High-speed *in situ* Observation System for Sonoporation of Cells with Size- and Position-Controlled Microbubbles

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Abstract—A high-speed *in situ* microscopic observation system developed for basic studies on mechanisms of sonoporation is introduced in this paper. The main part of the system is an inverted-type fluorescence microscope, and a high-speed camera of 20 MHz in maximum framing rate was used to visualize dynamics of cavitation bubbles that causes a sonoporation effect. Differential interference contrast and fluorescence techniques were used for sensitive visualization of cell changes during sonoporation. The system is also equipped with optical tweezers that can move a microbubble of several microns in size by using a donut-shaped light beam. In *situ* microscopic observation of sonoporation was carried out using a cell with a size- and position-controlled microbubble. The experimental results showed that the ability of cells to repair sonoporation-induced damage depends on their membrane tension, indicating the usefulness of the observation system as a basic tool for investigation of sonoporation phenomena.

Index Terms—Biological effects & dosimetry, Biophysical Mechanisms, Therapeutics, Ultrasound contrast agents.

I. INTRODUCTION

SONOPORATION is a technique to induce a temporal increase in cell membrane permeability by ultrasound exposure and transport drugs or genes that normally have no permeability into cells [1]–[3]. Early studies on sonoporation showed that ultrasound exposure in the presence of microbubbles greatly improves sonoporation effects [4], [5], suggesting that mechanical effects of oscillating cavitation bubbles on cells are responsible for sonoporation.

Continuous or long-tone-burst ultrasound is generally used to obtain higher efficacy of sonoporation. Since cavitation bubbles have highly random and complex activities under this exposure condition, it is impossible to predict the place and timing of a cavitation bubble to damage the cell membrane, and thus *in situ* microscopic observation of sonoporation phenomena is difficult. In a previous study, we showed that exposure of cells to single-shot short pulsed ultrasound can induce a sonoporation effect if preexisting bubbles are attached to the cells [6]–[8]. In this situation, *in situ* microscopic observation of sonoporation phenomena is possible because the short duration of the pulse can limit the range of bubble movement inside a field of view and enables prediction of the sonoporation site.

Acoustically induced cavitation causes various types of biological effects [9], [10], and observation of cavitation dynamics during sonoporation phenomena is a direct method for elucidating bubble activities and interaction of bubbles with cells. Ultrasound of several MHz in center frequency and microbubbles of several microns in diameter are typically used for sonoporation; therefore, microscopic observation at framing rates higher than the ultrasound frequency is desirable to visualize bubble dynamics [7], [8], [11]–[13] and bubble-cell interaction [6], [14]–[18]. Bright-field (BF) microscopy is suitable for observation of bubble activities, and fluorescence microscopy combined with differential interference contrast (DIC) techniques is essential for sensitive detection of cell changes.

Understanding of sonoporation phenomena is, however, still difficult because cultured cells have large variance in their shape and maturity, and bubbles also have large variance in their size and relative position to the cells. These variances cause a large difference in the sonoporation effect of individual cells and make it difficult to study the mechanisms and find optimum conditions for sonoporation.

To overcome the limitations in conventional sonoporation studies, we have developed a system that is equipped with optical tweezers that can move bubbles of several microns in size [19]. Using the optical tweezers, a bubble of a desired size is selectively picked up from bubbles of various diameters and moved to a desired position adjacent to a cell. Sonoporation experiments can then be carried out with size- and position-controlled bubbles, enabling determination of the optimum conditions for sonoporation by understanding its mechanisms.

II. MATERIALS AND METHODS

A. Light Microscope

Figure 1 shows a block diagram of the observation system.
The main part of the system is an inverted-type fluorescence microscope. We used two microscopes depending on the purpose of study. One is IX70 (Olympus, Tokyo, Japan), which was used for high-speed observation of bubble dynamics and bubble-cell interaction. It was used for bright field (BF) and fluorescence observation of cell damage. The other is Ti Eclipse (Nikon, Tokyo, Japan), which was used for differential interference contrast (DIC) and fluorescence observation of cell damage. Bubbles and cells were illuminated by a halogen lamp, and a transmission image magnified by an objective lens was captured by a digital CCD (charge coupled device) camera (Orca R2, Hamamatsu Photonics, Shizuoka, Japan). Objective lenses of LUMPlan FL/IR 40× (N.A. 0.8) and S Plan Fluor ELWD 40× (N.A. 0.6) were used for IX70 and Ti Eclipse, respectively.

Another light source was used for fluorescence observation. A filter cube with filters and a dichroic mirror was inserted into the optical path to separate excitation light and emission light. The fluorescence dye Propidium iodide (PI) was used to detect cell membrane damage during sonoporation. The dye permeates only through damaged cell membranes and generates 617-nm fluorescence light under excitation of 536-nm light.

**B. Observation Chamber**

The observation chamber plays an important role in *in situ* real-time observation of sonoporation phenomena under the condition of ultrasound exposure. Figure 2 shows the microscope with a water bath placed on its table. The observation chamber was created at the bottom plate of the water bath. As shown in Fig. 3, a hole of about 10 mm in diameter was drilled through the bottom plate. The bottom side of the hole was covered with a plain coverslip, and the upper side of the hole was covered with a coverslip with a monolayer of cultured cells with cells facing down. The chamber was filled with air-saturated Hanks’ balanced salt solution (HBSS) with suspended microbubbles. Bubbles that have risen up to the top of the chamber by buoyancy force can therefore make contact with the cells. For experiments to simulate *in vivo* sonoporation, stiffness of a culture scaffold can be changed using gels that have stiffness similar to that of biological tissue [20].

Human epithelial prostate adenocarcinoma cells (PC-3 cells) were obtained from American Type Culture Collection. The cells were seeded on a coverslip placed inside a petri dish and incubated at 37°C with 5% CO₂, RPMI 1640 medium. Cell samples were used at a condition of 30–50% confluence.

Albumin-shelled microbubbles with a size distribution of 2 to 7 µm in diameter were used to evaluate the dependency of trapping force on bubble size with a wide range of diameters. For obtaining these bubbles, 50 mg of bovine serum albumin and 50 mg of D-glucose were dissolved in 3 mL of HBSS, and a vial containing 1 mL of the solution was mechanically agitated for 45 s. Levovist and Bubble liposomes (BL) [21], which were designed for ultrasound contrast agents, have narrower size distributions of 1 µm and 3 µm in typical diameters, respectively. Levovist was used for observation of cell-bubble interaction using a trappable bubble with a minimum diameter. BL were used for experiments to investigate the dependence of...
the cell ability to repair damage on membrane tension in a typical sonoporation condition in which bubbles of several microns in size were used.

C. Ultrasound Transducer

A laboratory-assembled focused transducer of 50 mm in aperture and 70 mm in radius that was driven by a three-cycle pulse of 1 MHz in center frequency was used. Two pulses with different pressure amplitudes were used in this study: a pulse with 1.3 and −0.7 MPa and a pulse with 0.7 and −0.5 MPa in peak positive and negative pressures, respectively. The pressure waveforms were measured using a membrane hydrophone (MHA500B, NTR Systems, Seattle, WA), which was placed at the focus of the ultrasound transducer in the absence of the observation chamber [8]. An imbalance in peak positive and negative pressure amplitudes indicates the induction of non-linear propagation.

D. High-speed Camera

A high-speed camera (Ultranac, Nac Image Technology, Tokyo, Japan) that can operate at a framing rate up to 20 million frames per second (fps) with 24 frames was used in the observation system. The camera uses a computer-controlled image converter tube, which enables independent settings of framing condition such as delay, exposure, and interframe times. Captured images are converted into electron images and deflected by two pairs of orthogonal deflection electrodes so as to make a two-dimensional (2D) matrix of electron image on a phosphor screen. The 2D image matrix is then converted into an optical image matrix and recorded on an instant film.

The camera was attached to a front port of the IX70 microscope, and BF illumination was used for high-speed framing to secure sufficient light exposure. A Xenon short-arc power flash (SA-200S, Nissin Electronic, Tokyo, Japan) was used as an illuminating light source of high-speed imaging. Input electric power of the lamp was 50–100 J per flash. The arc lamp was replaced with a halogen light bulb of a standard illuminating lighthouse. The frame rate was set in the range of 4–16 Mfps for practical observation, and exposure time for one frame was varied in the range of 23–200 ns.

E. Optical Tweezers

Optical tweezers manipulate a transparent object by reaction force generated by change in momentum of a high-intensity light beam refracted by the object. A microbubble has a refractive index lower than that of surrounding water and receives repulsive force from the beam; therefore, optical tweezers use a donut-shaped beam for bubble trapping [22].

The optical system for the tweezers is also shown in Fig. 1. The tweezers were installed in both of the microscopes. A continuous wave laser of 1,064 nm in wavelength and 2 W in maximum optical power was used for a light source. A computer-generated hologram was displayed on the liquid crystal device (800×600 pixels) of a reflection-type phase-only spatial light modulator (SLM; X10468, Hamamatsu photonics, Shizuoka, Japan), and a collimated beam of 8 mm in diameter illuminated the hologram. A phase-modulated light beam was introduced into the optical pathway of the microscope using a dichroic mirror that reflects 1,064-nm light.

Two types of tweezing beams with different beam shapes were used for the experiments. Figure 4a shows hologram for a Laguerre–Gaussian (LG) beam calculated using (1) [23]:

$$T_{LG}(r, \theta) = e^{i\theta},$$  \hspace{1cm} (1)

where \(l\) is the topological charge of the phase singularity, \(r\) and \(\theta\) are the radius and angle measured in the plane transverse to the direction of light propagation, respectively. Figure 4b shows hologram for Bessel beam calculated using (2) [24]:

$$T_{Bessel}(r, \theta) = e^{i\theta} e^{-i2\pi u x} e^{-i2\pi \theta/r_0},$$  \hspace{1cm} (2)

where \(u\) is the spatial frequency, \(x\) is the distance along the \(x\) axis, and \(r_0\) is the adjustable constant parameter, respectively. Since the collimated beam is focused by the objective lens with a large numerical aperture, the tweezing beams have a cone shape in 3D space. The diameter of the donut beam can be adjusted to a bubble size by moving the focus position of the microscope.

Transverse trapping forces of the tweezers were estimated by measuring the maximum moving speeds of trapped bubbles. A bubble moving through water receives two transverse forces in opposite directions: trapping force of the tweezers and viscosity drag force from the surrounding water. Since these two forces become equal at the maximum trapping speed, dragging force \(D\) of the optical tweezers can be obtained using (3):

$$D = 6\pi \mu r_B v,$$  \hspace{1cm} (3)

where \(\mu\) is absolute viscosity, \(r_B\) is bubble radius, and \(v\) is the maximum speed of a dragged bubble.

F. Control of Sonoporation Conditions Using Optical Tweezers

Sonoporation of biological cells consists of two consecutive processes: membrane rupture and its resealing. Cells have two mechanisms to repair the damage: one is passive resealing of a lipid bilayer and the other is an active resealing called patch
theory [25], [26]. In both resealing mechanisms, cell membrane tension can be an important factor that determines the speed and success rate of membrane resealing.

To confirm the effect of cell membrane tension on resealing, a series of sonoporation experiments was carried out using two types of cells with different shapes [27]: spherical and spindle-shaped cells, which were selected from sparsely cultured monolayer cells. The spherical cells were partially adhered to a coverslip, and the spindle-shaped cells were tightly adhered to a coverslip with extension of filopodia. We hypothesized that the spindle-shaped cells have membrane tension higher than that of the spherical cells. A membrane is lined with the underlying cytoskeleton. When the membrane is disrupted, the cytoskeleton creates membrane tension in the direction to expand the disruption [25]. We considered that cells with spindle shapes create higher tension because the cells have well-developed unidirectional structure of cytoskeleton to keep the stretched cell shapes.

To unify sonoporation conditions at the single cell level, a microbubble of desired size was trapped using the optical tweezers to attach it to intended position of the target cell, and other bubbles around the cell were moved to a distance of about 100–200 μm from the cell so as not to disturb the dynamics of the bubble beside the target cell.

III. RESULTS

A. Bubble Trapping

LG and Bessel beams generated by the optical tweezers installed in the IX70 system are shown in Figs. 5a and 5b, respectively. Figure 5c shows optical intensity profiles of the beams measured at the setting of the same inner diameters of the beams, indicating that the peak intensity of the Bessel beam is 1.8-times higher than that of the LG beam.

The three photos in Fig. 6a shows a bubble, the LG beam, and the bubble trapped by the LG beam from the top, respectively. Figure 6b shows the results of transverse trapping force measurements at the optical power of 1 W of laser output. Albumin-shelled bubbles of 3 to 7 μm in diameter with Brownian motion were used for the measurements. The diameter of the trapping beam was adjusted to the size of the trapped bubble. The experimental results showed that the trapping force linearly increases with increase in bubble diameter, and the force of the Bessel beam is 2.4-times higher than that of the LG beam.

Since the donut beam produces force to move bubbles in a transverse direction, a trapped bubble with Brownian motion moves by tracing the surface of an observation sample. Figure 7 shows an albumin-shelled bubble climbing up to the cell top by optical trapping force. A Ti Eclipse microscope was used to observe fluorescence overlaid DIC images. Figure 7a shows the bubble (arrowhead) moved to the cell top, where the bubble...
cannot keep the position without trapping force. The bubble can reach the cell top when it traces a gentle slope but cannot reach the cell top when it traces a steep slope shown in Fig. 7a. Figure 7b shows the cell after exposure to single-shot pulsed ultrasound of 0.7 MPa in peak negative pressure. Appearance of PI fluorescence at the bubble location indicates that sonoporation of a target cell can be achieved by using a size- and position-controlled bubble.

B. High-speed and Fluorescence Observations

Figure 8a shows an overlay of BF and fluorescence images of a cell before ultrasound exposure. Two 1-μm bubbles of Levovist (arrowheads) were trapped by an individual beam generated utilizing a time-division multiplexing technique with two holograms. No fluorescence is observed before ultrasound exposure. Figure 8c shows high-speed frames taken by the IX70 system. Bubble-cell interaction under exposure to single-shot pulsed ultrasound of 0.5 MPa in peak negative pressure was captured at 4 million fps. Frames #1–#3 show coalescence of two bubbles in a vertical line followed by bubble contraction. Frames #4–#6 show expansion and coalescence of two bubbles in a horizontal line. Frames #7–#8 show appearance of two bubbles again in a vertical line, suggesting generation of a vertical liquid flow in Frame #3 and a horizontal liquid flow in Frame #7. In Fig. 8b, after ultrasound exposure, PI fluorescence was observed at the location of bubble fragmentation, indicating that the violent volumetric change of the bubbles and/or the resulting liquid flows can cause cell membrane rupture.

C. Control of Sonoporation Conditions using the Optical Tweezers

Figure 9 shows images of the sonoporation of cells with spherical and spindle shapes that were taken by using the Ti Eclipse microscope with the optical tweezers. Figures 9a and 9b are DIC images of the cells before sonoporation. BL bubbles were picked up by the optical tweezers and placed beside the nuclei of the cells (arrowheads). The projected areas (Mean±S.D.) of spherical and spindle-shaped cells were 385±84 μm² and 673±184 μm², respectively. A significant difference between these values (p<0.01) suggests that the spindle-shaped cells have higher membrane tension than that of spherical cells.

A single-shot ultrasound pulse of 0.5 MPa in peak negative pressure was irradiated to the cells, and temporal change of the cells was studied using time-lapse observation. Figures 9c and 9d show PI fluorescence images 10 s after ultrasound exposure. Outlines of the cells visualized using DIC images are indicated by dotted lines. In both results, red fluorescence was observed adjacent to the bubble position, indicating membrane damage was generated by direct mechanical activity of the bubble. In these images, integrated fluorescence intensities inside the cells have the same value, 2.2 × 10⁴ (arbitrary units).

Fluorescence images taken 300 s after sonoporation are shown in Figs. 9e and 9f. In the case of a spherical cell, it was observed that weak fluorescence spread into a cell (Fig. 9e). The integrated fluorescence intensity was decreased to 1.1 × 10⁴, suggesting that resealing of the cell membrane damage was completed immediately after sonoporation. In the case of a spindle-shaped cell, cell swelling was observed beside the initial bubble position (Fig. 9f). Strong fluorescence filled most of the cell, and the integrated fluorescence intensity was increased to 9.6 × 10⁴, indicating failure of membrane resealing.

Changes in PI fluorescence intensity during sonoporation were observed for 27 spherical cells and 30 spindle-shaped cells, and the results are summarized in Figs. 10a and 10b, respectively. In both graphs, the horizontal axis shows bubble size and the vertical axis shows integrated fluorescence intensity 300 s after sonoporation. In Fig. 10a, closed and open circles show individual repair-failed and repaired cells with a spherical shape. In Fig. 10b, closed and open diamonds show individual repair-failed and repaired cells with a spindle shape.
Repair-failed and repaired cells were categorized by using the results of time-lapse observation of PI fluorescence from 10 s to 300 s: repair-failed cells have an integrated fluorescence intensity that continuously increases, while repaired cells have an integrated fluorescence intensity that temporarily increases but soon stops.

Rates of cell membrane damage detected by appearance of PI fluorescence were 85% (23/27) in spherical cells and 93% (26/30) in spindle-shaped cells, indicating that the presence of an adjacent bubble at the controlled position greatly increases the rates of cell membrane damage.

Generally, repair-failed cells had higher fluorescence intensities than those of the repaired cells. Bubbles of 1.8–4.3 μm in diameter were used for the experiments; however, no clear correlation was found between fluorescence intensity and bubble size. Rates of repaired cells were 78% (18/23) in spherical cells and 70% (19/27) in spindle-shaped cells, indicating that sonoporation with bubble control can achieve repair rate higher than that of ~60% attained in the experiments without bubble control [8].

Solid and dotted horizontal lines in Figs. 10a and 10b show lethally damaged cells with minimum fluorescence intensity (minimum level to cause lethal damage) and repaired cells with maximum fluorescence intensity (maximum level of repairable damage), respectively. As shown in the graphs, the two cell groups have similar maximum levels of repairable damage. However, the minimum level to cause lethal damage in the spherical cell group was 5-times higher than that in the spindle-shaped cell group, indicating that cells with lower membrane tension may have greater ability for repair.

IV. DISCUSSION

A. Advantage and Limitation of Optical Tweezers

Microbubbles observed in the sonoporation experiments can be divided into two bubble groups with and without Brownian motion. Bubbles in the former group are floating beneath a coverslip or a cell by forces such as electric repulsion, and they can be moved by the optical tweezers. Bubbles in the latter group directly adhere to the coverslip or cell, and they cannot be moved by the optical tweezers. The ratio between the former and latter bubbles depends on the material of the bubble shell and scaffold surface.

Beam steering and multi-beam operations are possible as shown in Fig. 8a by just substituting a hologram displayed on the SLM. However, trapping forces were measured using a single static beam (Fig. 5a and 5b) because modification of the holograms causes a decrease in trapping force. The trapping force of the single static beam was the same or greater than that generated by a donut beam made by mechanical light beam scan [28], and it was sufficient for transverse movement of bubbles with sizes of several microns that were used for sonoporation experiments.

The buoyancy force of a 3-μm bubble is calculated to be in the order of 0.1 pN. Although the transverse trapping force of our system (15 pN for the 3-μm bubble) is sufficiently larger than the buoyancy force, it was not effective for trapping in the vertical direction. Three-dimensional (3D) trapping of a microbubbles has been achieved in several studies. An upright microscope was typically used in those studies [28], [29], and position control in a vertical direction was realized by balancing two forces that work in opposite directions: optical radiation force and bubble buoyancy force. The first sonoporation experiment using an optically trapped bubble [16] also used an upright microscope, and the bubble was trapped to float in the water at a distance from a cell cultured on a coverslip. Our observation system uses an inverted-type microscope, and optical and buoyancy forces work in the same direction. Hermerschmidt proposed a method for the 3D trapping [30], which is our forthcoming task.

Sonoporation of Xenopus oocytes with 3D trapping bubbles generated by laser induced optical break down was also studied [31]. A high-speed camera was used to visualize bubble dynamics beside the cells, and resulting membrane damage was evaluated by measurements of transmembrane current.

B. High-speed observation

The complexity of microbubble dynamics under the condition of ultrasound exposure drastically increases in the presence of neighboring bubbles and cells. The reason is that interactions between the bubbles and cells cause anisotropic oscillation and translational movement of bubbles that lead to bubble fragmentation and cell deformation. Not only a higher framing rate but also a larger frame number is needed to understand the complex bubble dynamics. Brandaris-128 [32], which can take 128 frames at 25 million fps, has been used for a wide range of studies on medical application of microbubbles. The maximum number of frames of our camera is limited to 24 frames; however, the ability for independent setting of exposure time and framing interval allows study on the effect of a shell material on bubble dynamics, with observation of bubble dynamics under five sequential pulses with increasing pressure amplitudes [33]. High-contrast observation of a biological cell is also important for high-speed studies on bubble-cell interaction. High-image quality is one of the advantages of a high-speed camera that uses a sensitive CMOS image sensor with 128 on-chip memories [34].

C. BF, DIC and fluorescence observations

BF and DIC observations before sonoporation were important to select bubbles and cells for controlling sonoporation conditions at the single cell level, and observation of PI fluorescence after sonoporation was important as a sensitive indicator for evaluating the degree of membrane damage. Furthermore, resealing of the damaged membrane was determined by evaluation of temporal change in PI fluorescence, indicating usefulness of in situ time-lapse observation in sonoporation studies using size- and position-controlled bubbles.

The BF images visualized changes in shape and contrast of cells after sonoporation (Fig. 8). The DIC images showed that
local membrane damage initiates change in the texture of the entire cell (Fig. 9). However, it is still difficult to visualize 3D changes in a cell, and therefore, confocal microscopy is important for detecting changes in the membrane and organelles [35]–[37].

D. Dependence of Membrane Resealing on Membrane Tension

The cell membrane has an inherent ability to reseal a small pore by fusion of the disrupted edge of the pore. In the case of a large liposome, the resealing process of pores up to 1 μm in diameter is finished in a time scale of milliseconds to seconds, and lower membrane tension causes more rapid resealing [38]. Feril et al. [39] reported that ultrasonically induced membrane damage of cells suspended in a hypotonic medium is greater than that of cells suspended in a normal medium. The results suggest that cell swelling and the resulting increase in membrane tension prevented the cells from resealing. These reports support our experimental results that cells with lower membrane tension have higher ability to repair sonoporation damage. This finding is important for studies toward realization of in vivo sonoporation because the difference in cell morphology and tissue stiffness in in vitro and in vivo situations causes a significant difference in the persistence of cells against ultrasound exposure [20].

V. CONCLUSION

At the microscopic level, damage and repair of the cell membrane during sonoporation have large variance at the individual cell level because the cell shape, bubble size, and their positional relationship have large variance. Our approach by which single cell sonoporation is observed therefore has a limitation, and a statistical approach by which a large number of cells is observed is important to find a general tendency of sonoporation phenomena. On the other hand, averaging in a statistical approach would sometimes mask an important nature of sonoporation. The system used in this study was designed to combine a light microscope with optical tweezers. This combination enables control of sonoporation condition at single cell level and close observation of bubble and cell dynamics induced by sonoporation. We believe that the system will accelerate studies on sonoporation mechanisms to realize in vivo sonoporation.

REFERENCES


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