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An epigenome-wide study of cord blood DNA methylations in relation to prenatal perfluoroalkyl substance exposure: the Hokkaido study

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Abstract

Background: Prenatal exposure to perfluoroalkyl substances (PFASs) influences fetal development and later in life.

Objective: To investigate cord blood DNA methylation changes associated with prenatal exposure to PFASs.

Methods: We assessed DNA methylation in cord blood samples from 190 mother-child pairs from the Sapporo cohort of the Hokkaido Study (discovery cohort) and from 37 mother-child pairs from the Taiwan Maternal and Infant Cohort Study (replication cohort) using the Illumina HumanMethylation 450 BeadChip. We examined the associations between methylation and PFAS levels in maternal serum using robust linear regression models and identified differentially methylated positions (DMPs) and regions (DMRs).

Results: We found four DMPs with a false discovery rate below 0.05 in the discovery cohort. Among the top 20 DMPs ranked by the lowest *P*-values for perfluorooctane sulfonate (PFOS) and perfluorooctanoic acid (PFOA) exposure, four DMPs showed the same direction of effect and *P*-value < 0.05 in the replication assay: cg16242615 mapped to *ZBTB7A*, cg21876869 located in the intergenic region (IGR) of *USP2-AS1*, cg00173435 mapped to *TCP11L2*, and cg18901140 located in IGR of *NTN1*. For DMRs, we found a region associated with PFOA exposure with family-wise error rate < 0.1

located in *ZFP57*, showing the same direction of effect in the replication cohort. Among the top five DMRs ranked by the lowest *P*-values that were associated with exposure to PFOS and PFOA, in addition to *ZFP57*, DMRs in the *CYP2E1*, *SMAD3*, *SLC17A9*, *GFPT2*, *DUSP22*, and *TCERG1L* genes showed the same direction of effect in the replication cohort.

Conclusion: We suggest that prenatal exposure to PFASs may affect DNA methylation status at birth. Longitudinal studies are needed to examine whether methylation changes observed are associated with differential health outcomes.

Key words: DNA methylation; perfluoroalkyl substances; prenatal exposure; genome-wide association; cord blood

Abbreviations:

PFASs, perfluoroalkyl substances

DM, differentially methylated

DMP, DM position

DMR, DM region

CpG, cytosine-guanine dinucleotide

PFOS, perfluorooctane sulfonate

PFOA, perfluorooctanoic acid

Coef, partial regression coefficient

FDR, false discovery rate

FWER, family-wise error rate

LC-MS/MS, column-switching liquid chromatography-tandem mass spectrometry

TMICS, Taiwan Maternal and Infant Cohort Study

KEGG, Kyoto Encyclopedia Genes and Genomes

IGR, intergenic region

TSS200, the region of 200 bp upstream of the transcription start site

TSS1500, the region of 1500 bp upstream of the transcription start site

Introduction

During the prenatal period, the fetus undergoes dynamic changes to develop its body from a single fertilized egg in under ten months. Any perturbations of this process by external factors may confer abnormal phenotypes and affect future health trajectories of the offspring. Perfluoroalkyl substances (PFASs) are synthetic compounds ubiquitously distributed in the environment that can disrupt endocrine system functions (Lau et al. 2007). PFASs have long half-lives in human: 5.4 years for perfluorooctane sulfonate (PFOS) and 3.8 years for perfluorooctanoic acid (PFOA) (Olsen et al. 2007). Furthermore, PFASs can pass through the placental barrier (Inoue et al. 2004). Consequently, fetuses can be exposed to PFASs via maternal circulation, which suggests a possibility of PFAS negative effects on embryonic and fetal development.

Experimental studies have shown associations of exposures to PFASs with developmental and reproductive toxicity (Abbott et al. 2007; Luebker et al. 2005) as well as with immunotoxicity (DeWitt et al. 2012). It has also been revealed that PFASs disturb metabolic end-points, including lipid metabolism, glucose homeostasis, and thyroid hormone balance (Seacat et al. 2003; Thibodeaux et al. 2003), and neuronal physiological processes in the developing brain (Johansson et al. 2008, 2009; Liao et al.

2008, 2009). Moreover, epidemiological studies have shown that prenatal exposure to PFASs has been associated with various health outcomes, including birth size reduction, disruption of hormone balance, obesity, neurodevelopmental problems, and immune function impairment (Apelberg et al. 2007; Chen et al. 2013; Grandjean et al. 2012; Halldorsson et al. 2012; Kishi et al. 2017; Olsen et al. 2009). However, the mechanisms underlying these associations are not clear. One hypothesis is that prenatal exposure to PFASs might lead to health outcomes in the offspring through epigenetic alterations *in utero* because epigenetics (i.e., chemical modification of DNA) is an *intrinsic* biological mechanism that can be affected by *extrinsic* environmental factors in humans.

DNA methylation is an epigenetic modification that plays a role in embryonic development and cellular differentiation (Breton et al. 2017). It occurs by the addition of a methyl group to a cytosine mostly at cytosine-guanine dinucleotide (CpG) loci and acts like a gene expression switch (Hackett and Surani 2013). Human epidemiological studies, including genome-wide approaches, have indicated that environmental factors such as diet, hormones, stress, drugs, or toxicants (e.g., lead, mercury, or tobacco smoke) during prenatal development influence DNA methylation patterns in children (Breton et al. 2017). Despite a significant impact of PFASs on health outcomes, there were few epidemiological studies of epigenetic effects of PFAS exposure *in utero*.

Guerrero-Preston et al. (2010) observed that cord blood PFOA concentrations negatively correlated with cord serum global DNA methylation levels. We also reported that prenatal PFOA exposure was associated with reduced *IGF2* methylation in cord blood, which could predict infant ponderal index at birth (Kobayashi et al. 2017).

Genome-wide methylation analyses allow a hypothesis-free assessment of epigenetic alterations in relation to the environmental factors (Christensen and Marsit 2011). To our knowledge, only one study showed an association between maternal PFOA levels and genome-wide DNA methylation using 44 cord blood samples (Kingsley et al. 2017). The objective of the present study was to investigate cord blood DNA methylation changes in association with prenatal exposure to PFASs using the genome-wide approach and to determine CpG loci epigenetically vulnerable to prenatal PFAS exposure.

Materials and Methods

Study population of the discovery cohort. Participants were enrolled in the Sapporo cohort of the Hokkaido Study on Environment and Children's Health (Kishi et al. 2011, 2013, 2017). Briefly, pregnant women at 23–35 weeks of gestation were recruited at the Toho Hospital (Sapporo, Japan) between 2002 and 2005. Of the 1,796 potentially eligible women, the subjects who decided to participate in the Japanese cord

blood bank (22% of those approached) or delivered at another hospital (3% of those approached) were excluded. Ultimately, 514 pregnant women agreed to participate in this study. At enrollment, a self-administered questionnaire was used to obtain baseline information, including parental demographic characteristics, anthropometric measurements, and lifestyle factors, such as incidence and frequency of maternal smoking and alcohol consumption. Information on pregnancy complications, gestational age, infant gender, and birth size was obtained from medical records. We excluded 17 women from the study due to miscarriage or stillbirth ($n = 2$), relocation ($n = 1$), voluntary withdrawal ($n = 7$), and multiple births ($n = 7$), leaving 497 women who delivered singleton infants.

Exposure assessment in the discovery cohort. Maternal blood samples were collected from the participants between 24 and 41 weeks of gestational age and stored at -80°C prior to analysis. In total, 447 maternal blood samples were available for the exposure assessment. PFOS and PFOA levels were measured in maternal serum by using column-switching liquid chromatography-tandem mass spectrometry (LC-MS/MS) as previously described (Okada et al. 2012; Washino et al. 2009). After excluding of the subjects ($n=124$) whose blood samples were obtained after birth due to anemia, data on PFOS and PFOA levels in 323 mother-infant pairs were available.

450K DNA methylation analysis in the discovery cohort. Umbilical cord blood samples were taken immediately after birth, and then stored at -80°C . In total, 292 cord blood samples were available for DNA methylation analysis. Genomic DNA was extracted from cord blood using a Maxwell[®] 16 DNA Purification Kit (Promega, Madison, WI, USA). DNA methylation at 485,577 CpGs was quantified using the Infinium HumanMethylation 450 BeadChip (Illumina Inc., San Diego, CA, USA) according to the manufacturer's protocol (Bibikova et al. 2011; Sandoval et al. 2011). Briefly, DNA (500 ng) was subjected to bisulfite conversion by using a Zymo EZ DNA Methylation Kit (Zymo Research, Irvine, CA, USA) to convert unmethylated cytosine to uracil, leaving methylated cytosine residues unaltered. Bisulfite-treated DNA was then subjected to whole genome amplification, breaking into 300–600-bp nucleotide fragments, and hybridization to the HumanMethylation 450 BeadChip (Illumina Inc.) using a HumanMethylation450 DNA Analysis Kit (Illumina Inc.). After nucleotide extension, iScan (Illumina Inc.) was used to measure signal intensities of each probe on the BeadChip. All analyses were performed by G&G Science Co., Ltd. (Matsukawa, Fukushima, Japan). Samples were run across five plate batches and were assigned randomized location across plates. To ensure that the experiment was not confounded, we looked at PFAS levels by sample plate and found that there was no significant

difference of PFAS levels in each of the plates as shown in Supplemental Figure S1.

After quality control (Aryee et al. 2014), signal intensities were normalized using functional normalization (Fortin et al. 2014). Probes with a detection *P*-value > 0.05 in more than 25% of samples, SNP-affected probes, cross-reactive probes identified by Chen et al. (2013), and probes on sex chromosomes were removed. As a result, 426,413 CpG probes were included in the working set. We applied the ComBat method to adjust methylation data for sample plate to reduce a potential bias due to batch effects (Leek et al. 2012). Beta-values were calculated from signal intensities and used for the subsequent data analyses by using the following equation (Bibikova et al. 2011):

$$\beta = \text{methylated} / (\text{methylated} + \text{unmethylated} + 100).$$

Data analysis. In total, 190 mother-infant pairs, with both exposure and DNA methylation data available, were included in data analysis. PFOS was detected in all samples. For 12 samples with PFOA levels below the detection limit (0.50 ng/mL), we assigned a value of half the detection limit (0.25 ng/mL). Because of skewed distributions (Supplemental Figure S2), we transformed PFOS and PFOA concentrations in maternal serum to the $\log_{10}$ scale. Cord blood cell proportion was estimated by the method implemented in the R/Bioconductor package *minfi* (Bakulski et

al. 2016). There was no significant correlation between cord blood cell proportions and PFAS levels (Supplemental Table S1). Using *limma* package in R, robust linear regression analyses (Fox and Weisberg 2011) and empirical Bayesian methods (Smyth 2004) were applied to determine the associations of β -value at each CpG site with either PFOS or PFOA $\log_{10}$ -transformed concentration, adjusted for maternal age, parity, maternal educational levels, maternal blood sampling period, maternal pre-pregnancy BMI, maternal smoking during pregnancy, gestational age, infant sex, and cord blood cell estimates for CD4⁺ T cells, CD8⁺ T cells, granulocytes, monocytes, B cell and nucleated red blood cells. Adjustment covariates influencing PFAS levels were selected according to the current results of the present study and from factors previously reported to be associated with cord blood DNA methylation. Statistical analyses were performed using *minfi*, *sva*, and *limma* packages in R ver. 3.3.2 and Bioconductor ver. 3.3.

Genome-wide significance based on a Bonferroni threshold was considered at $P < 1.17 \times 10^{-7}$. For multiple comparisons, P -values were adjusted by the false discovery rate (FDR) to obtain q -values. We identified differentially methylated regions (DMRs) associated with PFAS exposures using *bumphunter* function in R/Bioconductor (Jaffe et al, 2012), a cut-off of 5% difference in the beta values, and the same models as those in the linear regression analyses. P -values were adjusted by the family-wise error rate

(FWER).

The Spearman's correlation test, Mann-Whitney U-test, and Kruskal-Wallis test were applied to determine whether maternal and offspring characteristics were associated with PFAS exposure.

Replication study in an independent cohort. Thirty-nine mother-infant pairs that enrolled in the Taiwan Maternal and Infant Cohort Study (TMICS; Huang et al. 2012; Wang et al. 2005) were available for both maternal and cord blood samples and evaluated in the replication study. The concentrations of PFOS and PFOA in blood samples collected from pregnant women during the third trimester at 28–36 weeks were measured using LC-MS/MS as described by Lien et al. (2011). DNA methylation in cord blood samples was assessed using the Illumina Infinium HumanMethylation 450 BeadChip (Kaushal et al. 2017). After the same quality control steps as those used in the discovery cohort, two samples were removed from further analyses. The population characteristics of the replication cohort ($n = 37$) are presented in Supplemental Table S1.

The association between DNA methylation and PFAS concentration was examined using the same robust linear regression models (Fox and Weisberg 2011; Smyth 2004) that were applied in the discovery cohort. There were no smokers during pregnancy in the replication cohort. Due to the small sample size of the replication

cohort, we used only maternal age, infant sex, and cord blood cell estimates as covariates. Successful replication for differentially methylated positions (DMPs) was defined as having the same direction of effect with those observed in the discovery cohort and $P\text{-value} < 0.05$.

Gene ontology analysis. We identified the enrichment of genes corresponding to the DMPs with $P\text{-value} < 0.001$ in Kyoto Encyclopedia Genes and Genomes (KEGG) pathways (Kanehisa et al. 2002) using *missMethyl* package in R/Bioconductor (Phipson et al. 2016).

Ethics. The study was conducted with the informed consent of all subjects in the written form. The institutional Ethical Board for human gene and genome studies at the Hokkaido University Graduate School of Medicine and the Hokkaido University Center for Environmental and Health Science approved the study protocol. The Human Ethics Committee of the National Health Research Committee of Taiwan approved the study of the replication cohort.

Results

Epigenome-wide association study in the discovery cohort

Maternal and infant characteristics and their relationship to PFOS and PFOA

concentrations are described in Table 1. Median (25th to 75th percentiles) of PFOS and PFOA concentrations in maternal blood were 5.2 ng/mL (3.8 to 7.1) and 1.4 ng/mL (0.9 to 2.1), respectively. The average ($\pm$ SD) age of the mothers was 29.7 ± 4.8 years. Of the 190 newborns, 84 (44.2%) were male. We observed statistically significant differences in both PFOS and PFOA levels by parity, maternal blood sampling periods, and smoking during pregnancy. Additionally, PFOA level was significantly higher among mothers with male infants, and PFOS levels were marginally affected by the educational level.

Figure 1 shows the results of genome-wide analyses of the association between cord blood DNA methylation and prenatal PFOS (Figure 1A) or PFOA (Figure 1B) exposure. The quantile-quantile plot for PFOA exposure did not reveal any significant inflation in the distribution of observed *P*-values (genomic inflation factor: $\lambda = 1.02$), whereas the distribution of *P*-values for PFOS exposure slightly deviated from the null expected *P*-values ($\lambda = 1.14$) as shown in Supplemental Figure S3. The volcano plots (Figure 1) showed imbalance in positive versus negative methylation changes, suggesting global methylation shifts due to PFAS exposure. We examined the location of CpGs associated with PFAS exposure with *P*-value < 0.001 in gene features and CpG islands. As shown in Supplemental Figure S4, there were statistically

significant differences associated with PFOS exposure compared with the expected proportions (for gene features, X^2 P -value = 5×10^{-4} ; for CpG islands, X^2 P -value = 4×10^{-4}). Increases in TSS200 and CpG islands were particularly observed.

Differentially methylated positions

We then focused on the changes at specific regions and found epigenome-wide significant associations (FDR q -value < 0.05) between PFOS exposure and DNA methylation for two CpGs: one located in the intergenic region (IGR) of *CXADRP3* (cg02044327), and another mapped to *SNAPIN* (cg25705526). In addition, significant associations between PFOA exposure and DNA methylation for another two CpGs were found: one located in IGR of *AC002480.3* (cg11260715), and another mapped to *GPR126* (cg04461802). Top 20 DMPs ranked by the lowest P -value for the association with exposure to PFOS and PFOA are shown in Table 2. Among them, four DMPs met the criteria for replication and showed the same direction of effect and P -value < 0.05 in the replication assay: cg16242615 mapped to *ZBTB7A* for PFOS; cg21876869 located in the IGR of *USP2-AS1*, cg00173435 mapped to *TCP11L2*, and cg18901140 located in the IGR of *NTN1* for PFOA. The lists of CpGs associated with PFAS exposures with P -value < 0.001 are available in the Supplemental Tables S3 and S4.

Differentially methylated regions

Next, we assessed DMRs associated with prenatal PFAS exposures using *bumphunter* function (Jaffe et al, 2012). We found one region associated with PFOA exposure with FWER < 0.1 that was located in IGR of *ZFP57* and included 21 CpGs. We showed top five regions for PFOS and PFOA exposures ranked by the smallest *P*-value (Table 3). We also compared the direction of methylation changes in the discovery and replication cohorts (Table 4), in which we averaged methylation levels of each site because those were highly correlated (data not shown). A DMR in *CYP1E2* was observed for both PFOS and PFOA exposures. Eight of the ten regions showed the same direction of methylation changes in the replication cohort. We also showed the beta coefficients for each CpG site included in the eight DMRs in the discovery and replication cohorts in Supplemental Figure S5.

Gene ontology analysis.

Lastly, we tested for the enrichment of KEGG pathways (Kanehisa et al. 2002) among the genes with annotated CpGs showing *P*-value < 0.001. Among the 323 pathways analyzed, 31 and 26 KEGG pathways were significantly enriched after Bonferroni correction among the genes affected by for PFOS and PFOA exposures, respectively. Gene Ontology analyses of the data obtained using 450K chip are known

to be biased for cancer-related genes (Haper et al. 2013). Human disease pathways, including cancer, were therefore excluded from the list of the pathways affected by PFAS exposures (Supplemental Figure S6). Enrichments in the pathways involved in signal transduction and signal molecules and interactions were observed among the genes affected by both PFOS and PFOA exposures.

Discussion

Few studies have focused on the epigenetic effects of prenatal exposure to PFASs. In this study, median concentrations of PFOS and PFOA were 5.2 and 1.4 ng/mL, respectively, which were lower than those reported in the United States (PFOS: 8.2, PFOA: 2.9 ng/mL) (Stein et al. 2012), Canada (PFOS: 16.6, PFOA: 2.1 ng/mL) (Monroy et al. 2008), Denmark (PFOS: 21.5, PFOA: 3.7 ng/mL) (Huang et al. 2012), Norway (PFOS: 13, PFOA: 2.2 ng/mL) (Starling et al. 2014), South Korea (PFOS: 9.3, PFOA: 2.6 ng/mL) (Lee et al. 2013), and China (PFOS: 6.7, PFOA: 4 ng/mL) (Jiang et al. 2014). Despite the low levels of exposure, we showed suggestive evidence for the presence of CpGs epigenetically vulnerable to PFAS exposure *in utero*.

We observed potential global methylation shifts resulting from prenatal PFAS exposure (see volcano plots in Figure 1 and Supplemental Figure S3): up-methylation

for PFOS exposure and down-methylation for PFOA exposure. This was consistent with previous reports for prenatal PFOA exposure (Guerrero-Preston et al. 2010; Kingsley et al. 2017). Two studies in adult populations have suggested a possibility of PFAS exposure effect on global methylation (Leter et al. 2014; Watkins et al. 2014).

We then focused on the changes at specific regions and found four DMPs with $FDR < 0.05$: cg02044327 (*CXADRP3*), cg25705526 (*SNAPIN*), cg11260715 (*AC002480.3*), and cg04461802 (*GPR126*) (Figure 1), although these DMPs did not meet the criteria for replication (Table 2). Among 20 DMPs with lowest *P*-values for PFOS and PFOA exposures (Table 2), four DMPs were replicated: cg16242615 (*ZBTB7A*), cg21876869 (*USP2-AS1*), cg00173435 (*TCP11L2*), and cg18901140 (*NTN1*). *ZBTB7A* (Zinc finger and BTB domain containing 7A) encodes a proto-oncogenic transcription factor that interacts directly with MBD3 (methyl-CpG-binding domain protein 3) in the nucleus (Choi et al. 2013). *TCP11L2* (T-Complex 11 Like 2) codes for the TCP11 like protein. TCP11 plays a role in the process of sperm capacitation and acrosome reactions. *USP2-AS1* (USP2 Antisense RNA 1) belongs to the non-coding RNAs. Netrin 1 (NTN1) is a secreted laminin-like protein identified as an axon guidance molecule.

Recently, Breton et al. (2017) have focused on the magnitude of the effect on

DNA methylation change for health outcome, and similarly, other studies have selected CpGs based on this parameter (Harlid et al. 2017; Kaut et al. 2017). We listed top 20 DMPs ranked by the absolute value of the coefficient with $P < 0.001$ in Supplemental Table S5. Among them, three DMPs met the criteria for replication: cg01788773 located in the IGR of *LOC286083*, cg23625390 mapped to *SCAPER*, and cg02546416 located in the IGR of *RP5-1086L22.1*. Although the associations were not statistically significant in the replication cohort, 16 out of 20 DMPs for PFOS exposure notably showed increased methylation changes in both discovery and replication cohorts (Supplemental Table S5). In particular, *PKP3* (plakophilin 3) harbored four sites with methylation changes in a coherent direction.

Next, we explored DMRs that are potentially more informative than individual CpG sites (Solomon et al. 2017). We found one down-methylated region with $\text{FWER} < 0.1$, which was located in the IGR of *ZFP57* (*ZFP57* Zinc Finger Protein) (Table 4). *ZFP57* is necessary for maintaining repressive epigenetic modifications at imprinting control regions (Riso et al. 2016). We observed down-methylation of this region in the replication cohort (Table 4 and Supplemental Figure S6). In addition to a DMR in *ZFP57*, we reported six DMRs in *CYP2E1*, *SMAD3*, *SLC17A9*, *GFPT2*, *DUSP22*, and *TCERG1L* that showed the same direction of methylation change in the

replication cohort (Table 4 and Supplemental Figure S6). Among them, methylation of *SMAD3* (SMAD Family Member 3) at birth has been previously linked to asthma in children of asthmatic mothers (DeVries et al. 2016). Cord blood DNA methylation of *GFPT2* (Glutamine-Fructose-6-Phosphate Transaminase 2) was associated with adiposity in childhood (Kresovich et al. 2017). Furthermore, methylations of *CYP2E1* (Cytochrome P450 Family 2 Subfamily E Member 1), *DUSP2* (Dual Specificity Phosphatase 2), and *TCERGIL* (transcription elongation regulator 1-like) were associated with rheumatoid arthritis (Mok et al. 2017) and colon tumors (Bae et al. 2014). Additionally, PFOS inhibited the oxidation reaction of CYP2E1 *in vitro* (Narimatu et al. 2011).

Previously, our studies from the same cohort have shown that prenatal exposure to PFASs affected offspring development, such as birth size (Washino et al. 2009; Kobayashi et al. 2017), cord adipokine levels; biomarkers of metabolic function (Minatoya et al. 2017), and neurodevelopment (Goudarzi et al. 2016). In addition, prenatal PFAS exposure was associated with hormone levels at birth (Kato et al. 2016; Itoh et al. 2016; Goudarzi et al. 2017) and immune function (Okada et al. 2012, 2014). Methylation changes might link health outcomes to PFAS exposure. Given the various effects of prenatal PFAS exposure on health outcomes, it is plausible that methylation

changes occur in various signaling pathways. Gene ontology analysis showed that differentially methylated genes were enriched in multiple KEGG pathways (Supplemental Figure 6), including signal transduction, signaling molecules and interaction, endocrine system, and immune system. However, in this assay we used genes with annotated CpGs with P -value < 0.001 , i.e., not achieving epigenome-wide significance. It remains to be seen whether identified DNA methylation changes are functionally relevant.

The only previous study of epigenetic effects of PFOA exposure using the genome-wide analysis reported cord blood DNA methylation differences at seven CpGs in three genes, *RASA3*, *UCK1*, and *OPRD1*, between subjects with high ($n=22$, median: 15 ng/mL, range: 12–26 ng/mL) and low ($n=22$, median: 2.5 ng/mL, range: 1.1–3.1 ng/mL) maternal PFOA levels at up to 16 weeks of pregnancy in the United States (Kingsley et al. 2017). These changes were not replicated in our study. As described above, the median (25th to 75th percentiles) of PFOA concentration in our discovery cohort was 1.4 ng/mL (0.9 to 1.8), which was still lower than the level in low PFOA exposure group in the study of Kingsley et al. (2017). The differences in PFOA levels, study design, and blood sampling period may explain these discrepancies. It is possible that future studies with similar exposure levels or larger sample sizes will find a more

significant overlap between our results and findings of others.

Methylation changes derived from the exposures to PFOS and PFOA were different. As described above, prenatal PFAS exposures were associated with various health outcomes. Although the mechanism of this association has yet to be fully elucidated, Gyllenhammar et al. (2017) and Halldorsson et al. (2012) have suggested at least three potential pathways: firstly, PFASs may impair estrogen system; secondly, PFASs can activate the peroxisome proliferator-activated receptors (PPARs) involved in lipid metabolism; thirdly, PFASs may interact with thyroid hormones. We have reported that PFOS and PFOA differentially affected health outcomes related to these pathways. Prenatal exposure to PFOS, but not PFOA, was negatively associated with the levels of maternal fatty acids (Kishi et al. 2015), possibly disrupted both maternal and infant thyroid hormone levels (Kato et al. 2016), and showed an inverse relationship with cord blood levels of glucocorticoids (Goudarzi et al. 2017). Dehydroepiandrosterone level was positively associated with the exposure to PFOS and negatively associated with the exposure to PFOA (Goudarzi et al. 2017). PFOS and PFOA showed both positive and inverse associations with the levels of several reproductive and steroid hormones (Ito et al. 2016). The observed different potencies and modes of action may partly account for the distinct patterns of methylation changes. The differences in PFOS and PFOA

concentrations and/or placental permeability could be an alternative explanation.

The limitations of this study should be considered. We measured prenatal PFAS exposure levels and cord blood genome-wide DNA methylation in a prospective birth cohort and identified DNA methylation changes significantly associated with the exposure to relatively low levels of PFASs *in utero*. However, there remains a possibility that residual confounding factors may bias or influence the results. We analyzed DNA methylation in cord blood, which may not be representative of the methylation levels in target tissues of interest. In this study, we included participants for whom both maternal and cord blood samples were available, thus limiting the scope only to mothers who delivered vaginally. It is thus possible that relatively healthier children were included in our analysis, and we may have underestimated the effects of PFAS exposure. Additionally, we excluded subjects whose blood samples were obtained after delivery ($n=124$). The excluded subjects had educational levels, annual household income levels, and alcohol consumption status similar to those of participants in this study, but higher percentage of multiparous and smoking during pregnancy, which may suggest a possibility of selection bias. Lastly, because of the limited sample size, the replication assay was likely underpowered. As a result, DMPs replicated based on P -values were very limited, whereas the directions of effect were replicated in a number

of CpG sites, including DMRs.

Conclusion

In this epigenome-wide study, we suggested that even relatively low levels of prenatal exposure to PFASs impacted DNA methylation status at birth. Further study is needed to examine the persistence of DNA methylation changes due to prenatal exposure throughout life, and the associations of these changes with health outcomes causally linked to PFAS exposure in longitudinal studies.

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Table 1 Characteristics of study population of the discovery cohort ($n=190$).

		n	Mean ±SD (%)	PFOS (ng/mL)		PFOA (ng/mL)	
				Median	P	Median	P
				(25th, 75th) or correlation ^a		(25th, 75th) or correlation ^a	
Concentration in maternal blood							
		190		5.2 (3.8, 7.1)		1.4 (0.9, 2.1)	
Maternal characteristics							
Maternal age (year) ^a		190	29.7 ± 4.8	ρ= −0.087	0.233	ρ= −0.041	0.579
Pre-pregnancy BMI (kg/m ²) ^a		190	21.2 ± 3.1	ρ= −0.018	0.803	ρ= −0.056	0.444
Parity (times) ^b							
0		104	54.7	5.7 (4.2, 8.0)	0.002	1.6 (1.2, 2.4)	<0.001
≥ 1		86	45.2	4.7 (3.1, 6.2)		1.0 (0.7, 1.5)	
Blood sampling period ^c							
< 28 weeks		74	38.9	5.8 (4.6, 7.5)	<0.001	1.7 (1.2, 2.3)	0.004
28–36 weeks		47	24.7	5.6 (4.0, 8.5)		1.3 (0.8, 1.8)	
≥ 36 weeks		69	36.3	4.6 (2.8, 5.7)		1.2 (0.8, 1.8)	
Educational level (year) ^b							
≤ 12		89	46.8	5.2 (4.1, 7.0)	0.966	1.3 (0.8, 1.8)	0.072
> 12		101	53.2	5.3 (3.6, 7.4)		1.5 (1.0, 2.3)	
Annual household income (million yen) ^c							
< 3		38	20.0	5.4 (3.9, 8.0)	0.878	1.4 (0.8, 2.2)	0.541
3–5		95	50.0	5.1 (3.5, 7.0)		1.4 (0.9, 1.8)	
5–7		40	21.1	5.4 (4.2, 6.9)		1.4 (0.9, 2.1)	
> 7		15	7.9	5.1 (3.0, 8.8)		2.3 (0.8, 2.4)	
missing		2	1.1	7.8 (4.5, 11.1)			
Smoking during pregnancy ^b							
No		157	82.6	5.3 (4.0, 7.3)	0.039	1.4 (0.9, 2.2)	0.011
Yes		33	17.4	4.3 (2.5, 6.8)		1.0 (0.7, 1.6)	
Alcohol consumption during pregnancy ^b							
No		130	68.4	5.2 (3.9, 7.2)	0.954	1.4 (0.9, 2.1)	0.821
Yes		60	31.6	5.3 (3.7, 7.1)		1.4 (0.9, 2.2)	
Infant characteristics							
Sex ^b	Male	84	44.2	5.1 (3.3, 7.0)	0.117	1.6 (1.0, 2.4)	0.025
	Female	106	55.8	5.4 (4.1, 7.5)		1.3 (0.8, 1.9)	
Gestational age (week) ^a		190	39.9 ± 1.0	ρ= 0.031	0.675	ρ= 0.093	0.203

Birth weight (g) ^a	190	3131 ± 330	$\rho = -0.122$	0.095	$\rho = -0.118$	0.104
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^aSpearman's correlation test (ρ), ^bMann-Whitney U-test, ^cKruskal-Wallis test

Table 2. Top 20 CpGs ranked by the smallest *P*-value from the epigenome-wide analysis of the association between prenatal PFAS exposure and cord blood DNA methylation.

Probe ID	Gene	Chr	Feature ^a	Discovery cohort		Replication cohort		Replicated ^d
				Coef ^b	P-Value	Coef ^b	P-Value	
log ₁₀ (PFOS)								
cg25705526	<i>SNAPIN</i>	1	TSS200	0.020	1.48E-07 ^{FDR,d}	-0.006	0.425	
cg04928693	<i>MTX1</i>	1	TSS1500	0.024	7.19E-07	-0.003	0.737	
cg18155888 ^c	<i>MORN1</i>	1	Body	0.017	4.32E-06	0.023	0.277	
cg17086204	<i>PLA2G5</i>	1	3'UTR	0.025	5.56E-06	0.000	0.955	
cg10504365	<i>TRIM67</i>	1	TSS1500	0.032	5.84E-06	-0.022	0.003	
cg01889773 ^c	<i>GPC1</i>	2	Body	0.030	6.92E-07	0.008	0.538	
cg16845265	<i>KLHL29</i>	2	IGR	0.065	8.73E-07	-0.019	0.528	
cg25808157	<i>GREB1</i>	2	Body	0.034	3.13E-06	-0.002	0.926	
cg21969395	<i>LRAT</i>	4	TSS200	0.016	8.23E-06	-0.001	0.870	
cg22953687	<i>ZFYVE28</i>	4	Body	0.025	8.25E-06	-0.018	0.117	
cg12215478	<i>SRPK1</i>	6	Body	0.008	6.93E-06	-0.002	0.421	
cg14369981 ^c	<i>LMX1B</i>	9	IGR	0.037	2.81E-06	0.007	0.705	
cg17918227 ^c	<i>CADM1</i>	11	Body	0.012	7.56E-06	0.005	0.336	
cg14120075 ^c	<i>TFDP1</i>	13	Body	0.031	3.94E-06	0.008	0.626	
cg03097541 ^c	<i>ZNF213</i>	16	5'UTR	0.006	3.38E-06	0.002	0.131	
cg01718742	<i>CDH8</i>	16	TSS200	0.003	4.06E-06	-0.001	0.651	
cg02044327 ^c	<i>CXADRP3</i>	18	IGR	0.078	4.06E-08 ^{FDR,d}	0.036	0.142	
cg16242615 ^c	<i>ZBTB7A</i>	19	5'UTR	0.037	4.54E-06	0.035	0.028	✓
cg15815607	<i>HM13</i>	20	Body	0.053	4.57E-06	-0.008	0.645	
cg12700033	<i>YWHAH</i>	22	TSS200	0.006	7.41E-06	0.000	0.958	
log ₁₀ (PFOA)								
cg23049737	<i>RERE</i>	1	3'UTR	0.011	1.43E-05	-0.009	0.056	
cg00567854 ^c	<i>BTG2</i>	1	TSS1500	-0.025	1.48E-05	-0.009	0.214	
cg10403518	<i>SLC9A4</i>	2	Body	0.038	1.75E-06	-0.014	0.083	
cg22325921	<i>DUX2</i>	4	IGR	-0.020	9.90E-06	0.002	0.719	
cg05158146 ^c	<i>MIR4460</i>	5	IGR	-0.010	6.75E-06	0.000	0.931	
cg23917868 ^c	<i>MIR145</i>	5	TSS200	-0.020	1.76E-05	-0.006	0.289	
cg04461802	<i>GPR126</i>	6	5'UTR	-0.046	1.65E-07 ^{FDR,d}	0.008	0.456	
cg11260715 ^c	<i>AC002480.3</i>	7	IGR	-0.008	2.32E-08 ^{FDR,d}	-0.002	0.247	
cg12105980 ^c	<i>EN2</i>	7	IGR	-0.023	1.24E-05	-0.008	0.220	
cg13951074	<i>DMRT2</i>	9	IGR	0.010	5.09E-07	0.000	0.888	
cg07661167 ^c	<i>ZNF33BP1</i>	10	IGR	0.032	1.62E-06	0.015	0.065	

cg01486146	<i>PAX2</i>	10	IGR	-0.014	1.50E-05	0.005	0.088	
cg21876869 ^c	<i>USP2-AS1</i>	11	IGR	-0.027	1.64E-06	-0.024	0.000	✓
cg17114584	<i>IRF7</i>	11	Body	-0.047	9.01E-06	0.001	0.928	
cg00173435 ^c	<i>TCP11L2</i>	12	TSS200	0.006	8.52E-07	0.003	0.001	✓
cg16475925 ^c	<i>SPG7</i>	16	TSS200	0.003	1.82E-05	0.002	0.095	
cg00897875	<i>MAP3K14</i>	17	5'UTR	-0.006	9.16E-07	0.004	0.077	
cg18901140 ^c	<i>NTN1</i>	17	IGR	-0.036	2.66E-06	-0.029	0.000	✓
cg01426818 ^c	<i>CBX4</i>	17	IGR	-0.012	5.20E-06	-0.002	0.720	
cg18002862 ^c	<i>RAP1GAP2</i>	17	Body	-0.008	1.22E-05	-0.002	0.146	

Abbreviations: Chr, chromosome; IGR, intergenic region; TSS, transcription start site; TSS200, 200 bases from TSS; TSS1500, 1500 bases from TSS; body, gene body; UTR, untranslated region.

^aGene feature category of the methylation locus.

^bPartial regression coefficient; the magnitude of the effect on DNA methylation.

^cCpG that showed the same direction of effect in both the discovery and replication cohorts.

^dGenome-wide significance threshold (FDR $q < 0.05$).

^eSuccessful replication defined as having the same direction of effect and a P -value < 0.05 in the discovery cohort.

Table 3. TOP5 of differentially methylated regions indicated by the bumphunting method.

Gene	Chr	Start	End	Number of Probes	Features ^a	CGI ^b	P-value
log ₁₀ (PFOS)							
<i>CYP2E1</i>	10	135342560	135343280	6	Body	island/shore	3.75E-04
<i>KLHL35</i>	11	75139390	75139736	4	Body	island/shore	8.86E-04
<i>SMAD</i>	15	67356310	67356942	5	TSS1500/IGR	shore	1.09E-03
<i>HOOK2</i>	19	12876846	12877188	4	Body	island/shore	1.65E-04
<i>SLC17A9</i>	20	61590751	61591209	4	Body	island/shore	4.83E-04
log ₁₀ (PFOA)							
<i>GFPT2</i>	5	179740743	179741120	4	Body	island	2.03E-03
<i>ZFP57</i>	6	29648225	29649084	21	IGR	open sea	1.00E-04 ^{FWER,c}
<i>DUSP22</i>	6	291687	293285	10	Body	island	7.87E-04
<i>CYP2E1</i>	10	135342560	135343280	6	Body	island/shore	3.72E-04
<i>TCERGIL</i>	10	132910868	132911152	4	Body	open sea	1.52E-03

Abbreviations: Chr, Chromosome; body, gene body; IGR, intergenic region; TSS, transcription start site; TSS1500, 1500 bases from TSS, FWER, family-wise error rate

^aGene feature category of the methylation locus.

^bRelation to CpG island.

^cFWER < 0.1

Table 4. The average partial regression coefficient of TOP5 DMRs in the discovery and replication cohorts.

Gene	Chr	Discovery cohort		Replication cohort	
		Average Coef ^a	Direction ^b	Average Coef ^a	Direction ^b
log ₁₀ (PFOS)					
<i>CYP2E1</i>	10	0.040	+	0.059	+
<i>KLHL35</i>	11	0.134	+	−0.127	−
<i>SMAD</i>	15	0.128	+	0.027	+
<i>HOOK2</i>	19	−0.212	−	0.290	+
<i>SLC17A9</i>	20	0.165	+	0.163	+
log ₁₀ (PFOA)					
<i>GFPT2</i>	5	−0.100	−	−0.035	−
<i>ZFP57</i>	6	−0.112	−	−0.052	−
<i>DUSP22</i>	6	−0.030	−	−0.113	−
<i>CYP2E1</i>	10	0.112	+	0.007	+
<i>TCERG1L</i>	10	0.025	+	0.009	+

Abbreviations: Chr, Chromosome.

^aAverage partial regression coefficient at CpG sites in the region.

^bdirection of methylation change: +, up-methylated, -, down-methylated.

Figure 1. Manhattan (left panels) and volcano plots (right panels) of the genome-wide associations of DNA methylation with prenatal exposure to PFOS (A) or PFOA (B) in the discovery cohort.

Left panels: Manhattan plots of P -value for the associations between prenatal PFAS exposures and DNA methylation across chromosomes. Right panels: Volcano plots showing P -values versus the magnitude of effect (Coef) on DNA methylation associated with prenatal PFAS exposures. Horizontal lines represent the significance threshold of a $FDR < 0.05$.