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1 **Title**

2 **FOXO1 promotes endothelial cell elongation and angiogenesis by up-regulating the phosphorylation of**  
3 **myosin light chain 2**

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26 **Abstract**

27 The forkhead box O1 (FOXO1) is an important transcription factor related to proliferation, metabolism, and  
28 homeostasis, while the major phenotype of FOXO1-null mice is abnormal vascular morphology, such as vessel  
29 enlargement and dilation. In *in vitro* mouse embryonic stem cell (ESC)-differentiation system, *Foxo1*<sup>-/-</sup> vascular  
30 endothelial cells (ECs) fail to elongate, and mimic the abnormalities of FOXO1-deficiency *in vivo*. Here, we  
31 identified the *PPP1R14C* gene as the FOXO1 target genes responsible for elongating using transcriptome  
32 analyses in ESC-derived ECs (ESC-ECs), and found that the FOXO1-PPP1R14C-myosin light chain 2 (MLC2)  
33 axis is required for EC elongation during angiogenesis. MLC2 is phosphorylated by MLC kinase (MLCK) and  
34 dephosphorylated by MLC phosphatase (MLCP). PPP1R14C is an inhibitor of PP1, the catalytic subunit of  
35 MLCP. The abnormal morphology of *Foxo1*<sup>-/-</sup> ESC-ECs was associated with low level of PPP1R14C and loss of  
36 MLC2 phosphorylation, which were reversed by PPP1R14C-introduction. Knockdown of either FOXO1 or  
37 PPP1R14C suppressed vascular cord formation and reduced MLC2 phosphorylation in human ECs (HUVECs).  
38 The mouse and human PPP1R14C locus possesses an enhancer element containing conserved FOXO1-binding  
39 motifs. *In vivo* chemical inhibition of MLC2 phosphorylation caused dilated vascular structures in mouse  
40 embryos. Furthermore, *foxo1* or *ppp1r14c*-knockdown zebrafish exhibited vascular malformations, which were  
41 also restored by PPP1R14C-introduction. Mechanistically, FOXO1 suppressed MLCP activity by up-regulating  
42 *PPP1R14C* expression, thereby promoting MLC2 phosphorylation and EC elongation, which are necessary for  
43 vascular development. Given the importance of MLC2 phosphorylation in cell morphogenesis, this study may  
44 provide novel insights into the role of FOXO1 in control of angiogenesis.

45

46

47 **Keywords:** Angiogenesis, endothelial cells, elongation, FOXO1, MLC, PPP1R14C

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49

50 **Introduction**

51 Forkhead box O1 (FOXO1, also known as FKHR) is a pleiotropic transcription factor that is involved in diverse  
52 cellular processes, including cell proliferation, metabolism, and homeostasis (for reviews, see [1][2]). FOXO1 has  
53 also been implicated in various pathological conditions, including retinopathy, diabetes, atherosclerosis, and  
54 cancer [3] [4] (for reviews, see [5] [6]). Angiogenesis has been identified as the cause of or an aggravating factor  
55 in these diseases. However, the role of FOXO1 in angiogenesis has not yet been elucidated in detail.

56

57 *Foxo1*-deficient mouse lines exhibited embryonic lethality due to severe defects in vascular morphology, such as  
58 enlarged yolk sac vessels, dilated capillary beds in the head, and hypoplasia of the dorsal aorta [7] [8]. Vascular  
59 endothelial cell (EC)-specific deletion of *Foxo1* recapitulated the phenotype of *Foxo1*-null mice [9] [10]. Systemic  
60 and EC-specific *Foxo1*-deficient embryos possessed intact differentiated ECs, suggesting generally normal growth  
61 and differentiation of ECs, but exhibited defective angiogenic remodeling. Therefore, FOXO1 may play an  
62 essential role in the morphological regulation of ECs, which may not be predicted from its known functions, such  
63 as cell proliferation and metabolism.

64

65 The role of FOXO1 in angiogenesis has been examined using cultured ECs. The knockdown of *FOXO1* in human

66 umbilical vein ECs (HUVECs) enhanced EC migration, and increased tube lengths in a matrigel culture [11].  
67 FOXO1 was also found to suppress c-MYC signaling, which a critical regulator of cell proliferation and  
68 metabolism [12]. These findings suggested the anti-angiogenic functions of FOXO1. In contrast, other studies  
69 reported a pro-angiogenic role for FOXO1. *FOXO1*-knockdown in HUVECs induced G1 cell-cycle arrest, and  
70 inhibited migration and proliferation [10], and caused loss of cell polarity in the directional migration [3].  
71 Unfortunately, none of these *FOXO1*-knockdown HUVECs mimicked the dilated vascular structure of *Foxo1*-null  
72 mice [11] [3] [9] [10]. Therefore, the function of FOXO1 in angiogenesis has remained controversial and elusive.  
73 FOXO1 exerts its functions in an environmental condition-dependent manner [13] (for a review, see [14]). It is  
74 necessary to use an *in vitro* model that recapitulates the *in vivo* critical phenotypes of ECs.

75

76 Mouse embryonic stem cells (ESCs) differentiate into ECs by passing through the mesodermal stage [15]. ESC-  
77 derived ECs (ESC-ECs) exhibit a flagstone-like morphology in the co-culture system with OP9 stromal cells.  
78 When stimulated with vascular endothelial growth factor (VEGF), a strong angiogenesis inducer, ESC-EC  
79 morphology shifts from flagstone to elongated in co-culture system, and furthermore generated a vessel-like  
80 structure with thin and long endothelial sprouts in 3D spheroid culture [16]. We previously reported that *Foxo1*<sup>-/-</sup>  
81 ESC-ECs failed to take the normal elongated morphology in the co-culture system [7][17], and generated an  
82 abnormal vessel-like structure with thick and short endothelial sprouts in 3D spheroid culture [18] [19] [20] [21].  
83 Namely *Foxo1*<sup>-/-</sup> ESC-ECs mimicked the phenotype of the dilated vessels in *in vivo* deficiency of *Foxo1*. Therefore,  
84 ESC differentiation systems provide a promising model for EC morphology during angiogenesis.

85

86 The interaction of actin cytoskeleton and myosin motor proteins has been reported not only in muscle contraction,  
87 but also in a number of non-muscle cell events, including cell migration, adhesion, polarization, and division (for  
88 reviews, see [22] [23]). Myosin II is a hexameric protein consisting of two myosin heavy chains and two pairs of  
89 essential myosin light chains (MLC1, also known as ELC) and regulatory myosin light chains (MLC2, also known  
90 as RLC). Myosin II changes its structure and slides along actin filaments in an ATP-dependent manner, thereby  
91 generating tension. This process is also regulated by the phosphorylation of MLC2, which is induced by myosin  
92 light chain kinase (MLCK) in a calcium/calmodulin-dependent manner [24] (for a review, see [25]). The actin-  
93 myosin interaction plays a vital role in endothelial barrier function, vascular permeability, and angiogenesis [26]  
94 [27] [28] [29] (for a review, see [30]). We previously reported that the abnormal morphology of *Foxo1*<sup>-/-</sup> ESC-ECs  
95 was associated with the disordered distribution of the actin cytoskeleton [18] [19] [20].

96

97 In the present study, we investigated the role of FOXO1 in angiogenesis, and the molecular mechanisms in EC  
98 morphogenesis using an *in vitro* angiogenesis model of mouse ESC-ECs and human ECs and *in vivo* vascular  
99 analysis of mouse and zebrafish embryos. We identified the protein phosphatase 1, regulatory inhibitor subunit  
100 14C (*Ppp1r14c*, also known as *Kepi*) gene as a downstream target of FOXO1, and found that the FOXO1-  
101 PPP1R14C-MLC2 axis was required for EC elongation during angiogenesis.

102

103

104 **Materials and Methods**

105

## 106 **Cells**

107 The *Foxo1*<sup>-/-</sup> mouse ESC line and parental *Foxo1*<sup>+/+</sup> ESC line were described previously [7]. The EGFP-F/*Foxo1*<sup>-/-</sup> ESC line [19] is a subclone of the *Foxo1*<sup>-/-</sup> ESC line that constitutively expresses a farnesylated enhanced green  
108 fluorescent protein (EGFP). The F10-EGFP ESC line [19] [31] is a subclone of the wild-type KTPU8 ESC line  
109 [32] that expresses EGFP under the control of the EC-specific F10-44 enhancer of the *Mef2c* gene [33]. OP9  
110 stromal cells [34] were used as feeder cells for ESC differentiation. The ESC lines and OP9 cells were maintained  
111 as previously reported [18]. The UV2 (RCB1994, RIKEN BRC, Tsukuba, Japan) and bEnd.3 (CRL-2299, ATCC,  
112 Manassas, VA, USA) mouse EC lines were cultured in Dulbecco's modified minimum essential medium (Wako  
113 Pure Chemical Industries, Osaka, Japan) supplemented with 10% fetal bovine serum (FBS). HUVECs (C2519A,  
114 Lonza, MD USA) were cultured on gelatin-coated plates using the Endothelial Cell Growth Medium Kit (C-22110,  
115 Takara Bio Inc., Shiga, Japan) and used in experiments between passage numbers three and seven.  
116

117

## 118 **Animals**

119 Experiments using animals were approved by the Animal Care and Use Committee of Kumamoto University (No.  
120 A27-001) and the Committee on Animal Experimentation of Hokkaido University (No. 21-0078), and were  
121 conducted according to institutional guidelines consistent with the Guidelines for Proper Conduct of Animal  
122 Experiments (Science Council of Japan, June 1, 2006) and the Law for the Humane Treatment and Management  
123 of Animals (Law No. 105, 1973) in Japan. Pregnant ICR mice were provided by Kyudo Co., Ltd. (Saga, Japan)  
124 and Japan SLC (Shizuoka, Japan). Mice were euthanized by cervical dislocation according to the guidelines for  
125 the euthanasia of animals of the American Veterinary Medical Association (AVMA, <https://www.avma.org/>).  
126 Transgenic zebrafish *Tg(fli1a:Myr-mCherry)*<sup>ncv1</sup> [35] were obtained from the National Bioresource Project. Adult  
127 zebrafish were maintained at 28°C with a 14-h light:10-h dark cycle. Fertilized zebrafish eggs were obtained by  
128 breeding, cultured in the breeding water, E3 solution (5 mM NaCl, 0.17 mM KCl, 0.33 mM CaCl<sub>2</sub>, and 0.33 mM  
129 MgSO<sub>4</sub>, pH7.4), and maintained at 28°C [36] (for a book, see [37]).  
130

130

## 131 **Antibodies and chemical inhibitors**

132 An anti-mouse VE-cadherin rat monoclonal antibody (mAb) (VECD1) [38] and anti-mouse Flk1 rat mAb  
133 (Avas12) [39] were purified and fluorescently labeled as previously reported [20]. A phycoerythrin-conjugated  
134 anti-mouse CD31 rat mAb (102408, Biolegend, San Diego, CA, USA), anti-phospho-MLC2 (Ser19) mouse mAb  
135 (3675, Cell Signaling, Beverly, MA, USA), Alexa Fluor 488-conjugated phalloidin (A12379, Invitrogen, Carlsbad,  
136 CA, USA), FITC-conjugated isolectin B4 (IB4) (L2895, Sigma-Aldrich), and anti-Type IV collagen rabbit  
137 polyclonal antibody (pAb) (2150-1470, AbD Serotec, Oxford, UK) were commercially obtained. Tautomycetin  
138 (2305, Tocris Bioscience, Ellisville, MS, USA), ML7 hydrochloride (ML7) (4310, R&D System, Inc.,  
139 Minneapolis, MN, USA), and Okadaic acid (O7885, Sigma-Aldrich) were commercially obtained.  
140

140

## 141 **DNA microarray data analysis**

142 Our previous DNA microarray data (NCBI GEO accession No. GSE76366) [19] were analyzed to detect the genes  
143 responsible for VEGF-A165-induced FOXO1-dependent EC elongation. The online tool GEO2R  
144 (<https://www.ncbi.nlm.nih.gov/geo/geo2r/>) extracted differentially expressed genes (DEGs) by comparing the four  
145 groups of ECs derived from *Foxo1*<sup>+/+</sup> and *Foxo1*<sup>-/-</sup> ESCs in the absence or presence of a stimulation with 10 ng/ml

146 VEGF-A165. DEGs were sorted using a criterion based on a log<sub>2</sub> fold-change (LogFC) <-0.6. A gene ontology  
147 (GO) enrichment analysis of these DEGs was performed by the functional annotation tool DAVID  
148 (<https://david.ncifcrf.gov/summary.jsp>), using gene counts >20 and a *P*-value <0.001 as thresholds.

149

### 150 **ESC differentiation and FACS**

151 ESCs were cultured on an OP9 cell layer in alpha-MEM (Invitrogen) supplemented with 10% FBS and 50 μM 2-  
152 mercaptoethanol (induction medium). After 3.5–4.5 days or 6–7 days of culture, Flk1<sup>+</sup> mesodermal cells or VE-  
153 cadherin<sup>+</sup> CD31<sup>+</sup> ECs, respectively, were purified using a Special Order FACSaria II cell sorter (BD Bioscience,  
154 San Jose, CA, USA) as previously reported [18] [20].

155

### 156 **Quantitative real-time PCR and conventional PCR**

157 Total RNA was extracted using a RNeasy Plus Mini Kit (Qiagen, Hilden, Germany) or QIAzol lysis reagent  
158 (Qiagen) and reverse-transcribed using the Omniscript Reverse Transcription kit (Qiagen) in a mixture consisting  
159 of oligo (dT) primers and random primers. Quantitative real-time PCR was performed using the TaqMan Universal  
160 PCR Master Mix (Applied Biosystems, Foster city, CA, USA) for the Applied Biosystems 7300 real-time PCR  
161 system (Applied Biosystems) or QuantiTect SYBR Green PCR kit (Qiagen) for the StepOne real-time PCR system  
162 (Applied Biosystems). Conventional PCR to detect gene expression was performed using a Taq PCR Core Kit  
163 (Qiagen) and standard thermal cycler (ASTEC PC707, Japan). PCR products were separated on 1.5% agarose gels  
164 and visualized with the SYBR Gold Nucleic Acid Gel Stain (Thermo Fisher Scientific) under a UV  
165 transilluminator (Red Imaging System, Alpha Innotech, San Diego, CA, USA). The primers used for PCR are  
166 described below.

167

### 168 **Primers for quantitative real-time PCR**

169 The following primers and/or probes were used: mouse *Foxo1* forward (fwd) 5'-  
170 CTACGAGTGGATGGTGAAGAGC-3', reverse (rev) 5'-GGACAGATTGTGGCGAATTGAA-3' and probe 5'-  
171 CCGAGCTGTTGCTGTGCGCCCTTATCC-3'; mouse *Ppp1r14c* fwd 5'-  
172 GAAATTACAGGAAGCTCTCGTAGA-3', rev 5'-CTCTTCTTCTGCGGAGGGC-3' and probe 5'-  
173 CTTCTCATGCCTTATCCGGGAGAGC-3'; mouse b2 microglobulin (*B2m*) fwd 5'-  
174 GGTCTTTCTGGTGCTTGTCTCA-3', rev 5'-GTTCGGCTTCCCATCTCCG-3' and probe 5'-  
175 ACCGGCCTGTATGCTATCCAGAAAACCC-3'; human *FOXO1* fwd 5'-GCTTCCCACACAGTGTCAAG-3'  
176 and rev 5'-TGCTTCTCTCAGTTCCTGCT-3'; human *PPP1R14C* fwd 5'-TCTTGATGCAGACAGTGATGAA-  
177 3' and rev 5'-GCCTCTTATCCGAGAAAGCA-3'; human *FOXO3* fwd 5'-AGTCTCCCATGCAGACCATC-3'  
178 and rev 5'-AGAGTCCGAAGTGAGCAGGTC-3'; human *RHOA* fwd 5'-CAGAAAAGTGGACCCAGAA-3'  
179 and rev 5'-TGCCTTCTCAGGTTTACC-3'; human *ACTB* fwd 5'-AGAGCTACGAGCTGCCTGAC-3' and rev  
180 5'-AGCACTGTGTTGGCGTACAG-3'; zebrafish *ppp1r14c* fwd 5'-ACAGTGAAGACGAGAGAGCC-3' and rev  
181 5'-TTCCTCTTATCCTGCGGAGC-3'; zebrafish *actb1* fwd 5'-CCCTGAATCCCAAAGCCAAC-3' and rev 5'-  
182 TACAGAGAGAGCACAGCCTG-3'; mouse *Foxo1* fwd 5'-AAGAGCGTGCCCTACTTCAA-3' and rev 5'-  
183 TGCTGTGAAGGGACAGATTG-3' (Supplementary Fig. 6a); human *PPP1R14C* fwd 5'-  
184 ACGGGTTTTCTTCAAAGC-3' and rev 5'-CTGCTGTTGCTGCTGAACCT-3' (Supplementary Fig. 6b).

185

186 **Primers for conventional PCR**

187 The following primers were used: mouse *Foxo1* fwd 5'-AAGAGCGTGCCCTACTTCAA-3' and rev 5'-  
188 CCTGCTCTGTCATGATGGGA-3'; mouse *Ppp1r14c* fwd 5'-GTCTTCTTCCAGAGTCCCCG-3' and rev 5'-  
189 GCAGTCTACGAGAGCTTCCT-3'; mouse *Ppp1ca* fwd 5'-CAGCTCCCAACTACTGTGGA-3' and rev 5'-  
190 CTGAACTGCCATACTTGCC-3'; mouse *Ppp1cb* fwd 5'-GTGTGCTAGCATCAATCGCA-3' and rev 5'-  
191 TCCATAGATTGTAGGTCTGGTGA-3'; mouse *Ppp1cc* fwd 5'-CTCGGGGACTATGTGGACAG-3' and rev  
192 5'-TGTGAACGTTTTCCACAGCT-3'; mouse *Mylk* fwd 5'-CCCCAAGACACCCACAAAAG-3' and rev 5'-  
193 CCACTTTCCAAACAGCTCC-3'; mouse *B2m* fwd 5'-CTGACCGGCCTGTATGCTAT-3' and rev 5'-  
194 CCGTTCTTCAGCATTGGAT-3'; zebrafish *foxo1a* fwd 5'-CTCCATGGACAACAACAGCA-3' and rev 5'-  
195 ATTGCTGTGGGAGTTCGGA-3'; zebrafish *foxo1b* fwd 5'-AGCAAGTTCACAAAGAGCCG-3' and rev 5'-  
196 GGCCTTCCTGTAGTCCTGT-3'; zebrafish *ppp1r14c* fwd 5'-ACAGTGAAGACGAGAGAGCC-3' and rev  
197 5'-TTCCTCTTATCCTGCCGAGC-3'; zebrafish *ppp1caa* fwd 5'-GCTCCTAACTACTGTGGCGA-3' and rev  
198 5'-TCCTCTCCACCGTAGTACA-3'; zebrafish *ppp1cab* fwd 5'-AGAGGCAGTTAGTCACGCTT-3' and rev  
199 5'-CGCCATATGACAGCACCTTC-3'; zebrafish *ppp1cb* fwd 5'-TGGGGAGAGAATGATCGTGG-3' and rev  
200 5'-AATTCACCCCGCTGTACTGA -3'; zebrafish *ppp1cc* fwd 5'-CCTGCACAAACATGACCTGG-3' and rev  
201 5'-TGGAAAGAGCACATGAGGGT-3'; zebrafish *mylka* fwd 5'-CTTCTACCCCGACCACAGAG-3' and rev  
202 5'-AGAATCACCTCCTGACCTGC-3'; zebrafish *mylkb* fwd 5'-CAGCTTCGCCTCTGTTCATTC-3' and rev 5'-  
203 GCCGTCCTCCTCATAGTCAA-3'; zebrafish *actb1* fwd 5'-CCCTGAATCCCAAAGCCAAC-3' and rev 5'-  
204 TACAGAGAGAGCACAGCCTG-3'.

205

206 **Plasmid construction and transfection**

207 The pCAGIPuro vector, carrying a CAG promoter, an IRES, and the puromycin-resistant gene [40] was used for  
208 the forced expression of the following cDNAs: mouse *Foxo1* (GenBank accession NM\_019739.3: 466-2424) and  
209 human *PPP1R14C* (GenBank accession NM\_030949.3: 150-647), and the catalytically inactive mutants of human  
210 *PPI $\alpha$* , *PPI $\beta/\delta$*  and *PPI $\gamma$* , which have a single amino acid substitution in their catalytic domains (gifts from Dr. Y.  
211 Ikeda [41]). Expression vectors were transfected into ESCs using Xfect mESC Transfection Reagent (Clontech,  
212 Palo Alto, USA). After 1 or 2 days of transfection, cells were treated with 0.4  $\mu$ g/ml puromycin and continuously  
213 cultured for more than one week. Puromycin-resistant cells were used for the induction of ESC differentiation.  
214 FOXO1 with reduced DNA binding activity [FOXO1 (HR)] [42] was generated by single amino acid substitution  
215 from histidine 212 in mouse FOXO1 to arginine by KOD FX (Toyobo, Osaka, Japan) using the following partially  
216 overlapping primers (lowercase letters represent the mutation): *Foxo1*(HR), fwd 5'-  
217 ATTCGCCgCAATCTGTCCCTTCACAG-3' and rev 5'-CAGATTGcGGCGAATTGAATTCTTCC-3'.

218

219 **Formation of EC colonies on the OP9 cell layer**

220 VE-cadherin<sup>+</sup> CD31<sup>+</sup> ECs derived from F10-EGFP ESCs or EGFP-F/*Foxo1*<sup>-/-</sup> ESCs were FACS-purified and  
221 seeded on OP9 cell layers pre-formed in glass-bottomed dishes. Cells were cultured in induction medium  
222 supplemented with 10 ng/ml recombinant mouse VEGF-A165 (450-32, PeproTech, Rocky Hill, NJ, USA). After  
223 4 or 5 days of culture, confocal images of living cells were acquired using an FV1000D confocal laser scanning  
224 microscope (Olympus, Tokyo, Japan). Contrast and brightness were equally adjusted over the original images  
225 using ImageJ software version 1.53q (National Institutes of Health, Bethesda, MD, USA). The shape of EC

226 colonies was classified into two types, i.e., sheet-like and cord-like. The sheet-like colony is a flat flagstone-like  
227 structure composed of polygonal-shaped ECs. The cord-like colony is a vessel-like structure composed of thin  
228 elongated ECs. The two types of EC colonies were manually counted under a fluorescent microscope and presented  
229 as a percentage of total EC colonies.

230

### 231 **Formation of vessel-like structures in 3D spheroid culture**

232 The formation of vessel-like structures in 3D spheroid culture was performed as previously reported [16] [18] [20].  
233 In brief, ESC-derived Flk1<sup>+</sup> mesodermal cells were FACS-purified and aggregated. Cell aggregates were  
234 embedded in a type I collagen gel (Nitta Gelatin, Osaka, Japan) and cultured on a plastic disc (Cell Desk L,  
235 Sumitomo Bakelite) in induction medium containing 10 ng/ml VEGF-A165. After 4 or 5 days of culture, collagen  
236 gels were flattened by removing medium using filter paper and subjected to immunofluorescence staining [17]  
237 [18]. Confocal images were acquired using an FV1000D confocal laser scanning microscope. Contrast and  
238 brightness were equally adjusted over the original images using ImageJ software. The area of fluorescence staining  
239 was measured using ImageJ software. The extent of phosphorylated MLC2 (pMLC2) staining was assessed from  
240 the ratio of the total area of pMLC2 to the total area of actin, the ratio of the area of the merged region of pMLC2  
241 and actin to the total area of actin, and the ratio of the total area of pMLC2 to the total area of ECs. The area of  
242 VE-cadherin<sup>+</sup> ECs was measured by manual tracing.

243

### 244 **Targeted gene knockdown by siRNAs and co-transfection with plasmid DNA**

245 The targeted knockdown of *FOXO1* or *PPP1R14C* genes was performed in HUVECs using siRNAs. *FOXO1*  
246 siRNA against the target sequence, 5'-CCGAAAACATGGAAAATCTTT-3', and *PPP1R14C* siRNA against the  
247 target sequence, 5'- ATGAAGAGAGAGCTTCAAATTA-4', were designed using the siRNA online design site  
248 siDirect version 2.0 (<http://sidirect2.rnai.jp/>), and synthesized by Hokkaido System Science Co., Ltd. (Hokkaido,  
249 Japan). *FOXO1*- and *PPP1R14C*-specific siRNAs or Silencer Select Negative Control No. 1 siRNA (4390843,  
250 Thermo Fisher Scientific, Inc) were transfected into HUVECs using Lipofectamine RNAiMAX (13778100,  
251 Invitrogen, Carlsbad, CA, USA). The co-transfection of *FOXO1* siRNA and pCAGIPuro-human *PPP1R14C* into  
252 HUVECs was performed using ScreenFect A plus (293-77101, Wako). Cells 1–2 days after transfection were  
253 subjected to real-time PCR or a Western blot analysis.

254

### 255 **Western blotting**

256 Western blotting was performed as previously reported [20]. An anti-FOXO1 rabbit mAb (C29H4) (2880, Cell  
257 Signaling, 1:2000), anti-PPP1R14C (C-term) rabbit pAb (AP53404PU-N, Acris Antibodies GmbH, 1:500), anti-  
258 pMLC2 (Ser19) mouse mAb (3675, Cell Signaling, 1:1000), anti-MLC2 rabbit pAb (3672, Cell Signaling, 1:1000),  
259 and anti-b-actin rabbit pAb (20536-1-AP, ProteinTech, 1:2000) were used as primary antibodies. A horseradish  
260 peroxidase (HRP)-conjugated donkey anti-rabbit IgG antibody (NA934, Amersham, Buckinghamshire, UK) and  
261 HRP-conjugated horse anti-mouse IgG antibody (7076, Cell Signaling) were used as secondary antibodies.

262

### 263 **3D sandwich culture for the formation of vascular cord structures**

264 A 3D sandwich culture was performed as previously reported [20]. HUVECs were seeded on the bottom layer of  
265 a type I collagen gel (Collagen gel culture kit, Nitta Gelatin) and transfected with siRNA and the plasmid. Four

266 hours after transfection, cells were sandwiched with an upper layer of the collagen gel and cultured in the  
267 Endothelial Cell Growth Medium Kit (Takara) containing VEGF-A165 (10 ng/ml). After 2 days of culture, live  
268 cells were stained using green-fluorescent calcein-AM (06735-81, Nacalai Tesque, Kyoto, Japan). Images of the  
269 vascular cord structure were captured using an IX71 fluorescence microscope (Olympus). Contrast or brightness  
270 adjustments to define cord structures were applied equally over the original images using ImageJ software. A  
271 morphometric analysis of vascular cord structures was automatically analyzed in binary images converted from  
272 original images using ImageJ with the Angiogenesis Analyzer plugin tool [43]. “Cords” mentioned in the text  
273 include “isolated elements”, “branches”, and “segments” in the tool. “The average cord length” was calculated  
274 based on the value of “the total length of cords”/ “the number of cords” in each field.

275

### 276 **Luciferase reporter assay**

277 The upstream and intron sequences of the mouse and human *PPP1R14C* genes were amplified from mouse and  
278 human genomic DNA by PCR. The following primers were used (In-Fusion cloning sites are indicated by  
279 lowercase letters): the *Ppp1r14c* promoter fwd 5'-tggcctaactggccg TGTCCAACGTTTCAGAGCA-3' and rev 5'-  
280 aggccagatcttgatc TAGGAAGTCGTCAGAGG-3'; enhancer (E)1 fwd 5'-tggcctaactggccg  
281 TTAGAGAGCATGGGGCTG-3' and rev 5'-tcttgatctcctga TGACGGAGCTCAGAACTC-3'; E2 fwd 5'-  
282 tggcctaactggccg CTCATGATCTTCTGTTTGCTAATCCTTCTT-3' and rev 5'-tcttgatctcctga  
283 ATAAGAATTAGTTGTGGGCATCAGCAGTAT-3'; E3 fwd 5'-tggcctaactggccg  
284 TCAAAGCATTGTCAGAGTG-3' and rev 5'-tcttgatctcctga CAGTGCCCTCTTCTGTCCTC-3'; E2-1 fwd 5'-  
285 tggcctaactggccg AGAGGCCAAGGTTTCAGAGTG-3' and rev 5'-tcttgatctcctga ATCTGCTGCCATCCCTTCTC-  
286 3'; E2-2 fwd 5'-tggcctaactggccg ACTCAACCAAGTGCCACAAA-3' and rev 5'-tcttgatctcctga  
287 CACTGCTTGCATAGTCTCAGG-3'; E2-2-1 fwd 5'-tggcctaactggccg ACTCAACCAAGTGCCACAAA-3' and  
288 rev 5'-tcttgatctcctga GTCCGCGTTGGTGATAAAG-3'; E2-2-2 fwd 5'-tggcctaactggccg  
289 ACAGCAAGAGACCCAACCTT-3' and rev 5'-tcttgatctcctga CACTGCTTGCATAGTCTCAGG-3'; human  
290 enhancer (hE) fwd 5'-tggcctaactggccg TCCCATTTGACCCACATAAA-3' and rev 5'-tcttgatctcctga  
291 GACGGGGTCTTACCATGTTG-3'.

292

293 Mutations of the two putative FOXO1 binding sites in the E2-2-1 and hE region were generated by site-directed  
294 mutagenesis by KOD FX (Toyobo) using the following partially overlapping primers (the mutations are  
295 lowercased): MU1, fwd 5'-CGAGAtAGcTAAATTCGTAAGTCTCTG-3' and rev 5'-  
296 AATTTaGCTaTCTCGTTTTAAAATGGG-3'; MU2, fwd 5'-GGATTCaGaTATTTCTTAGATGAACCAT-3'  
297 and rev 5'-AGAAATAtCtGAATCCCATCAATAGTTC-3'; hMU1, fwd 5'-  
298 ATGAGAtAtCGGGGAGGCTCCAAGAGTCT-3' and rev 5'-TCCCCGaTaTCTCATTTTAAAATGGAG-3';  
299 hMu2, fwd 5'-GGATTCaGaTATTTCTCAAGTGAACCAT-3' and rev 5'-  
300 AGAAATAtCtGAATCCTGTAAACTGTTC-3'.

301

302 PCR products were fused into the firefly luciferase reporter vector pGL4.27 (E8451, Promega, Madison, WI, USA)  
303 or pGL4.21 (E6761, Promega) using the In-Fusion HD Cloning Kit (Z9648N, Takara). Two complementary  
304 oligonucleotides containing three copies of the insulin response element (3×IRE) were cloned into the multi-  
305 cloning site of pGL4.27 [44]. The oligonucleotide sequences used were 5'-

306 tcgagCAAGCAAAACAAGCTAGCAAAACAAGTACGCAAAACAAGTa-3' and 5'-  
307 agcttACTTGTTTTGCGTACTTGTTTTGCTAGCTTGTTTTGCTTGc-3' (IRE are underlined and restriction  
308 sites are in lowercase).

309

310 UV2 cells or HUVECs were co-transfected with pRL-SV40 (E2231, Promega) and luciferase reporter vectors  
311 using Xfect mESC Transfection Reagent (Clontech). Luciferase activity was measured using the Dual Luciferase  
312 Reporter Assay System (E1910, Promega) and Mini Lumat LB 9506 (Berthold Technologies, Bad Wildbad,  
313 Germany).

314

### 315 **CUT&RUN assay and quantitative real-time PCR**

316 HUVECs were transfected with pCAGIPuro-mouse *Foxo1* using ScreenFect A plus (293-77101, Wako), and  
317 collected at 2 days. To analyze protein-DNA interactions, CUT&RUN assay kit (86652, Cell Signaling) was used  
318 according to the manufacturer's instructions. Each reaction used 250,000 living cells. An anti-FOXO1 rabbit mAb  
319 (C29H4) (2880, Cell Signaling, 1:50) and Rabbit (DA1E) mAb IgG XP Isotype Control (CUT&RUN) were used  
320 as a targeted antibody or a negative control antibody. DNA extracts were subjected to quantitative real-time PCR  
321 using THUNDERBIRD Next SYBR qPCR Mix (QPX-201, Toyobo) on the StepOne real-time PCR system  
322 (Applied Biosystems). The following primers were used: FOXO1 binding site-1 fwd 5'-  
323 TCCCATTGACCCACATAAAA-3' and rev 5'-CCTCCCCGTTTTCTCATTTT-3'; FOXO1 binding site-2 fwd  
324 5'-CATTTTCAAATATGCTTCATCTTAGT-3' and rev 5'-CCTGTAATGGTTCACCTTGAGAAA-3'; alpha  
325 satellite repeat (SAT) fwd 5'-ACAGAGCGGATTGGAAACAC-3' and rev 5'-GGCCTCAAGGCTCTTGAAAT-  
326 3'. The signal of the target was normalized to the signal of sample normalization spike-in DNA (CUT&RUN)  
327 added into each reaction.

328

### 329 **Isolation of ECs from mouse embryos**

330 ECs were FACS-purified from embryonic day (E) 10.5 ICR mouse embryos as previously reported [20] and then  
331 subjected to the gene expression analyses described above.

332

### 333 **Whole-mount immunostaining of forelimb vessels of mouse embryos**

334 ECs in the forelimb vessels of E11.5 ICR mouse embryos were examined for the presence of pMLC2 using whole-  
335 mount immunostaining as previously reported [45]. The forelimb vessels of this stage are not yet surrounded by  
336 smooth muscle cells [46]. Fluorescence images were acquired using a FV1000D confocal laser scanning  
337 microscope. To examine the *in vivo* effects of the inhibition of MLCK, pregnant ICR mice were intraperitoneally  
338 injected with ML7 (13.58 mg/kg body weight) or DMSO, which were diluted in a mixture of propylene glycol,  
339 Tween 80, and 5% glucose (30:5:65), once daily for 3 days from E8.5 to E10.5. Embryos were collected at E11.5  
340 and subjected to whole-mount immunostaining.

341

### 342 **Microinjection into zebrafish embryos**

343 A microinjection of antisense morpholino oligonucleotides (MO) into zebrafish embryos was performed to  
344 knockdown the expression of *foxo1a*, *foxo1b*, and *ppp1r14c*. The following splice-blocking MO were designed  
345 and synthesized by Gene Tools, LLC (Philomath, OR, USA): *foxo1a* MO 5'-

346 GTTTGGTAAGCAGCTTGTACCTTTT-3'; *foxo1b* MO 5'-TTGTTCTCCCCTCAACTGACCTTTT-3';  
347 *ppp1r14c* MO 5'-GACAAAACTGCACATTACCTGCA-3'. Standard Control Oligo Classic (Gene Tools) (5'-  
348 CCTCTTACCTCAGTTACAATTTATA-3') was used as the MO control. MO was diluted to the indicated  
349 concentration in sterile water containing 0.05% phenol red (Wako) as a visible marker. The microinjection was  
350 performed using an SMZ745 stereoscopic microscope (Nikon, Tokyo, Japan) equipped with a FemtoJet 4i  
351 electronic microinjector (Eppendorf, Hamburg, Germany) and MM-3 micromanipulator (Narishige, Tokyo, Japan).  
352 Microinjection needles were made from glass capillaries with filament GD-1 (Narishige) using a PE-2 glass  
353 microelectrode puller (Narishige). The injection into the yolk of zebrafish embryos was performed at the 1–2 cell  
354 stage. The needle opening size was compensated for by the injection pressure condition and, as a result, was  
355 adjusted to the appropriate injection level.

356

357 Capped RNA was transcribed *in vitro* from the full-length mouse *Foxo1* gene (NM\_019739.3) or full-length  
358 human *PPP1R14C* gene (NM\_030949.3)M using the mMESSAGe mMACHINE SP6 Transcription kit (AM1340,  
359 Thermo Fisher Scientific), and then purified using QIAzol Lysis Reagent (Qiagen). A co-injection of wild-type  
360 mouse *Foxo1* mRNA with *foxo1a/b* MO or wild-type human *PPP1R14C* mRNA with *ppp1r14c* MO was  
361 performed for rescue experiments.

362

363 Following the microinjection, embryos were incubated at 28°C in E3 solution and allowed to develop until the  
364 indicated days post-fertilization (dpf). Embryos were anesthetized with tricaine and observed using an IX71  
365 (Olympus) or Axio Imager 2 (Zeiss, Oberkochen, Germany) microscope. Fluorescence images were acquired  
366 using a FV1000 confocal microscope (Olympus). Body images were acquired using a Nikon ECLIPSE TS100  
367 inverted microscope and Nikon DS-Fi3 Digital Camera (Nikon).

368

### 369 **Analysis of the *in vivo* vascular structure**

370 Fluorescence images of the vascular structure were converted to 8-bit images, and contrast and brightness  
371 adjustments were applied equally to the original images using ImageJ software. The vessel diameters of the mouse  
372 embryonic forelimb vasculature and the lengths of the intersegmental vessels (ISVs) of zebrafish embryos were  
373 measured by manual tracing using ImageJ software. The number of ISVs in an anterior part of the middle trunk  
374 region was counted.

375

### 376 **Statistical analysis**

377 The *F*-test followed by an unpaired, two-tailed *t* test was used to compare the two samples. Dunnett's or Tukey's  
378 multiple comparison test was performed using the MEPHAS web tool ([http://www.gen-info.osaka-  
379 u.ac.jp/testdocs/tomocom/dunnett-e.html](http://www.gen-info.osaka-u.ac.jp/testdocs/tomocom/dunnett-e.html) or <http://www.gen-info.osaka-u.ac.jp/testdocs/tomocom/tukey-e.html>,  
380 respectively) for multiple comparisons. Data are presented as the mean ± s.d. unless otherwise indicated. A *P* value  
381 <0.05 was considered to be significant.

382

383

## 384 **Results**

385

386 **Gene expression profiling identifies FOXO1-dependent EC elongation-related genes**

387 To identify candidate FOXO1 target genes that regulate EC elongation, we analyzed our previous DNA microarray  
388 dataset (NCBI GEO accession No. GSE76366) on the gene expression profiles of mouse ESC-ECs [19]. The  
389 dataset includes ECs derived from ESCs with two different genotypes (*Foxo1<sup>+/+</sup>* and *Foxo1<sup>-/-</sup>*), both of which were  
390 cultured either in the presence or absence of a VEGF stimulation, and, thus, were categorized into four groups in  
391 Supplementary Fig. 1a. ECs in three groups, i.e., [*Foxo1<sup>-/-</sup>*, VEGF(-)], [*Foxo1<sup>+/+</sup>*, VEGF(-)], and [*Foxo1<sup>-/-</sup>*,  
392 VEGF(+)], presented a flagstone-like morphology and formed sheet-like colonies. In contrast, ECs in the  
393 [*Foxo1<sup>+/+</sup>*, VEGF(+)] group presented an elongated shape and formed cord-like colonies [47] [19]  
394 (Supplementary Fig. 1a).

395

396 To extract the genes specific for EC elongation, data from each of the three groups of flagstone-like ECs were  
397 separately compared to data from the group of elongated ECs [*Foxo1<sup>+/+</sup>*, VEGF(+)]. Genes with expression  
398 levels that were lower in each of the flagstone-like EC groups than in the elongated EC group partially overlapped  
399 (Supplementary Fig. 1b). A total of 226 genes were commonly detected in all comparisons and designated EC  
400 elongation-related genes (ERGs) (Supplementary Fig. 1b, Supplementary Table 1). Consistent with the known  
401 functions of FOXO1, a gene ontology (GO) enrichment analysis of ERGs indicated terms such as metabolism and  
402 homeostatic process (Supplementary Table 2).

403

404 Comparison of two flagstone-like EC groups in a steady state without VEGF, [*Foxo1<sup>-/-</sup>*, VEGF(-)] vs.  
405 [*Foxo1<sup>+/+</sup>*, VEGF(-)] showed the 252 genes reduced in *Foxo1<sup>-/-</sup>* ECs (Supplementary Fig. 1c and Supplementary  
406 Table 3). Notably, most of these genes were not included in ERGs, and their GO terms were not shown in GO  
407 terms of ERGs (Supplementary Table 1-4). This result suggests that ERGs were more specifically associated with  
408 EC elongation among Foxo1-dependent genes.

409

410 **PPP1R14C rescues the aberrant shape of *Foxo1<sup>-/-</sup>* ECs**

411 After a pilot functional screening of several candidate genes extracted as ERGs by forced expression in *Foxo1<sup>-/-</sup>*  
412 ESC-ECs, we focused on the *Ppp1r14c* gene. Myosin activity influences cell morphology and is oppositely  
413 regulated by the phosphorylation and dephosphorylation of MLC2 induced by MLCK and MLC phosphatase  
414 (MLCP), respectively. MLCP is a holoenzyme consisting of three components, i.e., a catalytic subunit  
415 serine/threonine protein phosphatase 1 (PP1), a regulatory subunit myosin phosphatase target subunit 1 (MYPT1),  
416 and a small accessory subunit of 20/21 kDa (M20/21). The dephosphorylation of phosphorylated MLC2 (pMLC2)  
417 by MLCP relaxes the cytoskeletal tension. The PP1 activity of MLCP is inhibited by endogenous PP1 inhibitors,  
418 the PPP1R14 family proteins (for reviews, see [48] [49] [50]). PPP1R14C belongs to the PPP1R14 family and,  
419 thus, may be involved in the Foxo1-dependent regulation of EC morphology.

420

421 We initially confirmed in real-time PCR analyses that *Ppp1r14c* expression was significantly lower in *Foxo1<sup>-/-</sup>*  
422 ESC-ECs than in *Foxo1<sup>+/+</sup>* ESC-ECs, both of which were cultured in the presence of VEGF (Fig. 1a and b).

423

424 We then investigated whether the forced expression of PPP1R14C rescued the abnormal phenotype of *Foxo1<sup>-/-</sup>*  
425 ESC-ECs. EGFP-tagged ESC-ECs (wild-type ECs and *Foxo1<sup>-/-</sup>* ECs derived from F10-EGFP ESCs and EGFP-

426 *F/Foxo1<sup>-/-</sup>* ESCs, respectively) were sorted and allowed to form EC colonies on an OP9 cell layer in the presence  
427 of VEGF. Wild-type ESC-ECs were elongated and formed cord-like colonies (Fig. 1c and d, Supplementary Fig.  
428 1a). In contrast, *Foxo1<sup>-/-</sup>* ESC-ECs failed to elongate and formed sheet-like colonies (Fig. 1c and d, Control;  
429 Supplementary Fig. 1a). The defect was rescued by the forced expression of the mouse *Foxo1* gene or human  
430 *PPP1R14C* gene, and colonies were restored to the normal cord-like morphology (Fig. 1c and d, FOXO1,  
431 PPP1R14C).

432  
433 These results suggest that PPP1R14C contributes to EC elongation and the formation of cord-like colonies  
434 downstream of FOXO1.

#### 435 436 ***Foxo1<sup>-/-</sup>* ECs fail to phosphorylate MLC2**

437 To examine whether decreased PPP1R14C expression resulted in the excessive dephosphorylation of pMLC2 in  
438 *Foxo1<sup>-/-</sup>* ECs, we compared the distribution of pMLC2 in *Foxo1<sup>+/+</sup>* and *Foxo1<sup>-/-</sup>* ECs. ESC-derived Flk1<sup>+</sup>  
439 mesodermal cells (ESC-MCs) were sorted, aggregated, and cultured in a type I collagen gel containing VEGF to  
440 induce the formation of vessel-like structures (3D spheroid culture).

441  
442 VE-cadherin-expressing ECs spread out from *Foxo1<sup>+/+</sup>* ESC-MC aggregates and formed thin and long vessel-like  
443 structures. pMLC2 colocalized with actin filaments along the cell circumference (Fig. 1e and f). In contrast, *Foxo1<sup>-/-</sup>*  
444 ECs formed abnormal thick and short bundles with a disordered distribution of actin filaments instead of thin  
445 and long vessel structures (Fig. 1e and f). pMLC2 was not detected in aberrant EC bundles, albeit cells proximal  
446 to the body of aggregates had a low level of pMLC2. The total and actin-merged area of pMLC2 staining was  
447 significantly lower in *Foxo1<sup>-/-</sup>* ECs than in *Foxo1<sup>+/+</sup>* ECs (Fig. 1g-i).

448  
449 This result suggests that the phosphorylation of MLC2 was severely attenuated in *Foxo1<sup>-/-</sup>* ECs.

#### 450 451 **PP1 inhibition recovers MLC2 phosphorylation and rescues the abnormal morphology of *Foxo1<sup>-/-</sup>* ECs**

452 We investigated whether the inhibition of PP1 phosphatase activity reversed the phenotype of *Foxo1<sup>-/-</sup>* ESC-ECs.  
453 We introduced dominant-negative (dn) forms of the human PP1 isoforms, dn PP1  $\alpha$ , dn PP1 $\beta/\delta$ , and dn PP1 $\gamma$  into  
454 EGFP-F/*Foxo1<sup>-/-</sup>* ESCs. All dn PP1 isoforms increased the ratio of cord-like colonies, albeit to a lesser extent than  
455 the forced expression of FOXO1 (Fig. 2a and b).

456  
457 In the 3D spheroid culture of *Foxo1<sup>-/-</sup>* ESC-MCs, the induction of FOXO1, PPP1R14C, or dn PP1 $\alpha$ , converted  
458 aberrant EC bundles to thin vessel-like structures (Fig. 2c). Phenotypically rescued *Foxo1<sup>-/-</sup>* ECs markedly  
459 increased pMLC2 level, which co-localized with actin filaments (Fig. 2c-f). Consistent with this result, PP1  
460 inhibition by a chemical inhibitor, tautomycin, also recovered the distribution of pMLC2 and actin filaments in  
461 *Foxo1<sup>-/-</sup>* ECs and induced the formation of vessel-like structures (Supplementary Fig. 2). Tautomycin did not  
462 affect in *Foxo1<sup>+/+</sup>* ECs. In contrast, MLCK inhibition by a chemical inhibitor, ML7, induced the loss of MLC2  
463 phosphorylation and an irregular cell morphology with a disordered distribution of actin filaments in *Foxo1<sup>+/+</sup>* ECs  
464 (Supplementary Fig. 2). *Foxo1<sup>-/-</sup>* EC bundles remained nearly unchanged in the presence of ML7 from those in the  
465 untreated groups.

466

467 These results suggest that FOXO1-dependent EC elongation requires MLC2 phosphorylation by the inhibition of  
468 PP1 activity, which PPP1R14C exerts under physiological conditions.

469

470 **FOXO1-knockdown reduces PPP1R14C expression and MLC2 phosphorylation in HUVECs, thereby**  
471 **suppressing cord formation**

472

473 The ESC-EC differentiation system provided an important clue on the mechanisms of EC elongation during  
474 angiogenesis. Next, HUVECs were used to validate these observations in a system relevant to human vascular  
475 tissue and exclude uncommon phenomena in a specific ES cell line. The siRNA-mediated knockdown of *FOXO1*  
476 in HUVECs (Fig. 3a, c, and d) was performed to evaluate the role of FOXO1 in human ECs. *FOXO1*-knockdown  
477 reduced *PPP1R14C* expression at the mRNA and protein levels (Fig. 3b, c, and e). MLC2 phosphorylation also  
478 significantly decreased (Fig. 3c and f). In type I collagen gel sandwich cultures of HUVECs, *FOXO1*-knockdown  
479 decreased the number and length of vascular cords (Fig. 3g-j). These effects of *FOXO1*-knockdown in HUVECs  
480 are essentially in line with the findings of *Foxo1*<sup>-/-</sup> ESC-ECs (Fig. 1a and b). However, *FOXO1*-knockdown did  
481 not cause the dilation of vascular cords, similar to results of the previous report [3]. To confirm the involvement  
482 of PPP1R14C in FOXO1-regulated angiogenesis, HUVECs were simultaneously transfected with *FOXO1* siRNA  
483 and *PPP1R14C* expression vectors (Fig. 3k and l). The forced expression of PPP1R14C rescued cord formation  
484 that was inhibited by *FOXO1*-knockdown (Fig. 3m-p). Consistent with this result, *PPP1R14C*-knockdown in  
485 HUVECs reduced MLC2 phosphorylation and inhibited cord formation (Supplementary Fig. 3).

486

487 These results suggest that FOXO1 regulates vascular cord formation by HUVECs through PPP1R14C expression  
488 and MLC2 phosphorylation.

489

490 The chemical inhibition of PP1 by tautomycetin recovered the cord formation inhibited by *FOXO1*- or *PPP1R14C*-  
491 knockdown (Supplementary Fig. 4). Okadaic acid, a PP1 and PP2A inhibitor that requires higher concentrations  
492 to inhibit PP1 than PP2A, failed to reverse the suppressed cord formation in *FOXO1*- or *PPP1R14C*-knockdown.

493

494 **FOXO1 activates the enhancer element located in the first intron of the *PPP1R14C* gene**

495 We investigated whether FOXO1 directly regulated *PPP1R14C* gene transcription. Luciferase reporter analyses  
496 were performed using the mouse EC line, UV2 cells (Supplementary Fig. 5), and HUVECs (Fig. 4). FOXO1 binds  
497 to recognition elements, such as insulin response element (IRE), which contains the consensus sequence 5'-  
498 TT(G/A)TTTTG-3' [44]. The transcriptional activity of induced FOXO1 was confirmed by the activation of three  
499 copies of IRE (3×IRE) (Supplementary Fig. 5d).

500

501 Reporter activity of a genomic region encompassing the promoter of the mouse *Ppp1r14c* gene (*pPpp1r14c*) was  
502 elevated regardless of the induction of FOXO1 in UV2 cells, suggesting that the activity of the *Ppp1r14c* promoter  
503 was independent of FOXO1 (Supplementary Fig. 5a, b, and d). We then evaluated three genomic regions located  
504 upstream (E1), intron 1 (E2), and intron 4 (E3), which were rich in putative FOXO1 binding sites conserved  
505 between mice and humans (Supplementary Fig. 5a and b). Among the three regions, only E2 showed significantly

506 higher activity in the presence of FOXO1 (Supplementary Fig. 5e). Analyses of two subregions of E2 (E2-1 and  
507 E2-2) demonstrated the E2-2 enhancer activity increased by FOXO1 (Supplementary Fig. 5f). E2-2 was not  
508 activated by a DNA-binding-defective FOXO1 mutant [FOXO1 (HR)] (Supplementary Fig. 5g), suggesting a  
509 dependence on the direct binding of FOXO1.

510

511 We analyzed two overlapping subregions of E2-2 (E2-2-1 and E2-2-2) and detected enhancer activity in E2-2-1,  
512 which was enhanced by FOXO1, but not by FOXO1 (HR) (Supplementary Fig. 5h). Two putative FOXO1 binding  
513 sites were present in E2-2-1 (Supplementary Fig. 5c). Mutations disrupting the binding motifs at either site did not  
514 affect enhancer activity, while mutations in both sites significantly reduced activity (Supplementary Fig. 5i). These  
515 results revealed a FOXO1-regulated enhancer element in the first intron of the mouse *Ppp1r14c* gene.

516

517 The first intron of the human *PPP1R14C* gene had a putative enhancer region (hE) similar to the identified mouse  
518 *Ppp1r14c* enhancer, E2-2-1 (Fig. 4a and b). hE contained two putative binding sites of FOXO1. A reporter analysis  
519 using HUVECs showed the significantly higher activity of hE in the presence of FOXO1 (Fig. 4c). Similar to the  
520 mouse *Ppp1r14c* enhancer activity, hE activity was abolished by mutations in the binding motifs of both FOXO1  
521 binding sites (Fig. 4c).

522

523 We performed a CUT&RUN assay on HUVECs with an anti-FOXO1 antibody to analyze the DNA-protein  
524 interaction. Real-time PCR analyses of the CUT&RUN products showed the relative enrichment of FOXO1 on  
525 the FOXO1 binding site-1 and FOXO1 binding site-2 of hE (Fig. 4d).

526

527 These results suggest that the transcription of the *PPP1R14C* gene is positively and directly regulated by FOXO1  
528 through two binding sites in an enhancer element that is conserved in mice and humans.

529

### 530 **MLCK inhibition causes an abnormal vascular structure in mouse embryos**

531 To detect the mRNA expression of *Foxo1* and essential genes regulating MLC2 phosphorylation in developing  
532 ECs, an RT-PCR analysis of CD45<sup>-</sup> CD31<sup>+</sup> VE-cadherin<sup>+</sup> Flk1<sup>+</sup> ECs isolated from whole mouse embryos at  
533 embryonic day (E) 10.5 was performed. These transcripts were detected in embryonic ECs (Fig. 5a) and two EC  
534 lines, UV2 cells and bEnd.3 cells (Fig. 5a). bEnd.3 cells showed the reduced expression of *Ppp1r14c*. While  
535 cultured ECs usually take a polygonal or epithelial-like morphology, bEnd.3 cells have an elongated fibroblastic-  
536 like shape [51][52][20], which may reflect the difference in *Ppp1r14c* expression.

537

538

539 Whole-mount immunostaining of E11.5 mouse embryos revealed the presence of pMLC2 in ECs, which were  
540 identified in the forelimb vessels by VE-cadherin, IB4, and Flk1 staining (Fig. 5b and c). To examine the role of  
541 pMLC2 in angiogenesis in mouse embryos, ML7 was intraperitoneally administered to pregnant mice once a day  
542 for 3 days from E8.5. Type IV collagen immunostaining showed that MLCK inhibition induced abnormalities in  
543 E11.5 forelimb vessels; vessels were thicker and more dilated than those in the control (Fig. 5d). Vessel diameters  
544 were significantly larger in the proximal and distal regions of the treated forelimbs (Fig. 5e and f).

545

546 These results suggest that ECs in developing vessels express *Foxo1* and *Ppp1r14c* and maintain phosphorylated  
547 MLC2, which is required for normal vascular development during embryogenesis.

548

#### 549 ***foxo1*-knockdown causes an abnormal vascular structure in zebrafish embryos**

550 Zebrafish ECs express orthologs of the mammalian *FOXO1* gene, namely, *foxo1a* and *foxo1b* (NCBI GEO  
551 accession No. GSE119718). RT-PCR analyses confirmed the expression of these genes in zebrafish embryos (Fig.  
552 6a). We knocked down the *foxo1a* and *foxo1b* genes by injecting antisense morpholino oligonucleotide (MO) into  
553 *Tg(fli1a:Myr-mCherry)* transgenic embryos (Fig. 6b).

554

555 The *foxo1a/b*-simultaneous knockdown decreased the length of the intersegmental vessels (ISVs) (Fig. 6c–e). ISVs  
556 in the *foxo1a/b* morphants exhibited disturbances at the edges and failed to connect with the dorsal longitudinal  
557 anastomotic vessel (DLAV) (Fig. 6c, d, and f). Moreover, the caudal vein plexus (CVP) in the *foxo1a/b* morphants  
558 lacked a space segregating the dorsal vein (DV) and ventral vein (VV) [53] (Fig. 6c, d, and g). Single morphants  
559 of *foxo1a* or *foxo1b* also showed similar, but less severe, phenotypes (Supplementary Fig. 6). Abnormalities in the  
560 *foxo1a/b* morphants were mostly rescued by exogenously expressed mouse *Foxo1* (Supplementary Fig. 7a and Fig.  
561 6d–g).

562

563 These results suggest that an overlapping function of the *foxo1a* and *foxo1b* genes are essential for normal vascular  
564 development in zebrafish embryos. The *foxo1a/b* morphants showed highly observable body curvature. However,  
565 the defect was recovered by the forced expression of *Foxo1* (Supplementary Fig. 8a and b), implying the  
566 importance of *foxo1* in the normal development of zebrafish.

567

#### 568 **PPP1R14C regulates the vascular structure in zebrafish embryos downstream of FOXO1**

569 RT-PCR analyses detected the expression of essential genes regulating MLC2 phosphorylation in zebrafish  
570 embryos (Fig. 7a). We investigated whether *ppp1r14c*-knockdown (Fig. 7b) resulted in the same phenotype  
571 observed in the vasculature of the *foxo1a/b* morphants. *ppp1r14c*-knockdown decreased the ISV length and  
572 induced malformations in DLAV and CVP, similar to *foxo1a/b*-knockdown (Fig. 7c–f). These abnormalities were  
573 rescued by the exogenous expression of human *PPP1R14C* (Supplementary Fig. 7b and Fig. 7c–f). The *ppp1r14c*  
574 morphants also exhibited body curvature but with moderate frequency (Supplementary Fig. 8c and d).

575

576 We next examined whether *ppp1r14c* was located downstream of *foxo1a* and *foxo1b* in the regulation of the  
577 vascular structure in zebrafish embryos. *foxo1a/b*-simultaneous knockdown reduced the *ppp1r14c* expression,  
578 suggesting the dependency of *ppp1r14c* expression on *foxo1* (Fig. 8a). The exogenous expression of human  
579 *PPP1R14C* recovered the decreased ISV length in the *foxo1a/b* morphants (Fig. 8b and c). *PPP1R14C*-induction  
580 also attenuated structural abnormalities in DLAV and CVP in the *foxo1a/b* morphants (Fig. 8b, d, and e).

581

582 These results suggest that the abnormal vascular structure caused by *foxo1*-knockdown in zebrafish embryos is  
583 largely due to the decreased expression of the *ppp1r14c* gene.

584

585 Consistent with the results of HUVECs (Supplementary Fig. 4), the inhibition of PP1 by tautomycin restored

586 vascular abnormalities in *foxo1a/b* or *ppp1r14c* morphants (Supplementary Fig. 9), suggesting that PP1 activity is  
587 involved in EC elongation regulated by *foxo1* through *ppp1r14c* transcription.

588

## 589 **Discussion**

590

591 The present study investigated the downstream mechanism of FOXO1-dependent EC elongation. We identified  
592 the *Ppp1r14c* gene as a candidate for FOXO1 target genes that are closely associated with EC elongation. Notably,  
593 most ERGs, including *Ppp1r14c*, were not extracted by comparing wild-type ECs and *Foxo1<sup>-/-</sup>* ECs in a steady  
594 state, i.e., without a VEGF stimulation. Therefore, the gene expression landscape is suggested to dynamically  
595 change in EC elongation. *Ppp1r14c* expression was decreased in *Foxo1<sup>-/-</sup>* ESC-ECs, and the forced expression of  
596 PPP1R14C rescued *Foxo1<sup>-/-</sup>* ESC-ECs from a deficiency in cell elongation. *FOXO1*-knockdown in HUVECs  
597 reduced *PPP1R14C* expression and suppressed vascular cord formation, which was restored by the forced  
598 expression of PPP1R14C. We identified a novel FOXO1-responsive enhancer element conserved in the human  
599 and mouse *Ppp1r14c* gene locus. The element contains two putative FOXO1 binding sites, which are less  
600 homologous to the typical consensus sequence. A mutant FOXO1 deficient for DNA binding did not activate the  
601 enhancer element, and FOXO1 directly interacted with the element. Despite the known inhibitory effects of  
602 FOXO1 in EC growth and metabolism, our study suggests that FOXO1 may also have a supportive role in  
603 angiogenesis.

604

605 The phosphorylation status of MLC2 in ECs has been associated with angiogenesis in several studies. A co-culture  
606 system of HUVECs and human dermal fibroblasts showed that MLC2 phosphorylation was suppressed during the  
607 migratory phase of ECs and subsequently increased after the establishment of long tubes [28] [29]. MLCK  
608 inhibition by ML7 attenuated vessel formation by HUVECs in a 3D fibrin gel culture [54]. Conversely, the  
609 inhibition of PP1 and PP2A by okadaic acid (5-50000 fmol/egg) induced angiogenesis on the chorioallantoic  
610 membrane of chick embryos [55]. Okadaic acid (10 or 100 nmol/L) also promoted the formation of a capillary  
611 network by HUVEC-matrigel culture [56]. Our present study found that MLC2 phosphorylation was suppressed  
612 in *Foxo1<sup>-/-</sup>* ESC-ECs, possibly due to the loss of PPP1R14C. MLC2 phosphorylation was restored by inducing  
613 PPP1R14C concomitantly with recovery from a deficiency in cell elongation. PP1 inhibition by the introduction  
614 of dominant-negative forms or tautomycin treatment also induced MLC2 phosphorylation and cell elongation  
615 by *Foxo1<sup>-/-</sup>* ESC-ECs. In contrast, MLCK inhibition by ML7 diminished MLC2 phosphorylation in wild-type  
616 ESC-ECs and impaired vessel-like structures, which resembled the phenotype of *Foxo1<sup>-/-</sup>* ESC-ECs. *FOXO1* or  
617 *PPP1R14C*-knockdown in HUVECs also suppressed MLC2 phosphorylation and vascular cord formation. The  
618 vascular defects caused by *FOXO1* or *PPP1R14C*-knockdown were reversed by tautomycin but not by okadaic  
619 acid at the same concentration (1 nmol/L). As the concentration of okadaic acid was lower than that used in the  
620 previous report [56] and may not be sufficient to inhibit PP1 compared to PP2A, the result suggests the importance  
621 of PP1, rather than PP2, in FOXO1 and PPP1R14C-dependent EC elongation.

622

623 The present and previous findings suggest that MLC2 phosphorylation is required for EC elongation and normal  
624 vascular formation. Based on the results obtained herein, FOXO1 appears to play a role in the regulation of MLC2  
625 phosphorylation via PPP1R14C.

626

627 The FOXO1-PPP1R14C-MLC2 axis is not an *in vitro* artificial phenomenon. The present study demonstrated that  
628 *foxo1*-knockdown in zebrafish embryos diminished *ppp1r14c* expression and caused vascular malformation in  
629 ISV, DLAV, and CVP. *ppp1r14c*-knockdown reproduced the same vascular phenotype as the *foxo1* morphants.  
630 The induction of PPP1R14C in *foxo1* morphants restored the vascular phenotype. PP1 inhibition by tautomycin  
631 restored vascular defects in *foxo1a/b* or *ppp1r14c* morphants. ISVs were previously reported to be formed by  
632 sprouting angiogenesis, while CVP was formed by the coordination of sprouting and intussusceptive angiogenesis  
633 [57][53][58]. It currently remains unclear whether FOXO1 solely regulates sprouting angiogenesis or exerts its  
634 role in different types of angiogenesis. The growth of blood vessels results from a combination of different EC  
635 activities, including proliferation, migration, elongation, and motility. A computational model indicates the  
636 primary effect of proliferation rate on the extent of vessel growth [59]. However, in an analysis of the cell-cycle  
637 progression of zebrafish ECs, the formation of ISVs and caudal vessels has been reported not to require EC division  
638 necessarily [35]. Furthermore, different modes have been recognized for the elongation of tube structures,  
639 including cell proliferation and individual cell elongation without cell proliferation (for a review, see [60]). We  
640 demonstrated that FOXO1-disruption causes morphological defects during *in vitro* angiogenesis and *in vivo*  
641 vascular development. Taken together with our and other studies, the failure of the elongation function at the  
642 cellular level has a significant impact on the *in vivo* phenotypes of *foxo1* and *ppp1r14c* morphants. However, the  
643 contributions of multiple cellular activities in vascular development should be carefully considered.

644

645 In addition, we demonstrated the dilated forelimb vessels by the administration of ML7 in mouse embryos,  
646 suggesting that MLC2 phosphorylation is also required for vascular development in the mouse. Nevertheless, a  
647 rescue experiment using *Foxo1*<sup>-/-</sup> mouse embryos, e.g., PPP1R14C induction and PP1 inhibitor administration, has  
648 been hampered by the severe growth retardation and lethality of *Foxo1*<sup>-/-</sup> mouse embryos [7].

649

650 Another FOXO member, FOXO3, has also been reported to regulate EC functions such as migration and sprout  
651 formation [11]. In addition, Rho and Rho-associated coiled-coil containing protein kinase (ROCK) pathway  
652 regulates MLC2 phosphorylation, and chemical or genetic inhibition of ROCK suppresses vascular formation in  
653 *ex vivo* or *in vitro* angiogenesis models [61]. On the other hand, our gene expression profiles showed that FOXO3  
654 and Rho-ROCK-related genes were not detected as ERGs, although some differences in the expression levels may  
655 be seen in some comparisons (Supplementary Table 1 and 5). This suggests that FOXO3 and Rho-ROCK are not  
656 principal targets of FOXO1 in EC elongation. However, the involvement of FOXO3 and Rho-ROCK pathway in  
657 FOXO1-dependent EC elongation cannot be entirely ruled out, as we previously reported [19][17], and further  
658 efforts are needed to elucidate the mechanisms that regulate EC elongation comprehensively.

659

660 Based on previous and present findings, we propose a novel model for the mechanism underlying FOXO1-  
661 regulated EC elongation (Supplementary Fig. 10). In this model, FOXO1 inhibits MLCP by up-regulating  
662 *PPP1R14C* gene expression in ECs, thereby promoting MLC2 phosphorylation and cell elongation during  
663 angiogenesis. Our findings appear to contradict the suppressive function of FOXO1 on EC activities by Potente et  
664 al.'s study [11]. FOXOs are a pleiotropic transcription factor; the cellular context determines the phenomena  
665 observed (for reviews, see [6] [14]). In cancer research, for instance, conflicting views of the role of FOXOs have

666 been reported; a negative regulator inhibiting growth and survival or a positive regulator promoting homeostasis,  
667 metastasis, and resistance to therapy (for a review, see [6]). FOXO1 function is highly dependent on the cellular  
668 environment, such as cell adhesion condition and growth factor levels, and the pleiotropic nature of FOXO1 may  
669 also influence angiogenic phenotypes of ECs, being reflected by the differences in the experimental conditions in  
670 each study.

671  
672 Altered FOXO1 expression is associated with various pathological conditions. High expression of FOXO1 has  
673 been linked to hepatic insulin resistance in human [62], accelerated atherosclerosis in  $\beta$ -thalassemia major patients  
674 [63], and the survival prognosis in kidney or liver cancer patients (The Human Protein Atlas,  
675 <https://www.proteinatlas.org>). MLC2 phosphorylation correlates with an endothelial state in diseases, such as  
676 diabetes and tumorigenesis. Endothelial colony-forming cells from gestational diabetic pregnancies showed an  
677 increase in MLC2 phosphorylation [64]. Lovastatin, an HMG-CoA reductase inhibitor that suppresses tumor  
678 angiogenesis, reduced MLC2 phosphorylation in HUVECs [65] [66]. Therefore, our model may provide novel  
679 insights into the pathogenesis of disordered angiogenesis as well as the mechanisms regulating normal vascular  
680 development.

681

682

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684

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878

879 **Authorship contributions**

880 K.T-T. developed the research plans, performed the experiments, and did data analysis. M.O. supervised the  
881 project. K.T-T. and M.O. discussed the results and wrote the manuscript.

882

883 **Statements and Declarations**

884 **Competing interests**

885 The authors declare that they have no competing interests.

886

887 **Data availability**

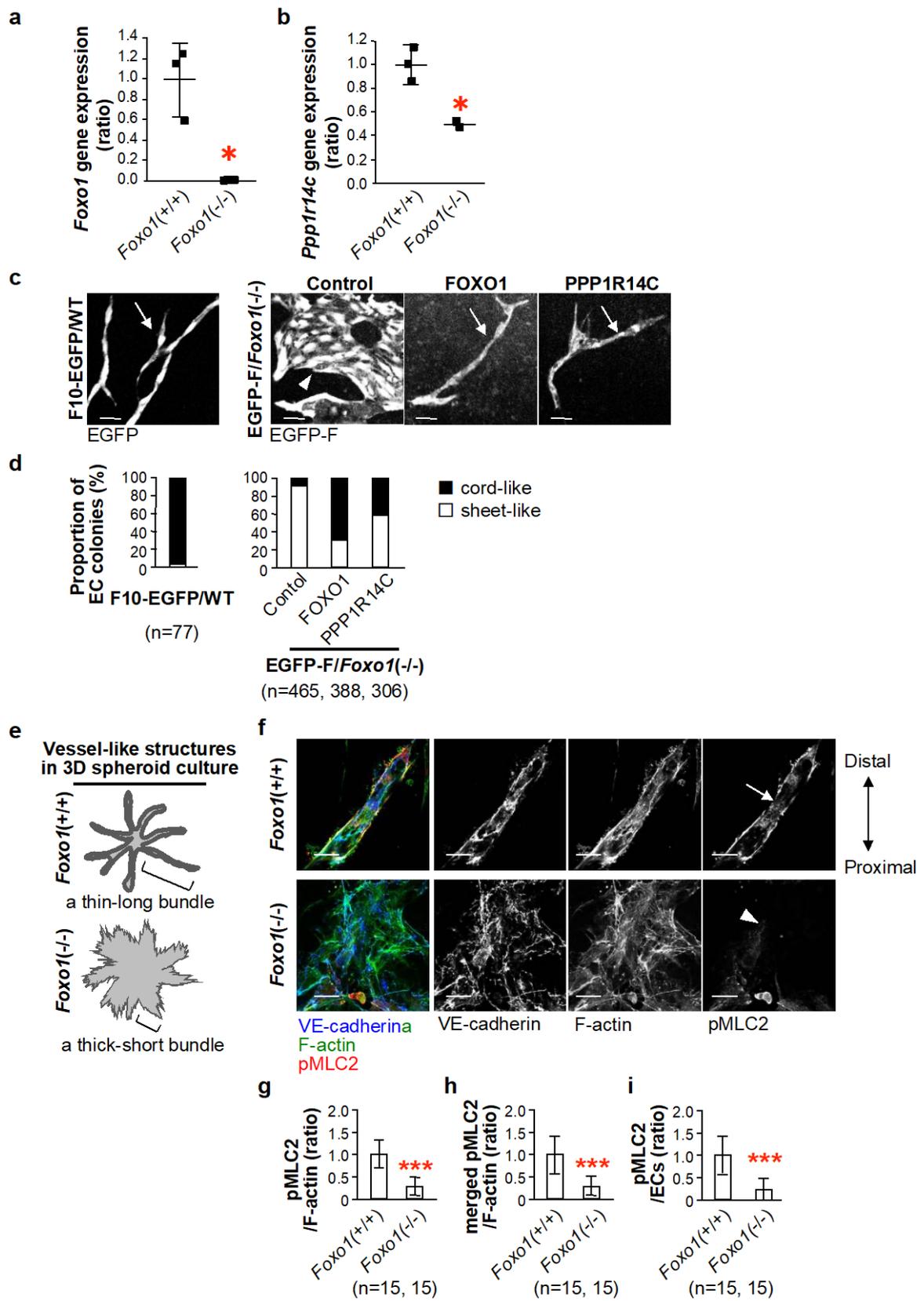
888 The datasets obtained during this study are available from the corresponding author upon reasonable request.

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**Fig. 1**

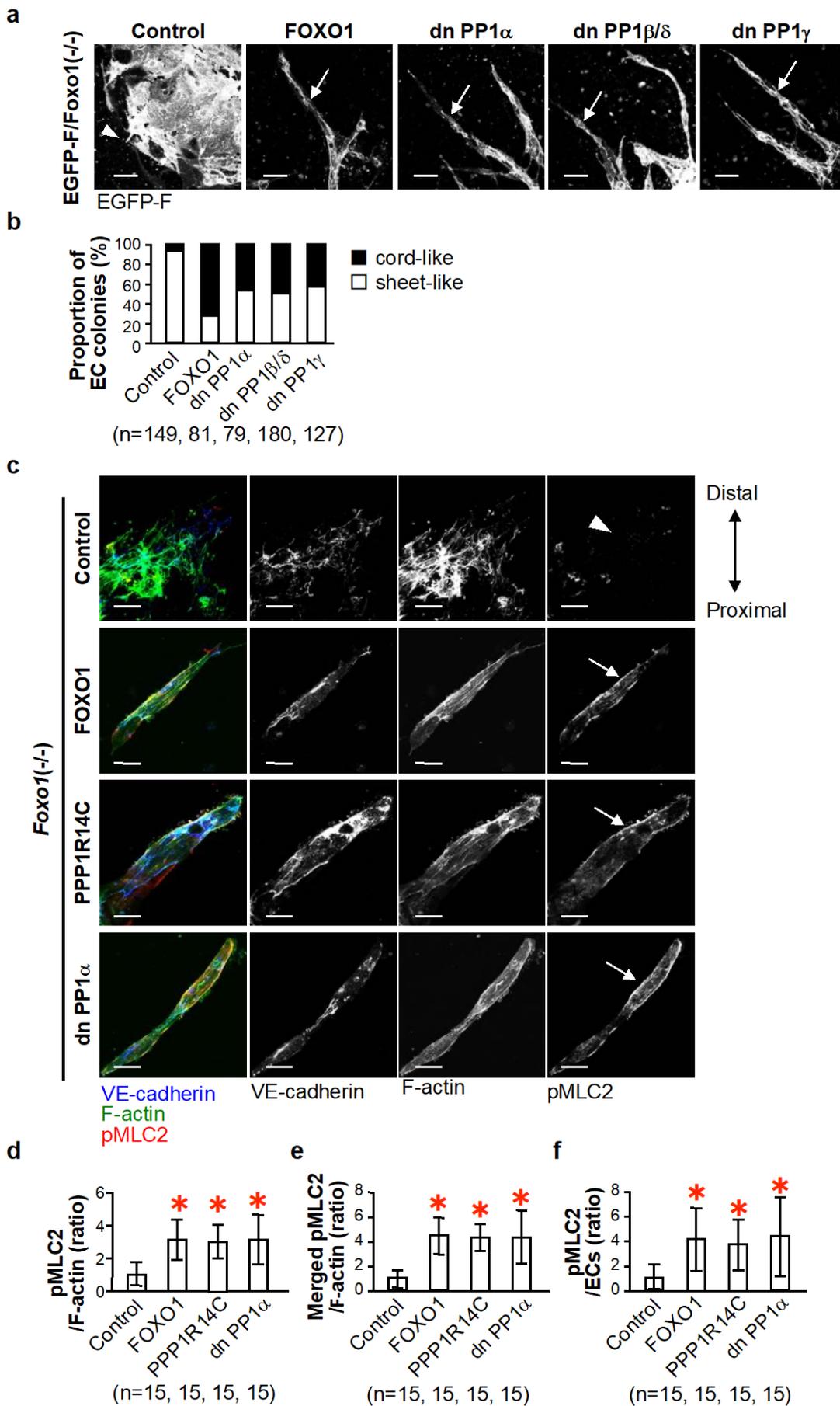


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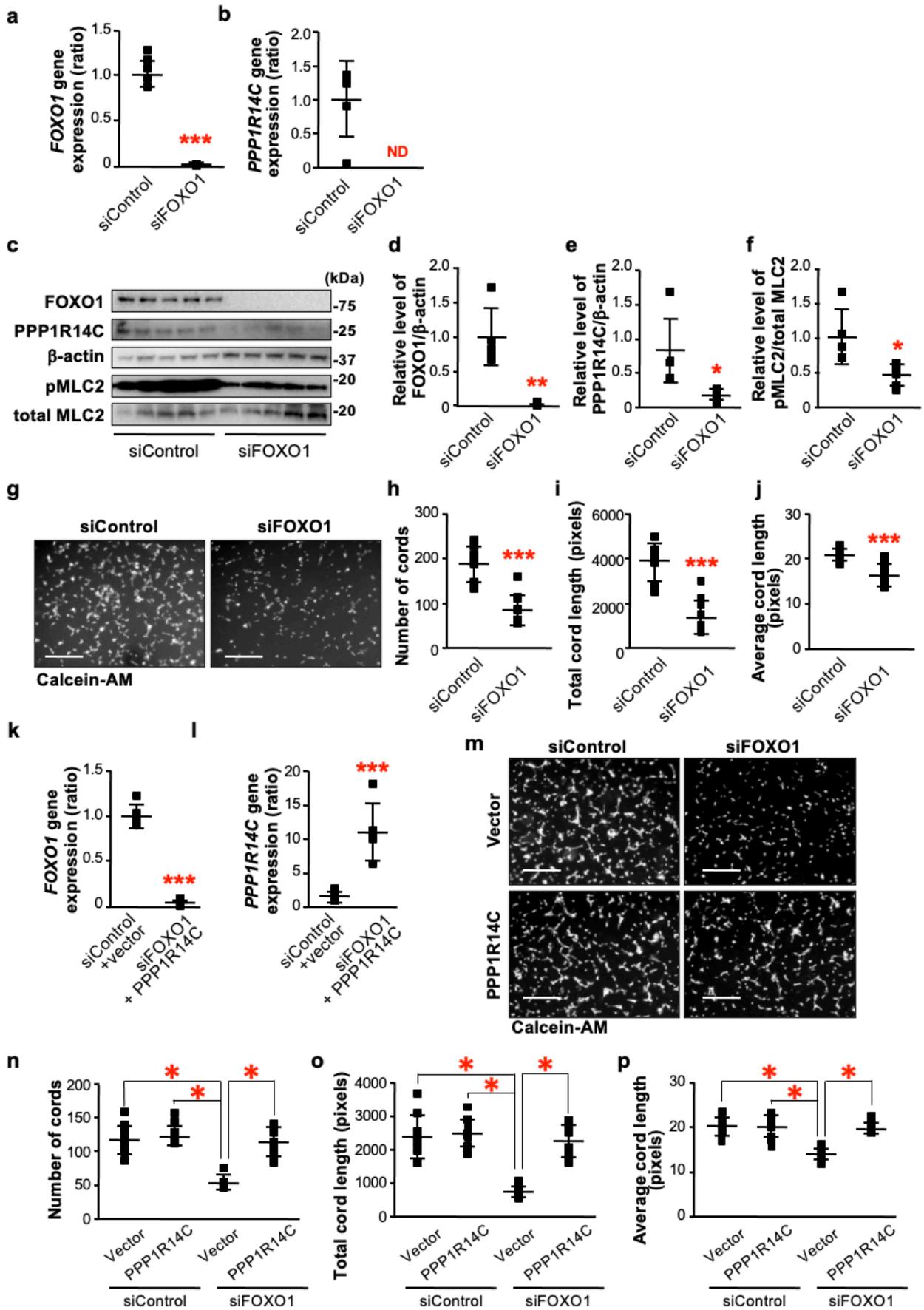
894 **Fig. 1** PPP1R14C restores the abnormal morphology of *Foxo1*<sup>-/-</sup> ECs.  
895 (a and b) *Foxo1*<sup>+/+</sup> or *Foxo1*<sup>-/-</sup> mouse embryonic stem cells (ESCs) were cultured on an OP9 stromal cell layer in  
896 the presence of VEGF-A165 (10 ng/ml). After 6.5 days, VE-cadherin<sup>+</sup> CD31<sup>+</sup> vascular endothelial cells (ECs)  
897 were purified by FACS and subjected to an mRNA expression analysis using real-time PCR. The expression level  
898 of the target genes was normalized to the expression of b2 microglobulin (*B2m*) and presented as a fold change  
899 relative to *Foxo1*<sup>+/+</sup> ECs (n=3 from three independent experiments using one ESC clone for each genotype). Data  
900 were analyzed using an *F*-test, followed by an unpaired two-tailed *t* test (\**P*<0.05). (c and d) VE-cadherin<sup>+</sup> CD31<sup>+</sup>  
901 ECs derived from F10-EGFP ESCs (F10-EGFP/WT) or EGFP-F/*Foxo1*<sup>-/-</sup> ESCs expressing mouse *Foxo1*, human  
902 *PPP1R14C*, or an empty vector (Control) were cultured on an OP9 stromal cell layer in the presence of VEGF-  
903 A165 (10 ng/ml) for 3–4 days. (c) Fluorescence images of EC colonies were obtained using confocal microscopy.  
904 Arrows indicate cord-like EC colonies, and the arrowhead indicates a sheet-like EC colony. Scale bars indicate 50  
905 μm. (d) The percentage of the two types of EC colonies. The total number of EC colonies examined in three  
906 independent experiments using the same clones is indicated in the brackets. (e-i) Flk1<sup>+</sup> mesodermal cells derived  
907 from *Foxo1*<sup>+/+</sup> or *Foxo1*<sup>-/-</sup> ESCs were sorted, aggregated, and cultured in a type I collagen gel in the presence of  
908 VEGF-A165 (10 ng/ml) for 4–5 days to induce vessel-like structures (3D spheroid culture). (e) Diagrammatic  
909 illustration of vessel-like structures. ECs sprouting from aggregates of *Foxo1*<sup>+/+</sup> mesodermal cells form thin-long  
910 elongated vessel-like structures, while *Foxo1*<sup>-/-</sup> ECs form thick-short bundle structures. (f) Representative confocal  
911 images of vessel-like structures immunostained for VE-cadherin (blue), F-actin (green), and phosphorylated  
912 myosin light chain 2 (pMLC2) (red) as shown in merged or separated channels. The arrow indicates an elongated  
913 EC bundle expressing pMLC2 mainly along the cell circumference. The arrowhead indicates an abnormally shaped  
914 EC bundle with no signals of pMLC2 staining, except for cells proximal to the body of the aggregate. The double-  
915 headed arrow indicates the orientation of the EC bundle (proximal to distal). Scale bars indicate 20 μm. (g) The  
916 ratio of the total area of pMLC2 to the total area of F-actin. (h) The ratio of the area of the merged region of  
917 pMLC2 and F-actin to the total area of F-actin. (i) The ratio of the total area of pMLC2 to the total area of ECs.  
918 The total number of vessel-like structures examined in five independent experiments using the same clones is  
919 indicated in the brackets. Data were analyzed using an *F*-test, followed by an unpaired two-tailed *t* test  
920 (\*\*\**P*<0.001).  
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**Fig. 2**



924 **Fig. 2** Dominant-negative PP1 recovers MLC2 phosphorylation and the abnormal morphology of *Foxo1*<sup>-/-</sup> ECs.  
925 (a and b) VE-cadherin<sup>+</sup> CD31<sup>+</sup> ECs derived from EGFP-F/*Foxo1*<sup>-/-</sup> ESCs expressing mouse FOXO1, human  
926 dominant-negative (dn) PP1 $\alpha$ , dn PP1 $\beta/\delta$  or dn PP1 $\gamma$  were cultured on an OP9 stromal cell layer in the presence  
927 of VEGF-A165 (10 ng/ml) for 3–4 days. (a) Fluorescence images of EC colonies were obtained using confocal  
928 microscopy. The arrowhead indicates a sheet-like EC colony, and arrows indicate cord-like EC colonies. Scale  
929 bars indicate 50  $\mu$ m. (b) The percentage of the two types of EC colonies. The total number of EC colonies examined  
930 in three independent experiments using the same clones is indicated in the brackets. (c–f) Flk1<sup>+</sup> mesodermal cells  
931 derived from *Foxo1*<sup>-/-</sup> ESCs expressing mouse FOXO1, human PPP1R14C, or dn PP1 $\alpha$  were aggregated and  
932 cultured in a type I collagen gel in the presence of VEGF-A165 (10 ng/ml) for 4–5 days. (c) Vessel-like structures  
933 were immunostained for VE-cadherin (blue), F-actin (green), and pMLC2 (red), and confocal images were  
934 obtained. The arrowhead indicates an abnormally shaped EC bundle with no signals of pMLC2. Arrows indicate  
935 elongated ECs expressing pMLC2 mainly along the cell circumference. The double-headed arrow indicates the  
936 orientation of the vessel-like structure (proximal to distal). Scale bars indicate 20  $\mu$ m. (d) The ratio of the total  
937 area of pMLC2 to the total area of F-actin. (e) The ratio of the area of the merged region of pMLC2 and F-actin to  
938 the total area of F-actin. (f) The ratio of the total area of pMLC2 to the total area of ECs. The total number of  
939 vessel-like structures examined in three independent experiments using the same clones is indicated in the brackets.  
940 Data were analyzed using Dunnett's test (\* $P$ <0.05 significantly different from the control).  
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**Fig. 3**



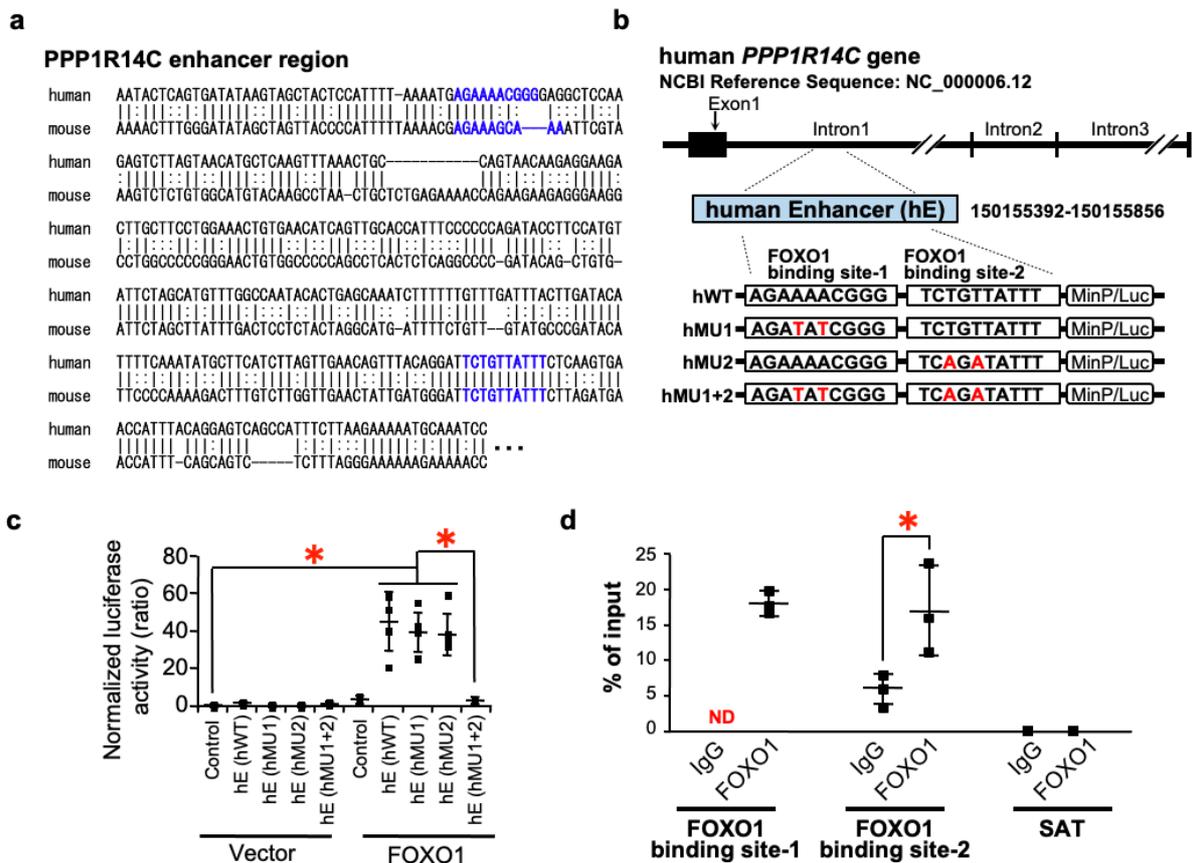
944 **Fig. 3** *FOXO1*-knockdown in HUVECs reduces PPP1R14C expression and MLC2 phosphorylation and  
945 suppresses angiogenesis.

946 (a-j) Human umbilical vein endothelial cells (HUVECs) were transfected with siRNA targeting *FOXO1*  
947 (siFOXO1) to reduce gene expression. Parallel cultures were transfected with the same amount of control siRNA  
948 (siControl). (a and b) The expression levels of *FOXO1* (a) and *PPP1R14C* (b) genes were measured using real-  
949 time quantitative PCR. Expression levels were normalized to *ACTB*. Data are presented as a ratio relative to the  
950 control (n=5 from five independent experiments). Results were analyzed using an *F*-test, followed by an unpaired  
951 two-tailed *t* test ( $***P<0.001$ ). *ND* not detected. (c-f) A Western blot analysis with antibodies against FOXO1,  
952 PPP1R14C, b-actin, pMLC2, and total MLC2. (c) Western blot images. (d-f) Expression levels were normalized  
953 to b-actin (d and e) or total MLC2 (f). Data are presented as a ratio relative to the control (n=5 from five  
954 independent experiments). Results were analyzed using an *F*-test, followed by an unpaired two-tailed *t* test  
955 ( $*P<0.05$ ,  $**P<0.01$ ). (g-j) Vascular cord formation by HUVECs in a type I collagen gel sandwich culture. (g)  
956 Representative calcein-AM fluorescent images of cord structures. Scale bars indicate 500  $\mu\text{m}$ . (h-j) The number  
957 (h) and total length (i) of cord structures and the average cord length (j) per field were examined after 2 days of  
958 culture (n=10 fields per group). Results were analyzed by an *F*-test, followed by an unpaired two-tailed *t* test  
959 ( $***P<0.001$ ). Similar results were obtained in three independent experiments. (k-p) HUVECs were co-  
960 transfected with *FOXO1* siRNA (siFOXO1) and human *PPP1R14C*-expressing plasmids (PPP1R14C). Parallel  
961 cultures were transfected with the same amount of control siRNA (siControl) and pCAGIPuro vector control  
962 (Vector). (k and l) The expression levels of the *FOXO1* (k) and *PPP1R14C* (l) genes were assessed using real-  
963 time quantitative PCR. Expression levels were normalized to *ACTB*. Data are presented as a ratio relative to the  
964 control (n=5 from five independent experiments). Results were analyzed by an *F*-test, followed by an unpaired  
965 two-tailed *t* test ( $***P<0.001$ ). (m-p) Vascular cord formation by HUVECs in a type I collagen gel sandwich  
966 culture. (m) Representative calcein-AM fluorescent images of cord structures. Scale bars indicate 500  $\mu\text{m}$ . (n-p)  
967 The number (n) and total length (o) of cord structures and the average cord length (p) per field were examined  
968 after 2 days of culture (n=10 fields per group). Results were analyzed by Tukey's test ( $*P<0.05$ ). Similar results  
969 were obtained in three independent experiments.

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**Fig. 4**

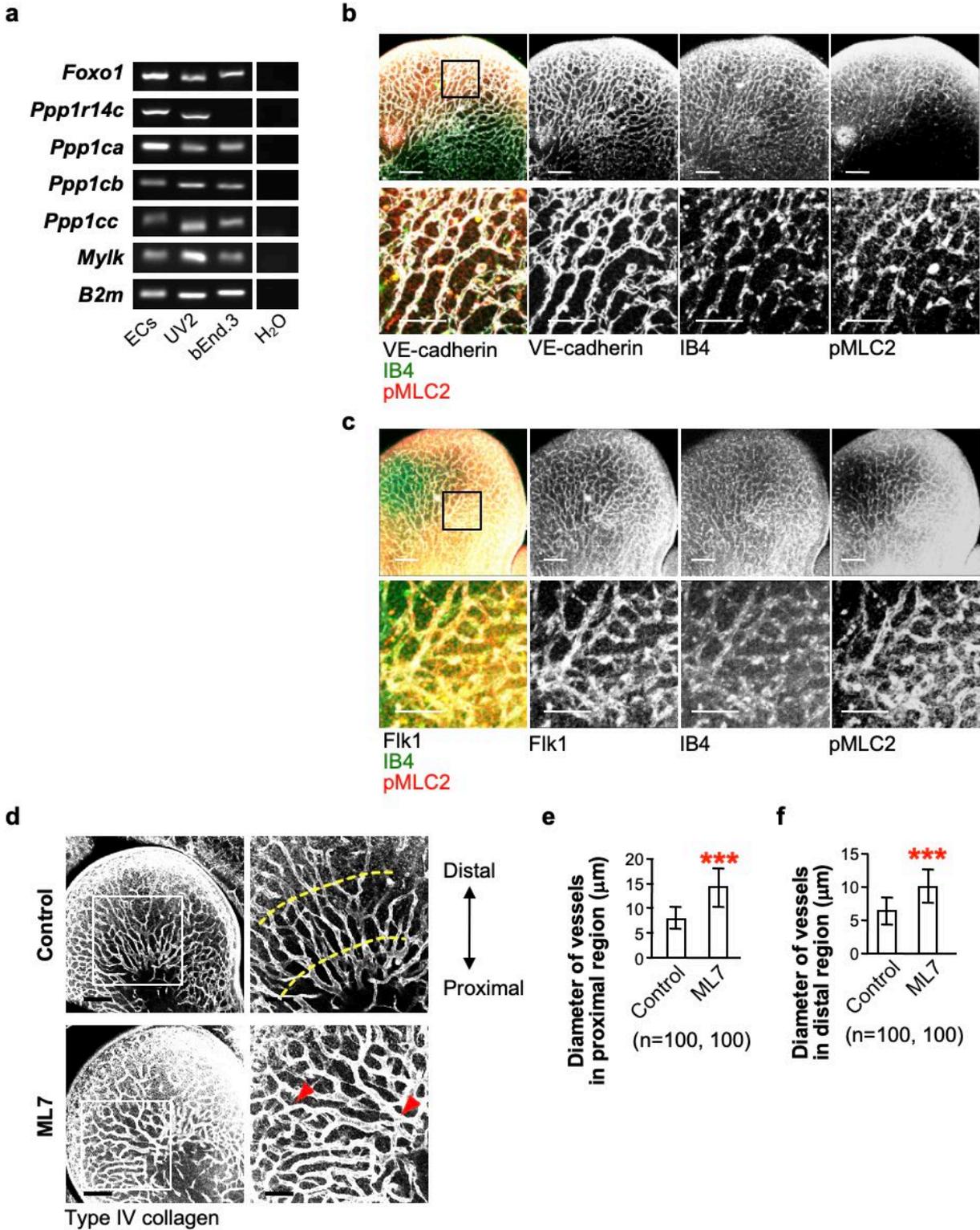


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**Fig. 4** FOXO1 activates the enhancer element located in the first intron of the human *PPP1R14C* gene.

(a) Aligned sequence of the putative enhancer region conserved in the mouse and human *PPP1R14C* genes. Two conserved FOXO1 binding sites are highlighted in blue. (b) Diagram of the putative human enhancer region (hE) containing two FOXO1 binding sites located in the first intron of the human *PPP1R14C* gene. The base numbers indicate the location of hE at the starting and ending points. Lower panels depict the structure of reporter constructs containing the two FOXO1 binding sites (FOXO1 binding sites-1 and -2), in which the consensus sequences are unmodified (hWT) or modified in several ways (hMU1, hMU2, and hMU1+2). Mutations are highlighted in red. MinP and Luc indicate a minimal promoter and the firefly luciferase gene, respectively. (c) Luciferase reporter assay of the enhancer activity of hE. HUVECs were co-transfected with a Renilla luciferase vector (pRL-SV40), firefly luciferase vector, and pCAGIPuro vector with or without the mouse *Foxo1* gene (FOXO1). Luciferase activities were measured one day after transfection. Data are presented as ratios of luciferase activities to the control [pGL empty vector (Control) plus pCAGIPuro empty vector (Vector)]. Results were analyzed using Tukey's test ( $n=5$ ,  $*P<0.05$ ). Similar results were obtained in three independent experiments. (d) CUT&RUN assay using HUVECs with an anti-FOXO1 antibody and real-time PCR assay of FOXO1 binding site-1 and FOXO1 binding site-2 in hE. IgG is an isotype control. Alpha satellite repeat (SAT) is a negative control. Results were analyzed using an *F*-test, followed by an unpaired two-tailed *t* test ( $n=3$ ,  $*P<0.05$ ). ND not detected. Similar results were obtained in three independent experiments.

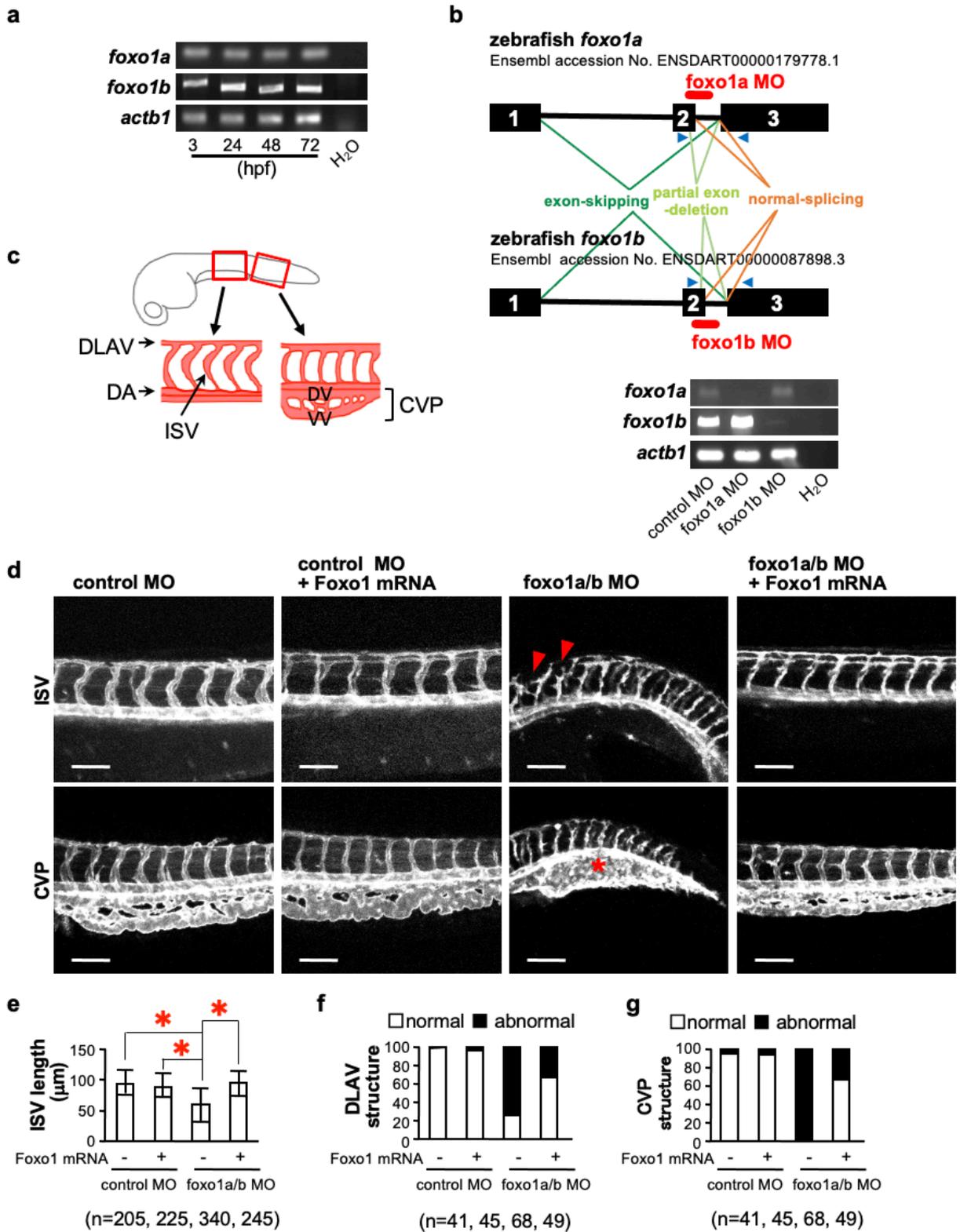
**Fig. 5**



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995 **Fig. 5** MLCK-inhibition causes an abnormal vascular structure in mouse embryos.  
996 (a) The mRNA expression of *Foxo1*, *Ppp1r14c*, *Ppp1ca*, *Ppp1cb*, *Ppp1cc*, and *Mylk* in VE-cadherin<sup>+</sup> Flk1<sup>+</sup> CD31<sup>+</sup>  
997 CD45<sup>-</sup> ECs sorted from E10.5 mouse embryos and the mouse EC lines, UV2 and bEnd.3, was detected using RT-  
998 PCR. *B2m* expression as an internal control and no-template negative control (H<sub>2</sub>O) are shown. Similar results  
999 were obtained from three independent experiments using different batches of collected cells. (b) Representative  
1000 confocal images of the forelimb vessels of E11.5 mouse embryos whole-mount immunostained for VE-cadherin  
1001 (white), isolectin B4 (IB4, green), and pMLC2 (red), shown in merged or separated channels. Lower panels show  
1002 a higher magnification of the boxed area in each upper panel. Scale bars indicate 100 μm (upper panels) or 50 μm  
1003 (lower panels). Similar results were obtained from three independent experiments using embryos of different litters.  
1004 (c) Representative confocal images of forelimb vessels were the same as in (b), except that VE-cadherin was  
1005 replaced by Flk1 (white). (d–f) Pregnant ICR mice were intraperitoneally injected with ML7 (13.58 mg/kg body  
1006 weight) or DMSO as a vehicle control once a day at E8.5, E9.5, and E10.5. (d) The forelimb vessels of E11.5  
1007 mouse embryos were investigated by whole-mount immunostaining for Type IV collagen. Right panels show a  
1008 higher magnification of the boxed area in each left panel. Yellow dot lines indicate the position of vessels  
1009 (proximal and distal) measured in (e) and (f). Red arrowheads indicate abnormally thick and dilated vessels. Scale  
1010 bars indicate 100 μm (left panels) or 50 μm (right panels). Similar results were obtained from three independent  
1011 experiments using embryos of different litters. (e and f) Diameters of the vessels in the proximal region (e) and  
1012 distal region (f). The total number of vessels examined in 20 embryos in three independent experiments is indicated  
1013 in the brackets. Data were analyzed using an *F*-test, followed by an unpaired two-tailed *t* test (\*\*\*)*P*<0.001).  
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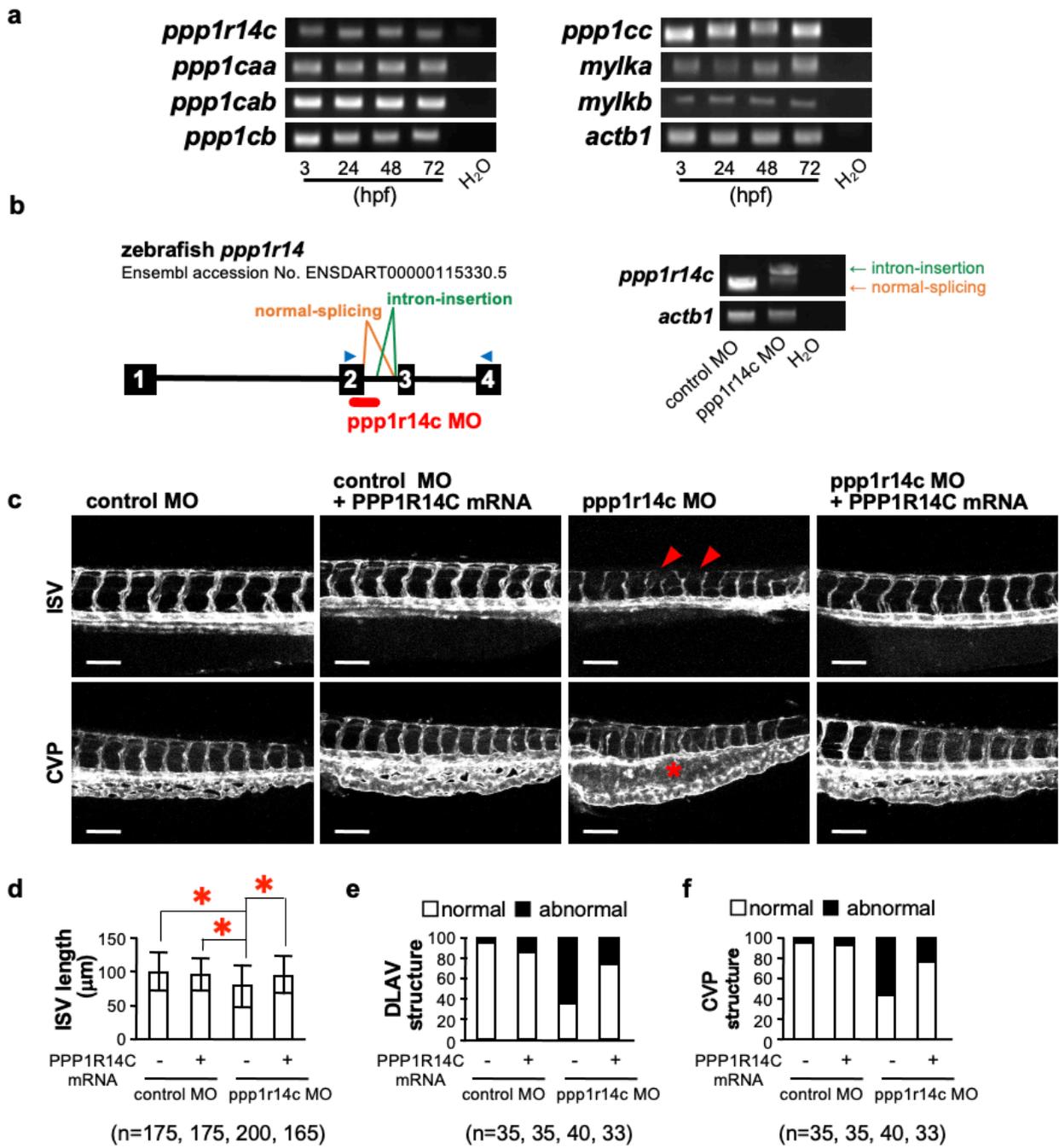
**Fig. 6**



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1018 **Fig. 6** *foxo1*-knockdown causes an abnormal vascular structure in zebrafish embryos.  
1019 (a) *foxo1a* and *foxo1b* mRNA expression in *Tg(fli1a:Myr-mCherry)* zebrafish embryos of the indicated hours post-  
1020 fertilization (hpf) were detected using RT-PCR. *actb1* as an internal control and no-template negative control  
1021 (H<sub>2</sub>O) are shown. Similar results were obtained from three independent experiments. (b) Partial structures of  
1022 zebrafish *foxo1a* and *foxo1b* pre-mRNA. Black rectangles and bars indicate coding exons (exon number in white)  
1023 and introns. Red bars indicate the targets of antisense morpholino oligonucleotides (MO) blocking the splice site  
1024 of second exon and second intron. Possible splicing outcomes are as follows: normal-splicing (orange), exon-  
1025 skipping (green), and partial exon-deletion (light green). Blue arrowheads indicate the primers to confirm the MO  
1026 effects by RT-PCR. Representative results in morphants are shown in the lower panel. *actb1* was amplified as an  
1027 internal control. Control morphants showed the products expected from normal-splicing. No corresponding  
1028 product was detected in *foxo1a* or *foxo1b* morphants, suggesting exon-skipping or partial-deletion. Similar results  
1029 were obtained from three independent experiments. (c) Schematic diagram of the vasculature in the middle trunk  
1030 and tail regions of zebrafish embryos. DLAV: dorsal longitudinal anastomotic vessel, DA: dorsal aorta, ISV:  
1031 intersegmental vessel, DV: dorsal vein, VV: ventral vein, CVP: caudal vein plexus. (d–g) *Tg(fli1a:Myr-mCherry)*  
1032 zebrafish embryos were injected with control MO (control MO) or a mixture of MO targeting *foxo1a* and *foxo1b*  
1033 (*foxo1a/b* MO) (15 ng each, total 30 ng) with or without mouse *Foxo1* mRNA (*Foxo1* mRNA) (400 pg). (d) ISVs  
1034 (upper panels) and CVP (lower panels) were analyzed in 2 days post-fertilization (dpf) embryos. Red arrowheads  
1035 indicate hypoplastic DLAV, and an asterisk indicates an incompletely remodeled CVP. Scale bars indicate 100  
1036  $\mu$ m. Similar results were obtained in three independent experiments. (e) The length of ISVs. Results were analyzed  
1037 using Tukey's test ( $*P<0.05$ ). The total number of ISVs examined in three independent experiments is indicated  
1038 in the brackets. (f) The ratio of embryos with normal and abnormal DLAV. (g) The ratio of embryos with normal  
1039 and abnormal CVP. The total number of embryos examined in three independent experiments is indicated in the  
1040 brackets (f and g).  
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Fig. 7

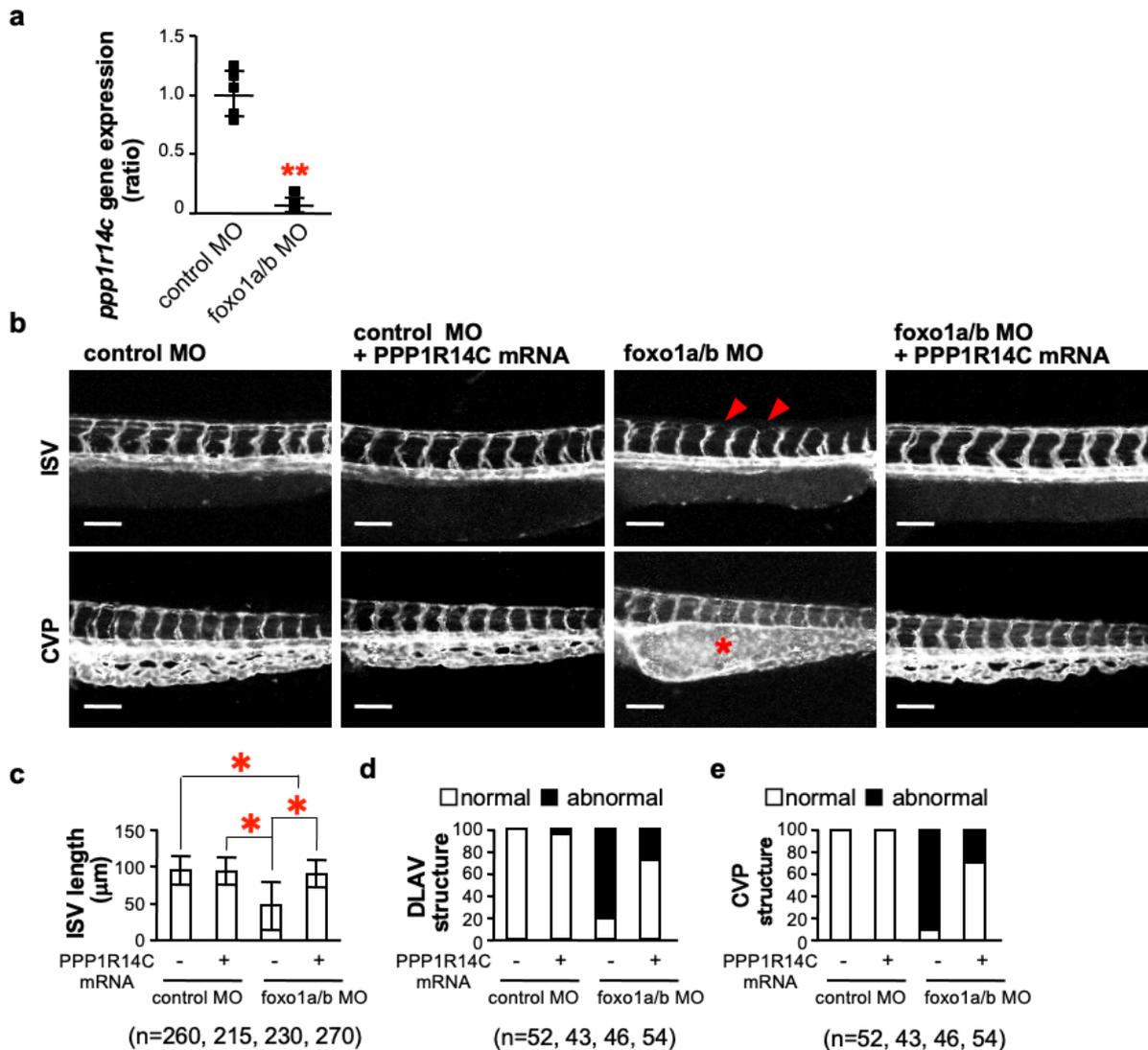


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1048 **Fig. 7** *ppp1r14c*-knockdown causes an abnormal vascular structure in zebrafish embryos.  
1049 (a) The mRNA expression of the genes regulating MLC2 phosphorylation in *Tg(fli1a:Myr-mCherry)* zebrafish  
1050 embryos of the indicated hpf were detected using RT-PCR. *actb1* as an internal control and no-template negative  
1051 control (H<sub>2</sub>O) are shown. Similar results were obtained from three independent experiments. (b) Partial structure  
1052 of zebrafish *ppp1r14c* pre-mRNA. Black rectangles and bars indicate coding exons and introns, respectively.  
1053 Numbers in the rectangles indicate exon numbers. The red bar indicates the target of MO that blocks the splice  
1054 site of the second exon and second intron. Possible splicing outcomes are normal-splicing (orange) and the  
1055 insertion of the intron (green). Blue arrowheads indicate the primer pairs to confirm the effects of MO by RT-PCR.  
1056 Representative results of RT-PCR in morphant zebrafish embryos are shown in the right panel. *actb1* was  
1057 amplified as an internal control. Control morphants showed the amplification products expected from normal-  
1058 splicing, while a product with a larger size was detected in the *ppp1r14c* morphants, suggesting that the intron  
1059 insertion occurred. Similar results were obtained from three independent experiments. (c–f) *Tg(fli1a:Myr-*  
1060 *mCherry)* zebrafish embryos were injected with control MO (control MO) or *ppp1r14c* MO (*ppp1r14c* MO) (7  
1061 ng) with or without human *PPP1R14C* mRNA (*PPP1R14C* mRNA) (400 pg). (c) The structures of ISVs (upper  
1062 panels) and CVP (lower panels) were analyzed in 2 dpf embryos. Red arrowheads indicate hypoplastic DLAV,  
1063 and an asterisk indicates an incompletely remodeled CVP. Scale bars indicate 100 μm. Similar results were  
1064 obtained in three independent experiments. (d) The length of ISVs in the morphants. Results were analyzed using  
1065 Tukey's test (\**P*<0.05). The total number of ISVs examined in three independent experiments is indicated in the  
1066 brackets. (e) The ratio of embryos with normal and abnormal DLAV. (f) The ratio of embryos with normal and  
1067 abnormal CVP. The total number of embryos examined in three independent experiments is indicated in the  
1068 brackets (e and f).  
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Fig. 8



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1074 **Fig. 8** PPP1R14C-induction restores vascular defects in *foxo1* morphants.1075 *Tg(fli1a:Myr-mCherry)* zebrafish embryos were injected with a mixture of MO targeting *foxo1a* and *foxo1b*1076 (*foxo1a/b* MO) (7 ng each, total 14 ng) with or without human *PPP1R14C* mRNA (PPP1R14C mRNA) (400 µg).1077 (a) The expression of the *ppp1r14c* gene in *foxo1a/b* morphants 2 dpf was detected using real-time quantitative1078 PCR. Expression levels were normalized to that of *actb1*. Data are presented as a ratio relative to the control (n=51079 from five independent experiments). Results were analyzed by an *F*-test, followed by an unpaired two-tailed *t* test1080 (\*\**P*<0.01). (b) The structures of ISVs (upper panels) and CVP (lower panels) were analyzed in 2 dpf embryos.

1081 Red arrowheads indicate hypoplastic DLAV, and an asterisk indicates an incompletely remodeled CVP. Scale bars

1082 indicate 100 µm. Similar results were obtained in three independent experiments. (c) The length of ISVs in the

1083 morphants. Results were analyzed using Tukey's test (\**P*<0.05). The total number of ISVs examined in three

1084 independent experiments is indicated in the brackets. (d) The ratio of embryos with normal and abnormal DLAV.

1085 (e) The ratio of embryos with normal and abnormal CVP. The total number of embryos examined in three

1086 independent experiments is indicated in the brackets (d and e).

## **Supplementary Information**

**Title:** FOXO1 promotes endothelial cell elongation and angiogenesis by up-regulating the phosphorylation of myosin light chain 2

**Journal:** Angiogenesis

**Authors:** Kiyomi Tsuji-Tamura<sup>1\*</sup>, and Minetaro Ogawa<sup>2</sup>

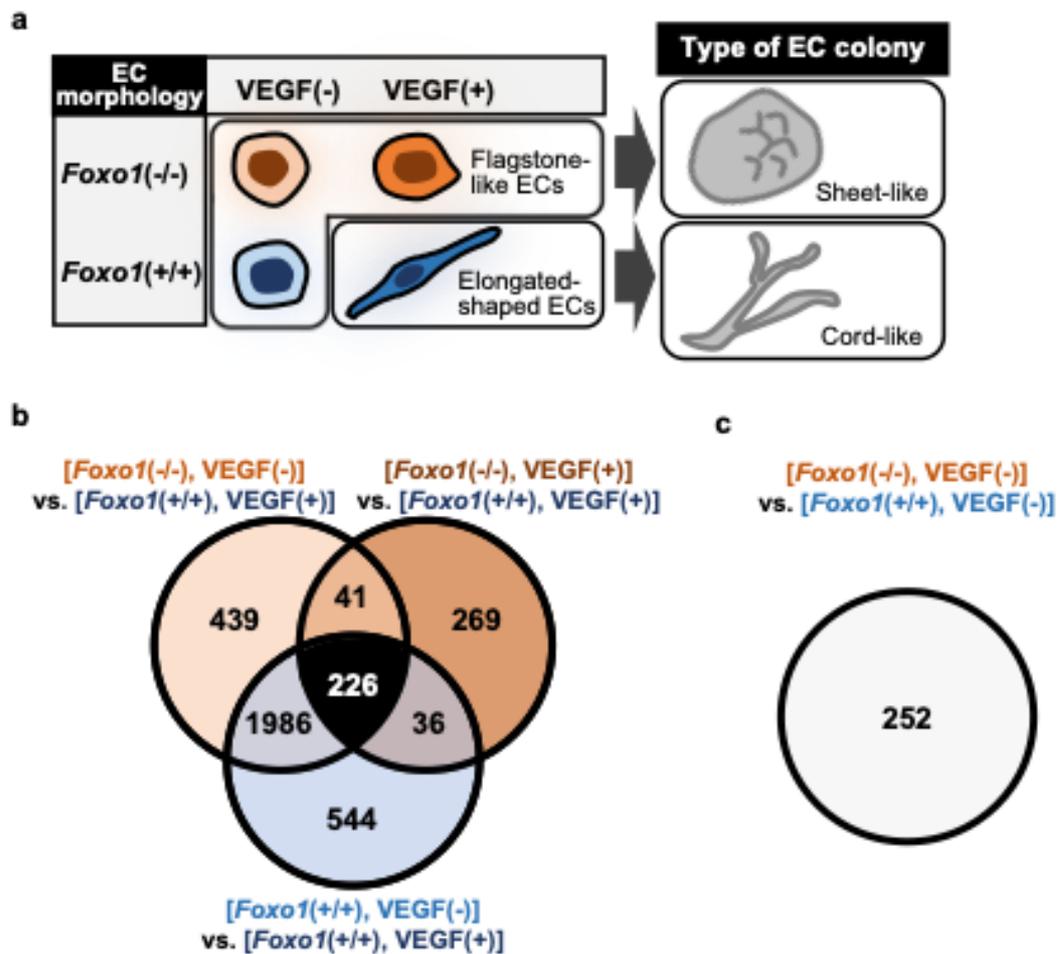
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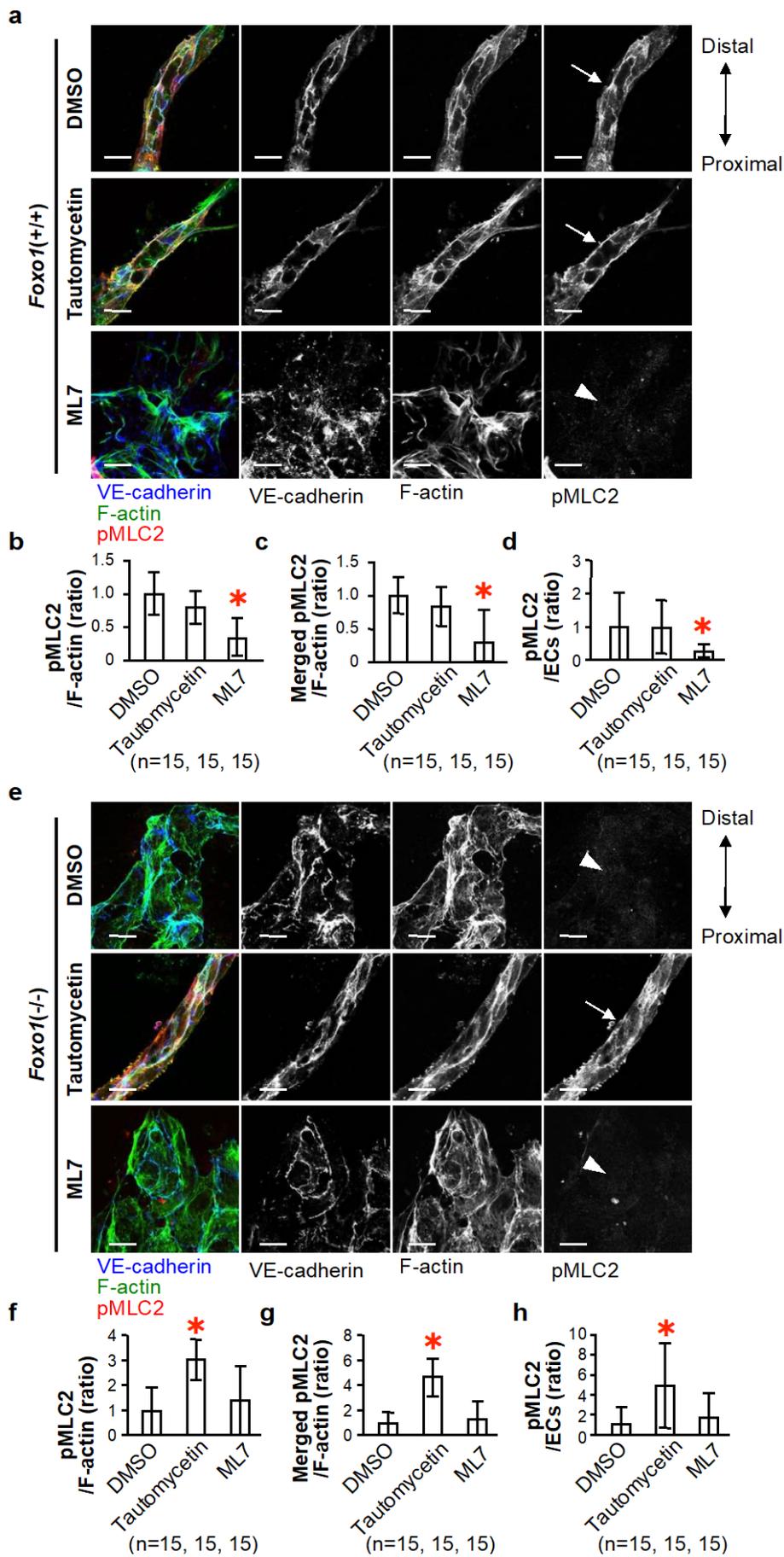
## Supplementary Fig. 1



**Supplementary Fig. 1** Venn diagram of differentially expressed genes in endothelial cells.

(a) Schematic illustration of the morphology of embryonic stem cells-derived vascular endothelial cells (ESC-ECs) and the type of vascular endothelial cell (EC) colony. *Foxo1*<sup>-/-</sup> ESC-ECs and *Foxo1*<sup>+/+</sup> ESC-ECs show a flagstone-like shape and form sheet-like colonies on the OP9 stromal cell layer in the absence of exogenous VEGF-A165. A stimulation with a high concentration of VEGF-A165 (10 ng/ml) induces the elongation of *Foxo1*<sup>+/+</sup> ESC-ECs, which form long cord-like colonies. In contrast, *Foxo1*<sup>-/-</sup> ESC-ECs do not elongate, show an abnormal flagstone-like shape, and form abnormal sheet-like colonies in response to exogenous VEGF-A165. (b) Venn diagram of the number of differentially expressed genes (DEGs) in *Foxo1*<sup>-/-</sup> ESC-ECs in the absence or presence of VEGF-A165 [*Foxo1*<sup>(-/-)</sup>, VEGF(-); *Foxo1*<sup>(-/-)</sup>, VEGF(+)] or *Foxo1*<sup>+/+</sup> ESC-ECs in the absence of VEGF-A165 [*Foxo1*<sup>(+/+)</sup>, VEGF(-)] relative to *Foxo1*<sup>+/+</sup> ESC-ECs in the presence of VEGF-A165 [*Foxo1*<sup>(+/+)</sup>, VEGF(+)]. The intersection shown in black indicates the 226 genes commonly reduced in the three flagstone-like EC groups relative to the elongated EC group and, thus, are defined as “EC elongation-related genes (ERGs)”. (c) The expression of 252 genes was lower in *Foxo1*<sup>-/-</sup> ESC-ECs than in *Foxo1*<sup>+/+</sup> ESC-ECs in the absence of VEGF-A165. They represent *Foxo1*-dependent genes expressed in steady-state ECs. Notably, most ERGs in (b) are not extracted in the comparison in (c), suggesting that the gene expression landscape is dynamically changing in EC elongation.

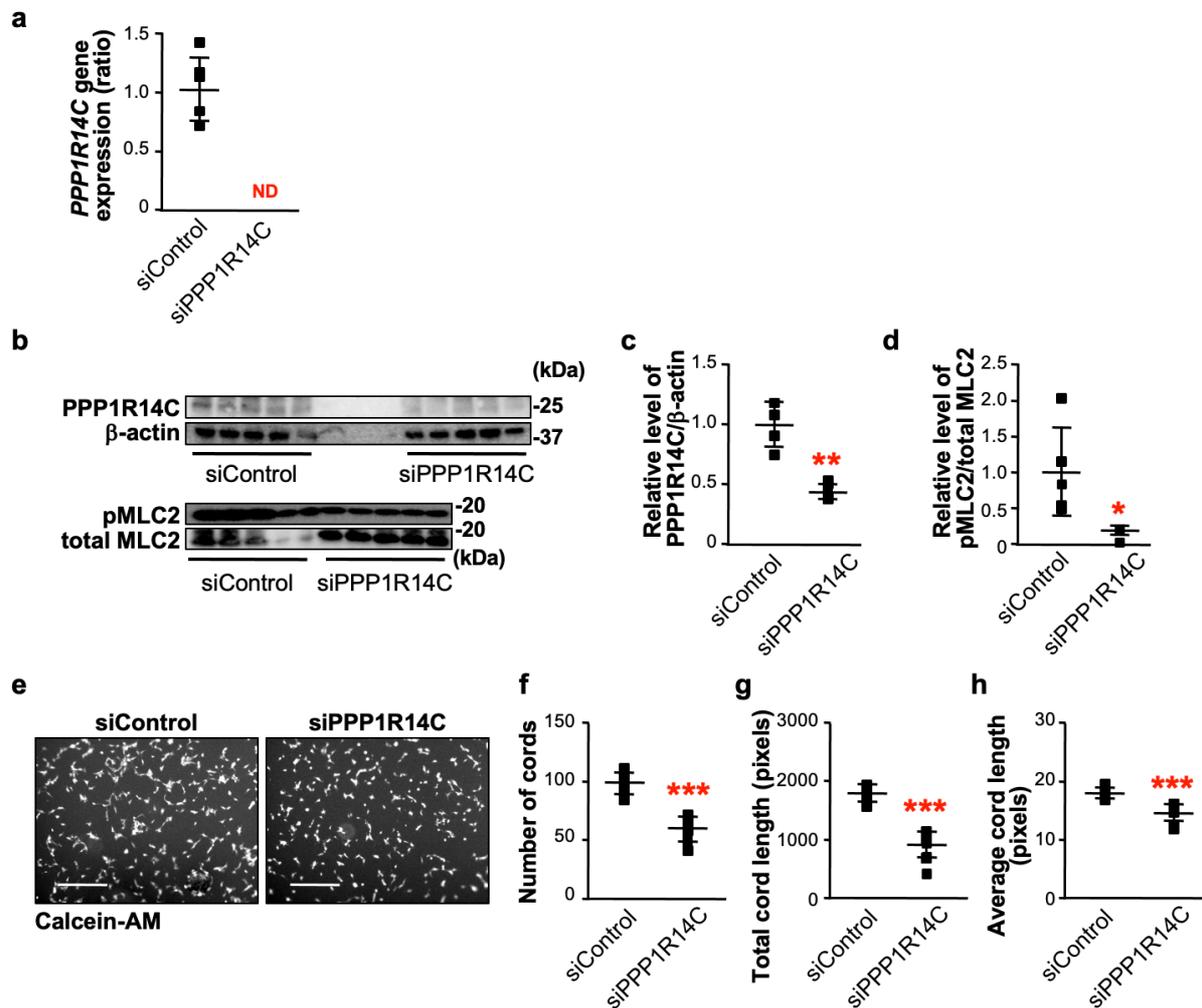
Supplementary Fig. 2



**Supplementary Fig. 2** The phosphorylation of MLC2 is required for EC elongation.

Flk1<sup>+</sup> mesodermal cells derived from *Foxo1*<sup>+/+</sup> ESCs (a–d) or *Foxo1*<sup>-/-</sup> ESCs (e–h) were aggregated and cultured in a type I collagen gel in the presence of VEGF-A165 (10 ng/ml). After one day, tautomycetin (5 nmol/L), ML7 (3 μmol/L), or DMSO was added and cultured for 3 days. (a and e) Representative confocal images of vessel-like structures immunostained for VE-cadherin (blue), F-actin (green), and pMLC2 (red). Arrows indicate elongated ECs expressing pMLC2 mainly along the cell circumference. Arrowheads indicate aberrantly shaped ECs with no signals of pMLC2 staining. Double-headed arrows indicate the orientation of the vessel-like structure (proximal to distal). Scale bars indicate 20 μm. Similar results were obtained in three independent experiments using the same clones. (b and f) The ratio of the total area of pMLC2 to the total area of F-actin. (c and g) The ratio of the area of the merged region of pMLC2 and F-actin to the total area of F-actin. (d and h) The ratio of the total area of pMLC2 to the total area of ECs. The total number of vessel-like structures examined in three independent experiments is indicated in the brackets. Data were analyzed using Dunnett's test (\**P*<0.05 significantly different from the DMSO control).

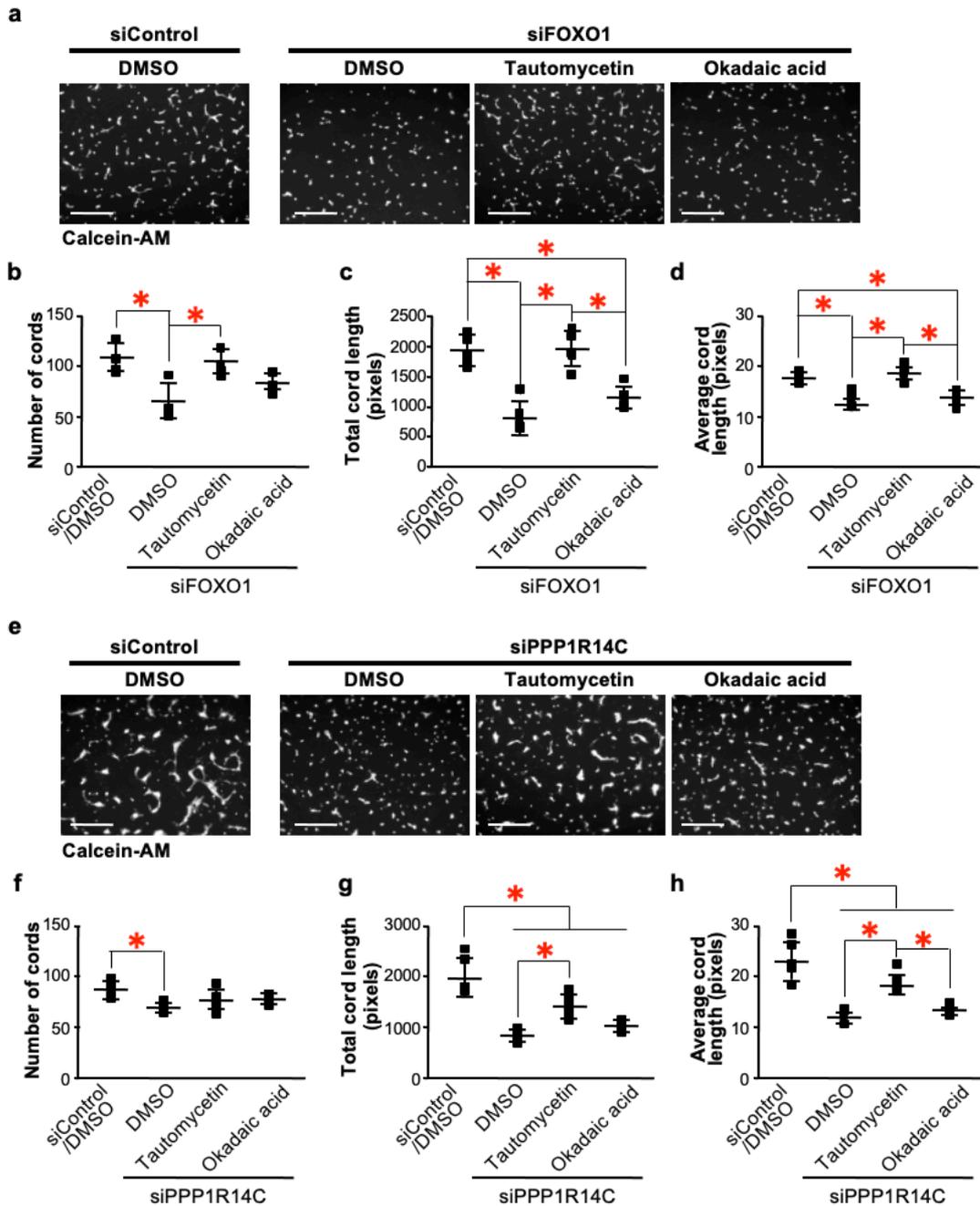
### Supplementary Fig. 3



**Supplementary Fig. 3** The knockdown of *PPP1R14C* in HUVECs suppresses MLC2 phosphorylation and angiogenesis.

HUVECs were transfected with siRNA targeting *PPP1R14C* (siPPP1R14C) to reduce gene expression. Parallel cultures were transfected with the same amount of control siRNA (siControl). (a) The expression level of the *PPP1R14C* gene was assessed using real-time quantitative PCR. Expression levels were normalized to *ACTB*. Data are presented as a ratio relative to the control (n=5 from five independent experiments). ND not detected. (b–d) Western blot analysis with antibodies against PPP1R14C,  $\beta$ -actin, pMLC2, and total MLC2. (b) Western blot images. (c and d) Expression levels were normalized to  $\beta$ -actin (c) and total MLC2 (d). Data are presented as a ratio relative to the control (n=5 from five independent experiments). Results were analyzed by an *F*-test, followed by an unpaired two-tailed *t* test (\* $P$ <0.05, \*\* $P$ <0.01). (e–h) Vascular cord formation by HUVECs in a type I collagen gel sandwich culture. (e) Representative calcein-AM fluorescent images of cord structures. Scale bars indicate 500  $\mu$ m. (f–h) The number (f) and total length (g) of cord structures and the average cord length (h) per field were examined after 2 days of culture (n=10 fields per group). Results were analyzed by an *F*-test, followed by an unpaired two-tailed *t* test (\*\* $P$ <0.001). Similar results were obtained in three independent experiments.

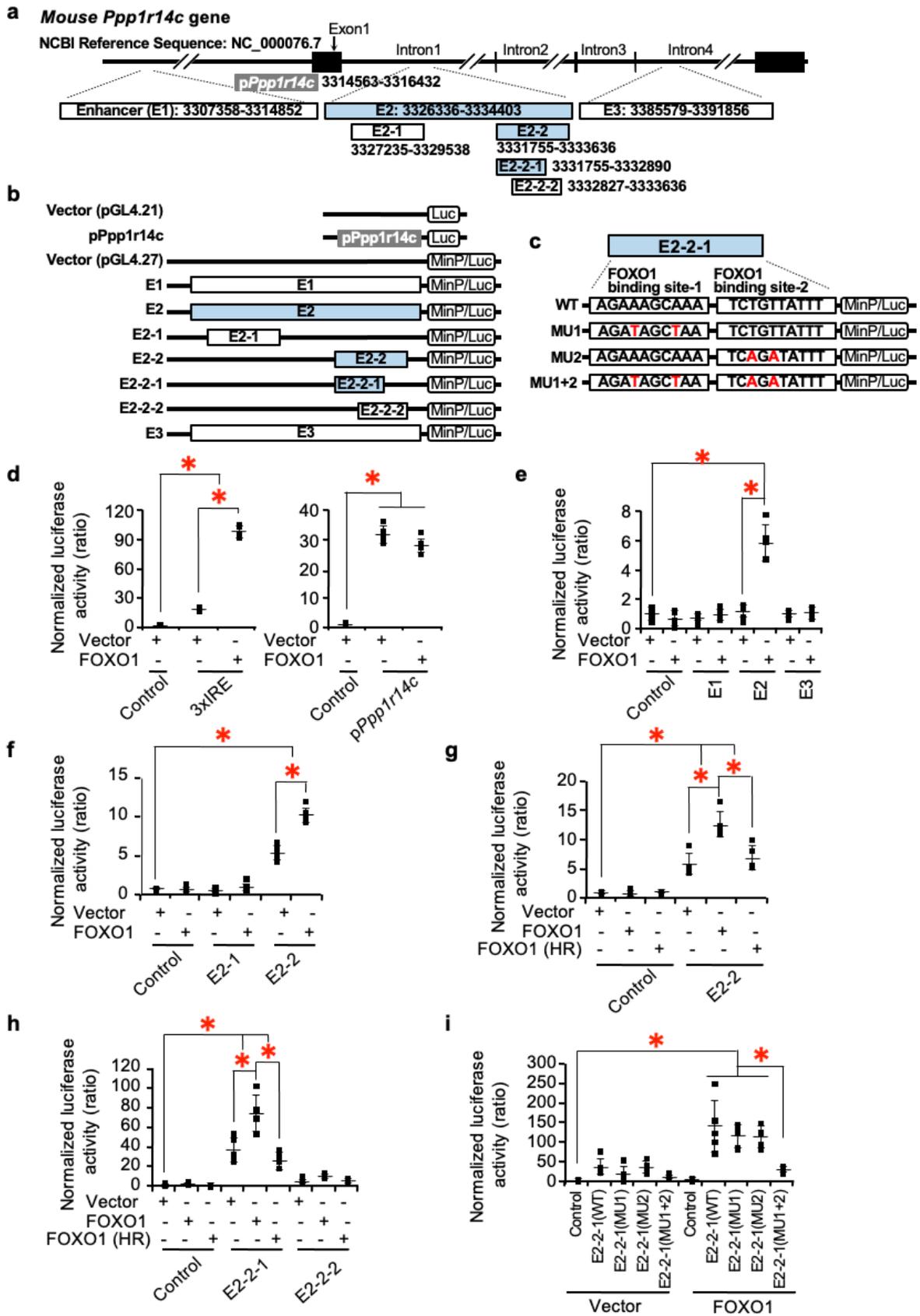
**Supplementary Fig. 4**



**Supplementary Fig. 4** PP1 inhibition by tautomycin rescues the abnormal morphology of *FOXO1*- or *PPP1R14C*-knockdown in HUVECs.

HUVECs were transfected with *FOXO1* siRNA (siFOXO1) (a-d) or *PPP1R14C* siRNA (siPPP1R14C) (e-h). Parallel cultures were transfected with the same amount of control siRNA (siControl). The cells were cultured in type I collagen sandwich gels, and treated with tautomycin (1 nmol/L), Okadaic acid (1 nmol/L), or DMSO for 2 days. (a and e) Representative calcein-AM fluorescent images of cord structures. Scale bars indicate 500  $\mu$ m. (b-d and f-h) The number (b and f) and total length (c and g) of cord structures and the average cord length (d and h) per field were examined after 2 days of culture (n=5 fields per group). Results were analyzed by Tukey's test (\* $P < 0.05$ ). Similar results were obtained in three independent experiments.

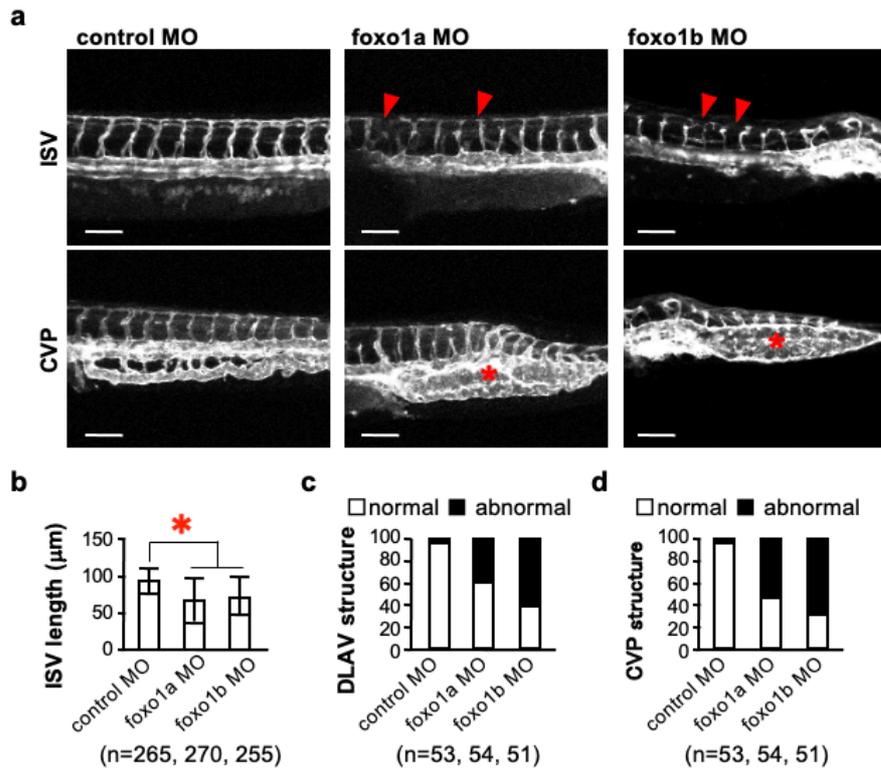
## Supplementary Fig. 5



**Supplementary Fig. 5** FOXO1 activates the enhancer element located in the first intron of the mouse *Ppp1r14c* gene.

(a) Diagram of the promoter and putative enhancer regions in the mouse *Ppp1r14c* gene. The promoter region and three putative enhancer regions are depicted as p*Ppp1r14c* and E1, E2, and E3, respectively. Base numbers indicate the location of the enhancer regions and their subregions at the starting and ending points. Regions in light blue contain FOXO1-binding sites. (b) Diagram of the plasmid constructs used in reporter assays for the promoter and putative enhancer regions. Luc: the firefly luciferase gene, MinP: minimal promoter. (c) Diagram of the plasmid constructs used in reporter assays for E2-2-1 containing two FOXO1-binding sites (FOXO1-binding sites 1 and 2). The mutations induced in the binding sites are indicated in red. (d–i) Luciferase reporter assay of the *Ppp1r14c* promoter and enhancer activities. The mouse EC line UV2 was co-transfected with the Renilla luciferase vector (pRL-SV40), firefly luciferase vector, and pCAGIPuro vector with or without the mouse *Foxo1* gene (FOXO1). Luciferase activity was measured at 2 days after transfection. Data are presented as the ratios of luciferase activities to the control [pGL empty vector (Control) plus pCAGIPuro empty vector (Vector)]. Results were analyzed using Tukey's test (n=5, \* $P < 0.05$ ). Similar results were obtained in three independent experiments. Induced FOXO1 activated insulin response elements (3×IRE) (d, left panel). The activity of the *Ppp1r14c* promoter was independent of FOXO1 (d, right panel). Among the three putative enhancer regions, only E2 showed activation that was dependent on FOXO1 (e). Within E2, the E2-2 subregion was activated by FOXO1 (f). FOXO1 (HR), a DNA binding-deficient form of FOXO1 caused by converting the histidine 212 residue to arginine, failed to activate E2-2 (g). Within E2-2, the E2-2-1 subregion was activated by FOXO1, but not FOXO1 (HR) (h). Mutations disrupting the binding motifs in both sites reduced the activity of E2-2-1 (i).

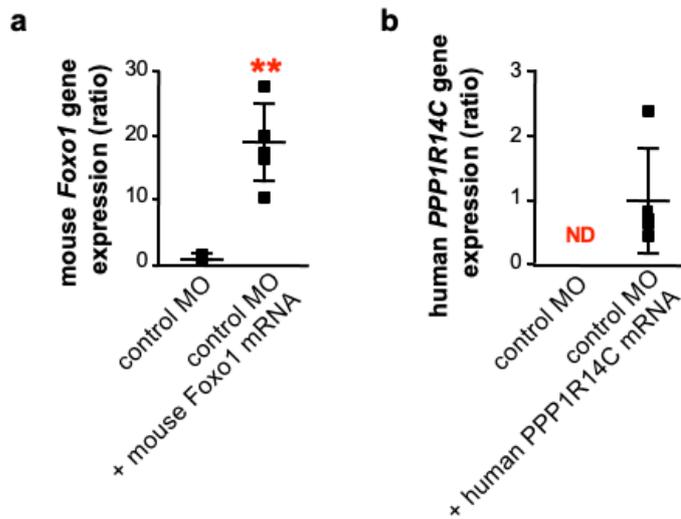
**Supplementary Fig. 6**



**Supplementary Fig. 6** The knockdown of *foxo1a* or *foxo1b* causes an abnormal vascular structure in zebrafish embryos.

*Tg(fli1a:Myr-mCherry)* zebrafish embryos were injected with foxo1a MO (foxo1a MO) or foxo1b MO (foxo1b MO) (15 ng). (a) The structures of ISV (upper panels) and CVP (lower panels) were analyzed in 2 dpf embryos. Red arrowheads indicate hypoplastic DLAV, and asterisks indicate an incompletely remodeled CVP. Scale bars indicate 100 µm. Similar results were obtained in three independent experiments. (b) The length of ISVs in the morphants. Results were analyzed using Tukey's test ( $*P < 0.05$ ). The total number of ISVs examined in three independent experiments is indicated in the brackets. (c) The ratio of embryos with normal and abnormal DLAV. (d) The ratio of embryos with normal and abnormal CVP. The total number of embryos examined in three independent experiments is indicated in the brackets (c and d).

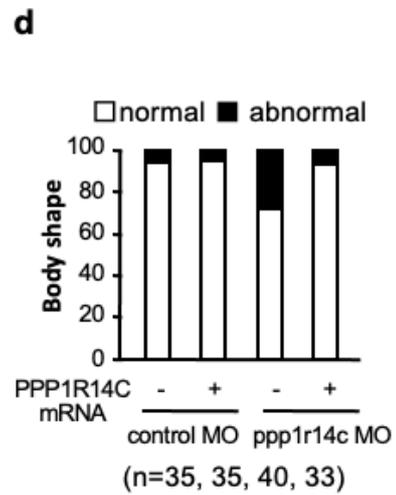
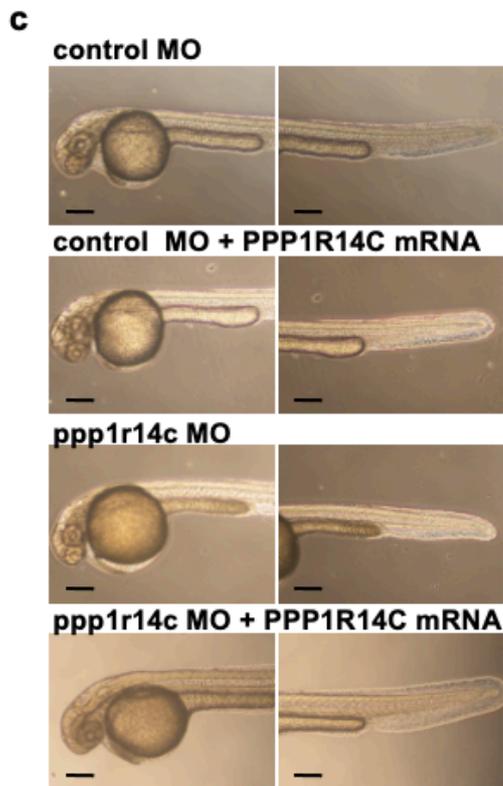
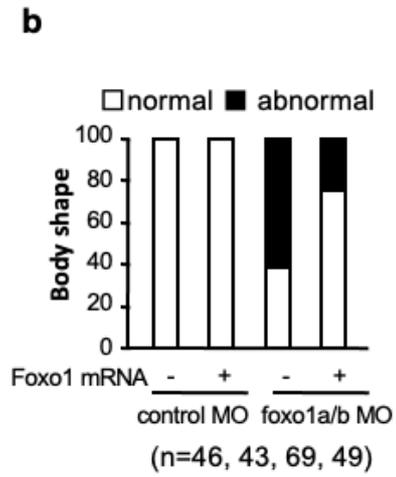
### Supplementary Fig. 7



**Supplementary Fig. 7** *Foxo1* and *PPP1R14C* mRNA injected into zebrafish embryos is detectable by PCR.

*Tg(fli1a:Myr-mCherry)* zebrafish embryos were injected with control MO (14 or 7 ng) with or without mouse *Foxo1* or human *PPP1R14C* mRNA (400 pg each). Mouse *Foxo1* mRNA (a) and human *PPP1R14C* mRNA (b) in zebrafish embryos at 2 dpf were detected using real-time quantitative PCR. Expression levels were normalized to zebrafish *actb1*. Data are presented as a ratio relative to the control. Results were analyzed by an F-test, followed by an unpaired two-tailed *t* test ( $n=5$  from five independent experiments,  $**P<0.01$ ). The small amount of *Foxo1* amplification detected in the control may be due to the sequence of the mouse *Foxo1* primers that are partially homologous to the zebrafish *foxo1* genes (a). *ND* not detected (b).

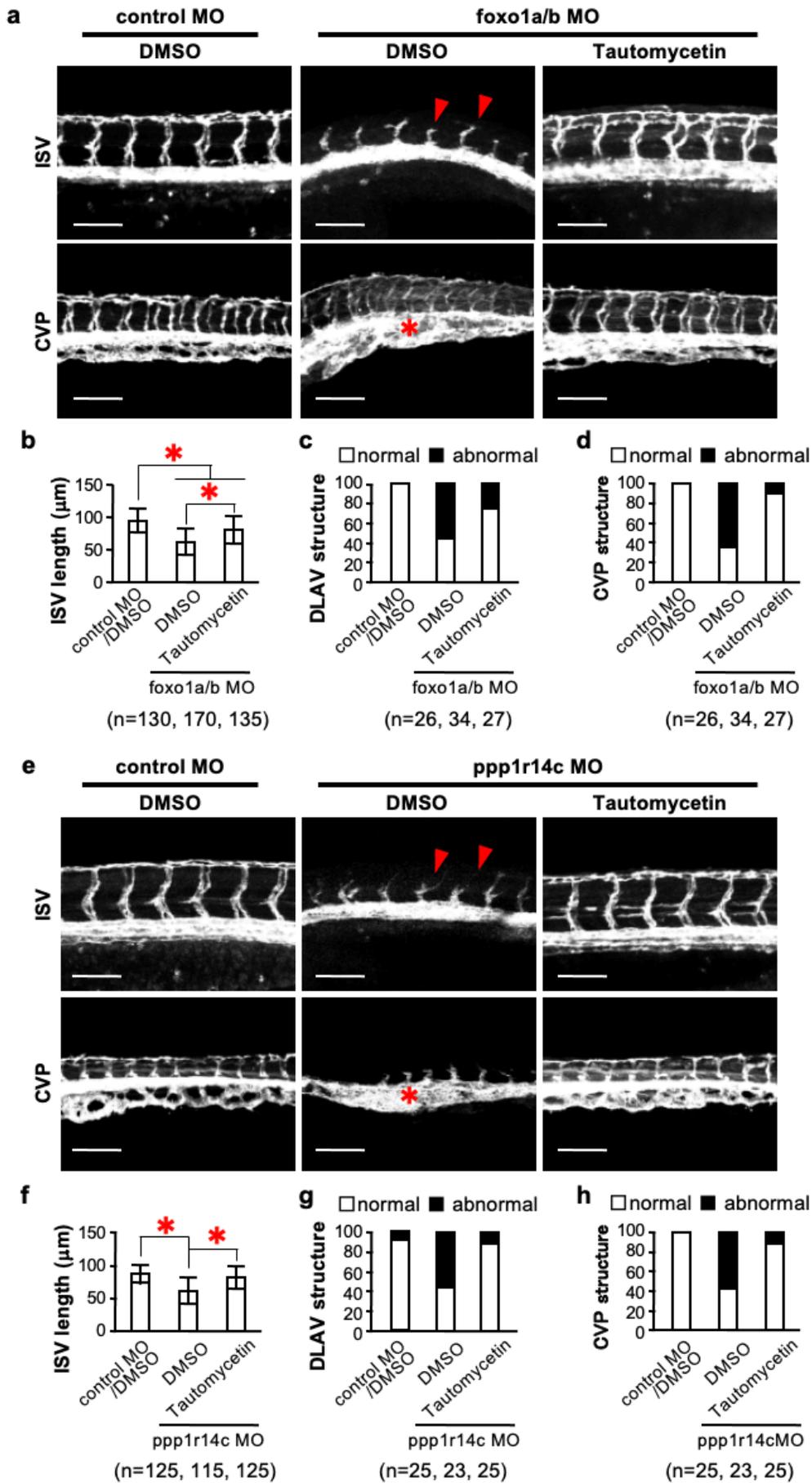
**Supplementary Fig. 8**



**Supplementary Fig. 8** *foxo1*-knockdown causes an abnormal body shape in zebrafish embryos.

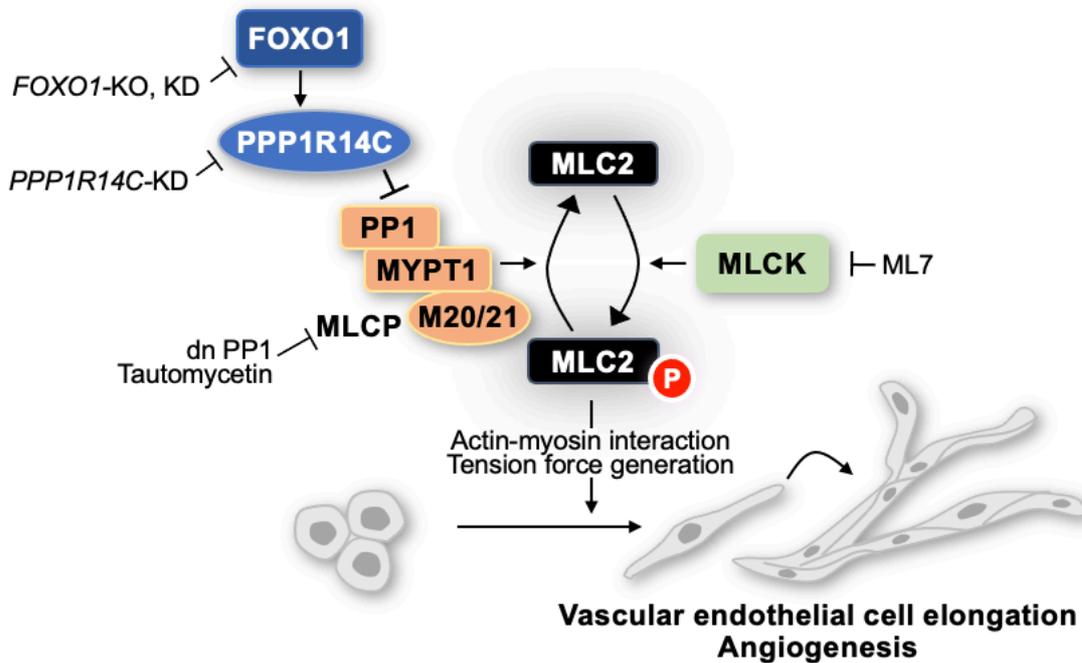
*Tg(fli1a:Myr-mCherry)* zebrafish embryos were injected with control MO (control MO) or a mixture of MO targeting *foxo1a* and *foxo1b* (*foxo1a/b* MO) (15 ng each, total 30 ng) with or without mouse *Foxo1* mRNA (*Foxo1* mRNA) (400 pg) (a and b), or a MO targeting *ppp1r14c* (*ppp1r14c* MO) (7 ng) with or without human *PPP1R14C* mRNA (*PPP1R14C* mRNA) (400 pg) (c and d). (a and c) The representative body shape of 2 dpf embryos. Red arrows indicate bent bodies. Abnormal bent bodies were shown in many of the *foxo1a/b* morphants (60.9%) or some of the *ppp1r14c* morphants (27.5%). Scale bars indicate 200  $\mu$ m. Similar results were obtained in three independent experiments. (b and d) The ratio of embryos with normal and abnormal body shapes. The total number of embryos examined in three independent experiments is indicated in the brackets.

**Supplementary Fig. 9**



**Supplementary Fig. 9** PP1 inhibition by tautomycetin restores vascular defects in *foxo1* or *ppp1r14* morphants. *Tg(fli1a:Myr-mCherry)* zebrafish embryos were injected with a mixture of MO targeting *foxo1a* and *foxo1b* (*foxo1a/b* MO) (7 ng each, total 14 ng) (a-d) or *ppp1r14c* (*ppp1r14c* MO) (7 ng) (e-h). The embryos at 6 hpf were exposed to tautomycetin (30 nmol/L). (a and e) The structures of ISVs (upper panels) and CVP (lower panels) were analyzed in 2 dpf embryos. Red arrowheads indicate hypoplastic DLAV, and an asterisk indicates an incompletely remodeled CVP. Scale bars indicate 100  $\mu$ m. Similar results were obtained in three independent experiments. (b and f) The length of ISVs in the morphants. Results were analyzed using Tukey's test ( $*P<0.05$ ). The total number of ISVs examined in three independent experiments is indicated in the brackets. (c and g) The ratio of embryos with normal and abnormal DLAV. (d and h) The ratio of embryos with normal and abnormal CVP. The total number of embryos examined in three independent experiments is indicated in the brackets (c, d, and g, h).

**Supplementary Fig. 10**



**Supplementary Fig. 10** Schematic model of the regulation of endothelial cell elongation by FOXO1 through the phosphorylation of MLC2.

Endothelial cell elongation requires the phosphorylation of MLC2. MLCK catalyzes the phosphorylation of MLC2. In contrast, MLCP, a heterotrimeric complex consisting of PP1, MYPT1, and M20/21, dephosphorylates pMLC2. FOXO1 up-regulates the transcription of the *PPP1R14C* gene. PPP1R14C inhibits PP1 activity, leading to the inactivation of MLCP and an increase in MLC2 phosphorylation. The resulting actin-myosin interaction generates tension, which may propel endothelial cell elongation and angiogenesis. Target molecules for knockout (KO), knockdown (KD), dominant-negative forms (dn), and chemical inhibitors used in the present study are included in the scheme.

Supplementary Table 1. Endothelial cell elongation-related genes (ERG) with a log2 fold change (LogFC) <-0.6 in differentially expressed genes

Gene_Symbol	logFC			Ensembl_Gene_ID
	[Foxo1(-/-), VEGF(-)]	[Foxo1(++), VEGF(-)]	[Foxo1(-/-), VEGF(+)]	
# Foxo1	-2.769	0.579	-3.840	ENSMUSG00000044167
Abcb6	-1.387	-1.586	-0.706	ENSMUSG00000026198
Abcg1	-1.102	-0.967	-0.919	ENSMUSG00000026330
Acaca	-1.320	-1.307	-0.600	ENSMUSG00000026532
Acp5	-2.140	-2.374	-1.190	ENSMUSG00000001348
Acs1	-1.408	-1.544	-0.661	ENSMUSG00000027452
Adams1L	-1.237	-1.391	-0.655	ENSMUSG00000059901
Add2	-2.244	-2.660	-1.210	ENSMUSG00000030000
Adi1	-0.899	-0.842	-1.110	ENSMUSG00000026229
Adk	-1.187	-1.259	-0.866	ENSMUSG00000039197
Adra2a	-1.347	-1.181	-1.080	ENSMUSG00000033717
Ak31	-1.353	-1.124	-0.625	ENSMUSG00000028527
Alch1a7	-1.339	-1.807	-1.220	ENSMUSG00000024747
Alox5	-1.881	-1.519	-0.642	ENSMUSG00000025701
Ankrd27	-1.383	-1.340	-0.831	ENSMUSG00000034867
Ankrd41	-1.979	-2.348	-0.627	ENSMUSG00000046295
Ankrd6	-0.980	-1.603	-1.180	ENSMUSG00000040183
Ankrd9	-1.176	-1.320	-0.997	ENSMUSG00000037904
Ap4e1	-1.006	-0.820	-0.972	ENSMUSG00000001998
Aqp8	-1.525	-1.431	-1.110	ENSMUSG00000033762
Arid2	-1.569	-1.412	-0.625	ENSMUSG00000033237
Ars2	-2.062	-1.866	-0.614	ENSMUSG00000033784
Arvcf	-0.666	-0.720	-0.754	ENSMUSG00000000325
Asb17	-1.472	-1.342	-1.540	ENSMUSG00000038997
Atf7	-0.976	-1.077	-0.744	ENSMUSG00000052414
Atp13a3	-1.439	-0.972	-0.777	ENSMUSG00000022533
Atp1b2	-0.965	-0.679	-0.716	ENSMUSG000000041329
Atpbd1c	-0.858	-0.866	-0.628	ENSMUSG00000029464
Atr	-1.634	-1.514	-0.618	ENSMUSG00000032409
Bdh1	-1.564	-1.703	-0.824	ENSMUSG00000046598
Bivrb	-1.324	-1.541	-0.774	ENSMUSG00000040466
Bnip3l	-3.527	-3.588	-0.891	ENSMUSG00000022051
Bra1	-1.536	-1.893	-0.627	ENSMUSG00000017146
Bub1	-1.636	-1.686	-0.600	ENSMUSG00000027379
C9	-1.043	-0.933	-0.659	ENSMUSG00000022149
Cabp2	-0.781	-0.699	-0.763	ENSMUSG00000024857
Calr4	-0.742	-0.862	-0.661	ENSMUSG00000028558
Car1	-1.734	-1.724	-1.320	ENSMUSG00000027556
Car12	-1.081	-1.432	-1.660	ENSMUSG00000032373
Cd25	-0.767	-0.878	-0.608	ENSMUSG00000023235
Ccr8	-1.949	-1.823	-0.634	ENSMUSG00000042262
Cdh1	-1.013	-0.866	-0.739	ENSMUSG00000000303
Cetn4	-0.946	-0.863	-0.609	ENSMUSG00000045031
Cldn13	-1.581	-2.182	-1.230	ENSMUSG00000009843
Coch	-0.645	-0.745	-0.706	ENSMUSG00000023963
Cox6b2	-2.166	-1.993	-1.150	ENSMUSG00000051811
Cpxc	-3.848	-3.769	-1.020	ENSMUSG00000022742
* Ctse	-1.598	-0.941	-1.020	ENSMUSG00000004552
Cxcr4	-1.145	-0.970	-0.720	ENSMUSG00000045382
Cyp46a1	-1.472	-0.911	-1.230	ENSMUSG00000001259
Dabid2	-2.490	-2.495	-1.780	ENSMUSG00000035107
Dnahc2	-1.268	-0.831	-1.010	ENSMUSG00000005237
Doc2g	-1.421	-1.316	-0.810	ENSMUSG00000024871
Dopey2	-0.786	-0.622	-0.611	ENSMUSG00000022946
Drdmb1	-0.811	-0.828	-0.621	ENSMUSG00000028955
Ect2	-1.003	-1.176	-0.634	ENSMUSG00000027699
Eif2c2	-1.304	-1.388	-0.717	ENSMUSG00000036698
Eli2	-3.393	-3.258	-1.350	ENSMUSG00000001542
Enc2	-1.932	-1.400	-1.020	ENSMUSG00000004267
Enc3	-1.423	-1.120	-0.690	ENSMUSG00000060600
Enpp1	-0.744	-0.657	-0.698	ENSMUSG00000037370
Epb42	-1.842	-1.805	-0.746	ENSMUSG00000023216
Ephx2	-0.721	-0.770	-0.804	ENSMUSG00000022040
Epor	-2.726	-2.802	-0.954	ENSMUSG00000006235
* Fgf3	-1.450	-0.776	-0.731	ENSMUSG00000031074
Fkbp6	-0.762	-0.744	-0.863	ENSMUSG00000040013
Fnbp4	-0.695	-0.630	-0.612	ENSMUSG00000008200
Foxh1	-1.169	-0.751	-0.976	ENSMUSG00000033837
Foxp2	-1.137	-1.338	-1.470	ENSMUSG00000029563
Galk1	-1.093	-1.356	-0.602	ENSMUSG00000020766
Gahnt10	-1.308	-1.522	-0.785	ENSMUSG00000023520
Gan	-1.749	-1.605	-0.654	ENSMUSG00000052520
Gata1	-2.302	-2.366	-1.090	ENSMUSG00000031162
Ccat	-0.829	-0.663	-1.100	ENSMUSG00000006378
Gcnt1	-2.319	-1.740	-0.946	ENSMUSG00000038843
Gfpt2	-1.523	-1.134	-0.687	ENSMUSG00000020363
Ggs2	-1.079	-1.209	-0.657	ENSMUSG00000030872
Gjb3	-1.840	-1.762	-1.050	ENSMUSG00000042367
Gloc	-1.241	-1.352	-0.680	ENSMUSG00000032252
Glip2r	-0.626	-1.376	-0.806	ENSMUSG00000049928
Gl28d2	-1.621	-1.451	-0.676	ENSMUSG000000031286
Gpam	-0.818	-0.771	-0.694	ENSMUSG00000024978
Grina	-0.729	-0.619	-0.609	ENSMUSG00000022564
Grp1	-2.256	-2.250	-0.676	ENSMUSG00000038515
Gulf3a	-1.410	-1.131	-0.975	ENSMUSG00000042549
Gypa	-2.490	-3.028	-1.010	ENSMUSG000000051839
H2afz	-0.638	-1.415	-0.787	ENSMUSG00000037894
Hbax	-3.036	-3.719	-0.871	ENSMUSG00000055809
Hbbb1	-1.821	-2.351	-0.666	ENSMUSG00000052305
Hbbbh1	-2.387	-2.639	-0.812	ENSMUSG00000052217
Hdac11	-1.155	-0.994	-0.621	ENSMUSG00000034245
Hemgn	-1.258	-1.158	-0.858	ENSMUSG00000028332
Hk1	-2.363	-2.139	-0.961	ENSMUSG00000037012
Hk2	-1.049	-0.846	-0.852	ENSMUSG00000000628
Homer2	-1.657	-1.699	-1.100	ENSMUSG00000025813
Hsd3b6	-0.781	-1.173	-1.120	ENSMUSG00000027899
Hsp110	-1.239	-1.116	-0.690	ENSMUSG00000029657
Htra1	-0.770	-0.772	-0.613	ENSMUSG00000006205
Icam4	-1.481	-1.368	-1.140	ENSMUSG00000001014
Igsf3	-1.758	-1.313	-1.000	ENSMUSG00000042035
Itn2	-0.859	-1.241	-0.626	ENSMUSG00000020640
Ivd	-1.140	-1.536	-0.652	ENSMUSG00000027332
Kcnn4	-3.183	-3.200	-1.280	ENSMUSG00000054342
Kctd1	-0.621	-0.696	-0.707	ENSMUSG00000036225
Kel	-1.422	-1.346	-0.979	ENSMUSG00000029866
Klf1	-3.164	-3.298	-1.100	ENSMUSG00000054191

Klhl12	-1.227	-1.075	-0.774	ENSMUSG0000026455
* Lgr5	-1.440	-0.812	-0.933	ENSMUSG0000020140
Lig1	-0.606	-0.933	-0.700	ENSMUSG00000296394
Liph	-1.266	-1.050	-0.639	ENSMUSG0000044626
Lig2	-0.924	-0.696	-0.820	ENSMUSG0000020782
Mafk	-0.898	-0.708	-0.658	ENSMUSG0000018143
Matn1	-2.433	-2.300	-1.570	ENSMUSG0000040533
Mbl2	-0.832	-0.744	-0.623	ENSMUSG0000024983
Mcf2	-0.844	-1.053	-0.606	ENSMUSG0000031139
Med12l	-1.550	-1.450	-0.612	ENSMUSG0000026476
Mgst3	-1.138	-1.585	-0.698	ENSMUSG0000026988
* Mlx	-3.137	-2.443	-1.760	ENSMUSG00000261013
Mll5	-0.628	-0.735	-0.683	ENSMUSG0000029004
Mll3	-1.669	-2.270	-0.618	ENSMUSG0000028496
Mpp2	-2.410	-2.283	-0.825	ENSMUSG0000017314
Mrm1	-1.632	-1.668	-0.695	ENSMUSG0000018405
Msh6	-1.321	-1.535	-0.794	ENSMUSG00000205370
Mtmr3	-1.044	-1.411	-0.661	ENSMUSG0000034354
Mybbp1a	-0.896	-0.989	-0.712	ENSMUSG0000040463
Mybp3	-1.033	-0.661	-0.969	ENSMUSG00000302100
Myc	-0.667	-0.795	-0.728	ENSMUSG0000022346
Mycs	-0.873	-1.276	-0.856	ENSMUSG0000044597
Myo9a	-1.032	-1.556	-0.848	ENSMUSG0000039685
* Nanog	-2.418	-1.580	-1.020	ENSMUSG0000012396
Ndrg2	-1.963	-1.554	-0.693	ENSMUSG0000040458
Nmna13	-2.178	-2.448	-0.767	ENSMUSG0000032456
Nrip3	-1.308	-1.055	-1.060	ENSMUSG0000038425
Nt5c2	-1.402	-1.450	-0.656	ENSMUSG00000205041
Olfm1	-1.912	-1.718	-1.210	ENSMUSG0000029833
Olf1360	-0.748	-0.869	-0.824	ENSMUSG0000026866
Olf1346	-1.455	-0.976	-0.754	ENSMUSG00000263915
Olf1376	-1.802	-2.292	-0.977	ENSMUSG0000033881
Olf1463	-0.604	-0.657	-0.690	ENSMUSG00000258075
Olf1486	-0.868	-1.208	-0.760	ENSMUSG00000263610
Olf1690	-0.814	-0.836	-0.627	ENSMUSG00000202066
Olf1823	-1.725	-1.224	-0.831	ENSMUSG00000260524
Olf1933	-0.691	-0.862	-0.635	ENSMUSG00000298515
Orc11	-0.703	-0.858	-0.816	ENSMUSG0000022557
Osbp13	-0.640	-0.870	-0.705	ENSMUSG0000029622
* Oxs1	-1.380	-0.647	-0.768	ENSMUSG0000036737
Pabpc4	-1.123	-0.979	-0.681	ENSMUSG0000011257
Pcx	-0.962	-1.092	-0.962	ENSMUSG0000024892
Pdcd4	-1.308	-1.552	-0.700	ENSMUSG0000024975
Pfklb4	-1.890	-2.280	-0.792	ENSMUSG0000025648
Pfkl	-2.082	-2.173	-0.624	ENSMUSG0000020277
Pfgw	-0.690	-0.800	-0.612	ENSMUSG000002045140
Pfm1	-3.017	-3.076	-0.606	ENSMUSG0000024014
Pip5k1a	-1.528	-1.648	-0.861	ENSMUSG0000024867
Pkm2	-2.289	-2.354	-1.480	ENSMUSG0000032294
Ploc2	-1.576	-1.366	-0.784	ENSMUSG0000032374
Pml	-1.134	-1.221	-0.603	ENSMUSG0000038986
Pnpo	-1.562	-1.656	-0.693	ENSMUSG0000018659
Pofut1	-1.144	-1.368	-0.701	ENSMUSG0000046020
Ppox	-0.680	-0.749	-0.764	ENSMUSG0000028636
Ppox	-2.925	-2.784	-0.710	ENSMUSG00000262729
Ppp1r13l	-0.978	-0.731	-0.812	ENSMUSG0000040734
Ppp1r14c	-1.462	-1.223	-0.752	ENSMUSG0000040653
Prkag2	-0.990	-1.017	-0.621	ENSMUSG0000028944
Prokr1	-0.853	-1.030	-1.100	ENSMUSG0000049409
Phr6	-1.515	-1.670	-0.952	ENSMUSG0000018509
Qsxn6l1	-0.690	-1.084	-0.787	ENSMUSG0000035327
Rab33a	-1.529	-1.954	-0.927	ENSMUSG00000301104
Raf50	-1.206	-1.664	-0.763	ENSMUSG0000022030
Rbm3	-2.755	-2.806	-0.895	ENSMUSG0000031167
Rbm35a	-1.599	-2.091	-1.360	ENSMUSG0000040728
Reep6	-2.344	-2.122	-1.130	ENSMUSG0000035504
Rev1l	-1.053	-1.228	-0.649	ENSMUSG0000028082
Rgs11	-1.349	-1.265	-1.240	ENSMUSG0000024186
Rhag	-3.634	-3.199	-1.670	ENSMUSG0000023926
Rhd	-2.143	-2.531	-1.850	ENSMUSG0000028825
Rif	-1.483	-1.533	-0.617	ENSMUSG0000049878
Rnf19	-0.690	-0.922	-0.793	ENSMUSG0000022280
Rpia	-2.636	-2.494	-0.925	ENSMUSG0000026604
Scin	-0.817	-1.057	-0.747	ENSMUSG00000202565
Serpinc1	-0.678	-0.684	-0.831	ENSMUSG0000048775
Stc15a2	-2.130	-1.903	-0.929	ENSMUSG0000022899
Stc16a6	-1.906	-1.933	-1.270	ENSMUSG0000041920
Stc19a2	-0.627	-0.925	-0.694	ENSMUSG0000040918
Stc25a37	-3.760	-3.919	-1.370	ENSMUSG0000034248
Stc29a2	-1.429	-1.375	-0.732	ENSMUSG0000024891
Stc2a3	-1.581	-1.028	-0.843	ENSMUSG0000030153
* Stc30a10	-3.331	-2.728	-1.270	ENSMUSG0000028614
Stc35f2	-1.466	-1.655	-0.800	ENSMUSG0000042195
Stc38a5	-2.176	-2.383	-1.370	ENSMUSG00000301170
Stc39a8	-1.943	-1.759	-1.380	ENSMUSG0000035897
Stc7a4	-0.691	-0.905	-0.757	ENSMUSG0000022756
Smox	-2.165	-2.162	-0.780	ENSMUSG0000027333
Snea	-1.983	-2.184	-0.957	ENSMUSG0000025889
Snx9	-0.967	-0.992	-0.760	ENSMUSG0000020295
Spink3	-2.171	-1.651	-2.410	ENSMUSG0000024503
Sprb1	-2.806	-2.739	-0.904	ENSMUSG0000021081
Spr2	-1.124	-1.081	-0.610	ENSMUSG0000042157
Ssx2p	-1.683	-1.717	-1.080	ENSMUSG0000038825
Stat5b	-1.093	-1.003	-0.673	ENSMUSG0000020919
Surv420k	-0.949	-0.859	-0.809	ENSMUSG0000029851
Taf4b	-0.786	-0.673	-0.832	ENSMUSG00000204321
Tbxae1	-1.754	-1.870	-0.725	ENSMUSG0000023925
Tcfap2c	-2.358	-1.902	-1.080	ENSMUSG0000028640
Tdh	-1.613	-1.447	-1.200	ENSMUSG0000021953
Tef	-0.970	-0.910	-0.794	ENSMUSG0000022389
Tkt	-0.795	-0.952	-0.737	ENSMUSG0000021957
Tm2d3	-1.031	-1.066	-0.723	ENSMUSG0000030515
Tmem16a	-1.065	-1.067	-0.886	ENSMUSG0000031075
Tmod1	-2.024	-1.946	-0.893	ENSMUSG0000028328
Tspan33	-2.143	-2.447	-1.410	ENSMUSG00000301763
Tst	-2.099	-1.613	-0.635	ENSMUSG0000044885
Tuft1	-1.817	-1.873	-0.946	ENSMUSG0000020598
Ube2l6	-1.024	-0.902	-0.713	ENSMUSG0000020708
Ube2t	-1.076	-1.144	-0.617	ENSMUSG0000028429
Uros	-1.294	-1.532	-1.010	ENSMUSG0000030979
V1rh15	-1.010	-1.290	-0.870	ENSMUSG000002057209
* Vttn1	-1.525	-0.842	-0.757	ENSMUSG000002051076

Vwa1	-0.869	-1.359	-0.995	ENSMUSG00000042116
Wapal	-1.705	-1.789	-0.710	ENSMUSG00000041408
Wdfy3	-1.008	-1.730	-0.704	ENSMUSG00000043940
Xtrp3s1	-0.947	-1.440	-0.748	ENSMUSG00000038814
* Ythdc2	-1.706	-0.744	-1.230	ENSMUSG00000034653
Zdhhc14	-1.039	-0.943	-0.851	ENSMUSG00000034285
Zfp719	-0.644	-0.678	-0.686	ENSMUSG00000030469
Zfp75	-1.653	-1.724	-0.676	ENSMUSG00000057551
Zfp98	-0.637	-0.830	-1.050	ENSMUSG00000030380

[Foxo1(-/-), VEGF(-)], Foxo1-/- embryonic stem cell (ESC)-derived vascular endothelial cells (ECs) cultured without VEGF; [Foxo1(+/+), VEGF(+)], Foxo1+/+ ESC-derived ECs cultured with VEGF; [Foxo1(+/+), VEGF(-)], Foxo1+/+ ESC-derived ECs cultured without VEGF; [Foxo1(-/-),

#Foxo1 is shown as a reference of its deficiency.  
\* Genes common to Supplementary Table 1 and 3.