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1 **Scarification with surface soil replacement can promote**
2 **understory reinitiation as well as the growth of a**
3 **secondary birch stand**

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17

18 **Abstract**

19 Soil scarification using heavy machinery has been widely used in the assisted
20 natural regeneration of stands with a dense dwarf-bamboo understory in northern
21 Japan. After scarification, birch forests have a high probability of growing, but
22 dwarf-bamboos also recolonize the understory, resulting in the development of
23 single-layered stands with lower levels of transition to the late-successional stage.
24 In this study, we examined the long-term effects of an improved soil scarification
25 practice called “replacement treatment,” in which the removed surface soil is
26 returned to the scarified area. A previous study showed that the replacement
27 treatment had a positive effect on the initial establishment and growth of birches.
28 The site was remeasured at approximately 20 years of age, and the replaced
29 stand, when compared with the standard scarification stand, had DBH and height
30 values that were 1.5 times greater and stand volume that was 3 times greater.
31 The difference in terms of height growth between the two stands widened
32 especially during the first ten years. Additionally, in the replacement treatment
33 stand the number of initiated saplings had more than doubled (> 100 thousand
34 stems/ ha) and consisted of a diverse range of tree species. We have concluded
35 that the soil replacement treatment is a suitable alternative practice that (1)
36 significantly promotes the growth of birches and (2) promotes the reinitiation of
37 tall-tree species in the understory and the development of the later successional
38 stage.

39

40 Keywords; assisted natural regeneration, *Betula ermanii*, dwarf-bamboo, soil
41 disturbance, succession.

42

43 Introduction

44 Natural regeneration is one of the most important strategies for sustainable
45 forestry; as when compared with artificial planting, it has high adaptability in the
46 *in-situ* environment and low operating costs (Schütz 1999). However, natural
47 regeneration is generally associated with considerable uncertainty, so facilitation
48 using an assistance practice is required to ensure its success (Löff et al. 2012).
49 Numerous studies have been conducted to identify more effective assistance
50 practices for various management purposes (e.g., Gastaldello et al. 2007; Shono
51 et al. 2007; Soto et al. 2015; Reuling et al. 2019; Haeussler et al. 2021).

52 Scarification is the displacement of surface soil using heavy machinery to
53 improve the substrate for successful tree regeneration via natural seeding. In
54 many cases, scarification is an effective method by which to establish tree stands
55 (e.g., Wurtz and Zasada 2001; Allison et al. 2003; Prévost and Dumais 2018;
56 Haeussler et al. 2021). However, there is concern that the process will remove
57 organic soil, which has an abundance of nutrients (Munson et al. 1995; Ozawa et
58 al. 2001; Ito et al. 2018) and this may reduce the growth of established trees
59 (Yoshida et al. 2005).

60 In northern Japan, the understory of forests is often dominated by dwarf-
61 bamboos, which inhibit tree regeneration by limiting the availability of resources
62 and substrates (Noguchi and Yoshida 2004). Accordingly, to enhance natural
63 regeneration, mechanical site preparation (soil scarification) has been utilized
64 since the 1970s (Umeki 2003; Ito et al. 2018) as an assistance practice. The
65 entire body (including rhizomes) of dwarf-bamboos, along with the surface
66 organic soil, is removed. The resultant stands are mostly dominated by early
67 successional species, especially birch (*Betula*) species (Umeki 2003; Yoshida et

68 al. 2005; Goto and Tsuda 2007. Also see Allison et al. 2003; Karlson and Nilsson
69 2005; Gastaldello et al. 2007; Reuling et al. 2019).

70 However, contrary to expectations based on the pioneer characteristics of birch
71 species, the development of forests after scarification requires considerable time.
72 For instance, Sano and Shibuya (2015) found that the average diameter at breast
73 height (DBH) in a 37-year-old stand was only 8.4 cm. This was attributed to soil
74 factors and a lack of intervention (cf. thinning) despite there being overcrowding
75 in the stand (Umeki 2003; Ito et al. 2018). Therefore, an alternative practice,
76 called the replacement treatment, in which the scarified organic soil is replaced
77 intentionally, has been introduced to improve tree growth. Previous studies
78 (Aoyama et al. 2009; Yamazaki et al. 2018; 2020) showed that this practice had
79 remarkably positive effects on the early establishment and growth of seedlings.
80 However, since this is a newly developed method, the impacts on long-term stand
81 development still need to be assessed.

82 In this study, we examined a stand that is approximately 20 years of age, in
83 which the replacement treatment was first performed. At approximately 5 years
84 of age (Aoyama et al. 2009), the average regeneration density (with height > 130
85 cm) in this stand was 9.5 stems/m², which was much higher than the 0.2
86 saplings/m² reported in the control (i.e., the standard scarification stand). The first
87 objective of this study was to determine whether these prominent growth levels
88 had been sustained at 20 years of age. We compare the stand and tree attributes,
89 together with the individual growth process by stem (annual ring) analysis and
90 the current growth state by chemical analysis of leaves, between the scarification
91 stand and the replacement stand.

92 In the process of stand development after a major disturbance, there is a period

93 called the stem exclusion stage when a few pioneer species close the canopy
94 densely not to allow the new establishment of younger trees (Oliver 1980). Over
95 time, it shifts gradually to the understory reinitiation stage which is characterized
96 by advanced regeneration of more shade-tolerant species. In scarified stands,
97 the stem exclusion stage, in which birches usually occupy the overstory layer,
98 continues for several decades (Umeki 2003; Sano and Shibuya 2015). In this
99 period, there are few signs of understory reinitiation; the establishment of the
100 subsequent generation including late-successional species is generally limited,
101 because of the recolonization of dwarf-bamboos. However, the replacement
102 treatment, which is expected to accelerate overstory growth, may also change
103 the rate of development of the sapling layer. Consequently, we investigated the
104 state of understory reinitiation in the scarification stand and the replacement
105 stand, in terms of regeneration density, species composition, and species
106 diversity. Based on the results of the current study, we discuss the applicability of
107 the replacement treatment in silvicultural practices in this region.

108

109 **Materials and methods**

110 The study was carried out in the Uryu Experimental Forest of Hokkaido
111 University, located in northern Japan (44°24'N, 142°07'E; 370 m above sea level).
112 The mean annual temperature and precipitation for this area are 4.2°C and 1390
113 mm, respectively, and the maximum snow depth is > 200 cm. The forest is largely
114 dominated by natural mixed conifer-broadleaf stands consisting mainly of *Abies*
115 *sachalinensis* (Fr. Scham.) Masters, *Betula ermanii* Cham, *Quercus crispula*
116 Blume, *Sorbus commixta* Hedl, *Acer mono* Maxim., and *Tilia japonica* (Miq.)
117 Simonkai. The predominant soil is Inceptisol (acidic brown forest soil), and the

118 predominant bedrock is Tertiary andesite.

119 We examined a 0.3 ha area of a scarification site, and this was the same area
120 previously reported by Aoyama et al. (2009). Prior to scarification, the area was
121 covered densely with dwarf-bamboos (*Sasa kurilensis* (Rupr.) Makino & Shibata
122 and *S. senanensis* (Franch. & Savat.) Rehd.). In autumn of 1998, the area was
123 scarified using a rake dozer (D60P11, Komatsu, Ltd.). The surface soil (up to 10
124 cm in depth) and the whole plant bodies were pushed from the site, and the
125 resulting debris was piled outside. According to Fukuzawa et al. (2007), which
126 reported that two-thirds of dwarf-bamboos' root biomass existed at 0-15cm depth,
127 it is estimated that the treatment removes more than half of the root biomass.
128 Empirically, scarification with this level of intensity was believed to hinder the
129 recovery of dwarf-bamboos for at least several years, and has been considered
130 sufficient for tree regeneration. In half of the scarified area, the mineral soil was
131 left exposed, while in the other half, after one year (in autumn of 1999), the debris
132 was replaced using a rake dozer (the replaced stand). We left the debris piled for
133 approximately one year prior to the replacement; this has been proven to
134 considerably reduce the recolonization of dwarf-bamboos from the rhizomes
135 buried in the debris (Yamazaki et al. 2020). Since the replacement of the debris,
136 the area has been untouched. Tree regeneration and soil conditions in 2004 (6
137 and 5 years of age respectively for the scarified- and replaced stands, as the
138 replacement was conducted one year later) were described in Aoyama et al.
139 (2009).

140 We set up 4 study plots (100 m²), each with 4 nested subplots (4 m² × 4), in each
141 of the scarified and replaced stands in 2020, at which point they were 20 and 19
142 years of age, respectively. These plots were regularly (8 m interval) located in the

143 stands, away from the edge of the surrounding natural mixed forest (at least 10
144 m).

145 We measured the DBH and height of the overstory trees (with DBH \geq 2.5 cm)
146 and the height of the tree saplings (with DBH < 2.5 cm, except for current-year
147 seedlings) respectively, in the study plots and subplots. For the overstory trees,
148 stem volume was calculated from the DBH and height using the existing volume
149 equation.

$$150 \quad \text{Volume} = (\text{DBH}^2 * \text{Height})^{0.887} * 10^{-4.089} \quad [1]$$

151 The other vascular plant species were also recorded in terms of cover (the part
152 higher than other species in the understory; %) and average height, and then
153 summarized for each life form (tall-trees, shrubs, tall-forbs, herbs, dwarf-
154 bamboos, and lianas). The number of species and Shannon's H' were determined
155 to assess plant species diversity.

156 Three overstory birch trees were also cut down, which had an average DBH for
157 each of the two treatments. We then took sample disks from each tree every 50
158 cm along its height, to reconstruct the height growth patterns. Furthermore,
159 leaves were collected from three vertical locations within the canopy (top; leaves
160 exposed to direct sunlight, bottom; leaves at the bottom of the canopy, middle;
161 leaves in between them). Leaf samples were then dried at 80°C for 2 days and
162 ground to a fine powder, after which their total nitrogen content was analyzed
163 using a differential thermal conductivity method (CHN analyzer, CE440, Exeter
164 Analytical, Inc, Massachusetts, USA).

165 We tested the effects of the treatments by comparing the scarified and replaced
166 stands using generalized linear models. We assumed a Poisson distribution with
167 a log-link function for the stem density and number of species, and a Gaussian

168 distribution with an identity-link function for the volume of trees, coverage of
169 vegetation, and the Shannon diversity indices. R version 3.1.2 was used for the
170 analyses (R Development Core Team 2019).

171

172 **Results**

173 There was no significant difference in the average overstory tree density of the
174 scarified- and replaced stands, but the average volume in the replaced stand had
175 more than tripled, reaching 128 m³/ha (Table 1). *Betula ermanii* dominated the
176 overstory in both stands, although *Salix hultenii* Floderus accounted for
177 approximately 35% of the basal area in the replaced stand. There was no
178 significant difference in the species diversity indices between the two stands.

179 The average DBH was significantly greater in the replaced stand (Table 1). In
180 the scarified stand, the DBH distribution was biased toward smaller classes, with
181 a maximum of 12 cm (Figure 1). While in the replaced stand, there was a wide
182 peak at 6–12 cm and a maximum of 20 cm. Similarly, the average tree height was
183 also significantly greater in the replaced stand; the modes of height distribution
184 of the scarified- and replaced stands were 6m and 14m, respectively (Figure 1).

185 The average sapling density was nearly doubled between the two stands (Table
186 2). The sapling abundance for all tree species was significantly greater in the
187 replaced stand. The most noticeable differences were seen in *T. japonica* and in
188 the smaller class of *S. commixta* (Figure 2). Scarified stands were dominated
189 mostly by *B. ermanii* and *A. mono* in the large and small height classes,
190 respectively. The replaced stands had significantly higher species diversity
191 indices (Table 2).

192 The coverage of the understory vegetation reached 95% in the scarified stand,

193 the majority of which was dwarf-bamboos (Table 3). In contrast, despite the
194 replaced stands having significantly lower coverage overall (average 58%), all
195 species, except for the dwarf-bamboos (only 2.2%), showed significantly higher
196 coverage. Considering each subplot (Figure 3), the average height of the dwarf-
197 bamboos was ≥ 180 cm in the scarified stand, overwhelming all other lifeforms.
198 In contrast, tall-trees dominated the understory in the replaced stand (21.5%) in
199 many cases. The species diversity indices were significantly higher in the
200 replaced stand.

201 The difference in tree height growth for *B. ermanii* was particularly remarkable
202 in the first ten years (Figure 4). Thereafter, the slope of the height growth curve
203 of the replaced stand became gentler, and it appeared parallel to that of the
204 scarified stand.

205 The nitrogen content in the *B. ermanii* leaves was significantly higher in the trees
206 grown in the replaced stand (Table 4). It is of note that the difference due to
207 canopy position was not significant ($p < 0.05$).

208

209 **Discussion**

210 Standard scarified stands generally show the typical characteristics of the stem
211 exclusion stage; there is strong interspecific competition among birch individuals,
212 resulting in density-dependent high mortality and low growth rates (Umeki 2003;
213 Sano and Shibuya 2015). In the stand we investigated, which is approximately
214 20 years of age, the effect of the replacement treatment was not seen for the tree
215 density, but was extremely obvious for the individual growth and the stand volume.
216 The replaced stand, when compared with the scarification stand, had DBH and
217 height values that were 1.5 times greater and a stand volume that was 3 times

218 greater (Table 1). Moreover, the effect was notable, even when compared with
219 the volume of the scarified stands of varying ages (Aoyama et al. 2011) (Figure
220 5). The stand volume (128 m³ /ha) recorded in the current study is comparable to
221 the values previously recorded for stands that are over 30 years of age. We can
222 thus conclude that the treatment accelerates stand development by at least 10
223 years.

224 The vigorous growth of established trees in the replaced stand (Figure 4) can
225 be attributed to its improved soil characteristics, including nutrient content and
226 moisture. Based on previous studies (Aoyama et al. 2009; Yamazaki and Yoshida
227 2018; 2020), the replacement treatment was found to produce a higher inorganic
228 nitrogen content than the scarification treatment due to its abundance of organic
229 matter, which is the substrate for nitrogen mineralization. The high leaf nitrogen
230 content observed in the current study (Table 4) indicates that rich soil nutrient
231 conditions may persist for at least 20 years in replaced stands.

232 However, despite this, the slope of the height growth curve in the replaced
233 stand was gentler after approximately 10 years, and the difference with the
234 scarified stand did not increase (Figure 4). This slowdown is thought to be due to
235 high tree density, as shown by Sano and Shibuya (2015). Since the replaced
236 treatment significantly enhances seedling colonization by improving soil
237 conditions (Yamazaki and Yoshida 2018; 2020), the overcrowded tree density is
238 to some extent an inevitable consequence.

239 In addition, as noticed in the previous study of the stand at 5 years age
240 (Aoyama et al. 2009), *Salix* species was common in the replaced stand,
241 especially in the large size classes (Table 1; Figure 1). This abundance could be
242 attributed to a higher soil moisture content, which can result from the replacement

243 treatment (Yamazaki and Yoshida 2020), as well as the outstanding seed-
244 dispersal ability of this species.

245 The replacement treatment promoted the development of the sapling layer
246 consisting of a diverse range of tree species (Table 3; Figure 3), showing a clear
247 sign of transition to the understory reinitiation stage. In the scarified stand of the
248 current study, like many existing stands (Aoyama et al. 2011), dwarf-bamboos
249 were overwhelmingly dominant, and completely shaded the tree saplings
250 (Figure 3). According to the previous study by Aoyama et al. (2009), the forest
251 floor of the scarified stand at 6 years of age has only 1,700 stems/ha (trees with
252 >130 cm height). Perhaps the length of time it took for the canopy to close led
253 to the dwarf-bamboo's recolonization, including expansion both from the
254 remained rhizomes and the surroundings. However, in the replaced stand, it can
255 be considered that the extremely high initial tree density (98,600 stems/ha;
256 Aoyama et al. 2009) prevented the recolonization.

257 Although we have not conducted an individual identification survey, as many
258 as 150 to 200 thousand seedlings (except for current-year seedlings) /ha were
259 identified in the stand at 5 years of age, so most of the saplings counted in the
260 current study may have survived from that time. Considering that there was no
261 significant difference in total seedling density when compared with the results at
262 5 years of age, the large difference seen in the current study (Table 3) suggests
263 that survival was significantly lower in the scarified stand. This can be explained
264 by the effect of shade provided by the dense cover of dwarf-bamboos (Figure 3).
265 Considering the extremely low dominance of tall-trees in the scarified stand
266 (Table 3; Figure 3), there is a possibility that the difference with the replaced stand
267 will further increase in the future. *T. japonica* and *S. commixta* appeared

268 frequently in the sapling layer in the replaced stand, but less so when assessed
269 at 5 years of age (221 and 9 seedlings /100 m², respectively; Aoyama et al. 2009),
270 suggesting that they colonized later. The lack of dwarf-bamboos in the understory
271 probably promoted the colonization of these mid-successional species. Thus, we
272 concluded that the replacement treatment has a largely positive effect on the
273 reinitiation of the sapling layer toward an advanced successional stage.

274 Yamazaki and Yoshida (2018; 2020) have reported that the replacement
275 treatment promotes the regeneration of tree species that produce buried seeds.
276 However, the proportion of such tree species (e.g. *S. commixta*) was small (Table
277 2), suggesting that the contribution of buried seeds was not so important at this
278 study site. We set the one-year deposition period prior to the replacement to delay
279 the recovery of dwarf-bamboos (see Material and methods), and many of the
280 buried seeds may have germinated during that period (Yamazaki et al. 2020).

281 The results shown here should be generalized carefully, as we have
282 investigated only one stand without replication. As this was the first trial of the
283 replacement treatment, there is no other long-term information available.
284 However, following this early success, subsequent trials have also shown positive
285 effects on natural regeneration (although see Yamazaki and Yoshida 2020 as a
286 case of pending success). As birch wood has been used for many purposes in
287 recent years (Shimase 2021), this replacement treatment was certainly effective
288 for the forestry industry in the region. To further enhance the treatment usability,
289 we believe the implementation of thinning could also be effective (Sano and
290 Shibuya 2015). At the current study site, no human intervention has occurred
291 after the scarification and replacement treatments. As a result, and as mentioned
292 previously, the replaced stand was overcrowded, albeit with its initial vigorous

293 growth. It is therefore recommended that a pre-commercial thinning be conducted
294 prior to the 10 years age point, when tree height growth has slowed (Simard et
295 al. 2004). The high nitrogen content of the leaves suggests that the soil nutrient
296 level is still high at approximately 20 years of age. The replacement stand may
297 have a further growth advantage if the thinning eliminates the negative crowding
298 effect and provides sufficient light conditions. Furthermore, thinning is also a
299 significant task for the purpose of ecological restoration, as it can significantly
300 promote understory development to an advanced successional stage. As this
301 practice is still in its trial stage, extended censuses to check the current findings
302 are required.

303

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309

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387

388 Table 1. Stand and tree properties measured in the scarified- and replaced stands. The
 389 average and the standard deviation (in parentheses) are shown.

	Treatment		Statistical difference
	Scarified	Replaced	
Density of trees (/100m ²)			
Total	39.3 (12.8)	37.5 (6.8)	ns
<i>Betula ermanii</i>	37.3 (13.0)	29.8 (7.0)	ns
<i>Salix hultenii</i>	0.5 (0.6)	7.0 (4.3)	*
Volume of trees (m ³ /100m ²)			
Total	0.40 (0.10)	1.28 (0.11)	*
<i>Betula ermanii</i>	0.40 (0.07)	0.83 (0.41)	*
<i>Salix hultenii</i>	0.00 (0.10)	0.44 (0.15)	*
DBH (cm)	5.2 (2.3)	8.2 (3.4)	*
Tree height (m)	6.1 (2.3)	10.4 (3.2)	*
Species richness (/100m ²)	3.50 (0.6)	3.25 (1.0)	ns
Shannon's diversity index	0.71 (0.33)	1.19 (0.42)	ns

390 * p < 0.05. ns: not significant

391

392 Table 2. Saplings of tall-tree species measured in the scarified- and replaced stands. The
 393 average and the standard deviation (in parentheses) are shown.

	Treatment		Statistical difference
	Scarified	Replaced	
Density of saplings (/100m ²)			
Total	522.0 (207.0)	1041.4 (352.7)	*
<i>Acer mono</i>	339.1 (177.6)	409.4 (295.3)	*
<i>Tilia japonica</i>	54.4 (32.3)	306.3 (108.1)	*
<i>Abies sachalinensis</i>	47.5 (15.5)	83.6 (30.7)	*
<i>Sorbus commixta</i>	4.7 (9.4)	106.3 (84.8)	*
Species richness (/16m ²)	6.0 (1.4)	10.0 (1.8)	*
Shannon's diversity index	1.50 (0.38)	2.18 (0.39)	*

394 * p < 0.05

395 Table 3. Understory vegetation measured in the scarified- and replaced stands. The
 396 average and the standard deviation (in parentheses) are shown.

	Treatment		Statistical difference
	Scarified	Replaced	
Coverage (%)			
Total	94.6 (12.5)	57.5 (19.7)	*
Tall-trees	3.3 (2.9)	21.5 (10.9)	*
Shrubs	1.5 (4.0)	16.0 (14.1)	*
Tall-forbs	1.4 (1.3)	6.5 (6.7)	*
Herbs	0.0 (0.0)	0.4 (1.3)	ns
Lianas	1.9 (6.2)	11.0 (10.6)	*
Dwarf bamboos	86.6 (13.4)	2.2 (5.7)	*
Species richness (/16m ²)	11.0 (2.0)	17.8 (1.5)	*
Shannon's diversity index (H')	0.93 (0.42)	3.17 (0.13)	*

397 * p < 0.05. ns: not significant

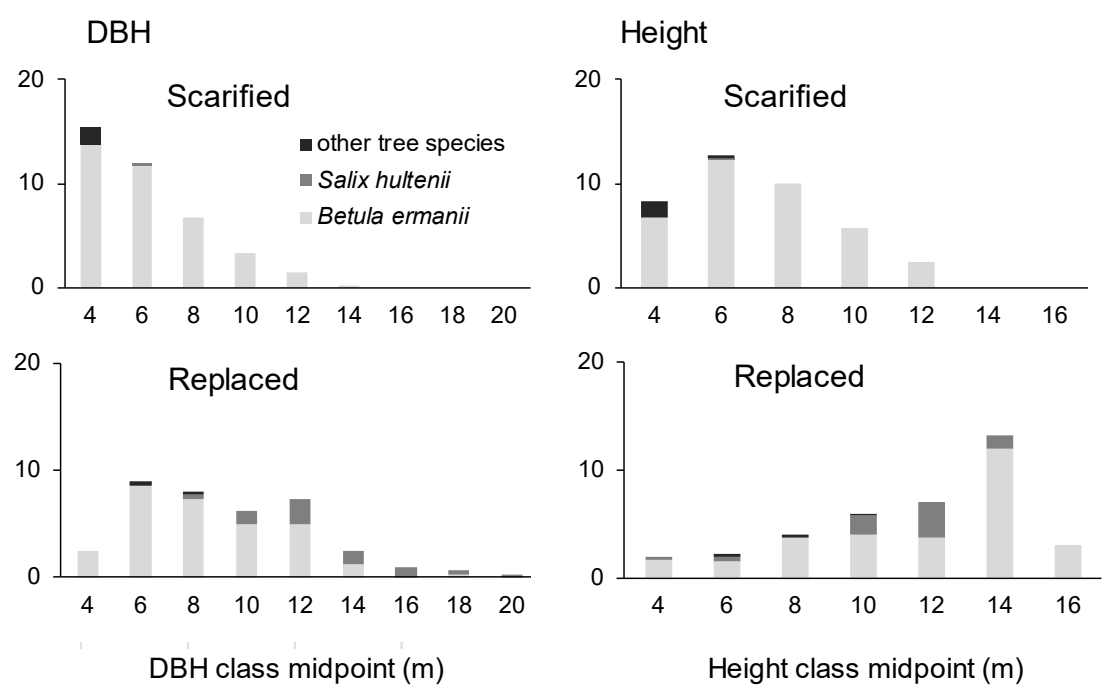
398 Table 4. Leaf nitrogen contents in overstory *B. ermanii* trees grown in the scarified- and
399 replaced stands. Leaves were collected from three different heights (top, middle,
400 bottom) within the canopy. The average and the standard deviation (in parentheses)
401 are shown.

	Treatment		Statistical difference
	Scarified	Replaced	
Top	1.84 (0.13)	2.11 (0.25)	*
Middle	1.98 (0.10)	2.22 (0.06)	*
Bottom	1.90 (0.20)	2.24 (0.05)	*

* $p < 0.05$

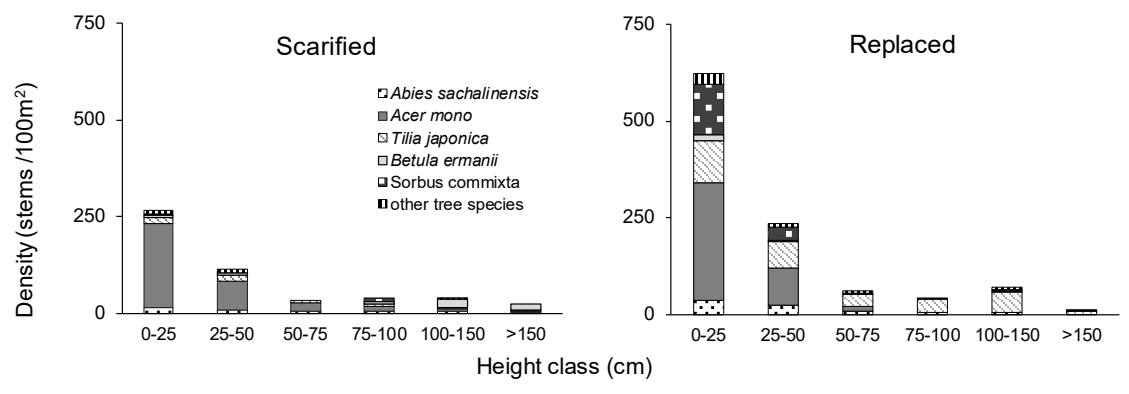
402 Note that the difference due to canopy position was not significant ($p < 0.05$)

403 Figure 1. DBH and height frequency distributions of trees grown in the scarified- and
 404 replaced stands.



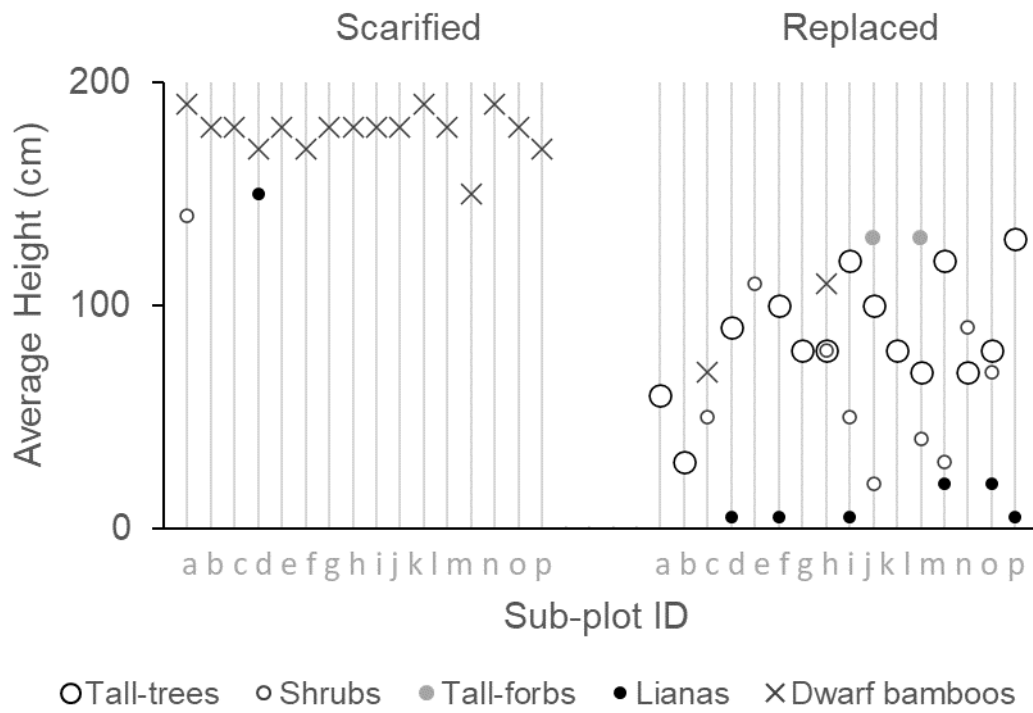
405

406 Figure 2. Height frequency distribution of seedlings grown in the scarified- and replaced
407 stands.



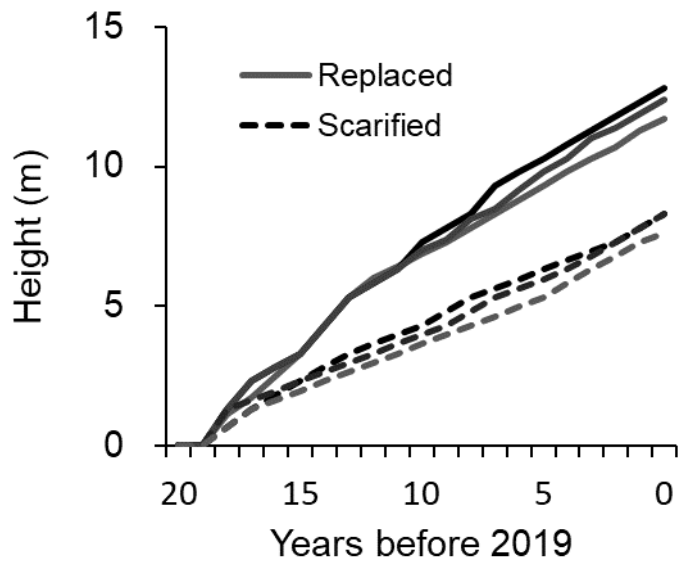
408

409 Figure 3. The average height for each life-form in each subplot. Not shown if coverage
 410 of the life-form in subplot is less than 10%.



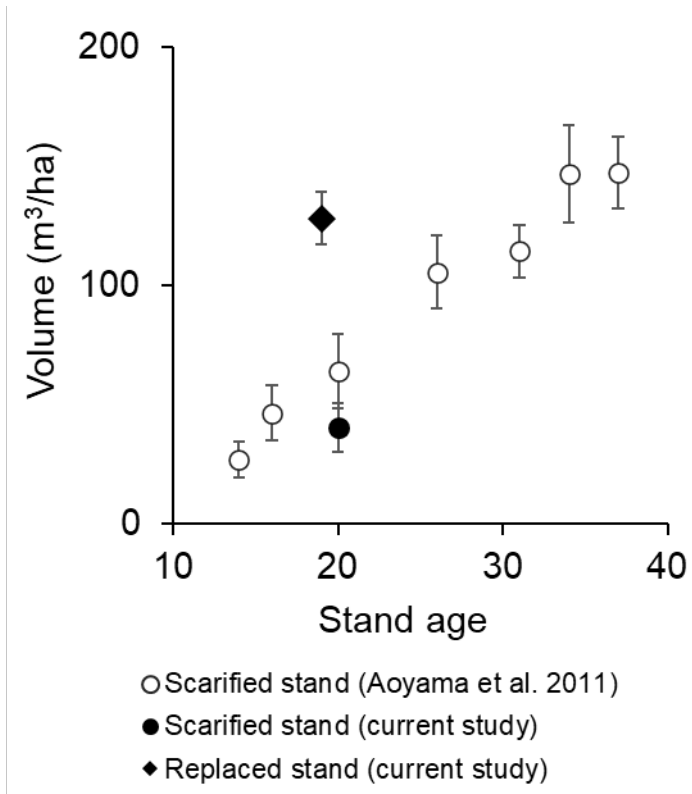
411

412 Figure 4. Height growth curves of overstory *Betula ermanii* trees sampled from the
413 scarified- and replaced stands. Note that the age of the replaced stand was 19 years,
414 one year younger than the scarified stand.



415

416 Figure 5. Stand volume by age of various scarification sites in the Uryu Experimental
417 Forest. Bars indicate the standard deviation.



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