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***In vivo* ovarian temperature promotes the *in vitro* growth and developmental competence of oocytes derived from bovine early antral follicles**

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Abstract

In cattle, the culture temperature used for the *in vitro* growth (IVG) of immature oocytes is generally 38.5 or 39.0°C, which is close to the normal temperature in the vagina or rectum. However, the temperature in the *in vivo* ovarian tissue is approximately 1°C lower (37.5°C) than that in the vagina or rectum. Therefore, the generally accepted culture temperature may not be optimal for the IVG of bovine oocytes. Herein, we investigated the effects of culture temperature on the IVG of oocyte-cumulus granulosa complexes (OCGCs) derived from early antral follicles (0.5–1 mm in diameter). OCGCs were subjected to 12 days of IVG at temperatures of 37.5, 38.5, and 39.0°C. OCGC viability and antrum formation were evaluated every 4 days. Estradiol-17 β (E₂) and progesterone (P₄) production from OCGCs during the 1st, 2nd, and 3rd 4-day periods was evaluated by enzyme immunoassay. Viable OCGCs after IVG were subjected to *in vitro* maturation (IVM), *in vitro* fertilization, and embryo culture. Then, the nuclear status and diameter of oocytes after IVM, rates of cleavage and blastocysts, and cell number in blastocysts were evaluated. In addition, the mRNA expression of heat shock proteins (HSPs) in the granulosa cells and reduced glutathione (GSH) levels in oocytes after IVG were measured. The viability of OCGCs did not differ among the groups, whereas the rate of antrum formation on day 12 of IVG culture was highest in the 37.5°C group ($P < 0.05$). P₄ production did not differ among the groups; however, E₂ production during days 8–12 tended to be higher in the 37.5°C group than in the other two groups combined ($P < 0.1$). The mRNA expression of HSP70 and 90, and the GSH levels of oocytes, did not differ among the groups. The oocyte diameter after culture was larger in the 37.5°C group than in the 39.0°C group ($P < 0.05$), and that in the 38.5°C group was intermediate between the other two groups. The rates of nuclear maturation and cleavage did not differ among the groups. However, the blastocyst rate was higher in the 37.5 and 38.5°C groups than in the 39.0°C group ($P < 0.05$). The cell number in the blastocysts in the 38.5°C group was smaller than

the *in vivo*-grown oocytes, while that in the 37.5°C group and the *in vivo*-grown oocytes did not differ. In summary, OCGCs in the 37.5°C group showed healthy morphology and steroidogenesis, as well as better growth and developmental competence of oocytes. Therefore, culture conditions close to the *in vivo* ovarian tissue temperature would be optimal for the IVG of immature bovine oocytes.

(2544 / 2500 keystrokes (characters plus spaces))

Keywords: Bovine, Early antral follicle, *In vitro* growth, Temperature condition

1. Introduction

Temperature is a fundamental and critical factor for cell culture, and the optimal culture temperature depends on the type of cells. Optimal temperatures have been investigated in the conventional *in vitro* production (IVP) system for bovine embryos, which consists of *in vitro* maturation (IVM), fertilization (IVF), and culture (IVC). The nuclear maturation rate has been reported to be higher at culture temperatures between 37.0 and 39.0°C than that between 33.0 and 35.0°C during IVM [1], and the rate of oocytes developing to blastocysts did not differ between 37.0 and 38.5°C during IVM [2]. In IVF, the rate of sperm penetration to oocytes was higher at 39.0°C than at 35.0 or 37.0°C [3]. In addition, it has been reported that the blastocyst rate was the highest at 39.0°C during IVC in the temperature ranges between 36.0 and 39.0°C [4]. Taken together, the temperature conditions of 38.5 or 39.0°C, which are close to the normal rectal or vaginal temperature [5,6], have been generally used for the conventional IVP system in cattle.

However, several studies have indicated that the *in vivo* ovarian temperature is lower than the rectal or vaginal temperatures. Using an infrared camera, it was found that the temperature of the ovarian surface (37.6°C) was approximately 1.0°C lower than that of the rectum (38.7°C), and the temperature of the preovulatory follicle (36.1°C) was 1.5°C lower than that of the ovarian surface [7]. Recently, the ovarian tissue temperature was directly measured by inserting a thermometer [8,9], and these reports also indicated that the temperatures of both the preovulatory follicle (37.4°C) and the ovarian parenchyma (37.6°C) were approximately 1°C lower than those of the rectum (38.5°C) and vagina (38.6°C). Therefore, bovine oocyte growth and maturation *in vivo* is expected to occur at approximately 37.5°C, which is 1°C lower than the normal rectal and vaginal temperatures.

In cattle, early antral follicles (0.4–1 mm in diameter) are the smallest follicles capable of producing calf using *in vitro* cultured oocytes [10-12]. After two weeks of *in vitro* growth (IVG)

culture as oocyte-cumulus-granulosa complexes (OCGCs), oocytes from early antral follicles acquire maturational and developmental competence and can be subjected to conventional IVP [11,13]. Generally, the culture temperature for bovine IVG is 38.5 or 39.0°C, which is also used for IVM, IVF, and IVC [11,14,15]. Given that the temperature of ovarian tissue measured *in vivo* is approximately 37.5°C and the period of the IVG culture system is approximately two weeks, which is relatively long compared with conventional IVP, lowering the temperature condition to 37.5°C during IVG may positively affect the growth and developmental competence of oocytes.

Estradiol-17 β (E₂) concentrations in follicular fluids of healthy growing follicles elevates as the follicles grew, and the degeneration of follicles led to increases in progesterone (P₄) concentrations [16]. In *in vitro*, E₂ supplementation to IVG culture medium improved the growth and maturational competence of oocytes derived from early antral follicles [17], and OCGCs that produce higher E₂ showed higher growth and developmental competence [18]. Thus, proper steroidogenesis is important for healthy follicular growth and the acquisition of developmental competence of oocytes. On the other hand, we previously reported that physiologically high temperatures (38.5°C: 5 h, 39.5°C: 5 h, 40.5°C: 5 h, and 39.5°C: 9 h) during IVG impairs the developmental competence of oocytes through reduced glutathione (GSH) levels [19]. Therefore, our interest is also whether *in vivo* ovarian temperature affects the GSH levels of oocytes, and expressions of other heat stress makers including heat shock proteins (HSPs).

In the present study, we investigated the effects of *in vivo* ovarian temperature on the *in vitro* growth and developmental competence of oocytes derived from early antral follicles. We evaluated the effects of *in vivo* ovarian temperature on the morphology of OCGCs, nuclear status and diameter of oocytes after IVM, and developmental competence after IVF. In addition, we also examined steroidogenesis, gene expression of HSPs in the granulosa cells, and the GSH levels of oocytes.

2. Materials and Methods

2.1. Reagents

All the reagents used were purchased from Sigma-Aldrich (St. Louis, MO, USA), unless otherwise stated.

2.2. Collection of oocyte-cumulus-granulosa complexes (OCGCs) and the IVG culture

Ethical approval for animal work was not necessary for this study because all the bovine ovaries were derived from cattle slaughtered at a local slaughterhouse for commercial food production purposes only.

OCGCs derived from early antral follicles (0.5–1 mm in diameter) were subjected to IVG culture, as previously described [19]. Briefly, abattoir-derived ovaries were thinly sliced using a surgical blade (No. 11), and the ovarian cortical tissues were kept in the isolation media [20]. The diameter of follicles was judged using the grid lines on the 90-mm petri dish with 1-mm scales (FLAT Co., Ltd., Chiba, Japan). Then, early antral follicles were manually collected from the ovarian cortexes using fine forceps and a surgical blade (No. 20). Follicles were punctured to obtain OCGCs using fine forceps and an 18G needle. The growth medium was HEPES (25 mM)-buffered TCM-199 (12340-030, Thermo Fisher Scientific, Waltham, MA, USA) supplemented with 0.91 mM sodium pyruvate, 5% (v/v) fetal calf serum (FCS; Invitrogen, Waltham, MA, USA), 4 mM hypoxanthine, 4% (w/v) polyvinylpyrrolidone (PVP) (MW 360,000), 50 µg/mL gentamicin sulfate, and 10 ng/mL androstenedione as a precursor for E₂ [21]. Morphologically healthy OCGCs (Fig. 1a) were individually cultured in a 96-well culture plate (Primaria 353872, Corning Incorporated, Corning, NY, USA) with 200 µL of growth medium for 12 days in humidified air with 5% CO₂. OCGCs were cultured at 37.5, 38.5, or 39.0°C (Fig. 2).

The temperature condition of 37.5°C is based on the ovarian tissue temperature of cattle [9], whereas 38.5 and 39.0°C are based on the rectal temperatures observed in cattle and often used for bovine IVG [19,22]. Half of the spent IVG medium (100 µL) was collected and replaced with the same volumes of fresh media every four days of culture (days 4, 8, and 12), and the samples were stored at -30°C for subsequent measurements of the steroid hormones.

2.3. Evaluation of the OCGC morphology

The morphological appearance of the OCGCs was evaluated every four days during IVG culture using an inverted microscope (CK 40, Olympus, Tokyo, Japan). OCGCs with an evenly granulated ooplasm that were completely enclosed by several layers of healthy cumulus and granulosa cells with or without antrum (Fig. 1b, c), which is an indicator of the healthy development of OCGCs [14,23], were defined as normal. OCGCs with scattered cumulus and granulosa cells or denuded oocytes were defined as abnormal (Fig. 1d).

2.4. E₂ and P₄ assays of the IVG culture medium

Spent IVG medium was assayed to determine the E₂ and P₄ concentrations using a competitive double-antibody enzyme immunoassay as previously described [18]. Spent IVG medium was subjected to 20- to 600-fold serial dilutions with assay buffer (145 mM NaCl, 40 mM Na₂HPO₄, and 0.1% bovine serum albumin (BSA) (w/v), pH7.2). After dilution, samples (20 µL) were incubated with 100 µL (E₂ and P₄) of the primary antisera and horseradish peroxidase-labeled hormone in the wells of a 96-well microplate (Costar 3590; Corning, NY, USA) coated with the secondary antiserum at 4°C for 16–18 h. The primary antisera used for the E₂ and P₄ assays were anti-estradiol-17β-6-carboxymethyloxime (CMO)-BSA (FKA204; Cosmo Bio, Tokyo, Japan) and anti-progesterone-3-CMO-BSA (KZ-HS-P13; Cosmo Bio), respectively. Goat

anti-rabbit serum (111–005-003; Jackson Immuno Research, West Grove, PA, USA) was used as the secondary antiserum. After the washing of all wells four times with 300 μ L of washing buffer (0.05% Tween 80), 150 μ L of 3,3',5,5'-tetramethylbenzidine (TMB) solution (5 mM citric acid, 50 mM Na_2HPO_4 , 500 mM urea hydrogen peroxide, 1 mM TMB, and 2% dimethyl sulfoxide) was added to each well and incubated at 37°C for 40 min. The absorbance of the solution in the wells was measured at 450 nm using a microplate reader (Model 550; Bio-Rad Laboratories, Tokyo, Japan) after stopping the chromogenic reaction with 50 μ L of 4NH₂SO₄. All samples were assayed in triplicate. The assay sensitivities were 7.1 pg/well for E₂ and 11.2 pg/well for P₄. The inter- and intra-coefficients of variation were 5.6% and 1.7% for E₂ and 3.4% and 4.2% for P₄, respectively. The steroid hormone production during each period (days 0–4, 4–8, and 8–12) was calculated as previously described [23].

2.5. Detection of GSH in oocytes

The GSH levels in oocytes were assayed as previously described [19]. Briefly, denuded oocytes were washed with Dulbecco's PBS (DPBS) (Nissui Pharmaceutical CO., LTD. Tokyo, Japan) supplemented with 0.2% PVP (DPBS-PVP) and treated with 10 μ M CellTracker Blue (Thermo Fisher Scientific) for GSH staining at 38.5°C for 30 min. The denuded oocytes were then washed three times with 0.2% DPBS-PVP, and placed on a glass slide. Images of the oocytes were acquired using a digital fluorescence microscope (BZ-9000; Keyence, Osaka, Japan) with identical parameter settings for all experiments. The fluorescence intensity (arbitrary units) was calculated using Image J software.

2.6. Real-time PCR

Granulosa cells used for the real-time PCR were collected from OCGCs after 12 days

of IVG culture. The remaining COCs derived from same OCGCs were subjected to IVM to evaluate the nuclear status and diameter of oocytes. Total RNA was isolated using a ReliaPrep RNA Cell Miniprep System (Promega Corporation, Madison, WI, USA), following the manufacturer's instructions. Samples were stored at -80°C, and RNA extraction and cDNA synthesis were performed within 1 month from the start of storage. RNA concentration and purity were determined using a NanoDrop spectrophotometer (NanoDrop 2000; Thermo Fisher Scientific). The purified total RNA (10 ng/μL) was treated as a template to synthesize cDNA using the ReverTra Ace qPCR RT Master Mix (Toyobo Co., Ltd., Osaka, Japan). The cDNA samples were stored at -30°C until PCR analysis.

Real-time PCR was performed after preparing reaction mixtures in the THUNDERBIRD SYBR qPCR Mix (Toyobo Co., Ltd., Osaka, Japan). The primers were designed using Primer3 software based on the bovine sequences or adopted from a previous study [24]. The reaction efficiency ranged between 90% and 110% with $R^2 > 0.993$. The amplification program included preincubation at 95°C for 1 min, followed by 40 amplification cycles of denaturation at 95°C for 15 s, annealing at 60°C for 30 s, and elongation at 72°C for 30 s. All groups were evaluated in triplicate in 48-well plates. Melting-curve analysis was performed at the end of the amplification to confirm single-gene specificity. Relative mRNA abundance was calculated using the $\Delta\Delta C_t$ method, with β -actin as the reference gene in each sample. All primer sequences, PCR product sizes, and GeneBank accession numbers are shown in Table 1.

2.7. Evaluation of the growth and nuclear maturation of in vitro-grown oocytes

After IVG culture, OCGCs were subjected to IVM as previously described [25]. Briefly, OCGCs were individually cultured in microwell plates (Mini Trays 163 118; NUNC, Roskilde, Denmark) containing 6 mL of IVM medium at 38.5°C under 5% CO₂ in air for 22 h. The IVM

medium consisted of HEPES-buffered TCM-199 supplemented with 0.2 mM sodium pyruvate, 20 µg/mL FSH (from porcine pituitary), 1 µg/mL E₂, 10% FCS, and 50 µg/mL gentamicin sulfate. After IVM, the oocytes were denuded by pipetting, and then photographed, and their diameters were measured. Oocyte nuclear maturation was assessed using 1% (w/v) aceto-orcein staining, as previously described [26]. Oocytes with a polar body were defined as mature.

2.8. Evaluation of developmental competence of *in vitro*-grown oocytes

After IVM, some OCGCs were subjected to IVF as previously described [19]. Briefly, after thawing frozen semen from a Holstein bull in a 37°C water bath for 40 s, motile sperm were separated by centrifuging twice (300×g) for 5 min in a semen preparation medium (BO-SemenPrep; IVF Bioscience, Cornwall, UK). OCGCs were cultured in a group with separated sperm in 500 µL of fertilization medium (BO-IVF; IVF Bioscience) in 4-well dishes (11–17 zygotes/well, 2×10^6 sperm/mL) for 18 h at 38.5°C in 5% CO₂ in air. After IVF, the presumptive zygotes were cultured in a 30 µL droplet (10–16 zygotes/droplet) of culture medium (BO-IVC; IVF Bioscience) with an overlay of paraffin oil at 5% O₂, 5% CO₂, and 90% N₂ at 39°C for 150 h. The cleavage and blastocyst rates were examined at 48 ± 2 and 168 ± 2 h after IVF, respectively. Cell numbers in the blastocysts were counted as previously described [27].

2.9. IVM/IVF/IVC of *in vivo*-grown oocytes

In vivo-grown oocytes were collected from antral follicles (2–8 mm in diameter) by aspirating follicular fluid with a syringe equipped with an 18G needle. *In vivo*-grown oocytes were cultured in droplets (approximately 10 COCs/50 µL) covered with paraffin oil at 38.5°C in 5% CO₂ in air for 22–24 h. The IVM medium was same as the *in vitro*-grown oocytes described above. After IVM, COCs were subjected to IVF and IVC. Frozen-thawed motile sperm were

separated by centrifuging twice in a 90% Percoll for 10 min (760×g), and in a semen preparation medium (BO-SemenPrep) for 5 min (550×g). Approximately 10 COCs were incubated in a 100 µL droplet (2×10^6 sperm/mL) of IVF medium (BO-IVF) covered with paraffin oil for 18-20 h at 38.5°C in 5% CO₂ in air. After IVF, the presumptive zygotes were cultured in a 30 µL droplet (12–17 zygotes/droplet) of culture medium (BO-IVC) with an overlay of paraffin oil at 5% O₂, 5% CO₂, and 90% N₂ at 39°C for 150 h. The cleavage and blastocyst rates, and the cell number in blastocysts were evaluated at the same timing and in the same methods as the *in vitro*-grown oocytes.

2.10. Experimental design

A schematic drawing of the experimental design is shown in Fig. 2. In each experiment, the OCGCs were evenly distributed among each group (37.5, 38.5, and 39.0°C groups) according to the oocyte diameter and the thickness of the mural granulosa cell layer. However, in an experimental session that was performed to evaluate the developmental competence of IVG oocytes, the OCGCs were distributed only between the 37.5 and 38.5°C groups because the number of collected OCGCs was insufficient for three groups.

A total of 524 OCGCs were cultured for 12 days, with the following sample distribution: 182 OCGCs in the 37.5°C group (10 culture replicates), 181 OCGCs in the 38.5°C group (10 culture replicates), and 161 OCGCs in the 39.0°C group (9 culture replicates). The percentage of antrum formation in the granulosa cell layer was calculated based on the 343 OCGCs that survived until day 12 (120 from the 37.5°C group, 120 from the 38.5°C group, and 103 from the 39.0°C group). Both the viability and antrum formation of the OCGCs were evaluated on days 4, 8, and 12 of IVG culture. Some surviving OCGCs (32 from the 37.5°C group, 30 from the 38.5°C group, and 32 from the 39.0°C group) were subjected to IVM culture to evaluate the nuclear status of the

oocytes. The diameters of these oocytes before IVG and after IVM were also evaluated. The production of E₂ and P₄ in the culture medium was assessed every 4 days (days 4, 8, and 12). The spent medium for E₂ and P₄ measurements (21 samples from the 37.5°C group, 19 samples from the 38.5°C group, and 19 samples from the 39.0°C group) was derived from two experimental replicates of the IVG culture in which OCGCs were used for IVM and checking the nuclear status of their oocytes. The granulosa cells (6 samples from each group) collected from surviving OCGCs after IVG were utilized for analyzing the mRNA expression of HSP70 and 90. These samples were also derived from two replicates of the IVG culture in which OCGCs were used for IVM and checking the nuclear status of their oocytes. Some surviving OCGCs (22 from the 37.5°C group, 20 from the 38.5°C group, and 21 from the 39.0°C group) were used for evaluating the GSH levels in oocytes. The other surviving OCGCs (63 from the 37.5°C group, 67 from the 38.5°C group, and 48 from the 39.0°C group) were subjected to IVM, IVF, and IVC to evaluate their developmental competence.

In vivo-derived COCs collected from antral follicles (2-8 mm in diameter: n = 94) were also subjected to IVM/IVF/IVC and served as an *in vivo* control for blastocyst development.

2.11. Statistical analysis

All statistical analyses were performed using software (JMP Pro 14.0.0, SAS Institute, Cary, NC, USA). The rates of viability, antrum formation, nuclear maturation, cleavage, and blastocysts were evaluated using chi-squared tests. The production of steroid hormones and diameters of the oocytes were evaluated by two-way ANOVA followed by the Tukey-Kramer test. The rate of OCGCs with increased E₂ production until the end of IVG culture was also compared using the chi-squared test. The GSH levels and mRNA expressions were analyzed by one-way ANOVA followed by the Tukey-Kramer test. The cell numbers in the blastocysts were analyzed

using Steel's test, considering the *in vivo*-grown oocytes as control. P values of less than 0.05 were considered significant.

3. Results

Effects of temperature during IVG on the viability and antrum formation of OCGCs

As shown in Fig. 3, the viability of OCGCs in the 37.5, 38.5, and 39.0°C groups decreased throughout the IVG ($P < 0.05$) and did not differ among the three groups. The rate of antrum formation increased during the culture period ($P < 0.05$) and became higher in the 37.5°C group (91.7%) than in the other two groups (38.5°C: 80.0%, 39.0°C: 78.6%, $P < 0.05$) on day 12 of IVG.

Effects of temperature during IVG on the steroidogenesis of OCGCs, GSH levels in oocytes, and mRNA expressions of HSP70 and 90

The two-way ANOVA for groups and culture days (days 0–4, 4–8, and 8–12) revealed only the main effects of culture days ($P < 0.01$) on the E_2 and P_4 production, and thereby the E_2/P_4 ratio (Fig. 4). In all three groups, E_2 production increased from days 0–4 to 4–8, and the levels were maintained until the end of IVG (days 8–12). P_4 production continuously increased during the culture period, and the E_2/P_4 ratio (E_2 / P_4) decreased. Conversely, E_2 production on days 8–12 of culture tended to be higher in the 37.5°C group than in the other two groups combined ($P < 0.1$). In addition, the percentage of OCGCs with increased E_2 production throughout the IVG culture was significantly higher in the 37.5°C group (66.7%) than in the other two groups combined (39.5%, $P < 0.05$) (Fig. 5). However, the intracellular GSH levels in oocytes and the mRNA expression of HSP70 and 90 did not differ among the three groups (Figs. 6 and 7).

Effects of temperature during IVG on the growth, maturation, and developmental competence of

oocytes

The two-way ANOVA for groups (37.5, 38.5, and 39.0°C) and culture days (before or after) showed the significant effects of culture days ($P < 0.05$) and interaction ($P < 0.01$) on the oocyte diameters (Fig. 8). The oocytes diameters became larger after IVG than before culture in all three groups ($P < 0.05$). The oocyte diameters before IVG did not differ among the three groups; however, the oocyte diameter after IVG and IVM was larger in the 37.5°C group than in the 39.0°C group ($P < 0.05$), and that in the 38.5°C group was intermediate between the other two groups. In addition, the mean diameter of oocytes in the 37.5°C group reached 120 μm , which is close to the final diameter of oocytes developed *in vivo* [28,29]. The nuclear maturation rate (Table 2) did not differ among the three groups. Whereas the diameters of oocytes both before and after culture was larger in mature oocytes than in immature oocytes (Supplementary Table 1). The cleavage rate did not differ among the four groups derived from the *in vitro*-grown oocytes and the *in vivo*-grown oocytes. However, the blastocyst rate was higher in the 37.5 and 38.5°C groups, and *in vivo*-grown oocytes than in the 39.0°C group ($P < 0.05$) (Table 3 & Fig. 9). The number of cells in the blastocysts in the 38.5°C group was smaller than the *in vivo*-grown oocytes, while those in the 37.5 and 39.0°C group did not differ with that in the *in vivo* control (Table 3).

4. Discussion

In previous reports, the temperature condition based on the *in vivo* ovarian temperature of bovine during IVM did not positively affect the nuclear maturation and blastocyst rates [1,2]. Therefore, the physiological significance of the ovarian temperature being lower than the rectum or vagina had not been elucidated. However, we demonstrated that maintaining the temperature condition based on the ovarian temperature *in vivo* (37.5°C) improves the steroidogenesis, growth,

and developmental competence of OCGCs derived from early antral follicles cultured *in vitro*. Therefore, the lower ovarian temperature may be significant for the oocyte and follicle growth, which is necessary for a relatively long period, compared with that during oocyte maturation.

To investigate the mechanisms by which the slight reduction in the culture temperature improves the growth and developmental competence of OCGCs, we evaluated the steroidogenesis of OCGCs, GSH contents in oocytes, and mRNA expression of HSP70 and 90 in the granulosa cells. Although the GSH levels in oocytes and HSP expression did not differ among the 37.5, 38.5, and 39.0°C groups, the E₂ production of OCGCs on days 8–12 of culture tended to be higher in the 37.5°C groups. In addition, the proportion of OCGCs with increased E₂ production throughout IVG was significantly higher in the 37.5°C group. Moreover, the antrum formation, which is associated with healthy steroidogenesis and follicular growth, was promoted in the 37.5°C group. The E₂ concentration in the follicular fluid of healthy antral follicles generally increases as they grow, with a peak at estrus in cattle [16]. It has also been demonstrated that E₂ supplementation in the IVG culture medium increased the number of transzonal projections between oocytes and surrounding cumulus cells and improved the growth and maturational competence of oocytes [17]. Moreover, OCGCs that showed higher E₂ production during IVG have better growth and developmental competence [18]. Therefore, higher E₂ production suggests that 37.5°C is more suitable for the growth of OCGCs. In contrast, the slight difference in culture temperature in the present study may not alter the oxidative stress or the markers of heat stress. A previous study also reported that the reactive oxygen species (ROS) level and HSP70 expression did not differ between the bovine granulosa cells cultured at 38.0 and 39.0°C. However, 142 differentially expressed genes (DEGs) were identified between the granulosa cells cultured at 38.0 and 39.0°C, and the pathways, including ovarian steroidogenesis and E₂ signaling, were detected in the DEG analysis [30]. Therefore, even the slight temperature difference can affect the function of

granulosa cells without inducing changes in the ROS levels or HSP expression.

In the present study, the blastocyst rate (per inseminated oocytes) reached over 40% even in the 39.0°C group, exhibiting the highest rates observed for *in vitro*-grown oocytes derived from bovine early antral follicles with diameters of 0.4–1 mm (i.e., blastocyst rates ranged between 3.7% and 38.9% in the previous studies) [10-13,15,18,19,22,31-40]. One of the possible reasons for the high blastocyst rates in the present study is the difference in the type of complexes subjected to IVM compared with other studies. Usually, cumulus-oocyte-complexes (COCs) that are removed from OCGCs after the IVG culture are subjected to IVM [10-13,15,18,19,22,31-40]. However, we subjected the whole intact OCGCs after IVG culture to the IVM culture in the present study. It has been reported that co-culture with granulosa cells collected from antral follicles larger than 10 mm in diameter during IVM significantly improves the developmental competence of COCs compared with those collected from 2–8 mm antral follicles [41-43]. Therefore, large amounts of factors secreted from abundant granulosa cells may be favorable during IVM and enhance the developmental competence of oocytes.

In the 37.5°C group, the culture temperatures were 37.5°C for IVG, 38.5°C for IVM and IVF, and 39.0°C for IVC. We cannot deny the possibility that this temperature elevation during the *in vitro* growth and development could cause stress or heat shock for oocytes and embryos. However, the highest developmental competence was obtained in the 37.5°C group among the *in vitro*-grown oocytes. In addition, the blastocyst rate and cell numbers in blastocysts did not differ between the 37.5°C group and the *in vivo*-grown oocytes. To our knowledge, *in vivo* temperature in bovine oviducts has not been investigated yet, but optimal temperatures for IVF and IVC have been reported to be 38.5 or 39.0°C [3,4]. Therefore, the elevation of temperature from ovary to oviduct could happen in *in vivo*.

In conclusion, maintaining the culture temperature based on the *in vivo* ovarian tissue

temperature improves the steroidogenesis, growth and developmental competence of OGCs derived from bovine early antral follicles. As with the *in vitro* culture of testicular tissue [44], even a slight difference in culture temperature can affect the growth and acquisition of developmental competence of oocytes cultured *in vitro*. Nonetheless, the optimal temperature conditions for the IVG culture system have not been fully elucidated, and investigations that include additional factors, such as the diurnal changes in ovarian temperature, may further improve the current IVG culture system.

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Author contributions

Kohei Kawano: conceptualization, data curation, formal analysis, investigation, methodology, visualization, writing – original draft. **Kenichiro Sakaguchi:** investigation, methodology, funding acquisition, project administration, supervision, writing – review & editing. **Yojiro Yanagawa:** investigation, methodology, writing – review & editing. **Seiji Katagiri:** funding acquisition, resources, supervision, writing – review & editing.

Declaration of interest

The authors declare no conflicts of interest.

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Figure legends

Figure 1. Morphology of oocyte-cumulus-granulosa complexes (OCGCs) before and after 12 days of *in vitro* growth (IVG) culture.

The OCGCs during IVG culture was observed using an inverted microscope. (a) Isolated OCGC before IVG culture. (b) Surviving OCGC with antrum formation (white arrowhead) in the granulosa cell layer after 12 days of IVG culture. (c) Surviving OCGC without antrum formation in the granulosa cell layer after 12 days of IVG culture. (d) Degenerated OCGCs after 12 days of IVG culture. Scale bar = 100 μ m.

Figure 2. Schematic illustration of the experimental design.

Oocyte-cumulus-granulosa complexes (OCGCs) derived from early antral follicles (0.5–1 mm in diameter) were subjected to 12 days of *in vitro* growth (IVG) culture under three different temperature conditions (37.5, 38.5, or 39.0°C). Oocyte diameter was evaluated on day 0 of IVG culture. The morphology of OCGCs (viability of OCGCs and antrum formation in granulosa cell layers) was evaluated every 4 days during IVG culture (days 4, 8, and 12). After 12 days of IVG, some surviving OCGCs were subjected to *in vitro* maturation (IVM). After IVM, the diameter and nuclear status of some oocytes (32 from the 37.5°C group, 30 from the 38.5°C group, and 32 from the 39.0°C group) were evaluated. Then, some oocytes (63 from the 37.5°C group, 67 from the 38.5°C group, and 48 from the 39.0°C group) were subjected to *in vitro* fertilization (IVF) and *in vitro* culture (IVC) to evaluate developmental competence. The production of estradiol-17 β (E₂) and progesterone (P₄) in the IVG media during the 1st, 2nd and 3rd 4-day periods was measured by enzyme immunoassay. The mRNA expression of heat shock protein (HSP) 70 and HSP90 in the granulosa cells and the reduced glutathione (GSH) levels in oocytes were evaluated on day 12 of IVG culture.

Figure 3. Effects of temperature conditions on the viability and antrum formation of oocyte-cumulus-granulosa complexes (OCGCs).

The viability of OCGCs was calculated based on 524 OCGCs that were cultured until the end of the *in vitro* growth culture (12 days) (182 from the 37.5°C group, 181 from the 38.5°C group, and 161 from the 39.0°C group). The percentage of antrum formation in the granulosa cell layer was calculated based on 343 surviving OCGCs (120 from the 37.5°C group, 120 from the 38.5°C group, and 103 from the 39.0°C group). ^{ab} Different letters indicate a significant difference among

the days of culture in the same group ($P < 0.05$). * An asterisk indicates a significant difference between the 37.5°C group and the other groups ($P < 0.05$).

Figure 4. Effects of temperature conditions on the production of estradiol-17 β (E_2) and progesterone (P_4) by oocyte-cumulus-granulosa complexes (OCGCs), and the E_2/P_4 ratio in culture media.

The culture media used for E_2 and P_4 assays were derived from some OCGCs employed to evaluate nuclear status after *in vitro* maturation (two replicates). ^{a-c} Different letters indicate significant differences among the days of culture in the same group ($P < 0.05$). [†] A dagger indicates the tendency of difference between the 37.5°C group and the other two groups combined ($P < 0.1$). Error bars indicate SEM.

Figure 5. Effects of temperature conditions on the proportion of oocyte-cumulus-granulosa complexes (OCGCs) with increased estradiol-17 β (E_2) production throughout *in vitro* growth.

The culture media for hormone assays were derived from some OCGCs employed to evaluate nuclear status after *in vitro* maturation (two replicates). * An asterisk indicates a significant difference between the 37.5°C group and the other two groups combined ($P < 0.05$).

Figure 6. Effects of temperature conditions on the reduced glutathione (GSH) levels in oocytes after 12 days of *in vitro* growth culture.

The fluorescent intensity of GSH was measured using a total of 63 oocytes (22 from the 37.5°C group, 20 from the 38.5°C group, and 21 from the 39.0°C group) and two experimental replicates. Error bars indicate SEM.

Figure 7. Effects of temperature conditions on the mRNA expression of heat shock protein (HSP) 70 and HSP90 in the granulosa cells after 12 days of *in vitro* growth culture. Granulosa cells were derived from 6 OCGCs in each group, using two experimental replicates. Error bars indicate SEM.

Figure 8. Effects of temperature conditions on the *in vitro* growth of oocytes. Lines on the boxes in the box-and-whisker plot delineate the 25th, 50th, and 75th percentiles, whereas the whiskers depict the 10th and 90th percentiles. Oocytes were derived from OCGCs subjected to *in vitro* maturation. Values on the box-and-whisker plot indicate the mean diameters (μm) of oocytes. ^{a-c} Different letters indicate significant differences (P < 0.05).

Figure 9. Representative photographs of bovine blastocysts. Blastocysts developed from *in vitro*-grown oocytes (a: 37.5°C group, b: 38.5°C group, c: 39.0°C group), and *in vivo*-grown oocytes. Scale bar = 100 μm.

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Fig. 1 Pictures of OCGC

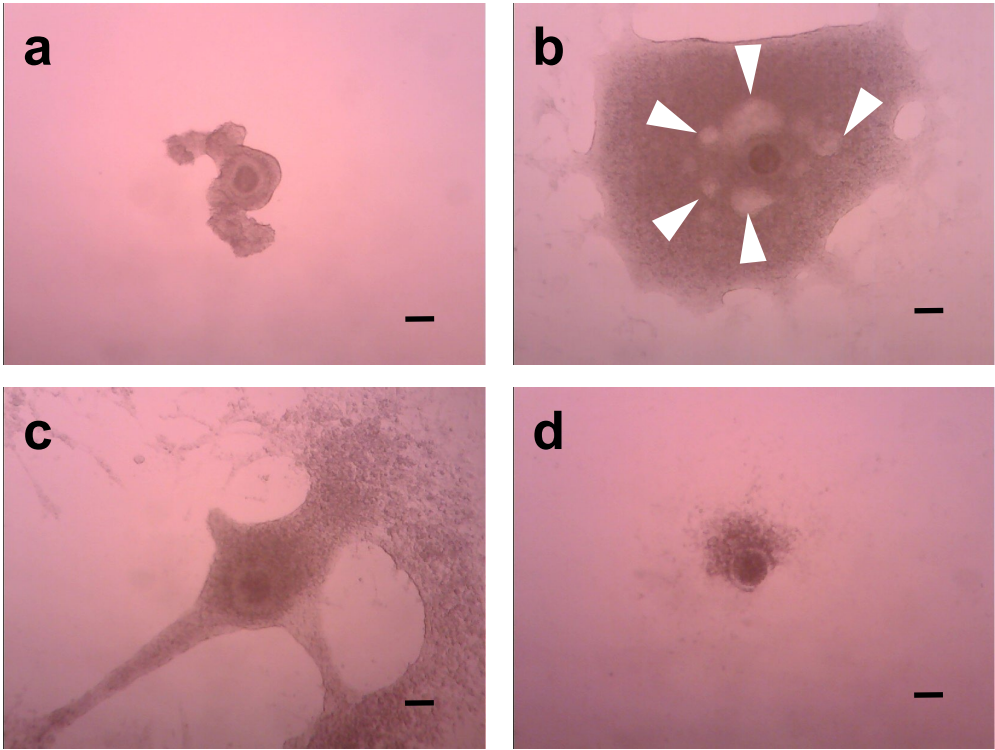


Fig. 2 Schedule of experiment

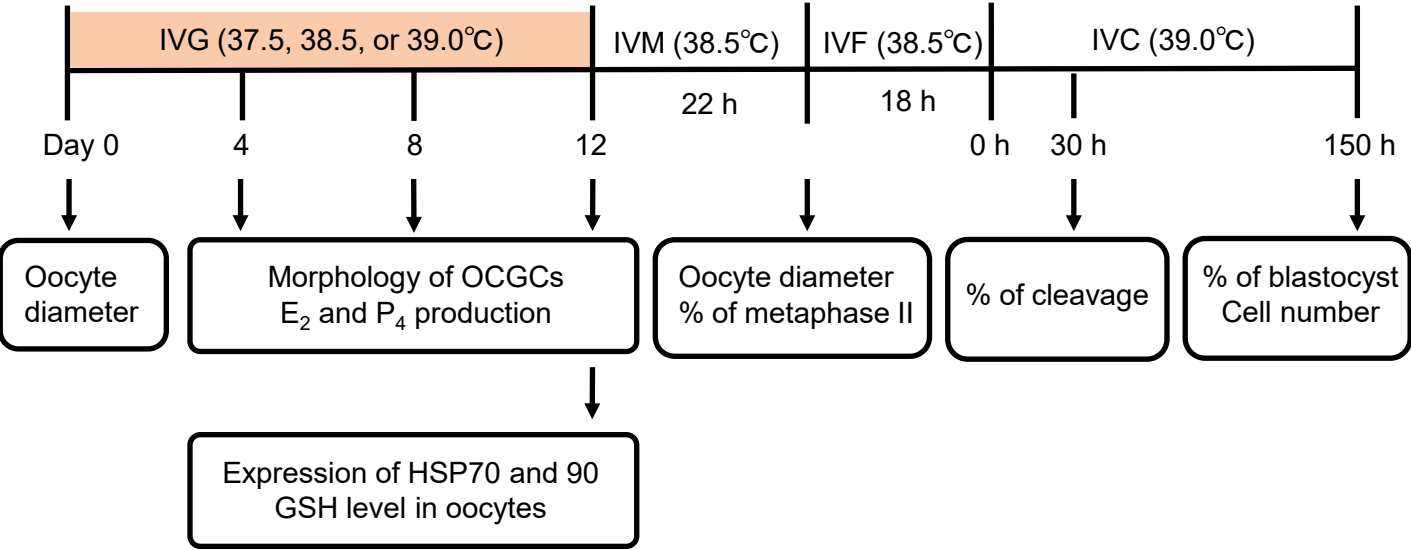
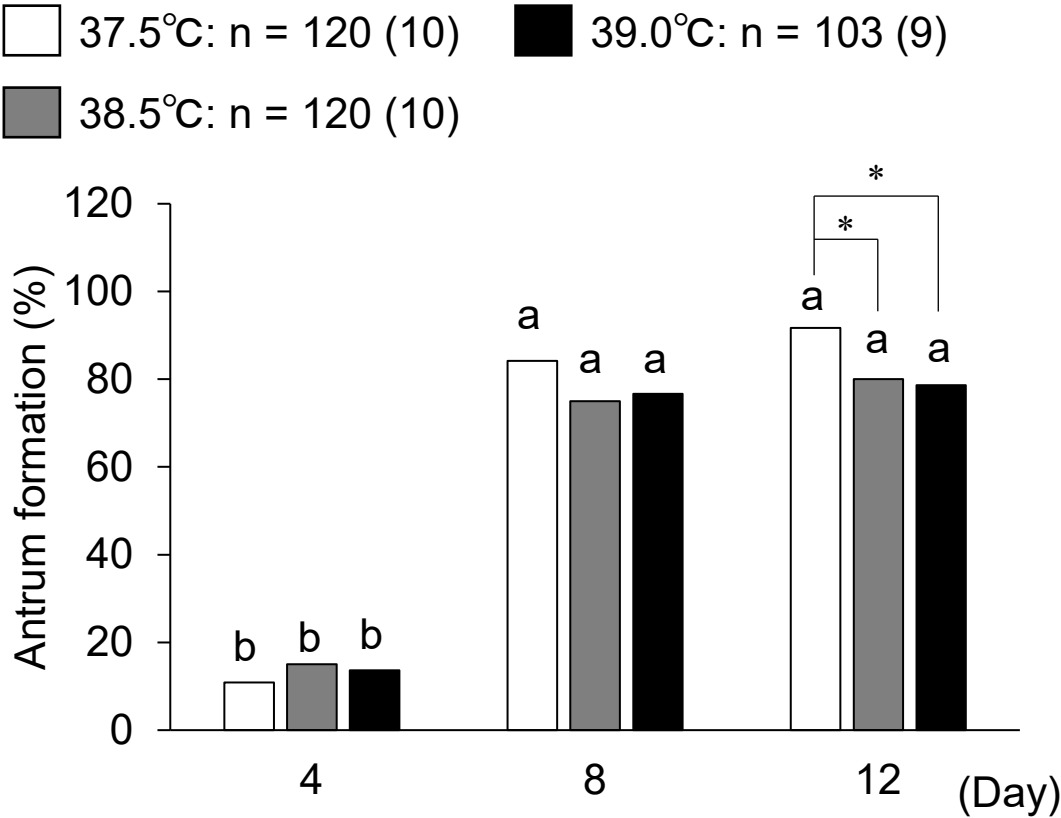
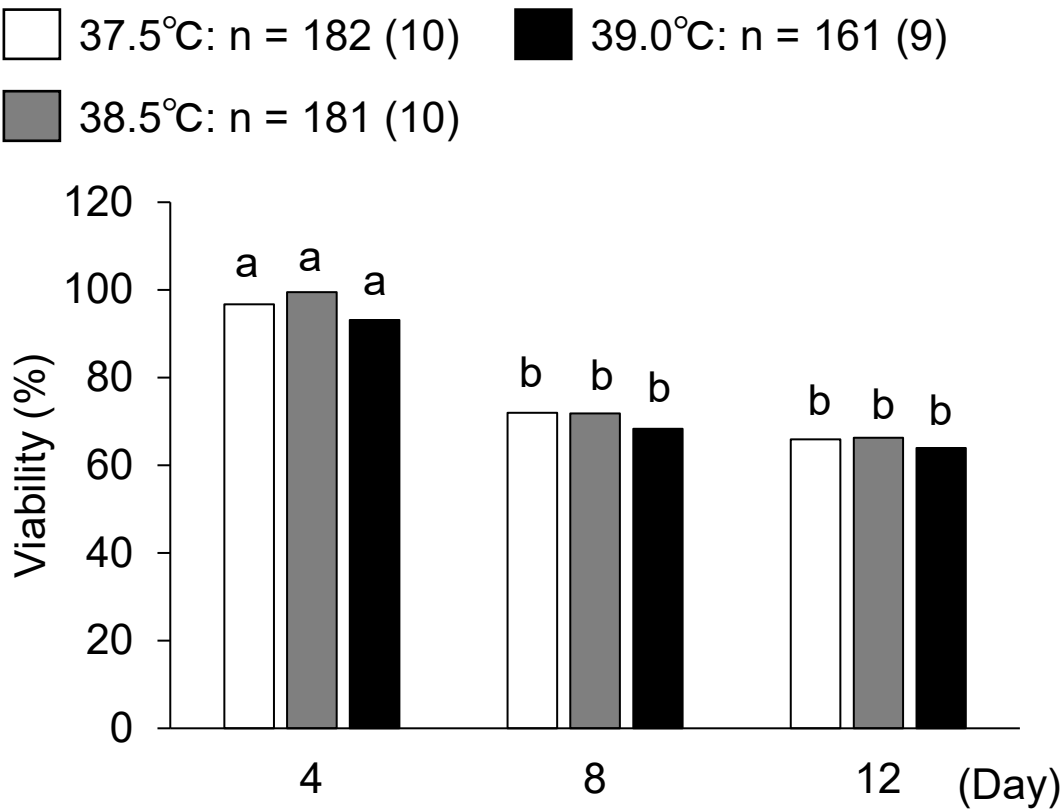


Fig. 3 Viability and antrum formation



• ab: P < 0.05, * : P < 0.05

Fig.4 Steroidogenesis

37.5°C: n = 21 (2) 39.0°C : n = 19 (2)
38.5°C : n = 19 (2)

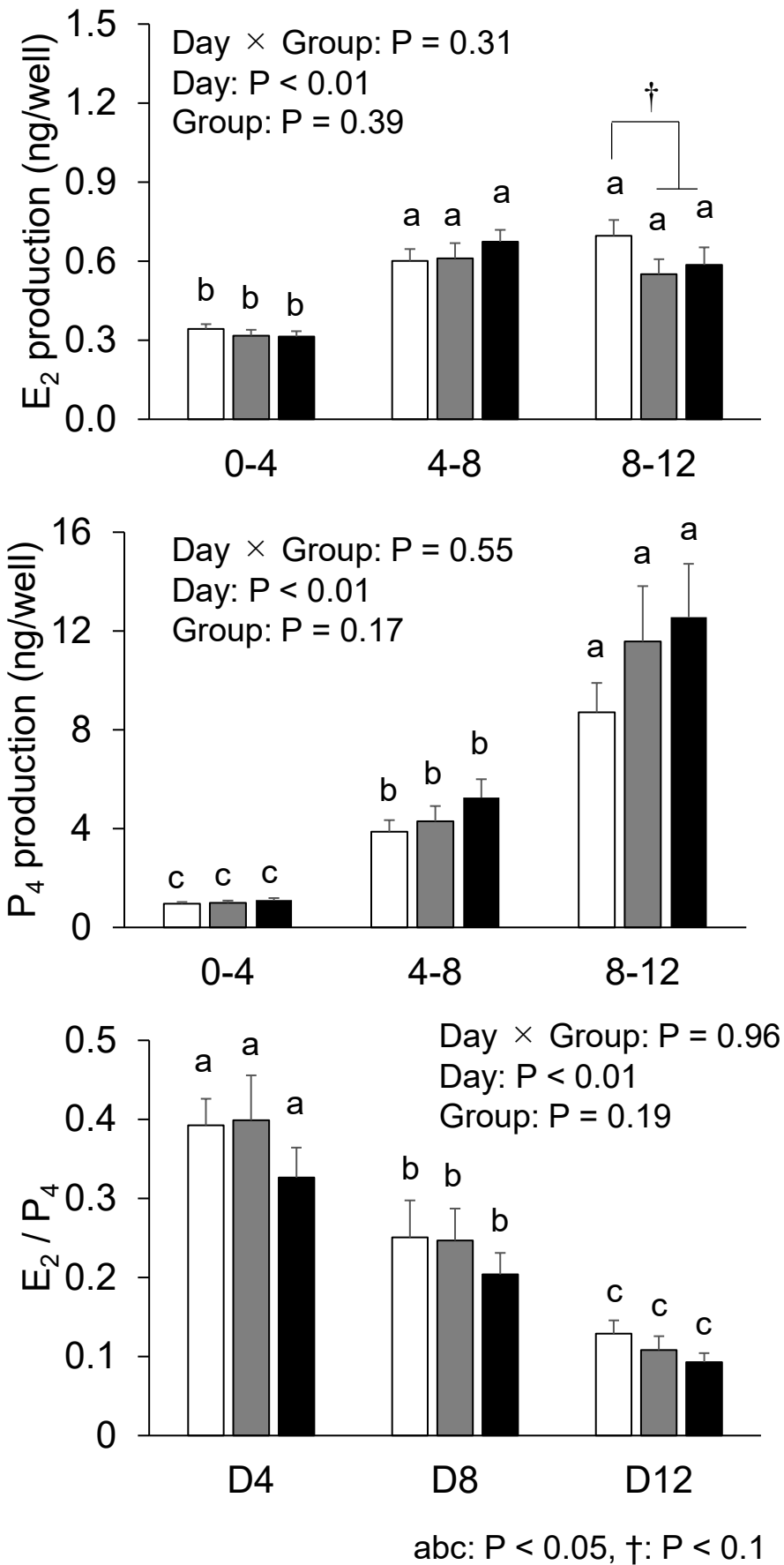


Fig. 5 Steroidogenesis

37.5°C: n = 21 (2) 39.0°C: n = 19 (2)
38.5°C: n = 19 (2) *: P < 0.05

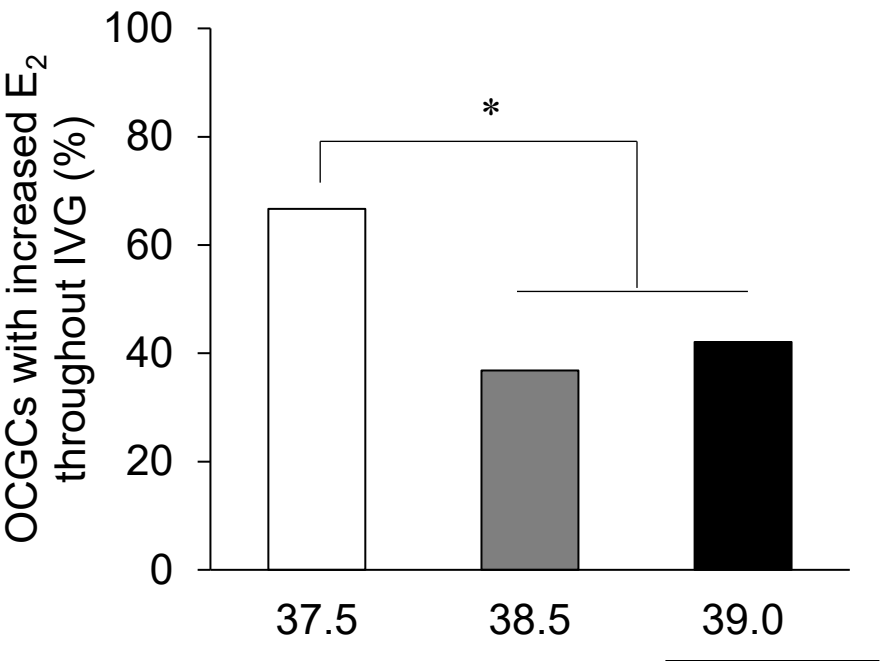


Fig. 6 GSH level

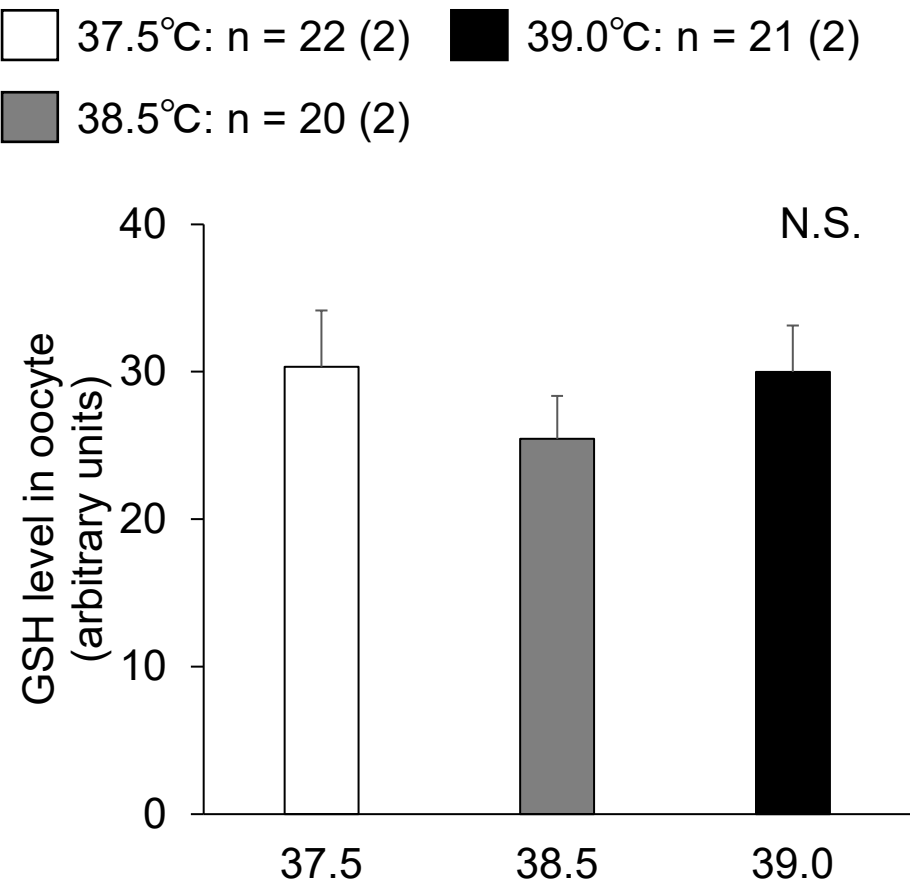


Fig. 7 Expression of HSP70 and 90

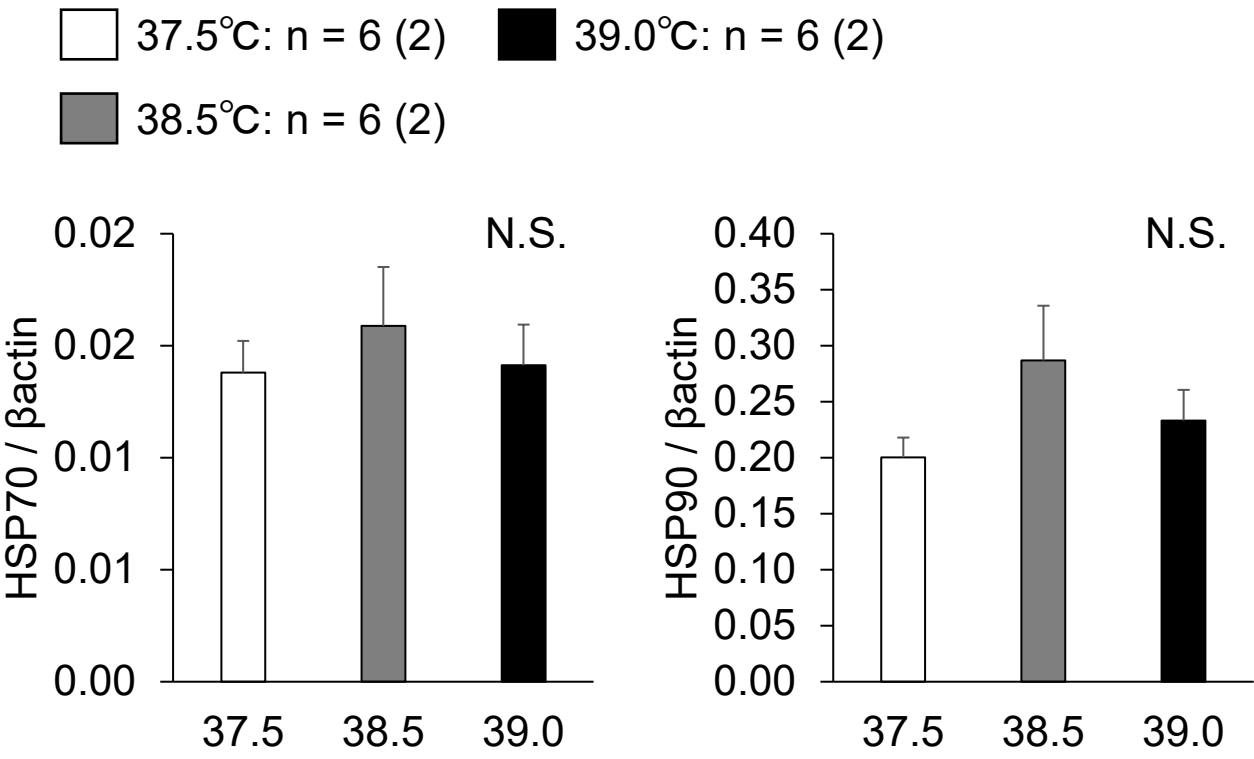


Fig. 8 Oocyte diameter

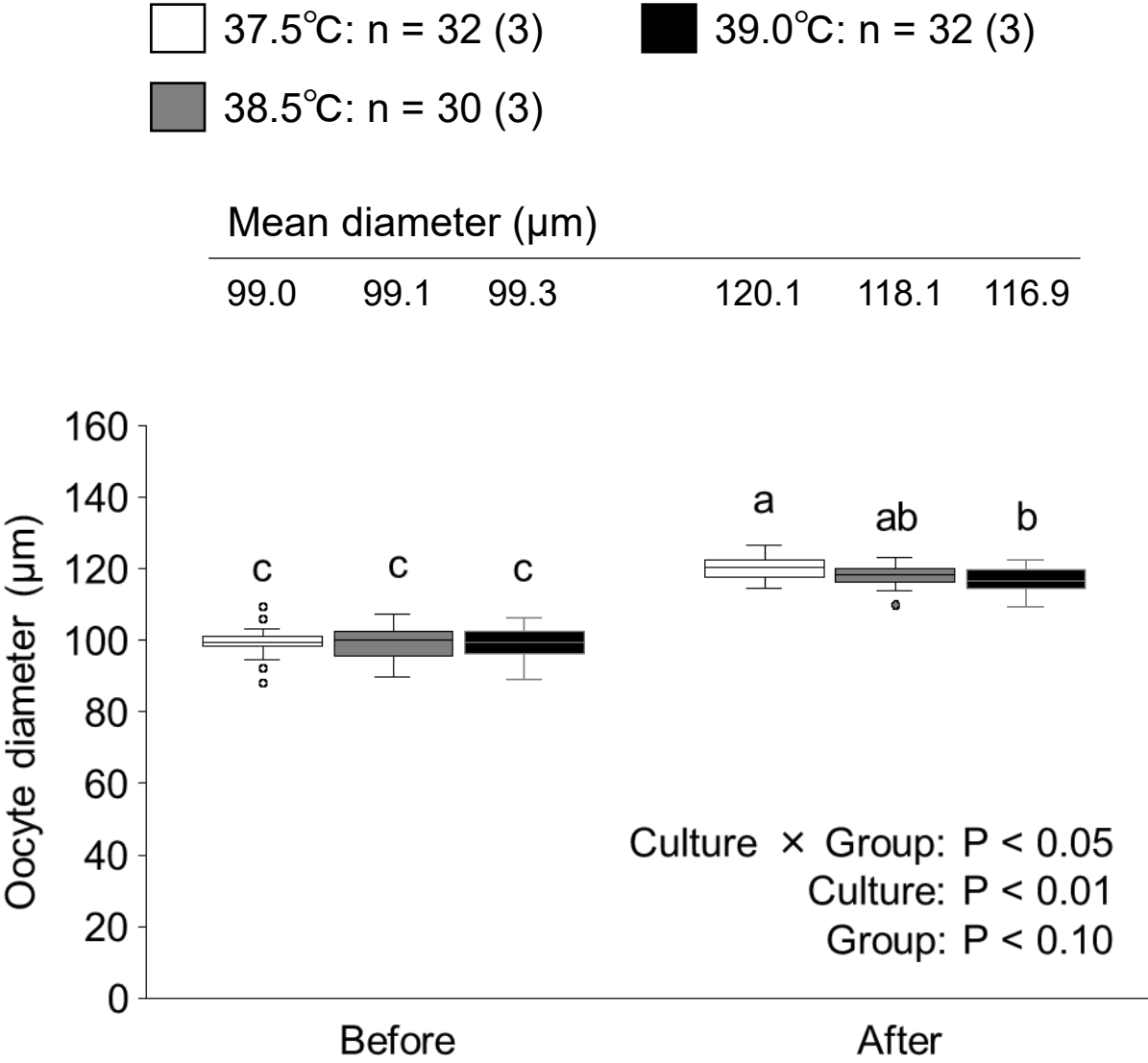
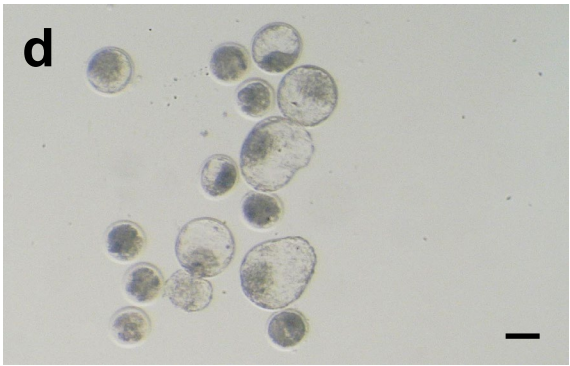
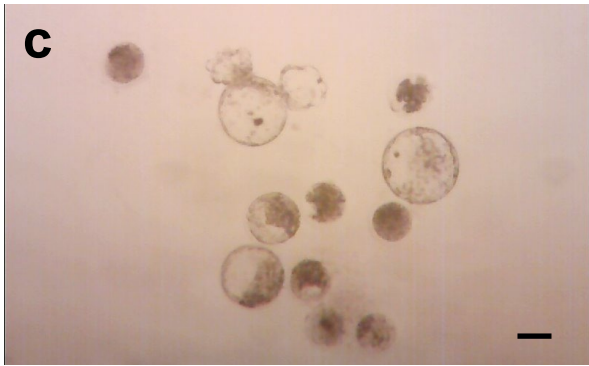
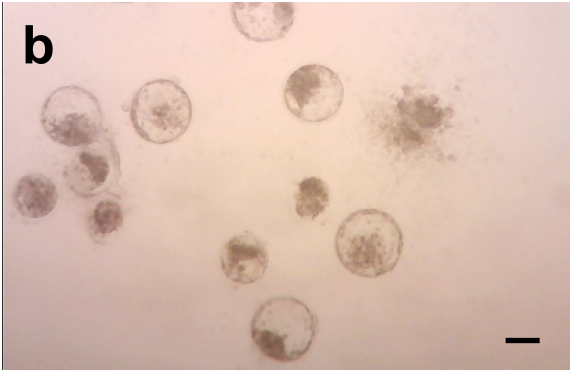
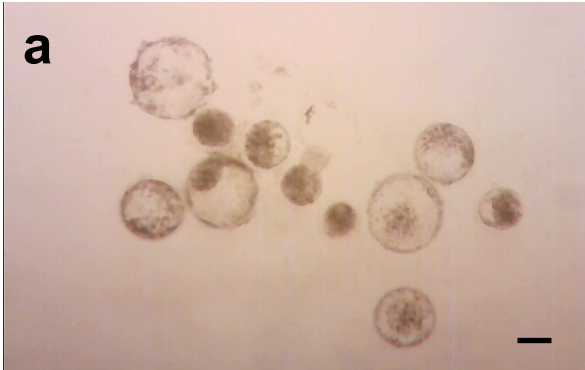


Fig. 9 Picture of blastocysts



Tables

Table 1. Primers used in real-time PCR

Gene	Sequence (5'-3')	Product Length (bp)	Accession number	References
HSP70	F: TCATCAACGACGGAGACAAGCCTA R: TTCATCTTGGTCAGCACCATCGAC	103	NM_203322.3	Singh et al. 2014 [22]
HSP90	F: TTGGA ACTCTTCACTGAACTGG R: CCATCTCATCACCAGAAGCAG	163	NM_001012670.2	-
β actin	F: TCCCTGGAGAAGAGCTACGA R: GGTAGTTTCGTGAATGCCGC	132	NM_173979.3	-

Table 2. Effects of temperature conditions on the nuclear maturation of oocytes derived from early antral follicles

Group	No. of oocytes (replicates)	% of nuclear status				
		GVBD	M I	A I/T I	M II	Deg
37.5°C	32 (3)	0	25.0	3.1	71.9	0
38.5°C	30 (3)	3.3	23.3	0	73.3	0
39.0°C	32 (3)	0	15.6	9.4	71.9	3.1

No significant differences between the groups.

GVBD: germinal vesicle breakdown, M I: metaphase I, A I/T I: anaphase I/telophase I, MII: metaphase II (Nuclear maturation), Deg: degenerated.

Table 3. Effects of temperature conditions on the developmental competence of oocytes derived from early antral follicles

Group		No. of oocytes (replicates)	% of cleaved zygotes	% of blastocyst based on		Cell no. in blastocysts (n)
				Inseminated oocytes	Cleaved zygotes	
<i>In vitro</i> -grown	37.5°C	63 (5)	82.5	61.9	75.0	149.5 ± 10.5 (37)
	38.5°C	67 (5)	82.1	61.2	74.5	121.8 ± 7.8 (38)**
	39.0°C	48 (4)	81.3	41.7*	51.3*	147.5 ± 10.7 (19)
<i>In vivo</i> -grown	-	94 (4)	85.1	62.8	73.8	156.2 ± 7.8 (41)

*An asterisk indicates significant difference compared to the other groups ($P < 0.05$).

** Asterisks indicate significant difference compared to the *in vivo*-grown oocytes ($P < 0.05$).

Data of cell number of blastocysts in the *in vivo*-grown oocytes was derived from the three experimental sessions.

Data are presented as means ± SEM.