



Title	Assessment of LeadCare (R) II analysis for testing of a wide range of blood lead levels in comparison with ICP-MS analysis
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1 **Abstract**

2 The LeadCare® testing system, which utilizes anodic stripping voltammetry (ASV)  
3 methodology, has been widely used worldwide for cost-effective blood lead level (BLL)  
4 screening. However, some concerns have recently been issued regarding inaccurate  
5 results obtained using LeadCare®. Hence, we aimed to evaluate the accuracy of BLL  
6 measured by LeadCare® II (BLL<sub>LC</sub>) by comparison with ICP-MS (BLL<sub>IM</sub>) by the  
7 Passing–Bablok regression, Deming regression, and Bland–Altman analyses by using  
8 994 venous blood samples. BLL<sub>LC</sub> ranged from 3.3 to 162.3 µg/dL, while BLL<sub>IM</sub> ranged  
9 from 0.8 to 154.8 µg/dL. Although BLL<sub>LC</sub> and BLL<sub>IM</sub> exhibited a strong and positive  
10 correlation, BLL<sub>LC</sub> values were generally greater than BLL<sub>IM</sub> values, indicative of the  
11 overestimation of the LeadCare® analysis. A large positive bias of  $19.15 \pm 8.26$  µg/dL  
12 and  $29.25 \pm 14.04$  µg/dL for BLL<sub>LC</sub> compared with BLL<sub>IM</sub> were recorded in the BLL<sub>LC</sub>  
13 range of 45.0 to 64.9 µg/dL and for  $\geq 65.0$  µg/dL, respectively. In contrast, a bias of  $\leq 0.3$   
14 µg/dL was observed at a BLL<sub>LC</sub> of less than 10.0 µg/dL. Blood copper, cadmium, and  
15 iron levels did not exhibit an effect on the bias of BLL<sub>LC</sub>, indicative of the minimal  
16 potential interferences of the metals; these interferences are a cause for concern with the  
17 ASV method. In conclusion, LeadCare® analysis is thought to be a good tool for  
18 screening purposes at a lower BLL around the reference level of 5 µg/dL in the initial  
19 stage; however, conversion or retesting using a laboratory analyzer is recommended at a  
20 higher BLL for appropriate clinical evaluation and research.

21

22 **Keywords:**

23 LeadCare, ICP-MS, bias, Bland–Altman analysis, Passing–Bablok regression, Deming  
24 regression

25

26 **1. Introduction**

27 Environmental exposure to lead (Pb) still remains a public health concern. Pb  
28 poisoning occurs because of the current anthropogenic sources and historic air Pb  
29 emissions, including those of gasoline and from industries and mining operations  
30 (ATSDR, 2010). The Pb concentration of the bone reflects long-term exposure and body  
31 burden, while the blood Pb level (BLL) reflects more recent exposure. BLL is currently  
32 used widely as an indicator of Pb exposure (Barbosa et al., 2005). Although the Center  
33 for Disease Control and Prevention (CDC) stipulated an action level of 60 µg/dL for BLL  
34 in the 1960s, the action level for BLL has dramatically and gradually decreased. In 2012,  
35 the CDC has issued new guidelines for assessing children’s BLL with its reference level  
36 of 5 µg/dL (CDC, 2012). On the basis of scientific evidence, chelation therapy is currently  
37 highly recommended at a BLL of greater than or equal to 45 µg/dL (CDC, 2002;  
38 Needleman, 2004).

39 Because of the demand for a rapid and inexpensive method for screening and  
40 monitoring BLL, some early instruments that utilize anodic stripping voltammetry (ASV)  
41 have been developed. However, potential interference by copper (Cu) was a major  
42 concern since it may affect the BLL result from the ASV method (Roda et al., 1988). In  
43 a recent review by Borrill et al. (2019), interferences of intermetallic compounds on solid  
44 electrodes are problematic because preconcentration occurs only on the electrode surface  
45 where interactions are likely to occur between different metals. Cadmium (Cd)–Pb (Zhao  
46 and Liu, 2018) and iron (Fe)–Pb (Chau and Lum-Shue-Chan, 1974) are additional  
47 examples of problematic intermetallic compounds at solid electrodes. Currently, only  
48 LeadCare® testing systems from Magellan Diagnostics Inc. (North Billerica, MA, USA)  
49 are commercially available and widely utilized in developed countries (Green et al., 2017;  
50 Sobin et al., 2011) and developing countries (Dooyema et al., 2011; Safi et al., 2019;  
51 Yabe et al., 2020). However, recently, the United States Food and Drug Administration

52 (FDA) has issued a Class I recall, the most serious type, for the LeadCare® testing system  
53 (US FDA, 2017; 2018a). The US FDA has warned that LeadCare® testing systems may  
54 underestimate BLL for the processing of venous blood samples. In addition, in late 2018,  
55 the US FDA has concluded that there is a significant chance of obtaining incorrect results  
56 by using the LeadCare® system in cases where venous blood is collected in certain blood  
57 tubes containing a chemical called thiuram (US FDA, 2018b). The suspected tubes  
58 manufactured by Becton Dickinson & Company (NJ, USA) include BD Vacutainer®  
59 Lithium Heparin Green Top, which was used in our study before the FDA announcement.  
60 Thiuram in the rubber stopper of the tube can release reactive gases, carbon disulfide  
61 (CS<sub>2</sub>), and carbonyl sulfide which can dissolve into the blood and tightly bind to Pb  
62 particles. Similarly, the CDC also has issued concerns regarding the inaccurate results  
63 obtained by using the LeadCare® instrument (CDC, 2018). Taken together, these indicate  
64 that careful consideration and further scientific investigation of the LeadCare® analyzer's  
65 validity are required.

66 To the best of our knowledge, only two studies comparing BLL measured using  
67 the LeadCare® analyzer (BLL<sub>LC</sub>) and inductively coupled plasma–mass spectrometry  
68 (ICP–MS, BLL<sub>IM</sub>) at around the reference value of 5 µg/dL have been reported (Johnson  
69 et al., 2019; Sobin et al., 2011). In those studies, which were conducted in the laboratory  
70 or a primary school in the USA, the LeadCare® analyzer was deemed to provide an  
71 acceptable screening result. For the field study, Neri et al. (2014) reported that the dilution  
72 method using human blood, which is verified to have a BLL below the lower detection  
73 limit of 3.3 µg/dL for the LeadCare® II analyzer, can give an adequate result for BLL  
74 greater than 65 µg/dL, corresponding to the upper detection limit of LeadCare® II. In  
75 addition, in the same study, the BLL<sub>LC</sub> consistency overestimated BLL<sub>IM</sub> by twofold or  
76 greater, and the concordance correlation coefficient was quite low (0.423) when blood  
77 was diluted with saline. However, a study investigating the suitability of the LeadCare®

78 system for field analysis in a wide range of BLL values has not been reported thus far.  
79 Moreover, there is a high demand for a portable instrument for rapid analysis, such as  
80 LeadCare® testing systems, especially in rural areas of developing countries with limited  
81 applicable resources.

82 As a core mining area, Kabwe Town in the Republic of Zambia has been in  
83 operation for almost a century. Despite the closure of the mine in 1994, alarming  
84 concentrations of Pb have been reported in the environment (Nakayama et al., 2011) and  
85 animals (Doya et al., 2020; Nakata et al., 2016; Toyomaki et al., 2020; Yabe et al., 2013).  
86 Recently, our study investigating human BLL<sub>LC</sub> reported an increased BLL in Kabwe in  
87 the range of 1.65 to 162 µg/dL for 1190 participants, although the dilution was performed  
88 using hydrochloric acid (HCl) and not uncontaminated blood. The results below the lower  
89 detection limit of 3.3 µg/dL were adjusted to half their value of 1.65 µg/dL (Yabe et al.,  
90 2020). A similar elevated trend of BLL<sub>IM</sub> in the range of 0.79 to 154.75 µg/dL was also  
91 reported for 504 representatives from Kabwe (Nakata et al., 2020).

92 From the above discussion, LeadCare® II analysis was compared with ICP–MS  
93 analysis in terms of validity in this study. To obtain a better picture, the maximum  
94 available number of samples collected in Kabwe was compared, whereas some blood  
95 samples were excluded from the analysis of two earlier studies (Nakata et al., 2020; Yabe  
96 et al., 2020) because of the research design and limited budget for further clinical  
97 assessment. As LeadCare® series demonstrates immense potential for field analysis due  
98 to its unique and convenient characteristics, the evaluation in this study is significant for  
99 the monitoring and control of global Pb pollution.

100

101 **2. Methods**

102

103 **2.1. Venous blood sample collection**

104 The study was approved by the University of Zambia Research Ethics  
105 Committee (UNZAREC; ref. no. 012-04-16) and the Ministry of Health through the  
106 Zambia National Health Research Ethics Committee and the Kabwe District Medical  
107 Office. After two-stage random selection to capture the representative data of this area,  
108 blood sampling was performed in Kabwe in July and August 2017. Geographical  
109 information including the distance between the mine and each sampling point are shown  
110 in Supplementary Figure S1. The details of sample selection were described in a recent  
111 paper (Hiwatari et al., 2019). For blood collection in clinics, all collection items were  
112 placed in plastic Ziploc® storage bags until use to avoid contamination as described in a  
113 previous study (Nakata et al., 2020). After the cleaning and wiping of the collection site  
114 on the arm with alcohol swabs to eliminate environmental contaminants, blood was  
115 collected from the cubital vein. The collected samples were then immediately subjected  
116 to LeadCare II (Magellan Diagnostics, North Billerica, MA, USA) analysis as described  
117 below. Additionally, 200 µL of blood were separated into 1.5 mL plastic tubes  
118 immediately after blood collection for metal extraction and ICP-MS analysis. The  
119 separated blood samples and the remainder of the blood samples were stored at -20°C  
120 until transportation. After the Material Transfer Agreement (MTA) was granted by the  
121 Zambian Ministry of Health through the National Health Research Ethics Committee  
122 (approval no. E03618), the samples were packed in cooler boxes and transported to the  
123 Laboratory of Toxicology, Faculty of Veterinary Medicine, Hokkaido University, Japan,  
124 for laboratory analysis by ICP-MS.

125

126 **2.2. LeadCare II analysis**

127 Analysis was performed according to the manufacturer's instructions and as  
128 recently described (Yabe et al., 2020). In brief, 50  $\mu$ L of venous blood from a heparinized  
129 tube (BD Vacutainer® Lithium Heparin Green Top (Becton, Dickinson and Company,  
130 Franklin Lakes, NJ, USA)) was transferred into a vial containing the LeadCare II  
131 treatment reagent (250  $\mu$ L of 0.1% HCl) for hemolysis and for the release of Pb into the  
132 solution. The mixed solution was then applied onto the electrochemical sensor for single  
133 analysis. For quality assurance, the instrument was calibrated using a calibration probe  
134 assigned to a specific reagent kit box (48 tests) by the manufacturer. In addition, analyses  
135 of standard control reagents supplied by the manufacturer were performed as per the  
136 manufacturer's instruction to confirm the accuracy. Those samples with a  $BLL_{LC}$  above  
137 the detection limit of 65  $\mu$ g/dL were diluted for reanalysis. Next, 50  $\mu$ L of blood was  
138 added into 100  $\mu$ L of 0.1% HCl for three times dilution. Subsequently, 50  $\mu$ L of the mixed  
139 solution was transferred into a vial in the same way as that performed for undiluted blood.

140

### 141 **2.3. Blood digestion and metal extraction**

142 Blood digestion and metal extraction were performed as described recently  
143 (Nakata et al., 2020). First, 200  $\mu$ L of whole blood was digested with 5 mL of twofold  
144 diluted ultrapure nitric acid (Cica reagent, specific gravity of 1.38, 60%; Kanto Chemical  
145 Corp., Tokyo, Japan) and 1 mL of ultrapure hydrogen peroxide (Cica reagent, 30%; Kanto  
146 Chemical Corp.) using a microwave digestion system (Speed Wave MWS-2; Berghof,  
147 Eningen, Germany). The extracted solutions were then transferred into 15 mL plastic  
148 tubes and diluted to a final volume of 10 mL with double-distilled and deionized water  
149 (Milli-Q; Millipore, Bedford, MA). Supplementary Table S1 summarizes the detailed  
150 heating program of the microwave digestion system.

151

### 152 **2.4. Blood Pb, Cu, Cd, and Fe analysis using ICP–MS**

153 Levels of BLL<sub>IM</sub> as well as blood Cu (BCuL), Cd (BCdL), and Fe (BFL) were  
154 determined by ICP–MS (7700 series, Agilent Technologies, Tokyo, Japan) as reported  
155 by Nakata et al. (2020). Supplementary Table S2 summarizes the detailed operating  
156 conditions. Analytical quality control was performed using the certified reference  
157 material of Seronorm™ Trace Elements Whole Blood L-2 (Sero, Billingstad, Norway).  
158 Replicate analysis of these reference materials revealed good accuracy (relative standard  
159 deviation (RSD) of less than 3%) and recoveries (95–105%). The instrument detection  
160 limit was 0.001 µg/L for all the targeted metals. The limits of detection (LOD) of the  
161 extracted sample analysis were 0.048, 0.024, 0.008, and 11.65 µg/L for Pb, Cu, Cd, and  
162 Fe, respectively.

163

## 164 **2.5. Statistical analysis**

165 JMP Pro version 14 (SAS Institute, NC, USA) was employed for all statistical  
166 analyses, except the Passing–Bablok regression analysis, which was carried out using  
167 Analyze-it Method Validation Edition version 5.65.3 (Analyze-it Software, Ltd., Leeds,  
168 UK). Following lack of normality in the BLL data distribution based on the Shapiro-Wilk  
169 test, the data were log-transformed. The log-transformed data fitted a normal distribution  
170 for statistical analysis as was confirmed by the Shapiro-Wilk test. However, the results  
171 for the actual and log-transformed numbers were recorded in this study for easy  
172 comparison with other studies. Those samples with a BLL<sub>LC</sub> below the detection limit of  
173 3.3 µg/dL were excluded from the analysis and comparison. The Passing–Bablok  
174 regression analysis and Deming regression analysis were performed to assess the  
175 correlation between BLL<sub>LC</sub> and BLL<sub>IM</sub> in real and log-transformed data, respectively. In  
176 addition, Bland–Altman tests were conducted to evaluate comparability across BLL  
177 measurement methods. The Pearson correlation coefficient was utilized to assess the  
178 relationship of log-transformed BCuL with log-transformed BLL<sub>LC</sub>, BLL<sub>IM</sub>, and the bias



179 (log-transformed  $BLL_{LC}$  – log-transformed  $BLL_{IM}$ ); log-transformed BCdL with log-  
180 transformed  $BLL_{LC}$ ,  $BLL_{IM}$ , and the bias; as well as log-transformed BFL with log-  
181 transformed  $BLL_{LC}$ ,  $BLL_{IM}$ , and the bias. Statistical analyses were performed at a  
182 significance level of 0.05 ( $p < 0.05$ ).

183

184 **3. Results**

185 **3.1. Overall trend of BLL<sub>LC</sub> and BLL<sub>IM</sub>**

186 In total, 1208 venous blood samples were analyzed using the LeadCare II  
187 analyzer and ICP–MS. Supplementary Table S3 provides the characteristics of the studied  
188 population by area. Among 1208 blood samples, 214 samples (17.7%) exhibited a BLL<sub>LC</sub>  
189 below the detection limit of 3.3 µg/dL; hence, these samples were excluded from the  
190 study, and the remaining 994 samples were used for data analysis and comparison.  
191 Table 1 summarizes the statistical distribution of the obtained BLL<sub>LC</sub> and BLL<sub>IM</sub>, and  
192 Figure 1 shows the corresponding analysis using the box-and-whisker plot. The BLL<sub>LC</sub>  
193 ranged from its lower detection limit of 3.3 to 162.3 µg/dL with a mean ± standard  
194 deviation (SD) of 25.9 ± 21.8 µg/dL. In contrast, the range and mean ± SD of BLL<sub>IM</sub> were  
195 0.8 to 154.8 µg/dL and 18.1 ± 14.8 µg/dL, respectively. The BLL<sub>LC</sub> values were greater  
196 than the BLL<sub>IM</sub> values for all descriptive statistical values, including the mean, 95%  
197 confidence interval (CI), SD, and minimum and maximum values, as well as percentiles.

198  
199 **3.2. Comparability between BLL<sub>LC</sub> and BLL<sub>IM</sub>**

200 Strong and positive correlations between BLL<sub>LC</sub> and BLL<sub>IM</sub>, as well as between  
201 log BLL<sub>LC</sub> and log BLL<sub>IM</sub>, with correlation coefficients ( $r^2$ ) of 0.904 and 0.903,  
202 respectively, were observed (Figure 2, Supplementary Figure S2, Supplementary Figure  
203 S3). A regression-line slope of <1 indicated that BLL<sub>LC</sub> is generally greater than BLL<sub>IM</sub>.  
204 The Bland–Altman analysis was performed to assess the bias of BLL<sub>LC</sub> as compared with  
205 BLL<sub>IM</sub>, as well as that of log BLL<sub>LC</sub> against log BLL<sub>IM</sub> (Figure 3). Overall, the mean bias  
206 of BLL<sub>LC</sub> was 7.76 µg/dL, with a CI of 7.103 to 8.412 µg/dL. The lower and upper limits  
207 of agreement were –12.87 and 28.39 µg/dL, respectively. The increasing tendency of bias  
208 at a higher Pb level was observed rather than constant bias. Compared with the log-  
209 transformed data, logBLL<sub>LC</sub> exhibited a positive mean bias of 0.129 with a CI of 0.119 to

210 0.140. The lower and upper limit of agreement were  $-0.207$  and  $0.465$ , respectively.  
211 Table 2 summarizes the mean and SD of the bias in the different  $BLL_{LC}$  range groups  
212 calculated by the Bland–Altman analysis. Compared with that observed for  $BLL_{IM}$ , large  
213 positive biases of  $19.15 \pm 8.26 \mu\text{g/dL}$  and  $29.25 \pm 14.04 \mu\text{g/dL}$  for  $BLL_{LC}$  were recorded  
214 in the range of  $45.0\text{--}64.9 \mu\text{g/dL}$  and at  $\geq 65.0 \mu\text{g/dL}$ , respectively. On the other hand, the  
215 bias was within  $0.3 \mu\text{g/dL}$  in the ranges of  $3.3\text{--}4.9 \mu\text{g/dL}$  and  $5.0\text{--}9.9 \mu\text{g/dL}$ . Generally,  
216 the higher was the  $BLL_{LC}$ , the higher was the bias.

217 **3.3. Distribution of BCuL, BCdL, and BFL, as well as the associations with BLL<sub>LC</sub>**  
218 **and BLL<sub>IM</sub>**

219 Table 1 summarizes the BCuL, BCdL, and BFL distributions. The recorded  
220 BCuL ranged from 0.27 to 3.06 mg/L, with a mean of  $1.15 \pm 0.24$  mg/L. The comparison  
221 of the log-transformed values for BLL<sub>LC</sub> and BLL<sub>IM</sub> revealed significant positive  
222 associations ( $p < 0.0001$  and  $p < 0.0001$ , respectively) for BCuL despite the low  $r^2$  values  
223 of 0.13 and 0.17, respectively (Table 3). On the other hand, a statistical relationship was  
224 not observed between log BCuL and the BLL measurement bias ( $p = 0.06$ ). BCdL and  
225 BFL were within the range of 0.02 to 2.27  $\mu\text{g/L}$  and 0.07 to 0.91 mg/mL, with mean  
226 values of  $0.25 \pm 0.24$   $\mu\text{g/L}$  and  $0.47 \pm 0.08$  mg/mL, respectively. Compared with the BLL  
227 measurement bias, BCdL did not exhibit a statistically significant association ( $p = 0.43$ ).  
228 The significant relationship between BLL measurement bias and BFL ( $p < 0.01$ ) was  
229 observed albeit the low  $r^2$  value of -0.09.

230

231 **4. Discussion**

232 A portable LeadCare® testing system has been widely considered as a good tool  
233 for screening the Pb exposure level because of its convenient characteristics. However,  
234 the US FDA and CDC have expressed concerns related to the possible inaccurate results  
235 of BLL<sub>LC</sub> (CDC 2018; US FDA, 2017; 2018a; 2018b). Even before these reports, Bossarte  
236 et al. (2007) raised concerns that LeadCare may provide a falsely low BLL result. On the  
237 basis of this concern, several earlier studies were carried out to assess the suitability of  
238 LeadCare® analysis compared with a laboratory metal analyzer such as ICP–MS in a  
239 specific range of BLL. In this study, the comparison between the 994 pairs of BLL<sub>LC</sub> and  
240 BLL<sub>IM</sub> was done with a wide range of BLL and a larger sample size as compared with  
241 previous investigations to further verify the validity of LeadCare® II analysis. For this  
242 purpose, three statistical comparative methods were applied although the Passing-Bablok  
243 regression does not account for random variation between the two analytical methods.

244 Our results revealed a good correlation between BLL<sub>LC</sub> and BLL<sub>IM</sub> when  
245 compared in the overall BLL<sub>LC</sub> range of 3.3 to 162.3 µg/dL. In contrast, the  
246 overestimation of LeadCare® measurement was indicated by regression analyses and  
247 Bland–Altman analysis, with an overall positive bias of 7.76 µg/dL. However, the  
248 comparison of different BLL<sub>LC</sub> ranges revealed a small bias in the BLL<sub>LC</sub> ranges of 3.3–  
249 4.9 µg/dL and 5.0–9.9 µg/dL, indicating the validity of BLL<sub>LC</sub> in a lower BLL range. This  
250 trend is similar to that previously reported for the bias of mainly around 5 µg/dL for  
251 children’s BLL (Johnson et al., 2019; Sobin et al., 2011). In addition, a small positive bias  
252 of 0.45 µg/dL was reported for a Pb-exposed employee’s BLL of less than 10 µg/dL upon  
253 comparison of the LeadCare® instrument with graphite furnace atomic absorption  
254 spectrometry (GFAAS) (Taylor et al., 2001). For fresh blood samples of the Scandinavian  
255 brown bear (*Ursus arctos*), the BLL<sub>IM</sub> of which ranged from 3.3 to 17.3 µg/dL, a bias of  
256 0.225 in log-transformed data the real number of which is described by the unit µg/L

257 (equivalent to 0.17  $\mu\text{g}/\text{dL}$  for a real number) was recently recorded (Boesen et al., 2019).  
258 As a BLL of 5  $\mu\text{g}/\text{dL}$  is considered as a reference value (CDC, 2012), the LeadCare®  
259 analyzer can be considered as a good tool for primary screening. In the BLL<sub>LC</sub> range of  
260 10.0–19.9  $\mu\text{g}/\text{dL}$ , a higher positive bias of 2.84  $\mu\text{g}/\text{dL}$  was detected, while a slight  
261 negative bias (–0.8  $\mu\text{g}/\text{dL}$ ) was previously reported for the samples for which BLL mostly  
262 ranged from 10 to 20  $\mu\text{g}/\text{dL}$  (Johnson et al., 2019).

263 On the other hand, a strong positive bias were detected at a higher BLL<sub>LC</sub> range  
264 of >20  $\mu\text{g}/\text{dL}$ . A previous study investigating the suitability of the LeadCare® analyzer  
265 for raptor venous blood reported an adverse bias of –1.12  $\mu\text{g}/\text{dL}$  for blood samples for  
266 which BLL<sub>IM</sub> ranged from 10 to 80  $\mu\text{g}/\text{dL}$  (González et al., 2019). Pineau et al. (2002)  
267 performed recovery tests using pooled blood ( $3.68 \pm 0.21$   $\mu\text{g}/\text{dL}$ ) and additive blood, the  
268 BLL of which is 22  $\mu\text{g}/\text{dL}$ . The LeadCare® analyzer returned a mean value of  $27.1 \pm 1.8$   
269  $\mu\text{g}/\text{dL}$ , in contrast to that of  $24.9 \pm 0.35$   $\mu\text{g}/\text{dL}$  by GFAAS and indicative of 2.2  $\mu\text{g}/\text{dL}$   
270 overestimation of LeadCare analysis as compared with GFAAS. Compared with earlier  
271 observations, a higher bias was observed herein for the BLL<sub>LC</sub> range of 20.0 to 44.9  $\mu\text{g}/\text{dL}$   
272 and between 45.0 and 64.9  $\mu\text{g}/\text{dL}$ . As chelation therapy is recommended at a BLL of  
273  $\geq 45$   $\mu\text{g}/\text{dL}$  (CDC, 2002; Needleman, 2004), the observed large bias at around the  
274 threshold for treatment would be crucial. Although the bias did not exhibit a statistically  
275 significant relationship with BCuL, BCdL, and BFL, one of the possible reasons for this  
276 large bias is the interference of intermetallic compounds, which are concerns reported  
277 previously (Borrill et al., 2019; Chau and Lum-Shue-Chan, 1974; Zhao and Liu, 2018).  
278 In addition to Cu, Cd, and Fe, which were verified in this study, the elevated concentration  
279 of some metals (such as cobalt, nickel, and chromium) and a metalloid (arsenic) in the  
280 environment (Nakayama et al., 2011) and animals (Doya et al., 2020; Nakata et al., 2016;  
281 Toyomaki et al., 2020; Yabe et al., 2013) has been previously reported for the examined  
282 area of Kabwe. Borrill et al. (2019) reported that Pb speciation is another factor that

283 should be carefully considered. To the best of our knowledge, data have not been reported  
284 about Pb speciation in humans or any other animals in Kabwe. Cerussite ( $\text{PbCO}_3$ ) and  
285 anglesite ( $\text{PbSO}_4$ ) are the two main crystalline states of Pb in leached residues from the  
286 Kabwe mine (Silwamba et al., 2020a; 2020b). Further investigation should be performed  
287 to answer this inexplicable large bias.

288 At a BLL of greater than 65  $\mu\text{g/dL}$ , at which blood samples need to be diluted  
289 for LeadCare® measurement because of the exceeding upper detection limit, the mean  
290 bias was extremely high (29.25  $\mu\text{g/dL}$ ). A limitation of this study was possibly the  
291 dilution medium used for readings that were above the detection limit. In this study, use  
292 of the LeadCare® II treatment reagent of 0.1% HCl for dilution was done instead of the  
293 recommended dilution protocol using “unpolluted blood” (Neri et al., 2014) because of  
294 the practical challenge in the investigated area considerably contaminated with Pb.

295 BCuL, BCdL, and BFL exhibited significant positive relationships with BLL<sub>LC</sub>  
296 and BLL<sub>IM</sub>, whereas correlation coefficients were small. This result is in agreement with  
297 the elevated Cu, Cd, and Fe levels in soil (Nakayama et al., 2011) and animals (Doya et  
298 al., 2020; Nakata et al., 2016; Toyomaki et al., 2020; Yabe et al., 2013) around the mine  
299 area, along with that observed for Pb. However, the recorded range of BCuL was  
300 comparable to the formerly reported normal values of  $1.4 \pm 0.32$  and  $1.5 \pm 0.38$  mg/L for  
301 men and women, respectively, with ages between 46 to 60 years (Kazi et al., 2008). This  
302 result could be explained by the function of Cu in homeostasis in the body; it is an  
303 essential metal for the human body (Araya et al., 2006). On the other hand, the  
304 comparison with previously reported normal values of BFL for men ( $0.71 \pm 0.05$  mg/mL)  
305 and women ( $0.70 \pm 0.06$  mg/mL) suggested that the observed BFL in this study is  
306 relatively lower (Kazi et al., 2008). In contrast to the correlation with BLL<sub>LC</sub> and BLL<sub>IM</sub>,  
307 the associations of BCuL, BCdL, and BFL with the bias of BLL<sub>LC</sub> against BLL<sub>IM</sub> were  
308 not significant. On the other hand, intermetallic interference has been suggested as one of

309 the potential factors that may affect the BLL result from the ASV method (Borrill et al.,  
310 2019; Chau and Lum-Shue-Chan, 1974; Roda et al., 1988; Zhao and Liu, 2018).  
311 Interferences such as Cu, Cd, or Fe were not observed in this study using the modern  
312 LeadCare® testing system.

313 A recent FDA recall suggested the potential falsely underestimated BLL in  
314 venous blood when using the LeadCare® analyzer (FDA, 2017). In addition, the FDA  
315 again reported that a chemical compound of thiuram in the rubber stopper of certain blood  
316 collection tubes can result in a negative bias for the result (FDA, 2018b). Unfortunately,  
317 as these suspected tubes are common, they were used in this study before the FDA  
318 announcement. With respect to specimen collection, it was not practically possible to  
319 collect blood samples twice from one person, one from a capillary by using the pricking  
320 method for LeadCare® analysis only, and the other from the vein using a blood collection  
321 needle for ICP–MS analysis and subsequent laboratory analysis, because of ethical  
322 reasons and limited field capacity. Because this study was not originally designed to  
323 assess the potential falsely low Pb levels due to thiuram as pointed out by the FDA, a  
324 clear answer was unfortunately not obtained although the observed bias was found to be  
325 generally positive.

326 However, it should be emphasized that the results obtained herein suggest that  
327 the LeadCare® testing system is appropriate and acceptable for screening with a BLL  
328 cut-off of 5 µg/dL, as recently concluded (Johnson et al., 2019). At higher range, greater  
329 than 10 µg/dL, converting from BLL<sub>LC</sub> to BLL<sub>IM</sub> or simple retesting using a laboratory  
330 metal analyzer such as ICP–MS for data confirmation would be recommended as  
331 proposed before (Boesen et al., 2019; Sobin et al., 2011), although a positive bias should  
332 be preferred than a negative bias in terms of risk management. Our results are also in  
333 agreement with the suggestion of Sobin et al. (2011) that LeadCare® measurement is not  
334 recommended for investigating the threshold for health effects or any other associated



335 factors. In contrast, the statistically strong positive association between  $BLL_{LC}$  and  $BLL_{IM}$   
336 indicates that the LeadCare® system is applicable to the assessment of concentration-  
337 dependent effect of Pb on the associated factors. In addition, LeadCare® analysis is  
338 beneficial to determining the pollution status in the initial stage in the field.

339

## 340 **5. Limitations**

341 There are some limitations in the current study. First, we used the LeadCare® II  
342 treatment reagent of 0.1% HCl for dilution of blood samples whose  $BLL_{LC}$  at initial  
343 measurement were above the detection limit of 65  $\mu\text{g/dL}$ . This is because it was  
344 realistically difficult to follow the recommended dilution protocols using “unpolluted  
345 blood” (Neri et al., 2014) due to the capacity issue. Second, venous blood samples were  
346 used for LeadCare® measurement instead of capillary blood because of the ethical  
347 reasons and limited capacity in the field. The venous blood samples may have caused an  
348 underestimation of BLL measured by the LeadCare® instrument as the US FDA  
349 suggested (US FDA, 2017). Finally, the blood collection tubes with thiuram-contained  
350 rubber stoppers were used for venous blood collection. The US FDA reported that there  
351 is a possibility of obtaining inaccurate results of BLL because thiuram can release  
352 chemical compounds which can interfere with Pb particles (US FDA, 2018b).

353

## 354 **6. Conclusions**

355 A possibility of underestimation or overestimation of the BLL following  
356 LeadCare® analysis exists. The observed bias differed considerably between the low and  
357 high concentration ranges. Our results suggest that LeadCare® analysis is a good  
358 screening method for Pb exposure at a lower BLL at around the current reference level of  
359 5  $\mu\text{g/dL}$ . However, conversion or retesting using laboratory analyzers, such as ICP-MS,  
360 is recommended at a higher BLL of greater than 10  $\mu\text{g/dL}$  for the adequate clinical

361 evaluation of exposure status, albeit the good correlations between BLL<sub>LC</sub> and BLL<sub>IM</sub>  
362 even at  $\geq 10$   $\mu\text{g/dL}$ . Moreover, the use of the LeadCare® instrument to determine the  
363 threshold for any factor should be carefully considered because of the analytical bias with  
364 ICP–MS.

365

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385

### 386 **Competing Interests Statement**

387 The authors declare no competing interests.

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580

581 **Figure legends**

582 Figure 1. Box-and-whisker plot of  $BLL_{LC}$  and  $BLL_{IM}$ . Percentile lines represent 0, 0.5,  
583 2.5, 10, 25, 50, 75, 90, 97.5, and 99.5% percentiles from the bottom to top. Parts of  $BLL_{LC}$   
584 (Yabe et al., 2020) and  $BLL_{IM}$  (Nakata et al., 2020) data were reported in earlier papers  
585 and cited.

586

587 Figure 2. Passing–Bablok regression analysis between  $BLL_{LC}$  and  $BLL_{IM}$  (A), as well as  
588 Deming regression analysis between  $\log BLL_{LC}$  and  $\log BLL_{IM}$  (B). Parts of  $BLL_{LC}$   
589 (Yabe et al., 2020) and  $BLL_{IM}$  (Nakata et al., 2020) data were reported in earlier papers  
590 and cited.

591

592 Figure 3. Bland–Altman plot of differences between  $BLL_{LC}$  and  $BLL_{IM}$  (left) and between  
593  $\log BLL_{LC}$  and  $\log BLL_{IM}$  (right). Mean difference is indicated by a red line, with a 95%  
594 confidence interval indicated by the red dotted line. Black lines show upper and lower  
595 limits of agreement of Bland–Altman analysis ( $\pm 1.96 \times$  standard deviation). Blue =  
596 sample whose  $BLL_{LC}$  ranges from 3.3 to 4.9, light green = sample whose  $BLL_{LC}$  ranges  
597 from 5.0 to 9.9, orange = sample whose  $BLL_{LC}$  ranges from 10.0 to 19.9, pink = sample  
598 whose  $BLL_{LC}$  ranges from 20.0 to 44.9, red = sample whose  $BLL_{LC}$  ranges from 45.0 to  
599 64.9, and black = sample whose  $BLL_{LC}$  is  $\geq 65.0$ .

600

601 **Table list**

602 Table 1. Statistical distributions of  $BLL_{LC}$ ,  $BLL_{IM}$ ,  $BCuL$ ,  $BCdL$ , and  $BFL$ .

603

604 Table 2. Bias of  $BLL_{LC}$  relative to  $BLL_{IM}$  calculated using the Bland–Altman analysis, as  
605 well as the regression equation with a correlation coefficient calculated using the Passing–  
606 Bablok regression analysis.

607

608 Table 3. Pearson's coefficients of correlation ( $r^2$ ) between BCuL with  $BLL_{LC}$ ,  $BLL_{IM}$ ,  
609 and the bias; BCdL with  $BLL_{LC}$ ,  $BLL_{IM}$ , and the bias; and BFL with  $BLL_{LC}$ ,  $BLL_{IM}$ , and  
610 the bias.

611