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Preoperative chemotherapy in colorectal cancer patients with synchronous liver metastasis

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Abstract. The response to preoperative chemotherapy is useful for predicting prognosis in unresectable and resectable disease. However, the prognostic benefit of chemotherapy prior to hepatectomy in patients with colorectal carcinoma and resectable or marginally resectable liver metastases remains unclear. The present study investigated the effect of preoperative chemotherapy on the prognosis of patients with colorectal cancer and resectable or marginally resectable synchronous liver metastasis. A total of 106 patients were retrospectively reviewed, who underwent hepatectomy for colorectal metastasis. The prognosis of 64 patients who received neoadjuvant chemotherapy (NAC) were compared with the 42 patients who did not (non-NAC). Furthermore, a total of 43 patients who responded to chemotherapy were compared with the 21 who did not. Preoperative chemotherapy was administered for 5.7 months, wherein 50 patients (78%) received a single regimen, and 54 (84%) received oxaliplatin. There were more patients with <3 metastases and maximum diameters <5 cm in the non-NAC group. The median survival time was 86.0 and

71.6 months in the NAC and non-NAC groups, respectively (P=0.33). Subgroup analysis on the basis of tumor size and number showed no prognostic differences between the two groups. The median survival time was longer in responders than in non-responders (85 vs. 56 months; P=0.01). However, the median relapse-free survival was equivalent in both groups (16.4 and 10.7 months). Preoperative chemotherapy did not prolong survival. Furthermore, it did not prevent recurrence, even in clinical responders. Therefore, it should not be routinely offered to patients with resectable liver metastasis before their hepatectomy.

Introduction

Colorectal carcinoma (CRC) is a common malignancy in both sexes and a frequent cause of cancer-related death. Approximately 20% of patients with newly diagnosed CRC will have synchronous metastatic disease (1), and 15% will have resectable liver metastasis (2-4). Resection of metastases limited to the liver coupled with resection of the primary tumor is associated with significant improvement in survival (5,6).

Chemotherapy after the hepatectomy may improve the survival of patients with resectable CRC liver metastasis (7). However, the optimal duration, timing, and regimen for this improvement have not been established. Furthermore, preoperative chemotherapy bridging to surgical intervention in primary unresectable CRC liver metastasis has been shown to be beneficial (8,9). The response to preoperative chemotherapy is useful to predict the prognosis in initially unresectable and resectable disease (10). However, the prognostic benefit of chemotherapy before hepatectomy in patients with CRC and resectable or marginally resectable liver metastases remains unclear. It has been reported that the prognosis of patients with synchronous and metachronous CRC liver metastasis is different (11,12). Therefore, we focused on CRC with synchronous liver metastasis and investigated whether preoperative chemotherapy improved the surgical curability in this patient population by assessing survival time and recurrence.

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Abbreviations: FOLFOX, folinic-acid-fluorouracil-oxaliplatin; NAC, neoadjuvant chemotherapy; non-NAC, non-neoadjuvant chemotherapy; HR, hazard ratio; OR, odds ratio; OS, overall survival; PFS, progression-free survival; RECIST, Response Evaluation Criteria in Solid Tumors; RFS, relapse-free survival; SAR, survival after recurrence, CI, confidence interval; CRC, colorectal carcinoma; EGFR, epidermal growth factor receptor

Key words: colorectal carcinoma, liver metastasis, oncology, chemotherapy, survival, hepatectomy

Patients and methods

Patients. This retrospective study involved 106 patients treated at three Japanese hospitals. We investigated patients with CRC and resectable or marginally resectable synchronous metastases treated at Hokkaido University Hospital, Hokkaido Cancer Center, and Hokkaido Hospital, Japan Community Health Care Organization (all in Hokkaido, Japan) between April 2006 and August 2017. Patients were excluded if they had any other distant metastases at the first treatment (surgery or prior chemotherapy). Simultaneous or metachronous resection of the primary lesion and liver metastasis; surgical approach (open or laparoscopic); and the duration, timing, and regimen of chemotherapy (including adjuvant therapy) were decided at the discretion of the attending surgeon and medical oncologist in each case. We retrospectively collected and analyzed information about all eligible patients from their medical charts.

Overall survival (OS) was defined as the interval between the day of the first treatment and the day of death from any cause or the last follow-up. We compared the OS of 64 patients who received neoadjuvant chemotherapy (NAC) with that of 42 patients who did not. To assess the prognostic course after surgery, we also compared OS, relapse-free survival (RFS), and survival after recurrence (SAR) between 43 patients who responded to preoperative chemotherapy (responders) and 21 who did not (non-responders).

Liver metastases were classified into three subgroups, H1, H2, and H3, according to their extent. H1 comprised patients with fewer than three liver metastases with a maximum diameter <5 cm, whereas H3 comprised those with more than four metastases with a maximum diameter >5 cm. The H2 subgroup comprised patients who were excluded from subgroups H1 and H3 (13). Clinical responses to the preoperative chemotherapy were evaluated on the basis of the revised Response Evaluation Criteria in Solid Tumors (RECIST) guidelines, version 1.1 (14).

The Ethics Committees of Hokkaido University Hospital and all participating hospitals approved this study as an exempt human subject research (no. 017-0399) and informed consent was obtained from all patients by the opt-out method, in accordance with the guidelines of the Japanese Ministry of Health, Labor and Welfare (Tokyo, Japan).

Statistical analysis. Summary statistics for continuous data are described as mean and 95% confidence intervals (CI). All statistical tests were performed with an α level of 0.05 (two-sided). The Chi-square test and Student's t-test were performed for categorical and continuous data, respectively. Survival curves and median follow-up times were estimated by the Kaplan-Meier method, and the survival curves of each group were compared using log-rank tests. Survival was compared in the NAC group and the non-NAC group, and then prognostic comparison between responders and non-responders in the NAC group was conducted. In the latter comparison, the survival curves of the non-NAC group were used for reference. To confirm the consistency of the primary results, Cox's proportional hazards regression was also performed to estimate the hazard ratios (HRs) while adjusting for baseline covariants. Multivariate regression analysis was conducted with selected values according to the pretreatment

condition (primary site, primary tumor differentiation, age, sex, primary tumor depth, lymph node metastasis, number and size of liver metastasis, and lymph and venous vessel invasion in the primary lesion) and surgical strategy (simultaneous resection and preoperative chemotherapy). All statistical analyses were performed using JMP Pro, version 13.0.0 (SAS Institute, Inc.).

Results

Patient characteristics. Patient characteristics are shown in Table I. There was no difference in the site, histological type, tumor depth, and lymph node metastasis of the primary lesion between patients in the NAC group and those in the non-NAC group. There were more patients with H1 liver metastases in the non-NAC group (74%) than in the NAC group (34%). In the NAC group, preoperative chemotherapy was administered for 5.7 months, during which 50 patients (78%) received a single regimen and 54 patients (84%) received oxaliplatin. After evaluating the clinical response to chemotherapy in the NAC group, complete response, partial response, stable disease, and progressive disease were observed in 1 (2%), 42 (67%), 7 (11%), and 14 (21%) patients, respectively. Simultaneous resection of the primary lesion and liver metastasis was performed in 4 patients (6%) in the NAC group and 21 (50%) patients in the non-NAC group ($P=0.0001$). There were no differences between the two groups in terms of the type of procedure, histological margins, and administration of adjuvant chemotherapy. The duration of adjuvant chemotherapy was longer in the NAC group than in the non-NAC group ($P=0.02$), and irinotecan and bevacizumab were more commonly used in the NAC group ($P=0.002$).

Overall survival. The median follow-up period was 41 months (2.5-141.2 months). There were 1 and 2 patients lost to follow-up (because they moved away) in the NAC and non-NAC groups, respectively. The median survival and 5-year OS rates in the NAC and non-NAC groups were 86.0 and 71.6 months and 75.1 and 54.3%, respectively ($P=0.33$; Fig. 1).

Risk factors for poor prognosis. Univariate regression analysis identified lymph vessel invasion in the primary lesion [$P=0.002$; odds ratio (OR), 4.62; 95% CI, 1.61-19.4] and female sex ($P=0.03$; OR, 2.25; 95% CI, 1.06-4.91) as positively associated with poor prognosis, while NAC status was not associated with poor prognosis ($P=0.79$; OR, 0.93; 95% CI, 0.56-1.49).

Multivariate regression analysis showed that undifferentiated adenocarcinoma ($P=0.02$; OR, 3.84; 95% CI, 1.16-12.1), a primary tumor invasion to the serosa or adjacent structures ($P=0.01$; OR, 4.99; 95% CI, 1.39-19.9), and simultaneous resection ($P=0.009$; OR, 5.39; 95% CI, 1.50-20.3) were associated with a poor prognosis. Not receiving preoperative chemotherapy was not associated with a poor prognosis ($P=0.28$; Table II).

Analysis of OS, RFS, and SAR according to H subgroups. Since there were differences between the NAC and non-NAC groups with respect to liver metastasis (subgroup H), we stratified the patients into two groups, H1 and H2/H3, and analyzed the OS,

Table I. Patient characteristics.

Variables	Non-NAC (n=42)	NAC (n=64)	P-value
Age (years)	64.0 (61.1-66.9)	61.2 (58.9-63.5)	0.14
Sex			0.63
Male	19 (45%)	26 (41%)	
Female	23 (55%)	38 (59%)	
Tumor location (primary tumor)			0.74
Right	11 (26%)	15 (23%)	
Left	31 (74%)	49 (77%)	
Histology ^a			0.72
Differentiated adenocarcinoma	6 (14%)	9 (14%)	
Other	35 (83%)	53 (84%)	
Tumor invasion to serosa or adjacent structures (primary tumor) ^a			0.86
No	34 (81%)	46 (72%)	
Yes	8 (19%)	17 (27%)	
Lymph node metastasis ^a			0.61
Negative	4 (10%)	8 (13%)	
Positive	34 (81%)	49 (77%)	
Liver metastasis (pretreatment)			0.0003
H1	9 (21%)	22 (34%)	
H2	31 (74%)	30 (47%)	
H3	2 (5%)	12 (19%)	
Liver metastasis (solitary and <5 cm)			0.01
Yes	12 (29%)	6 (9%)	
No	30 (71%)	58 (91%)	
Lymph vessel invasion (primary tumor) ^a			0.42
Negative	12 (29%)	23 (36%)	
Positive	28 (67%)	38 (59%)	
Venous invasion (primary tumor) ^a			0.71
Negative	7 (17%)	9 (14%)	
Positive	33 (79%)	52 (81%)	
Primary resection			0.0001
Simultaneous	21 (50%)	4 (6%)	
Metachronous	21 (50%)	60 (94%)	
Clinical response ^b			-
CR	-	1 (2%)	
PR	-	42 (66%)	
SD	-	7 (11%)	
PD	-	14 (22%)	
Procedure			0.84
Partial	25 (60%)	35 (55%)	
Segmentectomy	9 (21%)	14 (22%)	
Lobectomy	8 (19%)	15 (23%)	
With ablation			0.34
Yes	3 (7%)	2 (3%)	
No	39 (93%)	62 (97%)	
Histological margin ^a (liver specimens)			0.56
Negative	33 (79%)	46 (72%)	
Positive	7 (17%)	16 (25%)	
Adjuvant chemotherapy			0.13
Yes	25 (60%)	47 (73%)	
No	17 (40%)	17 (27%)	

Table I. Continued.

Variables	Non-NAC (n=42)	NAC (n=64)	P-value
Waiting period (months)	0.9 (-2.7-4.6)	3.02 (0.21-5.84)	0.81
Duration (months)	7.54 (5.89-9.19)	5.11 (3.93-6.29)	0.02
Oxaliplatin		0.50	
Yes	13 (52%)	20 (43%)	
No	12 (48%)	27 (57%)	
5-FU only		0.19	
Yes	13 (52%)	17 (36%)	
No	12 (48%)	30 (64%)	
Irinotecan		0.002	
Yes	0	15 (32%)	
No	25 (100%)	32 (68%)	
Bevacizumab		0.04	
Yes	1 (4%)	11 (23%)	
No	24 (96%)	36 (77%)	
Re-hepatectomy after recurrence ^a		0.73	
Yes	11 (44%)	19 (43%)	
No	16 (64%)	25 (57%)	

NAC, neoadjuvant chemotherapy; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; FU, fluorouracil; H1, patients with fewer than 3 liver metastases with a maximum diameter <5 cm; H3, patients with more than 4 metastases with a maximum diameter >5 cm; H2, patients excluded from subgroups H1 and H3; ^avalue includes some missing data; ^bnot 100% because the data are rounded to integers.

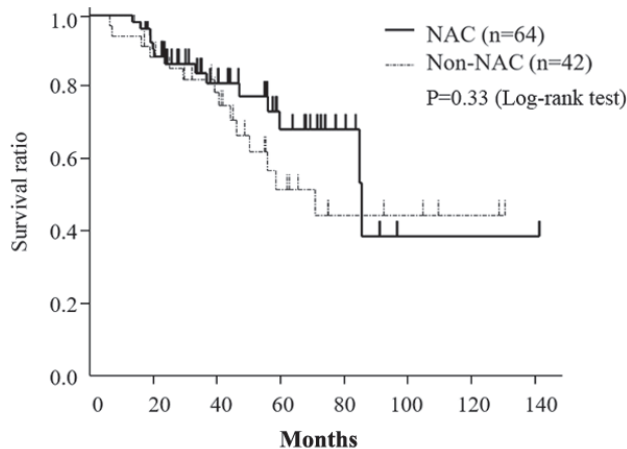


Figure 1. Association between preoperative chemotherapy status and overall survival Median survival and 5-year overall survival rates in the NAC and non-NAC groups were 86.0 and 71.6 months and 75.1 and 54.3%, respectively. NAC, neoadjuvant chemotherapy.

RFS, and SAR in each. There were no survival differences between the NAC and non-NAC groups between the H1 ($P=0.53$) and H2/H3 patients ($P=0.16$). Moreover, RFS and SAR in the NAC and non-NAC groups were not significantly different between the H1 ($P=0.36$, 0.45) and H2/H3 patients ($P=0.26$, 0.24 ; Fig. 2).

Prognosis of the patients who responded to preoperative chemotherapy. To assess the prognosis of responders ($n=43$) and non-responders ($n=21$), we compared their OS, RFS, and SAR.

Anti-epidermal growth factor receptor (EGFR) therapy was more commonly administered to the responders (25 patients, 58%) than the non-responders (10 patients, 47%). There was no difference in the characteristics of the primary lesion, type and timing of procedure, histological margins, and adjuvant chemotherapy between the two groups (Table III). The median OS was significantly longer in responders (85 months) than in non-responders (56 months). However, the median RFS in responders and non-responders was not significantly different at 16.4 and 10.7 months, respectively. In addition, the median SAR was significantly longer in responders (over 70 months) than in non-responders (24 months). OS, RFS, and SAR in the non-NAC group were 71.6, 17.2, and 44 months, respectively (Fig. 3). There was no difference in the characteristics of the first recurrence site and surgical intervention or chemotherapy administered after recurrence (Table III).

Discussion

We showed that preoperative chemotherapy in patients with CRC and synchronous liver metastasis did not prolong survival. Moreover, on the subgroup analysis of patients based on their response to chemotherapy, we notably demonstrated that even in responders it did not prolong RFS although it did prolong OS and SAR. This means that preoperative chemotherapy does not improve the curative potential of surgery but does improve the post-recurrence prognosis for responders. In other words, the response to the preoperative chemotherapy merely predicted the response to the chemotherapy after recurrence. Empirically, preoperative chemotherapy is often administered

Table II. Risk factors for shorter survival.

Risk factor	Multivariate analysis		
	HR	95% CI	P-value
Primary site			0.84
Left	1.00	-	
Right	0.89	0.29-2.54	
Differentiated adenocarcinoma			0.02
Yes	1.00	-	
No	3.84	1.16-12.1	
Age (years)			0.28
<50	1.00	-	
≥50	2.30	0.54-16.3	
Sex			0.63
Male	1.00	-	
Female	1.29	0.44-3.82	
Tumor invasion to serosa or adjacent structures (primary tumor)			0.01
No	1.00	-	
Yes	4.99	1.39-19.9	
Lymph node metastasis			0.96
Negative	1.00	-	
Positive	1.03	0.27-5.11	
Liver metastasis			0.07
H1	1.00	-	
H2	1.02	0.32-3.25	
H3	3.76	0.89-16.1	
Liver metastasis (solitary and <5 cm)			0.20
Yes	1.00	-	
No	2.82	0.58-21.0	
Lymph vessel invasion (primary tumor)			0.07
Negative	1.00	-	
Positive	3.11	0.89-14.8	
Venous invasion (primary tumor)			0.75
Negative	1.00	-	
Positive	1.25	0.33-6.28	
Simultaneous resection			0.009
No	1.00	-	
Yes	5.39	1.50-20.3	
NAC			0.28
No	1.00	-	
Yes	0.57	0.21-1.59	

HR, hazard ratio; CI, confidence interval; NAC, neoadjuvant chemotherapy; H1, patients with fewer than 3 liver metastases with a maximum diameter <5 cm; H3, patients with more than 4 metastases with a maximum diameter >5 cm; H2, patients excluded from subgroups H1 and H3.

to allow an observational period to determine whether new lesions will appear soon after the first treatment. However, on the basis of the findings of the current study, this approach is not logical because there were no differences in the time to relapse after the hepatectomy whether chemotherapy was administered before the hepatectomy or not. Therefore, surgery should be recommended for patients with CRC and synchronous

liver metastasis when the attending surgeon determines the tumor to be resectable. Additionally, when we compared the poor prognostic factors using a Cox regression analysis in the NAC or non-NAC groups independently, the hepatic factor after neoadjuvant chemotherapy along with the T factor in the primary site were independent prognostic factors in the NAC group (Table SI), whereas being female, the absence of

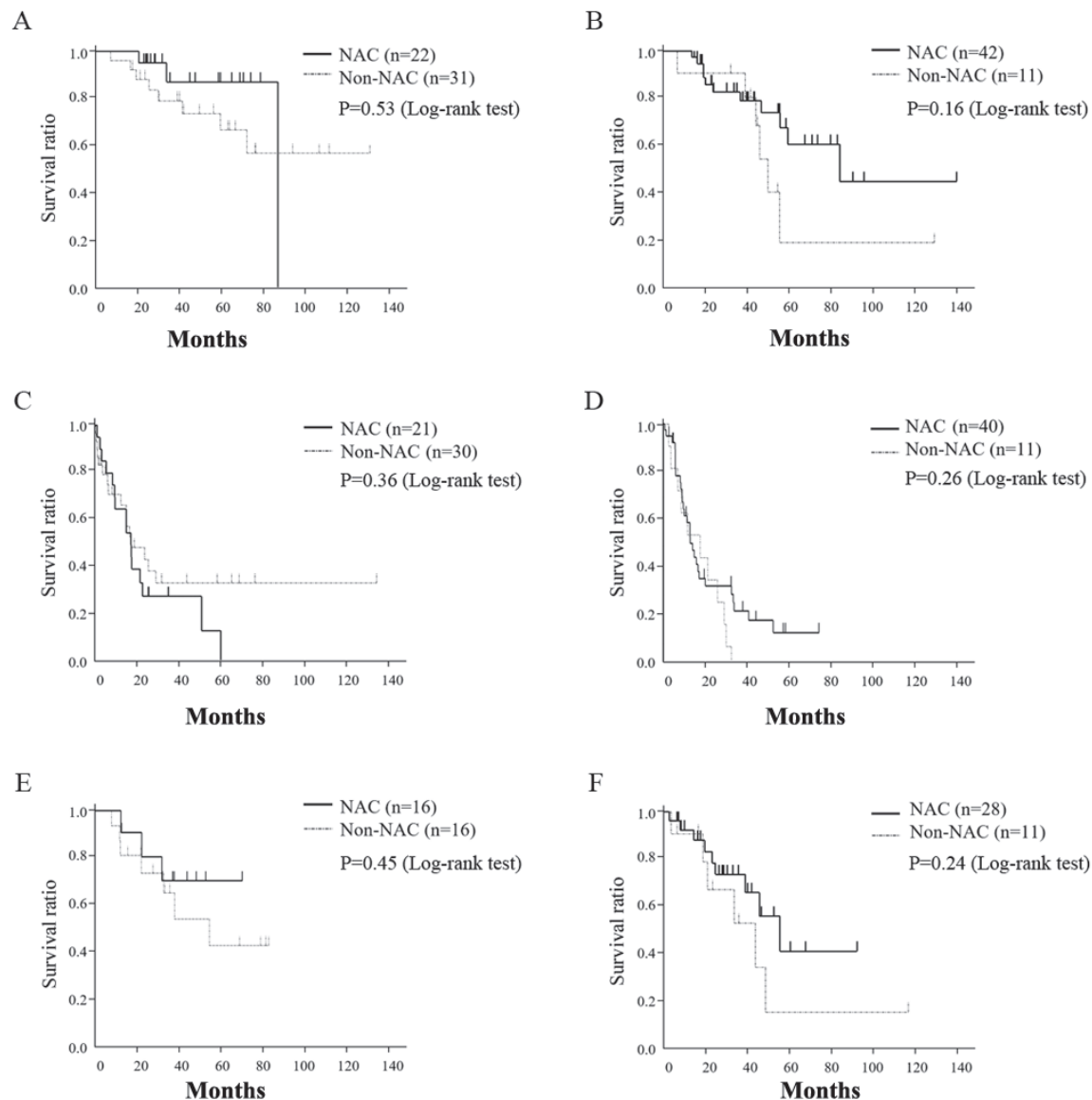


Figure 2. Association between preoperative chemotherapy status and overall, relapse-free and after recurrence survival (subgroup analysis). (A) OS in H1; (B) OS in H2, 3; (C) RFS in H1; (D) RFS in H2, 3; (E) SAR in H1; (F) SAR in H2 and H3. NAC, neoadjuvant chemotherapy; RFS, relapse-free survival; SAR, survival after recurrence; OS, overall survival; H1, patients with fewer than 3 liver metastases with a maximum diameter <5 cm; H3, patients with more than 4 metastases with a maximum diameter >5 cm; H2, patients excluded from subgroups H1 and H3.

adjuvant chemotherapy, and the lymph vessel invasions in the primary site were independent factors in the non-NAC group (Table SII). It is significant that the H factor after neoadjuvant therapy was one of the independent prognostic factors in the NAC group because it reflected the response to chemotherapy. In fact, 21 and 4% of the cases had down- and up-stages of the H factor, respectively. In that mean, in more cases, NAC improved the resectability. In marginal cases, resectability differs depending on the attending surgeon (15), and NAC may improve the opportunity for safe resections. However, in the present study, NAC did not improve recurrent free survival even in the responders, although it improved the survival time by prolonging survival after recurrence. Therefore, waiting periods in considering recurrence after resection might not be needed in easily resectable cases. It is not beneficial to introduce watching and neoadjuvant chemotherapy in cases in which the hepatic metastasis can be safely resected. Therefore,

we suggested that NAC should not be routinely offered to patients with resectable liver metastasis before hepatectomy.

The present's study findings are in accordance with those of the European Organisation for Research and Treatment of Cancer Intergroup trial 40983, a large, European randomized controlled trial in which preoperative folinic acid-fluorouracil-oxaliplatin (FOLFOX) therapy was not found to be beneficial (16,17). However, it is possible that some biases may have detracted from the prognostic analyses in the present study. The patients in the NAC group had more advanced hepatic metastatic stages before the treatment, and there were more solitary tumors ≤ 5 cm in the patients in the non-NAC group. It has been reported that such patients who undergo metastasectomy have a better prognosis without the need for chemotherapy (18). More patients in the non-NAC group underwent simultaneous resection of the primary and metastatic tumors, possibly because of easier resectability.

Table III. Differences in patient characteristics between responders and non-responders to chemotherapy.

Patient characteristic	Non-responders (n=21)	Responders (n=43)	P-value
Age (years)	62.0 (58.3-65.7)	60.8 (58.3-63.4)	0.60
Sex			0.18
Male	11 (52%)	15 (35%)	
Female	10 (48%)	28 (65%)	
Tumor location			0.05
Right	8 (38%)	7 (16%)	
Left	13 (62%)	36 (84%)	
Histology ^a			0.25
Differentiated	5 (24%)	4 (9%)	
Other	16 (76%)	37 (86%)	
Tumor invasion to serosa or adjacent structures (primary tumor) ^a			0.12
No	11 (52%)	34 (79%)	
Yes	10 (48%)	7 (16%)	
Lymph node metastasis ^a			0.90
Negative	3 (14%)	5 (12%)	
Positive	17 (81%)	32 (74%)	
Liver metastasis (pretreatment)			0.22
H1	8 (38%)	14 (33%)	
H2	7 (33%)	23 (53%)	
H3	6 (29%)	6 (14%)	
Lymph vessel invasion (primary tumor) ^a			0.47
Negative	6 (29%)	17 (40%)	
Positive	14 (67%)	24 (56%)	
Venous invasion (primary tumor) ^a			0.53
Negative	2 (10%)	7 (16%)	
Positive	18 (86%)	34 (79%)	
Primary resection			0.44
Simultaneous	19 (90%)	41 (95%)	
Metachronous	2 (10%)	2 (5%)	
Neoadjuvant period (months)	5.35 (3.44-7.25)	5.03 (3.97-6.10)	0.77
Regimen number			0.58
1	14 (67%)	36 (84%)	
2	6 (29%)	4 (9%)	
3	1 (5%)	3 (7%)	
Oxaliplatin			0.83
Yes	18 (86%)	36 (84%)	
No	3 (14%)	7 (16%)	
5-FU only			0.97
Yes	2 (10%)	4 (9%)	
No	19 (90%)	39 (91%)	
Irinotecan			0.40
Yes	8 (38%)	12 (28%)	
No	13 (62%)	31 (72%)	
Bevacizumab			0.42
Yes	10 (48%)	25 (58%)	
No	11 (52%)	18 (42%)	
Cetuximab/Panitumumab			0.02
Yes	3 (14%)	18 (42%)	
No	18 (86%)	25 (58%)	
New lesion after NAC (extra hepatic)	3 (14%)	0	0.01

Table III. Continued.

Patient characteristic	Non-responders (n=21)	Responders (n=43)	P-value
Procedure			0.44
Partial resection	9 (43%)	26 (60%)	
Segmentectomy	5 (24%)	9 (21%)	
Lobectomy	7 (33%)	8 (19%)	
With ablation			0.59
Yes	1 (5%)	1 (2%)	
No	20 (95%)	42 (98%)	
Histological margin ^a (liver specimens)			0.05
Negative	11 (52%)	35 (81%)	
Positive	9 (43%)	7 (16%)	
Hepatic recurrence			0.94
Yes	11 (73%)	21 (72%)	
No	4 (27%)	8 (28%)	
Pulmonary recurrence			0.69
Yes	5 (33%)	8 (28%)	
No	10 (67%)	21 (72%)	
Peritoneal recurrence			0.46
Yes	0	1 (3%)	
No	15 (100%)	28 (97%)	
Re-hepatectomy after recurrence			0.34
Yes	5 (33%)	14 (48%)	
No	10 (67%)	15 (52%)	
Pulmonary resection after recurrence			0.76
Yes	2 (13%)	3 (10%)	
No	13 (87%)	26 (90%)	

FU, fluorouracil; NAC, neoadjuvant chemotherapy; H1, patients with fewer than 3 liver metastases with a maximum diameter <5 cm; H3, patients with more than 4 metastases with a maximum diameter >5 cm; H2, patients excluded from subgroups H1 and H3. ^aValue includes some missing data.

Nevertheless, previous studies have shown no difference in recurrence and survival between patients undergoing simultaneous and metachronous liver resection (19,20). In an attempt to adjust for these biases, we assessed the risk factors for a poor prognosis. Multivariate regression analysis of the pretreatment condition and surgical strategy also revealed that preoperative chemotherapy did not prolong OS. Moreover, there were no prognostic differences between the H1 and H2/H3 subgroups of the NAC and non-NAC groups. Unfortunately, we lacked the efficient appropriate data about on the RAS and B-RAF mutations. However, regarding the K-RAS exon 2, we had the data on 17 cases in the non-NAC group and 55 cases in the NAC group. In these 72 cases, the overall survival between the K-RAS wild-type genes and mutations showed no differences (Fig. S1). The Cox regression also showed that both the NAC and K-RAS mutations were not prognostic factors regarding the overall survival (Table SIII).

Regarding the association between the clinical response and PFS, Yoshita *et al* reported a positive correlation between the clinical response to preoperative chemotherapy and prolonged PFS (21), in contrast to our report, using RECIST

and computed tomography morphologic criteria (22,23). In their report, the median PFS was 4.6 months longer in responders than in non-responders. However, almost all patients in both groups ultimately developed recurrence within 30 months (21). Thus, preoperative chemotherapy delayed recurrence slightly in responders but did not improve the recurrence rate. Therefore, we still recommend surgery as the initial treatment in patients with CRC and resectable liver metastasis. We additionally analyzed the prognostic impact of adjuvant and neoadjuvant usage of bevacizumab and cetuximab/panitumumab, respectively. None of the neoadjuvant or adjuvant usages of anti-tumoral medicines influenced PFS. Instead, T, N, and lymph vessel invasion in the primary site along with historically positive margins had poor prognosis in terms of recurrence (Table SIV). However, the number cases of each usage of the agent was limited. Therefore, further investigations with more cases are needed.

In addition to the small sample size and retrospective design, the greatest limitation of this study is that the preoperative chemotherapy regimens were not standardized, although the majority contained oxaliplatin. There is no established regimen

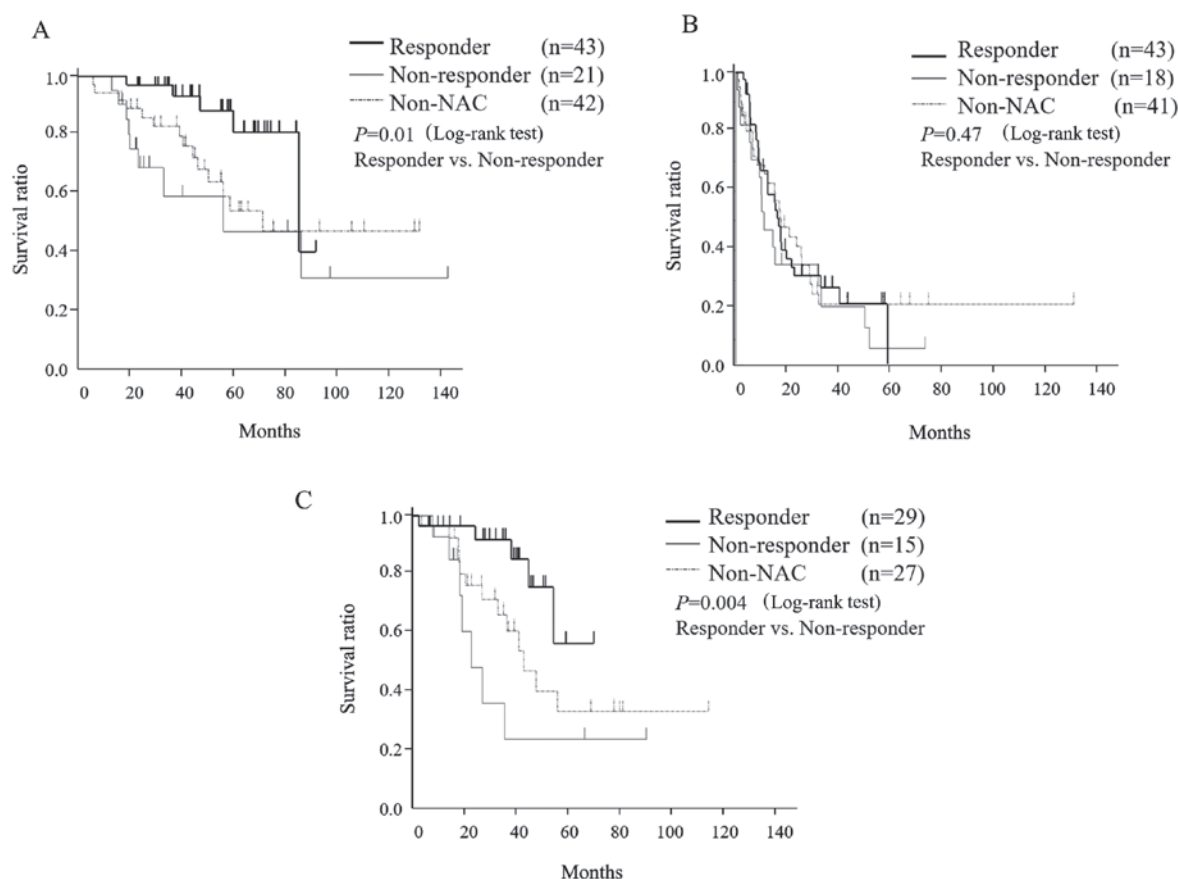


Figure 3. Association between response to preoperative chemotherapy and (A) OS, (B) RFS and (C) SAR. OS, overall survival; RFS, relapse-free survival; SAR, survival after recurrence.

in the adjuvant or neoadjuvant setting for resectable CRC liver metastasis (7,12,18). However, for conversion therapy of unresectable metastasis, both oxaliplatin and irinotecan with anti-vascular endothelial growth factor receptor or anti-EGFR antibodies have been reported to be effective in decreasing the size or number of metastatic tumors (8,9). If the aim is to improve tumor resectability of marginally resectable tumors, administering preoperative chemotherapy and selecting the regimen according to the concept of conversion therapy can be a rational approach. Tumor response reaches a plateau within eight weeks of chemotherapy (9,24), and six cycles or more of FOLFOX increase postoperative morbidity due to sinusoidal injury (25). Therefore, four to six cycles of preoperative chemotherapy are suitable for downsizing marginally unresectable tumors to enable safe resection. Although this study provides significant and clinically relevant findings regarding the implications of preoperative chemotherapy, prospective studies with standardized patient characteristics and chemotherapy regimens are needed to validate our results.

In conclusion, we found that preoperative chemotherapy in patients with CRC and synchronous liver metastasis did not prolong survival or improve surgical curability. Preoperative chemotherapy is a useful predictor, as response to the chemotherapy before the surgery reflects the response to the chemotherapy after the recurrence. However, preoperative chemotherapy did not prevent recurrence, even in responders. Therefore, hepatectomy in patients with CRC and synchronous

liver metastasis should be recommended if the tumor is determined to be resectable, and preoperative chemotherapy should not be routinely offered to patients with resectable liver metastasis before their hepatectomy.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors' contributions

NI, TK, HY, SH, YM, TS, YT, KK, HI, TY and AT substantially contributed to the conception and design; acquisition, analysis, and interpretation of data; drafting of the article or revising it critically for important intellectual content. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The Ethics Committees of Hokkaido University Hospital and all participating hospitals approved this study as an exempt human subject research (no. 017-0399) and informed consent was obtained from all patients by the opt-out method, in accordance with the guidelines of the Japanese Ministry of Health, Labor and Welfare (Tokyo, Japan).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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