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1 Rapid Preparation of Fluorescent 9-Anthrylmethyl Esters for Fatty Acid Analysis of Small
2 Amount of Triacylglycerols

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7 **Abbreviations**

8 ADAM 9-Anthryldiazomethane

9 BHT Butylated hydroxytoluene

10 FAME Fatty acid methyl ester

11 GLC Gas-liquid chromatography

12 HPLC High-performance liquid chromatography

13 TAG Triacylglycerols

14 THF Tetrahydrofuran.

15

Abstract This paper proposes a one-step method for preparation of fluorescent 9-anthrylmethyl esters from triacylglycerols (TAG) ranging in amount from 0.1 to 5 μ g. It involves base-catalyzed transesterification using potassium 9-anthracenemethoxide, prepared by proton exchange between 9-anthracenemethanol and potassium *tert*-butoxide. The transesterification conducted for 10 min at room temperature gave the fatty acid 9-anthrylmethyl esters in nearly maximal yields (82-85 %). The products could be analyzed by reversed-phase HPLC without purification. Excellent liner relationships were observed for standard curves of 10 to 250 pmol of TAG standards (16:0, 19:0, 18:2 and 22:6), and differences in the slopes were less than 5 % among the standards. Almost consistent compositions of the esters were observed for the products formed from 0.5-5 μ g or less of fish oils TAG, and they were similar to those obtained by HPLC of ordinary multi-step synthesis products and by GLC of methyl esters. The present method is a great improvement of derivatization time, and is powerful for fatty acid analysis of small amount of natural TAG.

Keywords 9-Anthrylmethyl ester, Fatty acid, Fish oil, HPLC, Transesterification, Triacylglycerol

1 **Introduction**

2
3 Fluorescent 9-anthrylmethyl ester is one of the most widely used derivatives for fatty acid
4 analysis by high-performance liquid chromatography (HPLC) [1-4]. Fatty acid contents and
5 compositions of low levels of natural lipids have been determined by using this derivative,
6 e.g., plasma and serum fatty acids, α -hydroxy fatty acids, and prostaglandins [2-4]; free
7 fatty acids in marine phytoplankton [5]; and conjugated fatty acids in milk products [6].

8 For synthesis of this derivative, commercially available 9-anthryldiazomethane
9 (ADAM) has been widespread used. Although the ADAM reagent was pointed out to be
10 unstable and different in activity from product to product [7], free fatty acids can be almost
11 completely converted to their 9-anthrylmethyl esters by one-step reaction within 60 min [8].
12 However, when esterified fatty acids such as those of triacylglycerols (TAG) and
13 phospholipids are analyzed, it is necessary to hydrolyze these lipids prior to derivatization.
14 Usual methodology involves saponification, followed by acidification, extraction, washing,
15 drying, and evaporation. It takes 1.5 h or so for the preliminary hydrolysis. In addition, such
16 complicated treatments results in the presence of high levels of contaminants in the samples
17 and thus compromises analytical quality and accuracy.

18 Recently, Destailats and Angers [9,10] developed one-step methodology for
19 synthesis of fatty acid picolinyl, 2-methoxyethyl, and C₂-C₄ *n*-alkyl esters from TAG,
20 phospholipids, methyl esters, and intact lipids. It involved transesterification under base-
21 catalyzed conditions using potassium alkoxides, which were prepared by proton exchange
22 between potassium *tert*-butoxide and corresponding primary alcohols. Mild reaction
23 conditions allowed complete derivatization, i.e., picolinyl ester from TAG and
24 phospholipids, 2 min at room temperature [9]; and 2-methoxyethyl and *n*-alkyl esters from

1 TAG, 15 min at 40°C [10]. Dubois et al. [11] reported complete derivatization of methyl
2 esters to picolinyl esters in 45 min at 45°C. Because 9-anthrylmethyl esters are also one of
3 the esters of primary alcohol, this methodology is applicable to the synthesis.

4 This paper proposes a one-step method for rapid preparation of fatty acid 9-
5 anthrylmethyl esters using base-catalyzed transesterification. The aim of the present study
6 is to reveal properties of the new method and to assess its utility in fatty acid analysis of
7 TAG in the ranges of 0.1 to 5 µg or of 0.1 to 5 nmol. For this purpose, some standard and
8 natural TAG were subjected to this method, and the products were analyzed by reversed-
9 phase HPLC with fluorescence detection. Fish oils TAG, containing a wide variety of fatty
10 acids, were used as the natural TAG samples.

12 **Materials and Methods**

14 **Reagents**

15 Potassium *tert*-butoxide [1.0 M solution in tetrahydrofuran (THF)] and 9-
16 anthracenemethanol (98 %) were purchased from Aldrich Chemicals (Milwaukee, WI) and
17 Acros Organics (Geel, Belgium), respectively. THF anhydrous (99.5 %, stabilized with
18 BHT, Kanto Chemical, Tokyo, Japan) was distilled once and stored in dark in presence of
19 molecular sieves 4A (powder, Nacalai Tesque, Kyoto, Japan). Dichloromethane anhydrous
20 (99.5 %) and cyclohexane (99.5 %) were products of Kanto Chemical, and the former was
21 dried over molecular sieves 4A.

22 Standard TAG used were tripalmitoylglycerol (16:0-TAG; Extrasynthèse, Genay,
23 France), trionadecanoylglycerol (19:0-TAG; Sigma Chemical, ST. Louis, MO),
24 trilinoleoylglycerol (18:2-TAG; Sigma Chemical) and tridocosaheptaenoylglycerol (22:6-

1 TAG; Nu-Chek-Prep, Elysian, MN). The 22:6-TAG was purified by thin-layer
2 chromatography on Silica gel 60G (Merck, Darmstadt, Germany) with hexane/diethyl ether
3 (90:10, vol/vol) for development. The other standards were used without purification. Fish
4 oils TAG, bonito head oil TAG and cod liver/mackerel oil TAG, were isolated from
5 industrial oils by column chromatography on Silica gel 60 (Merck) with hexane/diethyl
6 ether (95:5 and 90:10, vol/vol) for elution [1].

7 8 General Procedure for Synthesis of 9-Anthrylmethyl Ester

9 9-Anthracenemethanol (60 mg) and potassium *tert*-butoxide in THF (1.0 M, 20 μ L) were
10 taken in a screw-capped glass vial (0.6 mL-volume). Anhydrous THF (200 μ L) was added
11 to the vial and vigorously mixed with a vortex mixer to produce a saturated solution of
12 potassium 9-anthracenemethoxide. The mixture was dried over 40 mg of anhydrous
13 calcium sulfate for 1 h at room temperature. The supernatant was used as a potassium 9-
14 anthracenemethoxide reagent within one day.

15 TAG (0.1-5 μ g) and 19:0-TAG (100 pmol = 93.4 ng) as an internal standard were
16 dissolved in 10 μ L of anhydrous dichloromethane in a screw-capped 0.6 mL-volume glass
17 vial. The potassium 9-anthracenemethoxide reagent (10 μ L) was added to the solution, and
18 vigorously mixed with a vortex mixer for 10 s. After the mixture was left to stand for 10
19 min in dark at room temperature, 2 μ L of acetic acid/dichloromethane (1:10, vol/vol) was
20 added to stop the reaction. After removing the solvents in a stream of nitrogen, resulting
21 fatty acid 9-anthrylmethyl esters were taken up from the residue into 160 μ L of
22 cyclohexane, and 10 μ L of the solution was subjected to reversed-phase HPLC.

HPLC

Reversed-phase HPLC was done with a Hitachi L-6200 pump (Hitachi, Tokyo, Japan), a Shimadzu RF-10A_{XL} fluorescence detector (Shimadzu, Kyoto, Japan) and a Shimadzu C-R6A integrator. A column of Supersphere 100 RP-18e (25 cm × 4 mm i.d., 4 μm particles, Merck) was used with HPLC-grade acetonitrile, ethanol and hexane as mobile phase at a flow rate of 1.0 mL/min. A linear gradient of acetonitrile to acetonitrile/ethanol/hexane (30:40:30, by vol) was generated over 20 min. The column temperature was held at 10°C with a Shimadzu CTO-10AS_{VP} column oven. Peaks were detected at the excitation and emission wavelengths of 365 and 412 nm, respectively. Flow cell temperature of the detector was set at 20°C.

Results and Discussion

Formation of Fatty Acid 9-Anthrylmethyl Ester

Figure 1 shows HPLC profiles of the reaction products formed from standard and fish oils TAG by the present method. Formation of fatty acid 9-anthrylmethyl esters was checked by comparison of chromatographic behaviors of the products with those of standard esters. As the standards, authentic free fatty acids were converted to 9-anthrylmethyl esters by using ADAM reagent [8]. In the HPLC of the products formed from a mixture of 16:0-, 19:0-, 18:2- and 22:6-TAG, four peaks appeared in the chromatogram (Fig. 1A). Elution times of these peaks corresponded to those of the standard 16:0, 19:0, 18:2 and 22:6 esters. It is apparent that 9-anthrylmethyl esters are synthesized from TAG by the one-step method.

Blank test of the present method including the reversed-phase HPLC was carried out by using 100 pmol of 19:0-TAG internal standard (Fig. 1B). At earlier elution times, many

1 unidentified large peaks appeared, whereas there was practically no peak after 8 min except
2 for one peak of 19:0 ester. Under the HPLC conditions used in this study, all of the
3 identified peaks eluted after 8 min (Figs. 1C and 1D). The 9-anthrylmethyl esters produced
4 by the present method can be directly subjected to the reversed-phase HPLC without
5 purification.

6 7 Yield of 9-Anthrylmethyl Ester

8 Time-course changes of formation of fatty acid 9-anthrylmethyl esters were investigated by
9 using an equimolar mixture of 16:0-, 19:0-, 18:2- and 22:6-TAG (each 100 pmol) at room
10 temperature (20-22°C) (Fig. 2). Peak areas of the 9-anthrylmethyl esters rapidly increased,
11 reached maxima at 2-5 min, and then tended to somewhat decrease (10 and 20 min). During
12 the first 10 min, the 22:6 ester was found to change in a manner somewhat different from
13 those of the other esters. The 22:6 ester reached maximum faster (2 min) and the maximum
14 level was higher. The transesterification of 22:6-TAG seems to proceed at higher rate. In
15 contrast, in longer reaction time (10-20 min), the four fatty acid esters were not very
16 different in the changes. The changes were parallel to each other. Differences in the peak
17 areas of the four esters were less than 4 % at both of 10 and 20 min.

18 In order to determine theoretical yield of the 9-anthrylmethyl esters, 18.75 pmol of
19 standard 16:0 ester, corresponding to 100 % yield of this ester, was injected to the reversed-
20 phase HPLC. The peak area was 15.8×10^4 units (mean of triplicate determinations).
21 Theoretical yields calculated for the above four esters were 83-92 % (2 min), 85-91 % (5
22 min), 82-85 % (10 min), and 80-83 % (20 min). This result shows that the conversion of
23 TAG to fatty acid 9-anthrylmethyl esters is not complete. Lower yields were observed for
24 the reactions with no or insufficient dryness of the potassium 9-anthracenemethoxide

1 reagent and solvents with desiccants (data not shown). It is probable that the incomplete
2 conversion resulted from hydrolysis (saponification) of TAG and 9-anthrylmethyl esters
3 caused by moisture remaining in the reaction system.

4 5 Standard Curves

6 Detection limits of the fatty acid 9-anthrylmethyl esters were determined by using the
7 above 10-min reaction products. The esters corresponding to each 91.5 fmol of the 22:6-,
8 18:2-, 16:0- and 19:0-TAG were injected to the reversed-phase HPLC. Detection limits
9 (S/N=3) were all 26 fmol as the standard monoacid TAG. Calculated from the yields of 9-
10 anthrylmethyl esters (82-85 %), detection limits of the esters were about 65 fmol (S/N=3).

11 The amount of fatty acid 9-anthrylmethyl esters as a function of the amount of
12 starting TAG was also checked by using the equimolar mixtures of standard TAG (Fig. 3).
13 The reactions were conducted at room temperature for 10 min. Excellent linear
14 relationships were observed for all TAG standards ranging from 10 to 250 pmol. The
15 correlation coefficients of individual fatty acids were more than 0.999. The present method
16 appears to be usable for fatty acid analysis of a mixture of 10-250 pmol of TAG molecular
17 species. The slopes of the plots were not identical among the four standards. However,
18 differences in the slopes were calculated to be less than 5 %.

19 20 Fatty Acid Analysis of Fish Oils TAG

21 The present method was applied to fatty acid analysis of bonito head oil and cod
22 liver/mackerel oil TAG (Figs. 1C and 1D). Peak components were identified by comparing
23 the elution times with those of authentic fatty acid esters. Table 1 shows the compositions
24 of fatty acid 9-anthrylmethyl esters produced from 0.1-5 μ g of the fish oils TAG. In both

1 fish oils, almost consistent compositions were observed in the analyses of 0.5-5 µg of TAG.
2 For example, major fatty acids in the bonito head oil TAG, 22:6n-3, 18:1 and 16:0, were
3 found at the concentrations of 31.2-31.8, 17.5-18.1, and 11.3-11.9 mole%, respectively. The
4 20:5n-3 ester was 8.5-8.6 mole%. In the cod liver/mackerel oil TAG, major fatty acids were
5 found at 14.3-14.5 mole% (18:1), 12.3-12.7 mole% (16:0), 11.8-12.2 mole% (20:1) and
6 12.8-13.3 mole% (22:1). The 20:5n-3 and 22:6n-3 esters were 9.3-9.4 and 7.7-8.0 mole%,
7 respectively. In the analyses of 0.1 and 0.2 µg of TAG, minor fatty acids could not be
8 determined. However, major fatty acids showed the percentages not very different from
9 those observed in the analyses of 0.5-5 µg of TAG.

10 Table 1 also shows the compositions obtained by other methodologies. One of them
11 was determined by HPLC of 9-anthrilmethyl esters prepared by ordinary multi-step
12 methodology, where 10 mg of the TAG were saponified by the method of Christie [1] and a
13 portion of resulting free fatty acids (50 µg) were converted to 9-anthrilmethyl esters in a
14 methanolic solution of ADAM reagent [8]. The other one was determined by gas-liquid
15 chromatography (GLC) of fatty acid methyl esters (FAME) prepared by transesterification of
16 2 mg of TAG using sodium methoxide in methanol [1]. The compositions of fatty acid 9-
17 anthrilmethyl esters prepared by the present one-step method were similar to those
18 determined by the ADAM-HPLC and FAME-GLC methods. This result indicates that fatty
19 acid composition of fish oil TAG determined by way of the present one-step synthesis is
20 comparable to those determined by ordinary methods. It is apparent that fatty acid analysis
21 of 0.5-5 µg or less of TAG can be carried out by using the one-step transesterification.

22 23 Advantages of the Present One-Step Method

24 The present method is based on the methodology developed for rapid preparation of fatty

1 acid picolinyl esters [9,11], C₂-C₄ *n*-alkyl esters and 2-methoxyethyl esters [10]. However,
2 some improvements were also required. Differing from the preceding cases, 9-
3 anthracenemethanol is a solid alcohol. Because of its limited solubility, concentration of the
4 potassium 9-anthracenemethoxide reagent is much lower than those of the previous
5 alkoxides. Moisture in the solid 9-anthracenemethanol was removed by adding anhydrous
6 calcium sulfate after preparation of the reagent. The transesterification was stopped by
7 adding acetic acid in accordance with the methods for transmethylation [1]. The reagent
8 was precipitated by exchanging the solvent (mixture of dichloromethane and THF) to a
9 nonpolar solvent (cyclohexane), and 9-anthrylmethyl esters were taken up in the
10 cyclohexane. Repeated injections of this solution did not cause negative influence to the
11 reversed-phase HPLC.

12 In the present study, the new method was revealed to be usable for synthesis of fatty
13 acid 9-anthrylmethyl esters from TAG. It was also revealed that the resulting 9-
14 anthrylmethyl esters are usable for fatty acid analysis of 0.1-5 µg of natural TAG including
15 those from fish oils. The esters can be synthesized in 10 min, and subjected to HPLC after a
16 few minutes. Comparing with multi-step methodology taking about 1.5 h for preliminary
17 hydrolysis, the present method seems to be great improvement of the derivatization time.
18 Precision of fatty acid analysis also seems to be improved, because of much less use of
19 reagents, solvents, apparatuses, and their handling. The present method is the most rapid
20 and convenient synthesis of 9-anthrylmethyl esters from TAG, and very effective to
21 facilitate fatty acid analysis of small amount of natural TAG.

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6 derivatives from fatty acid esters. Eur J Lipid Sci Technol 108:28-32.

7

Figure Legends

Fig. 1 HPLC profiles of fatty acid 9-anthrylmethyl esters produced from standard and fish oils TAG. A, mixture of 16:0-, 19:0-, 18:2- and 22:6-TAG (each 100 pmol); B, 19:0-TAG (100 pmol) used as an internal standard; C, bonito head oil TAG (0.5 μ g) mixed with 19:0-TAG (100 pmol); and D, cod liver/mackerel oil TAG (1 μ g) mixed with 19:0-TAG (100 pmol). The numbered peaks were identified by using standard esters as follows: 1, 18:4n-3+18:4n-1; 2, 20:5n-3; 3, 22:6n-3; 4, 18:3n-3+18:3n-6+16:2+12:0; 5, 20:4n-3; 6, 22:5n-3; 7, 20:4n-6; 8, 22:5n-6; 9, 16:1+18:2n-6+20:3+22:4n-6; 10, 14:0; 11, 17:1n-8; 12, 15:0; 13, 20:2n-6; 14, 18:1; 15, 16:0; 16, 17:0; 17, 20:1; 18, 18:0; 19, 19:0; 20, 22:1; 21, 20:0; and 22, 24:1.

Fig. 2 Time-course change of formation of fatty acid 9-anthrylmethyl esters from TAG. A mixture of 16:0-, 19:0-, 18:2- and 22:6-TAG (each 100 pmol) was converted to the 9-anthrylmethyl esters at room temperature (20-22°C). Peak areas were obtained by HPLC under the conditions described in the text. Data represent mean \pm standard deviation of triplicate reactions.

Fig. 3 Plots of the amounts of 9-anthryl methyl esters vs. TAG subjected to the synthesis. Equimolar mixture of 16:0-, 19:0-, 18:2- and 22:6-TAG were subjected to the reactions conducted for 10 min at room temperature (20-22°C). Peak areas were obtained by HPLC under the conditions described in the text. Data represent mean \pm standard deviation of triplicate reactions.

TABLE 1Fatty Acid Compositions of Fish Oils TAG, Obtained by the Present and Other Methods (Mole%, Mean \pm Standard Deviation)

	Present one-step method (n=3)						ADAM ^a (n=3)	FAME ^b (n=3)
Fatty acid	0.1 μg	0.2 μg	0.5 μg	1.0 μg	2.5 μg	5.0 μg		
<i>Bonito head oil TAG</i>								
18:4n-3 ^c	0.8 ± 0.6	0.8 ± 0.6	1.2 ± 0.1	1.2 ± 0.1	1.3 ± 0.1	1.3 ± 0.1	1.2 ± 0.0	1.2 ± 0.0
20:5n-3	8.8 ± 0.4	8.3 ± 0.0	8.5 ± 0.1	8.6 ± 0.0	8.6 ± 0.0	8.6 ± 0.0	8.5 ± 0.1	8.3 ± 0.0
22:6n-3	31.4 ± 1.3	30.5 ± 0.4	31.6 ± 0.9	31.8 ± 0.2	31.4 ± 0.1	31.2 ± 0.1	31.0 ± 0.2	30.1 ± 0.1
18:3n-3+16:2 ^d	ND ^g	0.2 ± 0.1	0.9 ± 0.0	1.2 ± 0.2	1.3 ± 0.0	1.3 ± 0.0	1.0 ± 0.2	2.8 ± 0.0 ^j
20:4n-3	ND	Tr	0.5 ± 0.0	0.6 ± 0.0	0.7 ± 0.0	0.6 ± 0.1	0.7 ± 0.0	0.6 ± 0.0
22:5n-3	0.9 ± 0.2	0.9 ± 0.0	1.4 ± 0.0	1.6 ± 0.1	1.7 ± 0.0	1.7 ± 0.0	1.6 ± 0.0	1.5 ± 0.0
20:4n-6	2.0 ± 0.1	2.0 ± 0.0	2.2 ± 0.0	2.3 ± 0.1	2.5 ± 0.0	2.5 ± 0.0	2.4 ± 0.0	2.1 ± 0.0
22:5n-6	1.5 ± 0.0	1.4 ± 0.0	1.5 ± 0.1	1.6 ± 0.1	1.8 ± 0.0	1.8 ± 0.0	1.7 ± 0.0	1.5 ± 0.0
16:1+18:2n-6 ^e	9.9 ± 0.7	10.5 ± 0.4	9.8 ± 0.1	9.6 ± 0.0	9.4 ± 0.0	9.4 ± 0.0	9.6 ± 0.1	9.6 ± 0.1
14:0	3.7 ± 0.8	4.5 ± 0.3	3.8 ± 0.1	3.7 ± 0.0	3.6 ± 0.1	3.7 ± 0.0	3.7 ± 0.0	3.2 ± 0.1
17:1n-8	0.9 ± 0.3	1.4 ± 0.1	1.4 ± 0.0	1.4 ± 0.0	1.4 ± 0.0	1.4 ± 0.0	1.3 ± 0.0	1.1 ± 0.0
15:0	0.2 ± 0.3	0.9 ± 0.1	0.8 ± 0.0	0.8 ± 0.0	0.8 ± 0.0	0.8 ± 0.0	0.8 ± 0.0	0.7 ± 0.0
20:2n-6	ND	ND	0.2 ± 0.0	NR	NR	NR	0.1 ± 0.1	0.2 ± 0.0
18:1	19.9 ± 1.0	19.0 ± 0.6	18.1 ± 0.4	17.8 ± 0.1 ^h	17.6 ± 0.1 ^h	17.5 ± 0.1 ^h	17.8 ± 0.2	18.9 ± 0.0
16:0	14.0 ± 0.5	13.2 ± 0.3	11.9 ± 0.2	11.6 ± 0.1	11.3 ± 0.0	11.3 ± 0.0	11.8 ± 0.2	12.2 ± 0.1
17:0	Tr	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0
20:1	1.7 ± 0.1	1.6 ± 0.1	1.7 ± 0.0	1.7 ± 0.0	1.7 ± 0.0	1.7 ± 0.0	1.7 ± 0.0	1.5 ± 0.1
18:0	2.4 ± 0.2	2.1 ± 0.2	1.7 ± 0.0	1.8 ± 0.0	1.8 ± 0.0	1.8 ± 0.0	1.7 ± 0.1	1.7 ± 0.0
22:1	Tr	0.7 ± 0.0	0.6 ± 0.0	0.6 ± 0.0	0.6 ± 0.0	0.6 ± 0.0	0.6 ± 0.0	0.4 ± 0.0
20:0	ND	ND	Tr	Tr	0.1 ± 0.0	0.1 ± 0.0	0.0 ± 0.0	0.0 ± 0.0
24:1	ND	ND	0.2 ± 0.0	0.2 ± 0.0	0.2 ± 0.0	0.2 ± 0.0	0.2 ± 0.0	0.2 ± 0.1
Others	2.0 ± 0.2	1.5 ± 0.5	1.4 ± 0.2	1.6 ± 0.2	1.9 ± 0.0	1.9 ± 0.0	2.2 ± 0.1	1.7 ± 0.1
Amount (nmol) ^f	0.28 ± 0.01	0.57 ± 0.03	1.51 ± 0.02	3.11 ± 0.01	7.79 ± 0.05	15.14 ± 0.08	—	—
<i>Cod liver/mackerel oil TAG</i>								
18:4n-3 ^c	3.7 ± 0.4	4.0 ± 0.1	3.6 ± 0.0	3.6 ± 0.1	3.7 ± 0.2	3.7 ± 0.1	3.5 ± 0.1	3.3 ± 0.0
20:5n-3	9.9 ± 0.2	9.7 ± 0.2	9.3 ± 0.2	9.4 ± 0.0	9.4 ± 0.0	9.3 ± 0.0	9.2 ± 0.1	8.9 ± 0.1
22:6n-3	6.9 ± 0.3	7.2 ± 0.4	7.7 ± 0.2	7.9 ± 0.1	8.0 ± 0.0	7.9 ± 0.0	7.4 ± 0.0	7.2 ± 0.1
18:3n-3+16:2 ^d	0.2 ± 0.2	0.7 ± 0.4	1.6 ± 0.1	1.7 ± 0.0	1.8 ± 0.1	1.8 ± 0.1	1.8 ± 0.0	2.7 ± 0.0 ^j
20:4n-3	Tr	0.2 ± 0.3	0.8 ± 0.0	0.8 ± 0.1	0.9 ± 0.0	0.9 ± 0.1	0.9 ± 0.0	0.8 ± 0.0
22:5n-3	0.6 ± 0.0	0.7 ± 0.2	1.4 ± 0.0	1.4 ± 0.1	1.5 ± 0.0	1.5 ± 0.0	1.4 ± 0.0	1.2 ± 0.0
20:4n-6	Tr	Tr	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.6 ± 0.0	0.5 ± 0.0	0.3 ± 0.0
22:5n-6	ND	ND	0.1 ± 0.1	0.1 ± 0.0	0.2 ± 0.0	0.2 ± 0.0	0.1 ± 0.0	Tr
16:1+18:2n-6 ^e	9.7 ± 0.2	9.5 ± 0.1	8.9 ± 0.0	8.8 ± 0.0	8.7 ± 0.0	8.6 ± 0.0	8.8 ± 0.1	8.8 ± 0.1
14:0	8.8 ± 0.2	8.3 ± 0.1	7.7 ± 0.0	7.6 ± 0.0	7.8 ± 0.2	7.7 ± 0.1	7.6 ± 0.0	7.6 ± 0.1
17:1n-8	ND	Tr	1.2 ± 0.1 ⁱ	1.2 ± 0.0 ⁱ	1.2 ± 0.0 ⁱ	1.2 ± 0.1 ⁱ	0.5 ± 0.0	0.7 ± 0.0
15:0	0.1 ± 0.2	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0	0.5 ± 0.0
20:2n-6	ND	ND	0.1 ± 0.0	NR	NR	NR	0.2 ± 0.0	0.2 ± 0.0
18:1	15.5 ± 0.1	15.0 ± 0.2	14.4 ± 0.1	14.5 ± 0.1 ^h	14.3 ± 0.1 ^h	14.3 ± 0.0 ^h	14.2 ± 0.1	14.5 ± 0.1
16:0	14.2 ± 0.1	13.8 ± 0.2	12.7 ± 0.0	12.6 ± 0.0	12.4 ± 0.1	12.3 ± 0.0	12.5 ± 0.1	13.1 ± 0.1
17:0	ND	ND	0.2 ± 0.0	0.2 ± 0.0	0.3 ± 0.0	0.3 ± 0.0	0.2 ± 0.0	0.2 ± 0.0
20:1	12.9 ± 0.1	12.8 ± 0.1	12.2 ± 0.0	12.1 ± 0.1	11.9 ± 0.1	11.8 ± 0.0	12.0 ± 0.1	11.7 ± 0.1
18:0	2.3 ± 0.2	2.1 ± 0.1	2.1 ± 0.0	2.0 ± 0.0	2.0 ± 0.0	2.0 ± 0.0	2.0 ± 0.0	1.9 ± 0.0
22:1	14.2 ± 0.2	14.2 ± 0.2	13.3 ± 0.0	13.1 ± 0.1	12.9 ± 0.1	12.8 ± 0.0	12.9 ± 0.1	12.9 ± 0.1
20:0	ND	ND	0.1 ± 0.0	0.1 ± 0.0	0.1 ± 0.0	0.1 ± 0.0	0.1 ± 0.0	0.1 ± 0.0
24:1	0.2 ± 0.3	0.9 ± 0.0	0.9 ± 0.0	1.0 ± 0.0	1.0 ± 0.0	1.0 ± 0.0	0.9 ± 0.0	0.7 ± 0.0
Others	0.8 ± 0.8	0.4 ± 0.5	0.8 ± 0.3	0.9 ± 0.1	1.1 ± 0.1	1.4 ± 0.0	2.7 ± 0.1	2.6 ± 0.1
Amount (nmol) ^f	0.28 ± 0.00	0.57 ± 0.01	1.48 ± 0.01	3.00 ± 0.02	7.69 ± 0.04	15.27 ± 0.04	—	—

^a HPLC of the 9-anthrylmethyl esters prepared by hydrolysis of the TAG and esterification with ADAM reagent.^b GLC of the fatty acid methyl esters prepared by transmethylation of the TAG.^{c-e} Including 18:4n-1^c; 18:3n-6 and 12:0^d; and 20:3 and 22:4n-6^e.^f Amount of total fatty acids calculated from peak area ratios to internal standard (100 pmol of 19:0-TAG = 300 pmol of 19:0 acid).^g ND, not detected; Tr, trace amount; NR, not resolved.^{h,i} Including 20:2n-6^h and unidentified fatty acidⁱ not resolved from the peaks.^j Including branched-chain fatty acids inseparable from 16:2 by the GLC.

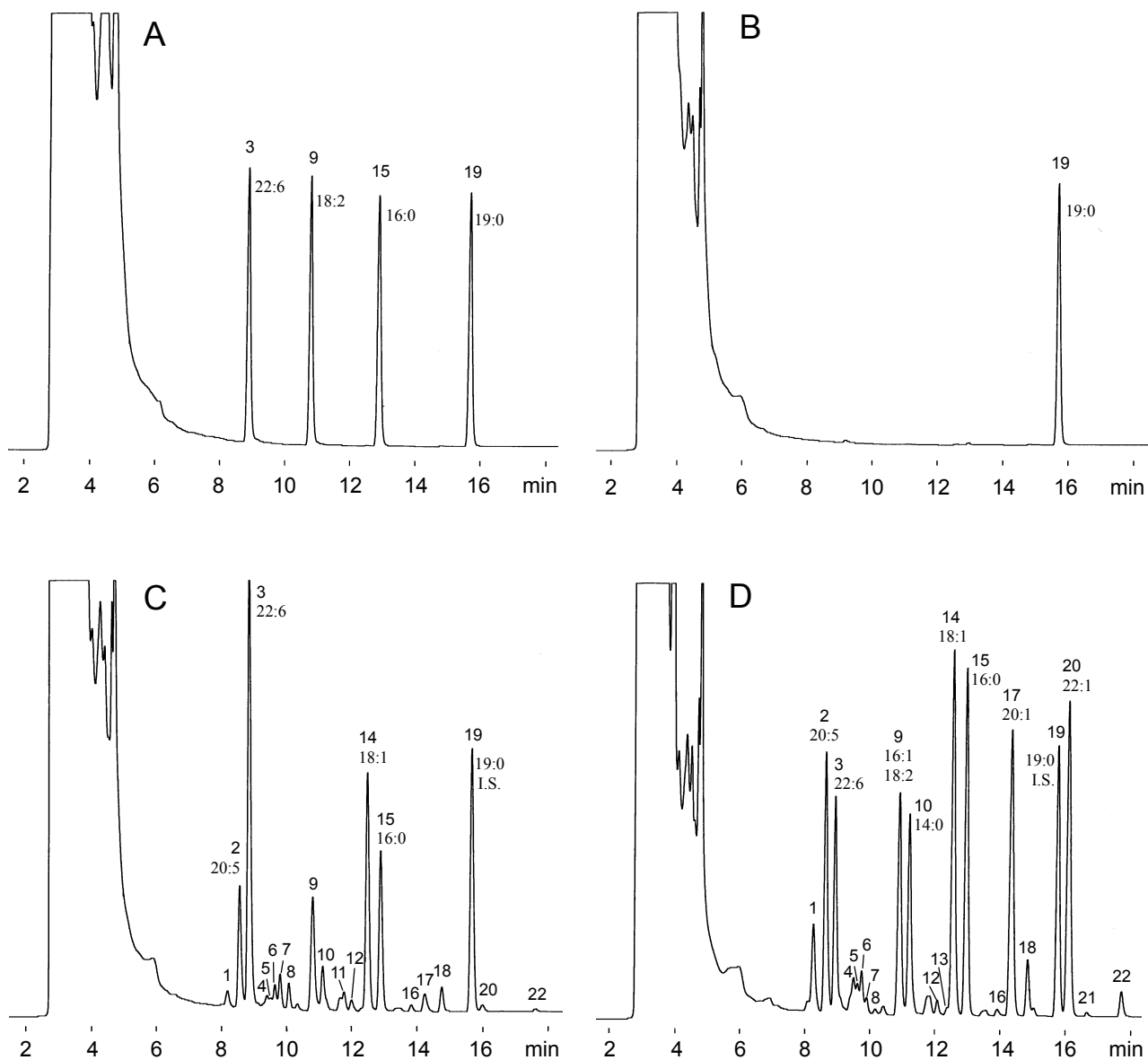


FIG. 1 Ando et al.

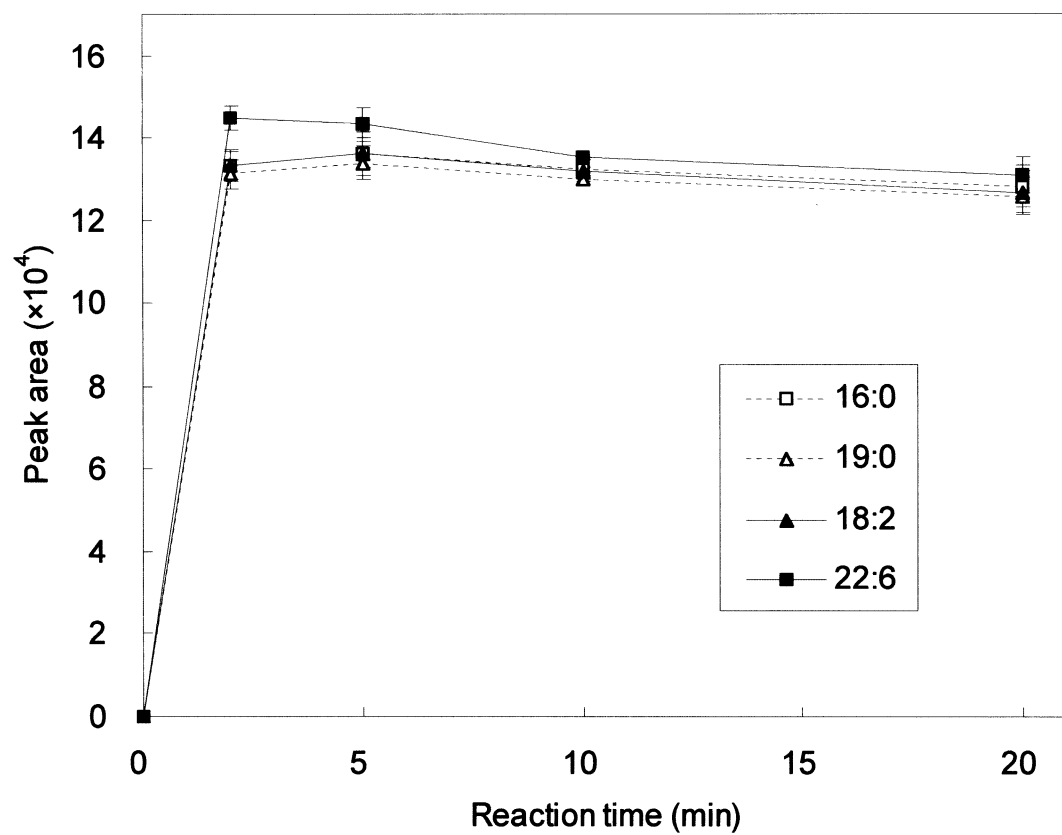


FIG. 2 Ando et al.

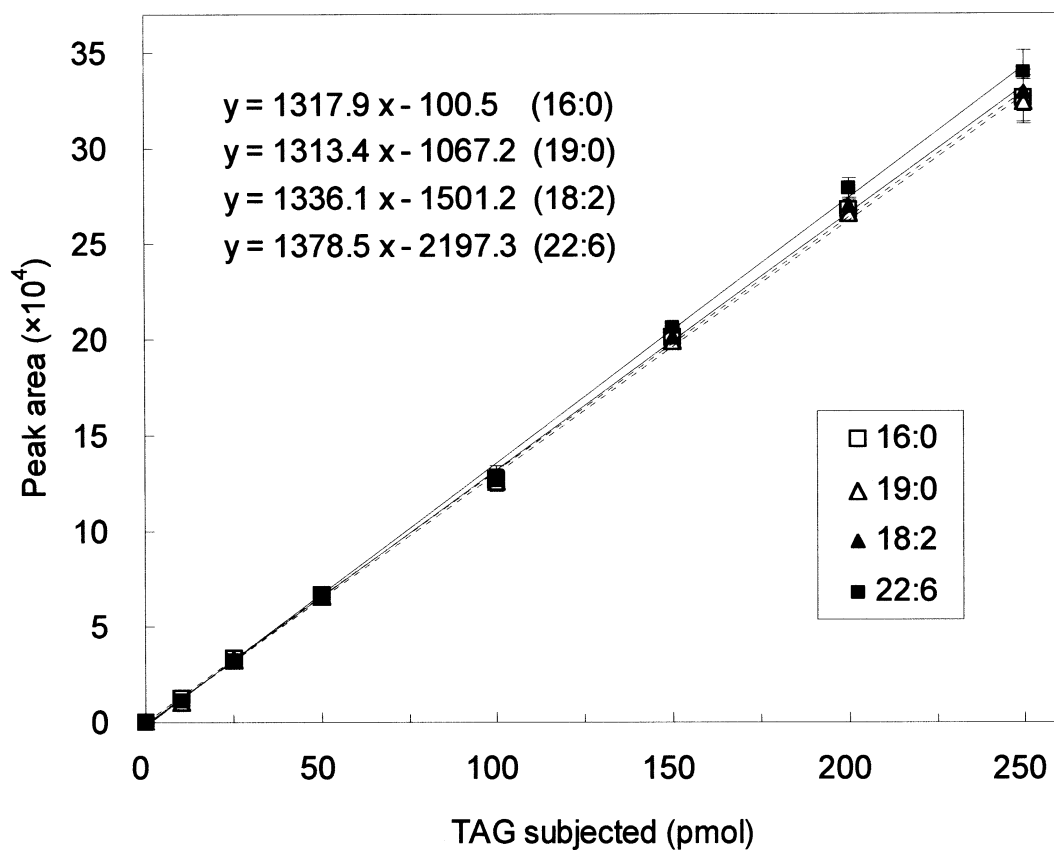


FIG. 3 Ando et al.