing amounts of
235 cold IGFBP-1b (Fig. 2). Serial dilutions of serum/plasma from masu salmon, rainbow trout and
236 Atlantic salmon were parallel with that of the standard (Fig. 2). The half-maximal displacement

237 (ED₅₀) occurred at 3.8 ± 0.2 ng/ml ($n = 8$). The ED₈₀ and ED₂₀ were 0.9 ± 0.1 ng/ml ($n = 8$) and
238 24.6 ± 2.7 ng/ml ($n = 8$), respectively. The minimum detection limit of the assay, defined as the
239 mean count of the zero standard minus two standard deviations, was 0.4 ng/ml. The intra- and
240 inter-assay coefficients of variation estimated using a control serum were 9.7% ($n = 4$) and
241 12.5% ($n = 3$), respectively. The recovery of purified IGFBP-1 (10 ng/ml) added to masu
242 salmon serum was 114.6% ($n = 8$).

243 Cross-reactivity of other salmon IGFBPs in the TR-FIA was examined (Fig. 3). The
244 41-kDa form (IGFBP-2b) had no effect on displacing the binding. The 28-kDa form
245 (IGFBP-1a) showed some displacement at higher concentrations and its cross-reactivity was
246 calculated as 3.1%. Adding salmon IGF-I at 1:1 or 1:10 molar ratio to masu salmon serum did
247 not considerably alter its displacement curve (Fig. 4).

248 Using the TR-FIA, responses of circulating IGF-I and IGFBP-1b to fasting/refeeding
249 were examined in underyearling masu salmon (Fig. 5). Serum IGF-I levels were similar
250 between fed and fasted groups 3 weeks after fasting but became significantly lower in fasted
251 fish in week 4 (Fig. 5a). Refeeding for 1 week partly restored reduced IGF-I levels. However,
252 IGF-I levels in all groups were not significantly different in week 5. There was an overall effect
253 of fasting on IGFBP-1b (Fig. 5b). Serum IGFBP-1b levels were significantly higher in fasted
254 fish than in fed fish, while its levels became not significantly different among groups in weeks 4
255 and 5. Serum IGF-I level positively correlated with SGRs both in length and weight (Table 1,
256 Supplementary Fig. 1). On one hand, log-transformed serum IGFBP-1b level negatively
257 correlated with K and SGRs both in length and weight (Table 1, Fig. 6). There was a negative
258 correlation between serum IGFBP-1b and IGF-I ($r = -0.51$, $p = 0.0325$) in the fasting/feeding
259 experiment. IGF-I:ln IGFBP-1b ratio was calculated and plotted against SGRs (Supplementary
260 Fig. 1). Albeit not significant, IGF-I:ln IGFBP-1b ratio had a higher regression coefficient value
261 against SGRs than IGF-I alone (Supplementary Fig. 1).

262 Changes in circulating IGF-I and IGFBP-1b levels during smoltification in masu
263 salmon were measured by TR-FIA (Fig. 7). Serum IGF-I levels were steadily increased from
264 March to May and continued to increase even during the desmoltification period (June) (Fig.
265 7a). Serum IGFBP-1 levels were relatively stable from February to April, sharply increased in
266 May and were kept high in June (Fig. 7b). During February and May, serum IGF-I showed
267 positive relationships with FL, BW and gill Na⁺,K⁺-ATPase (NKA) activity (Table 2). Serum
268 IGFBP-1 levels were also positively correlated with FL, BW and gill NKA activity (Table 2,
269 Fig. 8). A negative correlation between serum IGFBP-1b and K was seen (Table 2). There was a

270 positive correlation between serum IGFBP-1b and IGF-I ($r = 0.52$, $p = 0.0067$).

271

272 **Discussion**

273 The present study developed a TR-FIA for salmon IGFBP-1b which can be used as an
274 alternative to the RIA. The assay components employed for the TR-FIA were the same as used
275 in the RIA (Shimizu et al., 2006) and showed the similar specificity. In the present study,
276 purified IGFBP-1b was biotinylated and used as tracer. This labeling appeared to have little
277 effects on the binding to the antiserum and the interference by IGFs in the assay. In salmon
278 blood, there are three major IGFBPs and two of them have been identified as IGFBP-1a
279 (28-kDa form) and -1b (22-kDa form) whereas the other as IGFBP-2b (41-kDa form) (Shimizu
280 et al., 2005, 2011a,b). Since IGFBP-1a and -1b share 61% sequence homology (Shimizu et al.,
281 2011a), the antiserum against IGFBP-1b could cross-react with IGFBP-1a. Indeed, the
282 antiserum visualized the IGFBP-1a band in western blotting and showed cross-reactivity to
283 IGFBP-1a in the TR-FIA. However, since its cross-reactivity is low (3.1%), it should not
284 severely affect the quantification of IGFBP-1b in TR-FIA. The assay components of the
285 TR-FIA were originally from Chinook salmon but serial dilutions of serum/plasma from masu
286 and Atlantic salmon and rainbow trout showed parallelism to the standard, indicating that this
287 assay can be used for salmonids as is the case for the RIA (Shimizu et al., 2006).

288 The establishment of the TR-FIA enabled us to investigate an effect of
289 fasting/refeeding on masu salmon IGFBP-1b (Kawaguchi et al., 2013) and an effect of
290 increased rearing temperature on Atlantic salmon and rainbow trout IGFBP-1b (Hevrøy et al.,
291 unpublished data). In the latter study, a high temperature (19°C) significantly affected
292 IGFBP-1b levels in both species but different timing and direction, suggesting that
293 species-difference in catabolic response to elevated temperature exists between Atlantic salmon
294 and rainbow trout (Hevrøy et al., unpublished data). At present, availability of immunoassay for
295 quantifying fish IGFBPs is limited to salmon IGFBP-1b and -2b (Shimizu et al., 2003a, 2006).
296 One of the challenges in establishing immunoassay for fish IGFBP is to prepare enough amount
297 of IGFBP for antigen since circulating levels of IGFBPs are approximately 300 ng/ml at the
298 highest (Shimizu et al., 2003a, 2006). The present study used IGFBP-1b purified from Chinook
299 salmon but the final yield was very low (22 µg from 600 ml serum; Shimizu et al., 2005),
300 making protein purification not a practical method for antigen preparation. In order to facilitate
301 studies on physiological regulation of fish IGFBPs, production of recombinant IGFBP and its
302 use as antigen is desired.

303 Induction of circulating IGFBP-1 by fasting is a well-known response in mammals
304 and fish (Lee et al., 1993, 1997; Siharath et al., 1996; Kelley et al., 2001; Peterson and Small,
305 2004; Shimizu et al., 2006, 2009). In post-smolt coho salmon, plasma IGFBP-1b was graded by
306 the period of fasting (1, 2 or 3 weeks) and a single meal after fasting for 3 weeks restored
307 increased IGFBP-1 to the basal level (Shimizu et al., 2009). The present study subjected
308 underyearling masu salmon to 5-week fasting or 3-week fasting followed by refeeding for 2
309 weeks. Fasting for 3 weeks significantly increased serum IGFBP-1b levels. However, after
310 week 3 serum IGFBP-1b levels in fasted fish decreased and became insignificant from those in
311 fed and refeed groups. The same trend of the decrease in IGFBP-1b levels during prolonged
312 fasting was observed in post-smolt masu salmon (Kawaguchi et al., 2013). In contrast, IGFBP-1
313 levels continued to increase for 60 days in striped bass (*Morone saxatilis*; Siharath et al., 1996)
314 or kept high until 45 days in channel catfish (*Ictalurus punctatus*; Peterson and Small, 2004).
315 These differences may be species-dependent but the presence of IGFBP-1a needs to be
316 considered since there is a possibility that IGFBP-1a could take over the IGFBP-1b role under
317 certain conditions. Kamei et al. (2008) reported subfunction partitioning of duplicated
318 IGFBP-1s in developing zebrafish embryos. In their study, both *igfbp-1a* and *-1b* were induced
319 by hypoxia but their timing and responsiveness to hypoxia were different, which was termed as
320 inducible or regulation subfunctioning partitioning (Kamei et al., 2008). On the other hand, only
321 *igfbp-1b* was induced by chronic low oxygen stress in the liver of Atlantic salmon (Olsvik et al.,
322 2013). However, in the same species hepatic *igfbp-1a* and *-1b* were increased when rearing
323 temperature was increased from 13°C to 17°C (Hevrøy et al., 2013; Olsvik et al., 2013).
324 Quantifying IGFBP-1a and comparing its response with that of IGFBP-1b will be useful to
325 understand how the inducible/regulation subfunction partitioning of these paralogs is operated
326 in fish.

327 IGFBP-1 is believed to be an inhibitor of IGF-I actions in fish (Kajimura and Duan,
328 2007). There are attempts to utilize its circulating protein levels or hepatic mRNA levels as an
329 index of negative growth and/or stress (Kelley et al., 2001, 2006; Picha et al., 2008; Kawaguchi
330 et al., 2013). However, few studies correlated *igfbp-1b*/IGFBP-1b levels with SGR. In
331 post-smolt masu salmon, serum IGFBP-1b and its hepatic mRNA levels were negatively
332 correlated with SGRs in both FL and BW (Kawaguchi et al., 2013). In the present study, serum
333 IGFBP-1b was negatively correlated with SGR in both FL and BW. However, its relationships
334 with SGRs were as not high as those in post-smolt masu salmon (Kawaguchi et al., 2013). The
335 reason for the weaker correlation with SGRs in underyearling masu salmon is not known but

336 care should be taken to use IGFBP-1b as a negative growth index in fish at different age, or/and
337 physiological conditions.

338 Simple correlation analyses on the relationships between circulating IGFBP-1b and
339 other growth-related traits and endocrine factors suggest possible negative effects of IGFBP-1b
340 in growth (Shimizu et al., 2006, 2009). In coho salmon (*O. kisutch*), IGFBP-1b was consistently,
341 negatively correlated with K (Shimizu et al., 2006, 2009). A negative correlation between
342 IGFBP-1 and body mass index is also evident in humans, which is likely explained by the effect
343 of body fatness on insulin sensitivity (Travers et al., 1998). In the present study, the same
344 negative relationship with K was found in the fasting/feeding experiment and during
345 smoltification. Whether insulin sensitivity is involved in the link between IGFBP-1b with K in
346 salmon is not known at present, but it is of note that insulin had little effect on hepatic
347 expression of *igfbp-1b* in coho salmon (Pierce et al., 2006), suggesting another physiological
348 mechanism. A direct effect of circulating IGFBP-1b on adipose tissue might be a possible
349 pathway. Weil et al. (2011) characterized expression patterns of the IGF/IGFBP system
350 including the IGF-receptor in adipose tissue in rainbow trout and suggested its involvement in
351 adipose tissue growth. How circulating IGFBP-1b affects availability of circulating IGFs to the
352 adipose tissue in fish is a subject to future study.

353 Our analysis also revealed that there was a negative correlation between circulating
354 IGFBP-1b and IGF-I in the feeding/fasting experiment using underyearling masu salmon. This
355 is in accordance with the result from the similar experiment using post-smolt masu salmon
356 (Kawaguchi et al., 2013) but differs from the result in coho salmon where IGFBP-1b levels
357 show no correlation with IGF-I under different feeding status (Shimizu et al., 2006, 2009).
358 These findings suggest a species-difference between coho and masu salmon. In humans, a weak
359 negative correlation between serum IGFBP-1 and IGF-I has been reported (Travers et al., 1998).
360 Given that salmon IGFBP-1b is potentially an inhibitor of IGF-I action, a ratio of IGF-I to
361 IGFBP-1b may reflect a fraction of circulating IGF-I available for promoting growth. In order
362 to test this hypothesis, we calculated the ratio and correlated it with SGR in the present study.
363 As a result, although IGF-I:ln IGFBP-1b ratio did not statistically improve the regression
364 coefficient of variation but was higher than that of IGF-I alone. This kind of analysis may be
365 worthy trying when more data points are available

366 Parr-smolt transformation (smoltification) is a series of changes pre-adaptive for
367 salmon to ocean life (Stefansson et al., 2008; McCormick et al., 2013). Acquisition of
368 hypoosmoregulatory ability (seawater adaptability) mainly through activation of gill NKA is

369 one of the characteristic changes occurring during smoltification. A rapid lean growth, generally
370 reflected by a reduction of K, is also seen during this period. Circulating IGF-I levels have
371 shown to change during smoltification in several salmonid species (Aas-Hansen et al., 2003;
372 Augustsson et al., 2001; Shimizu et al., 2003a), which could improve seawater adaptability
373 and/or promote body growth (McCormick et al., 2013). In masu salmon, IGF-I typically shows
374 a peak or high values when gill NKA was activated, suggesting that circulating IGF-I is
375 involved in the NKA activation (Shimomura et al., 2012; Kaneko et al., in press). On one hand,
376 there is only one study reporting changes in circulating IGFBP-1b during smoltification in coho
377 salmon (Shimizu et al., 2006). In that study, plasma IGFBP-1b sharply increased from the end
378 of March through late April. IGF-I levels in the same study increased prior to that of IGFBP-1b
379 and there was no significant relation between IGFBP-1b and IGF-I. In contrast, there was a
380 positive correlation between them in the present study. In yellowtail kingfish (*Seriola lalandi*),
381 albeit at the mRNA level, a strong positive correlation was seen between liver *igf-1* and *igfbp-1*,
382 which might buffer the hypoglycemic action of circulating IGF-I (Collins et al., 2014). Thus,
383 IGFBP-1b might have a role in preventing IGF-I from interacting with the insulin receptor
384 during smoltification. Alternatively, IGFBP-1b may target IGF-I to certain tissues. In the
385 present study, IGFBP-1b positively correlated with gill NKA activity. Given that circulating
386 IGF-I is believed to be important for activating branchial NKA (Reinecke, 2010; Shimomura et
387 al., 2012), IGFBP-1b could have a positive effect on the IGF-I action by delivering IGF-I to the
388 gill or protecting it from degradation. Although this is totally a speculation at present but the
389 present study is the first to report a positive correlation between circulating IGFBP-1b and gill
390 NKA, and suggests a possible involvement of IGFBP-1b in the regulation of gill NKA activity.

391 In summary, the present study established a TR-FIA for salmon IGFBP-1b.
392 IGFBP-1b levels were increased by fasting but it might be transient in underyearling masu
393 salmon. During smoltification of yearling masu salmon, circulating IGFBP-1b was positively
394 correlated with circulating IGF-I and gill NKA activity, suggesting its possible involvement in
395 the development of hypoosmoregulatory ability in salmon.

396

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403

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585

585 **Figure legends**

586 Fig. 1. Ligand blotting (LB) and western blotting (WB) of purified salmon IGFbps. Samples
587 were run on 12.5% gel under non-reducing conditions, transferred to nitrocellulose membranes.
588 The membranes were probed by either digoxigenin-labeled human IGF-I for ligand blotting or
589 anti-salmon IGFBP-1b for western blotting. Arrowheads indicate molecular weights of IGFbps.
590

591 Fig. 2. Displacement of biotinylated-salmon IGFBP-1b with purified IGFBP-1b and sera from
592 masu salmon and rainbow trout (a) and Atlantic salmon (b).
593

594 Fig. 3. Cross-reactivity of salmon IGFbps in the TR-FIA. Displacement of tracer was assessed
595 by adding increasing amounts of purified salmon IGFBP-1a, -1b and -2b to the assay.
596

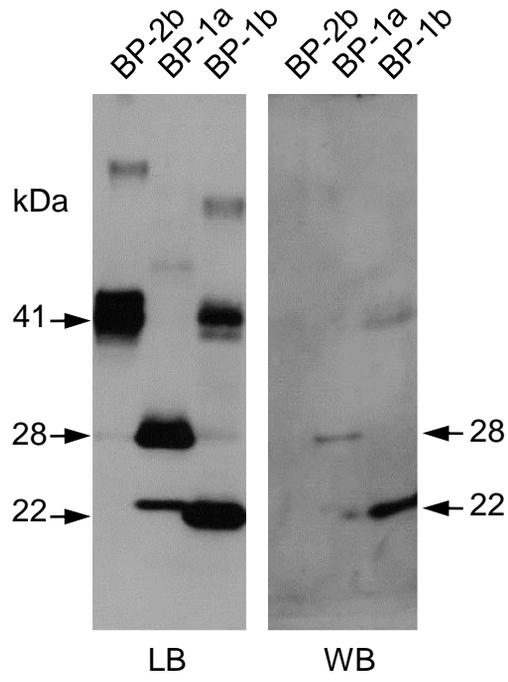
597 Fig. 4. Effect of exogenous salmon IGF-I on the displacement of masu salmon serum in TR-FIA.
598 Salmon IGF-I was added to masu salmon serum at molar ratio of 1:1 or 1:10.
599

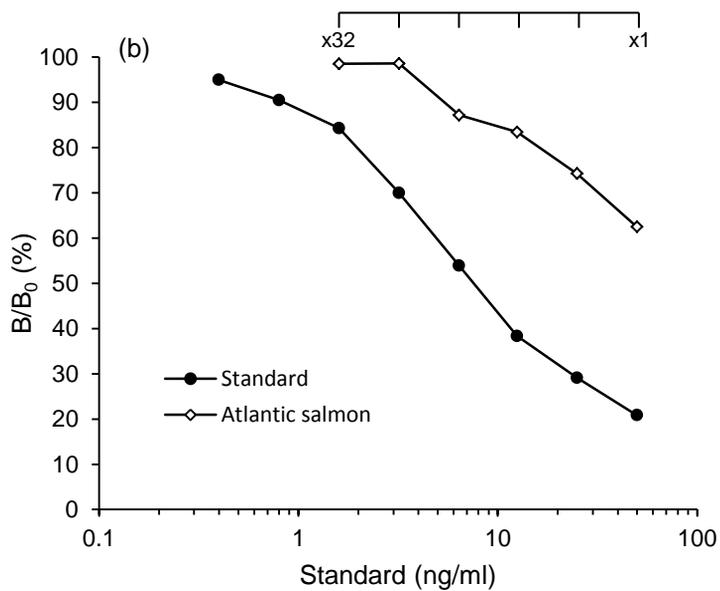
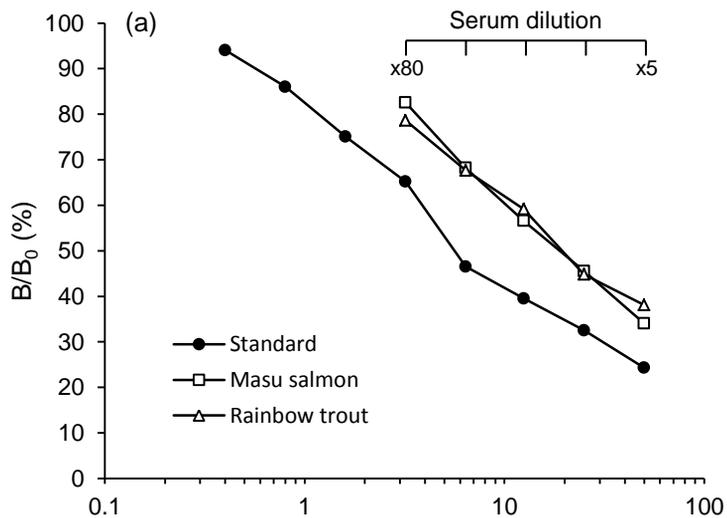
600 Fig. 5. Effects of fasting and re-feeding on circulating IGF-I (a) and IGFBP-1b (b). Values are
601 expressed as means \pm SE ($n = 6-7$). An asterisk indicates an overall effect. Symbols sharing the
602 same letters are not significantly different from each other.
603

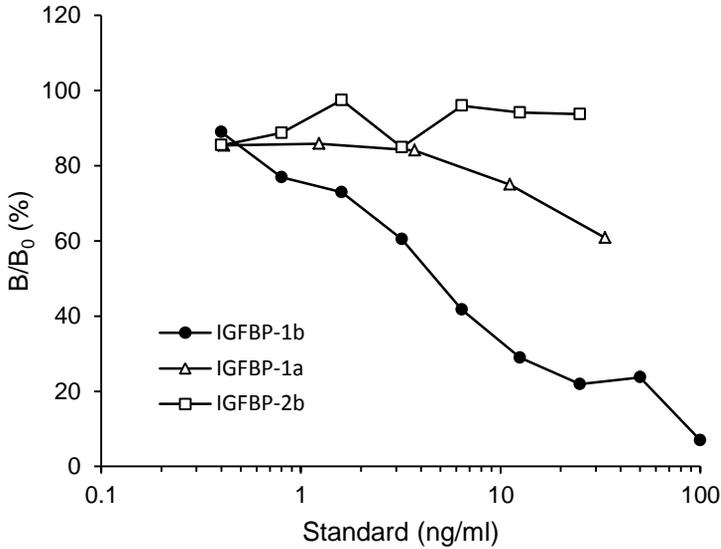
604 Fig. 6. Correlations between natural-log transformed IGFBP-1b level and condition factor (a),
605 specific growth rate (SGR) in fork length (FL) (b) and SGR in body weight (BW) (c).
606

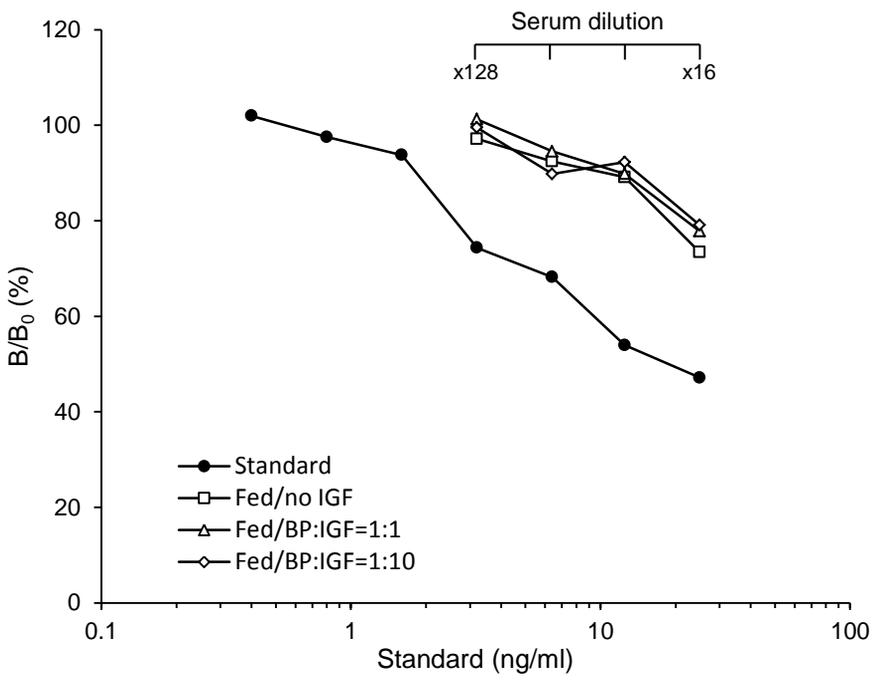
607 Fig. 7. Changes in serum IGF-I (a) and IGFBP-1b (b) levels during smoltification of masu
608 salmon. Values are expressed as means \pm SE ($n = 6-7$). Data on serum IGF-I were from
609 Shimomura et al. (2012) with permission. Symbols sharing the same letters are not significantly
610 different from each other.
611

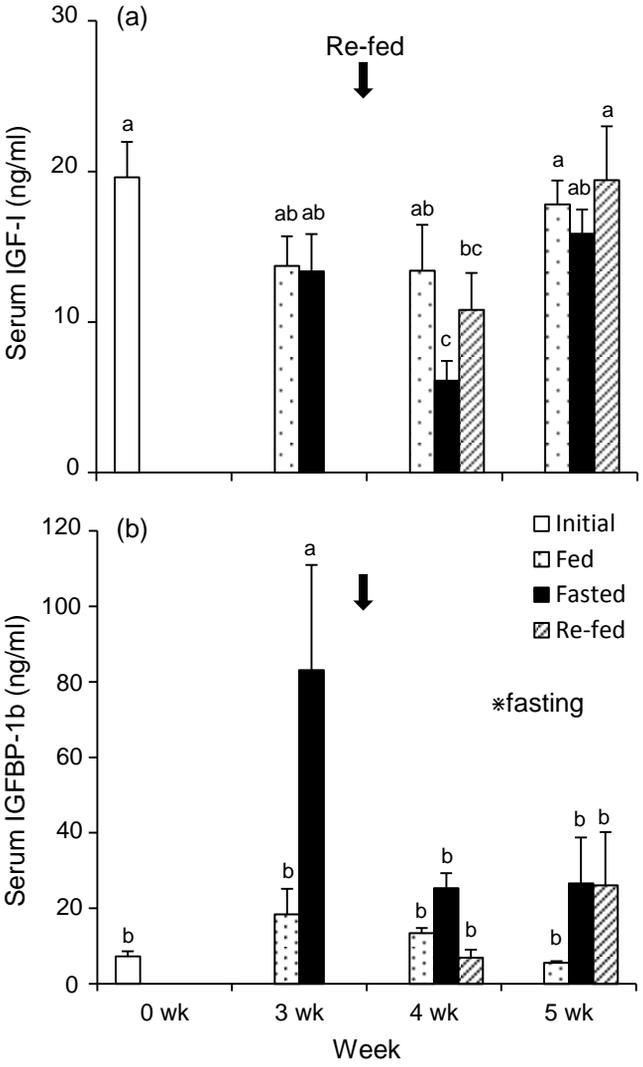
612 Fig. 8. Correlation between natural-log transformed IGFBP-1b level and gill Na⁺,K⁺-ATPase
613 (NKA) activity during smoltification of masu salmon (March to May, $n = 19$). Data on gill
614 NKA activity were from Shimomura et al. (2012) with permission.

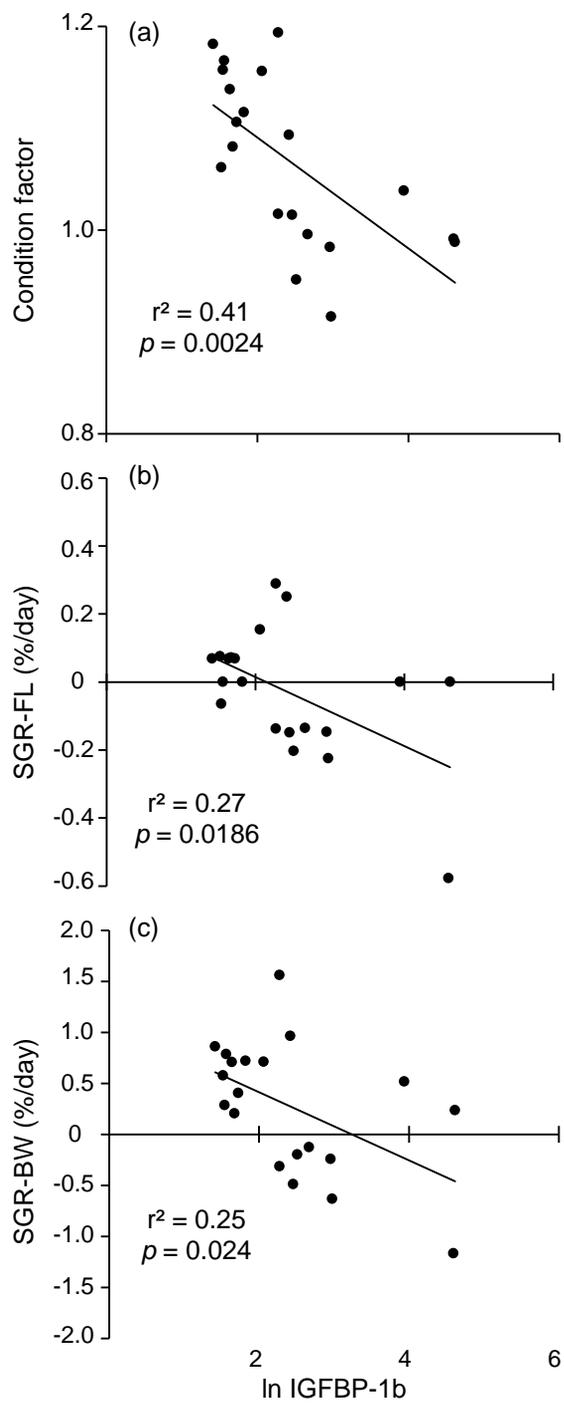


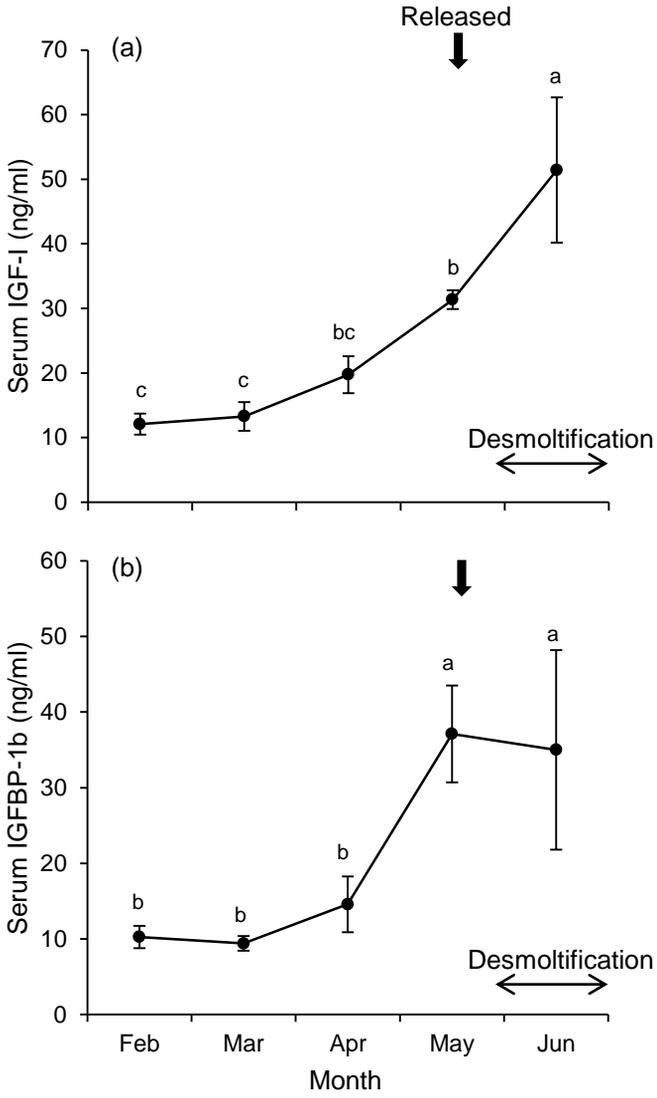












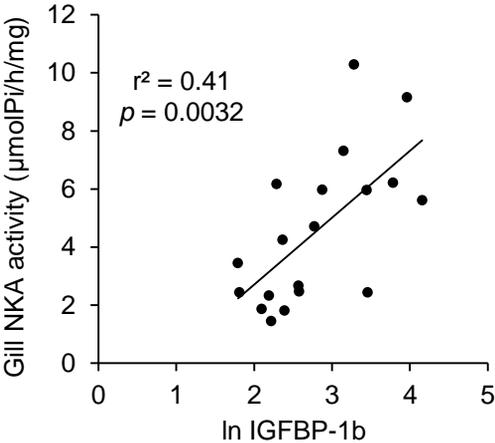


Table 1
Correlation coefficients (r) between endocrine parameters and morphological/
growth parameters.

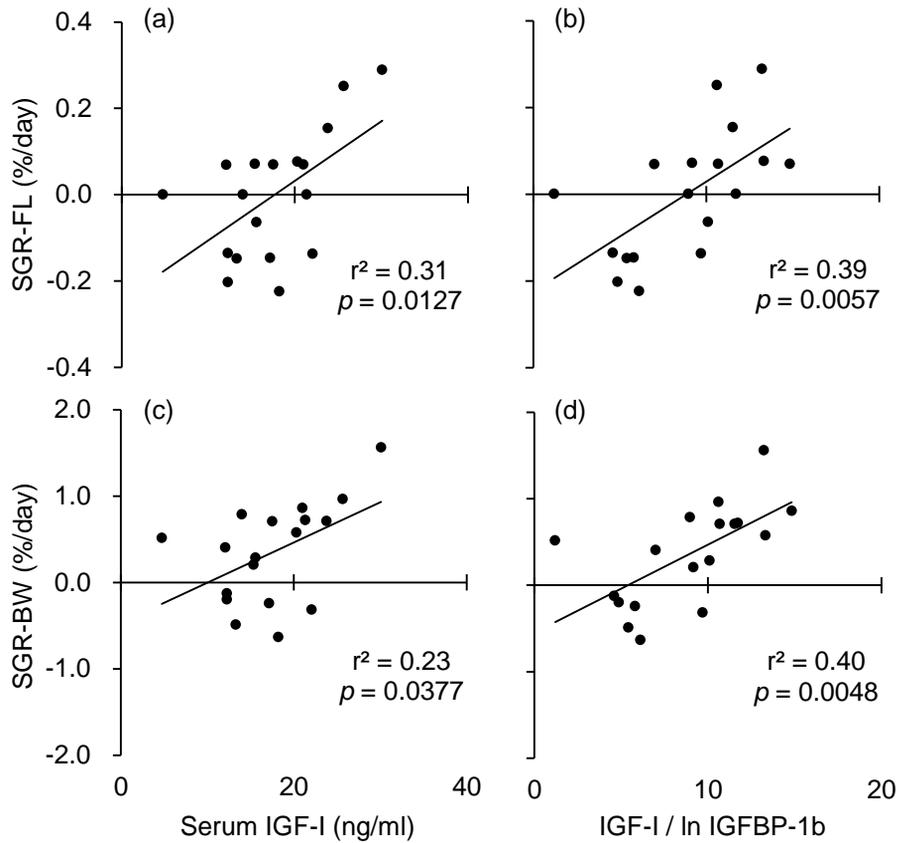
	FL	BW	K	SGR-FL	SGR-BW
IGF-I	-	-	-	0.56	0.48
ln IGFBP-1b	-	0.48	-0.64	-0.52	-0.50

(-): not significant. Analysis was used in 5th week.

Table 2
Correlation coefficients (r) between endocrine parameters and morphological parameters and gill NKA activity during February to May.

	FL	BW	K	Gill NKA activity
IGF-I	0.77	0.76	-	0.86
ln IGFBP-1b	0.61	0.55	-0.42	-0.64

(-): not significant. Data on serum IGF-I were from Shimomura *et al.* (2012) with permission.



Supplementary Fig. 1. Correlations between IGF-I level and specific growth rate (SGR) in fork length (FL) (a) and body weight (BW) (c), and between IGF-I/ln IGFBP-1b and SGR-FL (b) and -BW (d). Regression coefficients were statistically not different between IGF-I and IGF-I/ln IGFBP-1b for both SGR-FL and -BW. Note that data points ($n = 18$) are not identical to those in Fig. 6 ($n = 19$) due to a small serum volume in one sample.

Table
Comparison of morphological parameters among treatments.

		0 wk	3 wk	4 wk	5 wk
FL	Fed	9.6 ± 0.18	Data lost	9.9 ± 0.17	10.2 ± 0.23
	Fasted		10.0 ± 0.26	10.0 ± 0.19	9.9 ± 0.18
	Re-fed			9.9 ± 0.28	9.8 ± 0.22
BW	Fed	10.1 ± 0.54 ^{ab}	Data lost	9.8 ± 0.52 ^b	11.0 ± 0.86 ^a
	Fasted		9.7 ± 0.83 ^b	9.6 ± 0.53 ^b	11.4 ± 0.55 ^b
	Re-fed			10.8 ± 1.03 ^{ab}	10.4 ± 0.78 ^{ab}
K	Fed	1.14 ± 0.02 ^a	Data lost	1.02 ± 0.02 ^b	1.04 ± 0.02 ^a
	Fasted		0.97 ± 0.02 ^b	0.97 ± 0.02 ^b	1.18 ± 0.04 ^b
	Re-fed			1.09 ± 0.02 ^a	1.11 ± 0.02 ^a
HSI	Fed	2.21 ± 0.22 ^a	Data lost	1.56 ± 0.24 ^b	1.40 ± 0.10 ^b
	Fasted		1.19 ± 0.07 ^b	1.22 ± 0.17 ^b	0.89 ± 0.04 ^b
	Re-fed			1.30 ± 0.24 ^b	1.41 ± 0.21 ^b

Values are expressed as mean ± SE (n = 6-7). Symbols sharing the same letters are not significantly different from each other.