

HOKKAIDO UNIVERSITY

Title	Development and validation of a prediction model based on the organ-based metabolic tumor volume on FDG-PET in patients with differentiated thyroid carcinoma		
Author(s)	Uchiyama, Yuko; Hirata, Kenji; Watanabe, Shiro; Okamoto, Shozo; Shiga, Tohru; Okada, Kazufumi; Ito, Yoichi M.; Kudo, Kohsuke		
Citation	Annals of nuclear medicine, 35(11), 1223-1231 https://doi.org/10.1007/s12149-021-01664-x		
Issue Date	2021-11-01		
Doc URL	http://hdl.handle.net/2115/87316		
Rights	This is a post-peer-review, pre-copyedit version of an article published in Annals of nuclear medicine. The final authenticated version is available online at: http://dx.doi.org/10.1007/s12149-021-01664-x.		
Туре	article (author version)		
File Information	Ann Nucl Med 35(11) 1223-1231.pdf		



2	Development and validation of a prediction model based on the organ-based metabolic
3	tumor volume on FDG-PET in patients with differentiated thyroid carcinoma
4	
5	Authors
6	Yuko Uchiyama, MD, ^{1,2} Kenji Hirata, MD, PhD, ^{1,2,*} Shiro Watanabe, MD, PhD, ^{1,2} Shozo
7	Okamoto, MD, PhD, ³ Tohru Shiga, MD, PhD, ⁴ Kazufumi Okada, MPH, ⁵ Yoichi M. Ito, PhD, ⁵
8	Kohsuke Kudo, MD, PhD ^{1,6,7}
9	
10	¹ Department of Diagnostic Imaging, Hokkaido University Graduate School of Medicine,
11	Sapporo, Japan
12	² Department of Nuclear Medicine, Hokkaido University Hospital, Sapporo, Japan
13	³ Department of Radiology, Obihiro-Kosei General Hospital, Obihiro, Japan
14	⁴ Advanced Clinical Research Center, Fukushima Global Medical Science Center, Fukushima,
15	Japan
16	⁵ Biostatistics Division, Clinical Research and Medical Innovation Center, Hokkaido University
17	Hospital, Sapporo, Japan
18	⁶ Department of Diagnostic Imaging and Interventional Radiology, Hokkaido University
19	Hospital, Sapporo, Japan
20	⁷ Global Center for Biomedical Science and Engineering, Faculty of Medicine, Hokkaido
21	University, Sapporo, Japan
22	
23	

24	First author: Yuko Uchiyama, MD, PhD candidate, Department of Diagnostic Imaging,
25	Graduate School of Medicine, Hokkaido University, Kita 15, Nishi 7, Kita-Ku, Sapporo,
26	Hokkaido 060-8638, Japan. Tel.: +81-11-706-7779, Fax: +81-11-706-7408
27	Email: y_uchiyama@med.hokudai.ac.jp
28	
29	*Corresponding author: Dr. Kenji Hirata, Department of Diagnostic Imaging, Graduate School
30	of Medicine, Hokkaido University, Kita 15, Nishi 7, Kita-Ku, Sapporo, Hokkaido 060-8638,
31	Japan.
32	Tel.: +81-11-706-7779, Fax: +81-11-706-7408
33	Email: khirata@med.hokudai.ac.jp
34	
35	Source of Funding:
36	This work was supported by a grant from the JSPS KAKENHI, no. JP20K08015.
37	
38	Running Title: Organ-based MTV in thyroid cancer
39	
40	Total word count: 4081
41	
42	Total number of figures: 5
43	Total number of tables: 3
44	

46 ABSTRACT

Background: Although patients with differentiated thyroid cancer (DTC) generally have a good 47 prognosis, patients with a large metabolic tumor volume (MTV) on FDG-PET may experience 48 poor clinical courses. We measured organ-based MTVs and tested its prognostic performance in 49 comparison to conventional MTV (cMTV). 50 51 Methods: We retrospectively analyzed the cases of 280 patients who received their first I-131 therapy in 2003–2014 at our hospital and showed an FDG-avid metastatic lesion. We randomly 52 divided the patients into training (n=190) and validation (n=90) datasets. We classified the MTVs 53 as MTV_{neck-node}, MTV_{distant-node}, MTV_{lung}, MTV_{bone}, and MTV_{other-organs} and tested with/without 54 dichotomization vis-à-vis overall survival (OS). Based on the estimated weighting coefficients of 55 the organ-based MTVs, we propose a new index: the adjusted whole-body MTV (aMTV). Using 56 the validation dataset, we compared the aMTV with cMTV for predicting OS. 57 Results: In a univariate analysis, MTV_{distant-node} and MTV_{other-organs} were more strongly correlated 58 59 with the OS than the dichotomized forms, whereas the dichotomized forms of MTV_{neck-node},

 MTV_{lung} , and MTV_{bone} were more strongly correlated with OS than the continuous variables. The

aMTV was thus expressed as $0.69 \times dic(MTV_{neck-node}) + 0.02 \times MTV_{distant-node}$

 $62 + 1.05 \times dic(MTV_{lung}) + 1.58 \times dic(MTV_{bone}) + 0.01 \times MTV_{other-organs}, where dic(x) represents 0 or$ 63 1 based on the optimized cut-off. In the model evaluation using the validation group, aMTV was

a significant predictor of OS with a higher c-index (0.7676) than cMTV (0.7218).

65 Conclusion: In DTC patients with FDG-avid metastasis before I-131 therapy, all organ-based

66 MTVs were significant predictors of prognosis. As the aMTV outperformed the cMTV for

67 predicting prognoses, we recommend measuring the MTV on an organ basis.

69 Key words

70 differentiated thyroid carcinoma, metabolic tumor volume, organ-based measurement, FDG-PET

72 Introduction

Patients with differentiated thyroid cancer (DTC) have a relatively good prognosis with 73 slow progress in most cases, but there is a group of DTC patients who experience a poor clinical 74 course. The known clinical factors associated with poor prognosis in DTC include a large 75 primary lesion, advanced patient age at the first diagnosis, male sex, and the presence of 76 77 metastasis [1, 2]. F-18 fluorodeoxyglucose (FDG) positron emission tomography (PET) is a useful clinical tool to predict the prognosis of DTC patients, as in other malignancies. It has been 78 clarified those patients with FDG-avid metastasis had worse prognoses than those without FDG-79 avid metastasis [3, 4]. 80

Metabolic tumor volume (MTV) and total lesion glycolysis (TLG) derived from FDG-81 PET/CT have been reported to be good prognostic factors for various malignant tumors [5–7]. 82 There have also been reports that a higher MTV and TLG in FDG-PET are factors associated 83 with poor prognosis in DTC [8, 9]. However, it has been indicated that in cases of DTC, the neck 84 lymph nodes have little effect on the patients' overall survival (OS) [10], and that the prognosis is 85 poor when the patient has distant metastasis in organs that are not commonly targets of 86 metastasis, such as the liver and brain [11, 12]. These lines of evidence suggest that, even if their 87 88 MTV values are equal, metastatic lesions that have developed at different organs may have different clinical impacts. Nevertheless, most of the investigations of the MTV and TLG have 89 90 considered all metastatic lesions equally, i.e., the whole-body MTV calculated as the sum of the 91 individual lesions' MTVs throughout the body is most commonly used. We hypothesized that both MTV measurements obtained in an organ-by-organ manner and the organ-adjusted whole-92 93 body MTV, defined as the weighted sum of the organ-based MTVs, may have better prognostic 94 performance.

In this retrospective study, we aimed to develop an organ-based MTV-based model and to
determine whether it is more useful for predicting the prognosis of patients with DTC compared
to the conventional MTV.

98

99 Subjects and Methods

100 Subjects

101 Based on the Transparent Reporting of Multivariate Prediction Model for Individual Prognosis or

102 Diagnosis (TRIPOD) statement, the present study is categorized as type 2a [13]. This

103 retrospective analysis was approved by our hospital's institutional review board (approval no.

104 020-0315). The requirement of written informed consent from each patient was waived because

105 of the study's retrospective nature. We reviewed our hospital's information system to extract the

106 cases of patients who underwent FDG-PET or PET/CT at our hospital before undergoing I-131

radioactive iodine therapy (RAI) for DTC between January 2003 and December 2014.

Based on the results of a computer-based search of the hospital's medical records, a total

109 of 1,218 RAI treatments for 800 patients were performed for DTC during that period. Among

them, 767 RAI treatments were identified as the first RAI after total thyroidectomy, and 33 RAI

treatments were performed as the second or later RAI. Among the 767 cases of first RAI

treatments, 425 patients proved to have one or more residual metastatic lesions in an examination

before their RAI (details are provided below in the *Visual assessment of FDG-PET* section). Of

these 425 patients, 290 showed any FDG-avid metastatic lesion in any organs; 10 of the patients

were excluded as we could not access their clinical data. A final total of 280 patients (187

females [67%], 93 males [23%]) were enrolled (Fig. 1).

117

7 The mean \pm SD patient age was 60.4 ± 13.5 years (range 13–84 years; median 64,

118	interquartile range [IQR]: 54-69 years). The data on patient survival during the follow-up period		
119	after FDG-PET were collected through routine clinical visits and telephone interviews. The		
120	follow-up period ranged from 1.13 to 154.8 months (median 54.5, IQR: 26.5-94.1 months). No		
121	patients were treated by a tyrosine kinase inhibitor (TKI) within the observation period.		
122			
123	Image acquisition		
124	After 6-hr fasting and blood glucose measurement, the patient was injected with FDG (4.5		
125	MBq/kg), followed by whole-body scanning 1 hr after the injection. Three different PET or PET-		
126	CT scanners were used in this cohort: (1) an ECAT EXACT HR+ PET scanner (Siemens,		
127	Munich, Germany) (n=14 patients), (2) an ECAT EXACT 47 PET scanners (Siemens) (n=128),		
128	and (3) a Biograph 64 PET/CT scanner (Siemens) (n=138).		
129	For the ECAT EXACT HR+ and ECAT EXACT 47 PET scanners, 2-min emission		
130	scanning and 2-min transmission scanning with a 68Ge/68Ga source per bed position were		
131	performed, followed by image reconstruction using ordered subset expectation maximization		
132	(OSEM, 1 iteration, 30 subsets). For the Biograph 64 PET/CT scanner, low-dose CT images		
133	were acquired for attenuation correction, followed by 3-min emission scanning for each bed		
134	position. PET images were reconstructed using the TrueX algorithm, which is a point spread		
135	function implemented in OSEM (two iterations, 21 subsets). After reconstruction, the matrix		
136	sizes were 128×128 for both ECAT scanners and 168×168 for the Biograph64, and the voxel		
137	sizes were 3.4×3.4×3.4 mm for both ECAT scanners and 4.1×4.1×2.0 mm for the Biograph64.		
138			
139	Visual assessment of FDG-PET		

140 The accumulation of FDG was visually evaluated and discussed by two board-certificated

141	nuclear medicine physicians (Y.U. and K.H., 18 years and 15 years of experience, respectively)			
142	to determine each patient's inclusion in this study. To evaluate the presence/absence of metastasis			
143	and metastatic organs, we collected each patient's serum thyroglobulin (sTg) level and findings			
144	from imaging examinations such as computed tomography (CT), magnetic resonance imaging			
145	(MRI), and ultrasonography (US) taken essentially within 1 month before RAI treatment, and the			
146	I-131 scintigraphy after the patient's initial therapy. The lesion was judged to be an FDG-avid			
147	metastatic lesion if it exhibited FDG uptake greater than that of the surrounding tissues.			
148				
149	Semi-quantitative analysis			
150	For the image analysis, we used a free software package, Metavol [14]. First, any uptake masses			
151	with a standardized uptake value (SUV) \geq 3.0 were automatically extracted. Then, the nuclear			
152	medicine physician with 18 years' experience categorized each uptake mass into 'tumor uptake'			
153	or 'non-tumor uptake.' In cases in which the tumor and non-tumor masses were connected, the			
154	non-tumor parts were carefully removed with the use of a manual region-of-interest tool. The			
155	same physician then categorized each tumor uptake by the organs.			
156	We defined the organ-based MTV as the tumor volume at each organ, including neck			
157	node(s) (MTV _{neck-node}), distant node(s) (MTV _{distant-node} , i.e., lymph nodes beyond the neck), lung			
158	(MTV_{lung}) , bone (MTV_{bone}) , and other organs $(MTV_{other-organs})$. The 'other organs' included the			
159	liver (n=3), pleura (n=5), muscle (n=1), and kidney (n=1). A representative case is illustrated in			
160	Fig. 2.			
161				
162	Statistical analyses			

163 The statistical analyses were performed using JMP Pro 14 and SAS 9.4 (SAS Institute Inc., Cary,

NC, USA) in the following three steps after we randomly divided all 280 patients into two
groups (training, n=190; validation, n=90). The randomization was performed using Microsoft
Excel. In the analyses described next, the training dataset was used in (i), (ii), and (iii), and the
validation dataset was used in (iii).

168

169 <u>i) Univariate analysis</u>

170 We first performed a univariate analysis to test the prognostic value of each organ-based MTV.

171 The Cox proportional hazard model was used to input the organ-based MTV as the single

explanatory variable and to output the patients' overall survival (OS) as a response variable. We

exhaustively searched for the best cut-off value to dichotomize each organ-based MTV. The cutoff value was adjusted by 0.1 mL until the dichotomized form of the organ-based MTV became

the most prognostic (i.e., showed the highest c-index). The continuous form or the dichotomized

form of each organ-based MTV, whichever was observed to be more predictive, was used for thesubsequent analyses.

178

179 <u>ii) Multivariate analysis (multivariate model construction)</u>

180 We then constructed a Cox proportional hazard model to input the five organ-based MTVs to

predict OS. The estimated regression coefficients were used as the weighting coefficients for ascore calculation.

183

184 <u>iii) Model validation</u>

185 The constructed model was evaluated using the validation dataset. Using the weighting

186 coefficients that were determined as described above, we defined the weighted sum of the five

187	organ-based MTVs as the 'adjusted whole-body MTV' (aMTV). For comparison, the simple sum
188	of the organ-based MTVs was defined as the 'conventional MTV' (cMTV). Both the aMTV and
189	cMTV were tested by a univariate Cox regression proportional hazard model with the OS as a
190	dependent variable.

The patients' OS was analyzed by the Kaplan-Meier method with the log-rank test. For the 191 192 univariate and multivariate analyses, p-values <0.05 were accepted as significant. The data of the patient groups in the Results section are presented as the range (median, IQR). 193

We also determined the time-dependent receiver operating characteristic (ROC) curve 194 and area under the curve (AUC) of the ROC for the patients' 1-year, 3-year, and 5-year survival 195 in both the training and validation datasets to evaluate the prognostic performance of the aMTV 196 compared to the cMTV. 197

198

Results 199

200 *Patient characteristics*

Overall, 71 of the 280 (25.0%) patients died during the follow-up period (median 54.5 months), 201 resulting in 5- and 10-year OS rates of 81.6% and 53.6%, respectively. The characteristics of the 202 203 included patients are summarized in Table 1. Briefly, the training group consisted of 66 male and 124 female patients: the validation group was 27 male and 63 female patients. The ages of the 204 205 patients in the training group ranged from 13 to 84 years (median 64 yrs, IQR 56-70 yrs); those 206 for the patients in the test group were 14–80 years (median 62 yrs, IQR 51.8–69 yrs). There were 207 no significant differences between the training and test groups in age, sex, or distribution of 208 metastatic organs. The range of follow-up periods of the training group was 1.15–154.8 months 209 (median 53.9, IQR 25.2–92.6 mos.) and 2.66–153.1 months (median 56.6, IQR 30.5–95.9 mos.)

for the test group. Among the 71 patients who died during the follow-up period, 51 belonged tothe training group and 20 to the test group.

212

213 Univariate analysis

- 214 The results of univariate analysis of organ-based MTVs for OS prediction are summarized in the
- Table 2. When each organ-based MTV was used as a continuous variable, c-indexes were 0.5454
- 216 (MTV_{neck-node}), 0.6046 (MTV_{distant-node}), 0.5708 (MTV_{lung}), 0.5252 (MTV_{bone}), and 0.5596
- 217 (MTV_{other-organ}). We dichotomized these MTVs by using the best cut-off values searched in 0.1-
- mL steps. The best cut-offs were 2.9 mL for $MTV_{neck-node}$ (c-index = 0.5841), 0.3 mL for
- 219 MTV_{distant-node} (c-index = 0.6026), 1.5 mL for MTV_{lung} (c-index = 0.5784), 15.5 mL for MTV_{bone}
- 220 (c-index = 0.5419), and 0.1 mL for MTV_{other-organs} (c-index = 0.5593).
- 221

222 *Multivariate analysis (multivariate model construction)*

223 We compared the c-indexes between each organ-based MTV's continuous form and its

dichotomized form (i.e., without vs. with dichotomization). The form that provided the higher c-

- index was used for the subsequent multivariate analysis. Based on the results described above,
- 226 MTV_{distant-node} and MTV_{other-organs} as continuous variables and MTV_{neck-node}, MTV_{lung}, and
- 227 MTV_{bone} as dichotomized variables were selected as the input for a multivariate analysis. The
- estimated weighting coefficients was calculated as 0.69 for dic(MTV_{neck-node}), 0.02 for MTV_{distant}-
- $_{node}$, 1.05 for dic(MTV_{lung}), 1.58 for dic(MTV_{bone}), and 0.01 for MTV_{other-organs} (Table 3). Note
- that dic(x) indicates 0 when x< θ and 1 when x $\geq \theta$ with θ being the cut-off determined in the
- 231 univariate analysis.
- We thus defined the aMTV (adjusted whole-body MTV) as follows:

233

 $aMTV = 0.69 \times dic(MTV_{neck-node}) + 0.02 \times MTV_{distant-node}$

$$+1.05 \times dic(MTV_{lung}) + 1.58 \times dic(MTV_{bone}) + 0.01 \times MTV_{other-organs}$$

- 236
- 237 *Model validation*

Lastly, we evaluated the prognostic performance of the aMTV compared to the cMTV, using the
validation dataset. As a result of the univariate analysis to predict OS, the c-index of the aMTV
was 0.7676, which was higher than that of the cMTV (0.7218). In the results of the survival
analysis with Kaplan-Meier curves using the log-rank test to divide the data into two groups
using the median, both aMTV and cMTV were prognostic factors (p=0.0002 and p=0.0006,
respectively) (Fig. 3).

The time-dependent ROC analysis to predict 1-year, 3-year, and 5-year survival in the 244 training dataset demonstrated that the aMTV had larger AUCs than the cMTV in the training 245 dataset (Fig. 4). The respective AUC values of the aMTV and cMTV were 0.7436 vs. 0.5169 for 246 1-year survival, 0.6855 and 0.5687 for 3-year survival, and 0.6553 and 0.5679 for 5-year 247 survival. Similarly, the aMTV produced larger AUC values than the cMTV in the validation 248 249 dataset (Fig. 5). The respective AUC values of the aMTV and cMTV for the validation dataset were 0.8566 and 0.7846 for 1-year survival, 0.7568 and 0.6528 for 3-year survival, and 0.7867 250 251 and 0.6314 for 5-year survival.

252

253 Discussion

We investigated the usefulness of organ-based MTVs over the conventional MTV measured on FDG-PET in patients with DTC. The results can be summarized as follows. (1) The univariate

256	analysis suggested that $MTV_{distant-node}$ and $MTV_{other-organs}$ as continuous variables and MTV_{neck-}			
257	$_{node}$, MTV $_{lung}$, and MTV $_{bone}$ as dichotomized variables were significant prognostic factors. (2)			
258	With the multivariate analysis, we estimated weighting factors of each organ-based MTV. (3)			
259	Using the weighting factors and the separated test dataset, we observed that the aMTV was			
260	superior to the cMTV in terms of predicting the OS of the patients.			
261	Volume-based parameters of FDG-PET/CT, such as MTV and TLG, have been shown to			
262	be useful for prognostic factors in various malignant tumors [15–17]. This also applies to thyroid			
263	cancer. However, few reports have focused on organ-based MTVs, although it has been reported			
264	that the MTV of lung metastasis may be prognostic [18].			
265	To our knowledge, the present study is the first to focus on measuring the MTV of DTC			
266	patients in an organ-by-organ manner. This study is also an investigation of the largest number of			
267	DTC patients regarding volume-based parameters of FDG-PET.			
268	In clinical practice, we often encounter the following situation: two patients have almost			
269	equivalent whole-body MTVs but have different prognoses as their metastatic organs differ. In			
270	the relevant literature, metastasis to neck nodes has shown little relevance to prognosis in DTCs,			
271	whereas metastatic brain or liver tumors lead to poor prognosis [11–13]. We thus propose that the			
272	new indicator, the aMTV, has better prognostic power than the cMTV.			
273	The results of our analyses demonstrated that some of the organ-based MTVs were			
274	linearly correlated with the patients' OS while others were more closely correlated after			
275	dichotomization. Several possible reasons for these results can be considered. Although it is			
276	known that lung metastasis greatly affects the prognosis of thyroid cancer patients, the patients			
277	with lung metastasis of DTC often have many small lesions in both lungs. In such cases, the			
278	MTV_{lung} tends to be underestimated due to partial volume effects of PET, even though serum sTg			

levels, which reflect the total tumor amount, are high. Notably, the present study involved oldgeneration PET scanners, and the influence of the partial volume effect may thus have been
significant. Further investigations are needed to clarify whether the latest PET scanners with
improved resolution can improve the predictive value of MTV_{lung}.

In contrast, $MTV_{distant-node}$ and $MTV_{other-organs}$ as continuous variables were prognostic factors, showing a linear correlation with OS. Unlike lung metastasis, those metastatic lesions tend to be small in number but large in size. Such characteristics may be suitable for measurement with PET.

We observed that cervical lymph node metastasis was poorly correlated with the DTC patients' OS as a continuous variable. This is consistent with past reports that cervical lymph node metastasis was not closely related to the prognosis of DTC [11]. However, we observed that a strong correlation with the OS was obtained when the MTV_{neck} cut-off value was set to 2.9 mL (equivalent to 1.8 cm in diameter), which is a relatively large volume for neck nodes, indicating that even cervical nodes can affect the prognosis when the lesion is large.

There is no gold standard for MTV measurements in DTC. In general, for various tumors, 293 the tumor boundary is often determined using a relative value of 40% of the SUVmax or a fixed 294 295 value such as SUV > 3.0 as a threshold value. Since we targeted the whole body this time, it was not practical to use a relative value of the SUVmax for many of the lesions in some cases. We 296 297 thus chose a fixed SUVmax. In the fixed value method, we considered several cut-off candidates 298 (e.g., 2.5, 3.0, and 3.5). Here, when we use values that are smaller than 2.5, much of the background would be included inside the VOI and a considerable amount of manual correction 299 work would be required, which not only takes time but also reduces reproducibility between 300 301 operators. In contrast, when values that are larger than 3.5 are used, since thyroid cancer is a

basically low-accumulation tumor, the low-accumulation lesions could not be picked up in many
 cases. We therefore used SUV≥3.0 as the threshold value for the empiric evaluation.

Prognostic indicators are useful in determining subsequent treatment strategies. In this 304 study, the aMTV was demonstrated to be an excellent prognosis indicator. A large aMTV was 305 associated with poor prognosis. Patients whose aMTV is large may therefore need careful 306 307 follow-up plus the introduction of aggressive treatment such as surgery to remove as much tumor tissue as possible, external beam radiation therapy, and/or the use of molecular-targeted drugs 308 309 including TKIs. It may take time and effort to measure the organ-based MTVs at this point in time, but artificial intelligence techniques will eventually make it possible to measure them 310 automatically and quickly. 311

There are several limitations of this study. It was a retrospective analysis enrolling patients 312 treated at a single institution, which inevitably biased the data selection. The prognosis of the 313 patients with thyroid cancer is generally good, but a long-term follow-up observation is required. 314 315 A prospective study of patients treated at several institutions is thus difficult to carry out, although such a study is important. In addition, we did not investigate our patients' subsequent 316 treatments (further I-131 therapy, external irradiation, surgical dissection, etc.). The imaging 317 318 devices used for PET also differed among the patients. Although complicated, there is a method of volume measurement that is able to harmonize images with different spatial resolutions; this 319 320 may be a future research subject. Moreover, although we preliminarily determined the weights of 321 organ-based MTVs, the weights ideally should be determined in as large a population as possible. Finally, there were no confirmations by pathological examinations that metastasis was 322 present. 323

324

325	Conclusion			
326	In patients with DTC with FDG-avid metastasis before I-131 therapy, all organ-based MTVs			
327	were significant predictors of patient prognoses. The adjusted whole-body MTV may have the			
328	potential to improve the performance of conventional MTV. Measuring the MTV by organ is			
329	clinically meaningful.			
330				
331				
332	Acknowledgments			
333	We thank all staff in the nuclear medicine department of our hospital for their support with the			
334	cyclotron operation, radiosynthesis, and image acquisition.			
335				
336	Funding			
337	This work was supported by a grant from the JSPS KAKENHI, no. JP20K08015.			
338				
339	Conflict of interest			
340	The authors declare that they do not have anything to disclose regarding funding or conflicts of			
341	interest with respect to this manuscript.			
342				
343				

344 Figure Legends

345

346

initial I-131 therapy after undergoing a total thyroidectomy, and those who had any FDG-avid 347 348 metastases. 349 Fig. 2. A female patient in her 70s with multiple metastases of thyroid follicular cancer. The 350 metastatic lesions are displayed with different colors for each organ for the measurement of 351 352 organ-based MTVs. 353 Fig.3. Kaplan-Meier survival curves for the patients in the test group in relation to the aMTV (a) 354 and the cMTV (b). Risk stratification was better achieved using the aMTV than the cMTV, up to 355 the sixth year (72 months) after PET scanning. 356 357 Fig. 4. The training dataset was analyzed with the time-dependent receiver operating 358 characteristic (ROC) curves in predicting (a) 1-year, (b) 3-year, and (c) 5-year survival using the 359 360 aMTV vs. the cMTV. The AUC was larger for the aMTV than for the cMTV in all of the analyses. 361 362 363 Fig. 5. The validation dataset was analyzed with the time-dependent ROC curves in predicting (a) 1-year, (b) 3-year, and (c) 5-year survival using the aMTV vs. the cMTV. The AUC was 364 365 larger for the aMTV than for the cMTV in all of the analyses. 366

Fig. 1. We retrospectively enrolled 280 patients with DTC who underwent FDG-PET before their

References

368	1.	Durante C, Haddy N, Baudin E et al. Long-term outcome of 444 patients with distant
369		metastases from papillary and follicular thyroid carcinoma: Benefits and limits of
370		radioiodine therapy. J Clin Endocrinol Metab. 2006;91:2892-2899.
371	2.	Yang L, Shen W, Sakamoto N. Population-based study evaluating and predicting the
372		probability of death resulting from thyroid cancer and other causes among patients with
373		thyroid cancer. J Clin Oncol. 2013;31:468-474.
374	3.	Yoshio K, Sato S, Okumura Y et al. The local efficacy of I-131 for F-18 FDG PET positive
375		lesions in patients with recurrent or metastatic thyroid carcinomas. Clin Nucl Med.
376		2011;36:113-117.
377	4.	Gaertner FC, Okamoto S, Shiga T et al. FDG PET performed at thyroid remnant ablation has
378		a higher predictive value for long-term survival of high-risk patients with well-differentiated
379		thyroid cancer than radioiodine uptake. Clin Nucl Med. 2015;40:378-383.
380	5.	Mantziari S, Pomoni A, Prior JO et al. 18 F- FDG PET/CT-derived parameters predict
381		clinical stage and prognosis of esophageal cancer. BMC Med Imaging. 2020 Jan 22;20(1):7.
382	6.	Lovinfosse P, Polus M, Van Daele D, Martinive P et al. FDG PET/CT radiomics for
383		predicting the outcome of locally advanced rectal cancer. Eur J Nucl Med Mol Imaging.
384		2018 Mar;45(3):365-375.
385	7.	Li Y, Wu X, Huang Y et al. 18 F-FDG PET/CT in lung adenosquamous carcinoma and its
386		correlation with clinicopathological features and prognosis. Ann Nucl Med. 2020
387		May;34(5):314-321.
388	8.	Wang W, Larson SM, Fazzari M et al. Prognostic value of [18F]fluorodeoxyglucose positron
389		emission tomographic scanning in patients with thyroid cancer. J Clin Endocrinol Metab.

390 2000;85:1107-1113.

- 9. Kim BH, Kim S-J, Kim U et al. Diagnostic value of metabolic tumor volume assessed by
- 392 18F-FDG PET/CT added to SUVmax for characterization of thyroid 18F-FDG
- incidentaloma. Nucl Med Commun. 2013;34:868-876.
- 10. Tam S, Boonsripitayanon M, Amit M et al. Survival in differentiated thyroid cancer:
- Comparing the AJCC Cancer Staging Seventh and Eighth Editions. Thyroid. 2018;28):13011310.
- 11. Brient C, Mucci S, Taïeb D et al. Differentiated thyroid cancer with liver metastases:
- Lessons learned from managing a series of 14 patients. Int Surg. 2015;100:490-496.
- de Figueiredo BH, Godbert Y, Soubeyran I et al. Brain metastases from thyroid carcinoma: A
 retrospective study of 21 patients. Thyroid. 2014;24:270-276.
- 401 13. Collins GS, Reitsma JB, Altman DG et al., members of the TRIPOD group. Transparent
- 402 Reporting of a Multivariable Prediction Model for Individual Prognosis or Diagnosis

403 (TRIPOD): The TRIPOD Statement. Eur Urol. 2015;67:1142-1151.

- 404 14. Hirata K, Kobayashi K, Wong K-P et al. A semi-automated technique determining the liver
 405 standardized uptake value reference for tumor delineation in FDG PET-CT. PLOS ONE.
 406 2014;9:e105682.
- 15. Robbins RJ, Wan Q, Grewal RK et al. Real-time prognosis for metastatic thyroid carcinoma
 based on 2-[18F]fluoro-2-deoxy-D-glucose-positron emission tomography scanning. J Clin
 Endocrinol Metab. 2006;91:498-505.
- 410 16. Masson-Deshayes S, Schvartz C, Dalban C et al. Prognostic value of (18)F-FDG PET/CT

411 metabolic parameters in metastatic differentiated thyroid cancers. Clin Nucl Med.

412 2015;40:469-475.

413	17. Manohar PM, Beesley LJ, Bellile EL et al. Prognostic value of FDG-PET/CT metabolic
414	parameters in metastatic radioiodine-refractory differentiated thyroid cancer. Clin Nucl Med.
415	2018;43:641-647.
416	18. Maruoka Y, Baba S, Isoda T, Kitamura Y, Abe K, Sasaki M, Honda H. Association between
417	volumetric analysis of lung metastases on F-18-fluoro-2-deoxy-D-glucose positron emission
418	tomography/computed tomography and short-term progression after I-131 therapy for
419	differentiated thyroid carcinoma. Indian J Nucl Med. 2017;32(3):167-172.

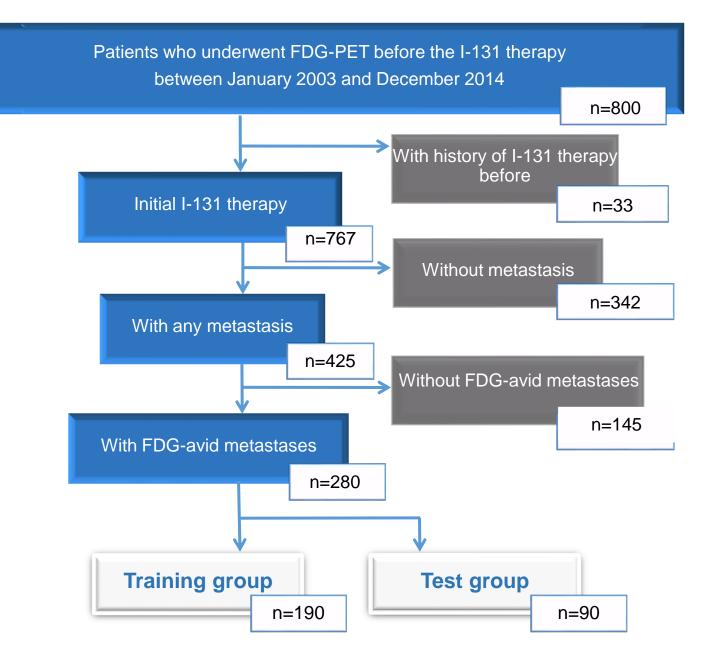
Table 1. Characteristics of the 280 patients included in the study.

	Training	Test	p -value
Number of patients	190	90	
Gender			
male	66	27	0.4282
female	124	63	0.4202
Age			
range	13-84	14-80	0.573
(median, IQR)	(61.1, 56-70)	(60.0, 51.8-69)	0.373
Pathology			
papillary	149 (78.4%)	80 (88.9%)	
follicular	23 (12.1%)	4 (4.4%)	0.1661
poor	15 (7.9%)	5 (5.6%)	0.1001
papillary + follicular	3 (1.6%)	1 (1.1%)	
Metastatic site			
neck lymph node	149 (78.4%)	72 (80.0%)	0.7632
distant lymph node	44 (23.2%)	25 (27.8%)	0.404
lung	95 (50.0%)	46 (51.1%)	0.8627
bone	30 (15.8%)	10 (11.1%)	0.2978
others	7 (3.7%)	3 (3.3%)	0.8831
Follow up period			
range	1.15-154.8	2.66-153.1	0.4042
(median, IQR)	(53.9, 25.2-92.6)	(56.6, 30.5-95.9)	0.1012
Outcome			
dead	51 (26.8%)	20(22.2%)	0.4084
alive	154 (73.2%)	74(77.8%)	011001
PET scanner			
EXACT47	95 (50.0%)	43 (47.8%)	
Biograph	85 (44.7%)	43 (47.8%)	0.8756
HR+	10 (5.3%)	4 (4.4%)	

	Continuous value			Dichotomized value			
	p-value	Hazard ratio	95%CI	Cut-off	p-value	Hazard ratio	95%CI
MTV _{neck-node}	0.0763	1.016	[-0.0021, 0.028]	2.9	0.0258	2.004	[0.52, 1.84]
MTV _{distant-node}	0.0997	1.015	[-0.0038, 0.027]	0.3	0.0003	3.345	[0.58, 1.78]
$\mathrm{MTV}_{\mathrm{lung}}$	0.3059	1.002	[-0.0036, 0.0043]	1.5	0.0082	2.390	[0.23, 1.45]
MTV _{bone}	0.0060	1.014	[0.0048, 0.021]	15.5	0.0062	3.430	[0.39, 1.96]
MTV _{other-organs}	0.0011	1.012	[0.0057, 0.017]	0.1	0.0002	10.771	[1.28, 3.27]

Table 3. Multivariate analysis

	p-value	Regression coefficient	Hazard ratio	95%CI
d(MTV _{neck node})	0.308	0.69	2.096	[-0.681, 2.161]
MTV _{distant} node	0.018	0.02	1.039	[0.007, 0.070]
$d(MTV_{lung})$	0.002	1.05	7.084	[0.694, 3.222]
d(MTV _{bone)}	0.065	1.58	7.560	[-0.128, 4.174]
MTV _{other-organs}	0.669	0.01	0.999	[-0.008, 0.005]





Region	MTV (mL)		
Neck node	7.331		
Distant node	2.992		
Lung	52.283		
Bone	134.629		
Others	17.451		
All	214.686		

