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| Supplementary Table S1. Glycemic targets (HbA1c values) for elderly patients stipulated by the JDS/JGS Joint Committee on Improving Care for Elderly Patients with Diabetes [2] | | | | | |
|  | Category I | | Category II | Category III |
|  | 1. Intact cognitive function | | 1. Mild cognitive impairment to | 1. Mild or severe dementia |
|  | and |  | mild dementia | or |
| Patient background | 2. No impariment of ADL | | or | 2. Impairment(s) of basic ADL |

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| /health status |  | |  | |  | | 2. Impairment(s) of instrumental | | or | |
|  |  | |  | |  | | ADL, no impairment of basic | | 3. Presence of multiple | |
|  |  | |  | |  | | ADL | | comorbidties or functional | |
|  |  | |  | |  | |  | | impairments | |
| Use of drugs  potentially  associated with  severe hypoglycemia  (i.e., insulin  formulations,  sulfonylureas,  glinides) | | No | < 7.0% | | | | < 7.0% | | < 7.0% | |
| Yes | 65 ≤ age < 75 years  < 7.5%  (Lower limit, 6.5%) | | | ≥ 75 years    < 8.0%  (Lower limit, 7.0%) | < 8.0%  (Lower limit, 7.0%) | | < 8.5%  (Lower limit, 7.5%) | |
|  | |  | |  | |  | |  | |  | |