



Title	Growth and maturation of Pacific saury <i>Cololabis saira</i> under laboratory conditions
Author(s)	Nakaya, Mitsuhiro; Morioka, Taizo; Fukunaga, Kyouhei; Murakami, Naoto; Ichikawa, Takashi; Sekiya, Sachio; Suyama, Satoshi
Citation	Fisheries Science, 76(1), 45-53 <a href="https://doi.org/10.1007/s12562-009-0179-9">https://doi.org/10.1007/s12562-009-0179-9</a>
Issue Date	2010-01
Doc URL	<a href="http://hdl.handle.net/2115/74498">http://hdl.handle.net/2115/74498</a>
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Type	article (author version)
File Information	11_FS76 Nakaya et al.pdf



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1 **Growth and maturation of Pacific saury *Cololabis saira* under laboratory**  
2 **conditions**

3 **Mitsuhiro Nakaya · Taizo Morioka · Kyouhei Fukunaga · Naoto Murakami · Takashi Ichikawa**  
4 **· Sachio Sekiya · Satoshi Suyama**

5

6 M. Nakaya (✉) · T. Morioka · K. Fukunaga · N. Murakami · T. Ichikawa

7 Hokkaido National Fisheries Research Institute, Fisheries Research Agency, Akkeshi, Akkeshi, Hokkaido

8 088-1108, Japan

9 S. Sekiya

10 Management Section of National Center for Stock Enhancement, Fisheries Research Agency, Yokohama,

11 Kanagawa 220-6115, Japan

12 S. Suyama

13 Hachinohe Branch, Tohoku National Fisheries Research Institute, Hachinohe, Aomori 031-0841, Japan

14 *Present address:*

15 M. Nakaya

16 Kakikin Corporation, Akkeshi, Hokkaido 088-1111, Japan

17 e-mail: [nakayamitsuhiro@yahoo.co.jp](mailto:nakayamitsuhiro@yahoo.co.jp)

18 Tel & Fax: +81-135-52-5277

19

20 **Abstract** This study details the growth and maturation processes of Pacific saury *Cololabis saira* from  
21 eggs to first spawning under laboratory conditions. They were reared in 20°C, and fed almost to  
22 satiation every day. There was no significant difference in the knob length (KnL) between males and  
23 females and therefore data were combined in the following Gompertz growth formula  $KnL_t = 277.1 \exp$   
24  $(-\exp(-0.015(t - 83.8)))$ . The first spawning was observed on 243 days after hatching (DAH). At the  
25 beginning of spawning, when the mean KnL was about 250mm, only several hundred eggs were spawned  
26 at most. The spawning continued, and the number of spawned eggs increased notably after 260 DAH.  
27 Correlation and stepwise multiple regression analysis of gonad somatic index (GSI) of Pacific saury  
28 versus KnL, CF, and DAH revealed that only DAH ( $R = 0.88, 0.72$ , male and female, respectively) was  
29 significantly correlated with GSI of Pacific saury ( $P < 0.001$ ). This result suggests that DAH is one of  
30 the most influential factors for maturation in this species.

31

32 **Keywords** Growth · Maturation · Pacific saury · Spawning

33 **Introduction**

34

35 Currently many fisheries species are showing resource depletion and subsequently a reduction in  
36 reproductive success [1]. These processes relate not only to global environmental change but also to  
37 overfishing [2,3].

38 Pacific saury *Cololabis saira* is an important pelagic commercial fish that is widely distributed in the  
39 northwestern Pacific [4]. However, because of its wide distribution area, the amount of total stock has  
40 not yet been fully estimated and landings in Japan as well as body size distributions of the catch show  
41 dramatic fluctuations from year by year [5,6]. Fortunately, resources of the species have not been  
42 depleted yet unlike many other fisheries species. Therefore we need to understand the causes of these  
43 stock fluctuations in order to protect the resource from excess exploitation. To determine the factors  
44 causing fluctuations, first we need to obtain information on the life history, age and growth, and  
45 reproduction processes.

46 In previous studies on the life history, the general outline was deduced by Hotta [7] and Kosaka [8].  
47 However after Pannella [9] reported the existence of daily growth rings on the otoliths of fish, it has  
48 enabled clarification of the growth processes of various kinds of fish species over the period of less than  
49 one year after hatching [10–14]. Also for Pacific saury, the microstructure has been observed for the  
50 otolith [15], and Watanabe and Kuji [16] showed that the growth rings are formed daily using a laboratory  
51 experiment and thus enabling aging of this species. For estimation of adult age, the first spawning  
52 would be expected to occur after the formation of the hyaline zone (there is no space between the rings

53 and / or the rings can not be seen clearly), however for only 17–27% of individuals can the rings be  
54 counted during this period [17]. Therefore, true age of the first spawning individuals has not yet been  
55 obtained [18].

56 Sampling for larvae and juveniles of Pacific saury which forms the basis of the stock analysis has  
57 continued [19,20]. Growth and survival in the early life history are well known particularly for the  
58 nearshore area of Japan [6,21,22]. However as the spawning continues for quite long and the area is  
59 widespread in the North Pacific [7,8], the biology of the early life history has not yet been clarified and  
60 also their reproduction because the scarcity of samples from the spawning season as no commercial  
61 fishing occurs during this season. In general, the initial body size of Pacific saury showing ovary  
62 maturation is over 250mm knob length (KnL) and the mode is 270mm KnL, however the minimum size  
63 of individual that has already been observed in a spawning experiment was 253mm KnL [18]. Also about  
64 200mm KnL individuals were considered to have taken part in spawning both in the Japan Sea [23] and  
65 Suruga Bay [24]. Furthermore other specimens, even at 200mm KnL individuals were found to have  
66 over 1g wet weight of ovary that are ripe eggs [24].

67 Thus, viewpoints regarding the growth and maturation of Pacific saury differ among reports, and the  
68 causes of the resource fluctuations remain undetermined. However based on the present sampling scale  
69 and methods, clarification of these missing links are unlikely to be resolved.

70 Ito et al. [25] suggested that modeling approaches are important tools to identify information and data  
71 gaps. To investigate the mechanisms affecting the variability in Pacific saury growth, abundance, and  
72 biomass, a model which is able to reveal the effect of environmental and feeding conditions is required.

73 However, experimental information on which to base such a model is still limited [26,27], because Pacific  
74 saury are easily damaged in rearing tanks [28–31].

75 In the present study, first we examined the growth and maturation of Pacific saury under laboratory  
76 conditions to obtain some parameters for the model of Ito et al. [25].

77

## 78 **Materials and Methods**

79

80 Fertilized eggs of the Pacific saury, attached to drifting brown algae, were collected by research vessel  
81 ‘Asama’ in Kumano-nada, Mie Prefecture (16–17 °C sea surface temperature), Pacific Ocean Japan on  
82 21–23 April 2005. The eggs were kept in plastic bags containing 10 liters ambient seawater (17 °C  
83 water temperature, 32–34 ppt salinity) with oxygen and then transported to National Fisheries Research  
84 Institute, Fisheries Research Agency, Akkeshi by plane. The eggs were stocked and then incubated in a  
85 20 ton concrete tank at a temperature of about 17 °C (water exchange rate was 120 % / day). After  
86 hatching, the larvae were reared in the same tank at a temperature of about 20°C, because the temperature  
87 is the best for growth and survival for Pacific saury (for larvae and juveniles [32], from larvae to adults  
88 [28–31]). At 116 days after hatching (DAH), 250 individuals of Pacific saury were transferred to a 40  
89 ton concrete tank. The fish were fed to almost satiation on live food (rotifers *Brachionus* spp., and  
90 *Artemia* nauplii): usually two times a day (08:00–09:00, 15:00–16:00), frozen copepods (Miyabi No. 1  
91 (300–700µm), and No. 2 (1000–1500µm): JCK Co. Ltd): three times a day (08:00–09:00, 11:00–12:00,  
92 15:00–16:00), artificial feed (Otohime A, B1, B2, and Hirame EP1: Nisshin Marubeni Co. Ltd,

93 thoroughly mixed): 10–20 times a day (depending on their appetite) using a self feeding machine during  
94 06:00–17:00, mince (made of frozen mysid and squid): Monday, Wednesday, and Friday in the morning  
95 10:00–11:00). Daily feed amount and details of the rearing conditions are shown in Table 1. Samples  
96 of over 20 individuals were collected every 5 days from 0 to 40 DAH, from 50 to 140 DAH samples of  
97 10–20 individuals every 10 days, from 160 to 260 DAH 10 individuals were collected every 20 days, and  
98 when we could observe different or unusual behaviors related to spawning. The sampling was done at  
99 feeding time because the fish could be readily caught without causing excess stress.

100 KnL and body weight in wet weight (BW) of Pacific saury were measured to the nearest 0.1mm and  
101 0.01g after being anaesthetized with FA100 (Dainippon Pharma) or in seawater chilled with ice. KnL is  
102 a unit of body length from the edge of the lower jaw to the edge of the meat of silver part which is inside  
103 the caudal fin. This part has been shown to have the least measurement bias for Pacific saury [33]. In  
104 addition, the condition factor (CF) was examined using the following formula.

$$105 \quad CF = (BW / KnL^3) \times 10^6$$

106 Since after 140 DAH, we could make a distinction between males and females by observation of their  
107 gonads under a stereomicroscope, all of them were subsequently distinguished for sex, and the samples  
108 that were collected after 190 DAH were measured for the gonad weight (*GW*) and gonad somatic index  
109 (*GSI*) calculated. *GSI* was calculated using the following formula.

$$110 \quad GSI = GW \times 10^2 / BW$$

111 Ovary observations were done using females after 200 DAH that had yet to spawn. Multiple regression  
112 analysis [32] was performed (Mulvar95 Version 1.18, Kanda) to determine which factors (KnL, CF, and

113 DAH) significantly affected GSI of Pacific saury.

114 To estimate the distribution of their egg diameter, eggs were sampled from 100 randomly selected  
115 individuals in the middle part of gonad and then their size was measured to the nearest 0.01mm.  
116 Measurements of the egg diameter were based on the method of Suyama [17]. Eggs size was calculated  
117 using the equation below.

$$118 \text{ Radius} = ((\text{long radius}^2 + \text{short radius}^2) / 2)^{1/2}$$

119 To estimate batch eggs of the first spawning, largest oocytes were counted at one side of the ovary  
120 under the stereomicroscope.

121 From after 200 DAH, 2 pieces of spawning beds (we cut 16mm diameter polyvinyl chloride pipe to a  
122 thickness of 2mm width and connected 20 pieces with fine line, like beads (Fig. 1a)) were set in the  
123 breeding tank to measure the wet weight of eggs spawned every day (one time a day: 08:00–09:00). The  
124 number of eggs laid was estimated after verification of whether any eggs had come off and sank or not  
125 (the eggs are heavier than seawater). That is, whether they attached only to the spawning materials or not,  
126 and whether cannibalism of eggs occurred (stomach contents of the broodstock were observed by using  
127 one part of the sample). The eggs laid on the spawning materials (Fig. 1b) were then removed, wet  
128 weight measured, and used as the number of eggs spawned. Eggs of Pacific saury are elliptical (length:  
129  $1.8 \pm 0.04\text{mm}$  (mean  $\pm$  SD), width:  $1.6 \pm 0.06\text{mm}$ ). Wet weight of one egg with attachment filament  
130 was calculated as 0.0033g, and then one gram of the egg mass was estimated to be 300 eggs in this study.

131 Three types of growth model (Logistic, von Bertalanffy, and Gompertz) of Akaike Information  
132 Criterion [35] calculated using the non-linear least-squares regression procedure (Microsoft Excel solver



133 routine), and the model which has the lowest Akaike Information Criterion value was judged as the best  
134 model to data. Difference of growth between sexes was compared with ANCOVA using log transformed  
135 data.

136

## 137 **Results**

138

### 139 Growth and feeding

140

141 The relationships between DAH and KnL, and between DAH and BW under 20°C breeding conditions  
142 (details shown in Table 1) are shown in Figs. 2, 3. Mean body size of 0 DAH larvae was  $6.9 \pm 0.26$ mm  
143 KnL (mean  $\pm$  SD), and 5 DAH larvae was  $7.7 \pm 0.59$ mm KnL. Observations of Pacific saury larvae  
144 immediately after hatching showed that their digestive tract had not been fully formed yet, although 1  
145 DAH larvae already had a functioning digestive tract, therefore, feeding of rotifers started 1 DAH and  
146 continued until 5 DAH. Feeding of *Artemia* nauplii started from 2 DAH, and continued until 40 DAH  
147 ( $41.1 \pm 4.73$ mm KnL). Frozen copepods and artificial feed (Otohime A, B1) started to be fed after 15  
148 DAH ( $13.0 \pm 1.87$ mm KnL). On 35 DAH ( $35.9 \pm 3.99$ mm KnL), an auto feeding machine started to be  
149 used. At this time, the main artificial feed was Otohime B1, B2. From after 140 DAH ( $186.9$   
150  $\pm 13.66$ mm KnL), we fed not only artificial feed (Hirame EP1), but also fed raw mince.

151

### 152 Growth process

153

154 After 140 DAH individuals that could be judged whether they were female or male by observation of the  
155 gonad under a stereomicroscope were used for estimation of the growth process separately for both male  
156 and female (Fig. 4). Their regressions lines are shown below:

157 Male:  $y = 0.54x + 114.0$  ( $n = 60, R^2 = 0.70$ )

158 Female:  $y = 0.56x + 109.9$  ( $n = 63, R^2 = 0.72$ )

159 where  $x$  means DAH, and  $y$  means KnL. The regressions of the above two formulas were significant ( $P$   
160  $< 0.001$ ) and there was no significant difference for both slope and intercept ( $P = 0.98, P = 0.77,$   
161 respectively) and therefore, the growth formulas were combined for both sexes.

162 Three types of growth regressions calculated (Logistic, Gompertz, von Bertalanffy), and then their  
163 equations were judged by Akaike Information Criterion. As a result, the Gompertz growth formula was  
164 adopted (Fig. 2). The formula is as follows:

165  $KnL_t = 277.1 \exp(-\exp(-0.015(t - 83.8)))$

166 where  $t$  is DAH,  $KnL_t$  is KnL at  $t$  DAH.

167

168 Maturation and spawning

169

170 After 190 DAH, we observed and measured their gonads (Figs. 5, 6 and 7). According to Suyama et al.  
171 [18] from the cortical alveoli stage to the primary yolk stage, GSI of Pacific saury notably increases and  
172 the GSI becomes more than 1. The first individuals observed that had over 1 GSI was a female on 240

173 DAH (GSI =1.14, gonad weight = 1.0g). The minimum size of females that had a GSI over 1 was  
174 234.7mm KnL (GSI = 2.80, gonad weight = 1.7g, 310 DAH). After 300 DAH, all female individuals  
175 were over 1 GSI, except for 1 individual (GSI 0.91–4.20, gonad weight 0.9–5.5g). The male fish  
176 exceeding 1.0 GSI also already had produced a sufficient quality of sperm in their testes to join the  
177 spawning (Suyama Unpublished). The first individuals observed that had over 1 GSI was a male on 190  
178 DAH (GSI = 1.14, gonad weight = 0.6g). And also the male was a minimum size that had over 1 GSI  
179 (223.6 mm KnL). After 300 DAH, all male individuals were over 1 GSI (GSI 2.18–3.43, gonad weight  
180 2.5–5.5g).

181 Correlation and stepwise multiple regression analysis of GSI of Pacific saury versus KnL, CF, and  
182 DAH revealed that only DAH ( $R = 0.88, 0.72$ , male and female, respectively) was significantly correlated  
183 with GSI of Pacific saury ( $P < 0.001$ ).

184 Oocyte diameters for 200 to 220 DAH individuals that had no experience of spawning were observed  
185 (Fig. 8). Although 99% of oocyte diameter range showed overlap (oocyte in the early yolk vesicle stage,  
186 e.g., 0.15–0.34mm oocyte diameter reported by Suyama et al. [18]), the remaining 1% were larger and  
187 easy to distinguish from the other oocytes (oocyte size equivalent to the secondary yolk stage:  
188 0.52–0.85mm oocyte diameter [18]). These larger oocyte had diameters of 0.51–0.60mm, and their total  
189 number was estimated to be 289–350.

190 The number of eggs and pattern of spawning is shown in Fig. 9. The first spawning (Fig. 1c) was  
191 observed on 243 DAH (about 50 eggs attached to the spawning materials). After that, peaks were  
192 observed every 3–4 days, and on these days, several hundred eggs were observed each day. About 60

193 days after first spawning, several thousand eggs were observed on the peak days which were observed in  
194 the same cycle (every 3–4 days). At 94 days after first spawning, the total of spawned eggs from first  
195 spawning was over 200,000 (number of breeding individuals at first spawning day: 89 individuals, 94  
196 days after first spawning: 47 individuals). These spawned eggs that attached to the spawning materials  
197 were almost 100% fertilized.

198

## 199 **Discussion**

200

### 201 **Growth**

202

203 So far many studies have examined the growth and maturation of wild Pacific saury, however there has  
204 not been a fully accepted theory yet. Some reports have discussed about the growth until 6 month old  
205 fish. The body size estimates for 6 month old fish by Matsumiya and Tanaka [36] are 182 mm KnL,  
206 Watanabe et al. [37] and Suyama [17] are about 200mm KnL respectively.

207 In this study, the water temperature was maintained at 20°C and the fish were fed to satiation as a  
208 condition. Their growth until a half year after hatching (180DAH:  $207.5 \pm 19.6$  mm KnL (mean  
209  $\pm$  SD)) was similar to that in the wild, though the environmental conditions and prey items were quite  
210 different and also includes a variety of stress. According to Odate [38], wild individuals of Pacific saury  
211 migrate from warm sea areas to the Oyashio area (cold sea: sea surface temperature is about 12°C) on  
212 their feeding migration. In the Oyashio area, there is much prey (wet mass of zooplankton, ca. 20–30 g /

213 m<sup>2</sup>), though the temperature is low [38]. This migration enhances the growth rate and maturation of this  
214 species, although the metabolic mechanisms have not yet been fully clarified. This study was carried  
215 out under the optimum temperature condition for growth of Pacific saury (for larvae and juveniles [32],  
216 from larvae to adults [28–31]: that is 20°C) with enough food at this temperature. Therefore, the  
217 growth process of this study would show similar to the growth process in the wild.

218 From half a year after hatching, opinions on their growth vary among studies. Matsumiya and  
219 Tanaka [36] estimate that this species grows up 223mm KnL at one year based on size distribution. The  
220 Pacific saury caught from the western North Pacific were divided into three groups; the small size  
221 (200–240mm KnL), medium size (241–280mm KnL) and large size (> 280mm KnL) [39]. Watanabe et  
222 al. [37] estimate the period to grow from a small size (200–240mm KnL) to a large size (> 280mm KnL)  
223 to be half a year, and Suyama [17] estimates for the same period to be one year based on daily growth  
224 ring analysis. The reason for the difference of opinions is the existence of hyaline zones on the otolith.  
225 The zone does not have clear daily growth rings making the count of the number difficult. This study  
226 used reared individuals that were reared from eggs, therefore there is no doubt regarding the relationships  
227 between age and growth. Thus, we directly and firstly obtained evidence for the growth from half a year  
228 after hatching. The mean body size of 336 DAH individuals was 270mm KnL. This size is included in  
229 middle sized fish category (241–280mm KnL) used for grading commercially landed fish. And the  
230 growth process (Fig. 2) expected that the growth speed would be quite slow after growth to the middle  
231 size (241–280mm KnL) and it would spend much time to grow to the large size (> 280mm KnL).

232

233 Maturation and spawning

234

235 During the start of the spawning period, one spawner might spawn eggs a few at a time, or one or two  
236 spawners might spawn in turn. As their gonad weight was about 1g at most when the spawning began  
237 (GSI was about 1), the number of eggs released would total about 300 eggs. The number of peaks of  
238 the attached eggs on the spawning materials increased sharply after 60 days after first spawning (300  
239 DAH, estimated mean body size: 266.5mm KnL). At the time, the reason may be that not only most of  
240 the individuals started to spawn, but also the number of eggs per batch increased for each spawner.  
241 After 300 DAH, most of the females spawned.

242 So far there are some reports about the number of eggs per batch for Pacific saury (Kubo [40]:  
243 120–1720 eggs, Hatanaka [41]: 300–4500 eggs, Kosaka [8]: 947–2547 eggs, and Suyama [17]: 500–4000  
244 eggs (mean: 2000)). In this study, we measured their oocyte diameter using 200 to 220 DAH individuals  
245 that had no experience of spawning. Although 99% of oocyte diameters showed overlap, the remaining  
246 1% of oocytes were quite large and easy to distinguish as a single batch. Their total number was  
247 estimated as 289–350 oocytes. The number of batch eggs at the first spawning was estimated to be  
248 about 300 eggs (gonad weight: 1g) at most. And after first spawning, the number of batch eggs  
249 increased during continued spawning. In the above reports which have differences of opinion probably  
250 due to the samples including a variety of spawners that have different spawning experience like first,  
251 second, and so on. In addition, the results of this study indicate that the number of DAH affects more  
252 their maturation than their body size. This may be one of the reasons for the difference of the reported

253 biological minimum size of this species among sampling areas. Probably, they will be old enough to  
254 spawn, though the body size is small.

255 We need to continue rearing this batch to estimate the total number of spawned eggs in a lifetime.  
256 Total number of the spawned eggs in a single spawning season or spawning interval may change due to  
257 the feeding conditions during the spawning period. For example for northern anchovy [42] and Japanese  
258 anchovy [43], it is pointed out that the feeding conditions during the spawning period would effect the  
259 amount of eggs produced [44,45]. Feeding condition during spawning season also effect the growth.  
260 Further investigation is needed to compare the rearing data and the field data in order to obtain more  
261 biological data on this species under a variety of environmental conditions.

262

263 **Acknowledgements** We are grateful for the help of Mr. Hirokatsu Yamada (Mie Prefecture) for  
264 collection of the eggs, support and invaluable suggestions and Messrs Jun Tsuzaki and Shinya Yamauchi  
265 (Aquamarine Fukushima, Fukushima), Dr. Masayasu Nakagami, Mr. Tadao Jinbo (Minamiizu station,  
266 National Center for Stock Enhancement, FRA), Mr. Shigenori Suzuki (Minamiizu station, National  
267 Center for Stock Enhancement, FRA), Mr. Akio Nishiki and Dr. Yasuhiro Ueno (Hachinohe Branch,  
268 Tohoku National Fisheries Research Institute) for support and invaluable suggestions. We also thank the  
269 staff of the Hokkaido National Fisheries Research Institute, Fisheries Research Agency, Akkeshi who  
270 helped with laboratory experiments (Mr. Yusuke Bando, Mses Sachiko Degoshi, Miekko Genta, Shimako  
271 Hashimoto, Michiko Okuizumi, Miho Sasaki, and Yuko Suzuki).

272

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**Table 1** Details of the daily feeding amount and breeding conditions of Pacific saury *Cololabis saira* in this experiment

Days after hatching	Mean <sup>a</sup> KnL (mm)	Mean Body weight (wet: g)	<sup>b</sup> Rotifers (inds/ml)	<sup>b</sup> <i>Artemia</i> nauplii (inds/ml)	<sup>c</sup> Frozen copepods (%)	<sup>c</sup> Artificial feed (%)	<sup>c</sup> Mince (%)	Breeding individuals	Water temperature (°C)	Water volume of the tank (t)	Daily water exchange rate (%)
5	7.7		4.0	1.0				8320	20.0	12	300
10	10.2			1.5				6718	20.0	12	300
20	18.1	0.02		2.0	123.0	31.0		4864	20.0	12	300
30	28.3	0.09		3.0	33.0	8.3		4000	20.0	12	300
40	41.1	0.27		4.0		10.0		3858	20.0	12	300
50	53.6	0.57				10.0		2510	20.0	12	480
60	67.2	1.12				10.0		2422	20.0	12	480
80	99.8	3.82				8.0		2380	20.0	12	480
100	125.7	7.12				8.0		1225	20.0	12	480
120	159.4	15.60				8.0		250	20.0	12	300
140	186.9	28.88				7.0	4.5	229	20.0	20	300
160	197.2	33.42				3.7–4.0	3.0–3.9	200	20.0	20	0
180	207.5	38.13				3.7–4.0	5.3	149	20.0	20	0
200	226.7	53.46				3.7–4.0	4.2	132	19.6	20	0
250	248.4	76.78				3.7–4.0	5.7	76	20.0	20	0
327	288.5	135.67				3.3	4.1	27	20.1	20	0
340	287.0	121.74				2.7	4.2	23	19.9	20	0

<sup>a</sup> KnL means knob length

<sup>b</sup>Feeding density at each feeding

<sup>c</sup>Daily feeding amount per body wet weight of Pacific saury

378 **Fig. 1** Spawning beds (using 16mm diameter polyvinyl chloride pipe **(a)**), the eggs **(b)** and spawning  
379 behavior of Pacific saury *Cololabis saira* **(c)**

380 **Fig. 2** Relationships between days after hatching (DAH) and knob length (KnL) of Pacific saury  
381 *Cololabis saira*

382 **Fig. 3** Relationships between days after hatching (DAH) and body weight in wet weight (BW) of  
383 Pacific saury *Cololabis saira*

384 **Fig. 4** Relationships between days after hatching (DAH) and knob length (KnL) of Pacific saury  
385 *Cololabis saira* for each sex

386 **Fig. 5** Relationships between knob length (KnL) and gonad somatic index (GSI) of Pacific saury  
387 *Cololabis saira*

388 **Fig. 6** Relationships between knob length (KnL) and gonad somatic index (GSI) of Pacific saury  
389 *Cololabis saira*

390 **Fig. 7** Relationships between days after hatching (DAH) and gonad somatic index (GSI) of Pacific  
391 saury *Cololabis saira*

392 **Fig. 8** Distribution of egg diameter of Pacific saury *Cololabis saira* before first spawning

393 **Fig. 9** Relationships between days after first spawning and number of eggs released each day by the  
394 Pacific saury *Cololabis saira*

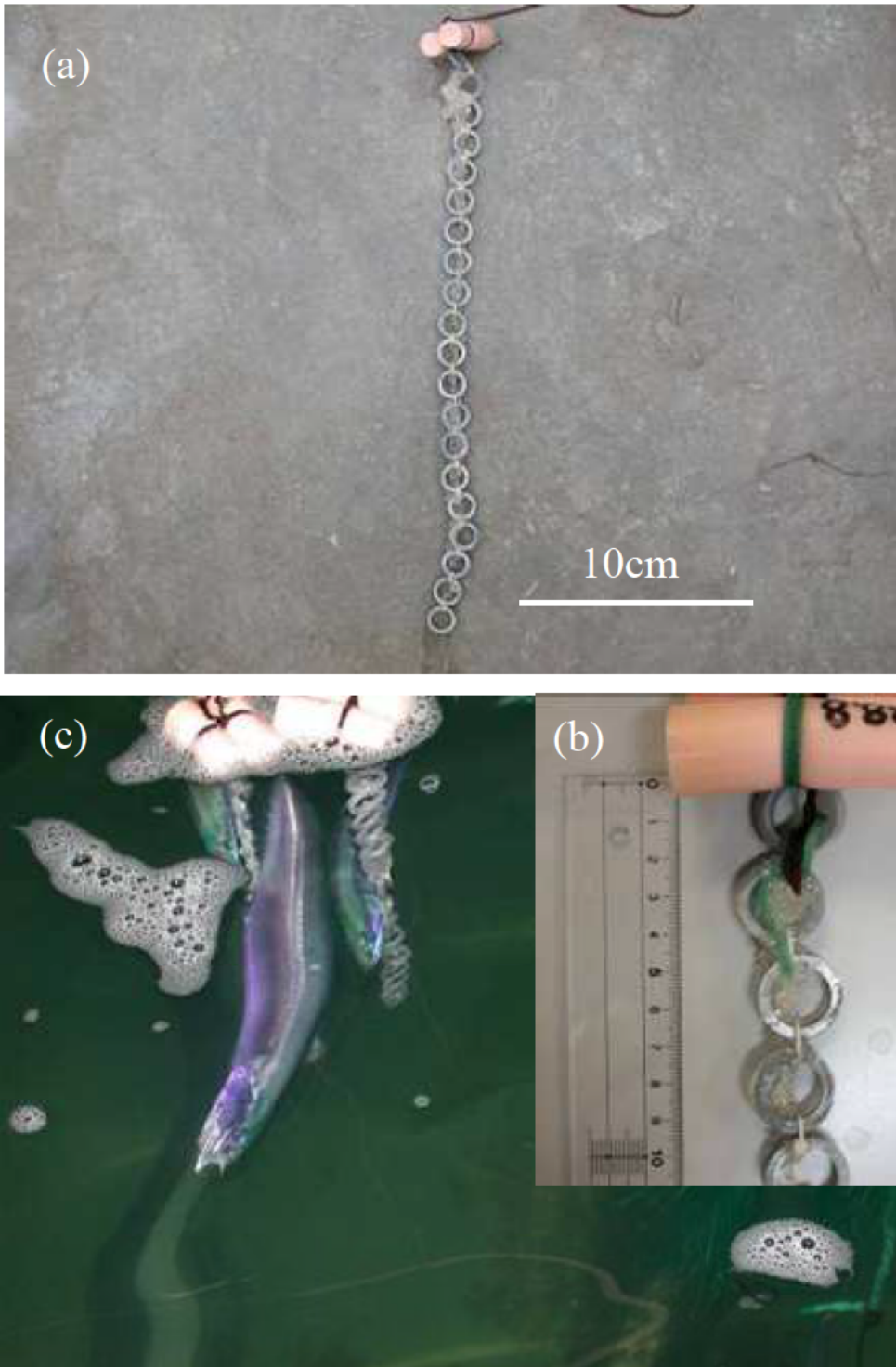


Fig. 1 Nakaya et al.



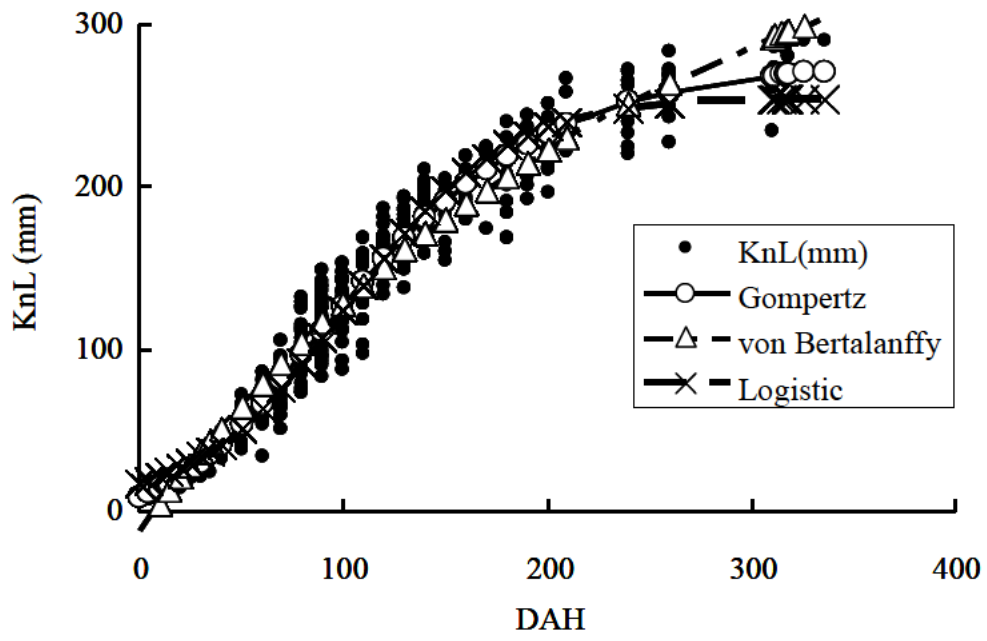


Fig. 2 Nakaya et al.

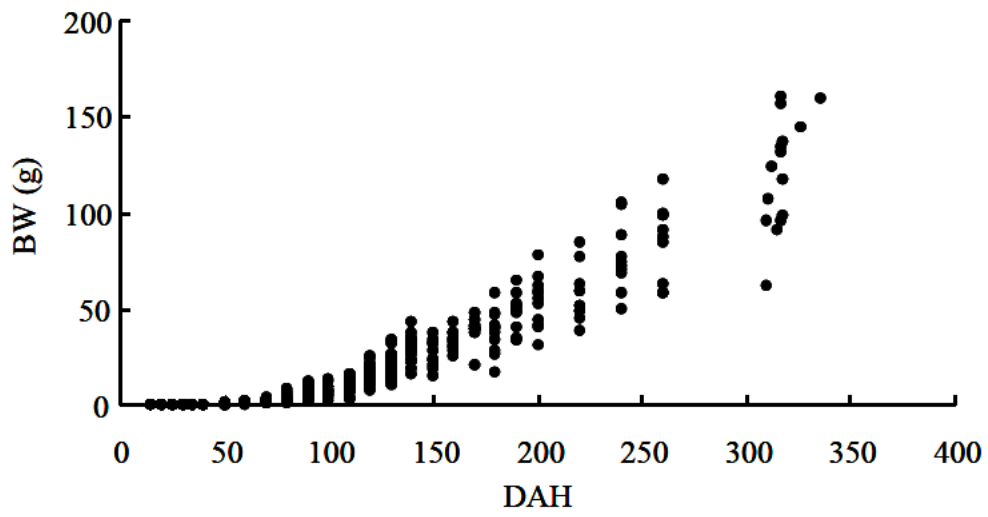


Fig. 3 Nakaya et al.

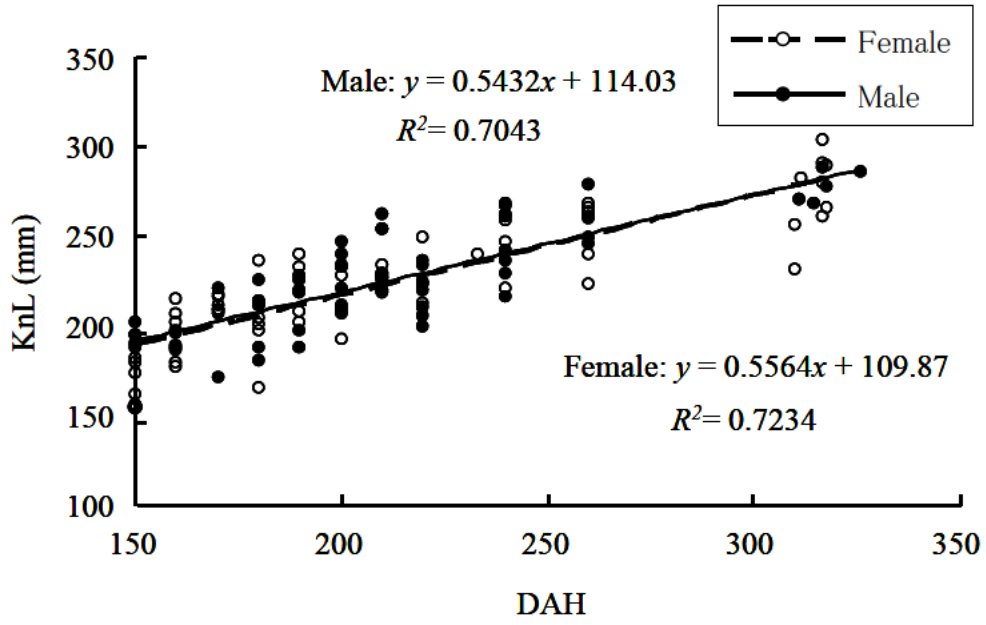


Fig. 4 Nakaya et al.

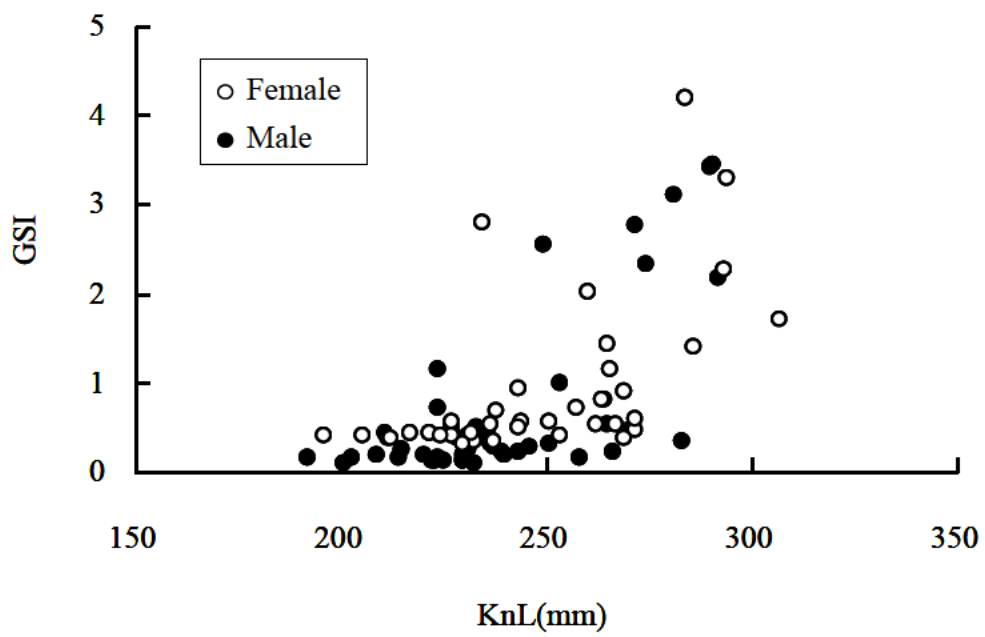


Fig. 5 Nakaya et al.

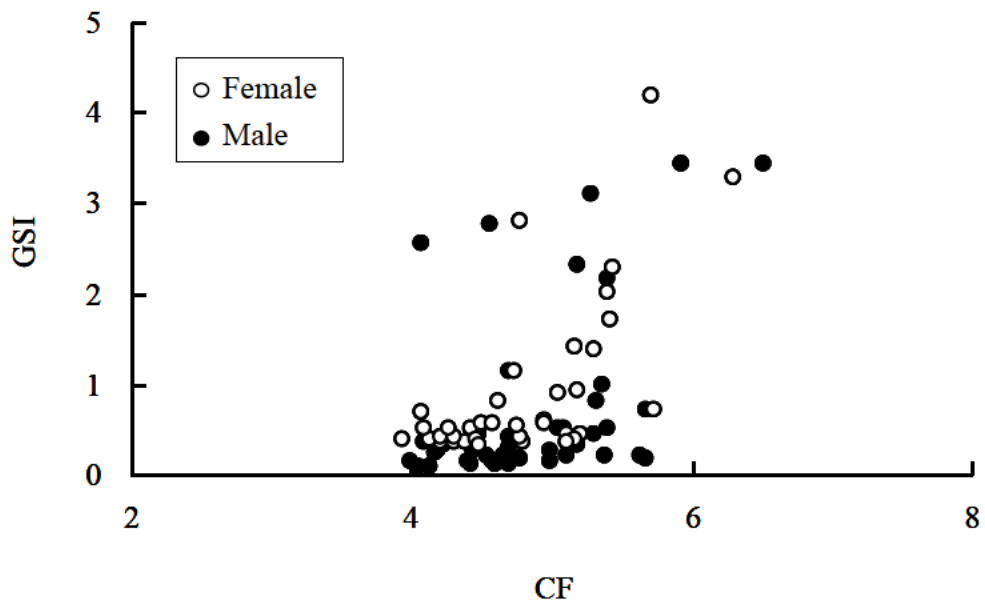


Fig. 6 Nakaya et al.

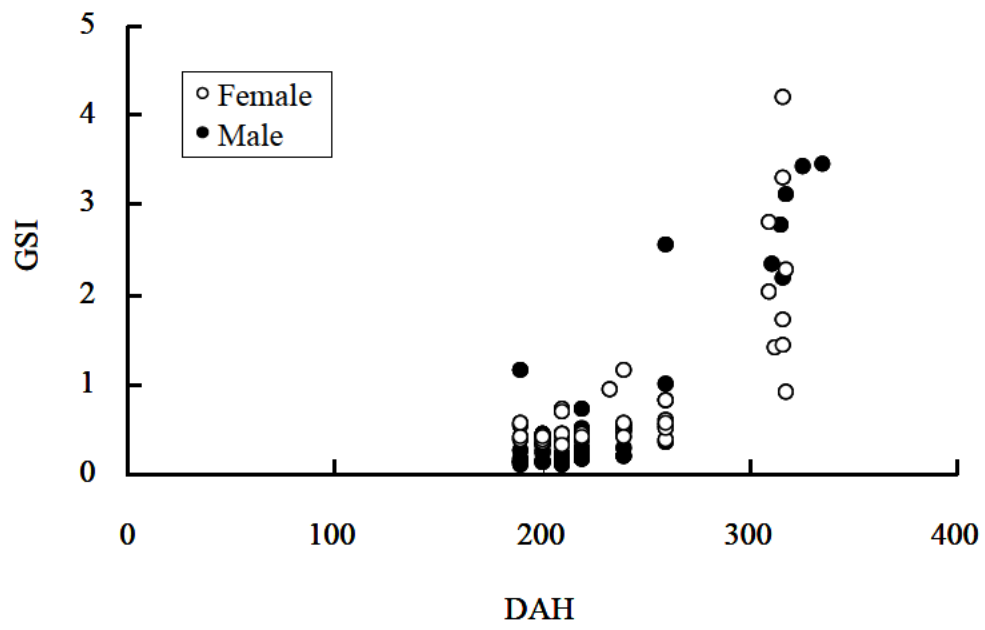


Fig. 7 Nakaya et al.

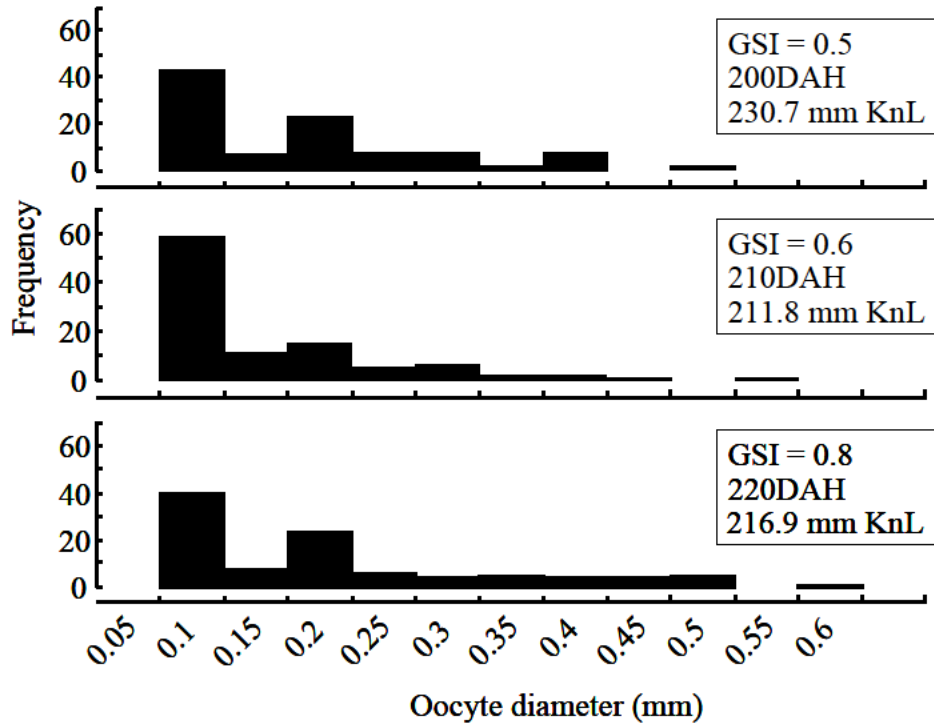


Fig. 8 Nakaya et al.

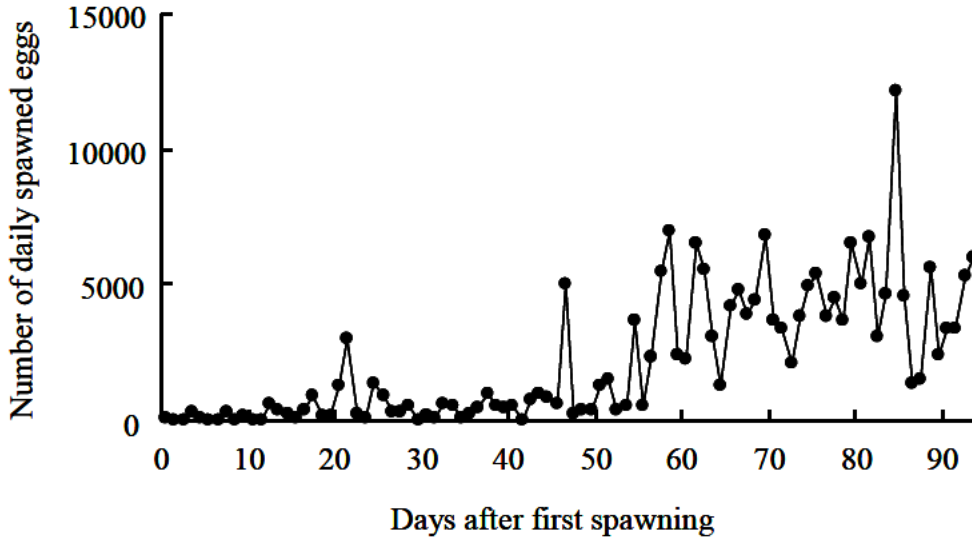


Fig. 9 Nakaya et al.