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1 **Visualization of the seasonal shift of a variety of airborne pollens in western Tokyo**

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18 **Keywords:** environmental DNA, bioaerosol, pollen, pollinosis, climate change

19 **Abstract**

20 Airborne pollens cause pollinosis and have the potential to affect microphysics in clouds;  
21 however, the number of monitored species has been very limited due to technical difficulties  
22 for the morphotype identification. In this study, we applied an eDNA approach to the  
23 airborne pollen communities in the suburbs of the Tokyo metropolitan area in Japan, within a  
24 mixed urban, rural, and mountain landscape, revealing pollen seasonality of various taxa (a  
25 total of 78 families across the period) in the spring season (February to May). Those taxa  
26 distinctly shifted in the season, especially in the beginning of February and the middle of  
27 April. Air temperature shift was an obvious key factor to affect the airborne pollen  
28 community, while the influence of other meteorological factors, such as wind speed,  
29 humidity, and precipitation, was not clear. Taxonomic classification of major Amplicon  
30 Sequence Variants (ASVs) indicates multiple pollen sources, including natural forest, planted  
31 forest, roadside, park lands, and horticultural activities. Most major ASV belongs to Japanese  
32 cedar (*Cryptomeria japonica*), which is the most notable allergen that causes pollinosis in  
33 Japan, peaking in mid-February to March. Backward trajectory analysis of air masses  
34 suggests that the Japanese cedar and other Cupressaceae plantation forests in the western  
35 mountains were a significant source of airborne pollen communities detected at our sampling  
36 site. Other major plant pollen sources, including Japanese zelkova (*Zelkova serrata*) and  
37 ginkgo (*Ginkgo biloba*), emanated from the nearby parks or roadside regions. This study's  
38 approach enables us to visualize the phenology of multiple pollen, including timing and  
39 duration. Long-term monitoring of this type would provide additional insight into  
40 understanding the role of climate change on pollen transmission and links to flowering  
41 events.

42

43 **Introduction**

44 Aerosolization of pollen is a natural part of the pollination process for the majority of  
45 gymnosperms and a smaller part of angiosperms. Anemophilous (wind pollination) plants  
46 generally have more flowers with more pollen grains than animal pollination plants  
47 (Friedman & Barrett 2009), and pollen release and dispersion are controlled primarily by  
48 winds, though also through humidity and temperature (Whitehead 1983; Picornell *et al.*  
49 2019). The dispersal range of the pollen increase as the terminal settling velocity decreases  
50 (Niklas 1985). Terminal settling velocity is determined by the physical parameters of pollens  
51 such as size, shape, and bulk density (Hirose & Osada 2016) and those can change the range  
52 of transportation if once into turbulence. For example, Japanese cedar, which is the most  
53 common pollen causing pollinosis in Japan, can travel and induce symptoms over more than  
54 a 100 km range (Okamoto *et al.* 2009). Furthermore, smaller size pollen such as birch pollen  
55 can stay in the air for a few days and be transported much further: 1,000 km (Sofiev *et al.*  
56 2006). The long-range transportation of these pollens affects human health issues such as  
57 pollinosis.

58  
59 Seasonal allergic rhinitis in Japan is caused by pollen of multiple species, including Japanese  
60 cedar, Japanese cypress, birch, alder, beech, oak, elm, grass such as mugwort (Kishikawa &  
61 Yokoyama 2016). The most notable airborne pollen is Japanese cedar because the pollinosis  
62 caused by Japanese cedar pollen dominates in Japan, with 26.5 % of the Japanese population  
63 in 2008 having an allergic reaction to Japanese cedar pollen, and prevalence increasing  
64 recently (Okubo *et al.* 2017). One reason for the high prevalence of Japanese cedar pollinosis  
65 is the large surface area of the Japanese cedar forest (18% of Japan's entire land) (Yamada *et*  
66 *al.* 2014). More than half of the Japanese cedar forest was planted from the 1950s to 1970s  
67 due to the high demand for timber after World War II. The prevalence of Japanese cedar

68 pollinosis is markedly increasing after the 1980s because male flowers become mature to  
69 produce more pollen grains after 30 years old. Japanese cedar pollinosis also has become a  
70 health issue in Japan and other countries where Japanese cedar was transplanted (Lee *et al.*  
71 2015).

72

73 The flowering phenology and pollen initiation (hereafter "pollen seasonality") are changing  
74 due to climate change, especially the consequences of air temperature warming. In North  
75 America, the length of ragweed (*Ambrosia* spp.) pollen season has been increasing, and this  
76 is associated with a delay in the first frost of the fall and lengthening of the frost free period  
77 (Ziska *et al.* 2011). In Japan, the length of the *Cryptomeria japonica* pollen season has been  
78 increasing too, and the first day of observation has become earlier (Teranishi *et al.* 2000).  
79 This pollen season change has been associated with mean air temperatures in the previous  
80 July because production of pollen after male flowers bloom during this season is much more  
81 in the higher July air temperature.

82 Therefore, understanding pollen seasonality changes due to warming temperatures is  
83 important for determining impacts on human health. However, most of the existing pollen  
84 seasonal data is for limited species (e.g., major species that cause pollinosis in Japan, such as  
85 Japanese cedar and Japanese cypress. Data is publicly accessible from the Association of  
86 Pollen Information: <http://pollen-net.com/welcome.html>). Furthermore, the pollen seasonality  
87 of other species was not measured routinely because the traditional microscopic counting  
88 method is time-consuming in order to cover multiple species and requires investigators'  
89 expertise to identify their morphotype (Núñez *et al.* 2017).

90 Recently, comprehensive detection of pollen using an environmental DNA (eDNA) approach  
91 via high throughput sequencing (HTS) has enabled acquisition of fine taxonomical resolution  
92 of airborne pollens (Kraaijeveld *et al.* 2015; Núñez *et al.* 2017; Banchi *et al.* 2019; Brennan

93 *et al.* 2019). For example, Brennan *et al.* (2019) showed spatio-temporal shifts of airborne  
94 grass pollen at a high taxonomic resolution (genera or species-level) in the UK. Heretofore,  
95 this has been difficult to identify based on morphology alone, and so was generally  
96 categorized only at the family level (Poaceae).

97 In this study, we focus on the airborne pollen in the suburbs of Tokyo because there is closer  
98 to possible source region of Japanese cedar and including or surrounding various vegetation  
99 types (e.g., forest, roadside, park lands, and horticulture) that cause seasonal allergic rhinitis.  
100 In order to identify the pollen seasonality (i.e., the start date and duration of pollen dispersal)  
101 of multiple species, we applied the eDNA approach (next generation sequencing and  
102 bioinformatics) to airborne pollen sampled on a fine time scale (every 24 hours during from  
103 February to mid-May) and showed a seasonal shift of multiple taxa at the genera or species-  
104 level, including identifying the start date and duration of each pollen type.

105

## 106 **Method**

### 107 ***Bioaerosol sampling***

108 Airborne particles were sequentially collected (every 24h interval from 0:00 Japan Standard  
109 Time) on the rooftop of the building of the National Institute of Polar Research (26.7 m AGL.  
110 N 35°42'44.6", E 139°24'32") in the western suburbs area of Tokyo (Fig. 1) from February to  
111 May 2016 using a sequential aerosol sampler (GS-10N, Tokyo Dylec Corp.). Samples were  
112 filtered through 47 mm diameter quartz filters (Tissuquartz™ Filters, 2500 QAT-UP, Pall)  
113 mounted in sterilized open NILU (Norwegian Institute for Air Research) filter holders at a  
114 flow rate of average 30.2 L /min. In order to remove potential contamination, quartz filters  
115 were combusted (500 °C for two hours) before using, and filter holders were hand washed  
116 with detergent followed by wiping by DNAaway tissue (Thermo Fisher Scientific Inc.) on a  
117 clean bench.

118

### 119 *DNA sequencing*

120 In order to avoid contamination, all processes before Polymerase Chain Reaction (PCR)  
121 amplification were done in a laminar flow clean bench (PCV-1305BNG3-AG, Hitachi). The  
122 clean bench was sanitized with a UV lamp overnight, and pipettes were sterilized in a DNA  
123 cross-linker (CL-1000, UVP) box inside the clean bench. Genomic DNA in bioaerosols  
124 captured on quartz filters was extracted using the FastDNA™ SPIN Kit for Soil (MP  
125 Biomedicals, Santa Ana, CA). The quartz filter was initially pulverized during the bead  
126 beating step, but in order to maximize the yield of DNA, all fragments of the filter were  
127 carried over until the final elution step. The ribulose-bisphosphate carboxylase gene (*rbcL*)  
128 was amplified using the forward primer: 5'-CTTACCAGYCTTGATCGTTACAAAGG-3'  
129 and the reverse primer: 5'-GTAAAATCAAGTCCACCRCG-3' (Erickson *et al.* 2017) with  
130 Illumina overhang adaptor sequences attached to each 5' end, by Ex-Taq HS (Takara, Shiga,  
131 Japan). PCR reaction conditions comprised 35 cycles of denaturation at 94 °C for 20 s,  
132 annealing at 55 °C for 30 s, and elongation at 72 °C for 1 min and an additional final  
133 elongation at 72 °C for 5 min using a GeneAmp PCR System 9700 (Applied Biosystems,  
134 CA, USA). Subsequent clean-up and indexing of PCR amplicons were performed by  
135 following Illumina standard protocol for 16S metagenomic sequencing library preparation.  
136 All samples were sequenced at NIPR using a MiSeq (Illumina, San Diego, CA). Raw  
137 sequence data are available from the Sequence Read Archive of the National Center for  
138 Biotechnology Information (NCBI): PRJNA676177.

139

### 140 *Sequence analysis*

141 All sequence libraries from samples were clustered into amplicon sequence variants  
142 (ASVs) using the R package "DADA2" (Callahan *et al.* 2016). Taxonomy was assigned by

143 the Naive Bayes Classifier method in The Ribosomal Database Project (RDP) Classifier  
144 (Wang *et al.* 2007) implemented in DADA2 using the *rbcL* database (Bell *et al.* 2017) with  
145 sequences of closest relatives of our major ASVs using Basic Local Alignment Search Tool  
146 (BLAST) implemented in Geneious R10 (<https://www.geneious.com>)  
147 (<https://figshare.com/account/home#/projects/90272>). The alpha diversity (the number of  
148 ASVs), taxonomy visualization, and Non-metric multidimensional scaling (NMDS) were  
149 performed by R package phyloseq (McMurdie & Holmes 2013). Kruskal-Wallis test and  
150 Tukey's test were performed by `kruskal.test` and `TukeyHSD` functions in R package `stat`,  
151 respectively. The distance-based redundancy discriminate analysis (dbRDA) with  
152 environmental data (see "Environmental data" in this section) was analyzed using R package  
153 `Vegan` (Oksanen 2015). The closest relatives of the major 20 ASVs were searched by BLAST  
154 and assigned the finest taxonomy for each sequence. The first day of dispersal season of each  
155 pollen was defined as the first day of 3 consecutive days, in which relative abundance was  
156 more than 1% of maximum relative abundance through the season. And the last day was  
157 defined as the day before 3 consecutive days, in which relative abundance was less than 1%  
158 of maximum relative abundance through the season. Each pollen period was determined from  
159 the days between the first and the last day of the season.

160

### 161 ***Environmental data***

162 Environmental data was taken by the Automated Meteorological Data Acquisition System  
163 (AMeDAS), the Japan Meteorological Agency  
164 (<http://www.data.jma.go.jp/obd/stats/etrn/index.php>). Air temperature, moisture, wind speed,  
165 and PM10 were measured at the "Tachikawa" station, the adjacent building of the study site  
166 (Tachikawa City Hall). Precipitation was measured at the "Ome" station, 15 km northwest of  
167 the study site (Fig. 1b).



168

### 169 *Number of pollen grains*

170 The number of pollen grains (grains/m<sup>3</sup> of air) was monitored by an automated pollen  
171 monitoring system of the Ministry of Environment (see the detail in "Pollen seasonality" in  
172 Introduction) at Kodaira City Health Center, 6.5 km northeast from the study site. Hourly  
173 total concentration during main pollen season (February - May) since 2006 is publically  
174 available at <http://kafun.taiki.go.jp/Download1.aspx> (in Japanese) and daily sum  
175 concentration is shown in Figure 2c. Raw data (Number of pollen.txt) were deposited in  
176 <https://figshare.com/account/home#/projects/90272>.

177

### 178 *Vegetation map*

179 Vegetation data (National surveys on the Natural Environments) managed by the Biodiversity  
180 Center for Japan, the Ministry of the Environment, are available as KML and Shape data  
181 format are from <http://www.biodic.go.jp/trialSystem/EN/kmlddl.html>. The 6th vegetation  
182 survey data in the 2<sup>nd</sup> mesh point (red square in SI Fig. 1) was used for analysis. Shape data  
183 was edited and redrawn using "MANDARA 10" (<http://ktgis.net/mandara/index.php>) in  
184 Fig. 1a.

185

### 186 *Backtrajectory*

187 The three-dimensional trajectories of air masses arriving at the study site (calculation height  
188 = 500 m AGL) were calculated by the Hybrid Single Particle Lagrangian Integrated  
189 Trajectory Model (HYSPLIT4) (Draxler & Hess 1998; Stein *et al.* 2015) implemented in R  
190 package SplitR v0.4 using 1 degree gridded meteorological data from the Global Data  
191 Assimilation System (GDAS). Calculation length of backward air trajectories was 12h.

192

193

## 194 **Result**

### 195 *The number of total and unique sequences*

196 We attempted to undertake PCR analysis on samples from all days between February 1 to  
197 May 13 2016, and most of the samples were successfully amplified and sequenced. However,  
198 since some samples (February 3-5, 10 and 13-15, March 7 and 26, and April 26) were not  
199 amplified, we excluded these samples from sequencing and downstream analysis. On  
200 average, 60574 and standard deviation (SD) 10758 sequences were retrieved from each  
201 sample. These sequences were assigned to 1121 ASVs and an average of 32.0 ASVs (SD:  
202 24.6) per sample ranging from 3 ASV on March 10 to 110 ASVs on April 25. These ASVs  
203 were classified into 78 families, with an average of 10.2 families (SD: 8.7) per sample  
204 ranging from 2 families and 37 families. The major families were seasonally shifted (Fig. 2,  
205 described in more detail in "Seasonal change of ASVs and taxonomy"), especially three  
206 major families Betulaceae, Cupressaceae, and Fagaceae, which dominated in the early  
207 February, later February to March, and April through May, respectively.

208

### 209 *Detailed taxonomy assignment of major ASVs*

210 Twenty ASVs, which were significant in samples (mean relative abundance throughout the  
211 whole period > 0.02%) and could be identified at the species, genus, or family level of  
212 taxonomy using BLAST against NCBI nr/nt database, were manually selected (SI Table 1,  
213 Fig. 3). Taxonomy identification of these ASVs was made as follows. For ASV1, ASV9, and  
214 ASV17, a single BLAST search candidate species was categorized with 100% BLAST  
215 identity (*Cryptomeria japonica*, *Ginkgo biloba*, and *Morella rubra*, respectively). For ASV2,  
216 ASV7, ASV8, ASV15, and ASV23, candidate species were multiple with 100% BLAST  
217 identity except for ASV15 (97.1%), but only one species was selectable based on their

218 habitats (*Chamaecyparis obtusa*, *Chamaecyparis pisifera*, *Zelkova serrata*, *Corylus*  
219 *heterophylla*, *Torreya nucifera*). For ASV3, ASV4, ASV5, ASV6, ASV10, ASV11,  
220 ASV12, ASV14, ASV18, ASV19, ASV33, and ASV34, candidate species or genus were  
221 multiple with 100% BLAST identity, and only genus or family was selectable. The total  
222 relative abundance of these selected (only) 20 ASVs was 0.89 out of 1 on the average (SD: +-  
223 0.10) (SI Fig. 2), and fraction of these representing other pollen and plant tissue was much  
224 smaller.

225

### 226 ***Seasonal change of ASVs and taxonomy***

227 The numbers of ASVs showed significant variations during our sampling period (Kruskal-  
228 Wallis:  $p < 0.001$ ), and those in April and May were significantly higher than in February and  
229 March based on Tukey's test (SI Table 2). An NMDS ordination plot of beta diversity by  
230 Bray–Curtis dissimilarity (SI Fig. 3) shows that the airborne plant community was seasonally  
231 shifted by month. The numbers of Families also showed significant variations during our  
232 sampling period (Kruskal-Wallis:  $p < 0.001$ ), with number in April and May were  
233 significantly higher than in February and March by Tukey's test (SI Table 3). Seasonality of  
234 20 selected are shown in Figure 3. For example, the family *Cupressaceae*, *Cryptomeria*  
235 *japonica* (ASV1), the dominant ASV among all ASVs, primarily dominated in February and  
236 March. Then, *Cupressaceae*'s relative abundance is gradually shifted to *Chamaecyparis*  
237 *pisifera* (ASV7) and *Chamaecyparis obtusa* (ASV2) in March. Duration of dispersal period  
238 of each pollen was listed in SI Table 4.

239

### 240 ***Number of airborne pollen grains***

241 The number of pollen grains measured by the automated pollen monitoring system is shown  
242 in Fig. 2 c. March is the highest month by average number (813 +- 529 grains/m<sup>3</sup>) followed

243 by April (757 +- 788 grains/m<sup>3</sup>), May (392 +- 229 grains/m<sup>3</sup>), and February (326 +- 324  
244 grains/m<sup>3</sup>). Monthly change was significant (Kruskal-Wallis:  $p < 0.001$ ).

245

#### 246 *Environmental factors*

247 Environmental data, measured in nearby weather monitoring stations, show the seasonal  
248 change of meteorological factors, including the gradual increase of air temperature (SI Fig.4).

249 Among 5 factors (air temperature, moisture, precipitation, wind speed, and PM10), distance-  
250 based redundancy analysis (dbRDA) shows that the only air temperature was significantly  
251 related to community change ( $F = 23.3$ ,  $p = 0.001$ , SI Table. 5).

252

#### 253 **Discussion**

##### 254 *Plant type of airborne pollen*

255 Various families of plants were found and the majority of these were likely originated from  
256 airborne palynomorph transport, because the sampling site of this study is located on the  
257 rooftop of a 26.7 m high building. We found that the majority of the sequences belong to  
258 trees plant (Fig. 2a), while the presence of grass families (e.g., Poaceae, Plantaginaceae,  
259 Araceae) and mosses (e.g., Hylocomiaceae, Funariaceae) are also identified.

260 Pollen of tree anemophilous species is commonly found in spring in Japan; however, the  
261 main flowering season of grass anemophilous species, including *Urticaceae*, *Poaceae*,  
262 and *Ambrosia* is autumn (Kawashima *et al.* 2007). Therefore, grass pollen might be less  
263 abundant during our sampling period. Another reason is that our sampling site is relatively  
264 close to the mountain region in western Tokyo, where is extensively covered by uniform  
265 planted forest (Fig. 1, Cupressaceae: *Cryptomeria japonica*, *Chamaecyparis obtuse*, and  
266 *Chamaecyparis pisifera* plantation). As backward trajectory analysis indicates, air (and  
267 contained particles) was predominantly passing from over this mountain region to the site,

268 especially in February (Fig. 4); therefore, ASVs of tree pollens: *Cryptomeria japonica*,  
269 *Chamaecyparis obtusa* and *Chamaecyparis pisifera* (ASV1, ASV2, ASV7) might be very  
270 common in air samples, especially February and March. It is also noteworthy that  
271 *Chamaecyparis pisifera* is very commonly used as a hedge in homes, and some amount of  
272 pollen of *Chamaecyparis pisifera* may be originated from cultivars around the sampling site.

273

#### 274 ***The seasonal shift of airborne pollen***

275 The taxonomy of airborne pollen changed seasonally (Fig.2 a & 3), and their diversity  
276 increased along with the air temperature rise over the season. The seasonal change of plant  
277 community structure shown by Bray-Curtis dissimilarity also shows a shift along with  
278 months (SI Fig. 3). Although pollen release and transport are thought to be controlled  
279 primarily by wind and humidity (Whitehead 1983), our results indicate that among 5  
280 environmental factors (air temperature, precipitation, moisture, wind speed, and PM10), only  
281 air temperature is related to the community change. Therefore, the air temperature as a proxy  
282 of the seasonal shift from winter to spring is the most influential factor in alpha (number of  
283 ASVs) and beta (community structure) diversities.

284 At the beginning of the sampling season (February 2016), the number of observed ASVs is  
285 significantly lower than in other months, and 7 samples (February 3-5, 10, and 13-15) during  
286 this period had been failed for PCR, likely due to the low concentration of DNA (i.e., pollen,  
287 Fig. 2c). After this period, the pollen of *Cryptomeria japonica* (ASV1) became detectable by  
288 PCR, and the number of pollen grains significantly increased around one order higher. This  
289 timing is similar to the first days of observation of *Cryptomeria japonica* over 15 years of  
290 record (Teranishi *et al.* 2000). Other species of the *Cupressaceae* (*Chamaecyparis obtusa*),  
291 which was also from the same planted forest of *Cryptomeria japonica* (Fig.1b), had lagged  
292 with *Cryptomeria japonica* by a month, similar to a previous study (Yamada *et al.* 2014).

293 Then, *Chamaecyparis obtusa* gradually took over *Cryptomeria japonica*, and their number of  
294 ASVs reached the highest level in early April. Following this season, the  
295 family *Fagaceae*, *Ulmaceae*, *Ginkgoaceae* increased their relative abundance. ASVs (ASV3  
296 & 6) belonging to *Fagaceae* were only taxonomy, which could not be classified at the genus  
297 level among the major 20 ASVs, and potentially include *Castanea*, *Castanopsis*, *Quercus*,  
298 and *Lithocarpus* (only in ASV6). However, these species are generally distributed in the  
299 same type of forests, categorized in "Substitutional vegetation of secondary forest" in the  
300 vegetation map. This type of vegetation, which is referred to as "Satoyama", is remarkably  
301 abundant around reservoirs (Yamaguchi Reservoir and Murayama Reservoir) and in the  
302 foothills forest in the City of Ome and Akiruno (5 km north and 10 km west of the study site,  
303 respectively) (Fig. 1b). Substitutional vegetation of secondary forest is also spotted in  
304 western mountains, especially above 350 m a.s.l. (20 km west of the study site). The  
305 backward trajectory of air masses show that the direction of likely particle transport is quite  
306 variable in April and May, with no preferred direction. Therefore, these vegetation types  
307 would be a significant source of *Fagaceae*. Otherwise, *Zelkova*  
308 *serrata* in *Ulmaceae* and *Ginkgo biloba* in *Ginkgoaceae* are significant species on the  
309 roadside in Tachikawa City and in parks, especially in the Showa Commemorative National  
310 Government Park (Fig. 1b, SI Fig. 5), which is a neighboring park of sampling site with 180  
311 ha total area. Therefore *Zelkova serrata* and *Ginkgo biloba* are likely to have originated from  
312 the urban area nearby.

313 Getting information on each pollen dispersal seasonality and their potential source from this  
314 study is useful for personal allergic rhinitis treatment. In many cases, the cause of rhinitis is  
315 hard to detect except for remarkable seasons such as Japanese cedar. Because pollen types  
316 and season are very variable in the country has wide longitudinal range, and very limited  
317 information on pollen seasonality is available in public. Otherwise, minor pollen also can

318 cause allergic rhinitis (Kawashima *et al.* 2007), and that information from the eDNA  
319 approach can provide what kind of pollen should be cared for each location and person.

320

### 321 *Detection of the phenology of various species*

322 In this study, we found a distinct phenological pattern for each ASV, for example, early start  
323 (February 19) and prolonged period (58 days) for *Cryptomeria japonica* (ASV1), and in  
324 contrast, a late start (April 15) and the short period (16 days) for *Ginkgo biloba* (ASV9) (Fig.  
325 3). These phenological patterns, such as timing (Clot 2003) and the duration of pollen  
326 dispersal (Ziska *et al.* 2011), will be changed by future air temperature increases due to  
327 global warming. For example, for *Cryptomeria japonica*, the first day of observation became  
328 earlier, and the duration got longer in 15 years of record from 1983 to 1998 due to 394-  
329 temperature warming (Teranishi *et al.* 2000). Furthermore, this phenological change follows  
330 an increase in the number of pollen grains because the temperature in previous July relates to  
331 male flower formation during the next season (Ito *et al.* 2008; Yamada *et al.* 2014), and the  
332 average temperature in Tokyo has risen 1.15 °C in the past 100 years, which is higher than  
333 0.6 °C as the global average (Yamada *et al.* 2014).

334 This study's approach, using the DNA marker as pollen indicator, enables us to show the  
335 timing and duration of various taxonomy from various sources, information that difficult to  
336 obtain by classical morphological measurement. Therefore, long-term pollen monitoring  
337 using DNA markers can supply detail of phenological changes of forest and urban plant  
338 communities. However, for minor types which has lower relative abundance, pollen periods  
339 were much shorter due to discontinuous distribution. Therefore, the definition of the period in  
340 this study should be considered, especially for minor types.

341 This study supports the potential utility of developing a pollen monitoring system using  
342 eDNA measurements. In order to construct a new pollen monitoring system, one needs to

343 consider the standard protocol. For example, in this study, we only used *rbcL* for the DNA  
344 marker, and it is difficult to identify some of the taxonomy (e.g., Fagaceae in this study).  
345 Furthermore, detection accuracy varies by markers (Brennan *et al.* 2019); therefore, we  
346 recommend using multiple markers such as *rbcL*, *trnL*, and ITS for better comparison. Also,  
347 high volume air samplers, with sampling volumes about one order higher than used in this  
348 study, have been introduced for use in recent bioaerosol studies (e.g., Mbareche *et al.* 2018;  
349 Archer *et al.* 2019), and these can reduce contamination in the extraction and enrichment  
350 processes, thereby improving the detection accuracy of rare taxa.

351

## 352 **Conclusion**

353 In the air of suburbs of the Tokyo metropolitan area, 78 families were detected during the  
354 spring season (February to May) using the eDNA approach. Japanese cedar (*Cryptomeria*  
355 *japonica*) was the most major allergen from mid-February to March, which corresponded to  
356 the typical pollinosis season in this region. Backward trajectory analysis of air masses  
357 suggests that the Japanese cedar and other Cupressaceae plantation forests in the western  
358 mountains were a significant source of airborne pollen communities. And other major plant  
359 pollen sources, such as Japanese zelkova (*Zelkova serrata*) and ginkgo (*Ginkgo biloba*) were  
360 distributing nearby parks or roadside regions and emanated from there. The phenology of  
361 multiple pollen were detected, for example longer period for *Cryptomeria japonica* (58 days),  
362 and the short period for *Ginkgo biloba* (16 days). This approach is very useful to understand  
363 the regional difference of multiple pollen dispersal between the major cities and prevention  
364 and treatment for allergic rhinitis.

365

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377

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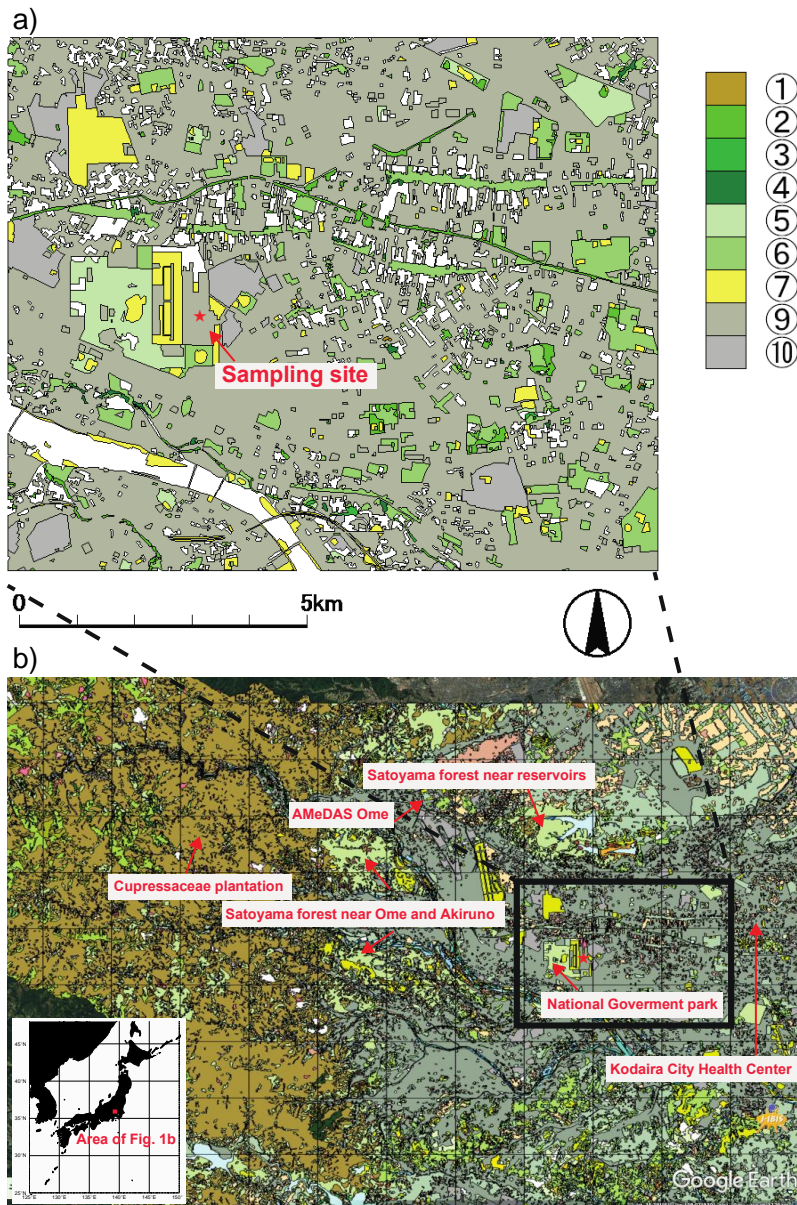
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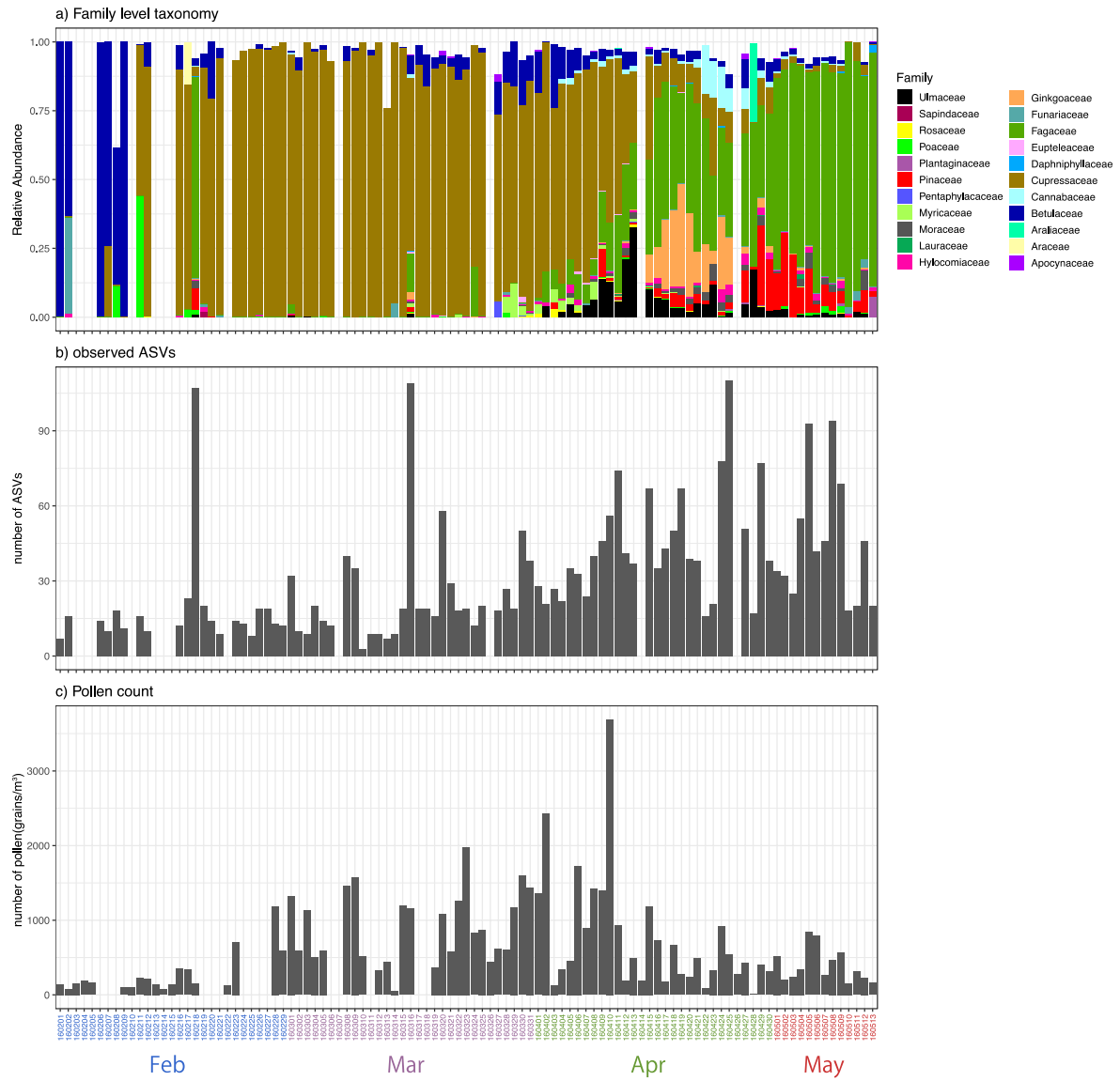
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463 Figure 1: Vegetation map a) near the sampling site, b) in the regional scale. 1: Cupressaceae  
 464 plantation (*Cryptomeria japonica*, *Chamaecyparis obtusa*, *Chamaecyparis pisifera*), 2:  
 465 *Quercetum acutissimo-serratae*, 3: *Quercetum myrsinaefoliae*, 4: *Quercus myrsinaefolia*  
 466 *premises* forest, 5: Park, Graveyard etc. with residual, planted trees, 6: Urban and  
 467 residential district with many trees, 7: Golf links and Turf, 8: Plant communities in  
 468 clear-cut area, 9: Urban district with a few trees, 10: Factory and industrial area. More  
 469 detail is available from the Ministry of the Environment (detail in Method section).



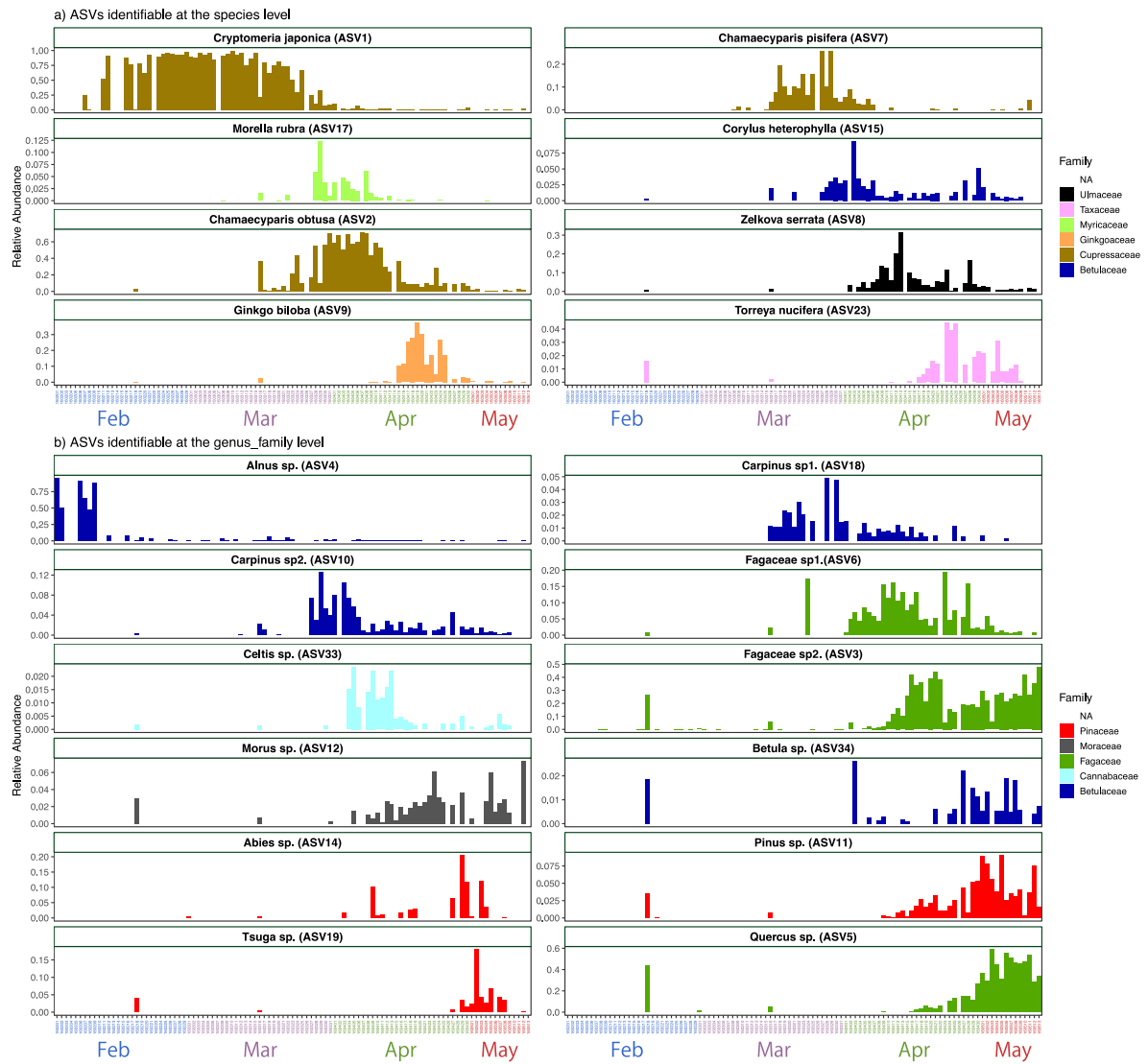
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Figure 2: Seasonal change of a) taxonomy at the family level, b) the number of observed ASVs, and c) pollen concentration by an automated pollen monitoring system of the Ministry of Environment.



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475 Figure 3: Seasonal change of 20 major ASVs, identifiable at the species level (a), and at

476 genus-family level (b).

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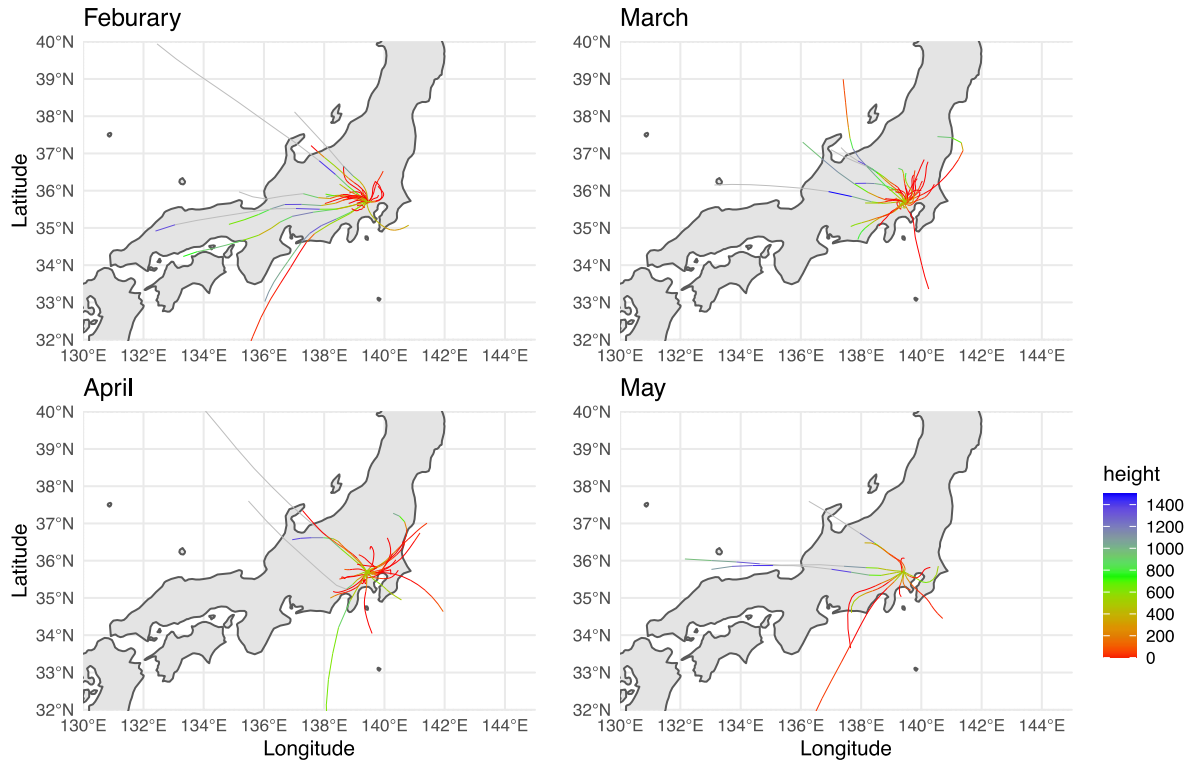
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485 Figure 4: 24 hour back trajectories calculated using HYSPLIT4 with GDAS 1 degree data,

486 initiated above the sampling site (500 m).

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